

Circulating File

CANCER: LEUKEMIA

**A compilation of Extracts
from the Edgar Cayce Readings**

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CANCER: LEUKEMIA CIRCULATING FILE

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Each circulating file is simply a collection of reading quotes or full readings given for different individuals on a similar subject or disease. The A.R.E. cannot and does not suggest treatments for physical ailments nor make claims about the effectiveness of the therapies. We encourage anyone working with the health readings to do so under a doctor's care and advice.

The circulating files support the research aspect of the Cayce work. We appreciate any feedback informing us of progress made in improving one's life or achieving good health by applying suggestions given in the readings. Please send any feedback (testimonies, experiences, results, etc.) to:

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Our hope is that through the Cayce readings you will find the wholeness and oneness which is God's plan for us.

Blessings, A.R.E. Member Services Team

There are in truth no incurable conditions.... 3744-2

This Circulating File consists of overviews and the Edgar Cayce psychic readings on leukemia. The information is not intended for self-diagnosis nor self-treatment. Please consult a qualified health care professional before following any advice contained within this file.

Articles or books may be included because the information supports the remedies and therapies described in the Edgar Cayce readings or are of a helpful nature. Their inclusion does not imply endorsement or recommendation. Before following any advice contained in the articles, please seek the counsel of your doctor.

Cancer: Leukemia

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* Reading numbers in **bold** are included in this file.

Introduction to the Cayce Readings on Health and Healing

No matter what illness or ailment concerns us, certain basic principles about health and healing are relevant. These are the premises upon which all of the Cayce health information rests. For those who would like to make a more careful study of these basic principles, the recommended Circulating File is entitled "Principles of Healing." Here, in essence, are the ideas found in that file. They may prove to be very useful to your more in-depth study of the specific ailment that requires healing for you.

The first fundamental idea about healing requires that we maintain a creative balance between two principles:

1. All healing comes from the infinite -- that is, from attunement and harmony with our spiritual source. The infinite is just as accessible and available in the visible, physical world as it is in the invisible realm.
2. At the same time, each person must take responsibility for his or her own healing process. No one can simply sit back and wait passively for healing to occur.

This second principle -- the need for self-responsibility -- can take many forms. For example, healing requires attunement, and no one knows better than ourselves exactly what has gotten us out of attunement in the past. Often, if we'll look closely at our lives, we can see (without needing a gifted medical clairvoyant such as Edgar Cayce) what's causing our illness.

To illustrate self-responsibility further, the human body has a marvelous, innate drive to heal itself, but we've got to do our part to help. A broken bone will naturally try to mend; however, the fracture needs to be set properly for the healing to be complete and effective.

Another important principle relates to energy medicine, a new field for which Edgar Cayce was a pioneer. His readings consistently speak of the roles played by vibrations or vibratory forces -- right down to the level of individual atoms. According to Cayce, there is a type of consciousness that exists in each atom. Although most of the passages about the atomic physics of healing seem rather esoteric, it might be easier to follow the analogy of the attunement of a stringed musical instrument. A violin or piano that is out of tune makes sour, discordant music -- symbolic of disease or illness. Just as a skilled musician can bring the instrument back into attunement, we experience healing when our vibrations -- right down to the atomic level -- are adjusted in a correct manner. In essence, all healing is the changing of vibrations from within.

Balance among body, mind, and spirit is another key to Cayce's philosophy of healing. For healing to be complete and lasting, we must recognize and meet the needs of each of these three levels. Virtually no illness or disease can be treated successfully at only one of these three levels.

What's more, Cayce affirms that the human body will naturally stay healthy -- and even rejuvenate itself -- if a kind of internal balance can be maintained. "Dis-ease" starts when one part of the body draws energy from another part. One portion of an organism may become overcharged with the creative life force, while another portion becomes

undernourished. The result is a gradual disintegration of the body and the onset of illness.

The opposite of this sort of disintegration is rejuvenation. The readings assert that we are continuously rebuilding our bodies. Within any seven-year period, each cell is replaced. If we'll allow it, our bodies will transform any problem and resuscitate any condition. But our ingrained habits usually block this healing potential -- the habits of action and, even more potent, the habits of mind.

What role do drugs and medicine play in the healing process? Cayce's philosophy clearly sees a place for them, but warns of misunderstanding how they work and of expecting more of them than is possible. Any healing method attempts to create an experience of oneness, in hopes of then stimulating a similar response in the body. For some people in some situations, a drug may be the best way to accomplish this -- just as in other cases, surgery may be the best way to stimulate healing. Medicines can be a practical application of the one life force. Occasionally they must be very potent in their reactions in order to get the patient through an acute illness. But Cayce from time to time encouraged people to consider the herbal formulas he recommended to be tonics and stimulants, rather than medicines.

The dangerous side of medicines is their potential to diminish the body's own healing work. This is what Cayce alluded to when he warned about "palliatives" that deceive the soul with half truths and temporary relief. It's also what he meant when he warned that we shouldn't come to rely on any condition outside of ourselves that could be assimilated by the body inwardly. All of this is to say, take the medications prescribed by the physician you trust. But keep in mind this thought: what those chemicals can do is temporarily -- and somewhat artificially -- give your body an experience of greater oneness. Healing that really takes hold and lasts must come from changing one's inner consciousness and vibration. That happens most effectively from consistent and persistent human effort (i.e., engaging one's desires, purposes, and will) -- something that pills all too easily allow us to skip.

Cayce's healing philosophy includes other insights that can help us avoid misunderstanding. For example, one principle states that the best treatment procedures sometimes cause a temporary worsening of conditions. If we didn't recognize this possibility, we might give up just before the benefits begin to appear. A closely related principle states that when a body is re-establishing its attunement, it tends to be more sensitive. Again, if we misunderstand that heightened sensitivity, we might not see the good that is slowly being effected.

The mind is a focus of other healing principles. The unconscious mind plays a role in many illnesses and diseases. One example of this is the karmic factor in health problems. Memories from previous incarnations, stored in the soul mind, can trigger problems in the body. Of course, we shouldn't go so far as to suppose that every health challenge has past-life roots; nevertheless, the perspective of reincarnation can help us understand what we could possibly be dealing with as we seek healing.

The familiar Cayce axiom, "Mind is the builder," leads us to wonder exactly which attitudes and emotions best foster healing. The readings emphasize several:

- * Self-acceptance. As we rid ourselves of self-condemnation, we make room for healing forces to enter.

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- * Optimism and hope. We're encouraged to expect healing.
- * Patience. It's much easier and quicker to destroy health than it is to rebuild it. We need to be willing to patiently invest whatever time is required.

Alongside these specific attitudes and emotions, we're invited to use the creative potential of visualization to stimulate our own healing. The mind's image-making capacity can be directed in such a way that we “see” the healing transformation taking place. This is not something that's accomplished in a single visualization session. Like all the Cayce health-promoting approaches, it requires persistence and works best in conjunction with other healing methods.

Perhaps the most important principle of the mind's relationship to healing concerns purposefulness. A person can experience temporarily an outer healing -- that is, in the physical body only -- yet still be spiritually sick. What cures the soul? A commitment to a purposeful life. Not just any purpose, but instead one that reflects care for other people.

On occasion a reading from Cayce would pose this question to the person who was ill: What would you do with your life if you were healed? The position of Cayce's psychic source was simply this: Why correct the physical condition unless there's also going to be an inner correction? People who are looking for both inner and outer healing are the best candidates for restored health and vitality. In Cayce's philosophy, healing should equip us to be more useful to others.

With this ideal of service in mind, we might also wonder just how we can be channels of healing to others. What principles govern our efforts to be healers to those for whom we have concern? One principle is based on the spiritual connections that exist between all people. It states that as we bring the experience of oneness into our own consciousness, it can profoundly help someone else experience oneness, attunement, and healing. Cayce's way of putting it was, “...raising the Christ Consciousness in self to such an extent as it may flow out of self to him thou would direct it to.” (281-7)

For this to be most effective, the recipient must desire such help and have requested healing prayer. Of course, we can always pray for someone, even if that individual hasn't asked us. But it's important that we not assume we know what's needed in any person's life. For one who hasn't specifically asked for prayer, we can simply offer prayers of protection and blessing, rather than try to direct healing energies to that person or for a specific condition.

In summary, the Cayce readings remind us that our natural state is wholeness and health. An innate wisdom within ourselves knows what's needed for healing. We should expect to get well, and we should be willing to do our part to make it possible.

Mark Thurston, Ph.D.
Education Department

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NOTICE REGARDING CIRCULATING FILES

The material found in this file includes a medical commentary on the subject and a number of readings dealing with the subject heading. After this there may or may not be included a few brief extracts from the readings to supplement the individual readings. If it is a disease process, comments will be generally limited to physiology, rationale of therapy and suggested therapeutic regime. All the physical readings, with but five or six exceptions, were for individuals; thus any routine of treatment that is instituted without full understanding of the disease process and the attendant physiological changes is subject to failure at least occasionally. No two individuals are the same. So generalizations are bound to be statistically less effective than the personal approach demonstrated in the Cayce readings.

For physicians not thoroughly familiar with the readings, the physiology involved and the rationale of therapy are not easily discerned. The language and terminology of the readings make it difficult for any doctor to extract from a few readings easily or quickly a possible therapy which he might follow for a given patient. For the average layman the lack of a background of training in anatomy, physiology, endocrinology, neurology, therapy and a host of attendant subjects that are part of the daily usage of the average practicing physician make it impractical (even for the person well versed in the peculiar language of the readings) to put together a reasonable therapeutic regimen for himself.

In the present preparation of the files, an effort is made to put a familiarity with the readings together with a medical background of training and experience in order to make the files readily usable for A.R.E. members. We would suggest that you present the file you are interested in to a physician who is sympathetic to your interest in the activities of the soul, so that he might work with you in bringing the information inherent in the readings into play toward solving a physical problem of the human body.

A NOTE FOR ALL MEMBERS AND ALL PHYSICIANS WHO INTEND TO USE THESE FILES: Cayce implied in all his readings that the suggestions he gave required patience in application, persistence and a consistency of use. Without these, healing would not come. It is the philosophy of the readings that healing brought to the individual in the manner that he saw advisable was a healing of the whole person—body, mind and soul. Anything less than this would always be short of the mark.

ONE FURTHER COMMENT: Physicians are encouraged to correspond with us and to join in the efforts of the Edgar Cayce Foundation to evolve out of the readings an approach to the understanding of the body at a physiological level not yet really understood nor utilized in the present day practice of medicine.

William A. McGarey, M.D., Director
Medical Research Division
Edgar Cayce Foundation

Commentary On Leukemia

Included with this file is a study of seven cases of leukemia which was prepared in 1960 from cases then available through the indexing program. There has been in the interim more information made available which adds to the general picture seen in the readings. Also included are copies of five readings, two of which were part of the 1960 study on leukemia.

Etiology of leukemia in human beings, based on present evidence, appears to involve viruses, environmental factors, cell mutations produced by irradiation, chemical agents, genetic influences, and abnormalities of host resistance. None of these factors has been conclusively shown to be causative, thus the real cause of leukemia remains somewhat shrouded in mystery.

In his readings, Cayce approaches the causation of leukemia in a manner that implies more than it says. In other readings, he points out that life as we know it is a manifestation of spirit insistent on its being active in a manner determined by the nature of the mind and physical structure of the cells themselves meaning that life is already present and active. He implies, then, that the disturbances which arise are disturbances of the ways in which this life force is manifesting in single structures and in systems throughout the body. Thus, his approach to etiology of diseases is a physiological one but it assumes initially that the inner forces within the body are the spirit in action.

Thus some of his comments in these readings on leukemia seem to imply that deficiencies in assimilation of certain elements into the body are basic causative factors. In other places he sees attitudes of the mind essential in directing either the recovery in a complete manner or as being causative of the loss of life. In case [2456], for instance, the individual is told, “for, without the desire for the recovery for a purposefulness, little may be fully accomplished.” The mind then helps, as Cayce sees it, in directing the final outcome of a given case, as it even directs the function of an individual cell.

Throughout the cases included here, as in other readings which were given, there seems to be the development of the concept that the cells of the body, even including the red blood cells, are brought into structure, or are built, through several influences which are supplied and which become active. These influences are those of assimilation, those derived from glandular tissue throughout the body, and probably those taken in through the lungs as what he called once “ozone and carbon forces.” The assimilative faculty is primarily those patches of lymphatic tissue which are known as Peyer’s Patches and its associative structure and function. In other words, the lymphocytes formed in the Patches, as they absorb factors from the food which has been digested in the intestinal tract, take as part of their various structure the globulins and other, as yet unknown, factors and provide these as substances in rebuilding the body—as “structural activity.” These materials thus provided are acted upon by hormones released by glandular tissue, which have been in turn activated by vitamin substances and these two forces combine with the energies that I would assume were those from the lung, to bring about rebuilding of cells throughout the body.

Iodine is one of the basic substances which the readings saw as essential to the body and its function. Thus in [2208-1, p. 1, par. 5], we see the “lack of the cells becoming activated upon by the iodine—that is a part of the structural activity through

the system.” And in [3003, p. 1, par. 2], this particular leukemia arose “from the lack of proper activity of the structural portions of the body, especially through ribs and the spleen and pancreas to react with the digestive activities of the body.”

Again in line with his viewing the body as the sum total of physiological process either coordinated or uncoordinated, the readings viewed excessively high white count as an attempt on the part of that portion of the body—the white blood cell forces—to meet the needs of the body in rebuilding the structure as rapidly as it was being destroyed. Obviously, without the necessary element, no adequate solution can be arrived at no matter how many cells are thrown into the blood stream in such an effort.

Hypothesizing such an etiology is just an hypothesis and adequate explanation of a comprehensive nature in one location is lacking in the readings. However, the bringing of these various bits of information together helps one understand in what manner and for what purposes Cayce directed his therapy.

New Area for Research

On the basis of the hypothesis just suggested, a method of treatment which was proposed in reading [2208-1] becomes of very pertinent interest. One cc. Of Tincture of Iodine mixed with some blood taken from the patient and this added to the next transfusion would bring about as cure, if it were to be repeated in the proper sequence. He makes suggestions for animal experimentation in order to establish proper dosages and proper balance for therapy, but he indicates that these methods would be effective in treating any individual case of such nature (myelogenous leukemia). If such a therapy were to be developed “it will be found that there will be the ability to reduce the percentages of such cases more than 50%.”

With the validity of the readings already established in so many different directions, this last statement is quite exciting and should stimulate interest in testing such a therapy in animals.

Summary

Understanding of any disease process is certainly a multi-faceted problem, but the more light shed on any problem, the better one is directed toward the answer. The ideas from the readings, the suggestions for further research, —these remind us that the body really is made up of atoms which are units of force and that we are in reality a structured representation of forces in action. Healing might really be then an activity quite foreign to our present concepts.

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“For all healing comes from the One Source. And, whether there is the application of foods, exercise, medicine or even the knife, —it is to bring [to] the consciousness of the forces within the body, that aid in reproducing themselves [which is] the awareness of Creative or God Forces.” [2696-1]

William A. McGarey, M.D. Director
Medical Research Division
Edgar Cayce Foundation
August 26, 1967

Readings included

71-3
1270-1
2208-1
2456-1, 2

Other readings consulted

2456-3, 4, 5, 6
3000-3
3616-1, 2

**A Study of 7 Cases (16 Readings) of
LEUKEMIA
in the Edgar Cayce Records**

Prepared for Advisory Board of Physicians
ASSOCIATION FOR RESEARCH AND ENLIGHTENMENT, INC.
Virginia Beach, Virginia

with summary of treatment for proposed controlled clinical trial

by Walter N. Pahnke, M.D.

July, 1960

I. PURPOSE

The purpose of the research which formed the basis for this report was to study all known cases of Leukemia in the Edgar Cayce readings in order to summarize the program of treatment suggested as well as to set forth any etiological factors mentioned. These data can then be used as the basis for further research in the form of controlled experiments by qualified physicians to determine the worth of the suggestions. The summary of treatment is not to be taken as an endorsement by the writer. The validity of the data must be decided by careful subsequent research. The etiological mechanisms described are meant to be considered as theories to be proved, and not facts already established.

II. DATA:

In the indexing of the Edgar Cayce readings 23 readings given for 11 people have been classified as Leukemia. However, after careful study of the material with subsequent follow-up research, only 7 cases (16 readings) show a reasonable certainty of having been Leukemia by confirmation with certified photostats of death certificates or hospital record summaries or in the file correspondence with doctors or patients. The following discussion is based on these 7 cases:

- 13: Acute Monocytic Leukemia (Death Certificate) 2 readings
- 534: "Leukemia" (Newspaper report) 1 reading
- 1174: Lymphatic Leukemia, aplastic stage (Hospital record summary) 1 reading
- 2456 Acute Lymphatic Leukemia (Doctor's letter) 6 readings
- 2488 Acute Lymphatic Leukemia (Hospital record summary) 2 readings
- 3000 Leukemia (Patient's letter with history and doctor's diagnosis) 2 readings
- 3616 Lymphatic Leukemia (Patient's letter with doctor's diagnosis) 2 readings

In passing it might be noted that 4 of the cases studied (7 readings) were designated as Hodgkins Disease rather than Leukemia:

- 177: (Death certificate) 2 readings
- 2621: (Death certificate showing results of post mortem) 3 readings
- 3007: (Doctor's letter) 1 reading
- 5360: (Patient's letter giving doctor's diagnosis) 1 reading

Case 2621 presented etiological mechanisms and treatment similar to many of the Leukemia cases (see below).

III. SUMMARY OF TREATMENT BY TYPE:

A. Electromagnetic Vibrations

1. Ultra-violet Light

U-V light (mercury quartz) was to be used forty inches from the body with a green-stained glass plate (at least 10 x 12 inches) suspended between the source of U-V light and the body (2456, 2488, 3000, cf, 2621-Hodgkins). The treatments were to be over the dorsal aspect of the body for not more than a total of 5 minutes and not more than 1-11/2 minutes in any one spot with special emphasis to the spleen and rib area. This treatment was to be given one to two times per day.

2. Infra-red Light

In 2456 it was indicated to apply this for 35 to 40 minutes every other day to the cerebrospinal area as a stimulation for the deep therapy produced to the structural portions (bones) along the rib area. Also in 3616-2 infra-red was recommended for the back and the area over or opposite the spleen.

B. Physiotherapy

1. The body was to be massaged with a mixture of grain alcohol and peanut oil along the spine, especially D5, D6, D7 after the ultra-violet treatment (2456, cf. 2621-1-Hodgkins).
2. Osteopathic manipulations were to be given to coordinate 9D, the brachial plexus, and the upper cervicals with the sacral and lumbar areas (2488-1).
3. The wet cell appliance was recommended in the manner that the radioactive appliance was ordinarily used (see 3000-3).

C. Drugs

1. Iodine trichloride (brand name: Atomidine):

The dose was to be started with one to two drops in 1/2 glass of water and then increased stepwise until 5 to 15 drops were being given. The drug was then stopped for 5 to 10 days when the process was to be repeated (534, 2456, 3616, cr. 2621-Hodgkins).

2. Ventriculin (the intrinsic factor made from animal gastric mucosa and ordinarily used in the treatment of pernicious anemia): No specific dose was mentioned; therefore the usual adult dose was assumed (534).

3. Atropine in a dose of 1/80 grain was to be given 3 to 10 minutes before any transfusions (534).

D. Transfusions (534, 1174, 2456).

E. Additions to the Diet

1. Beef Juice was to be prepared as follows:

Get your grocer to cut a pound of lean beef into small cubes. Put the cubes (only the lean, remove all fat) in a covered fruit jar. Put jar inside a pan of water (water coming to about half the depth of the jar.). A cloth may be put in the bottom, around the outside of jar, to insure not breaking or cracking the jar. Boil until chunks of beef are thoroughly done. Strain. Keep juice in cool place.

The quantity recommended was two to four teaspoons per day to be taken one teaspoon at a time and sipped slowly so that each sip of the juice could be mixed thoroughly with the juices of the mouth before swallowing.

2. Liver was to be prepared in many different ways but as a general rule as rare as possible. Also it was supposed to be better to take it by mouth rather than by injections (although liver extract was advised in 2488, cf. 2621-1 Hodgkins).
 - a. Broiled rare (3616).
 - b. Ground and steamed in patapar paper (2456-4).
 - c. Liver pudding (2456-1, 3000-3, cf. 2621-1 Hodgkins)
To be prepared as follows:
½ pound ground calf's liver
½ cup blood (which you can get butcher to save from grinding the liver)
Butter a pan six inches across and two inches deep. Season the liver with salt to taste and piece of butter the size of a walnut. Melt and mix with liver, then pour blood over the liver. Run in hot oven about ten minutes.
 - d. cf. 2621-1-Hodgkins where liver juice was recommended:
To be prepared in the same way as beef juice, but using calf's liver and to be taken in as large quantities as the body could tolerate.
3. Orange Juice (2456, 2488, 3616) (cf. 177-Hodgkins)
The juice was to be squeezed and drunk fresh from tree-ripened Florida oranges—all a person could drink in a day (at least 6 to 10 glasses).

IV. DISCUSSION OF TREATMENT AND POSSIBLE ETIOLOGICAL FACTORS:

Not a large enough number of cases was available to be able to discern any outstandingly significant pattern in the types of treatments recommended. In the seven cases some type of liver was suggested in four (2456, 2488, 3000, 3616); U-V light with a green glass in three (2456, 2488, 3000); infra-red light in two (1174, 3616); beef juice in three (534, 3000, 3616); orange juice in three (2456, 2488, 3616); and Atomidine in three (534, 2456, 3616). All that can be concluded is that these are the types of treatment most frequently suggested in the small number of cases present in the readings.

The cause of Leukemia was not given in a detailed way but some general suggestions were advanced. A disturbance in body catabolism was noted (3000) and loss of the energies of anabolism (assimilative forces). "Infection" through the spleen was linked with an excess of destructive forces in the lymph. (2456). The nature of this "infection" was not spelled out—whether bacteriological, viral, or some other type of destructive force. Infection as a medical term would imply some type of disease process able to be transmitted from one individual to another, but the readings did not elaborate. It is a medical fact that the red cell count decreases and the white blood cell count mounts in Leukemia. In the reading this destructive process chiefly of red blood cells was linked to an overactivity and "infection" of the spleen. This "infection" could mean mainly an

overabundance of white blood cells, although in 1174 a “strep in the blood supply” was mentioned.

The whole process of the disease was said to be caused by a glandular disturbance from unbalanced chemical reactions in the body (2456, cf. 2621-Hodgkins). This could point toward a biochemical cause of the disease. The reading specifically mentions iodine deficiency. This could be the rationale for advising iodine trichloride (Atomidine) as a gland stimulant. In 1174-1 the thyroid gland was mentioned in particular. A lack of proper activity of the structural portions of the body (3000-3) could refer to the red blood cell producing capacity of the marrow especially the ribs (which are mentioned specifically). These portions of the body could in turn be affected by the glands. Mention was also made of the activity having become static in the cerebrospinal system centers which control the marrow production from the ribs. (2456-2). Apparently an attempt was made in the treatment to stimulate these centers through ultra-violet and infra-red light as well as manual massage.

The order of cause and effect was indicated most clearly in 2456 where a lack of iodine in the system was said to cause an imbalance in the glandular forces which in turn cause an “infection” (or overabundance of white blood cells) in the spleen. This “infection” in turn caused a disruption of the anabolic-catabolic balance of the body and what the readings described as a “dryness or hardness” of the lymph along the ribs and spine. Disturbance of the anabolic-catabolic balance then presumably was what affected the marrow and the control of the production of red blood cells via the cerebrospinal centers. The liver was supposed to provide factors which aided the manufacture of red blood cells. The mechanism of these cause and effect relations was not described.

It is interesting to note that in one of the four cases of Hodgkins disease in the readings (2621, which was called Hodgkins in the reading itself and confirmed by autopsy) the etiology and treatment is very similar to that discussed above—e.g. etiology: biochemical imbalance; treatment: ultra-violet light with green glass, Atomidine, liver, beef juice. Reading 1779-5 (monocytic anemia with white blood cells mounting toward leukemia), which was rejected from the above analysis because of insufficient supporting evidence for a definite diagnosis of leukemia emphasized the spleen and suggested Atomidine as part of the treatment. These similarities hint at the possibility that perhaps there are some similar underlying biochemical mechanisms having to do with the endocrine glands and the spleen in various diseases of the blood.

