

Circulating File

SPIRITUAL HEALING: KARMIC AILMENTS

**A compilation of Extracts
from the Edgar Cayce Readings**

**Edgar Cayce Readings Copyrighted by
Edgar Cayce Foundation
1971, 1993-2007
All Rights Reserved**

**These readings or parts thereof may not be reproduced
in any form without permission in writing from the
Edgar Cayce Foundation
215 67th Street
Virginia Beach, VA 23451**

Printed in U.S.A.

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

The Edgar Cayce Readings indexed under “Karma: Physical” (337)

9-1, 5	735-1	2263-1	3143-1	3563-1	4764-1
16-1	820-1	2291-1	3151-1	3568-1	4799-1
24-1	820-2	2304-1	3156-1	3580-1	4800-1
33-1	823-1	2304-2	3156-2	3584-1	4853-1
34-5	841-1	2319-1	3158-1	3593-2	4991-1
69-4	949-2	2358-1	3158-2	3601-1	5019-1
80-1	953-4	2362-1	3165-1	3603-1	5022-1
99-6	960-4	2368-1	3173-1	3626-1	5038-1
128-1	961-2	2391-1	3177-1	3630-2	5044-1
146-10	988-7	2432-1	3198-1	3642-1	5062-2
164-2	1001-7	2518-1	3200-1	3649-1	5064-1
179-1	1058-1	2527-2	3208-1	3661-1	5068-1
186-1	1118-1	2533-6	3210-2	3671-1	5078-1
186-2	1153-1	2575-2	3220-1	3676-1	5092-1
196-1	1163-1	2598-2	3221-1	3681-1	5120-1
208-1	1165-1	2655-1	3243-1	3682-1	5121-1
218-1	1215-4	2696-1	3249-1	3684-1	5151-1
233-1	1215-6	2705-1	3259-2	3688-1	5162-1
257-217	1304-1	2720-2	3275-1	3690-1	5167-1
257-232	1314-1	2770-1	3286-1	3694-1	5191-1
257-243	1314-2	2777-1	3289-1	3700-1	5193-1
263-13	1339-2	2778-2	3293-1	3723-1	5206-1
272-4	1350-1	2779-1	3302-1	3747-1	5209-1
275-19	1387-1	2801-5	3305-1	3764-1	5224-1
275-25	1387-5	2803-1	3313-1	3779-1	5232-1
281-6	1417-1	2828-1	3331-1	3802-1	5268-1
282-2	1504-1	2828-4	3337-1	3873-1	5283-1
288-6	1521-5	2828-5	3349-1	3873-2	5284-1
288-38	1527-1	2900-2	3356-2	3930-1	5295-1
305-2	1537-1	2911-1	3358-2	3945-1	5299-1
305-3	1593-1	2969-1	3359-1	4005-1	5305-1
348-14	1709-2	2981-2	3363-1	4009-1	5310-1
366-1	1709-3	2990-1	3387-1	4013-1	5316-1
366-5	1759-1	2994-1	3391-1	4014-1	5326-1
448-2	1769-1	3011-2	3395-2	4040-1	5335-1
450-1	1861-1	3015-1	3400-1	4048-1	5365-1
470-2	1861-2	3038-1	3405-1	4096-1	5406-1
543-16	1879-1	3041-1	3438-1	4140-1	5453-5
543-20	1916-5	3049-1	3440-2	4153-1	5453-9
552-1, 2	1969-1, 2	3049-2	3458-1	4179-1	5506-1
560-9	2014-3	3052-1	3468-3	4248-1	5526-1
560-11	2067-3	3057-1	3485-1	4432-1	5532-1
569-27	2099-1	3066-1	3491-1	4469-1	5532-2
599-3	2123-2	3081-3	3498-1	4502-1	5546-1
641-1	2139-1	3100-1	3511-1	4504-1	5547-1
641-7	2153-1	3103-1	3512-1	4512-2	5578-1
655-1	2153-3	3114-1	3517-2	4609-1	5618-8
683-3	2153-6	3124-1	3524-1	4648-1	5658-1
716-1	2153-7	3124-2	3526-1	4735-1	5691-1
716-2	2155-5	3125-2, 3	3540-1	4749-1	5754-1
731-1	2181-1	3133-1	3555-1	4755-1	
	2241-1	3140-1	3559-1	4757-1	

The Spiritual Approach to Treating Karmic Ailments

<u>Contents:</u>	<u>Pages:</u>
A. The Question to be Analyzed and Answered	5
B. The Condition to be Considered	9
C. The Promise	11
D. Examples:	
Allergies	15
Arthritis	18
Asthma	19
Blindness	20
Cancer	22
Deafness	26
Diabetes	28
Epilepsy	29
Glaucoma	30
Multiple Sclerosis	33
Palsy, Cerebral	40
Paralysis	41
Parkinson's Disease	42
Poliomyelitis	43
Stammering	44
Tuberculosis (Scleroderma 49)	46
E. Related Circulating Files*:	
Karma and the Law of Grace	
Karma of Physical Ailments and Abnormalities	
Spiritual Approach to Treating Abnormal Children	
Spiritual Healing: General	
Spiritual Healing: Specific Ailments	
Workings of the Law	

* Circulating Files & Research Bulletins are available from A.R.E. membership services at (800) 333-4499 or: http://www.edgarcayce.org/circulating_files.asp

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

The Questions to be Analyzed and Answered

4047-2, Male 36 (Professor of Chemical Engineering), 4/1/44

Analyze these. These are truths, and truth is truth wherever ye find it. To be sure it must find a response within self, else to the individual it is a theory or an idea. Yet that just given the entity will find, if it searches itself and analyzes its purposes, its ideals, its hopes, its doubts, its fears. And ye can do something about it! For know that ye are in the present experience, in the present environ, in the present years of thy activity more productive, more far-reaching in the influence ye have, in the opportunity that ye will have for making the earth a better place to live in for those to come. And remember you'll be back again! What do you want it to look like? You have a greater opportunity at the present time than you will have at any other period of this particular sojourn. So you'd better be up and doing, keeping self in accord with God's laws. For remember, God is not mocked and whatsoever a man soweth that must he also reap, spiritually, mentally and materially. For the law of the Lord is perfect. It will convert the soul if ye seek to know that law in thy experience.

3574-2, Female 55, 1/20/44

Truth is the unalterable, unchangeable law, ever. What is truth? Law! What is Law? Love. What is love? God. What is God? Law and love. These are as the cycle of truth itself. And wherever ye are, in whatever clime, its ever the same. For, as it is said of him, He is the same yesterday, today and forever - unalterable! Not as the Medes and Persians that were built upon fallible conditions, but as: I AM THAT I AM! That is true. Search it in thy inner self. Cultivate it in thy mind and it will alter the results in thy physical being. Yes, ye will have much to live for. For everyone will be your friend, as ye have something to give to everyone. Not as that which brings fault or brings want, and indeed makes an individual poor, but that which is a blessing to the mind and to the soul, by giving grains of truth that take from no one, but add something to everyone.

2185-1, Female 56, (Divorced, Protestant), 5/4/40

Remember, that which would be ideal for self must also be that which would be ideal for others.

Then, self must become selfless, and not in any form or manner desire those things that would be advantageous over others in that others would have to suffer that self might have the advantage, - for that is selfishness, and not selflessness.

And selflessness is that to which each entity, each soul, must attain through the varied experiences in the material plane. (continued on the next page)

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

For, each soul enters not purposeless but purposefully, that there may be a greater manifestation of that the entity has held and does hold as its ideal concerning creative influences or eternal influences in the experience of self and others. That is the purpose for which each soul manifests, that it may make manifest in the lives of others not merely for self but to be to someone else that ye would have someone else be to thee!

These become radical thoughts to the entity at times; yet know that one is constantly meeting self. Then analyze self....

Learn the LAW; that ye reap what ye sow! The manner in which ye measure to others, it will be measured to thee again! That is an unchangeable law!

Then, live the law; be the law, as respecting such....

Hence the entity finds the needs then of the more oft analyzing of self, and determining - through the still small voice as may arise, and does arise within self - as to what IS the purpose, as to what IS the constructive or Godlike way in which you would have others deal with thee. For it is the judgment ye pass or mete to others that ye have measured to thee.

These should be the questions more oft analyzed and ANSWERED; not merely thought of or talked about, but ANSWERED! For as ye would that men should do to you, do ye even so to them! This is not merely a rule, - it is a principle, it is an active force in which one may oft see self not as through a glass darkly but as face to face with the own ideal!

1771-2, Female 21, 12/29/38

In giving an interpretation of the records, many things of an unusual nature might be deduced from the records as we have them here. These, however, are chosen with the desire that the experience be a helpful one in making the application of the abilities within the present sojourn; meeting those things which have been called karmic, yet remembering that under the law of grace this may not be other than an urge, and that making the will of self one with the Way may prevent, may overcome, may take the choice that makes for life, love, joy, happiness, - rather than the law that makes, causes the meeting of everything the hard way.

For the self is constantly meeting self. And as ye may learn to stand aside and watch self pass, there may come more and more the knowledge and the comprehension that it is earnest, it is real; and that the real is rather the unseen than that which is so material as to cause disappointments, fears, and those things that make the mind of man afraid.

5064-1, Male 29, (Protestant), 4/19/44

Now as we find, while conditions are very disturbing and there is little likelihood of the individual entity ever being perfectly normal, as other young men, we find that there may be much contributed to the physical, the mental and the spiritual welfare of the entity - that may make this experience in the earth very much worth while.

It is true that there are karmic disturbances that are a part of the entity's experience; yet the environs, the activities about the entity are and should be such as to enable the entity to be not only the gainer from the environment but to contribute much that may be creative in its nature to those with whom the entity may come in contact.

Then, if the entity applies itself.

Know first, in the spiritual attitude, as ye attempt to analyze self and self's abilities, self's faults, self's virtues, that the nearer ye may build thy mind to the Christ Consciousness the better may be the mental being, and a great deal of strength may be gained in the physical being also.

These attitudes, then, should be considered first.

True, there are physical or pathological conditions that must be taken into consideration. These we will give also, that may prove to be helpful for the body.

In analyzing self, though, self's purpose - let's begin with this as a knowledge in self:

Life itself is a manifestation of that called God in the earth. Give thanks for the very fact that ye are conscious of yourself, even with the frailties of the body; that thy mind and thy purposes and thy hands may do much to show the appreciation in self of the opportunity in this experience to be a channel of blessings to others, in making known to others the love of the Christ for those who are weak in body, who are hindered from the activities of a normal physical world.

For He, thy God, thy Christ, is conscious of and hath need of thee; else thy individual self, as [5064], would not be aware of thy consciousness of being shut-in, would not be aware that there are material activities in which the entity might enter into - also that ye can, if ye will, be a witness for thy Maker. [muscular dystrophy]

2650-1, Female 34, (Housewife), 1/16/42

For, there is ever the choice by the soul-entity as to the environs, as to the path to be taken in its application of opportunities EXPRESSED in material consciousness. [Extracted for Study Group #1 lesson, GOD - LOVE - MAN.]