V. CONCLUSIONS:

1. The small number of cases (seven) does not constitute an adequate sample upon which to base definite conclusions about the worth of the various treatments suggested or the validity of the etiological mechanisms described or implied. In the cases studied there was poor follow-up in regard to what extent the recommended treatment was actually followed. Also many of these cases were terminal when the readings were obtained.

2. Although the number of cases is too small to show a statistically significant pattern of treatment which may be taken as normative or average for the readings, hints may be suggested for future basic medical scientific and clinical research which may yield more definite results in regard to etiology and treatment. One of the most interesting ideas is that a basic lack of iodine interferes with the proper functioning of the

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endocrine glands, and therefore, affects the biochemistry of the body to cause the disturbance of the spleen and bone marrow which in turn affect the numbers of both red blood and white blood cells. This suggests a basic biochemical cause of the disease. Controlled clinical experiments could be conducted to test the value of a treatment regimen consisting of combinations of the most frequently suggested types of treatment in the leukemia readings: ultra-violet light with green glass, infra-red light, Atomidine for gland stimulation, and additions to the diet (i.e. liver, beef juice, and orange juice).

3. All of the readings having to do with diseases of the blood such as the various anemias and Hodgkins disease should also be studied in detail to provide a basis for comparison with the treatments recommended and the etiologies suggested for leukemia.

INDEX OF READING 71-1 M ADULT

Air: Sand: Sea: Sun: Debilitation: General	Par. 8, 9
Appliances: Radium XX: Debilitation: General	Par. 9, 11
Circulation: Poor: Debilitation: General	Par. 4, 5
DEBILITATION: GENERAL	
Electrotherapy: Ultra-Violet Light: Debilitation: General	Par. 8, 9
NERVOUS TENSION: DEBILITATION: GENERAL	
Osteopathy: Debilitation: General	Par. 8, 9
Physiotherapy: Baths: Sun: Debilitation: General	Par. 8, 9
Prophecy: Prognosis: Debilitation: General	Par. 9
Rest: Debilitation: General	Par. 3, 7, 9
Spleen: Enlarged	Par. R1

BACKGROUND OF READING 71-1 M ADULT

B1. 4/25/27 Letter: "I want you to give me a complete reading of my system."

TEXT OF READING 71-1 M ADULT

This psychic reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 19th day of May, 1927, in accordance with request made by self - Mr. [71].

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 4: 40 P. M. Eastern Standard Time.

Ky.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time, giving the cause of the existing conditions, also the treatment for the cure and relief of this body.
2. EC: Yes, we have the body here.
3. Now, we find that the body has, in a manner, overtaxed itself, and when the body should have been resting the body has been laboring, and in the general debilitation that has been brought about by this condition there was set up specific conditions (and some that may become serious, unless corrected).
4. While there is little functioning trouble, in the sense of the organic conditions, yet the organic organs IN functioning bring the distresses; for the replenishing to the system has been lax. Hence we find, were the organs supplied with that vibration necessary that would give the proper incentives in functioning, the organs would reproduce those conditions necessary to keep an equilibrium or balance throughout the system. As conditions exist, we find an impoverished and impaired circulation. That in itself produces bad color, bad reaction in elimination. The conditions brought about by poor elimination leaves sediments in the system. Hence the disturbances as are created in various portions of the tissue, and in the ligament at times, and the general debilitation as follows from same. Naturally, with an overtaxed condition, we find the body very nervous, in that while there are times when the body may control self, there are others when the irritation to the nerve system is so intense as to be upsetting, mentally and physically, to the body.
5. The digestion suffers under this nerve strain, as it does from poor blood supply and poor circulation.
6. The organs themselves show the lack of stimulation, rather than of defunct conditions within self, or the lack of ability to function nominally from the nerve supply and from the blood supply.
7. Then, to bring about the better condition for this body, we would first give the body should rest from the labors, soon - for four to six (4 to 6) weeks.
8. While such is being done, stimulate, osteopathically, the whole nerve system, by the gentle massage and adjustments along the whole cerebro-spinal system. Two (2) such adjustments each week would be sufficient, and the body should either have sun baths at such rest periods, or those of the Ultra Violet Ray applied after such treatments. The better would be sun, salt, and sand, and these - with gentle massage at or after such sand, sun and salt water baths - would bring the rejuvenation to the nerves, and build up the blood supply.

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9. The rejuvenation in blood will be stimulated also by the use, or the wearing of the Double X Radium Appliance. This will increase the red blood supply, and with the diet, the air, the change, the manipulation, will - within the four to six (4 to 6) weeks - build the body, [71], back to near normal.

10. Do that.

11. Wear the pad over the solar plexus center, for the radiation there will give the greater strength to the body. Wear only in the daytime, see? and not when taking sun baths, sand baths, or treatments.

12. Do as given, and we will bring the normal forces for this body.

13. We are through for the present.

REPORTS OF READING 71-1 M ADULT

R1. 5/26/27 Letter: "In reply to your reading will say I think you have described my trouble very nicely as I have been bothered with enlarged spleen which causes bad blood condition.

"I am also enclosing to you \$10 and ask you to give me a business reading, also any other service or advice you can give me in regard to my trouble. I am engaged in mercantile and auto business at several different points."

R2. 7/18/27 Letter: "In reply to your letter will say I think I am getting along fine; am very much better than I was at the time of your reading.

"Would like for you to go over my case again about the 24 report on my circulation, also the condition of my spleen. I am using the belt in the daytime but not at night. I notice the direction with the belt said wear it on my back in the day and on my stomach at night."

R3. 9/1/27 Sister [4241] requesting a Physical Reading: "My brother, [71], has been greatly helped by your advice."

R4. 9/8/27 See 71-2.

INDEX OF READING 71-2 M ADULT

Appliances: Radium XX: Debilitation: General	Par. 6, 9-A
DEBILITATION: GENERAL	
Diet: Spleen: Engorged	Par. 5, 7
Exercise: Air: Debilitation: General	Par. 7
Healing: Consistency & Persistency	Par. 7
Leukemia	Reports
Nervous Tension: Debilitation: General	Par. 6
Rest: Debilitation: General	Par. 6, 7
Spleen: Engorged	Par. 5

BACKGROUND OF READING 71-2 M ADULT

B1. See 71-1 including Reports.

TEXT OF READING 71-2 M ADULT

This psychic reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 8th day of September, 1927, in accordance with request made by self - [71].

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Gladys Davis, Steno. Mr. L. B. Cayce.

R E A D I N G

Time of Reading 11: 00 A. M. Eastern Standard Time.

Ky.

1. GC: You will give the physical condition of this body at the present time, with suggestions for the improvement of same, giving the condition of the circulation and the condition of the spleen.
2. EC: We have the body here. We have had this before.
3. Now, we find there has been much improvement in the general physical forces of this body from that as we have had here before. While the body has felt better than it has in the last week or ten days, yet the general physical forces of the body show improvement.
4. The circulation we find has improved, and not to the detriment of any of the organs as have been thrown out of balance, as it were, by this disturbed condition in the circulation.
5. The spleen - while still some engorged, yet indiscretions in the eating, and the overtaxing of the body physically, has brought about these disturbances that have come recently for the body, and the appearance of the heaviness in the feet, the inactivity of the digestive system - these are the results of taxation to the physical forces of the body and should be eliminated through those channels in the way and manner as has been outlined for the body to keep.
6. The changes for the environmental condition of the physical forces of the body were for the improvement of those conditions that were given for the change, in the thinking - as it were - which, as is seen, gives too much taxation to the mental and physical of the body for the better physical condition, or too much work and too little recuperation, or too little relaxation. This being of a continual condition has gradually built up in the system that in which the system had attempted to meet the needs of the condition. Hence the changes as were necessary in the vibratory forces of the system by the application of those vibrations as were given from the active forces in the pad as was used - and being used by the body. This, as we find, has assisted a great deal, yet this we would have recharged again at the present time, see? Radium active pad should be recharged, and this worn by being recharged at least once every day again, see? Keep this for the body, for the vibrations are necessary.
7. Be more careful of the diet, and DO NOT overtax the self too much! Take more recreation out of doors. Be consistent with this, and be persistent. Early morning exercises are well, and to tire the body physically is well for the body; but tire the body physically by outdoor action, rather than strain, standing on feet, and being confined indoors, see?
8. Keep up these conditions, and we will find the greater improvement for this body, [71].
9. (Q) Will it be necessary to send the pad to the factory to be recharged?

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(A) Be necessary to send the pad to factory - that is, this would be better - for too long has it been kept without recharge from sun's rays, until it would be necessary to have the radiation from Radium again for recharging.

10. We are through with this reading.

REPORTS OF READING 71-2 M ADULT

R1. 4/6/28 Letter: "I have been bothered with leukemia. My white blood count has been running as high as 200, 000. I would like to know the cause of the trouble, also what you think is the best remedy for the trouble. Give me a thorough reading."

R2. 5/15/28 See 71-3.

INDEX OF READING 71-3 M ADULT

Air: Sand: Sea: Sun: Leukemia	Par. 1
Anemia: Leukemia	Par. 2
Appliances: Radio-Active: Leukemia	Par. 2
Diet: Blood-Building: Leukemia	Par. 2
Exercise: Air: Leukemia	Par. 1, 2
LEUKEMIA	
Osteopathy: Leukemia	Par. 2
Physiology & Anatomy: Leukemia: Tendencies	Par. 1
Rest: Leukemia	Par. 2

BACKGROUND OF READING 71-3 M ADULT

B1. See 71-1 and 71-2 including 4/6/28 letter indicating he has leukemia, white blood count of 200,000.

TEXT OF READING 71-3 M ADULT

This psychic reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 15th day of May, 1928, in accordance with request made by self - [71].

P R E S E N T

Edgar Cayce; Mrs. Cayce, Conductor; Gladys Davis, Steno. Mr. L. B. Cayce.

R E A D I N G

Time of Reading 11: 10 A. M. Eastern Standard Time.

Ky.

(Check Physical Suggestion)

1. EC: Yes, we have the body here - this we have had before. Now we find quite different conditions existent with the physical forces of this body at present than that as we have had before. In many ways the conditions are better. In others we find conditions have arisen that cause some uneasiness and distress to the body. This, in the main, is the result of an over-anxiety for the welfare and not carrying out of the full instructions as given respecting that necessary to bring about the near normal condition for the body. In that the blood supply has shown such a decided change from that existent in the former period, is that there was not a normal equilibrium kept in the replenishing for the rebuilding in the system, and when the system had that incentive to build the white blood supply, or resistance, and not kept normal by the outdoor, sand, sea, or air exercises as were GIVEN to keep a normal balance with the changes, there began then in excess of their portion of the system to add that to the system. Hence we have that tendency of the increase in the numbers of white blood and leucocyte supply, and an excess in that of a normalcy for the body.

2. Then, to meet the needs of the conditions at the present time, would be to rest CONSIDERABLE from the daily labors, and to add iodine and potash to the system in a vibratory way and force, that would counteract this tendency as has been created; using at the same time that of the osteopathic manipulations to adjust and produce a normal assimilation through nerve impulses and plexuses of the system, watching the diet - that same is kept in accord with that necessary to build up the blood stream. The manner of administering the iodine and potash would be through the Radio-Active Appliance, which should be taken at least two hours each evening - not at night, but EVENING - when the body should rest entirely through that period, for at least thirty days - see? then we will find, with this care taken - this followed closely - a nearer normal condition for the body. Do that. Sand, sea and air, with rest and manipulations, with those vibratory forces as are given here - both may be taken (the iodine and potash) through the same appliance, though should be taken from DIFFERENT vial of properties, see? The tincture of iodine in solution, and a forty percent (40%) solution of potash, see? to keep a balance. The appliance should be made, the negative attached to the umbilicus in both instances, and the iodine attached (that is, in the iodine appliance) to the wrist, and with the potash attached to the ankle, see? The positive to the wrist and ankle, and negative of iodine and potash attached (of a larger circular disc) to the umbilicus, and attaching the last one - that is to the umbilicus - after the one is attached to the wrist. This, as seen, will overcome this tendency for the increase in the white blood supply of the body, or towards

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anemia in a form, and that in a form that unless followed and brought near normalcy! Necessary for the manipulations that same as for the other things, and just as necessary for the diet and for the air and the rest, as for any other portion of it. Do as we have given if we would bring the best conditions for the body! We are through for the present.

REPORTS OF READING 71-3 M ADULT

R1. 5/28 Reply to questionnaire sent with the reading: "You have described my case exactly and I will carry out your suggestions."

INDEX OF READING 534-1 F 4

Blood: Transfusions: Leukemia	Par. 3
Diet: Beef Juice: Leukemia	Par. 5, 9-A
Doctors: Fogel, David H.: M.D.	Par. R5
: Pahnke, Walter N.: M.D.	Par. R6
Injections: Hypodermic: Atropine: Leukemia	Par. 2
LEUKEMIA	
: General	Par. 8
NAMES: PEOPLE MENTIONED: ALOSIO, THEODORA	
: GARRETT, ROMA	
Prescriptions: Atomidine: Leukemia	Par. 4
: Ventriculin:	Par. 5, 9-A

BACKGROUND OF READING 534-1 F 4

B1. 4/4/34 Clipping from New Rochelle, N.Y. CITIZEN:

Roma Garrett Improving As Tests Are Made

She is Being Fed On Diet Heavy In Iron And Of High Vitamin Content

Grasslands Hospital had good news of Roma Garrett today. She was holding her own in a battle against practically inevitable death after a day of sinking spells yesterday.

Doctors at the county hospital hope the little Peekskill leukemia victim can live until her fifth birthday next month.

A diet heavy in iron and of high vitamin content has improved the wasted condition of the little patient since she arrived here last Friday. Further course of treatment has not been definitely decided upon.

Leukemia is a recently discovered disease of the blood in which the white blood corpuscles - fighting the never-ending battle in the blood-stream against disease - gain the upper hand also over the red corpuscles. Gradually, slowly, but so far inevitably in spite of everything science can do, the life-giving corpuscles are killed off. The Patient grows weaker and weaker, is overcome in increasing intervals by lassitude, the limbs are heavy with weariness, and finally a coma envelopes all and continues until death.

Roma, the eldest of four children of the Fred O. Garretts of North Division Street, Peekskill, is being treated at present solely through diet.

Further blood tests are being made first to determine whether the white blood corpuscles are being poured into the bloodstream from the lymphatic glands or from the long bones of the arms or legs. Depending on the sources of the disease - if it can be discovered - the treatment will differ.

X-rays have succeeded in other cases in checking the ravages of the disease and they may be tried for Roma. So long as Roma holds her own doctors will not try X-ray treatment until they determine from blood analyses whether that course is called for.

Blood transfusions have not been considered for her type of leukemia, the doctors said. If she sinks donors will be asked for and transfusions will be given to keep the little girl alive while scientists work against time in the laboratories seeking a preventive or a curative agent.

Meanwhile; Roma remains in good spirits, unaware of the two ...[?] and almost hopeless battles going on simultaneously in her blood and in the hospital laboratories. In the one the red blood corpuscles fight for time while medical science in the other seeks to pierce the mystery of the baffling disease. Since its discovery doctors have found leukemia rather common in patients formerly thought to be suffering from anemia or rheumatic fever.

B2. 4/7/34 Clipping from *New York American: Joy In The Shadow Of Death*

Parents of Leukemia Victim Still Hopeful of Recovery

While science says that death is inevitable for four-year-old Theodora Alosio, suffering from leukemia, her parents are clutching at the thin straw of newspaper publicity in the hope that somewhere somebody will read of the case and come forward with a hitherto unknown cure.

The child, resting amiably in her bed at Christ Hospital, Jersey City, may have another blood transfusion today. But Dr. Peter Manno, of the hospital, holds out no hope.

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For 30 years science has battled the disease and made no progress - by the use of X-ray, radium, transfusions or arsenic. Doctors are no closer to a cure than they have ever been.

Edward Alosio, father of the child, has offered the girl to science, if not to save her life, then to point a way to save the lives of other children. He and his young wife, Anna, offer to do anything helpful.

Leukemia is a blood disease in which the white corpuscles devour the red ones.
[GD's note: See Par. B1 clipping above sent EC by someone else, about the same time, on little 4 yr. old Roma Garrett dying with leukemia in the Grasslands Hospital, New Rochelle, N.Y., hoping EC can do something to help.]

B3. See Source File Key #534 for photos and captions associated with above clippings in re 534-1.

B4. 4/14/34 Mrs. [255]'s letter: "Mrs. [509] and I just visited this [Alosio] family and feel the mother has an open mind. We hope that you will soon give the reading. Send no copy to Dr. Rubin [H. H. Rubin, M.D.?], just two to me and one to the mother. She hopes her own doctor will take the case. That would be fine. We always have Rubin in the background. Ask about the diet, please."

TEXT OF READING 534-1 F 4

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Virginia, this 16th day of April, 1934, in accordance with request made by Mrs. [255], Active Member of the Ass'n for Research & Enlightenment, Inc., immediately following emergency Ck. Physical 533-2.

P R E S E N T

Edgar Cayce; Mildred Davis, Conductor; Gladys Davis, Steno. L. B. Cayce.

R E A D I N G

Time of Reading 3: 40 to 3: 45 P. M. Eastern Standard Time. Jersey City, N.J.

(Physical Suggestion) [M.D. held newspaper clipping in her hand.]

1. EC: [He repeated name, Theodoria Alosio, about a dozen times before starting with reading.] Yes, we find the experimentations that are being made with this body are at the present somewhat more hopeful than has been and is ordinarily found in conditions of this nature and character, in one of such stages.
2. Should there continue to be the decrease in the red blood count - don't make so MUCH disturbance, but - we would suggest that there be first a minute injection to the body of the properties that tend to make for the drying of lymph. Atropine, see? First make this injection - one-eightieth of a grain, hypodermically. Preferably make this in the area near the spleen.
3. In at least three to ten minutes after this is given, or during the period when it is having its effect, give a transfusion that is as near as possible what the normal blood SHOULD have been. See?
4. And immediately after the transfusion begin giving Atomidine internally, three drops four times each day.
5. Also, as the foods, give beef juice and the enzymes that carry the iron - or the Venacular [?] [Ventriculin?, vernacular?], that is reduced in strength.
6. And we should save these conditions.

7. Should it continue on the improve from the present applications, forget it! And this depends upon whether one of the things as intended to be done today is done or isn't done, see?

8. Should there be the response, we find that these applications would be the most effective for those with leukemia, in such stages of development - or ages.

9. (Q) What would you advise regarding diet?

(A) Beef juices principally, and the enzymes. Beef juices will make a very well balance, but keep those things that make for gradual building.

10. We are through with this reading.

REPORTS OF READING 534-1 F 4

R1. 4/16/34 Immediately following 534-1 Mildred Davis asked EC if he had any experiences during the reading. He said, "The Master was right there by you." When MD asked what He was doing, EC said "Just looking on," and explained that He had a beard and seemed to be looking over MD's shoulder rather than at her.

GD criticized MD for the method in which she gave the suggestion for the two readings, saying that GC would have taken 534-1 first, and then the Ck. Physical 533-2, whereas MD gave a First Physical Suggestion at the beginning of 533-2 instead of a Ck. Physical. MD triumphantly stated that it turned out alright, since both [533] and [534] seemed to get a good reading. [See GD's note under 534-2, Par. 8-A.]

R2. 4/16/34 GD's letter to Mrs. [255]: "We are sending the original copy to you also, as you will have to judge by the child's conditions as to whether the reading should be presented or not. Apparently, the enzymes are put up under different names. There is an enzyme combination called Ventriculum which carries iron, but in this reading it sounded like VENACULAR. [vernacular?] The doctor should know.

You are familiar with the Atomidine; I'm enclosing one of Dr. Bisey's booklets on it. The Atropine would have to be injected by a physician, of course.

I certainly hope this reading has been worth while, and that you can get it followed. It seems that this same treatment would be good for that little Roma Garrett also, who is the same age. Love. Let us hear." Gladys

R3. 4/18/34 Mrs. [255]'s letter: "Just as the reading came, I was going to send you enclosed clippings, hoping thereby to prevent your giving it. But it is strange, is it not, that the reading did not say the child [534] had passed on Sunday [4/15/34], the reading taking place on Monday afternoon? Some day please ask for the reason of this - perhaps the child - but then I will not say what I think. I had no idea the time was so short, - well, God did not wish it to be that way. I had hoped to be able to do something worth while for your work, but it was not to be."

R4. 4/20/34 See 534-2.

R5. 10/28/52 Comment by D. H. Fogel, M.D. (heart specialist), who made a study of the following possible cases of leukemia from the Edgar Cayce records: [13], [534], [1174], [1392], [1905], [2208], [2456], [3000], [3616].

INDEX OF READING 534-2 F 4

CLAIRVOYANCE OF E.C.: INCORRECT?

Leukemia: General

Par. 9-A

WORK: E.C.: READINGS: ATTUNEMENT

: Staff

Par. 8-A

: Stenographer

Par. 8-A

: VALIDITY

BACKGROUND OF READING 534-2 F 4

B1. See 534-1 on 4/16/34 for leukemia and subsequent Reports indicating that the child died on 4/15/34, the day before the reading was given.

TEXT OF READING 534-2 F 4

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Virginia, this 20th day of April, 1934, in accordance with request made by Edgar Cayce himself, Honorary Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Mildred Davis, Conductor; Gladys Davis, Steno. L. B. Cayce.

R E A D I N G

Time of Reading 12: 00 to 12: 15 Noon - Eastern Standard Time.

1. MD: You will have before you the information given thru this channel last Monday afternoon, the 16th, regarding the leukemia case of [534]; also our material questioning as to why this information was given - since the child had passed on the day before - and why it was not told in the reading that she had died. Was the reading given on the child, or simply on the condition? Please explain to the satisfaction of all concerned. Was the information taken from the period of seeking, or from that very moment the reading was being given? Is this why we should always have a definite appointment for a reading, with everyone in attune and seeking? You will answer the questions which may be asked.
2. EC: In seeking information through such a channel, oft has it been given as to what factors enter in. Not that we would excuse what to a scientific mind would be a gross error, indicating that little credence could be put in such material information. But if the proper consideration is given all facts and factors concerning each character of information sought, as has been given oft, the information answers that which is sought at the time as in relationships to the conditions that exist in those forms through which the impressions are made for tangibility or for observation in the minds of others.
3. Consider this particular case, then: The desire on the part of others to present that which might, perchance, be spectacular, that made the impression or influence that - irrespective of facts - there must be presented that which would be of interest on such a condition. And, as indicated by that given, the condition - rather than the individual - was given as a basis for scientific or other experimentation. For, as was given, the test being given, should this prove not helpful, then this as an alternative - or for the next case - may be tried.
4. Hence we find this becomes confusing in the minds of those that have not comprehended what is meant to be given respecting such individual conditions.
5. Then, of what value is this experience in the minds, in the lives, in the activities of those that - in their desire to be of help - sought? And to those who surround this channel of information, as they desired to also be of help; yet to each this must be as a failure, as a condition when all things may be questioned in their own selves.
6. Then, as the channel has proven - and, as has been given, only when credence can be found - in the minds of those that experiment - may that credence be expanded upon. But ALWAYS must it be in keeping with those things that partake of the spiritual life itself. There must not be those things that would make for any desire to laud or praise or what not, but rather in the attitude, "God, Thy will be done in me, through me." Not, "My brother do this for the Lord will, through what I have said, give thee strength." No. "The

Lord bless thee, the Lord keep thee, “ for nothing may be done of ourselves, but as He, the Father, through the Son, gives, that may be helpful, hopeful and a BLESSING in the experience of all.

7. Ready for questions.

8. (Q) Why is it that at times it is apparently so necessary that a body be at a definite location before we can obtain a reading, while at others the reading is given anyway from the “vibrations” of the body surroundings, etc.? [See 462-4 on 12/5/33.]

(A) The character of the desire, as may be learned in the study of DESIRE in the life. [See [262] series of Search For God readings.] Here we find many questions that make for the materialist to say (and rightly so), “Because there are the requirements of this or that, it becomes hokus pokus, monkey business, nothing worth while.” Yet the desire of individuals, as given - that one seeking, whether it be from the spiritual basis of “Thy will be done” or from that of “I must succeed in materiality” or “I must know for myself,” these make for conditions in the lives of all those about the body, or about the channel, or those about the one to whom such information may be directed; and, to be sure, alter that which may be given. For, Life, God, whether cramped or flourishing, gives forth that it has under the environ in which it is.