The first anxiety, the first awareness of which each soul should become cognizant or seek earnestly, is that God is conscious of thee. And the very fact of your own awareness should ever remind thee of this. If each soul would or could become aware of that, how much difference there might be in the choices made day by day! (continued next page)

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

For, the first awareness would be that TRULY in Him ye live, ye move, ye have thy being; thus the necessity of daily keeping before thee an ideal, - spiritual, mental AND material; realizing that the earth is the Lord's and the fullness thereof.

Peace, harmony, love, - Life and all its consequences, - are in Him.

What, ye may ask, is the purpose of all this:

He, the Father, being mindful, - which should bring to the consciousness the realization that He hath not willed that any soul should perish. Thus He gives opportunities to those children of His of whom He is mindful.

Then, take heart. Look about self. Be aware of the blessings, the opportunities He hath put in thy way. Use them to His glory, not to thine self-indulgence nor to the gratifying of selfish motives or purposes.

Such is thy purpose in the earth.

From that given it may be indicated that thou hast not always used that in hand to His glory, yet He hath continued to shower His blessings upon thee. Thus in thy application of that thou knowest to do, ever magnify thy virtues in thyself, in others. Minimize the faults that they be put far from thee.

Thou art aware of the physical consciousness that may arise from desire of body, of appetite, of that cultivated in thy daily experience. Thou art aware of the mental abilities of the body, the mind. So are there urges that stimulate these awarenesses in thy conscious experience. Thus all thou art is the result of what thou hast done ABOUT thy opportunities, thy ideals, here, now; and in those awarenesses in whatever realm of consciousness the soul-entity has been active.

As is experienced in materiality, one may never stand still. For, there is continuous growth, continuous passing of opportunities, - for good, for bad. Only good lives on. Bad disintegrates, for it is not of the eternal - but has been and is the application of that which is temporal in materiality. So this, too, will pass away. And as ye grow in grace, in knowledge and in understanding, the truths that may become realities of that being given thee will live WITH thee, constantly.

2796-1, Female 37, (Hebrew), 8/4/42

(Q) How can I best understand this condition and meet it?

(A) Study to show thyself approved unto God, a workman not ashamed, rightly stressing those things that are necessary. Do not feel sorry for self, but rather give glory to God for giving thee the opportunity to meet thyself and to see His love, His forgiveness, manifested in the earth.

The Condition to be Considered

1304-1, Male Adult, 12/12/36

EC: Yes. Now as we find, conditions as exist in the present and that as MIGHT have been should not be considered in that manner in which ANY would minister for good.

For what is, IS. And to meet the conditions as they exist in the present becomes then the condition to be considered.

For there may have been errors, there may have been miscomprehension of the first causes; yet each that would minister to the needs of a soul in its experience in any environ MUST (if for self or for the best environ for an entity's experience in the present) hold no animosity, no grudge; but know that what has been is the soul's meeting of it's own SELF in the present.

Then as individuals, meting to the needs and administering in that way as is in keeping with the ideal of each one that would minister as is of that they as individual souls would worship or would consider as attributes of that God or that influence in their experience that they would or could worship.

To give a history of the conditions as they exist would be to give those experiences through which those influences of the body under stress and strain has passed, meeting in the various aspects of its own experiences and applications of that it HAS done about its ideals in the material plane.

Hence those things that have come as accidents, those things that have come that have brought the incoordination of the mental forces with the physical attributes of the body, are but a portion of that necessary experience for those about the body as well as the body itself.

For with no undue consideration is the fact before each soul that with each temptation, with each error, there IS a way of escape IN Him; but no man, no individual man, may ever play or work at being God Himself.

These then, as we find, are the conditions in the present; that the necessary quiet as has been ordered, the necessary consideration of all phases of the entity's experience are a part of that as must be carried on.

There might be given measures for various approaches. Yet first, before such may be given to be evaluated, to be of a helpful influence, there must be a change of attitude in the minds and the experiences of those that would minister about the body.

(continued on the next page)

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

One may not pray with long prayers of thankfulness for this or that, as in the experience of others, and still hold a grudge or a feeling of animosity, or a feeling of undue consideration for other individuals at least attempting - in their own ways - to be of help, whether in a feeble way or in whatever way. For all power that is in the hands of man has been LENT, and it is not of man's knowledge but of God.

Thus when individuals hold a grudge they are fighting the God within themselves against the God within the individual or soul for whom or towards whom such is held.

Then keep those administrations that have been given for the body. And change only the attitudes of self, of those about same, in "Thy Will, O God, being done in and through each act, each thought, may bring that measure of faith, of help, of sustenance, for this body in its present conditions, awakening within the physical forces that necessary for the soul development of this entity in the present."

And may each about the entity and that would minister for its good hold that same attitude. Not merely as a form but in reality, **ACT THAT WAY!**

For prayer and love, and care, may aid the most in the existent conditions.

Think not of self or of self's own interest, as to satisfying of same, but rather that self may be in EVERY measure faithful to the trust, to the circumstance that has brought about the conditions in the present.

And when these have been accomplished, then that as IS best, as IS correct for those about the body, for the body itself, is and will be accomplished in same.

We are through for the present.

The Promise

1348-1, Female 46, 3/17/38

There are in the experience of each entity, and in this entity especially, those mental and spiritual activities that are often taken for granted, without considering the source - or without being justified by an individual experience as to the truth, or having self-conviction within as respecting same.

This is what is so oft termed "blind faith". But the individual experience concerning the source, the reason for the conviction, has been and is the promise - in the purpose of the Christ's entering into the earth, and the promises that are individual - made through and during His material ministry. Then such an experience or a fulfilling of the promise may be a part of this entity in the present, if there is the consideration given such - and the drawing upon same.

For as He has promised, "If ye love me ye will keep my commandments, and I and the Father will come and ABIDE with thee; and what ye ask in my name - BELIEVING - shall be done in the body!"

3359-1, Male 25, 11/16/43

As we find, there are disturbances in the better physical functioning of the body. These are partially karmic, and thus there must be as much spiritual and mental application as physical. From the physical application indicated, there is also needed a great deal of spiritual awakening.

Then, in giving those things to be done first, for this body:

Begin with the spiritual attitude. First know in self what ye believe about spiritual things. Know who is the author of thy faith. As was given by the lawgiver, don't look somewhere else. Neither call on heaven, until you have set your own heart and mind aright. For lo, thy redeemer liveth in thy own activity. And as ye find in self the manner in which ye would treat others, ye will find in self help physically and mentally. This will change thy whole outlook on the purpose of life. Do not question as to what others will say or do but find in thy self how and why God, in His wisdom and mercy, has given thee the opportunity - for thyself, [3359] - to be a witness for Him, thy God in the earth.

Find that, and ye will begin then with the correct attitude. For, that we find in spirit taketh form in mind. Mind becomes the builder. The physical body is the result. [Asthma]

1527-1, Male 19, 2/2/38

In giving an interpretation of the disturbing forces - and in giving that as we find that may be applied in a material and mental and spiritual angle, we find that the condition may be well likened unto an entangled skein of the thread of life which manifests in a material body.

Hence things and conditions mentally, materially, spiritually, enter in. And the effects that are here produced are the entanglement of soul-matter in mind-expression in materiality, in this body.

There is, then, the necessity of understanding and interpreting the law of matter - or cause and effect - as related to the mental and spiritual expressions in matter.

As has been given of old, when there are disturbing or harmful or detrimental influences, there is error at the base or the cause of same.

For ever does that injunction stand, as the promises of the divine forces in the experience of man, that "Whatsoever ye sow, that must ye also reap."

Just as sure as it was said that he that breaketh the law in the least jot or tittle is guilty of all.

Just so do the promises hold that "Whatsoever ye shall ask in my name, BELIEVING, that shall ye have in thine experience - ACCORDING to the law as to what ye have sown!"

As we find then:

In the prenatal experiences of this entity, in the embryo, there was the forming of lesions that hinder in the normal activity and equal balance of coordination between consciousness and unconsciousness; arising in the functioning of the body-forces when in that state which is a manifestation or EMBLEM of the period of transition - or sleep.

What then IS sleep?

What relations does it bear to material consciousness? to the subconscious or superconscious forces of the body? of the mental and the spiritual body?

The fact that the physical grows weary and needs, necessitates, demands the periods of rest for recuperation in the experience of physical matter, is manifested in the activities of nature herself, in her every form - that is a part of, and is the experience of man in all his mental equipment.

For with all man's knowledge he HAS not, DOES not forego this necessity - as is signified by the experiences about him in every form of spirit manifestation in matter.

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

That in man there is the threefold self - body, mind, soul (or spirit) - is significant; when there are the manifestations of such disturbances that exist in the experience of this entity.

(Not that this information being given is the attempt to justify same, but that it may be thoroughly understood that each entity, each soul must meet its own SELF its deeds done in the body! and in the BODY MEET them TO the glory of the GIVER of life! that it may INDEED be said, "God hath not willed that any soul should perish but hath with every temptation prepared a manner, a way of escape.")

Thus the conditions become as a manifestation of that which was so well, so beautifully spoken of by Stephen as he pronounced - to those who would find fault with his adherence to the truth - that JESUS, the MAN, WAS the Son, WAS the Savior, IS the manifestation of the God-Consciousness in materiality! Yet it must needs be that HE, too, suffer through the trials of being buffeted, being tried by those who under the LAW (of man) were in authority but who under the spiritual law were His inferiors, His subjects; and die even the death on the Cross!

So must there be, so are those influences, those determining factors that have become - into man - as the weaknesses of the flesh, ills in the physical being; bringing oft through same great suffering - as to Him. For though He were the Son, yet learned He obedience through the things which He suffered!

Then, as the condition exists - this entangled skein of events, entangled skein of misapplication in this experience of this body, this mind, this soul - how may there be those things of a material or mental or spiritual nature, or all combined, applied in such a manner that the body, the mind, the soul MAY give the better account of itself in this individual material experience?

In the application, know that the APPLICATION and the reason is from that premise that all force, all power, all time, all space are in Him, the giver of the promise, "God hath not willed that any soul should perish."

Then, in the entanglement in the BODY, we find a soul, a condition, where there is the break in this coordination of mind and spirit with the activities of the physical body.

That these have remained as inactive portions of the body-physical for a long period makes the necessity then for the greater precautions, but the more consistent application of that which may bring into the experience the untangling as it were of this skein, this matting of the ENDS that carry impulse to the nerve systems of the body; that produces this incoordination, this breaking of consciousness, this spasmodic reaction to the nerve centers and fibres along the cerebrospinal system as it attempts to coordinate the impulses broken in its associations with the vegetative or sympathetic system, thus bringing those spasmodic reactions.

THEN: [Treatment suggested]

(continued on the next page)

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

And keep the mental and spiritual attitudes that what is being applied, being a part of the divine purposes and causes, may - if it is in keeping with the desire and purpose of the God Consciousness - arouse these deadened portions that lack the consciousness of allowing those influences within the system to give their greater expression through those depleted areas, by the non-use and the over-indulgence in other natures that draw upon same.

Thus there may be brought cooperative, coordinating forces; that the body, mind and soul as an entity may express the more in keeping with His ways...[Treatment continued]

And keep, through each application, that period of the deeper meditation; SEEING, knowing that what ye ask is being accomplished in this body!

And ye will bring that influence, that force into the experience where this entity may grasp the light, the hope that is eternal within the hearts of those who seek to know the face of the living God! [Epilepsy]

Examples

Allergies:

3125-1, Female 40, 7/31/43

Now, as we find, the allergies in this body have reached such states and conditions as to form the pathological and psychological reactions. And, to be of any great material aid in correcting these conditions, there will need to be those preparations of the body, with the chemical changes prepared for the body, and then the use of the psychological reactions to create those coordinations between the sympathetic and the cerebrospinal nervous systems.

These, then, are conditions as we find them with this body, [3125] we are speaking of:

The blood supply is so acted upon by the nerve forces and centers in the lymph and the emunctory circulation as to become very much disturbed when in contact or association with a great many elements.

ANY that have to do with animal, or skins of animal, or that have to do with any pollen-forming plant, all affect the body in an irritating way and manner, and are exercised through the blood in the lymph and emunctory circulation.

The suggestive forces must react upon those centers in the nerve system, or bursa (sometimes called). These are not so disturbing to the organs of the central nervous system, nor to the organs of the body-forces, save sympathetically.

These as we find, then, may be materially aided, if applications will be made in this manner:...[Treatment given, to be followed by hypnosis]

(Q) What causes the tingling in the sole of my left foot all the time?

(A) Because of the connections along the nerve centers, and these will be parts of the suggestions made under the hypnosis; that there will be the perfect coordination through the centers of the body - between sympathetic and cerebrospinal system. This is particularly indicated in the sacral and lumbar area nerves.

(Q) What causes the neuritis in my left side whenever I put on a pair of shoes, or brassiere, or glasses with plastic frames? How can I get over it?

(A) These, as indicated, are allergies through the sympathetic system, and are to be overcome through the suggestive treatments, following the light treatments as indicated, and through the same period the taking of the properties to change the chemical reactions in the body.

(Q) What causes my finger joints to swell up and get sore? (continued on the next page)

(A) Do these things as indicated. We have given as to how the activities of the lymph and emunctory circulation, being charged - or through the allergies, cause the accumulations in any area where there are the larger patches of the emunctory or lymph bursa. There are a number of these patches, of course, in the feet, in hands, more than in other portions of the body, save in the soft tissue of lung and head and nasal passages. But do as we have indicated, for help for this body.

[Case continued in next reading for #3125-2, 11/19/43]

3125-2, 11/19/43

As we find, there is the beginning of a great deal of help for this body. While those suppressions by the activities through the glandular forces of the allergies in body have not been overcome, they are being aided.

We would keep those suggestions. They will have more effect than all the dosages of other things that can be taken, but do keep up the Mullein and Saffron Tea. These should be taken at least two, three to four times each week. These will aid the body with the mind, the suggestive forces.

For as we find, here are the sources of the disturbances that cause certain conditions to become poisons to the body:

The body is made of the body-physical with all its attributes - that is, the blood supply, the heart, the lungs, the liver, the kidneys as the central blood supply. Then there are those activities of the glands - the brain, pancreas, spleen, organs of pelvis, the whole of the respiratory system or breath itself. Breath itself - few ever consider the necessity of breathing or the lack of same to keep alive. These are just as much a portion of body, mind, soul. Mind is ever the builder. Consider, there are thirty to forty million cells in this body - which are lacking in a great many, owing to the lack of sufficient red blood cellular force. And there is continual warring between the mind of the white cells here and the red blood cells. Thus we find from the glands the meanings in the body of those things that bring poisons.

In another experience we find that the entity was a chemist, and she used many of those various things for the producing of itching in others. She finds it in herself in the present! And many of those things that produced the ability in the body for the breath itself to become poisonous to others in their associations. Just as the body finds in itself in the present, in the presence of certain metals, certain plastics, certain odors, the body immediately is poisoned. Just as certain characters of leathers. If these are tanned with oak they do not harm the body. If they are tanned with those very same things the entity once used to hinder someone else, they hinder the entity. For, the cellular force in the mind has two points about each of the positive forces in mind with the cellular forces in the body, or red and white blood cells. For, about each is a positive and a negative influence. These in the body have now become subject to such things.

Hence the suggestions given. The deeper the body may be put into the unconscious state, with the retaining with the remaining of the ability of the body for the soul-self to be aroused to the using of all influence within self constructively rather than to secondary or destructive forces, the entity will snap right out of the conditions.

For, who healeth thine iniquities? Who forgiveth thy sins? Who keepeth thee in every way? The spirit of truth! The spirit of love, the spirit of helpfulness, the spirit of patience, the spirit of kindness, the spirit of gentleness! And all are found in the one Christ-consciousness! Then, as the cells of the body are aroused in themselves to that awareness that each cell is to perform a functioning to the glory of a glorified consciousness - not of self but of Him, who is life itself - we may overcome these disturbances. With the continuing of those things that attune the body to nature, and the suggestions that attune the body to truth, to consciousness, we will break down the allergies that bring from the associations of the mind (though not conscious of same) the experiences which have come as a result of the entity's abilities being used to have self's own way. Now you have to do as something else wishes. Let's change it - in Him....

(Q) What in leather reacts as a poison? Is it a single ingredient or a combination?
(A) Depends upon what it has been tanned with, as we have indicated. If these are tanned in oak, they do not injure the body. The body is not allergic to those tanned in oak tanning. When tanned in those that are sympathetic, or where there is the use of ash in same, these become poison to the body - the radiation from same.

[Case continued in next reading #3125-3, 11/27/43]

3125-3, 11/27/43

As we find, there should be the efforts to apply those suggestions that have been made, spiritually as well as mentally and materially. To continue to stress in the mind the physical conditions to be applied by others, or to continue in the mind of self to find fault with those things that apparently disagree or cause allergies, is to continue to build that which is harmful for the body - as has been indicated. It is necessary that the body first, in its spiritual aspects, in its spiritual hopes and purposes set self right. Then those things that pertain to wearing apparel - as the brassiere, the glasses, the shoes, certain odors when it enters certain rooms, certain animals - will no longer have their effect upon the body; as the mind takes on those abilities to alleviate the disturbances produced by the resistance built up in the imaginative forces or mental aptitudes of the body-mind.

For the conditions that are sought, then, have those products made from the ordinary woven cloth and not those things that are chemically produced. For as indicated, as the body used such in other experiences for destructive forces, it is meeting these in the present. But the change must be in self, not in trying to make everybody else change to suit your idiosyncrasies (as they become to others). To self these are not idiosyncrasies, as is understood. For physical effects are produced through the psychopathic conditions of the body forces. (continued on the next page)

(Q) What causes my stiff neck, the burning and discomfort in my left hip and leg, and the tingling in the outside edge of the sole of my left foot?

(A) Lack of the proper circulation, as has been indicated. With suggestion, with the correct balance in the mental attitudes, this will be relieved.

(Q) What causes the sore lumps on my finger joints, the pain and itching in the left breast, and what makes my back get stiff and the leg muscles contract?

(A) These are the conditions in the lymph circulation. These are the physical effects of just those conditions suggested that produce them through the imaginative or the emunctory and lymph circulation. These may be controlled by the suggestion to self, by those who should be able to make suggestion - when the body is in the passive state.

Do those things. Don't be over-anxious. Do correct self mentally, spiritually, and the physical results will be normal reaction.

Arthritis:

4021-1, Male 45, (District Mgr. Newspaper), 8/25/44

EC: Yes, here we have a disturbing condition with the body, and a very unusual mind to deal with. To be sure, attitudes oft influence the physical conditions of the body. No one can hate his neighbor and not have stomach or liver trouble. No one can be jealous and allow the anger of same and not have upset digestion or heart disorder. Neither of these is present here, and yet those attitudes have much to do with the accumulations which have become gradually the disorders that tend to produce those tendencies towards a neuritic-arthritic reaction. Stiffness at times is indicated in the locomotories; a nausea, or upsetting of the digestive system; headaches seem to arise from a disturbance between liver and the kidneys themselves, though usually the setting up of better eliminations causes these to be eased.

We would find here that there would be better conditions produced by the use periodically, in the beginning.... [Treatment outlined]

Then the attitudes of the body: Know that there is within self all healing that may be accomplished for the body. For, all healing must come from the Divine. For who healeth thy diseases? The source of the Universal supply. As the attitude, then, of self, how well do ye wish to be? How well are ye willing to cooperate, coordinate with the Divine influences which may work in and through thee, by stimulating the centers which have been latent with nature's activities. For, all of these forces must come from the one source, and the applications are merely to stimulate the atoms of the body. For each cell is as a representative of a universe in itself. Then what would ye do with thy abilities? As ye give to others, not hating them, to know more of the Universal Forces, so may ye have the more, for, God is love.

Do that, and ye will bring bettered conditions for yourself. Work where you are. As was given to those who were called, "The ground upon which ye stand is holy". Begin where you are. If there are the needs for other environs, these will be shown - will be given thee.

Asthma:

3661-1, Male 60, 2/15/44

As we find, there are disturbances in the physical forces of this body.

These as to being helped will depend upon many factors. And if the body would find real help, these must be considered as a part of the whole condition. As there are scars from hindrances that have long existed in the body, from these deflections where pressures in the upper dorsal and through the cervical have prevented the proper circulation through bronchi and trachea, these have made for a thickening of the walls of tissue. Thus when there are changes of pressure in atmosphere, or when there are certain characters of foods taken, when there is the least cold or that which produces an unbalanced chemical condition in the body in the acids and alkalines, we find that there are recurrent spasmodic reactions through those areas where these scars or hindrances have been produced from this deflection. It is called an asthmatic condition, or asthma.

These are partially karmic. While the age in the present and the longstanding conditions are against the body-physical, we find that the body mentally and spiritually can - through the spiritual and mental attitude of the body - change these to a great measure.

For who healeth all thy diseases? Who giveth life? Who is patient and kind? Who giveth every good and perfect gift?

Faith, hope and then the use of those measures that contribute physically to keeping this equal balance, and those mechanical changes that will correct the condition, will bring ease and help and eventually a complete cure - if these applications are carried forward coordinantly for the body.

Do the first things first. Make thy peace with thine own conscience and with thine own environ, and with those things that would hinder thee in any manner from being everything to thy neighbor, thy brother, thy friend, thy foe, that ye would have them be to thee if conditions were reversed.

Then make physical applications...

Do these and we will gain better control - slowly; for the damage has been done. It must be rebuilt, spiritually, mentally and physically. It may not be done without cooperation in all phases of the experience of the body in these directions....

(Q) Any other advice?

(A) Do all of that suggested. Do the first things first - the spiritual, the mental and the mechanical things first.

3359-1, Male 25, 11/16/43

Begin with the spiritual attitude. First know in self what ye believe about spiritual things. Know who is the author of thy faith. As was given by the lawgiver, don't look somewhere else. Neither call on heaven, until you have set your own heart and mind aright. For lo, thy redeemer liveth in thy own activity. And as ye find in self the manner in which ye would treat others, ye will find in self help physically and mentally. This will change thy whole outlook on the purpose of life. Do not question as to what others will say or do but find in thy self how and why God, in His wisdom and mercy, has given thee the opportunity - for thyself, [3359] - to be a witness for Him, thy God in the earth.