Understand that, all, as you approach for information. This has been given again and again. When there is a question in the mind of the seeker, when there is a question in the interrogator, when there is a question in the recorder's mind, THESE must influence that interpretation of that seen by the channel through which the information comes.* For, the soul of this man, [EC] my child, goes out into that realm from which such information may come. And “may come” is as to “How readest thou?”

9. (Q) Is it best for this Work that such information be used for a so-called miraculous cure of a case that has been widely advertised?

(A) As given, and as given then [in 534-1], that given for such conditions - for it's the condition rather than the body for which this is given - would prove helpful; as a basis that many another body in its own experience might gain the greater experience; if God wills. We are through.

* [6/12/57 Note by GD: In all fairness to those who attempt a close study of this case, I must mention that there was a terrific karmic situation at the time between MD and GD. MD was conducting the reading in GC's absence. GD resented this. Who knows what effect was had on the channel by these conflicting emotions in those closely associated with EC at the time. Also at the time, as indicated in my [GD's] letter to Mrs. [255], I was greatly desirous that information be given to help little Roma Garrett, clipping of whose case is used in the background of 534-1.]

REPORTS OF READING 534-2 F 4

R1. 4/23/34 EC's letter to Mrs. [255]: “Regarding the information for the little child, if I understand correctly the enclosed reading - and what Miss Gladys and them tell me that happened when we tried to get the first reading, it can possibly be well understood that the information was intended for any subsequent experiment that might be had with such a case and had little to do with the individual case. Possibly many would say we are trying to draw on our imaginations, but if the whole circumstance is put together it can be very well understood - according to the information we have had as to how and why information comes through this channel. We are enclosing what was gotten, then, so that you may be able to compare and draw your own conclusions.”

INDEX OF READING 1174-1 F CHILD

Blood: Transfusions: Streptococcus	Par. 2, 3
Doctors: Pahnke, Walter N.: M.D.	Par. R3, R4
Hospitalization: Children's Hospital of Michigan	Par. R3

LEUKEMIA

STREPTOCOCCUS

BACKGROUND OF READING 1174-1 F CHILD

B1. 5/17/36 Phone request to HLC via Mrs. [601]: Two transfusions already; don't know what's the trouble.

TEXT OF READING 1174-1 F CHILD

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 17th day of May, 1936, in accordance with request made by the uncle - Dr. [...], through Active Membership of Mrs. [601], in the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 7: 00 to 7: 10 P.M. Eastern Standard Time. Detroit, Michigan.
(Physical Suggestion)

1. EC: Yes, we have the body and the record here, [1174].
2. As we find, this has not been entirely understood. Not only is there the strep in the blood supply that is destroying the strength, or that plasm in same for keeping up the vitality, but this is destroying that in same, see? so that the continued action of this, unless it is checked by the injection WITH the blood stream, or with the giving of blood in transfusion, that which will cause a reaction in the glandular forces as to start production of that from the glands of the thyroid as well as from those through the assimilating forces, these will eventually - and must - destroy the vitality.
3. Then, with or at the time of transfusion, we would give twenty cc's of iodine with saline as to produce in the stream that activity to the internal activity of the glands that will produce these efficacious forces in the body.
4. The rest, the care, the assimilation of those forces as from more of enzymes that may be assimilated by the bodily forces should strengthen, should aid.
5. It should not be necessary for more than one, but at least three to five twenty-four-hour periods should elapse between any iodine injection.
6. Ready for questions.
7. We are through for the present.

REPORTS OF READING 1174-1 F CHILD

R1. 6/16/36 Mrs. [601]'s letter: "The doctors refused to cooperate with the suggestions for the [1174] child. They still do not know what is wrong with the youngster."

R2. GD's note: Because of the similarity of treatment recommended in the reading to previous Case [534], we tentatively indexed [1174] under leukemia.

R3. 8/15/60 Letter from Bess M. Simpson to Dr. W. N. Pahnke:
Children's Hospital of Michigan 5224 St. Antoine Street Detroit 2, Michigan Temple 3-1000

Walter N. Pahnke, M.D. 215 70th Street Virginia Beach, Virginia

Dear Dr. Pahnke:

Re: Case [1174]

This patient was first diagnosed as Lymphatic leukemia - aplastic stage in May, 1936. The blood picture corroborated the diagnosis when in August, 1936, a 46, 000 total white

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count with 94% lymphocytes were found. Attempts at bone marrow aspiration were unsuccessful.

The last admission was in November, 1936. At that time, she had had many admissions for the same condition and repeated transfusions. She was admitted in very poor condition, transfused, but expired a few hours after admission. Autopsy was not obtained. I hope that this information will be helpful to you.

Yours truly, Bess M. Simpson, R.R.L. Medical Record Librarian
A United Community Services and United Foundation Agency

R4. GD's note: In 7/60 when Dr. W. N. Pahnke studied 7 cases (16 readings) which we had so far indexed under leukemia, he included Case [1174] and obtained the above subsequent report from the hospital.

INDEX OF READING 1270-1 F 6

Bible: Books Of: II Timothy 2: 15 Par. 6

DEATH

LEUKEMIA

PROPHECY: PROGNOSIS: DEATH

Soul Development: Suffering Par. 4, 5

BACKGROUND OF READING 1270-1 F 6

B1. Born 4/4/30.

B2. 10/8/36 Mother's letter: "Her case has been pronounced incurable by 4 of our leading doctors and also by 3 specialists at Mayo Clinic at Rochester, Minn., at which place the case was diagnosed..."

"I sincerely hope and pray that through you we shall have a clearer understanding of her ailment and that we may be given something that will help cure her."

TEXT OF READING 1270-1 F 6

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 9th day of October, 1936, in accordance with request made by the mother - [...], new Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. L. B. Cayce.

R E A D I N G

Time of Reading 3: 30 to 3: 40 P. M. Eastern Standard Time. Pennsylvania.
(Physical Suggestion)

1. EC: Yes, we have those conditions that surround this body, [1270].
2. As we find, these might have been helped in the beginnings of these; but the advanced condition is such that not only is there the involving of same into the blood stream so that there is the hardening of tissue but there is the evolving of tissue into the fluid waters.
[GD's note: Leukemia?]
3. So, only to keep the body as easy as possible, and to maintain about this developing mind the BEAUTY of transition, is the help as we find that may be given.
4. A great deal might be given from the attitudes or phases of karmic forces, but for the material physical - to only make to the understanding mind the beauties of transition in the spiritual evolution of the mental and soul forces offers for the body and those about same that help, that stamina, that makes for a greater comprehending of the purposes of a soul's entrance into materiality, even though to suffer under those experiences and to bring - as it appears - little opportunity of material help.
5. Yet these experiences build into the warp and woof of each soul that which is a CONTINUED development for those that seek to know the ways of Divinity in its dealings with man.
6. Hence let each study to show THEMSELVES approved unto the Creative Forces. While these appear from the material view as very little, the hope and the promise that have been given are sure - if we hold to those and claim them by our dealings with others as our very own.
7. We are through for the present.

REPORTS OF READING 1270-1 F 6

None.

INDEX OF READING 1779-5 F ADULT

ANEMIA

COLD: CONGESTION

Diet: Blood-Building Par. 9

Doctors: Pahnke, Walter N.: M D. Par. R3

LEUKEMIA: TENDENCIES

Names: People Mentioned: Davis, Gladys Reports

Osteopathy: Leukemia: Tendencies Par. 6

Physiology & Anatomy: Spleen: Leukemia Par. 15

Physiotherapy: Massage: Peanut Oil:

Leukemia: Tendencies Par. 8, 13-A

: Packs: Atomidine: Par. 7, 13-A

Prescriptions: Atomidine: Anemia Par. 5, 13-A

: Yeast: Par. 14-A

Underweight: Anemia Par. 16-A

BACKGROUND OF READING 1779-5 F ADULT

B1. 12/8/39 See 1779-4.

B2. 3/5/41 Letter from [1779]: After a siege with an infected throat last fall, I tried to build up with iron and concentrated vitamins but without much result. In fact, the vitamins gave me heart pains and quite a pounding at the base of the brain. During the winter I took on some rather strenuous work which seemed to have made matters worse. I've stopped the work now but am jittery most of the time and my limbs are again getting numb very easily - perhaps you will recall my mentioning this when I first wrote to you two years ago. There has been no recurrence in between. However, there is a new factor now with regard to the white blood cells which for over half a year have shown a tendency to mount. They have been brought down with spleen injections, but as soon as they were stopped the count went up again. So I don't feel that that is getting at the cause. If you could suggest anything to avoid a possible development toward a leukemia condition, I should indeed be grateful. Also I am having no luck in putting on weight. I stay around 100 lbs. and consequently have no vitality. At present I am taking yeast tablets and bone marrow.

TEXT OF READING 1779-5 F ADULT

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 13th day of March, 1941, in accordance with request made by the self - Miss [1779], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 11: 10 to 11: 20 A. M. Eastern Standard Time., N.Y.

1. GC: You will give the physical condition of this body at the present time, with suggestions for further corrective measures; answering the questions as I ask them:
2. EC: Yes.
3. As we find, conditions indicated are some different and yet may be said to be a result of acute conditions arising from cold and congestion that has attacked the body, as it were, in the present.
4. Also there are those tendencies for the lack of assimilative activities sufficient to produce the proper amount of the red blood cellular forces.
5. First - in the present - we would take the Atomidine regularly in series; two drops in half a glass of water each morning before the meal is taken, for five days; leave off three days; take for five, leave off three - continuing in this manner for at least three to four such series.
6. We would again have the osteopathic adjustments, with special reference to the stimulating of those centers in the dorsal area from which the SPLEEN and liver receive their source of supply of energies. These adjustments we would have at least once a week.
7. Each evening we would apply over the spleen area a flannel dampened in Atomidine; that is, the left side of the upper portion of the abdomen; or from the stomach towards the left side, see? Then apply heat over this, as from an electric pad. Let this stay on for at least twenty to thirty minutes.
8. When the flannel is removed, then massage the area thoroughly with Pure Peanut Oil.

9. Be mindful about the diet, which has been outlined. Have plenty of all foods from which there are the more vitamins of the B series, as well as G and A; that we may have the strength-giving forces as well as the better blood supply.

10. Be sure to keep up the local applications each day, and the general or regular applications and care as we have indicated.

11. Do these.

12. Ready for questions.

13. (Q) What has caused recurrence of numbness in limbs?

(A) The deficiency in the blood supply. Hence the stimulating to more normal activity by the use of the Atomidine for cleansing the glandular forces, and then the application of the Peanut Oil to that particular gland of the spleen and the areas about same.

14. (Q) Should I continue yeast tablets and bone marrow?

(A) These are well for the eliminations, also for the better activities of blood building. Yes, we would continue same.

15. (Q) What causes mounting of the white blood cells, and what may be done to avoid a possible development towards leukemia?

(A) It is caused by an overactivity of the spleen. Use those things indicated.

16. (Q) May anything be suggested now to aid in putting on weight?

(A) This as we find will be a result of the better conditions generally; so that in the spring and early summer the body should put on weight.

Do these things indicated, and as we find we will bring better forces for this body.

17. We are through for the present.

REPORTS OF READING 1779-5 F ADULT

R1. 1/23/42 She referred Miss [2684] for a Physical Reading.

R2. 10/27/60 GD's letter to Miss [1779]:

Miss [1779] ..., New York

Dear Miss [1779]:

A young medical doctor is making a survey of the Edgar Cayce readings pertaining to serious cases of anemia [See Par. R3 below].

Not having heard from you in years I hesitate to write, but we do need to know whether or not you were ever able to check the anemia and build up your blood condition - whether through following the readings or by some other method?

Every now and then I receive one of [2091]'s letters and I do appreciate being kept on the mailing list. I have thought of all of you many times and wondered how things were going at ...

It would be good to hear from you again, aside from receiving the above needed information.

Sincerely,

[signed] Gladys Davis Turner, A.R.E. Secretary

R3. GD's note: Dr. Walter N. Pahnke studied Case [1779] when he made a study in July 1960 of 7 cases of leukemia (16 readings) [from the Edgar Cayce records], with summary

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of treatment for proposed controlled clinical trial. However, he did not include Case [1779] as he did not consider it a true case of leukemia.

R4. 11/18/63 GD's note: Above first class letter was not returned; however, we did not get a reply from Miss [1779].

INDEX OF READING 2208-1 M 32

Blood: Transfusions: Leukemia	Par. 4--8
Injections: Hypodermic: Blood: Leukemia : Iodine:	Par. 5, 10-A--13-A Par. 5, 10-A--13-A
LEUKEMIA : General	Par. 13-A
Prophecy: Prognosis: Leukemia	Par. 13-A
Research Potential	Par. 13-A

BACKGROUND OF READING 2208-1 M 32

B1. 5/12/40 Mrs. [1506]'s comment: "He has the myelogenous type of leukemia, discovered by him 2/6/38. White blood count 120, 000. High potential current used. Anemia for a while. Tried radio-active physiotherapy at Berkeley, California. Last stages. Conscious only part of time."

TEXT OF READING 2208-1 M 32 (M.D., Cancer Specialist)

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 12th day of May, 1940, in accordance with request made by the father - [...] through Mrs. [1506], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mrs. [1506], Mr. [1931] and Hugh Lynn Cayce.

R E A D I N G

Time of Reading 11: 00 to 11: 05 A.M. Eastern Standard Time. New York City.

1. GC: You will give the physical condition of this body at the present time; go over the body carefully, examine it thoroughly, and tell me the conditions you find; giving the cause of the existing conditions, also suggestions for help and relief of this body. You will answer the questions, as I ask them:
2. EC: Yes, we have the body, [2208].
3. As we find, the conditions which exist are the effects of the plasm in the blood supply - in the white and leucocyte - destroying the red blood cells.
4. This has been considered as a condition in which little or no relief may be had, other than the transfusions of blood as an aid to supply sufficient energies for the carrying on through the body.
5. We find that this may be materially aided for this body, if there will be the use of the blood of the body combined with Iodine - Tincture of; one c.c., - this at the time of the next transfusion given back into the body.
6. This effect is the lack of the cells becoming activated upon by the iodine - that is a part of the structural activity through the system.
7. Necessarily, this will require that some tests be made upon activities, or organisms, to get the reaction of same.
8. But this offers a means, a channel for aid for the conditions.
9. Ready for questions.
10. (Q) What percentage of the iodine solution should be given?
(A) As just indicated, this as to the percentage must be tested upon organisms in which blood is traceable to the same character of conditions existent in the organism, so that there may be the proper balance gained. The quantity, you see, would be as indicated.
11. (Q) How long will it take for recovery?
(A) Of course, this will necessitate more than one injection of same; but there should be seen longer and longer periods of the normal activity, if this is prepared and given as indicated. It should not require more than a few weeks to see the direct improvement.
12. (Q) How often should these injections be given?
(A) Again, as indicated, it is necessary that this be tested upon organisms.

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13. (Q) Will the suggestions given here be effective in treating Henry Werner Ketching, who is also suffering from what the doctors call Leukemia, and is now at the St. Luke's Hospital on Morningside Heights, N.Y.?

(A) These methods will be effective in treating any individual case of such natures. For, the fusion is made of the blood of the INDIVIDUAL, you see, but combined WITH the transfusions. When these are used, it will be found that there will be the ability to reduce the percentage of such cases more than fifty percent.

14. We are through for the present.

REPORTS OF READING 2208-1 M 32

R1. Report later by Mrs. [1506], he died on 5/17/40. They were not able to get the reading followed.

R2. 6/21/63 Memo by GD: Case [2208] has just now been processed and indexed; consequently it was not available for inclusion in Dr. W. N. Pahnke's breakdown, in July 1960, of 7 cases of leukemia from the Edgar Cayce records (16 readings).

INDEX OF READING 2456-1 M 18

Doctors Suggested: Taylor, Fenton: M.D.	Par. 5, 9-A, R2, R4, R5
Heredity: Influences: Prenatal: Leukemia	Par. 3
LEUKEMIA	
Names: People Mentioned: Kahn, David E. : Weinzimmer, Sam	Par. R1, R2 Par. R4
Psychosomatics: Leukemia	Par. 6
Surgery: Leukemia	Par. 4

BACKGROUND OF READING 2456-1 M 18

B1. 2/20/41 Mother's letter [following phone request]: "What doctor will cooperate best & quickest? What special diet? How long will it take to get results?"

TEXT OF READING 2456-1 M 18

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 22nd day of February, 1941, in accordance with request made by the mother - Mrs. [...], new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by Mr. Sam Weinzimmer and Mr. David E. Kahn.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 10: 45 to 10: 55 A. M. Eastern Standard Time. New York City.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving cause of the existing conditions, also suggestions for help and relief of this body. You will answer the questions as I ask them:
2. EC: Yes.
3. As we find, conditions are arising from those disturbances that have been partially prenatal and are infections that are gradually growing the more serious.
4. We find that this case will require close attention, and unless there may be a stoppage or a restraining influence operative measures would become necessary.
5. Then, as we find, under the direction of such as Dr. Fenton Taylor there may be brought the better OPPORTUNITY for the helpful forces as would be of a constructive nature.
6. The mental forces as well as structural portions of the body become involved in the disturbance.
7. These we would do, - and then we may follow with the counsels from this source.
8. Do that, then; for these are becoming more and more disturbing, - thus activity is needed in the immediate.
9. (Q) How long will it take to see results?
(A) This will depend upon how the activities are brought about. But we would put the body under those directions of that one indicated, Fenton Taylor. If there is to be ANY help, we find that these are the better sources for cooperation and activity.
10. We are through for the present.

(The Reading is referring to Dr. Fenton Taylor, neurologist, 610 Park Ave N.Y.C. He is connected with the Neurological Hospital, but I'd suggest that you call him at his home, as he and his wife have had some contact with Mr. Cayce. Show him the Reading.

Evidently he is the one best fitted to carry out whatever is necessary, and further information will be given through a Reading if he asks for it.

At your convenience, please let us have a history of the case to the time of obtaining the Reading, so we may have something with which to compare our information. GD.)

REPORTS OF READING 2456-1 M 18

R1. 2/22/41 Extract from David E. Kahn's letter:

“This boy you are reading for today [2456] is eighteen; fine, strong, 180#; came home from school 3 weeks ago 101 degree fever and lost 5#. Doctors say he is slowly dying - Leukemia. I hope we can save him.”

R2. 2/25/41 Extract from Dr. Fenton Taylor's letter:

“Mr. David Kahn has brought Mr. [...] [[2456]'s father] to my office with a Reading that you had done on his son, [2456] who has been suffering from acute lymphatic leukemia for the past four weeks.

“[2456] has been under the care of the best doctors at Mt. Sinai Hospital, who have treated his spleen with X-Ray and given him several transfusions. As you know, the Reading states that if I ask for another Reading I will get definite instructions what to do for the boy. As we have never cured a case of leukemia yet, I am only too willing to cooperate with Mr. [...] [[2456]'s father] and Mr. Kahn.

“They suggested that I ask you a lot of questions, but as this is something brand new I feel that the only question really to be asked is - 'What are the definite instructions?' The original Reading mentioned the fact that it might be infectious in origin, so I would be very interested to hear the answer to such questions as - 'where is the infection? what organs or organ is involved and what measures should be taken to correct the condition?'”

R3. 2/26/41 EC's letter to [2456]'s Mother:

“As I wrote you some days ago, we hoped to be able to try further for your boy. Do hope we may be the means of being of help. Can we make an appointment for a check-up reading for [2456] Tuesday morning the 4th, 10: 30 to 11: 30 E.S.T.? Let me know if he will be at home at that time, and if it is alright to try the reading - no cost to you at all. Sincerely hoping we may be of a service...”

R4. 2/27/41 Wire from Sam Weinzimmer:

“You mentioned infection in Reading on [2456]. Please include in next Reading for Dr. Fenton Taylor location of this infection and its cause. Please mail me copy of entire Reading. Thanks!”

R5. 3/1/41 Wire from [2456]'s Father:

“Please give reading on [2456], Tuesday 10: 30 A.M. as requested by Fenton Taylor.”

R6. 3/2/41 EC's letter to [2456]'s Mother:

“Am in hopes you find the information for [2456] of interest and help, and that with the cooperation of the Dr. you may find real help where now everything seems hopeless.

“Am sure I don't have to tell you, as a mother, your greatest strength and assurance, can and may come from speaking oft with GOD!

“Know that I am glad to try and help at any time.

“May HIS Blessings be with you...”

R7. 3/4/41 See 2456-2.

INDEX OF READING 2456-2 M 18

Diet: Blood Pudding: Leukemia	Par. 11
: Leukemia	Par. 11
DOCTORS: TAYLOR, FENTON: M.D.	
Electrotherapy: Infra-Red: Leukemia	Par. 9
LEUKEMIA	
Names: People Mentioned: Kahn, David E.	Par. R1
Physiology & Anatomy: Leukemia	Par. 3--5, 9-A
Physiotherapy: Massage: Peanut Oil: Leukemia	Par. 10
Prescriptions: Atomidine: Leukemia	Par. 8
Psychosomatics: Healing	Par. 16
Spleen: Engorged: Leukemia	Par. 3, 19-A

BACKGROUND OF READING 2456-2 M 18

B1. See 2456-1.

TEXT OF READING 2456-2 M 18

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 4th day of March, 1941, in accordance with request made by Dr. Fenton Taylor and by the father of [2456], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 10: 45 to 11: 05 A. M. Eastern Standard Time. New York City.

1. GC: You will have before you the body of [2456], Apt. 14-C, New York City, and the desire of Dr. Fenton Taylor to be given the definite instructions in this case as previously suggested might be given through this channel if securing his cooperation. You will describe for Dr. Taylor the location of the infection, its cause; what organs or organ is involved, and what measures should be taken to correct the condition. You will answer the questions that may be asked.

2. EC: Yes - we have the body here, [2456], and that which has been indicated respecting means and channels through which helpful forces might be made for this body.

3. As we find, the condition is primarily a glandular activity; an excess of destructive forces in the lymph as active by infection through the spleen - that has become somewhat engorged, and will gradually increase unless measures are taken.

4. It is also indicated that the activity in centers along the cerebrospinal system has become static, at those areas from which much of that activity of red blood cellular force is produced from marrow of ribs.

5. This combination of conditions, then, causes the activity which gradually destroys the numbers of the cellular force of blood, - producing weakness and temperature in the body.

6. We find that there is - and has been for some time - a deficiency of iodine in the body. This - as combined with the inability to reproduce red cells, or the inability to assimilate properties as would induce such reproduction through the assimilating system or the glandular forces of same - causes, or becomes the basis of that to be met in the present.

7. Then, we would give these as the helpful forces:

8. Begin with taking internally one minim of Atomidine in half a glass of water before the morning meal. Each day increase the dosage one minim, until fifteen minims are being taken. Then leave it off one day. Then begin again with the one minim and increase one minim each day until the fifteen minims are reached.

9. Also every other day we would apply the Infra Red Light to the cerebrospinal area, as a stimulation for the deep therapy produced to the structural portions along the rib area especially. Apply this from thirty to forty-five minutes, at least sufficiently distant as to include the area indicated.

10. Immediately after such Light application, massage the body along the spine with Peanut Oil. This will also prove helpful in the body's resting.

11. Each day we would prepare as much liver pudding, and the like, as the body may assimilate; or ALL of those elements that will - in assimilation - induce or produce red

blood. Include as much orange juice as may be easily assimilated by the body; preferably the Florida grown and tree-ripened fruit. This supplies the elements needed. Prepare the puddings even from the blood of the liver, and take it as rare as it can be taken to be at all palatable for the body.

12. Do these.

13. Follow the changes that are induced through the circulation, the respiratory system, and the reactions.

14. For as we find, these offer those channels that will prove beneficial to the body.

15. These things should be administered, of course, with care and attention.

16. And the attitude of the body, for whom these are administered, should be stimulated to that of expectancy of activities of a creative or helpful nature; not merely as one that may manifest in this material plane in the present but as one that may be a helpful influence for others - rather than for an indulgence or gratifying of self's own appetites.

17. Do that.

18. Ready for questions.

19. (Q) What caused the infection in the spleen?

(A) Read what has been indicated. To be sure, this began with an unbalancing of the glandular forces from lack of iodine in system. This then, with the unbalance, caused an infection in spleen and the gland that assimilates this in its refraction is causing in the lymph that dryness, hardness, as will be found indicated along the rib area of the body - or spine. Do these things, - and as the changes in conditions are arising, further instructions or suggestions may be indicated.

20. We are through for the present.

(Atomidine is manufactured and distributed by The Atomidine Co., 64 E. Sydney Ave., Mt. Vernon, N.Y. For years it was distributed by Schieffelin & Co. See recipe [which was enclosed] for preparing blood pudding. Pure Peanut Oil may be secured from a grocery store. If everything is not clear, please let us know. Ask for Check Physical Reading when Dr. Taylor feels that sufficient change has taken place to justify further instructions.)

REPORTS OF READING 2456-2 M 18

R1. 3/6/41 Father's letter to EC:

Edgar Cayce Virginia Beach, Va.

Dear Mr. Cayce,

Will you please give me answers to the questions regarding the body of [2456], apt. 14c, New York City.

Question #1 - Shall we continue the blood transfusions? Question #2 - Shall Dr.

Rosenthal continue with injections while following your treatment suggested? Question #3 - Shall we use X-Ray treatment. Question #4 - How strong a lamp shall be used with the Infra Red light? Question #5 - Must the liver pudding be given as you suggested or can we use the liver extract injection?

Would appreciate you giving this reading of answers Saturday March 8th P.M. Will you send copy of your answers to Dr. Fenton Taylor and David E. Kahn. Please answer special delivery. Yours truly

R2. 3/10/41 See 2456-3.

INDEX OF READING 2456-3 M 18

Blood: Transfusions: Leukemia	Par. 4
Clairvoyance of E.C.: Action & Places	Par. 2
Diet: Liver Pudding: Leukemia	Par. 5, 6
Doctors: Rosenthal: M.D. : TAYLOR, FENTON: M.D.	Par. 11-A
Electrotherapy: Infra-Red: Leukemia : X-Ray: Not Recommended	Par. 7--9 Par. 8, 12-A
Human Relations: Companionship: Healing	Par. 11-A
Injections: Hypodermic: Liver: Not Recommended	Par. 5
LEUKEMIA	
Names: People Mentioned: Kahn, David E.	Par. R2
Prescriptions: Atomidine: Leukemia	Par. 4
Psychosomatics: Healing	Par. 11-A

BACKGROUND OF READING 2456-3 M 18

B1. See 2456-2.

B2. 3/7/41 Extract from Dr. Fenton Taylor's letter: "Treatment has been started with apparently complete cooperation on the part of the five consulting doctors. The following questions were suggested to be asked: " [See questions included in 2456-3 and 2456-4.]

TEXT OF READING 2456-3 M 18

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 10th day of March, 1941, in accordance with request made by the father - Mr. [...], Associate Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 11: 00 A. M. Eastern Standard Time. New York City.

1. GC: You will give the physical condition of this body at the present time, with suggestions for further corrective measures; answering the questions, as I ask them:
2. EC: Seems to be a change in the address of the body in the present.
3. As we find, while there is apparently little change indicated as yet, much of those considerations being given will - if administered in the manner indicated - bring effective results.
4. While it is well to continue the transfusions as yet, we find that by the second series of the Atomidine - or the highest point reached in its reaction - these should not be necessary.
5. It will be better for the liver to be eaten and assimilated, to give activities for the body itself, rather than being administered wholly by the injections. For, this produces a different reaction. And, if there is to be helpful forces, there must be set up in the system itself an activity of the assimilating and distributing system.
6. The lymph reaction and the red forces of the blood supply will be aided much better through taking it in the manner indicated, to be active through the assimilating system, as we find.
7. In the matter of the Infra Red light, - this should be of sufficient strength to react upon the structural portions themselves.
8. We find that the X-Ray is a destructive force. While destructive forces are needed, they are NOT needed in the structural portion of the bone forces themselves.
9. Hence we would give the Infra Red sufficiently strong to produce that heat activity for the body. This may be tested best by the reaction to the respiration, as it is being administered. To overtax the system - that is, to cause the quick respiration - will be too severe.
10. Ready for questions.
11. (Q) Should Dr. Rosenthal continue with injections while following your suggested treatment?

(A) This had best be determined by those who are making the other applications. For, at least twice each day the reactions are to be indicated; and this can best be determined by those, see? They should find that there should be very soon - and in the next three to four days - a lessening of temperature, and the tendency or inclination towards preventing

the loss of weight. Of course, the attitudes of those about the body, and of the body itself, will have much to do with the reaction. Patience and persistence are the keynote.

12. (Q) Should X-Ray treatment be used?

(A) As we have just indicated, the X-Ray becomes too severe - unless there is the continued depletion, and the needs - or the inclination for the X-Ray to be used more over the SPLEEN and not the rest of the body; this may be helpful.

13. We are through for the present.

REPORTS OF READING 2456-3 M 18

R1. 3/10/41 EC's letter to [2456]'s father:

“The reading you wrote for on the 6th we could not get in until this morning - then received a few questions from Dr. Taylor - so please see that he has a copy of that given this morning. Know that if what he wishes to know hasn't been covered in this, will be glad to try again. Do hope we may be the means of being of service. Am sure you and Mrs. [...] realize there is much you can do in this case - that is in PRAYER - for all healing must come from God. Please don't think me fanatic, only that each of us must put the stress where it belongs. Hoping to help...”

R2. 3/13/41 David E. Kahn's letter to EC:

David E. Kahn 206 Lexington Avenue New York LExington 2-7680

Dear Judge:

[2456]'s father just phoned me the doctors were all there and asked him to get these questions out quick so you would have them in the morning. The doctors are co-operating fully - Dr. Rosenthal and Dr. Taylor are there right now. He was asleep when they were there at first so they are giving the treatments now. These are the questions. They were dictated over the phone so I hope we have them right: [See 2456-4.]

1. What was the effect on the body of Tuesday's transfusion.
2. Is there any way to cause the spleen to go down or reduce it from its present size. 2 1/2.
- Should any more X-Ray treatment of the spleen be used?
3. Has Atomidine taken the proper action as was expected. What effect has it had on the body?
4. Shall we continue it in the same manner and means?
5. What is the effect of the oranges so far?
6. What causes fever to go up? What will aid us to bring it down. When will we see it go down for the first time. 6 1/2.
- Was the massage given heavy enough? How long should it be given? Is there any danger of deep hemorrhage in massaging the spine? How much peanut oil should be used in each treatment?
7. How can we disguise the liver so when he takes it he doesn't know it.
8. Why does liver make him so ill? Is there any way to make it more palatable so he can eat it? Could it be given by hyperdermic?
9. Why is liver too hard to digest once it gets into the stomach?
10. Is the infra red light being given properly by Dr. Taylor as he is very desirous of being guided further. Is 35 to 40 minutes too long? 10 1/2.
- How often should the blood count be taken?
11. What else can the doctors do to aid the body to help it take hold of itself to bring about a recovery.
12. The attitude of the family and those about the body is one of prayerful hopeful attitude that a cure will come from these sources.
13. Is there any other suggestion that can be made all of us to further help [2456] get well.
14. What is meant by the first statement that the body seemed to change its address as he has not left the apartment at any time. Is there any other advice that we can have now for the quick aid to the body. Questions by [father] dictated over the telephone. With love to all of you, Sincerely, Dave [signed] Dave

R3. 3/14/41 See 2456-4.

INDEX OF READING 2456-4 M 18

Blood: Transfusions: Leukemia	Par. 5-A
Diet: Appetite : Leukemia : Liver Pudding: Leukemia	Par. 16-A Par. 10-A, 14-A--18-A Par. 14-A--18-A
Doctors: Taylor, Fenton: M.D.	Reports
Electrotherapy: Infra-Red: Leukemia : X-Ray:	Par. 19-A, 20-A Par. 6-A
Healing: Consistency & Persistency	Par. 23-A
Human Relations: Companionship: Healing	Par. 23-A
Injections: Hypodermic: Liver: Not Recommended	Par. 17-A
LEUKEMIA	
Names: People Mentioned: Kahn, David E.	Par. R2
Physiotherapy: Massage: Alcohol, Grain: Leukemia : Peanut Oil:	Par. 7-A, 11-A--13-A Par. 7-A, 11-A--13-A
Prescriptions: Atomidine: Leukemia	Par. 5-A, 7-A, 9-A
Psychosomatics: Digestion : Healing	Par. 16-A, 18-A Par. 22-A
Spleen: Leukemia	Par. 6-A
Temperature: Fever: Leukemia	Par. 7-A--9-A

BACKGROUND OF READING 2456-4 M 18

B1. See 2456-3.

TEXT OF READING 2456-4 M 18

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 14th day of March, 1941, in accordance with request made by the father, Mr. [...], through Mr. David E. Kahn, Active Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 4: 20 to 4: 35 P. M. Eastern Standard Time. New York City.

1. GC: You will answer the questions regarding this body, as I ask them:

2. EC: Yes, we have the body here, [2456].

3. As we find, very soon - within the next three to four days - there should be seen reactions indicating the effects of the applications being made.

4. Ready for questions.

5. (Q) What was the effect on the body of Tuesday's transfusion?

(A) This at first appeared not to be coordinating in the circulation, producing a shock; but gradually, through the effect being produced by the Atomidine - or the atomic iodine, there has come a better flowing and activity.

6. (Q) Is there any way to cause the spleen to go down or reduce it from its present size?

(A) As the circulation is aided by the activity of those administrations being made, there should gradually be caused the better reactions and the assuming of better proportions. As we find, it may become necessary for another administration of X-Ray to the spleen, see?

7. (Q) Has Atomidine taken the proper action as was expected?

(A) As indicated, the Atomidine is purifying the system. This should be continued in the manner that has been outlined. The body is taking on more, and assuming reactions under same. This may cause quite a variation at times in the pulsation, even apparently causing more - or higher, or greater - fluctuation in temperature.

At times we would add an equal quantity of GRAIN alcohol to the peanut oil for rubbing. This will aid in reducing temperature. This would be more specifically used in the area of the 5th, 6th and 7th dorsal, when there is the adding of the alcohol for the reduction in temperature; at other times extending it equally along the whole area of the spine, see? but do not add the alcohol each time the massage is given, - only at those times when necessary to reduce the temperature, when it would be specifically massaged in those areas indicated - though extending lightly over the other portions also. Use grain alcohol, of course; not rub alcohol - half grain alcohol and half peanut oil.

8. (Q) What causes the fever to go up?

(A) The attempt of the lymph in its circulation to adjust itself, or to destroy the infection through the liver and the spleen circulation.

9. (Q) When will we see it go down for the first time?

(A) This will depend, to be sure, upon reactions. It may not be given as to time, but as to reactions. As indicated, we are finding better reactions - and may even find some

higher fever - FROM the Atomidine, see? but very soon there should be begun the showing of better conditions.

10. (Q) What is the effect of the oranges so far?

(A) These supply in the activity of the circulation those necessary vitamins, and that element of activities in the system to keep a balance. The principal activity here is the calcium in same, see?

11. (Q) Was the massage given heavy enough? How long should it be given?

(A) The massage is very well, but we would do this the more often, see? As long as there is an opportunity of it producing the effect to all areas of the better activity to the organs of the body. The "why" of the massage should be considered: Inactivity causes many of those portions along the spine from which impulses are received to the various organs to be lax, or taut, or to allow some to receive greater impulse than others. The massage aids the ganglia to receive impulse from nerve forces as it aids circulation through the various portions of the organism.

12. (Q) How much peanut oil should be used in each treatment?

(A) What the body absorbs.

13. (Q) Is there any danger of deep hemorrhage in massaging the spine?

(A) No danger of deep hemorrhage, unless this would be too severe over those areas of the 8th and 9th dorsal, see?

14. (Q) Is there any way to make the liver more palatable so he can eat it?

(A) This we would grind and steam, keeping all the juices in same. We would grind and cook in Patapar Paper, or heat in Patapar Paper, saving the juices; and this then, of course seasoned, may be made more palatable.

15. (Q) Is there any way we can disguise the liver so when he takes it he doesn't know it?

(A) This, of course, may be mixed with bread or other things, but if prepared properly this should not be disturbing to the body.

16. (Q) Why does liver make him so ill?

(A) As has been first given, it's the natural reaction to those things that are abhorrent to the body-consciousness, see?

17. (Q) Could it be given hypodermically?

(A) It may be given by hypodermic, but - as we have indicated - not unless it is not assimilated by the body through the eating of it in the manner outlined.

18. (Q) Why is liver so hard to digest once it gets into the stomach?

(A) This should not be hard to digest. With lactics it may be made to digest the easier, if it is desirable for same.

19. (Q) Is the Infra Red light being given properly?

(A) The Infra Red light as we find is being given very well. This is doing that for the structural portions which is beneficial. We should see results. Though it is tiring at times, irritating; yet in such conditions there are periods of restlessness indicated for the body.

20. (Q) Is 35 to 40 minutes too long?

(A) About thirty-five to forty-five minutes should be the correct time.

21. (Q) How often should the blood count be taken?

(A) About every five to six days.

22. (Q) What else can the doctors do to aid the body to help it take hold of itself to bring about a recovery?

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(A) Just the encouraging and stimulating to the mental self to fight back. Be more and more optimistic and creative, and not expressing that of fear.

23. (Q) Is there any other suggestion that can be made all of us to further help [2456] get well?

(A) As we find, just be persistent and, most of all, consistent. And those about the body, be more and more sincere - not merely by word but in the daily contact with others. LIVE that ye ask FOR thy son.

24. We are through for the present.

[Note: Questions submitted by Dr. Taylor which did not arrive in time for the last Reading were included in this one.]

REPORTS OF READING 2456-4 M 18

R1. 3/24/41 Extract from Mrs. Fenton Taylor's letter:

“Dr. Taylor has been intensely interested in the case your father had the Reading on [2456] and has been going there almost daily. However, the family requested him not to come again, so there is a great opportunity closed off. Isn't it a pity?”

R2. 4/5/41 HLC's letter to David E. Kahn: “...I had a letter from Mrs. Taylor a few days ago indicating that Dr. Taylor was no longer checking on the Leukemia case. Do you have any information on this? It certainly looked like a wonderful opportunity to check through on the information...”

R3. 4/30/41 See 2456-5.

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INDEX OF READING 2456-5 M 18

Blood: Transfusions: Leukemia Par. 12-A, 13-A

Diet: Leukemia Par. 6, 7, 13-A

Electrotherapy: Ultra-Violet Light: Green
Glass: Leukemia Par. 9, 11-A

Injections: Hypodermic: Liver: Leukemia Par. 7, 13-A

LEUKEMIA

Physiotherapy: Massage: Peanut Oil: Leukemia Par. 8, 12-A, 13-A

Prescriptions: Atomidine: Leukemia Par. 5, 13-A

Spleen: Leukemia Par. 5

Work: E.C.: Readings: Physical: Not Followed Par. R1

BACKGROUND OF READING 2456-5 M 18

B1. See 2456-4.

B2. 4/30/41 Questions submitted that did not get asked in Physical Reading [2456-5]:

4. What can be done to decrease the myeloblast cells in the blood? 5. What can be done to bring the white cells to normal count? 6. What can be done to make the bone marrow function normally? 7. What caused the improvement for several weeks, and then the cessation of improvement? 8. Have the transfusions been helpful? 9. What can be done to increase his appetite? 10. What can be done to stop the bringing up of mucous? 11. What attitude does the body hold regarding his condition? 12. Would it be well to use faith healing or metaphysics in connection with the other treatments being followed? 13. Just what was meant in the first Reading by the conditions being partially prenatal? 14. What was meant by the disturbances being infections? 15. If it is infectious, is it a germ? 16. If it is a germ, why cannot the doctors see it microscopically? 17. If prenatal, why would it show up in one twin and not the other? 18. How can the infection be localized? 19. If the infection is in the spleen, how can it be reached? 20. Is there a serum, harmless to the body, that would be injected that would cure the infection? If so, what is it?

TEXT OF READING 2456-5 M 18

This Psychic Reading given by Edgar Cayce at the home of Mr. David E. Kahn, 20 Woods Lane, Scarsdale, N.Y., this 30th day of April, 1941, in accordance with request made by the father, Mr. [...], Associate Member of the Ass'n for Research & Enlightenment, Inc., Virginia Beach, Va.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. [2456]'s father and sister; David E. Kahn, and others; Mrs. Weinzimmer and Dr. Wm. D. Taylor, N.D.

R E A D I N G

Time of Reading 4: 50 to 5: 00 P. M. Eastern Daylight Savings Time. N.Y.C.

1. GC: You will give the physical condition of this body at the present time, with suggestions for further corrective measures; answering the questions, as I ask them:
2. EC: Yes, we have the body here; this we have had before.
3. As we find, there have been changes since last we had same. Some have been, at periods, apparently most beneficial, and at others apparently most alarming.
4. If there would be rather the close adherence to those applications as have been suggested, with some modifications under the existent conditions, we find that there would be the greater probability of the beneficial results, the greater opportunity for the decreasing of those destructive forces. Those applications we would keep:
5. Take the Atomidine in periods. Sufficient should be taken to get the reactions to the glandular system. For, the disturbance arises primarily - as we have indicated - from the disturbance in the glandular forces of the body, in liver, spleen. These are the greater disturbance.
6. Take all of the orange juice that can be assimilated. When it becomes so abhorrent as to cause disturbance, leave it off. Then when there is the ability to return to same, do so - as much as practical.
7. As the liver becomes abhorrent to the body, give it as oft as practical in the injections; though this is not as efficient or as helpful as if it were able to be assimilated for the body. Hence, as oft as practical, let this be a part of the diet.

8. When there are changes, DO use the stimulating through the massage; especially to the areas opposite the ribs.

9. Also the Ultra-Violet should be given, and - now - we would use the green light or glass between the Ultra-Violet and the body. The difference in the light will make a change in the activity of the creating of the cellular force for the blood in the ribs, as well as in the spleen area.

10. Ready for questions.

11. (Q) Where can a green glass be obtained?

(A) From a glazier that manufactures or makes colored glass for decorative purposes. Use this at least twelve inches from the body.

12. (Q) What is his condition at the present time?

(A) It varies almost from day to day, even from morning to evening. In the present, we find it is not so well. Do still have the transfusions when necessary. They will assimilate better with the present blood supply by the massage.

13. (Q) What measures can be taken to increase the percentage of platelets in the blood?

(A) The applying of those things as we have suggested. Let's indicate, then, for the moment, the effect of each of the properties indicated here: When there is a deficiency of the red blood as to necessitate transfusions, these are necessary - that there be maintained the ability of sufficient assimilation to not create so much heat or temperature as to destroy the functioning of the organs themselves, - heart, lungs, liver, kidneys especially. The assimilation of the Atomidine is to be active upon the glands, as well as to aid in a better reaction to the muscular forces between liver, lungs and heart, and to maintain same. The fluids necessary to be assimilated from liver or liver extract are to assist in creating that necessary activity by the circulation for the creating of the red cell in the body force itself. The massage is to assist the body in assimilating the transfusions, as well as to stimulate the organs of distribution and assimilation to aid body-building. Do as we have indicated. This offers the greatest opportunity for help.

14. We are through for the present.

REPORTS OF READING 2456-5 M 18

R1. 4/30/41 Memo by GD after talking with [2456]'s sister:

They gave the Atomidine for ten days - he didn't show any improvement, so they stopped. Then a little later he seemed to improve considerably, now he is back as bad as ever - the sister of the patient is anxious that the Reading be followed. But because his mother is so overcome with the hopelessness of the condition, she doesn't want to insist on him eating or drinking anything he doesn't want to - and he says the orange juice hurts his throat, that the Atomidine in water gags him, and that he can't take the liver. The father is not 'sold' on the Readings - keeps saying that the doctors say it is not infectious because it can't be transmitted; that they've taken out the spleen and looked at it and it is alright. So, it seems very doubtful that the Reading will be followed. The sister is a twin, and insists on the parents going ahead and doing everything the Reading says - so she may be able to persuade them. Dr. Wm. Taylor, present at the Reading, told them they had everything to gain and nothing to lose by doing so."

R2. 5/8/43 Sister's comment when she came to be present for his next and last reading: "We heard of Mr. Cayce through the [2488] case, a boy of 14, whose parents had a

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reading on him sometime ago that said his condition was caused by a curvature of the spine - they followed the reading and now he is up walking around; but before that had what the doctors called leukemia and was treated by Dr. Rosenthal and all the doctors now treating [2456].”

R3. 5/8/43 See 2456-6.

INDEX OF READING 2456-6 M 18

Doctors: Pahnke, Walter N.: M.D. : Rosenthal: M.D.	Reports Par. 15-A
Electrotherapy: Ultra-Violet Light: Green Glass: Leukemia	Par. 11-A
Human Relations: Companionship: Healing	Par. 8
LEUKEMIA	
Names: People Mentioned: Brown, Elizabeth O. : Kahn, David E.	Par. R1 Par. R2, R3
Prescriptions: Atomidine: Leukemia : Glyco-Thymoline: Intestines: Catarrh	Par. 5 Par. 10-A
Prophecy: Prognosis: Leukemia	Par. 13-A
Psychosomatics: Healing	Par. 8, 14-A, 16-A
Spleen: Engorged: Leukemia	Par. 5

BACKGROUND OF READING 2456-6 M 18

B1. See 2456-5.

TEXT OF READING 2456-6 M 18

This Psychic Reading given by Edgar Cayce at the home of Mr. David E. Kahn, 20 Woods Lane, Scarsdale, N.Y., this 8th day of May, 1941, in accordance with request made by the sister - Mrs. [...], through Associate Membership in the Ass'n for Research & Enlightenment, Inc., Virginia Beach, Va.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. The sister, aunt and cousin of [2456]; also Ellen T. Emmet; Lucille, S. David and Richard Kahn.

R E A D I N G

Time of Reading 3: 30 to 3: 45 P. M. Eastern Daylight Savings Time. N.Y.C.

1. GC: You will give the present physical and mental condition of this body; giving suggestion for further corrective measures and developments; answering the questions, as I ask them:
2. EC: Yes, we have the body, the mind, [2456]; this we have had before.
3. As we find in the present, there is not much change apparent in the general conditions; yet improvements are indicated by the very fact that there are longer periods of remaining near the normal in the temperature - under the conditions, and that there are changes being indicated in the number of the white cells. While the improvements are little as yet, we find that the reactions are definitely toward improvements - or rather the indications are in that direction.
4. Consequently, unless there are other disturbances or some changes wrought, and if there will be kept those administrations as near to that we have suggested as possible, we should find the gradual response for betterment.
5. For, in the spleen we find that there are the effects being brought about, purifying same. There is not as much engorgement as there has been in the right portion of same, because of the effects from the excess of iodine in the system.
6. True, it at times produces an irregularity in the circulation from heart, liver and lungs. Hence the ozone will aid, from the effect of the Light in the room; as well as the beneficial effects from the shaded light. Adjust the shaded light more, though, in the position as indicated.
7. Keep these, for they offer the best for this body.
8. The mental attitudes are different; though this is not indicating that there are not still resentments, for there are! But keep the nearer to constructive thinking, ever, with those that are allowed to converse with the body. This is the better attitude.
9. Ready for questions.
10. (Q) What can you suggest to stop the bringing up of mucous?
(A) Once or twice a day, or when there are these disturbances, give just a little Glyco-Thymoline - a drop or so in water, as an intestinal as well as a stomach antiseptic. It is indicated that there are periods when this disturbance of mucous appears often. Do not give the Glyco-Thymoline each time, but two or three times each day is not too often.
11. (Q) How often should the ultra-violet lamp be applied? and how long should it be given?

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(A) Apply it at least once each day. When there are those periods of restlessness, apply twice a day, if it is not used more than a minute or minute and a half - this will not be amiss. DO NOT use it without the green light. As indicated, apply it for a period of a minute or minute and a half.

12. (Q) Is the body reacting favorably to the treatment indicated?

(A) As has been indicated here.

13. (Q) How long will it be before we will see favorable results?

(A) In a lot less than three weeks we should see very DEFINITE favorable results.

14. (Q) What is the mental attitude of the body toward recovery?

(A) It doesn't care - as yet!

15. (Q) Will the Rosenthal's injections conflict with your treatment?

(A) This treatment will not conflict, but it will work a hardship ON the desired effects of the injection!

16. (Q) Any further advice?

(A) As indicated from the first, there should not be the attempts to aggravate but the attempt to get that reaction in the mental attitude of the DESIRE of the body for purposeful activity. This will aid in the reaction of the lymph through the sympathetic nerve forces of the body, as much as all the doses that may ever be given. For, without the desire for the recovery for a purposefulness, little may be fully accomplished.