Find that, and ye will begin then with the correct attitude. For, that we find in spirit taketh form in mind. Mind becomes the builder. The physical body is the result.

In this physical body there are plenty of conditions at variance one to another. These are to be met with physical conditions. For, the whole chemical forces of the body are "at one another", or there is a lacking of elements. And remember, in their combinations, there are only about four elements in the body-forces and yet these represent every element in the earth....

Then, correct same. Do the first things first. Do correct the spiritual and mental attitude of the body as an entity. Don't commence taking these medicines we suggest first. If it takes six months or a year to get yourself spiritually correct, don't take a dose of the medicine until you are spiritually correct - it'll do more harm than it will do good. But when the spiritual attitude is correct:... [Treatment outlined]

Keep this up for at least three to four months. All of these conditions will clear, if the mind and spirit is right - in using and dedicating the abilities of the body. For, this entity here has a brilliant mind - but which way is it being led! Dedicate thy life to becoming a witness for the Creator, in thy dealings with men; not as a religion, but live thy own faith.

Blindness:

2990-1, Female 44, 5/9/43

As we find, there are disturbances that hinder in the better physical functioning of the body.

While there are pathological effects, we find that these conditions arise more from psychological - or what might be more thoroughly termed karmic - reactions in the body.

These may be materially aided by the application of material conditions to produce pathological results, yet we find that most of this healing must arise from the deeper consciousness within, as to its, the entity's, relationship to the Creative Forces - or God.

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

For, as indicated from the suggested sources of the trouble, the body, the soul, the mind meets itself. The HOW of this, then, is the real answer to the entity.

As so oft indicated for others, and as is known by the entity, - in Him is life, light and immortality. Not only, then, is the activity for the soul forces but also the application of self as related to Creative Forces or God, in its dealings with or relationships to others.

For, as ye do unto the least of thy brethren, of God's children, ye do unto Him - thy God, thy God-Self, thy soul-self.

As for the pathological conditions, - we find there are those disturbances in the glandular force of the adrenals, with suppressions in the upper dorsal and lower cervical, hindering the flow of life expression to the optic forces. And these have been and are gradually causing the flow of the fluid in the pupil of the eyeball itself to not harden but to become too fluid, and tending to harden the optic center that leads to the 3rd cervical, and 2nd and 3rd dorsal, and at that area in the lower portion of the 9th dorsal.

Hence it is necessary to make mechanical adjustments so that the influences for the abilities of the mind, the purpose of the soul forces, may coordinate with the mental and the material forces of the body itself. For, these must all coordinate one with another.

Thus may we bring the better influences to the body.

Then:... [Treatment outlined]

This will supply the mechanics to the body for the best conditions from the body-forces themselves.

Then, the healing may come through the attitude of the body-mind to Creative Forces, as it applies to its relationships to others.

Do that, prayerfully, sincerely; knowing that in Him is ALL healing.

Ready for questions.

(Q) Should the sinus condition have any special treatment?

(A) You will have special treatment when the adjustments are given through the dorsal and cervical, and of course the head treatments will be to the sinus.

(Q) Does this have any bearing on the eye condition?

(A) This is rather a sympathetic condition. The sinus is more from the eye condition than the eye condition is from sinus.

(Q) What is the source of infection causing the eyes to become weaker and weaker?

(continued on the next page)

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

(A) Read that just indicated. It arises from the entity, the SOUL-self meeting its own self. But meet it in Him. For, know, one may not - no one may - do it alone. But through grace, through mercy, through patience, through love, ANY condition may be met in Him.

[Case continued #2990-1, 8/15/43]

2990-1, 8/15/43

If there is the awakening to the possibility of using the psychic forces in self, and keeping them in touch, and true, with the spirit of that manifested in those periods in the Holy Land as Cerle, the entity may find the answer to its spiritual, mental, material problems in the day.

For as a healer in self first, and as an interpreter of the needs of others, few may surpass the entity if it will make application of that it already knows.

But first analyze self, thy purposes, thy hopes, thy desires. Know that they are in keeping with that He has given, "In my Father's house are many mansions - if it were not so I would have told you - I go to prepare a place, where I am there ye may be also - Seek and ye shall find, knock and it will be opened unto you; for, if ye love me and keep my commandments, I will come and abide with thee forever."...

(Q) Please explain karma to me in relation to my eye condition, and how it may best be met in the present?

(A) Read that just given, and as to how you may apply it. Karma is met either in self or in Him. For, as has been given, "in the day ye eat thereof - or in the day ye entertain fear, the day ye entertain sin - the soul must die." Not in that moment, possibly not in that era, but if the soul continues in sin, that is karma, that is cause and effect. But God has not willed that any soul should perish; He has with every temptation prepared a way of escape.

Hence, He, the Word, the Light, the Truth, came into the earth, paid the price of death, that we through Him might have life more abundantly; eternal life, the consciousness of eternal life; the consciousness of eternity; and that we are one with Him.

Cancer:

3121-1, Male 39, 7/31/43

As we find, there are disturbing conditions. This disturbance is of a nature that by some would be called karmic. Hence it is something the body PHYSICALLY, mentally, must meet, in its spiritual attitude first; that is: as the body may dedicate its life and its abilities to a definite service, to the Creative Forces or God, there will be healing forces brought to the body.

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

This requires, then, that the mental attitude be such as to not only proclaim or announce a belief in the divine, and to promise to dedicate self to same, but the entity must CONSISTENTLY live such. And the test, the proof of same, is longsuffering. This does not mean suffering of self and not grumbling about it. Rather, though you be persecuted, unkindly spoken of, taken advantage of by others, you do not attempt to fight back or to do spiteful things; that you be patient - first with self, then with others; again that you not only be passive in your relationships with others but active, being kindly, affectionate one to the other; remembering, as He has said, "Inasmuch as ye do it unto the least, ye do it unto me." As oft as you contribute, then, to the welfare of those less fortunate, visit the fatherless and the widows in their affliction, visit those imprisoned - rightly or wrongly - you do it to your Maker. For, TRUTH shall indeed make you free, even though you be bound in the chains of those things that have brought errors, or the result of errors, in your own experience.

This, then, is the first spiritual approach - or the attitude with which the entity would seek to administer that which is helpful, that which will be met in nature.

For, as so oft has been indicated, each entity, each soul manifesting in the earth, is the result of that the entity has been, in its use of its opportunities, in its relationship to God the Father.

In the beginning let us consider that there is the body, the mind, the soul. The soul is spirit; the mind is as gas that may have its high or low pressure, and the body of its own; but the physical is of the earth-earthy. However, the body was made, was first created, of everything that was in the earth. Hence there are those influences that will meet these tendencies in the blood supply toward that called sarcoma in its nature.

This is a form, of course, of infectious disturbance of such natures as to fasten upon a body for its own destructive forces, and cells breaking have joined - as it were - one force against another. At times the destructive forces are in excess, and thus the injured portions of the body become more and more beset with these growths in the body, and they sap the vitality.

The organs, as organs, are very good. The body-mind is good; the tempering of same is within itself capable of being used towards being a helpful influence to someone, somewhere, sometime. And the time is ever now, when the opportunity presents itself.

The blood is infected, then, with these disturbances; such that the very nature of these induces the cellular force or the red corpuscles to become involved with same. And the sufficiency or the efficacy of the leukocytes in white blood to break or block off these gradually loses ground, when there is lack of sufficient vital forces in the blood stream to increase the number of the white blood and leukocyte force.

Hence this appears in the present to be more of a lymph involvement, but now and then the supplying of the vital energies lacking, especially in (continued on the next page)

Vitamins D and B Complex, and K and G, the body is enabled to find or fight or to supply resistances in the fluid forces of the body for energizing and giving energy and life to the body.

As we find, these we would do in the present:... [Treatment given]

Most of all, pray. Let the mental attitude be considered first and foremost. Do not promise thyself, nor thy God, nor thy neighbor, that you do not fulfill. [sarcoma]

560-9, Female 52, 12/18/38

As to the conditions and environs, - these cause a great deal of anxiety to each; and a special strain is upon the whole of the nervous system as well as the physical vitality of [993] [sister] in the present.

While these are necessary to be held much in the same manner, there should be the FREEING of self more in "Thy will be done." And in the physical activity there should be the mental and material associations to lighten the CONSTANT tension; for the vibrations are very heavy, if there is the continued activity under the present strain.

These activities then for the body of [560] should lessen the strain.

And if it is necessary for the rest, use a hypnotic for the body - under the direction of those who may apply the lights. For being more free from the physical pain, the mental attitudes may be kept in accord with the spiritual forces and influences; while under the great stress these become such as to cause the improper balance in the whole of the system....

(Q) Please give any advice to [993] that will strengthen her to carry on.

(A) As has been indicated, the more and more "Thy will be done." More and more of that as relieves the tension by association.

(Q) What is the "way of escape" [I Cor. 10:13] in this situation?

(A) That is HIS way - His way!

(Q) From the spiritual angle, why is this condition?

(A) Meeting that of self.

(Q) Any other advice for either one, or both?

(A) Let that mind be in each as was in Him, "Not my will but Thine, O Lord, be done in me - now."

[Case continued in #560-11, 1/1/39, on next page]

560-11, 1/1/39

To bring the ease as required, better that more of the applications as are being done be kept in accord with the directions those attending are ministering.

To those in care - and about the body:

Keep hold on TRUTH!

(Q) Is everything being done that can be done to make it easier for her?

(A) As has been indicated, there must gradually be more of that as will relieve the physical disturbance...

(Q) How long does it appear that she will linger in this suffering condition?

(A) This is not to be given.

It is not well that such be even sought for. Has it not been given, again and again, for all - "Thy will, not mine, be done"?

For each soul must gain that even as He in the garden gained; though He were the Son, yet learned He obedience through the things which He suffered.

"Not my will, O Lord, but Thine be done in and through me" should be the thought, the purpose, the activity of each here. [Breast Cancer]

3388-1, Male 42, 12/2/43

As we find, many things must be taken into consideration in giving suggestions for this body. True, there are pathological disturbances. There are conditions that must be met spiritually, there are conditions that must be met mentally - and we may then control the physical manifestations in same. That which has been in the body-mind has aided in keeping the disturbances through the alimentary canal, where there have been first lacerations in stomach and these brought on the catarrhal condition that exists in the nasal passages, which has contributed to the forming of cakes or hard places in the stomach - and a great deal of distress through duodenum as well as through the jejunum.

All of these have been a strain and a drain on the system; yet the diet, with the mental and spiritual attitude has helped. Do not disregard these - keep them - they will be worth more to the mind and soul than all the medics that may be applied.

Do not have operations. These would mean a renouncing of that which has builded physically, mentally, and spiritually in the body forces. If there is a continuation there may become distressing conditions through the lower portion of alimentary canal, but the greater help may come through the holding of the correct attitude. Not that there should be a denial of the condition existent, but there should be (continued on the next page)

the continual affirming and the relying on, and the realization of the ability and the power of the Christ-Consciousness to make whole. If this is seen and applied in the life in dealing with others, there may come help; not by bragging, not by boasting, not by denying, but rather by edifying all with whom the body comes in contact, and then living day by day in those things and in those ways that the spirit, or seed of the spirit of truth is manifested.