17. We are through with this Reading.

REPORTS OF READING 2456-6 M 18

R1. 7/22/41 Letter from Eliz. O. Brown: "...I heard in some indirect way that [2456] died, but I do not know this on any real authority. I will try to find out for you and report later..."

R2. 7/27/42 David E. Kahn's letter: "After I spoke to you I knew I wanted to ask you a question. [2456]'s father - for whom we gave readings told [M...] in Chicago - that he sent you \$2,000 and you gave me \$1,000. Please check up the number of readings you gave - the amounts you received and dates and write me typewritten on Ass'n Stationary. Either [M...] or [...] lied - one or both. He says it was told his brother M. E. and he ([...]) did not believe it but wanted us to know it and get the facts. Write me fully so I can go after which ever one said it - I need not ask you because I know [...] isn't the kind who would give \$2,000, but why should he make it appear you and I are on the 'take'? Write me at the Raleigh and mark it 'hold'..."

R3. 7/29/42 EC's letter to DEK: "Have yours of the 27th - am surprised that anyone could say anything like that about the readings we attempted for Mr. [...]. We gave six readings and some of those we gave way from regular periods for them and received \$20.00 for the whole thing - guess that is the thanks we get from trying to help. But we did what we would like to have been done by but how anyone could say such a thing - don't get it but at least we can get talked about - that possibly will help somewhere..."

R4. 9/1/60 Dr. Pahnke's letter:

9 Whittier Street Cambridge, Massachusetts

Department of Public Health Bureau of Vital Statistics Albany, New York

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Dear Sir:

In regard to a family history for my records, I would like to know the exact cause of death and whether or not a postmortem was performed on [2456] of New York, New York, who died in 1941. I do not need a copy of the death certificate - only the information. If there is any charge for this information please notify me.

Sincerely yours, Walter N. Pahnke M.D.

R5. 10/24/60 Letter:

The City of New York (Letterhead) DEPARTMENT OF HEALTH 125 Worth Street
New York 13, N. Y. Tel. WOrth 4-3800

Dr. Walter N. Pahnke, 9 Whittier Street Cambridge 40, Mass.

Dear Dr. Pahnke:

This will acknowledge your letter of October 16, 1960, requesting information regarding cause of death of [2456] who died in 1941.

Section 205.07 of the Health code provides that the information contained on the physicians confidential medical report shall not be subject to subpoena or open to inspection for any purpose whatsoever, except for scientific purposes approved by the Board of Health. The law, therefore, leaves us no discretion in the matter and we cannot, under the circumstances, comply with your request to provide [provide?] you with the information reported by the attending physician as to the cause of death. We are returning your check for \$1.00.

Very truly yours, William Stern, Borough Registrar, Manhattan WS: zl

R6. GD's note: Dr. Pahnke included Case [2456] in his study made in the summer of 1960 of 7 cases (16 readings) of leukemia, with summary of treatment, from the Edgar Cayce records, for proposed controlled clinical trial.

INDEX OF READING 2488-1 M 14

Depression: Tendencies	Par. 8
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: B-1:	Par. 12
Doctors: Taylor, Fenton: M.D.	Par. R1
Doctors Suggested: Dobbins, Frank P.: D.O.	Par. 9
INJURIES: SPINE: COCCYX: AFTER EFFECTS	
Names: People Mentioned: Kahn, David E.	Par. R1
Osteopathy: Injuries: Spine: Coccyx: After Effects	Par. 4, 6, 7, 9

BACKGROUND OF READING 2488-1 M 14

None.

TEXT OF READING 2488-1 M 14

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 22nd day of April, 1941, in accordance with phone request made by the mother - Mrs. [...], new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by Mr. David E. Kahn.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 4: 40 to 4: 50 P. M. Eastern Standard Time. New York City.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time, physically and mentally; giving the cause of the existing conditions, also suggestions for help and relief of this body. You will answer the questions that may be asked, as I ask them:
 2. EC: Yes, we have the body here, [2488].
 3. As we find, there has been in some time back an injury - that produces a pressure in the cerebrospinal system, that upsets the body.
 4. And with this correction, we find that many of those conditions at this period of change would be materially aided.
 5. For, this pressure has accentuated those changes being wrought through the glandular system. Those conditions as related to this change are a bit unusual with this body.
 6. This injury appears to have been in an accident, and is to the coccyx and to the sacral and ileum plexus.
 7. These areas coordinated, with the rest of the system, removing these pressures upon the nerve system, we will find that changes will be brought with almost the beginning of the first adjustments.
 8. We find that these pressures produce to the mental activity those unusual natures of resentments, and then morbidity, and the inactivity of the body-mind as related to general conditions.
 9. These we would do, and we would have such as Dobbins make the corrections. Coordinate the 9th dorsal, the brachial plexus AND the upper cervicals, WITH the corrections made through the sacral and lumbar areas.
 10. Do this, if we would bring the better conditions for this body, [2488].
 11. Ready for questions.
 12. In the diet, keep those things that are easily assimilated, but add sufficient of Vitamins B-1 and A, especially.
 13. We are through for the present.
- (At your convenience, please let us have a history of this case to the time of obtaining the reading, so we may have something with which to compare our information.)

REPORTS OF READING 2488-1 M 14

R1. 4/21/41 Card from Dr. Fenton Taylor: "Just received telephone call from Mr. D. E. Kahn asking me to say that I would be very glad to cooperate in the [2488] case. Hoping to see you at Scarsdale, I am"

Sincerely, Fenton Taylor [M.D.]

R2. 5/4/41 See 2488-2.

INDEX OF READING 2488-2 M 14

ANEMIA

Blood: Transfusions: Warnings	Par. 4, 7, 12-A, 15-A
Diet: Anemia	Par. 10-A
Doctors: Pahnke, Walter N.: M.D.	Reports
Electrotherapy: Ultra-Violet Light: Green Glass: Leukemia	Par. 7
Injections: Hypodermic: Phosphorous: Not Recommended	Par. 13-A, 14-A, 17-A, 18-A

LEUKEMIA: INCIPIENCE

Osteopathy: Injuries: Spine: Coccyx: After Effects	Par. 6, 8, 11-A, 14-A
Spleen: Anemia	Par. 10-A, 14-A

BACKGROUND OF READING 2488-2 M 14

B1. See 2488-1.

TEXT OF READING 2488-2 M 14

This psychic reading given by Edgar Cayce at the home of Mr. David E. Kahn, 20 Woods Lane, Scarsdale, N.Y., this 4th day of May, 1941, in accordance with request made by the mother - Mrs. [...], N.Y.C., Associate Member of the Ass'n for Research & Enlightenment, Inc., Virginia Beach, Va.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Beatrice Goetz, Edna Isaacs, Charlotte Davidson and Milton W. Harrison, and [2488]'s mother.

R E A D I N G

Time of Reading 4: 10 to 4: 20 P. M. Eastern Daylight Saving Time. N.Y.C.

1. GC: You will give the physical condition of this body at the present time, with suggestions for further corrective measures; answering the questions, as I ask them:
2. EC: Yes, we have the body here, [2488]; this we have had before.
3. There are changes in the general conditions of the body.
4. We find that there should be greater precautions in the transfusions in typing the blood. For, these in some respects have not worked with the conditions existent in the body.
5. This condition is more that of anemia than leukemia.
6. If there will be the following of those applications as we have suggested, we find that it will offer the greater opportunities and possibilities for meeting the condition.
7. To aid in the better coordinating of transfusions, as may be deemed necessary, we would use the Ultra-Violet Light (the Mercury Quartz Light, not the Carbon) upon the rib and spine area; but DO NOT use it without the green or healing glass between it and the body. Do not use it longer than one to one and a half minutes. Have the Mercury light at least forty inches (40") from the body, while the green plate glass between it and the body would be at least twelve inches (12") from the body.
8. Keep the rest as we have indicated.
9. Ready for questions.
10. (Q) Are there any improvements since the last Reading?
(A) There are improvements and there are deterrents. There are improvements in the manner in which the reaction may take place in spleen for the construction of the red cells, and in the spinal circulation where these may be created. Give all the orange juice and the liver or liver extract that the body will assimilate. These are best given from the fruit and from the liver itself, - that is, in the food, - than by injections or the formations of vitamins that are said to be of the same nature.
11. (Q) Have the osteopathic treatments helped him?
(A) They have HELPED.
12. (Q) Should the blood transfusions be continued? and what is the benefit from them?
(A) When there are those excesses arising and it becomes necessary, these are well; provided there is - in this instance - a better typing of blood. They are to aid in giving the better strength to the body.
13. (Q) Will the phosphorous the doctors are planning to use arrest the illness?
(A) We would not use same unless there is a higher condition indicated in the temperature and in the number of white cells. Use this rather as a last resort.

14. (Q) Is it imperative to give the osteopathic treatments while the phosphorous and transfusions are being given? If so, will they be harmful?

(A) Give them after the Light, but give them; for without these osteopathic corrections, little may be accomplished from the structural portions of the system to eliminate the anemic forces indicated.

15. (Q) What chance is there to eradicate this disease from the blood?

(A) These channels indicated offer the better possibilities and probabilities. For, as we find, if these are followed - unless there are such transfusions used that they are more harmful than beneficial - this will be eradicated from this body, [2488].

16. (Q) Would it be well to take a house in the country, in Atlantic Beach, for him?

(A) After there is less fever, and a better count, would be well.

17. (Q) They plan to give him the phosphorous tomorrow. Would you hold off?

(A) Unless there is on the morrow a rise in the number, do not give it. If there is a rising of the number, or if the count rises, then use same.

18. (Q) The count has been lower ten days ago, then rose higher, and is lower at present.

(A) Then if it remains lower on the morrow, wait. For, the reactions of these treatments as we have outlined should prevent the rise. For, this is NOT true leukemia.

19. We are through with this Reading.

REPORTS OF READING 2488-2 M 14

R1. 5/5/41 [2488]'s mother phoned - said the count was a little higher this morning - a hundred - so she was letting the doctors go ahead with the phosphorous, while the child was built up for it - they had agreed for her to use the light, and with the orange juice and liver, etc., she didn't feel they could go wrong. No mention of the osteopathy. Said she was so impressed by the witnessing of the Reading yesterday afternoon - thought it was so wonderful, etc. GD.

R2. 5/8/41 Verbal report by [2456]'s sister - said her husband phoned her from Chicago regarding the [2488] case - a boy of 15, whose parents had a Rdg. on him that said his condition was caused by a curvature of the spine - they followed the Rdg. and now he is up walking around; but before that had what the doctors called Leukemia and was treated by Dr. Rosenthal and all the doctors now treating [2456].

R3. 7/28/60 Dr. Walter N. Pahnke's letter:

Records Department Memorial Hospital, 444 E 68th St. New York City, N.Y.

Dear Sir:

In connection with some medical research I am doing on diseases of the blood I need a summary of the medical records and pathological reports (if this was done) on [2488] whom I believe was a patient in your hospital in April 1941.

Thank you for your trouble.

Sincerely yours,

Walter N. Pahnke, M.D. WNP: ep

R4. 8/8/60 Letter to Dr. Walter N. Pahnke:

Dr. Walter N. Pahnke 215-70th Street Virginia Beach, Va.

CANCER: LEUKEMIA CIRCULATING FILE

Dear Dr. Pahnke: Re: [2488]

This will acknowledge receipt of your request for a medical summary on the above named patient.

Our records indicate that Mr. [2488] died here on 5-18-41 and his records are now on microfilm. Also we believe he was a private patient of Dr. Craver who no doubt has the chart in his outside office. Therefore as soon as the chart becomes available to us, we will be happy to comply with your request.

Very truly yours,

[signed] A. Yakman Secretary, Lymphoma-Med. Neoplasia Service

R5. 9/26/60 Letter to Dr. Pahnke:

Dr. Walter N. Pahnke 215 70th Street Virginia Beach, Virginia

Dear Dr. Pahnke:

This is in further reference to your letter relative to [2488]. I have since learned that this patient was known to us only during his hospitalization from 5-2-41 until his death on 5-18-41 and there is no other chart available. The hospital records were microfilmed.

Today I was able to run this chart through the viewer and am listing below what information I was able to obtain.

Diagnosis is given as acute lymphatic leukemia. Patient was a 14 year old student. History revealed mother noticed bilateral neck adenopathy about a month before admission. However patient has been to several physicians before coming here, and had received x ray therapy at a Columbus, Ohio, hospital. Therapy made him ill and he lost weight. Family then decided to bring him to Memorial on 5-2-41.

On admission he presented general adenopathy and huge splenomegaly. Blood count ranged from 115, 000 on admission to 471, 000 day before death, lymphocytes ranged from 97 to 100%. Bone marrow reported as showing "small lymphocytes 75, blasts 25. Normoblastic."

The patient was given blood transfusions, small doses of P 32 and x ray therapy to spleen, total of 75 r anterior and posterior fields. Patient went steadily downhill and did not respond to any treatment and succumbed on 5-18-41. No autopsy was granted.

Very truly yours,

[signed] A. Yakman Secretary, Lymphoma-Medical Neoplasia Service.

R6. GD's note: Case [2488] was included in Dr. W. N. Pahnke's study of 7 cases (16 readings) of leukemia in the Edgar Cayce records, prepared in the summer of 1960, with summary of treatment for proposed controlled clinical trial.

INDEX OF READING 2699-1 F 21

Diet: Beef Juice: Purpura : Purpura	Par. 17 Par. 17--19
Doctors: Laibstain: M.D.	Par. B1
Glands: Purpura	Par. 8, 9, 24-A
LEUKEMIA	
Physiology & Anatomy: Purpura	Par. 5--8
Physiotherapy: Massage: Oils, Olive: Purpura : Peanut Oil: : Witchhazel:	Par. 20 Par. 20 Par. 20
Prescriptions: Atomidine: Glands	Par. 10--16
PURPURA	
Surgery: Not Recommended	Par. 23-A

BACKGROUND OF READING 2699-1 F 21

B1. 3/17/42 Remarks by Mrs. [413], aunt of [2699]: - "I phoned Dr. Laibstain and told him I had been studying with a group for several years who were doing research on various subjects, and one the physical body. I asked if he would be interested in the information we might obtain on [2699]'s case, and he said he certainly would - and that he would listen to what we had to offer. So I made an appointment to see him at his office tomorrow night, [845] and I. The doctors call the condition Purpura, and are giving her transfusions. According to tests they found no platelets in the blood, when there is supposed to be over 200 thousand. After giving her blood transfusions they found 75 thousand only, but as soon as they are assimilated it is to be done all over again. No hope offered. An operation to put the spleen in position might correct the condition, but they can't do it since she would bleed to death."

TEXT OF READING 2699-1 F 21

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 17th day of March, 1942, in accordance with request made by the aunts, Mrs. [413] and Mrs. [845] Associate Members of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mrs. [413].

R E A D I N G

Time of Reading 10: 50 to 11: 15 A. M. Eastern War Time., Va.

1. GC: You will have before you the body of [2699], ..., Va., and existing conditions as related to the attending physician, Dr. Laibstain, and the desires of [413] and [845] to be of assistance in making the proper presentations and coordination of all available medical science, together with the information which may be obtained through this channel. If it is best that this information be presented, you will go over the body carefully, examine it thoroughly, and give the cause and correction in the vernacular of the attending physician, and outline specifically the treatment for correction. You will answer the questions that may be asked.

2. EC: Yes, we have the body here.

3. As we find, while conditions may become - and are - very serious, these should not necessarily prove to be fatal - if there will be taken into consideration all phases of the nature of the disturbance, and if there will be that precaution taken as may be outlined here, by the physician, in keeping those activities in the system as to overcome and to meet those disturbances which exist.

4. These, then, are the conditions as we find them with this body, [2699] we are speaking of:

5. The disturbances arise from an unbalanced condition in the chemical forces of the body, so active in the blood system in its assimilations as to destroy the plasm that may be said to encase the red blood cell.

6. Thus it is a plasm condition, or lack of the hemoglobin to produce in the effluvia of the plasm the coagulative forces - or the white blood is so intermingled with the red blood as to destroy the plasm, and not sufficient of that force IN the white as may be termed the leucocyte, or the leuko in the blood stream.

7. There are deficiencies in calcium, and thus the manner in which the flow of the blood plasm from the structural portions of body - portions of rib as well as of the joints is hindered.
 8. As we find, the glands are thus affected by the gradual deficiency; as in the activity of the internal flow in thyroid, in liver, in the adrenals.
 9. While it may be necessary for the time being to continue the occasional activity of new blood, or transfusions, we find that there should be added to the system those forces to purify the glandular system, and such foods as to supply elements that may aid the system - through the purification and the stimulated activity - to build such plasm in the blood stream.
 10. Such a purification may best be had by giving small quantities (in the beginning) of ATOMIDINE (which is atomic iodine that may be taken internally).
 11. Begin with two minims in half a glass of water before the morning meal, for two days.
 12. Then take four minims each morning for two days.
 13. Take then six minims each morning for two days.
 14. Then take eight minims each morning for two days.
 15. Then leave off for at least five days.
 16. Then begin again, and continue in the same ratio.
 17. In the meantime give beef juice as medicine.
 18. Also give fresh raw vegetables, and sufficient of the cooked vegetables to satisfy - or to add sufficient of bulk AND the necessary vitamin forces for the body.
 19. Have broiled calves' liver at least three days each week. If it becomes necessary, because of aversion to liver, give liver injections. But keep away from injections as much as practical.
 20. Massage the body especially along the area from the beginning of the rib to the 9th dorsal, with a combination of these oils - in these proportions:
 - Olive Oil.....2 tablespoonsful,
 - Peanut Oil.....2 tablespoonsful,
 - Witchhazel.....1 tablespoonful.
- These do not mix thoroughly, but shake well and pour in a saucer, and massage the body each evening before retiring.
21. Do these for at least the next six to ten weeks, and we would give further instructions - IF there is the use of that here indicated.
 22. Ready for questions.
 23. (Q) Would a spleen operation correct the condition?
 - (A) Rather would this be detrimental. For there is already too great a destruction of red blood. And there is insufficient of plasm for healing. It is even a strain for the necessary healing after transfusions.
 24. (Q) Was this condition caused by the fall when a child?
 - (A) The fall contributed to same, but it is a chemical unbalance and a gland disturbance.
 25. (Q) Is this condition what the doctors commonly call Purpura or Leukemia, and can it be checked?
 - (A) Read what we have given, and call it what you please!
 26. We are through for the present.

CANCER: LEUKEMIA CIRCULATING FILE

Copy to Mrs. [413] (to be given to Dr. Laibstain if he considers the information worth following)

REPORTS OF READING 2699-1 F 21

None.

INDEX OF READING 3000-1 F 55

ANEMIA: TENDENCIES

Asthenia: Circulation: Poor Par. 24-A, 25-A

CIRCULATION: POOR

Diet: Eliminations Par. 19, 25-A

Dis-Ease Par. 3

Exercise: Systemic: Systematic Par. 20, 25-A

LEUKEMIA: TENDENCIES

Physiology & Anatomy: Leukemia: Tendencies Par. 2--7

Physiotherapy: Baths: Fumes: Witchhazel:

Circulation Par. 13--16

: Hydrotherapy: Circulation Par. 13--16

: Massage: Pine Needles Oil:

Circulation Par. 13--16

Psychosomatics: Dis-Ease Par. 18, 21

BACKGROUND OF READING 3000-1 F 55

B1. 3/19/43 Mrs. [3000] requested Physical Reading "for health, which is not at all good."

TEXT OF READING 3000-1 F 55

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 14th day of May, 1943, in accordance with request made by the self - [3000], new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by the book, THERE IS A RIVER.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

R E A D I N G

Time of Reading 10: 45 to 11: 05 A. M. Eastern War Time. Michigan.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the questions, as I ask them:
2. EC: Yes, we have the body here, [3000].
3. Now as we find, there are those conditions rather of which the body should be warned. We find no great disturbance organically. Functionally, owing to the unbalancing in portions of the system, there are dis-eases - rather than disease - through the body.
4. These, then, are the conditions as we find them with this body, [3000] we are speaking of:
5. The blood supply has become rather heavy; slowed in circulation through portions of the body, owing to pressures created in parts of the system. While the blood pressure is not a great deal unbalanced, or in the metabolism of the system, the katabolism is disturbed; that is, there are variations in those activities, and at times the body feels much better up late than when it arises the next morning. There has not been that creating of the well-balanced equilibrium. Thus the body feels dull, as though portions of the body - as in hands, through arms, through limbs at times, - not all at the same time, but at various times - were swollen, or full - and there is the impression as if there might be tendencies for something creeping within the flesh itself.
6. These are indications of how there is the unbalance in blood flow. Though the chemical forces of blood are very good, the count in the hemoglobin would be out of the ordinary.
7. This produces in the lymph and emunctory, or the superficial activities, a bad coordination between superficial and deeper circulation, as related to elimination of poisons from the system.
8. Thus at times we will find the body will of evening or night apparently have hot and cold flushes, or periods when there is quite a variation in the temperature in parts of the body.
9. This also forms through the activity awake when at times the body easily forms a perspiration, and at others it is very hard to make the perspiratory system react in the body-forces.
10. The nerve forces of the body are very good. Yet there are those natural tendencies for stresses produced in the body-eliminations, and body coordination in same, as from the varied activities of the flow from the nerve centers along the spine, and those

coordinating with the functioning organs through the body, to give some little distress through the nerve forces. Thus those reactions in same.

11. In the organs themselves, as indicated, there is very little disorder; though the functioning of these is at times cold, or slow, and at others the reactions cause distress, or the awareness that they are present and functioning in the body; as the heart, as the liver, as the kidneys, as the activities of same throughout the body.

12. As we find, in making corrections:

13. We would take, systematically, a series of hydrotherapy treatments. Each treatment should include a Dry Heat Bath followed by the Fumes with same of witchhazel; then the hot and cold shower, or needle shower; then the thorough rubdown - a massaging of the body with Pine Oil (preferably, for this body); giving special reference in the massage to those areas between the shoulders, back of the neck and across the small of the back.

14. Take these treatments about twice or three times a week until six or eight are taken.

15. Then leave them off about two weeks.

16. Have them, then, once a week until six or eight more are taken.

17. And we should bring much better conditions for this body.

18. In the matter of the diet, the exercise, and the mental attitude towards the conditions about the body, - all of these, to be sure, have their effect upon the physical forces; as well as the physical forces having their effect upon the mental forces - or the outlook of the body upon the relationships that exist between others, as well as the general welfare of the whole purposes of the body, as well as of a peoples or nation.

19. Keep rather a normal diet, but tending towards those foods of the eliminating character; such as plenty of vegetables and fruits and not too much of meats of any kind, though meat may be taken occasionally. Use fish, fowl or lamb in preference to the other characters of meats. Though these are strong for the body at times, - that is, fish, fowl and lamb, - these taken in moderation will be the better. But the principal part of the diet should be vegetables and fruits, and the leafy vegetables in preference to the pod variety.

20. Activities in the open are well for the body. But take some regular exercise, a few minutes morning and evening of the regular setting-up exercise will be most beneficial for the body. Of morning exercise the upper part of the body, and of evening exercise preferably from the waist down. These will be found to be most helpful.

21. In the mental attitude, - keep creative in purpose, in design, in hopes and in activity. Know that the contribution of self to the whole, or to the Creative Forces, has its part to perform. Keep in that way of making all with whom you come in contact BETTER for having met you. Make EVERYONE glad to see you, rather than sorry you have come.

22. Do thee, and we will find better conditions.

23. Ready for questions.

24. (Q) What causes the fits of drowsiness?

(A) This is from the poor circulation, or unbalanced circulation, as indicated.

25. (Q) Am I in others ways as well as can be expected of a woman of 55, or is the exhaustion abnormal?

(A) As indicated, the body is very good. There are rather the functional disorders than organic disorders of any serious nature; that will be materially aided by the suggested treatments, if using the diet and exercise given.

Do that.

26. We are through with this Reading.

REPORTS OF READING 3000-1 F 55

R1. 5/14/43 P.M. She also had a Life Reading, 3000-2.

R2. 5/21/43 [3000]'s letter to EC: "The reading on my health was a great relief as I have been feeling very miserable for some times past, but I can easily see that what you said is true. The almost impossible part would be the heat baths and massage living as I do so far in the country. I shall have to await an opportunity to go somewhere to get them later on when farming is not at such a tension.