Be patient, be gentle, be kind. Do not find fault with others. Be longsuffering with those who despitefully use you, and you will find that these attitudes will continue to bring greater help to the body - in the present and in the eternal life everlasting.

We are through with this reading. [Colitis: Ulcerative]

Deafness:

3511-1, Male 35, (Methodist, Clergyman), 12/17/43

These have to do primarily with the organs of the sensory system.

Quite interesting has been the life experience in other sojourns!

These conditions are partially a meeting of the own self, and thus may in the greater manner be assisted and corrected through the proper spiritual attitudes. For, who healeth all thy diseases?

It will require, then, that there be such an attitude in mind, in purpose, in hope, and in relationships to others, that each cell of the body may be attuned to the divine within. Each cell must become expectant, that there may be the renewing, the revivifying of the relationships that the soul-entity bears to Creative Forces.

It will not be better understood, for this entity, than by the interpreting of Exodus 19:5 in its own life, and then the whole of the 30th of Deuteronomy, and then especially the 15th of St. John.

To be sure there are pathological or physical conditions. For each soul meets itself in that phase of its experience in which the errors occurred that bring the results or effects in the present.

There has been considerable disturbance in the Eustachian tubes from a catarrhal condition, and a disturbance in the sinus and the antrums. These have so weakened physically that there is a prolapsus in the tube itself, and this necessitates physical correction.

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

But if the body-forces, the body-energies, are to receive the proper coordinating activity, we find that the body-thoughts and the body-mind and the body-expectancy must look to those sources from which there comes health, life, light and immortality.

In the physical, then, we find that these conditions should have the attention of an osteopathic specialist, one trained especially in finger surgery.

These measures taken, with the attitudes that should be an the consciousness of the entity, will bring help to the body.

There will be needed a period of preparation by the osteopath for this correction. And if through that period the body reaches that consciousness respecting Creative Forces, then we will find that responses will be sure and certain....

(Q) Where shall I live in relation to best health? Is it God's will that I stay where I am or go elsewhere?

(A) Where the entity may serve the better. As the entity attempts to contribute to the testifying for and the working with those who have dedicated themselves to the service of God, through their relationships to their fellow men, there the entity may serve best. In the present environs we would stay at least until next fall when there are changes.

(Q) Is there any way in which I am failing to do the will of God that is a factor in my physical condition?

(A) Let thy conscience be thy guide as ye read those verses pointed out to thee. Who made us a judge over thee? Let thy attitude ever be rather, "Not my will, but Thine O God, be done in and through me."

In the activities of the entity in preparing itself for the administrations for the physical being, know that good comes only from the divine - no matter what may be applied, materially, physically, spiritually. Have ye not read that in Him ye live and move and have thy being? What are those elements in food or in drink that give growth or strength to the body? Vitamins? What are vitamins? The creative forces working with the body-energies for the renewing of the body! What speaketh of the spirit? My spirit beareth witness with thy spirit whether ye be the children of God or not.

When there are those physical deficiencies, the body is minus something, but who is to add that which will constitute a complete coordination. Man may only sow, man may only apply, but God giveth the increase, God giveth the healing.

3526-1, Female 52, 12/31/43

As we find, there are disturbing conditions. While the general conditions will be materially aided by the replenishing of resistance, or by the building up of the energies and the vitality of the body, we find that the more specific disturbance has to do with conditions in the sensory organism. (continued on the next page)

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

The basic reactions in these are somewhat of the karmic nature. These can be materially aided by meeting conditions in relationships to others in such measures as to be as the sacrifice or as the recompense in such disturbances.

Then, do not close the ears, the mind or the heart again to those who plead for aid, or to those whom by work or deed ye may aid in their comprehension of their relationships to Creative Forces. For in the measures as ye mete to others, in worshipfulness or in hate, in consideration or in disregard, ye are meeting thy material activities in relationship to Creative Forces - or God....

But if there is added the spiritual attitude and aptitude, and application, there may be restored much more.

Then, these we would use:... [Treatment given]

We would first begin with a series of attempts to gain the mental and spiritual insight into self's relationship to Creative Forces.

And during such periods we would apply the thorough, general osteopathic treatments. These should be given in series of general relaxing treatments, and if there is the opportunity a little later do give the finger surgery - by the osteopathic ear specialist, you see; breaking up the lesions especially on the left side, and we will find that there will be the more response though the hearing.

Diabetes:

3086-1, Female 28, 7/9/43

As we find, there are specific conditions that are causing disturbances in the physical body. These are producing reactions that will gradually grow to be more and more troublesome, unless measures are taken to correct same.

The retentiveness of the mind indicates that the disturbance is from an accident, not that commonly called karma.

Thus, if the corrections are made properly, there should be a response in the physical, the mental and the spiritual body.... [Treatment given.]

Do these, and keep in that same constructive attitude toward which the entity is naturally inclined. But be a little more spiritual-minded. TRUST in the spirit, not in self, nor in knowledge alone.

For, He is the way and the truth and the light. All healing comes from His power, as may be manifested in the earth through individual application to those phases of experience of individuals.

Thus, the osteopathic corrections should be made by one who is dependent upon, aware of, the knowledge of the divine power in human experience.

Keep this in mind - "As ye would that men should do to you, do ye even so to them."

Epilepsy:

3430-1, Male 27, (Protestant Family), 1/3/44

EC: Yes. Here we have conditions where there may be the blame physically upon the indiscretion of the father. In reality it is the combination of self meeting self, and still the physical indiscretion of the parent.

Here we have conditions, then, that are prenatal that are causing the seizures that are a part of the experience of this entity.

These can be relieved. It will almost require the training of the body mentally to rely upon the divine within.

Here we find the better association would be with a nurse or a constant companion, almost all the while - or in regular periods, at least; one such as a student of Unity or Christian Science.

You see, these groups have something on the church - that the church has left out ordinarily. They trust in the divinity of the Christ wholly set as a central theme of the mind.

This is needed in this particular entity individually, so that the personality and the mental self may take on not the extremes in either but the universality of the Christ-Consciousness in the individuality and personality of this entity.

Pathologically, there are lesions in the lacteal duct area and in the 1st, 2nd and a portion of the 3rd cervical. These need physical applications.

To be sure, this would be contrary to the teachings of either of these groups - yet if there would be help there must be the consideration of all phases.

Remember, the Christ in person used water, clay, spittle and other ingredients for application in physical conditions. These groups would do well to learn this, or those who act as healers at least.

In the applications for this body.... [Treatment given.]

Do these.

And if we pray, and live like we pray, we will heal this body.

3527-1, Male 34, (Clerk), 1/5/44

As we find, these are disturbances. While the body may become very much perturbed, we find that these problems may be met in self - if there is the consideration of the coordination between spiritual and mental things, and then living them, and with the expectancy of using and knowing that what may be used is as much of God as self may make of same in its manner of relationship to self and others.

Hence we have a pathological and a psychological condition to be met. For there are those periods when these seizures arise, from lesions in the lacteal duct area and in the 1st and 2nd cervical, when the body is almost possessed by its own self in relationship to those problems it is meeting in self. And this is not good. For these influences ordinarily leave the body-mind in those states of discouragement, of hating self, of wanting to blame everything on everybody else - and then condemning self also.

These must be met in self first - by the spiritual attitudes, spiritual concepts. Know that in self alone ye may not meet such, but that as ye forgive - even yourself so may ye be forgiven by Him who is life, light and immortality. So may the healing influence of the Christ-Consciousness come to be a part of the individual self. Know that He has meant, "I stand and knock." Open - don't close the door to that Christ-Consciousness. Don't put Him away. Don't shut the door. Let Him enter, that He may abide with thee.

For as the promise is, "I and the Father may abide with thee." Thy best self, and the way to get rid of that which has disturbed you, will abide with you.

Then physically apply.... [Treatment given.]

But do first things first. Don't condemn anyone nor self. Don't feel sorry for self - that's the best way to condemn, for you condemn everyone else!

Ready for questions.

(Q) Please explain the trance-like state which follows one of these spells.

(A) Read what we have just given. It is almost possession! Do these things as we have indicated.

Glaucoma:

3305-1, Male 46, 10/20/43

As we find, conditions are not so good in the general physical forces of this body, especially as related to the specific disturbances in the optical forces of the body. For, there is fast dissipation of the supply of energies or nerves to the optic center itself. This is such that the fluids flow into same without the impelling force that keeps the nerve and the fluid from activity together.

We find that the greater help here may come from spiritual insight and the trust in the divine within self to carry forward with those purposes and aims in this material sojourn.

While this condition may be allayed for a time, it is a part of the whole consciousness of the body-entity and will be met in that same way and manner.

We may apply food values that may aid in staying the condition; that is, extra quantities of B-1 and (niacin) and those foods in excess - such as carrots, oysters, and foods that are rich in those added principles that are activative in the body forces pertaining to the optic centers or optic nerve centers. But only a staying can be made in the conditions that they have reached in the present.

Keep those foods that will carry such properties as indicated, adding in supplementary form the A, D and B, - or the One a Day B complex.

These as we find offer the greater help for the body. Stimulating the nerve centers in those areas from the 3rd and 4th dorsal to the 1st cervical area, and about the base of the brain, will aid - if this is done by a massage with oils that will be rather severe at times. Prepare these in this manner, adding the ingredients in the order named:...

Do this at least once each week.

And do keep the mental and spiritual attitudes for the better conditions in body-mind...

(Q) If and when I return to work, is it indicated that this trouble will come back?

(A) As given, it must be met.

(Q) What has caused my semi-blindness?

(A) This is a glaucoma; and it is caused from a wasting of the nerve forces and is partially - as indicated - from karmic forces.

(Q) Any other advice for this body?

(A) Keep the spiritual forces and do stimulate - by the massage the supplying of energies from the various centers in cerebrospinal system. This may be accomplished by the taking of the vitamins, as well as by the massage.

3524-1, Female 47, 1/4/44

As we find, these conditions grow rather serious for this body. To be sure, if there is the giving up to general debilitations and to the expanding - from the lack of full coordination between cerebrospinal nerves and the sympathetic, and especially the organs of the sympathetic system as related to the optics, and there is the enlarging of the optic nerve the glaucoma will become more and more proficient, and there will be less and less vision.

(continued on the next page)

Hence the general health has much to do with the condition, and karma has much more.

Then, there should be the doing of the first things first; that is, the making of the mind and purpose in accord with a unison of activity in the purposes of the soul-entity toward Creative Forces or God.

For, who healeth all thy diseases? Who bringeth to pass justice in the earth? The earth is the Lord's and the fullness thereof. Thy opportunities and purposes, as with each soul, are only lent thee - as opportunities for thee. Use them to the glory of God and not to the willful disobedience in any manner.

Keep the faith, then, in that which is so specifically indicated in Exodus 19:5 - that is to thee, as it is to each soul who seeks to become one with the Father.

In the physical activities, do have at least three to five general, thorough hydrotherapy treatments. These would be to purify the body-forces, just as the mind would purify the mind and soul by the spiritual ideals and purposes.

Include in these.... [Treatment given.]

Do these and we will make for the best conditions for this body.

In the attitudes keep creative in thought, knowing that in Him is life and life more abundant to those who seek to do His bidding.

What is the first commandment with a promise? Said another way, it is life abundant. What is life? It is opportunity to serve the living God!

[Case continued in next reading #3524-2, 5/16/44]

3524-2, Female 47, 5/16/44

EC: Yes, we have the body here; this we have had before.

As we find, conditions are still very serious. These have grown, in some measures, worse, even than when we had the body here before.

In some respects, as related to the vision and the abilities of the body in the mental attitudes, they are better.

But has the body changed its mental attitude? This cannot be done by others, nor by those administrations made physically. It must be accomplished in self.

As for the arthritic tendencies, there is little that can be done that will not cause greater distresses in other disturbances, save by the diet, the massage, and the massage with oils, at least the attention in the joints and muscular forces of the body.

As has been indicated, do the first things first. What are to be the activities, if there are the changes for betterment? These, as has been indicated, should be first the determining factors of the body, and then bring the physical and material applications to coordinate with same.

Keep the massage.

We are through with this reading.

Multiple Sclerosis:

3151-1, Female 23, 8/11/43

As we find, here is a karmic condition. Not that this may not be met in a great measure in the present experience, but first, this body, this mind, this soul must learn patience with self and with others. The condition is the lack of supplying to the body-forces the abilities for the assimilating in the glands of the central nervous system that energy sufficient to carry on the proper amount of energies needed in the nerve plasm for control of the locomotory nerves, tendons and plexus. Thus the inability of locomotion. These we would do, then, first:

Find within the self, relationship to creative forces, - call it God, call it hope, call it the Savior, call it the self, that which is eternal, though. Seek and know thy relationship to THAT.

Then begin with the use of those influences that are in the earth, where those forces have been misused in other experiences, now must be paid back. That which became the wastrel in the use of self-indulgence must be the application in the present to build those influences which are lacking in the elements in the chemical forces of the body itself.

Thus we will begin with:... [Treatment given.]

(Q) Is this multiple sclerosis as the doctors say?

(A) Just as indicated. Do as given and in six months we would give further instructions for this body. Begin at the beginning. Until there is found within self the hope, don't begin with the mechanical applications.

1199-2, Female Adult, 11/9/36

(Q) Any spiritual advice?

(A) Keep the mind active in constructive thinking, knowing that what has been the lot or as the activities may be used for construction in the whole of the attitude towards Creative Energies. For, all healing must come from that within that is of a spiritual import. Leave the results with the Giver of all good and perfect gifts.

(continued on the next page)

Be consistent and persistent in thy physical and thy spiritual and thy mental reactions for the better result. For the laws of the Lord are perfect, converting the soul. And as HE gained the greater concept of man's position in relation to the world by entering into the flesh and suffering through same, know He, thy Lord, thy Master knows and will aid thee in bearing thy material, thy physical burdens. BLESSED be His name!

3626-1, Female 43, (Clerk), 1/31/44

EC: Yes. As we find, conditions here have reached rather serious proportions. There is the inability of controlling of the locomotory centers, and this has gradually grown to be more disturbing - in the abilities of the body to use hands as well as lower limbs, though the lower limbs are much farther advanced, in the disturbance.

For this is the lack of the gray matter in nerve plasm itself that controls the centers of locomotion. Thus what should be voluntary activity now becomes involuntary, or there is the lack of control of the flexes of the muscular forces in limbs and in portions of the lower torso.

With persistence, these can be materially aided. While we are working against karma, and there needs to be the renewing of the faith in the divine, (the body once had it) we find that if the body will use what abilities it has to help others, there may be the quicker response; whether merely by looking, speaking (though all of these abilities are also becoming involved) or acting towards others to bring cheer, happiness, even from a life that seems spent and lacking in such in its own life, as it gradually grows weaker.

Then begin to use...[Treatment outlined.]

Keep this as a prayerful period, that there may be supplied in body and mind that which may bring that needed for the body to be the better channel for the God it would worship. That should be the prayer in the entity's own words.

3275-1, Male 41, 10/10/43

EC: Yes - behold he prayeth.

We have the body here, [3275].

As we find, there are disturbing conditions that are preventing the better physical forces in this body and that are causing a gradual dissolution or atrophy of nerves and muscles of the lower limbs.

We find that these may be materially aided, if there is kept first the correct attitude. For, as these conditions are partially karmic, with the correct attitude, in grace much may be accomplished.

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

Do not promise self nor Maker more than ye fulfill, but as ye measure out, so may it be measured to you.

Here we find there is a condition, in regard to the manner in which the liver has acted and is acting, that causes the lack of ability of the glands to reproduce the plastic forces in the nerve and muscular tendons in the lower extremities. Not completely as yet, but these have gradually grown, and will continue - until there are those measures taken, first to check conditions and then to rejuvenate and rebuild those portions of the body forces themselves.

Circulation will then be reestablished, nerve flow and energies from all the centers through which the associations and connections between cerebrospinal and sympathetic nerves receive their impulses, must be rejuvenated, revived.

This, then, will require long, patient and persistent application. But, after a period of three to four months at the earliest, we should begin to see the staying and then the building up of better forces for the body - if first the correct attitude is kept and then the consistent application of those things necessary.

For, we will find, there will be changes gradually brought about, also as these responses are made, there must be changes in the applications for the betterment of the body.

First, then, in the beginning of the applications:...[Treatment outlined.]

(Q) Is my trouble traumatic or pathological in origin?

(A) Pathological and karmic.

3671-1, Male 22, 2/21/44

As we find, there are disturbing conditions that prevent the better physical functioning of this body. While in a general manner, or in material expression, all of this arises from the lack of judgment or lack of consideration - as accidents - we find that, if the body will accept and act upon it, it is meeting its own self in a measure from karmic conditions.

Thus there may be material aid, there may be mental and spiritual aid in such ways as to bring better conditions, as well as soul and spiritual development.

To be sure, there are physical or pathological conditions existent - yet the beginning should be in self.

Do not blame others, do not condemn anyone for the disturbances that exist. Know that there are healings for the body, else the opportunities would not have been given the body in the resuscitation. Know deep within self that God hath need of thee at this time.

Know that He came into the world that each individual, each entity, might have life more abundantly; that is, more of life, more expectancy from life, and more worthwhile experiences. (continued on the next page)

There have been those hindrances in locomotion produced by the conditions existing from misplacement of the lower limbs themselves. And from the administrations made, the entire body was starved, as it were, for light, for the proper distribution of circulation. Now that these have in part been corrected as to position, there needs to be such applications - combined with the spiritual and mental attitude of the body - to assist the body in its consistent development of growth and of health-giving flows to the body.

We would begin then by first changing the mental attitude as to purposes, hopes, desires of the body. Do put the trust in prayer, in the Christ-consciousness. Do begin there. Know that He is mindful of thee. Know that He cares. Know that through supplication, through prayer, many changes may come to the body and to the mind.... [Treatment outlined.]

But do all of these, not just part. Don't begin with the massages and the vitamins first. Do begin with the general mental attitude.

Ye have much work to do. Ye can be a messenger, yea a manifestation of the work of the spirit of truth through thy body.

When ye feel that ye have the right attitude, begin with the applications suggested.

3779-1, Male 39, 1/9/44

Yes - here we have very much of a disturbing condition, this is karmic as well as pathological. Hence in the applications as may be helpful for this body, we must begin with spiritual beliefs, spiritual application, or the application mentally of spiritual beliefs. For mind is ever the builder in the material world.

Here through chemical changes that have come about in the body, we have the loss of control of the nerve and muscular forces of the body. Yet atrophy of any kind has not as yet set in.

This, then, indicates the very nature of that implied in regard to the karmic condition. Hence the first lesson spiritually is patience.

Then there are those applications in the material or mechanical world which, if coordinated with the mind in purpose, will bring better physical conditions for the body.

We find that it will require patience, persistence, and consistence in the application of elements having to do with the body-forces, elements that will cause the nervous system to be regenerated - as it were - or that will cause the establishing of coordination between centers from which nerve impulses and reflexes react from the sympathetic or vegetative nerve system to the cerebrospinal nervous system; so that nerves and muscles of the body - extremities, hands, limbs - will coordinate with the impulses of the central nervous system, or that which controls the mental and the organic functioning of organs through

the body. For the body still gets hungry, the body still has a mind, the body still reacts to cold and heat. The body still controls assimilation and digestion. But sympathetic impulses, control of locomotories, arms, hands, feet, the body has gradually lost control of.

Of course, this is multiple sclerosis, so called - though there are many forms of it.

Then we would begin...[Treatment outlined.]

Do these. Be consistent, be persistent, be prayerful. Expect something to happen. Know what you believe spiritually. Know the source of thy healing. For all healing must come from the attuning of self to the divine creative forces as may manifest in self.

Do that.

3124-1, Male 34, 7/31/43

As we find, conditions here are very serious, but do not lose hope. For, help is nigh - if you will but accept same.

Here we find conditions advanced in multiple sclerosis, so-called, or the inability of the digestive forces and the glands in the liver (in the right lobe) to supply those tendencies needed, or energies needed, to supply the return force in nerve energy.

As is understood by some, thought by many, there is within each physical being the elements whereby the organs and their activities and functionings are enabled within themselves to supply that needed for replenishing or rebuilding their own selves.

This may be done, as comprehended, in a period of every seven years. Thus it is a slow process, but it is a growth in the energies of the body and thus necessitates there being kept a normal balance in the chemistry of the body-force itself. For it is either from potash, iodine, soda or fats, that each of these in their various combinations and multiple activities supply all the other forces of the body-energies. Yet in each body there is born or projected that something of the soul-self also.

Thus we find what is commonly called the law of cause and effect, or karmic conditions being met by an individual entity. For, as given of old, each soul shall give an account of every idle word spoken. It shall pay every whit. And this is as self-evident as the statement, "In the day ye eat thereof ye shall surely die." It is as demonstrative as, "Be ye fruitful, multiply, SUBDUE the earth."

The entity, then, is still at war with itself, but all hate, all malice, all that would make man afraid, must be eliminated, first from the mind of the individual entity. And he knows, should know, there is an advocate with the Father. For, as was given to that one called to be the leader of his people, "Who maketh thy tongue? Who maketh thine eyes to see, thine ears to hear, thine feet to walk?" Is it not the Lord? (continued on the next page)

Hence He has given in the earth that which, when sought by the individual entity or soul that acknowledges it has gone astray, helps to meet whatever condition that may have come to pass. For, as given, "Though ye wander far, if ye call I will hear, and answer speedily."

And this may be YOU, if you will but harken. But if you turn your face away, know there is not in heaven or hell that which may separate you from the love of God - as He has promised in His word - but yourself. And others seek to help you, as we would here, if you will listen.

Then, right about FACE! KNOW that the Lord liveth, and would do thee good - if ye will but trust wholly in Him!