"You made one remark which has made me think considerably. 'Make people pleased that you have been with them rather than sorry.' It is good to hear such an observation as we do not hear the truth very often when we get older."

R3. 3/24/44 See 3000-3.

BACKGROUND OF READING 3000-3 F 56

B1. See 3000-1 and 3000-2.

TEXT OF READING 3000-3 F 56

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 24th day of March, 1944, in accordance with phone request made by the self - [3000], Active Member of the Ass'n for Research & Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. (Notes read to and transcribed by Jeanette Fitch.) [3000].

R E A D I N G

Time of Reading 10: 55 to 11: 10 A. M. Eastern War Time. Michigan.

1. GC: You will give the physical condition of this body at the present time with suggestions for further corrective measures, answering the questions, as I ask them:
2. EC: Yes, we have the body here; this we have had before.
3. As we find there are considerable changes in the general physical forces of the body since last we had same here. Some changes have been for betterment, others have become rather progressive and are more exaggerated than when we had conditions here before - and there is the tendency for an increase in the numbers of the white blood and the decrease in the red blood.
4. The activity that causes a form of anemia, as we find, is from the lack of proper activity of the structural portions of body, especially through ribs and the spleen and pancreas to react with the digestive activities of the body.
5. The applications for retarding the destructive forces and for aiding spleen, with the x-ray, have been very good.
6. But as we find, if there would be used rather the ultra-violet with the projection of green glass between the ultra-violet and the body, it would be more helpful to this body-force.
7. To be sure the ultra-violet is what is needed, but do use the green glass so that certain rays are taken from the ultra-violet that will be changed to a healing influence. There is not to be used the painted glass but the green stained glass. The darker the green is, for this body, the better.
8. The ultra-violet should be the Mercury lamp, or the Cooper-Hewitt Light, with at least a ten by twelve inch green glass projected between this and the body. The ultra-violet should be at least thirty-seven or thirty-eight inches from the body, while the green glass should be suspended between this and the body - about fourteen inches from the body. These rays should be directed to the spleen area, also over the rib area from the back - a minute for each treatment. This do at least every other day, until we find a variation.
9. Do take beef juice and liver, and liver extract as medicine. Liver puddings and those things that will add to the body-forces.
10. Thus we will reduce the white blood count, we will increase the red blood supply.
11. As for the general conditions in the body-forces, do use the low Wet Cell Appliance in the manner that the Radio-Active is ordinarily used. Use this at the periods when the body-mind would control the activities of the imaginative system, the sensory forces, as the body goes to sleep. Attach the Appliance for at least thirty minutes; the left wrist,

right ankle; right wrist, left ankle and so on. Be sure to attach the same plate first each time. Both of these small plates for this body should be of nickel.

12. The Appliance should be regular charge.

13. Each evening when using the Appliance, let this be the period for prayer and meditation, surrounding self with that which is the ideal of the body as to creative and constructive forces.

14. This will aid to equalize circulation through the body and prevent the destructive forces of any of the sensory system or imaginative forces from being overactive in the influences outside the body.

15. Ready for questions.

16. (Q) Will this treatment eliminate entirely the leukemia?

(A) If this is followed consistently we will find that we can eliminate this condition, if taken in time.

17. (Q) Has the entity or outside influence that has attempted to put me to sleep at night had anything to do with this physical condition?

(A) Has much to do with the physical disturbance. We may eliminate same, for it cannot work through the low electrical forces - if the suggestion to self is carried at the same time, as indicated.

18. (Q) What is the source of this influence, and why do such entities want to manifest through me or to control me?

(A) The attempts of others to impose themselves upon the entity. Used in the manners outlined, this low Wet Cell Appliance will eliminate these conditions. For the particular condition of leukemia, do use the ultra-violet ray with the green glass. For the conditions of the suggestive forces or activities of the body, the sympathetic nerve system and the activity through sensory forces, use the Wet Cell Appliance as a Radio-Active would be used; that the low form of electricity may pass through there along the activities of the body. For of course the vibrations will be changed by the use of the ultra-violet every other day.

19. We are through with this reading.

(See directions [which were enclosed] for preparing pure Beef Juice. If you are unable to obtain the green glass locally, this may be ordered from the American Plate and Window Glass Company, Prospect Ave., East Orange, N.J., for \$2.50 per square foot. A piece about ten by twelve inches would be sufficient, this suspended between the ultra-violet lamp and the body - about fourteen inches from the body.

See extra sheet of directions [which was enclosed] to be sent to Mr. A. M. Godfrey, 2709 Lafayette Blvd., Norfolk, Va., for preparing the Wet Cell Appliance to be used in this individual case. Also article explaining theory of this Appliance.)

REPORTS OF READING 3000-3 F 56

R1. 3/24/44 Questions submitted which did not get asked:

1. Was the hospital right in giving x-ray treatments to the spleen? Is the Leukemia incurable, as they say? 2. What will check the Leukemia or eliminate it entirely?

R2. 4/19/44 EC's letter to HLC: "As mother has no doubt told you about the lady [3000] who came from Michigan and who was such a nice contributor to the research fund... The lady from Michigan came from the Ford Hospital, that is, she goes there every year

CANCER: LEUKEMIA CIRCULATING FILE

to be checked over. She had a reading sometime last spring; has gotten along very well. She went there a few months ago to be checked over and they asked her what she had been doing, as she was really better, and she showed them the reading. As they read it over, they said 'Why this paper says you have something that's mighty hard to deal with; the beginning of pernicious anemia. We haven't found that, but it will take a special examination to really determine whether this is true or not. Will you let us see if there is anything in what it says here?' They couldn't believe it was possible, of course, for anyone never having seen her to tell that such a condition existed. After two or three examinations they said, 'Well he is exactly right, but we wouldn't know what to do; we would advise - in fact, will pay your way down there - for a reading, and let him give a reading with you listening, and then bring it back and let us know.' They sent her down by plane and you know her reaction, and we usually judge them by material standards. Since she has gone back she says they are following out the suggestions as were indicated so in Ford's place they are investigating the mechanical appliance, as some weeks ago I had 2 letters from two of the Deans of the Harvard Medical school... One of them was Dr. [3602]."

R3. 4/27/44 EC's letter to son, Edgar Evans: "Mother doubtless told you about the lady who came from Michigan, who made such a nice contribution to the Sponsorship Fund. The real interest in that, however, is the fact that the Ford Hospital gave any recognition to the work here. It is also interesting to note that they had it proved to them without asking. They had been checking her over for several years and she had gotten along so much better since her reading. The reading indicated that she had something that the hospital hadn't found that she had at all, though they had just checked her over. It required 2 or 3 days for them to re-check to determine whether the reading was correct or not, and when they found the reading was absolutely correct as to the proportion in numbers of red and white blood cells in the body, they were amazed, and possibly they acted before they thought the second time. Makes it rather interesting at least."

R4. 7/26/44 Letter to GD: "I am sorry to hear that Dr. Cayce is not feeling well but it is not surprising when one considers how much he is doing and how confining the work is. My health has been much better and the last time I had a blood check it was so satisfactory that the doctor said that I would not have to have another until September and if it continued the same there was nothing to worry about. The last two tests read three leukemia cells to one hundred and two leukemia cells to one hundred. That you see is almost normal. I still continue the electrical treatments..."

R5. 11/14/44 Letter to A. M. Godfrey: "Please send me another order of ingredients for the wet cell battery."

R6. 10/24/46 Letter to GD: "...have been trying to settle into a new home since 11/45 in California and everything is so difficult these days..."

"Sometimes I believe I slip over to the 'other side' and frequently contact people. If you remember when I was in Virginia Beach for the reading I told you of one or two things that had happened and asked you if you had ever seen the little flames along Mr. Cayce's body when he was in trance.

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“I dreamt, though quite conscious at the time, that I was on the 'other side' and Mr. Cayce came to me - he was younger - not so careworn - and very gay. I asked him many questions I had been puzzling over and he answered them all. I cannot remember the questions tho' at the time I told myself I must do so. As we were saying good-bye he said in a most whimsical manner, 'Now, don't try and live too long.'

“Interesting because with leukemia, which I still have, life is sometimes a struggle and I stop and ask myself - why do I continue to struggle?”

R7. 11/25/46 Letter to HLC: “You were very kind to bother to answer my letter to GD and the leukemia data [extract sent] was most interesting.

“I used the Wet Cell treatment up to the time I left Michigan [11/45] and my case was practically normal.

“My trip to California was most unexpected and after I was here a short time the blood count flared up - I tried several doctors and finally located in the Crocker Clinic at Berkeley with Dr. John Lawrence, brother of the Lawrence who invented the Ciclotrone [cyclotron]. Since then I have been having injections of split atoms of phosphorus. There has been much written on the subject recently.

“Nothing was as good as your father's advice but since then my health has been much worse. Were he alive I would ask for another reading... I am writing for another Wet Cell and shall start using it again.”

R8. 1/47 Oral report to GD: “I don't know why I'm going to all the trouble to fight this disease, since I'm not particularly interested in living.”

R9. 9/23/53 Elsie Sechrist's letter, 12/52 report: [3000] died of leukemia.

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BACKGROUND OF READING 3616-1 M 67

B1. 1/8/44 Wife's letter: "Through two friends of mine, Mrs. [3268] wife of a Baptist Minister [...] and Mrs. [3395], ...I had the opportunity of reading There Is A River. Recently my husband has become ill of a blood disorder of which the doctors do not know the cause and for which they say there is no known cure. They say he has only a few weeks to live. Naturally we turn to the source of help in which we have the greatest faith... If he is to be helped it must be quickly as he is failing very rapidly..."

B2. 1/23/44 Wife's letter: "My talking with you on the telephone last night was surely an answer to our prayers that you might help my husband...because of the sincerity of your work we are sure that God has led us to you. My husband is 67 years old. The doctors have discovered his bad blood condition, and excessive white count. Until his recent loss of a great deal of weight he has always seemed in excellent health excepting that he has a large diverticulum in his esophagus. Doctors tell him this excessive white count means that he has lymphatic leukemia for which there is no known cure and they give him no hope whatsoever. Two doctors have said he should live not over sixty days. Both my husband and I believe in the Divine Force innate in each individual and we pray that some circumstance may make it possible for you to give him an emergency Physical Reading at once..."

TEXT OF READING 3616-1 M 67 (Lawyer, Methodist)

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 29th day of January, 1944, in accordance with request made by the self - through wife, new Associate Member of the Ass'n for Research and Enlightenment, Inc., recommended by [3268] and THERE IS A RIVER.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. (Notes read to and transcribed by Jeanette Fitch.) Harmon Bro.

R E A D I N G

Time of Reading 11: 10 to 11: 15 A. M. Eastern War Time. Illinois.

1. GC: You will go over this body carefully, examine it thoroughly, and tell me the conditions you find at the present time; giving the cause of the existing conditions, also suggestions for help and relief of this body; answering the question as I ask them:
2. EC: Yes. Conditions here as we find are rather serious, and yet if there is sufficient administration of the applications that may be suggested here, it should not necessarily be fatal in the immediate - even under the great strain and considering the age.
3. As we find, there are tendencies for activities where red blood is being destroyed by the excesses of the white blood supply. While these may cause some anxiety for a while, if these are done we will find that changes will come about and the body may be materially aided.
4. These are glandular disturbances.
5. We would begin taking internally two drops of Atomidine in half a glass of water before the morning meal. Every day increase the dose one drop until five drops can be taken.
6. Then leave off for five days, and commence again - but this time begin with five drops, gradually increasing the amount each day until ten drops are taken.

7. And here we may have a feeling of the heart being overactive, but keep the body quiet. And if this appears in the eighth or ninth, leave it off - but do keep massaging the body. Even if it becomes necessary to put the body in hot water, keep massaging the body - we will change the tide for the recuperative forces from these conditions.
8. The body will necessarily have to keep very quiet.
9. There should be taken a great deal of calves' liver, not too well cooked - just so the body can eat it, with all the blood that may be retained in same. Broil it, not fried - and don't even broil it too much.
10. Beef juice should be taken as medicine, not with the other foods but two, three, four times a day, all that the body will assimilate. Just sip it, not gulping it or taking a whole spoonful - but take a teaspoonful at a time, and let the body be at least two or three minutes in sipping this amount.
11. Give all the orange juice that the body can possibly take. Drink six to eight to ten glasses of orange juice a day.
12. Keep otherwise a normal diet, of course, that easily assimilated, but mostly all the liver and beef juice that can be assimilated, and the orange juice.
13. Ready for questions.
14. We are through with this reading.

REPORTS OF READING 3616-1 M 67

R1. 2/2/44 Wife's letter: "...Thanks for the special Air Mail... We immediately began following the suggestions to the letter as far as we understood them, excepting the Atomidine treatment which will be given as soon as the bottle ordered ...arrives... The Reading seems wonderful to us and my husband feels as if he has a new lease on life. I, myself, have continued in a state of elation and spiritual uplift at being a link (however tiny) in the chain. We both do sincerely appreciate what you did in giving this emergency Reading. Words cannot express our thanks to you. However, it is a matter of regret to both of us that the Reading did not mention the large diverticulum in my husband's esophagus and give suggestions for treatment. This diverticulum is also serious and may be affecting the glands of his throat and thus causing the glandular disturbance mentioned in your Reading. Here are a few questions which I must ask in regard to carrying out the suggestions in your Reading. After the 15 day Atomidine treatment, should any more be taken at any time? Or is this the end of the giving of this medicine? Should there be any noticeable result from taking the Atomidine other than the effect upon the heart? Is the heart always effected by its use? Should the suggested massage commence at once - how often - at what time of day, morning or night - daily or oftener? Is beef liver a good substitute for calf's liver in case we cannot get the latter? As we are not now having any doctor but are depending entirely upon you, should we not have readings by you from time to time?..."

R2. 2/22/44 Wife's letter: "This morning my husband took ten drops of Atomidine, according to the instructions in your psychic reading... In that reading there were no instructions as to any more Atomidine to be taken and we are at a loss to know what to do next... Perhaps I should have understood that a check reading is necessary... There has been no increase in heart activity."

R3. 3/6/44 Letter: "...The suggestion in the psychic reading of Jan. 29th left us uncertain as to how long to continue the Atomidine. We have not consulted a physician because the only hope given us was that possibly an operation on the diverticulum might change the blood condition. We are anxiously waiting for the check reading and will certainly report to you when we are sure that we have fully carried out the instructions given through your psychic reading. Our faith has grown steadily stronger and we are confident that God is using you in answer to our prayer. I should like to tell you that since I asked for the emergency psychic reading, I have felt the urge to pray for you many times a day. In fact I recalled when I learned the hour in which you had given the reading for my husband, that I had been praying for you especially all that morning. Of course my spiritual attitude helped - the reading fitted the case so well, as far as we know. However, why the diverticulum in the esophagus was not mentioned is the question we feel needs answering. Every morning from 9 o'clock CWT until 12, I pray often for you."

R4. 3/7/44 Wife's letter: "...We at once began the treatment and followed carefully all directions. We still continue the 10 glasses of orange juice a day, the liver and the beef juice. We stopped the Atomidine after the 10 drop dose because we were in doubt as to what to do further about it. As soon as we have completed the Atomidine treatment we will have a blood count and report to you. As you may know from letters I wrote, Mr. Cayce, one doctor suggested a possibility that the diverticulum in his esophagus might cause the glandular disturbance. Hoping you will understand our sympathetic understanding of how people are pressing you folks for readings but that you will also appreciate the seriousness of my appeal for a check reading..."

R5. 3/27/44 Wife's letter: "...My husband's mental attitude towards many things in life has made all the difference in the world in our home. He has always worried about his health until since your psychic reading. He has drunk eight or ten glasses of orange juice daily, eaten broiled liver twice a day and taken the beef juice and the Atomidine and has gained in weight during these weeks. In other words he has had such confidence in the reading and in the spiritual phase of the cure that he is a different person. His critical, skeptical attitude has gone. He believes where he was doubting God's good will towards us all. Our only son, 20 years old, was taken from us in 1929 - which had a very great effect upon his faith... I thought you would be glad to know your help is being received gratefully and that your kindness towards us is truly appreciated."

R6. 4/11/44 Questions submitted besides those which got asked at end of his second Physical Reading presented by wife:

1. What is the condition of the body as compared with the condition at the time of the first Reading, January 29?
2. What is the cause of the excessive white count in the blood?
3. Does the diverticulum in the esophagus have anything to do with this blood condition?
4. The diverticulum is gradually increasing in size. What should be done about it? (A) Leave it alone? (b) Operate? By whom? Where? (c) Treat it with medicine or otherwise? If so, please give complete directions.
5. What causes the lumps which come and go in the neck, under the arm, and in the groin?
6. Does the diverticulum, by irritating the lymphatic glands in the neck, cause the excessive white count in the blood?
7. In the Reading of January 29, directions were given to drink six to eight to ten glasses of orange juice daily. This has been done regularly up to date. Should this be continued?
8. This

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large quantity of orange juice daily causes looseness of the bowels. If it is to be continued what should be done about this looseness? 9. Calves' liver was also suggested in the Reading. Should this be continued and how long? 10. Calves' liver is difficult to get and it is also very distasteful to me. Is there a liver extract which may be substituted? If so, where can it be obtained? 11. Should the home made beef juice suggested in the first Reading be continued? Is there any beef extract which may be substituted? If so, where may it be obtained? 12. In the Reading on January 29, Atomidine was suggested as follows: two drops in half a glass of water before the morning meal. Every day increase until five drops can be taken - then leave off for five days and commence again with five drops, increasing to ten drops. Should this be continued? (This has been continued since the Reading was received, always leaving off for five-day periods at the end of the ten-drop morning - commencing after five days with five drops and continuing etc. Should this be kept up and how long? This is very important for me to know. Please give instructions explicitly.) 13. The instructions for massaging the body seemed indefinite and as there has been no increased heart activity, no massaging has been given. Should massage be given anyway? 14. How quiet should I be, during what period?

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LEUKEMIA

BACKGROUND OF READING 3616-2 M 67

None.

TEXT OF READING 3616-2 M 67

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 22nd day of April, 1944, in accordance with request made by the wife - [...], Associate Member of the Ass'n for Research and Enlightenment, Inc.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, J. Fitch, Stenos.

R E A D I N G

Time of Reading Set bet. 3: 30 to 4: 30 P. M. Eastern War Time. Illinois.

1. EC: You will give the physical condition of this body at the present time, with suggestions for further corrective measures, answering the questions, as I ask them:
2. EC: Yes. As we find, conditions are still very serious. There are still those tendencies for the increase in the numbers of the white blood and a decrease in red blood supply.
3. We find that there has been a purifying of the blood stream and of the glands, that has produced, through structural portions, the blood supply.
4. We would leave off quantities of the orange juices. We would keep the beef juice. We would leave off much of the liver - which hasn't been taken any too well anyway.
5. We would apply the x-ray for the protuberance that is a part of the growth on portions of the esophagus, which should be aiding the body-structure. Use the x-ray about once every ten days, just a very little but enough so that we may destroy the effects of this growth.
6. We would also give the Infra-red for the body-structure. Let this be over the back and extend to the areas over or opposite the spleen.
7. These, as we find, in the present offer the better help for the body. These conditions are very serious. There isn't sufficient red blood to cause perfect coagulation without there being running sores for any operative measures. Hence the activity of the x-ray and Infra-Red, and the Infra-Red about twenty minutes - taken at least twice a week.
8. In the diet we would take the beef juice as medicine, whole cereals, and a little of the citrus fruits.
9. These, as we find, should work better for the body.
10. We are through with this reading.

REPORTS OF READING 3616-2 M 67

R1. 11/28/44 Wife's letter: "...My husband has taken the Atomidine regularly as you suggested, also the orange juice; Calves' liver is difficult to get these days; would liver capsules answer the purpose? What about the beef tea? The glands in his left groin, his right arm pit and left arm pit stay enlarged and most of the time the gland at the back of his neck is enlarged. These glands have grown larger since April in spite of the Atomidine. He also has terrible cramps in his feet and legs below his knees every night. Many nights he get out of bed and walks the floor three to six times. Can you suggest the cause of these cramps? Is there any remedy for them? At first he thought the Atomidine was causing the glands to return to normal size but during these last months they stay

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enlarged. Will you please give the check reading as soon as possible that you may tell us whether this condition as to his blood has continued to improve as your check reading in April indicated? We will sincerely appreciate having this check reading as soon as you can give it without harm to yourself..”

The following articles have been included because the information supports the remedies and therapies described in the Edgar Cayce readings or of a helpful nature. Their inclusion does not imply endorsement or recommendation. Before following any advice contained in the articles, please seek the counsel of your doctor.

What I Would Do if I Had Cancer



Dr. Whitaker at his Wellness Institute.

By Julian Whitaker, M.D.
Venture Inward, January/February 2004

Cancer! Perhaps no other diagnosis is as feared. Yet many people fear the treatment options nearly as much as the disease itself – and rightly so. Conventional cancer therapy is toxic and dehumanizing – and, by and large, it doesn't work. Its reliance on aggressive, invasive, and toxic methods such as surgery, chemotherapy, chemotherapy, and radiation therapy is based on the faulty paradigm that the body must be purged of cancer by any means necessary. This may have seemed reasonable in the early 1890s when William Halstead, M.D., performed the first radical mastectomy, but it has proven to be so wrong over the last century that continuing to adhere to it constitutes more fraud than honest mistake.

In this report, I am not going to tell you what you should do if you have cancer. Only you can make that decision. However, I will tell you what I would do if I had cancer. Equally important, I will tell you what I wouldn't do. To begin with, I wouldn't accept a diagnosis of cancer as a death sentence. I wouldn't swallow everything my doctors told me. I would research treatment alternatives and become my own expert on my condition. In short, I would fight for my life by all means available to me.

The strategies that I would use to fight cancer are similar to strategies I would use to fight any serious illness such as heart disease or diabetes: dietary modifications, targeted nutritional supplements, and other natural therapies. The beauty of these therapies is that they can be used with whatever other treatment – conventional or alternative – you would choose to undergo. Together, they give your body a fighting chance to heal itself. Let's first look at my anticancer diet.

My Cancer-Fighting Diet

Diet is a more powerful cancer therapy than most people realize. **There is solid evidence that improved nutrition strengthens the immune system, slows the growth of tumors, and protects against metastasis (the spread of cancer).** In a study conducted at the University of Victoria, B.C., researchers examined 200 cancer patients who had experienced “spontaneous regression” (an inexplicable cure or tumor reduction). A full 87 percent of these patients had made major changes in their diets.

If I had cancer, I would take this research to heart. I would switch to a primarily vegetarian diet and eliminate virtually all sources of saturated fat, including meat and dairy products, as well as trans fatty acids found in processed foods. Diets high in these saturated fat and trans fatty acids have been shown to stimulate cancer growth. At the same time, I would include healthy fats from cold-water fish (salmon, tuna, and mackerel) and flaxseed. The omega-3 essential fatty acids in these foods are proven to protect against cancer.

In addition to small amounts of healthy fats, my anticancer diet would include moderate servings of protein, and abundant helpings of fiber-rich vegetables, fruits, legumes, and whole grains. Plant foods are loaded with beneficial vitamins, minerals, and phytonutrients that slow cancer growth. I’d make a special effort to eat foods with known anticancer properties – soybeans, cruciferous vegetables (such as broccoli and cauliflower), leafy green and yellow-orange vegetables, berries, citrus and other fruits, garlic, and green tea.

I would also investigate macrobiotics. Macrobiotics is an Eastern tradition, defined by Michio Kushi, founder of the internationally famous Kushi Institute in Massachusetts, as “the universal way of health, happiness, and peace.” At its center is a “perfectly balanced” diet consisting of 50 percent whole cereal grains and 20 to 30 percent locally (and preferably organically) grown vegetables, supplemented with smaller amounts of beans, sea vegetables, soup, and occasionally white meat, fish, and fruit. Many studies have demonstrated the value of this kind of diet in treating cancer patients.

Nutritional Supplements Are a Must

A healthy diet is only one tool in the fight against cancer. Equally important are nutritional supplements. As a doctor, I know that cancer cells drain nutritional resources from the body and leave it in a state of malnutrition. Studies have shown that cancer patients have sub-optimal levels of a number of vital nutrients – particularly antioxidant vitamins and minerals.