There are pathological conditions indicated, or those indicating that the body-forces have refused to respond. But there are elements in the earth that may aid you in gaining the control. For, who makes the sun to shine? Who gives the bitterness to quinine? Who gives the sweetness to sugar? Is it man, because he found it? Or was it put there by the Maker in the beginning, for man to find and to use in its proper place and relationship to his associations one with another? To meet the needs of a physical being, either in pleasure or in displeasure with those influences which have been too much absorbed in self?

Here we find there is lacking in the body those elements that may be supplied through Chloride of Gold Sodium, by the use of the low vibrations as they may be added to the body in such measures that the organs deficient may use them in their assimilation to strengthen the nerve supply and add to the nerve plasm that is lacking in giving stamina and strength to the nerves of the legs, of the body, yes of the whole being.

Making thy heart right, making attunement with that golden harp of life, let it play upon thine own imagination as to how ye will use thyself to the glory of God, to the love of thy fellow man - if there is given that power within. For, lo, as He has promised, "Look not to heaven nor overseas, for Lo it is within thine own self that ye may know thy God, to do His biddings."... [Treatment given.]

[Case continued in the next reading, 3124-2]]

3124-2, Male 35, 3/25/44 [continued from above]

As we find, there have been physical improvements in the body, yet there is much, much to be desired.

As indicated for the body, this is a karmic condition and there must be measures taken for the body to change its attitude towards conditions, things and its fellow men.

So long as there were those practical applications of the mechanical things for physical correction, and there were those concerted efforts on the part of the body's friends to make intercession in prayer, improvements were indicated.

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

When the body becomes so self-satisfied, so self-centered as to renounce, refuse, or does not change its attitude, so long as there is hate, malice, injustice, those things that produce hate, those that produce jealousy, those that produce that which is at variance to patience, longsuffering, brotherly love, kindness, gentleness, there cannot be healing to that condition of this body.

As first indicated what would the body be healed for? That it might gratify its own physical appetites? That it might add to its own selfishness? Then (if so) it had better remain as it is.

If there is the change in mind, in intent, in purpose, and the body expresses same in its speech, its acts, and there is the application of those things suggested in the manners suggested, we will find improvement. This does not mean merely the massages with the oil or the taking internally of the grape and grape poultices over portions of the body but all of them (the California grapes would be satisfactory to use here).

But first the change of heart, the change of mind, the change of purpose, the change of intent.

If these are done, then keep the massages also. But don't be so selfish or so self-centered that there is the imagination that others will not respond. If ye show thyself friendly, ye will find friends. Will ye pray, will ye ask God and Christ to forgive thee? Will ye forgive others? For it is only as ye forgive that even the Savior, the Christ, is able to forgive thee. But if ye forgive it will be doubled to thee in thy abilities, in thy activities, in thy improvements.

Do use the Appliance that has been suggested, consistently. Yes, it carries those elements that are material. But what is the spirit of gold? What is the spirit of any element that has life-giving influence in itself? Is it of thine own making or is there not the power within as was given from the beginning? It has always remained there, for it is of the first cause of life, the Word, the principle; that which may be made thine if ye turn to Him who is the Life, who is the Light, who is thy Savior - if ye will but accept Him.

All of the mechanical appliances that ye may muster will not aid to complete recovery UNLESS thy purpose, unless thy soul has been baptized with the Holy Spirit.

In Him, then, is thy hope. Will ye reject it? He offers, "Today - if ye will harken, if ye will but listen, if ye will but begin to apply love, hope, faith, forgiveness." Then may ye indeed be washed in the blood of the lamb that taketh away the sin of the world - thy world. Thy body is indeed the temple of the living God. And what does it appear in the present? Broken in purpose, broken in the ability to reproduce itself! What is lacking? That which is life itself, which is of and is the manifestation of that influence or force ye call God, that is God in manifestation.

Will ye accept, will ye reject? It is up to thee.

We are through - unless ye make amends.

Palsy, Cerebral:

5209-1, Male 8, 6/12/44

As we find, there are disturbing conditions. The sources or beginnings of these are karmic. There were those disturbances at and just after birth which have produced plastic [spastic?] conditions in the extremities.

As we find, there needs to be just the corrections which are being made, through the massage, through the treatments that will aid in breaking up gradually, the lesions or the plastic [spastic] conditions in muscles, in tendons, in joints, and sufficient of the massage that there is the ability of the systems to eliminate same. The karmic conditions are needed for the entity, or soul development of the entity, and those who have the responsibility of same; in that source from which all healing comes. For whether it be medicinal, mechanical or what sources, healing can only come from the divine. For as has been indicated, "Who healeth all thy diseases?" Him in whom we live and move and have our being.

Thus we may through those administrations of that which is the spirit of truth made manifest, turn this karma, or law, to grace and mercy. For the pattern hath been given those who seek to know His face...[Treatment given.]

Keep the prayer; hope for, believe. For according to thy faith be it unto thee.

5206-1, Male 22, (Protestant), 6/10/44

There are, to be sure, pathological disturbances, yet conditions are such here that the greater help may be brought by just being patient, just being kind and loving to the entity, and more of the interpreting in the life of the entity by those about the entity, as well as to the entity, the life of, the purpose of the coming of the Son of God into the material world and of how and why He had a purpose in the earth, and in the personal or present application as to how His advent, His ministry and His departure from the earth has its effect in and through the life of this entity.

That in its full and complete sense will aid the entity much more than all the administrations of medicinal, electrical or what have you. For the body is one of those who is meeting its own self in the physical expression in the present. There has been, and is yet to be, a great deal of suffering physically to be experienced by the body. For the inability for the body to use or control its voluntary muscular forces, as in the locomotories of the body, has brought and does bring a great deal of discouragement to the body.

We would find that, in the administrations, gentleness and kindness will be the better.

For pathological applications: Just keep the body quiet, give it a gentle massage every day. Do be careful about its diet, that there are those things that agree with the body; and do give a great deal of prayer, and it should be with those who are close to the entity.

Paralysis:

3498-1, Female 43, 11/12/43

EC: Yes. Now as we find, the deterioration of the nerve and muscular forces - especially as indicated through the lower limbs has been of long standing. There has been such destructive forces as to cause nerve ends to become almost eliminated.

There can be much help, if certain types of applications are made. While these will be long and arduous, if the mind of the entity is set in that direction there may be brought much better conditions for the body, and much help may be given.

To be sure, these are partially karmic conditions, yet much of these may be met in this experience.

These were brought on by a high temperature and a condition that took away the nerve forces by direction of the lymph centers through the areas that supply activity to the lower extremities - activity as well as muscle and nerve building supplies.

These, then, are the manners in which aid may be given:

First begin with prayer in self. Pray to be shown - by prayer, to be shown - whether there be the answer within self or not.

Then, through deep meditation, even leaving the body almost in same, find there the answer - through the raising of the kundalini forces in the body itself, from the cells within the Leydig gland, so as to carry energies through the body. Get the answer as to whether now, here, we would apply physical conditions for the benefit, for the correction.... [Treatment given.]

Take at least an hour to give this massage, and let this ever be not some thing just to be hurried through with but as something to be accomplished and done for a reason - the reason being that attained in the periods of meditation.

Do the first things first. Don't get the cart before the horse. Begin with self. Begin with the thought of what the body would do with itself if the improvements were such as for the body even to be able to walk with crutches. What would you do with it? Would it be to the glory of self, to the glory of a person, or to the glory of the Creative Forces in self?

3694-1, Female 26, 3/15/44

Conditions apparently are very serious and many would have the body believe there is little or no hope for improvement.

(continued on the next page)

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

We find that if there is the determination in self for that desire to be rid of the disturbance and to be well again, there may be brought into the experience of the entity that which may correct the condition to where there may be near to normal use not only of the lower limbs and the back but of the body, the mind, and the entire person.

These, to be sure, are the results of karmic as well as physical conditions as may be indicated by the physical corrections or applications that may tend to revivify nerve ends, so that the tendons and muscular forces, the whole nerve force from the 9th dorsal downward may be revivified, rejuvenated, brought to better circulation throughout the body.

To be sure it will require time, patience, persistence and consistency. It will also be necessary for the mental and spiritual attitudes to be in that way of never condemning self or others, but rather looking to that power which lies within to have every atom of the body and mind attuned to creative energies as in the Christ-Consciousness, of His abiding presence with thee.

Thus we find that even in the periods of recuperative forces when the body is going through trial and anguish, pain, there may be a contribution to those about the body such as to add much to the correcting of many of those ills that are the sources of all evil - sin.

In making applications.... [Treatment given.]

Do learn the promises of the Christ, the Savior; especially those given to man after He arose from the grave. For these are quite different from those given even in the hour before His trial and crucifixion....

(Q) Approximately how long will it take to get results?

(A) If it requires time - as indicated, be consistent, be persistent. These are not questions so much as to whether results are to come tomorrow or next month or next year, but it is a case of the necessity of body, mind and purpose being one. As this is accomplished we will find that the body will grow in grace, in knowledge, in understanding. It is by the grace of the divine that healing may come.

Parkinson's Disease:

3468-3, Male 73, (Pharmacist), 8/25/44

There are changes, yet not all for good. While the system has been cleared and is from time to time changing in some respects for good, the progressive paralysis, or the paralysis agitans grows more progressive.

In these if the body will accept it there is the meeting of self - or karmic conditions.

Can it be healed? Yes, but the attitude of the body, the faith in the Divine, must not merely be assumed or proclaimed - it must be practiced in the daily life with others. This, added to that as may be had in the use of the Wet Cell Appliance which will carry these three elements into the body vibratorially, and then lived in activity, not merely in words, but lived, may bring not only the staying of the condition, but like the elements which have been given stay the swelling, stay that activity of the disturbing forces.

Prepare, then.... [Treatment given]

And keep these attitudes: The Lord is in His Holy Temple. Is He with thee? For thy body is indeed the Temple of the living God. Do ye manifest thy concept of Him in thy daily dealings with thy fellowman? If not, why not?

Poliomyelitis:

3038-1, Male 17, 5/31/43

As we find, there are disturbing conditions that prevent the normal activity of the body-physical. Many things must be taken into consideration in this particular experience of the entity.

Portions of this are karmic - or the result of conditions that have to do with the spiritual body, finding expression in the material body in the form of being curtailed as to normal activity.

Hence, in gaining or regaining a near normal equilibrium, as much may depend upon the mental and spiritual attitude of the body as upon any applications of an external nature that may be made.

For, while from a pathological standpoint there are nerve ends destroyed, we find that these CAN be replenished or rebuilt. For, as is recognized, the body changes continuously. And through a cycle or period the body may have rebuilt or replaced itself entirely. To be sure, nominally this is termed inconsistent with the findings of many. Yet there are those abilities within self, through the application of spiritual truths, as well as in making application of the physical conditions to supply and replenish same, to bring this about.

The attitude, then, is the more important.

Then, study these - spiritually; and especially make application of same:

The 30th of Deuteronomy, and the 14th, 15th and 16th of John. KNOW those things indicated there, and make practical application in self, by the manner in which ye treat others. For, it is in this direction that such disturbances came. (continued on the next page)

In the physical or pathological conditions, - we find there has been the distress because of those pressures in the lower portion of the spinal system. Then with the effect of the very high temperature experienced with those activities that went on through the body, the immobility of the locomotory centers has been the physical result - with the effect of atrophy in the end of nerves, for the lack of circulation - either the deeper circulation or the superficial.