If I had cancer, I would take a highpotency multivitamin and mineral supplement to ensure my body had the nutrients it needed in doses adequate to mount an attack on cancer cells. I would also take targeted supplements that have proven to strengthen the immune system and help the body fight back against cancer. Here are some of the most promising:

Selenium: The trace mineral selenium is one of our most powerful weapons against cancer. In a study published in the *Journal of the American Medical Association* in 1996, researcher Larry Clark, Ph.D., of the Arizona Cancer Center, presented convincing evidence that supplemental selenium could reduce cancer death rates by as much as 50 percent! In this study, Dr. Clark recruited 1,312 people with a history of skin cancer and divided them into two groups. Those in the first group were given 200 mcg of

selenium per day, while those in the second group were given a look-alike placebo. Though selenium had no effect on skin cancer recurrence in these patients, its effects on overall cancer incidence and mortality were dramatic – there was a 37 percent lower cancer rate and 50 percent fewer deaths from cancer in the selenium group. In fact, the results were so definitive that the study was stopped early, as researchers felt it would be unethical to deny the placebo group the benefits of this remarkable mineral.

Selenium is a powerful antioxidant that facilitates the quick repair of free-radical damage to DNA – one of the primary causes of cancer. In addition to its own antioxidant properties, it is also essential for the production of glutathione, an important antioxidant and detoxifier produced by the body. But selenium's ability to protect against cancer goes far beyond this. It actually causes cancer cells to self-destruct before they replicate, thereby short-circuiting cancer growth.

I take 200 mcg of selenium daily and strongly recommend that anyone concerned about cancer do the same. The form used in the study is high-selenium yeast, which is the most bioavailable form.

Vitamin C: Numerous studies have shown that high-dose vitamin C is associated with a decreased risk of cancer. But can it be effective in the treatment of cancer? Studies done by Scottish physician and researcher Ewan Cameron, M.D., provide compelling evidence that it can.

Malignant cells produce an enzyme called hyaluronidase that breaks up the “glue” that holds cells together. This allows cancerous cells to infiltrate healthy tissues. Dr. Cameron discovered that vitamin C inhibits the production of this enzyme, thereby strengthening the “cellular cement” and slowing cancer growth. When he gave high-dose vitamin C (an average of 10 grams per day) to cancer patients, he reported remarkable improvements in quality of life and survival time.

In addition to strengthening the “glue” between healthy cells, vitamin C enhances immune function and stimulates the formation of collagen that encapsulates or “walls off” tumors and prevents them from spreading. It also corrects the vitamin C deficiencies seen in most cancer patients, speeds surgical wound healing, enhances the effectiveness of some chemotherapy drugs, and reduces the toxicity of others.

Extra vitamin C is a must for cancer patients. **If I had cancer, I would take 10,000-15,000 mg a day.** High-dose vitamin C can cause gastrointestinal distress in some people, so it should be taken in small doses throughout the day, with food, to minimize that possibility. Some people tolerate buffered vitamin C better. Vitamin C may also be given intravenously.

Coenzyme Q10: Like vitamin C, coenzyme Q10 (CoQ10) is a powerful antioxidant and cancer fighter. CoQ10 is most active in the mitochondria, the energy-producing factories in every cell. It functions like a spark plug within the mitochondria, igniting the creation of ATP, the basic unit of energy that runs your entire body.

Research has shown that cancer patients often have serious deficiencies of CoQ10. According to Dr. Karl Folkers, the “father of CoQ10” who began studying this nutrient back in the early 1960s, supplemental CoQ10 is extremely effective in reducing and eliminating tumors in some patients. In 1995, in conjunction with Danish researchers, Dr. Folkers published a study reporting complete tumor regression in five patients with advanced breast cancer using an average of 390 mg of CoQ10 per day.

I am convinced that CoQ10 is a valuable component of a comprehensive cancer treatment program. **If I were facing cancer, I'd take 100-200 mg of this very safe supplement, in an oil-soluble form, every day.** CoQ10 requires a little fat to be best absorbed, so it is best taken with a meal.

Bovine and Shark Cartilage: One of the most exciting discoveries ever in cancer research was announced in the summer of 1998. Two drugs under development were able to dramatically shrink tumors in mice by choking off their blood supply. It may be years before these drugs, called endostatin and angiostatin, are ready for human use, but two natural agents that work in a similar way are available right now in your health food store – bovine and shark cartilage.

Research on cartilage dates back to the 1950s, when Harvard-trained physician John Prudden, M.D., discovered that bovine cartilage dramatically facilitated wound healing. Dr. Prudden later found that bovine cartilage inhibited angiogenesis, the growth of a network of blood vessels around a dormant tumor that allows it to grow and metastasize – the same mechanism by which the drugs endostatin and angiostatin are purported to work.

Attention turned to shark cartilage in the early 1990s. Sharks are unique in that they have no bones – their entire skeleton is cartilage. This ancient species also has an amazingly robust immune system, and unlike other animals, sharks rarely get cancer. Biochemist William Lane, Ph.D., was intrigued by Dr. Prudden's work but thought shark cartilage might work even better as an anti-angiogenic agent.

After carrying out some early studies – and being given the run-around by the NCI – Dr. Lane teamed up with Charles Simone, M.D., a well-respected oncologist who utilizes nutritional therapies in his medical practice. In 1993 they set up a full-scale study of shark cartilage involving patients with advanced metastatic cancer, most of whom were considered to be “terminal” by conventional cancer doctors. Thirty-five of the patients went on an intensive shark cartilage program, along with dietary and lifestyle changes to enhance immune function, and over a third of these “terminally ill” patients showed improvement. Three patients experienced complete remission, and nine others experienced a significant reduction in their cancer. All of the patients reported improvements in overall quality of life, energy, pain, appetite, and mood.

The recommended dose for bovine cartilage is 9 grams per day. For shark, it is an average of 70 grams per day (1 gram per 2.2 pounds of body weight, or as much as 1 gram per pound in very advanced cases). Both bovine and shark cartilage come in capsules, but with the large amount of shark cartilage required, it is easier to mix a powder in juice or water three times a day – or to administer it by rectal enema. Because cartilage doesn't actually kill tumors, but shrinks them by cutting off their blood supply, it should be taken indefinitely to avoid possible recurrence. The higher doses of shark cartilage may be lowered by half as improvement is noticed, usually after a minimum of 20 weeks, and then reduced to a maintenance dose of 8-10 grams daily.

Essiac Tea: In 1922, Canadian nurse Rene Caisse met a woman who told her she had been cured of cancer by drinking an Ojibway Indian tea which consisted of four herbs: burdock root, sheep's sorrel, slippery elm, and Indian rhubarb root. Caisse made the tea for her aunt, who had inoperable cancer. Her aunt was completely cured, and Rene, naming the tea Essiac (Caisse spelled backwards), found her life's work.

Rene Caisse never claimed that Essiac tea was a cancer cure, nor that it would help everyone. But neither should we dismiss it as just another old folk remedy – its history is too solid to ignore. The individual herbs in Essiac tea have all been shown in recent years to have anticancer activity, and thousands of cancer patients in the past 70 years have claimed to have been helped by Essiac tea.

The most convenient and least expensive way to use Essiac tea is to buy the mixed herbs, brew your own, and store it in the refrigerator. Drink two ounces three times a day at least one hour before meals, and give it an initial trial of 12 consecutive weeks without interruption. Essiac tea is available in health food stores.

Hydrazine Sulfate: Most cancer patients don't die from cancer. They die from cachexia – the energy loss, malnutrition, and wasting away that cancer causes – and from opportunistic infections and organ failure that accompany this weakened state. Cachexia results from the abnormal metabolism of cancer cells. Unlike healthy cells, cancer cells break down glucose for energy in the absence of oxygen, generating lactic acid as a byproduct. Lactic acid and other breakdown products are taken up by the liver and – with the expenditure of a great deal of energy – converted back into glucose. The glucose is again gobbled up by the cancer cells, more lactic acid is produced, and the energy drain is perpetuated.

If I had cancer,
I would take this
research to heart.
I would switch to a
primarily vegetarian
diet and eliminate
virtually all sources of
saturated fat, including
meat and dairy prod-
ucts, as well as trans
fatty acids found in
processed foods.



Joseph Gold, M.D.,
an innovative physician
who has been consistently
hounded by the cancer
establishment, has
researched a safe, effective
way to break this vicious
energy-depleting cycle –
hydrazine sulfate. This
inexpensive chemical
breaks the energy depleting
cycle by blocking an
enzyme that is required to
convert lactic acid back
into glucose. Instead of
attacking a tumor, it simply
deprives the tumor of the

energy needed to grow. Studies conducted in the former USSR and at the UCLA Medical Center have shown that hydrazine sulfate improves appetite, weight gain, energy levels, quality of life and, in terminal patients, survival time. It also appears to relieve the side effects of chemotherapy and radiation therapy.

The dosage of hydrazine sulfate Dr. Gold recommends is one 60 mg capsule before breakfast for the first three days; two capsules a day, one before breakfast and another before dinner, on days 4 to 6; and on day 7 and thereafter, three capsules a day, one before breakfast, one in the mid-afternoon, and one before bedtime with a snack. However, the dosage of hydrazine sulfate may vary with body weight, and should be discussed with your doctor. The course lasts six weeks and is then interrupted by a one-to two-week drug-free interval. This same cycle can be repeated as often as needed.

Alcohol, barbiturates, tranquilizers, and foods high in tyramine (cheese, raisins, cured foods like sausages, and fermented products like yogurt and miso) should be strictly avoided while taking hydrazine sulfate, as they can interfere with the drug's effectiveness and cause significant side effects and sickness.

Amygdalin (Laetrile): Amygdalin (also known as **vitamin B17** or laetrile) has been the subject of more controversy than any other single anticancer agent. This naturally occurring substance is found in over 1,200 plants, and is especially prevalent in the seeds of apricots, peaches, cherries, plums, and apples. In the body, amygdalin acts like a "smart bomb," breaking down into substances that selectively target cancer cells while leaving normal cells alone.

Studies carried out by biochemist Kanematsu Sugiura, Ph.D., at Memorial Sloan-Kettering Cancer Center in the 1970s showed that amygdalin stopped the growth of small tumors and could dramatically reduce the spread of breast cancer in laboratory animals. However, the results of these studies were not made public by Memorial Sloan-Kettering. In fact, officials there set out to discredit this research. When one experiment failed to confirm Sugiura's findings, the public affairs department was told to instruct the media that amygdalin had been "proven" worthless. What they didn't say is that this experiment had used 1/40 of the dose used in Sugiura's successful studies – hardly a fair trial of a potentially valuable cancer-fighting compound.

Likewise, a widely publicized 1981 clinical trial "proving" amygdalin to be worthless had serious flaws. This trial was carried out at the Mayo Clinic, with the support of the National Cancer Institute, among terminally ill cancer patients who had already had their immune systems devastated by surgery, chemotherapy, and radiation. These patients were unlikely to benefit from any therapy. To make matters more difficult, the substance used was not amygdalin (laetrile), but isoamygdalin, a relatively inactive form of amygdalin. Despite these challenges, the cancers of 70 percent of the patients stabilized during the three weeks that they received intravenous amygdalin. (Oral amygdalin did not halt the progression of cancer.)

While the cancer establishment continues its criticism of amygdalin, this natural compound remains one of the most widely used supplements among alternative physicians. Although it can be dangerous if too much is taken, at recommended intravenous and oral doses, it is safe and appears to be an effective anticancer agent, especially for improving well-being and relieving cancer pain. Apricot kernels or laetrile capsules can be ordered by mail. The usual dose is 250 to 1,000 mg or 10 to 20 apricot kernels daily.

Ukrain: Ukrain is a unique product consisting of an herb called greater celandine (*Chelidonium majus*) combined with a cancer drug called thiotepa. Greater celandine has a long history of use as a folk treatment for cancer, while thiotepa was the first anticancer drug produced by the German pharmaceutical industry. Although each of these compounds is highly irritating and toxic on its own, the combination is remarkable for its ability to destroy cancer cells while leaving normal cells unharmed.

Ukrain is the brainchild of Dr. J. Wassyl Nowicky, who named it after his native country (without the final "e") and unveiled it at the 13th International Congress of Chemotherapy in Vienna in 1983. For a therapy that stemmed from folk cancer treatments, it has an impressive body of research behind it. In studies conducted at the National Cancer Institute, Ukrain was tested against 60 different human cancer cell lines

and completely inhibited the growth of cancer in 57 of them, including leukemia, melanoma, and cancers of the lung, colon, brain, ovary, breast, and kidney.

Clinical studies of this anticancer agent are equally impressive. In a 10- year clinical study conducted by scientists at Dr. Nowicky's Ukrain Anti- Cancer Institute in Austria, 93 percent of patients starting treatment at the earliest stage of tumor development (no metastases) experienced a total remission. In patients with minimal metastasis, the success rate was a still remarkable 72 percent. Even in patients with advanced metastatic cancer (considered "terminal" by most physicians), the success rate was 30 percent.

Ukrain works on several fronts to selectively destroy cancer cells. It inhibits DNA, RNA, and protein synthesis in malignant cells and reduces these cells' oxygen consumption to zero, effectively killing them. Like shark and bovine cartilage, it also inhibits the growth of blood vessels around a tumor, starving the tumor of nutrients and helping to prevent the spread of cancer beyond the original site. And it fortifies the immune system by increasing the number of T helper cells, which coordinate key immune activities, and macrophages, which seek and destroy abnormal cells.

Over 120 scientific papers on Ukrain have been published by scientists from 16 countries and 47 universities and research institutes. Investigation of Ukrain continues not just in Austria, where it is produced, but at many institutions in Canada, France, Germany the Netherlands, Switzerland, Thailand, and even Swaziland. Unfortunately, American oncologists are far less open to the potential value of this anticancer compound. Only a handful of alternative practitioners in the United States offer Ukrain therapy. (See Resources sidebar.)

Keep Searching: The therapies that I have described above are the ones that, in my opinion, would offer me the best chance of success in fortifying my immune system and helping me to combat cancer without destroying my body in the process. In contrast to the invasiveness of surgery, the toxic brew of chemotherapy drugs, and the destructive effects of radiation, these therapies have an impressive record of safety. What's more, countless patients with "terminal" cancer have used these therapies to beat the odds and are living proof that "cut, burn, and poison" are not the only ways to combat cancer.

If I were battling cancer, I wouldn't stop with what I know now. I would continue to search for effective, nontoxic therapies that would give me a fighting chance. I would likely turn to Ralph Moss, Ph.D., probably the most knowledgeable writer in the world on alternative therapies for cancer. His books are a much-needed antidote to the mainstream media's glorification of conventional cancer therapy. Through a service called *The Moss Reports*, he also provides personalized recommendations on the best alternative cancer treatments worldwide, depending on the type and severity of cancer.

I would consult People Against Cancer, a nonprofit organization that provides a comprehensive counseling service called the Alternative Therapy Program. It includes a review of your medical records by a network of doctors who use alternative therapies.

Finally, I would look into cancer treatment clinics using therapies that promote the body's innate healing powers rather than devastate the immune system. Here are two of the most promising clinics that I would explore.

Burzynski's Antineoplastons: Antineoplaston therapy is a remarkable cancer treatment devised by Stanislaw Burzynski, M.D., and administered at his clinic in Houston, Texas. I firmly believe that antineoplastons are among the most important

breakthroughs of the century in cancer therapy for one reason: they address cancer at its origins. Administered by mouth or intravenously, these small protein compounds enter cells and alter specific functions of their genes. Some activate tumor suppressor genes that cause cancer cells to undergo apoptosis (programmed cell death), while others turn off oncogenes that would otherwise cause unbridled cell growth – the very definition of cancer.

Dr. Burzynski recently celebrated the 25th anniversary of the founding of the Research Institute and the Burzynski Clinic. There was much to celebrate, for since opening his clinic, he has extended the lives of thousands of cancer patients, many of them with aggressive, “incurable,” or highly advanced cancer. Dr. Burzynski’s success rate is especially remarkable considering the types of cancer he is most closely associated with – virulent brain tumors that conventional medicine is powerless to treat. In one trial of patients with brain tumors, survival, complete remission, and

partial remission rates were seven times greater with antineoplastons than have been documented in the published studies of patients with similar tumors treated with surgery, radiation, and chemotherapy.

If you are interested in pursuing antineoplaston treatment, be aware that the FDA controls who gets to use the therapy and who doesn’t. Patients with malignant brain tumors or lowgrade lymphoma may begin therapy as soon as they are diagnosed, but those with other types of cancer are often required by the FDA to first undergo radiation

**DR. WHITAKER’S RESOURCES
MENTIONED IN THIS ARTICLE**

The vitamins and minerals mentioned in this report are available in health food stores or from Healthy Directions, at 800-722-8008 or www.drwhitaker.com.

Bovine cartilage developed by Dr. Prudden, VitaCarte, is available in health food stores or from Phoenix Biologics, 800-947-8482. Dr. Lane’s shark cartilage, BeneFin, is also available in health stores or at www.lanelabs.com.

For more information on shark cartilage, read Dr. Lane’s books, *Sharks Don’t Get Cancer* and *Sharks Still Don’t Get Cancer*.

Hydrazine sulfate is available from Bio Research Institute, 800-291-1508.

For information about **amygdalin (laetrile)**, call Bio Research Institute at 800-291-1508.

To learn more about **ukrain**, which should be used under the care of a physician, write to the Ukrainian Anti-Cancer Institute, Margaretenstr. 7/ 7, A-1040 Vienna, Austria, or visit their Web site, www.ukrain.com.

Ralph Moss’s books on the cancer industry and alternative treatments for cancer are available in bookstores and many libraries. For information on The Moss Reports, call 800-980-1234 or visit www.cancerdecisions.com.

To contact **People Against Cancer**, call 515- 972-4444 or visit www.people-againstcancer.com.

To learn more about the **Burzynski Clinic**, call 713-335-5697 or visit the Burzynski Research Institute’s Web site, www.cancermed.com, or the Burzynski Patient Group’s Web site, www.burzynskipatientgroup.org.

To learn more about **Hoxsey** therapy, contact the Bio-Medical Center in Tijuana, Mexico at 011-52-66-4684-9011 or the National College of Naturopathic Medicine at 503-255-4860.

I3C is available from Life Extension, 800-544- 4440 or 800-841-5433, or www.lef.org.

The brand of **modified citrus pectin** used in the research cited in this report is PectaSol, available in health food stores or from EcoNugenics, 800-308-5518.

Cell Forte with **inositol hexaphosphate (IP- 6)**, from Enzymatic Therapy, is sold at most health food stores.

ImmPower AHCC by American BioSciences can be ordered from Harmony Company at 800-422-5518.

or chemotherapy. Patients must be seen in the Burzynski Clinic in Houston, and may be required to stay in Houston for two to four weeks for daily antineoplastic administration and evaluation. It is an expensive therapy but is sometimes covered by insurance.

Hoxsey's Herbs: The Hoxsey therapy is one of the oldest alternative therapies for cancer. A self-trained healer, Harry Hoxsey used herbal formulas passed on by his great-grandfather to treat cancer. Some of these formulas were applied to the skin in order to selectively destroy cancerous tissue, while others were designed to be taken internally. These tonics were believed to balance the body and create a healing environment in which the immune system is strengthened and tumors die.

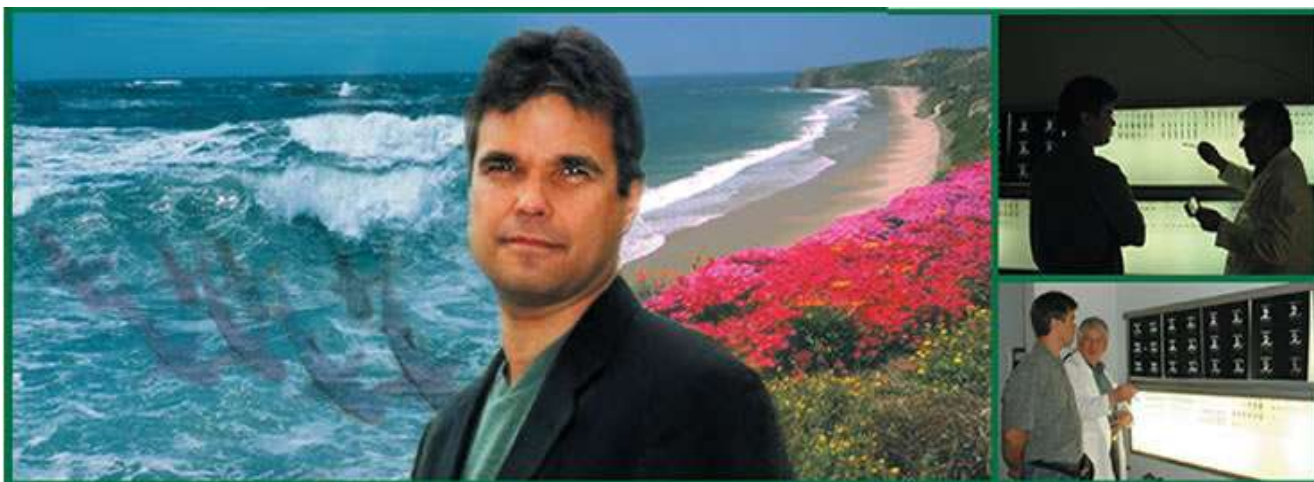
Hoxsey established a clinic in Dallas, Texas, in the 1920s, where he had good success treating cancer patients. Despite popular support for his treatment, the conventional medical community dismissed Hoxsey as a charlatan and he was repeatedly arrested for practicing medicine without a license. In one two-year period, he was arrested over 100 times! Eventually, his treatment was banished from the U.S. When Hoxsey retired, he passed the torch to his nurse, Mildred Nelson, R.N., who established the Bio-Medical Center in Tijuana, Mexico, in 1963. It was the first alternative medical treatment facility catering to American citizens outside the United States.

Since its establishment, the Bio-Medical Center has treated thousands of cancer patients. The types of cancer that seem to respond most favorably include melanoma, chronic leukemia, lymphoma, and other types of skin cancer. Patients with cancers of the lung, colon, prostate, cervix, and breast also report a good response. Recent research leaves no doubt that Hoxsey's formulas, however strange their origins, do indeed contain many plant substances with therapeutic activity. In fact, scientists have identified antitumor activity in all but three of Hoxsey's plants, including burdock root, red clover, barberry, licorice root, and prickly ash.

When patients are confronted with a diagnosis of cancer, reason often flies out the window. At the very time they should be making calm, well-considered, educated decisions, they're paralyzed by shock, fear, and an extreme sense of urgency. Many patients in this situation rush headlong into whatever course of action their physician recommends. They do so not so much because they have faith in the effectiveness of current cancer therapies, but because they're too scared to do anything else.

Be an "exceptional" patient, even if you're labeled "difficult." Don't be afraid to ask your doctor for documentation, and don't be reluctant to question what you don't understand or disagree with. Absolutely get a second opinion, and possibly a third and a fourth. I know it takes courage to question your doctor's recommendations and even more courage to reject them. Don't forget, it's his or her professional opinion. But it's your life.

Julian Whitaker, M.D., is founder and president of the Whitaker Wellness Institute Medical Clinic in Newport Beach, Calif. He is the author of the monthly newsletter *Health & Healing*, and has written eight books including *Reversing Hypertension*, *Reversing Diabetes*, and *Reversing Heart Disease* (Warner Books). For more information, visit www.drwhitaker.com or call 1-800-539-8219. This article is a reprint of Dr. Whitaker's booklet of the same title. Used by permission.



At one point Allen used imagery of sharks eating his tumors. Today he is cancer-free and trying to help others learn of the alternative healing methods that were so successful in his case.

Discussing results of CT scans with the radiologist at the Bio Medical Center in Tijuana, Mexico.

Healing Cancer with Cayce's Help

by Allen S. Chips, D.C.H.

Venture Inward magazine, March/April 2006.

As an alternative health professional, I never thought I would be the one telling about my own battle with cancer. I'd helped others cure theirs, but did not expect to be in the position of needing the advice, "Physician, heal thyself." We always think that it won't happen to us – we take so many supplements, do our spiritual work, meditate, try to eat right, then whammo! the body does things that we don't consciously want. Like me, many embark upon a grand educational journey through alternative or allopathic medicine, in search of healing.