Hence these must be aroused first by the low charge of the vibratory forces that arise from mental attitude and activity in the spiritual manner.

Then there must be the application physically, continuously, - that is, day by day, being persistent and applying in the lower lumbar and throughout those areas where there is disturbance, extending even to the upper dorsal and through the cervical areas, - a gentle massage daily with all the body will absorb of Peanut Oil.

There should then be the general activities of body in the open, in activity as much as practical; keeping, living and being that indicated in the text for the study, and making not merely outward manifestations of same but deep within self.

Thus help will come...

(Q) Please advise me as to my mental attitude toward these two conditions.

(A) These have been indicated, and especially if there is the assimilating of those tenets and truths set forth in the references suggested, this should change the attitude entirely.

Do that given.

Stammering:

2705-1, Male 43, 3/24/42

As we find, there are conditions which prevent the normal physical reactions in the body.

In analyzing same, and in giving that as we find which may be helpful or beneficial, many things must be taken into consideration; not only the pathological conditions which exist but also the mental and spiritual attributes of same.

These conditions arise, partially, from a karmic relationship. However, it is true that there is a physiological or pathological condition, and a physical effect created. For, the effect is to the nervous system as related to the sensory system.

Thus the disturbance becomes an incoordination between the central nervous system and the sympathetic, as related to the sensory.

As we find, then, these conditions were produced FROM nervous shock, and the reaction caused the ganglia to become dissipated. Rather than forming into the ordinary lesion, it is rather the reaction of dissipation, when there is the attempt to coordinate the nerves between the central nervous system and the sympathetic and the sensory.

Thus we will find that there must be mental attitudes taken. These must be done of self and not merely because there is an EFFECT desired.

Then there must be the specific conditions created in the nervous system itself. This will be brought about by the mechanical (osteopathic) adjustments.

Also there must be those coordinations with low electrical forces as creations in the body-forces themselves.

If these three phases of the applications are made, we may gain the better control of the coordination, and stimulate cooperation of the nerve ganglia in the auditory forces AND the vocal box.

Thus there may be the overcoming of this inability of the body to say that desired, or for there to be put into words as fast as the mind and the body desire for expression.

This, then, is not stuttering; neither stammering. These effects are rather as of the psychic forces of the body not being brought into cooperation with the physical forces, that have been first, primarily, a karmic influence. This means because of former activities, former relationships, brought about that, as to meet or to be met in self that which was condemned in another.

There are also, then, the physical conditions to be met - or corrections to be made. These we would make osteopathically.

AND the hand therapy. This would NOT be done by the same person, - that is, not by the osteopath who corrects purely by mechanical means. For this, the hand therapy, MUST be done in love, in harmony, in the desire for the help, for the proper reactions in the body itself.

Then, in making corrections:... [Treatment outlined.]

If the body can be persuaded to sleep, after the first few times, much the better.

But use this period for prayer, for meditation, - both the self and the wife who would be making the application of the electrotherapy of the body-emotions; for THIS is the entity who must forgive, if the karmic forces would be met.... [Treatment continued.]

And by that time we should see help. But continue the treatments in this ratio, or manner, until the condition is met; remembering that the mental and spiritual attributes will have much to do with the results obtained. (continued on the next page)

Let the prayer be, the more often, though - to be sure - in thine own words:

FATHER, GOD! IN THY SON, JESUS THE CHRIST, THOU HAST PROMISED THAT WHAT WE ASK IN HIS NAME WILL BE DONE IN THE EARTH. WE SEEK, O FATHER, TO BE A CHANNEL OF BLESSING TO OTHERS. USE THOU ME IN THE MANNER AS THOU SEEST BEST. SAVE ME FROM THIS DISTURBING FORCE, REMOVE IT FAR FROM ME, THAT I MAY BE A BETTER CHANNEL OF BLESSINGS TO OTHERS - IN HIS NAME....

Do these things, - consistently, persistently, - and help will come - for both.

Tuberculosis:

2828-1, Male 40, 10/15/42

Now, while we find that there are particular conditions in this body that prevent a better physical functioning, all influences and forces - in natures or conditions of this character - are to be taken into consideration.

So, if there would be brought about the more perfect physical condition, much of the sources of life, of health and of nature should be taken into consideration; and those expectancies, those dependences; the faith in the sources of life must be taken into consideration.

For, in part the entity is meeting self, from those of its experiences in the earth.

Then, know - deep within self - deep within thy consciousnesses - WHO healeth thy diseases, WHO giveth thee opportunities. And the trust and the hope, the understanding as may be gained by that analyzing of self from the careful study of the 30th of Deuteronomy, the 14th, 15th, 16th and 17th of John, should be the life. As we find, not as rote but as living, hoping, believing, knowing that as ye may ask - in His name - it may be done in the body....

(Q) How long has this condition been coming on?

(A) For about ten years.

(Q) Approximately how long will it be before I will improve?

(A) How long before tomorrow, Mr. [2828]? How long is the power of God in self? How long does it take thee to do His biddings? How long hast thou kept in the way beyond reproach of thine own self, as well as in the way of being a helpful influence in the experience of each one ye meet day by day?

(continued in the next reading)

2828-2, Male 40, 4/9/43

Now, these are things to be met and conditions to be dealt with. But so long as there is the holding to that knowledge that He, the Creator, is mindful, and if there is the application of self in the correct way and manner, there is given sufficient strength to meet the problems.

Spiritualize the ideals. Know indeed what it meaneth, that "The Lord is ONE." All that is, is His - of self, of the universe, of the activities in the earth. All moves and has its being in Him. So it is in self. Life itself is the consciousness, the awareness of that oneness of that Universal Consciousness in the earth....

But keep the attitude, the diet, the activity, the massage that has been indicated. Keep close to these, and especially that mental attitude of helpfulness, helpfulness in Him.

Look not back nor condemn self nor conditions because they are not different. Use that thou hast in hand to the glory of Him, and it will be acceptable to Him. For He doesn't require the application of a ten talent individual from a one talent mind or body.

(continued in the next reading)

2828-4, Male 41, 9/20/43

As we find, there are some changes. These conditions at times seem much better, at others not so well.

Remember the sources, as we have indicated are the meeting of one's own self; thus are karmic. These can be met most in Him who, taking away the law of cause and effect by fulfilling the law, establishes the law of grace. Thus the needs for the entity to lean upon the arm of Him who is the law, and the truth and the light.

For, while these may be sought to be explained through the defects in the body, read carefully - who healeth all thy diseases, who bringeth this or that to pass in thy experience? that, through thy experience ye may learn the more of the law of the Lord, that it is perfect. Thus ye apply those things of which ye thyself are a part.

As has been indicated for the entity, the Lights that would aid in checking - even in helping the disturbed area in the spine by the use of this high vibration. Electricity or vibration is that same energy, same power, ye call God. Not that God is an electric light or an electric machine, but that vibration that is creative is of that same energy as life itself.... [Treatment outlined.]

(Q) As no specific explanation of cause and history of this condition in this body has been given in a previous Reading, would you please give us a knowledge of these that would help us arrive at an understanding of it?

(A) It has just been given - this is SELF, see! (continued in next reading, next page)

2828-5, Male 41, 1/10/44

This, as it may be given, is not intended other than that the entity in its seeking should indeed interpret the law of the Lord. For what is stated in His word, isn't fooling. It means what it says. The law of the Lord is perfect. It converteth the soul. If the soul be perfect in its purpose and ideal - whatever the state may be, it will call on the Lord. It will rely on the Lord. It will use every measure to comply with His will and purpose. His purpose was for man to subdue, to conquer, to use, to apply the earth in its every use for man.

When it was given "Whosoever sheddeth man's blood, by man shall his blood be shed". That is, in this case, the blood of his will, of this purpose, of this physical desire to carry on in his own ways of activity and by those conditions in the body itself being thwarted. The entity thwarted others and is meeting it in self. That is karma. In the blood of the Christ as was shed karma is met and then it becomes the law, not of cause and effect, but of being justified by faith in Him. Then, may we use, may we apply those things of the material earth AND the spiritual combination to become again sons of God. Not sons of Belial or of the devil.

In conditions here, then, the type of lamp is helpful, but is not preventing at times conditions making inroads upon the body-forces. Do get the ultra violet light; the hand lamp may do, the stand lamp is better. DO apply all in the manner as has been indicated. Not just a makeshift. If it is the best the body can do - then he must take the consequences.

But there are lamps still to be obtained from the manufacturers of those, in various places.

The information will not do it for you. Did the Lord prevent Abel from being slain? Did He prevent Cain from slaying? Did He not say, "It is in thine own self to do"? So it is with individuals who may be warned or directed. It is within yourself to do or not to do.

As for applications that may be made by others, these are done very well. Do keep them up, with the oils. Do keep up with the diets. Do keep all as is given; don't add, don't take from.... [Treatment outlined.]

(Q) What physical measures should be used or applied to the body when one of the attacks come on?

(A) Prayer is the best measure. Relaxation by any good hypnotic would be very well.

(Q) Anything that might warn of approaching attacks?

(A) Has it not been illustrated for thee? If the good man of the house knew when the thief was coming, he would be prepared. To be prepared would be to have the sword of the spirit, the purpose of the mind; and the conditions will not be broken up.

SPIRITUAL HEALING: KARMIC AILMENTS CIRCULATING FILE

(Q) Has the recent attack been brought on by flu or the condition prevalent in the body?
(A) Brought on by cold, congestion. It hasn't been through flu in this particular body, but more congestion - partially through anxiety.

(Q) Are attacks cyclic to any extent?
(A) Read what has been given. You will find this is included. Yes! It is the self the body is meeting.

(Q) Please explain the purpose, or power of the green glass used here?
(A) As has been given again and again, through this channel the green glass deflects certain rays that cause greater healing power from the ultra violet light for meeting the wasting or destructive forces in the human body.

(Q) Any other advice?
(A) Do as has been given.

(continued in the next reading)

2828-6, Male 42, 6/28/44

As we find, in many ways there are improvements, yet there is a great deal yet to be desired in the way in which the body may control its activities and the general feelings of the body itself. The body feels much improved at times, better control, better disposition, better reactions throughout and then, when it loses hold on itself mentally and spiritually, it takes almost a "nose dive."...

Stay close to the diets suggested and the other treatments. There has been a growing or general dissipation through that commonly called multiple sclerosis, but if there will be kept for many periods those treatments, we may keep these conditions down and gradually gain back nearer normal reactions.

Do that.

2514-1, Female 22, 6/13/41 (Tuberculosis: Scleroderma)

Be consistent, be persistent.

Do not make the applications merely as a routine, - either the rubs, the diets or the Appliance. Let these be done with the continuous spiritual purpose to be healed of the disturbances FOR a definite purpose, that is to be constructive and helpful to others; to those about self and to others.

Keep optimistic. Pray, often; seeing, feeling, asking, desiring, expecting help - from Him; who is the way, the truth, the light. He faileth not those who keep His purposes.