People often ask me, "Do you know what caused it?" or "Do you have any pollution problems near your house?" I tell them yes, that I know what the turning points were for contracting the disease, and then getting rid of it. I did have a pesticide plant near my house. I tell them genetics played a role, as my mother contracted the exact same strain of Hodgkin's at the same age. I also tell them that my traditional oncologist now says I am a walking miracle: "the most exceptional patient [he's] ever had." So here's my story:

I know the events that led to the breakdown of my immune system, which led to mono - a virus that resulted in Hodgkin's lymphoma. It was, in part, a family issue. In order to protect our family's privacy, I will leave out the details; but almost everybody is familiar with the potential difficulties inherent in parenting teens. When you come from an ethnic background, such as mine, family is everything, and so the turbulence was all-consuming.

My teenagers are great today, but back then, I experienced sleepless nights and dissatisfaction toward life for a short period of time, I must admit. This inner restlessness was just enough to trigger a change in my health.

I came down with the first symptoms of night sweats and week-long fevers on Good Friday, in April 2003, was diagnosed with Hodgkin's lymphoma on May 21, right on my 20th wedding anniversary, and reluctantly set up my first chemo date for June 16. My diagnosis was stage 2B - two areas of the body, traveling in the blood. Two tumors on the neck, four tumors between the heart and lungs, and growing. I was supposed to take 12

treatments of A.B.D.V. chemotherapy, with a PET scan after eight treatments, to determine whether chemo would be enough. If not, radiation would also be necessary.

I got on the recovery warpath in May by spending every day, from 7:30 a.m. to sometimes as late as 1 or 2 p.m., researching cures in a book or on the phone. I contacted a wide variety of treatment programs, oncologists, cancer researchers, alternative health practitioners, psychics, ministers, recovered cancer patients, and the National Institutes of Health's National Council of Complementary and Alternative Medicine (NCCAM).

At first, because sharks don't get cancer, I put myself on shark cartilage; however, I later discovered, through the NCCAM website, this form of calcium by itself had proved to be ineffective. I put myself on garlic, due to the recent studies in Japan showing tumor reduction capabilities, and added high doses of coenzyme Q-10 to the mix, due to its recent reports of assisting cures in breast and other cancers. I changed my diet to eating slightly higher amounts of fruits and vegetables. I implemented daily "white light" meditation for tumor reduction using shark imagery. At first I imagined great whites eating tumors, then purple nursing sharks in my bloodstream for eating any traveling cancer cells. I also took a multivitamin, some green grasses, elderberry extract, and vitamin E with B6, B12, and folic acid. I did hypnomeditation daily and received guidance that purple was my healing color for this condition. I later had a significant dream that I would be healed. This was confirmed by my deceased grandmother during a symptom-relieving reiki treatment with my wife, who is a reiki master and medical clairvoyant.

I did get the tumors in my neck to shrink slightly from mid-April to mid-May, but by the end of May, I knew I was losing the battle. One of the two tumors on my neck was growing. It went from a kind of loose kidney bean to fanning out and attaching on the side of my neck. This was the week before I was to teach a segment of our past-life therapy training program at the A.R.E. Each night, I felt deathly ill, as if I had a cross between walking pneumonia and the flu. It felt like lighter fluid on the sternum and a brick on the chest.

On June 1, I woke up in the morning, after a few hours of sleep, drenched in sweat. That day, the first day of the class, I announced my problem and that other instructors would take over the training thereafter. Several students came up to ask me if I'd explored the A.R.E.'s health and rejuvenation center. I told them that I would look into it. By the end of the day, I had set up an appointment for a lymph cleansing – a three-and-a-half-hour process that would begin at 9 a.m. the next day. That night I received a much-needed mind-body regressive soul-retrieval session.

The next day began the turning point in my recovery. The lymph cleansing included three parts with three practitioners: a lymph massage, acupressure with castor oil packs, and a colonic. The lymph massage felt relaxing and balancing, but the acupressure was a real purger. As I lay there with a hot castor oil pack on my abdomen, sweating like a pig, the pressure points on my arms and wrists felt like nails were being driven through them. I was having difficulty breathing, and my practitioner said, "Wow, you are moving a lot of energy." A cleansing effect was apparent.

Next was my first colonic, where my worst fear came true. The therapist was a former hypnotherapy student from a certification program I had taught at the A.R.E. (God help us during these kinds of synchronicities!). Nevertheless, she was very professional and experienced, so it turned out to be a very educational and beneficial experience. (I

continued colonics for the first few months.) At the end of my session, I met with a staff member at the Health and Rejuvenation Center who told me about a relative who had Hodgkin's lymphoma and cured it with chemotherapy. It was encouraging to know that traditional medicine had cured someone, should I wish to go through with it. However, the side effects of chemotherapy, of contracting more cancers, concerned me. This was particularly true of radiation therapy.

My acupressure therapist gifted me with the booklet, *Cancer Medicine from Nature*, by Roger Bloom. The book made sense, as it emphasized the herbs Edgar Cayce recommended to rectify cancerous conditions. Herbal medicine made sense to me, as I recollected a Cayce reading suggesting there was natural cure for every illness. I felt that God would have foreseen our conditions of illness and given us this grace; so I wanted to find out more about it while at the A.R.E.

After checking in with the conference department, to secure my speaking schedule at A.R.E. (all of us affirming I would be here next year), the next stop was the A.R.E. Library. There, I explained to Linda, the librarian, of my plight, and she immediately committed to helping me find a natural cure for my condition. Apparently, she'd also cured herself of a medical condition with the help of the Cayce readings. I loaded up with books, tapes, videos, magazines, and illustrations, and headed to the resource room to work with the readings on CD-Rom. I found a wealth of information.

My focus was on herbs and diet. I wanted to see what Edgar Cayce recommended not just to prevent cancer, but cure it. I found multiple recommendations of burdock root, stillingia, yellow dock root, wild cherry bark, and potassium iodide. I also found elderflower and noticed that Cayce recommended an alkaline diet.

As I watched the video outlining the Hoxsey approach, *Quacks Who Cure*, my head spun. Harry Hoxsey was a naturopath curing cancer around the time Cayce was giving readings, prescribing almost the exact same herbal compounds. What I saw convinced me that these two men discovered the cure for cancer. The government conspiracy...the alkaline diet similar to the Cayce diet...and the herbs – almost identical. Due to the fact that Hoxsey was curing cancer outside of the medical establishment, the A.M.A. filed a lawsuit, which Hoxsey won in a counter suit. He proved he was curing cancer as he'd claimed. However, a few weeks later Hoxsey's 17 clinics, which were located in almost every major city across American, were pad-locked by the F.D.A. In 1962, their headquarters in Dallas moved to Tijuana, Mexico, where the clinic still exists today. At the end of the video, I viewed several testimonials of cancer cures.

Then, I watched another video called, *Hoxsey's Bio Medical Center - The Experience*, which described a patient's experience at the clinic. A husband and wife who both recovered with the clinic's treatments produced it.

She'd been diagnosed with pancreatic cancer and given three months to live – 20 years ago! I later found out that typically those who are diagnosed with pancreatic cancer are told to skip chemotherapy because it would just shorten their lives. Traditional medicine offered no hope. Wow! I later phoned her to find out her husband was diagnosed with non-Hodgkin's lymphoma a few years after her cure, and he was also cured with Hoxsey therapy using no traditional medicine.

The number of testimonials I'd heard on the video indicated that it couldn't be quackery. After Linda pointed out the Hoxsey Formula in the Baar Products catalog, I got on the phone with Bruce Baar, president of Baar Products, whom I'd met years earlier at

a conference held at the A.R.E. Even though Bruce advised me to go to the clinic in Tijuana, instead of experimenting with his formula, I decided to try it just to see what it would do. His tonic's main ingredients were similar to the original Hoxsey tonic (burdock root, stillingia, red clover, poke weed, licorice, cascara sagrada, prickly ash bark, buckthorn bark, berberis root, and potassium iodide) with the addition of a few herbs that Cayce recommended for cancer recovery. However, this formula was suspended in an alcohol base, which I later found out reduced its potency.

Next, I went to the Heritage Store and bought burdock root and red clover (also traditionally used in Native American cures), and the herbal digestive tonic Formula 545 (also available through A.R.E.), since it contained yellow dock, sarsaparilla, prickly ash, and wild cherry. Finally, I mixed in some licorice extract with all of the above, creating my own concoction.

Next, I began the Cayce alkaline diet. That night I contacted a local chiropractor, who was referred to me by the A.R.E. librarian. She said that she had been diagnosed with breast cancer last September and immediately checked into the Bio Medical Center in Tijuana to use their system as her only treatment. Originally, her tumor was the size of a half dollar and was now the size of a dime. (Recently, she'd informed me that her physician in the U.S. took CT scans, which indicated a solid remission; she now has outlived her relatives, many of whom had died from cancer).

I started on all the Cayce herbs on June 2. At that time, I figured that if I could get the Cayce/Hoxsey herbs and diet to work, as evidenced by shrinking my tumors, I would skip chemo.

By June 5, I was home in Virginia when I received my package with the Hoxsey tonic from Baar Products. That night I sensed the presence of Padre Pio, the stigmatist, in my bedroom. My prayers previously requested his intercession to either heal me or enlighten me as to the purpose for having the disease. That night, I received the message that I would not be healed through divine intervention, but that I was to educate others on my journey.

My wife and I flew to Puerto Vallarta for a third honeymoon just before I was to start my first of 12 chemotherapy treatments on June 16. I continued to use the herbs and a form of Cayce's alkaline diet while I was on the trip, when nothing short of a miracle happened. I felt the large tumor on my neck detach itself, like a rubber band snapping against my neck. It began to shrink as the week went on, and by the time I arrived at the oncology clinic on the 16th, it was the size of a BB. The other lymph node, which had also been proliferating, was by then nonexistent. My physician said, "You are the most exceptional patient in the history of my practice." He told the nurses, "I don't think Mr. Chips will be needing his chemotherapy today." They looked dumbfounded as I could barely hold myself together to make another appointment for a six-week check up.

However, unfortunately, the battle wasn't over. By the end of June, at a family gathering, people said that I still didn't have good color. I felt bloated and was having night sweats every two weeks through the end of July, (my oncologist indicated that night sweats could possibly coincide with the spread of cancer cells through the blood stream). I was worried and asked God for a dream of discernment. That same night, I had a dream that I erroneously interpreted as an urging to take chemotherapy, and with the medical professionals in my family urging me, I signed up to start the process the third week in

July, thinking I would do both alternative and traditional medicine to make sure I won the battle. I told my physician about the dream:

“I was in a car race and had a slow vehicle that was very frustrating. There were two big black guys in the back seat, and one in the passenger seat. The one in the passenger seat kept grabbing the steering wheel trying to take over the driving. I felt the message was that somebody must take over from here, and I should stop self-treating. I think you [the doctor] may have been the woman with dark hair who started the race. I interpret this as a sign that I should probably start chemo.”

He told me he wasn't sure about my interpretation of the dream, since I was making good progress with the Cayce herbal-dietary approach, but that he would order in the “juice” if I wanted it. My traditional oncologist had written three books on oncology and spirituality, so his hesitance about my interpretation of the dream is worth noting.

I took one round of chemo anyway, thinking I would do self-hypnosis and imagery to stave off the side effects. Afterward, I was anemic, had hives from an allergic reaction, blisters on my tongue, severe, debilitating short-term memory loss (from intravenous steroids), and the list goes on. I couldn't remember what I did or said from one moment to the next, and of all of my gifts from God, my mind is my most treasured asset. A few days later, when I went to church, my pastor looked at me and said, “What happened to you?” I told him that I took a chemotherapy treatment, and he said, “Maybe you needed to try it to find out it was something you should never do again.” I agreed. I felt like death warmed over, and I almost fainted a couple of times during the service.

I knew that Spirit was talking through him. After church, I checked myself into the emergency room, and was told not to drive. On the way home, my wife's intuition was that it would kill me if I proceeded, so I vowed never to do chemo again.

In essence, I was on my own from here. I was a “no-show” on my next chemo appointment, and at my subsequent doctor's visit, my oncologist said I needed to have at least 5 more treatments (of 12 minimum) to have any remote chance of a cure. He recommended I take off from work for at least a year, close the speaking and publishing business, and have my wife support me. I said, “No way.” He said, “You know one treatment won't cure you.” I acknowledged that, and was officially signed off as “refusing treatment” in my medical charts. As I departed, I will never forget my oncologists face as he shook my hand farewell as if he would never see me again.

In the meantime, I recalled the Cayce reading indicating that nothing significant in one's life would happen without first appearing in a dream, so my wife and I thought long and hard to reinterpret my dream correctly. After all, I had asked God to give me a dream for the purpose of discernment. Then, it all began to make sense. We reinterpreted the black driver, who fought me to take over the steering wheel, to represent Hoxsey's “black tonic,” one of the herbal compounds used at the clinic which is characterized by dark root extracts. The group of passengers was the Mexican medical staff at the Bio Medical Center, Tijuana, Mexico. We both ascertained that I was supposed to go to Mexico and let them “drive” now; and we were betting it would be the black tonic they would prescribe for me.

I contacted the local chiropractor again in Virginia Beach. She said, “Eighty years and 80 percent success. You can't beat those statistics.” This confirmed it. As I hung up the phone, I decided no more self-treating. Next, I booked a flight to San Diego, destination Tijuana, Mexico.

When I got to Tijuana on August 10, I requested an additional consultation with a homeopathic physician (all the physicians had been there 15-20 years). In the waiting room, I read the visitor registry. It was filled with testimonials, many from patients who had returned for checkups many years later, still satisfied that the B.M.C. had extended their lives. I read many stories of people whose cancer had metastasized and were cured with Hoxsey therapy in a last-ditch effort after traditional medicine gave up on them.

An oncologist who had worked at the clinic for 18 years examined me. He said my liver and spleen were slightly enlarged, so we would need to stay in frequent contact to make sure the cancer was not spreading to my organs. Next I was shown all my CT scans, which covered a wall. The BMC's radiologist and several alternative medicine physicians pointed out cancer-related factors in the CT scans. That morning, I learned much more about the extent of my disease than I had in the U.S.

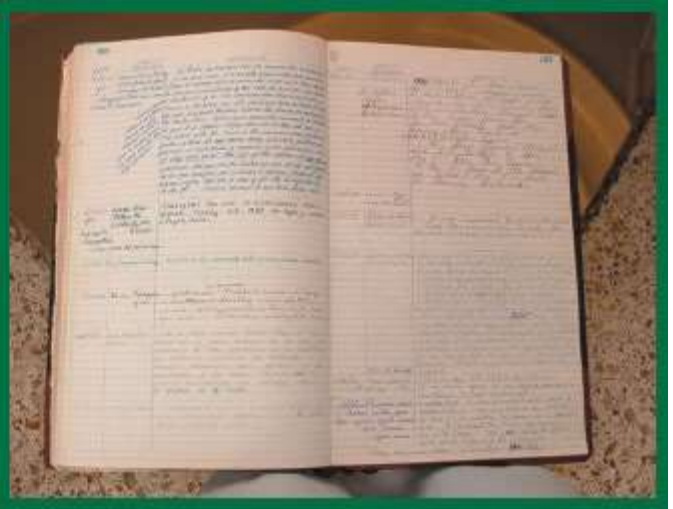
Later, I met again with my oncologist, who put me on a much stricter diet, eliminating pork, vinegar, tomatoes, processed sugar and flour, most fats, alcohol, and many preservatives. The diet added alkaline-forming foods, and took away acid-forming foods. Supplemental replacements were given for specific nutritional deficiencies. The premise for the diet, which had to be followed exactly, was that cancer couldn't grow in a highly alkaline environment. While stifling cancer growth it stimulated the immune system to attack the tumors. The herbs, which cleanse the blood and restore the organs, further boost the immune system and destroy the capillaries feeding the tumors, all of which was evidenced in my CT scans. Years on the diet rebuild the immune system to a level sufficient to prevent any cancers from recurring. The diet works like a vaccine. Once the immune system recognizes and overcomes certain cancer cells, the body maintains a permanent immunity to them.

Second, he put me on the "black tonic," as he called it. (Bingo! Just as the dream indicated.) Their herbs were suspended in a potassium iodide base (instead of alcohol), which proved to be much more potent, as I would discover for the next two months experiencing prolonged digestive tract cleansing. Apparently, the berberis, which is known for killing candida, was doing its job. Then, in the homeopathic consultation I was put on two forms of Chinese medicine. The first was from Spring Wind Herbs - a Berkeley California based Chinese medicine pharmacy that labeled the powdered tea, "Lymphoma Rx." The other was the new "miracle cure," as it's been referred to in the International Journal of Oncology, 2001, called Artemisinin. Nutracology in Hayward, California manufactures Artemisinin. It's a derivative of the herb, artemesia (sweet wormwood), which has been a long-time cure for malaria in Asia. An article written by Robert J. Rowen, M.D., stated that it's been credited with 100% effectiveness, in all cases studied, often resulting in complete remissions - but is not approved by the FDA. I was also put on Montana yew tree needles, the natural, much less toxic derivative of the popular chemo drug taxol.

The last phase was supplement education - Keep taking CoQ-10, garlic, and multivitamins; stop the shark cartilage, and take coral calcium with magnesium instead, since it has several minerals our soil doesn't pass on to our foods anymore.



The cafeteria which serves American and Mexican meals, prepared without toxins, carcinogens, or acid-forming foods.



The testimonial book in the BMC waiting room, containing a large number of success stories.

At the end of my consultation and examination, which cost less than \$100, I was offered a lifetime supply of the herbal medicinal tonic, which amounted to several thousand dollars. There were a few other minor expenses. The clinic was willing to work with patients if they couldn't pay it all at once. At that time, a patient could try the tonic for one year at a price of \$700. Since I knew the remedy was going to work for me, and because the Bio Medical Center recommended a minimum of five years on the tonic, I bought the lifetime supply.

Upon returning home, I experienced six to eight weeks of digestive tract cleansing, which I had been warned about. By late summer, I changed my imagery to God's light melting everything directly, like ice cubes in the sun. I also created a healthy attitude of Buddhist detachment within my personal relationships.

My next visit was to our local hospital in November. The Osteopath who examined the CT scan (on the screen in front of me, since he was my friend and neighbor) exclaimed, "These look necrotized! What have you been doing?" He knew I had given up chemo as soon as I started it, and he had been praying for me. I told him what I'd done to get to this point. Next, I flew out to Mexico for a checkup, and my Mexican oncologists said the same thing: "They (the tumors) look black, and small." Usually, it takes a year or so to boost the immune system high enough to kill and shrink the tumors to this degree, not three months!

In 2004, after two rounds of CT scans, one in the spring and one in the fall, I received a clean bill of health from my local traditional oncologist. He said, "You're done. You don't need to come back here anymore." He had become more interested in how I did it, so I promised him a lunch out after my one-year routine checkup due in the fall of 2005 - when I would further explain these cures from nature.

Yes, the BMC doctors agreed that the chemo was a help, but not a cure; my traditional oncologist concurs. In fact, he originally believed it was a miracle from God. I believe it's a combination of the Cayce/Hoxsey herbs and alkaline diet, the daily imagery I utilized, and the people that God put in my path to teach me how to win the race. The A.R.E. introduced me to natural remedies I didn't realize existed. The BMC made

available these unknown cures, and their holistic support system included a thorough education of diet, herbs, supplements, environment, and lifestyle factors. Throughout the process, they promptly responded to every email and phone call.

This journey made me realize that we are all on borrowed time, and we need to heed the saying *carpe diem*, which in Latin means, “seize the day.” With gratitude, I owe my life and well being to Edgar Cayce, Harry Hoxsey, the people at A.R.E. and the Bio Medical Center - and first and foremost, to God.

“There is within the grasp of man all that in nature that is the counterpart of that in the mental and spiritual realms, and an antidote for every poison, for every ill in the individual experience, if there will but be applied nature, natural sources.”

Edgar Cayce reading #2396-2

Important Resources:

Bio Medical Clinic: 011-52-664-684-9011; BMC@telnor.net; www.Hoxsey.com

Baar Products: (800) 269-2502; www.baar.com

A.R.E. Health and Rejuvenation Center: (800) 333-4499

Cansema and Hoxsey Video

Nutracology: (800) 545-9960; allergyresearchgroup.com

Spring Wind Herbs (pharmacy): (800) 588-4883

A.R.E. Bookstore: (800) 333-4499; www.edgarcayce.org

Dr. Rowen’s newsletter, *Second Option*: (800) 728-2288; (770) 399-5617

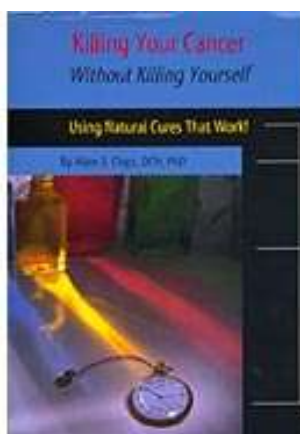
Killing Your Cancer Without Killing Yourself, by Allen S. Chips, D.C.H.

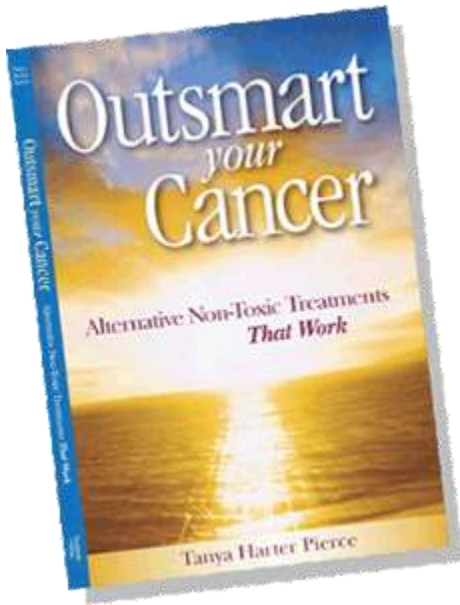
Dr. Allen S. Chips is president of the American Holistic University, and the National Association of Transpersonal Hypnotherapists, and the author of three books: *Clinical Hypnotherapy, a Transpersonal Approach*; *Script Magic: a Hypnotherapist’s Desk Reference*; and *Killing Your Cancer Without Killing Yourself*. Over the past 12 years he has been a popular speaker at A.R.E. conferences on such topics as: professional hypnotherapy certification, reincarnation, life between lives, cancer prevention and recovery, personal growth, and more – all relative to the readings of Edgar Cayce.

**Killing Your Cancer Without Killing Yourself
Using Natural Cures That Work**

Allen S. Chips, DCH, Ph.D.

Follow the author's true medically documented account of how he cured himself of cancer with this approach. Learn about the roles of the immune system with herbal medicines, the anticancer diet and alkalinity, nutraceuticals and other recently discovered natural cures. Explore the oldest and most reputable alternative medicine cancer clinic the world—in Tijuana, Mexico, which uses the Hoxsey formula claiming an 80% success rate. Includes information from the Cayce readings as well, especially as related to the healing properties of the alkaline diet.





In writing this in-depth book, author Tanya Harter Pierce interviewed scores of people who outsmarted their cancer and went on to live normal healthy lives. Read their real-life stories and how they completely recovered from lung, breast, prostate, colon, kidney, brain, bone, pancreatic, lymphatic, and other types of cancer using non-toxic approaches.

In an easy-to-understand conversational style, Pierce also presents sound scientific evidence supporting alternative cancer therapies, and explains why they are so effective.

<http://www.outsmartyourcancer.com/#toc>

One of the therapies mentioned in the above book (besides the Hoxsey approach) is Protocol:

Protocol – Information and eBooklet

The following is a brief description of PROTOCEL. For a more in-depth description, see <http://www.outsmartyourcancer.com/ebooklet.asp>.

Introduction

Protocol is a non-toxic liquid formula that thousands of people in the U.S. have used to successfully rid themselves of cancer. It was developed by an American chemist, Jim Sheridan, who first conceived of it in 1936. He spent the following fifty years improving the formula, studying its effects on mice with tumors.

Originally, Sheridan called his formula Entelev, then a slightly modified version of it was named Cancell. Since 1999, the formula has been produced as a dietary/nutritional supplement under the name of Protocol. The exact same formula is also currently being sold in Australia under the original Entelev name.

History and Theory

Protocol was developed specifically as a cancer treatment and designed to target the anaerobic cell respiration of cancer cells. The principle that cancer cells are primarily anaerobic was proven by the Nobel Prize-winning biochemist Otto Warburg. Warburg was the first scientific expert to put forth the idea that cancer cells do NOT use oxygen in their main method of producing energy and claimed that this was the prime difference between cancer cells and normal healthy cells.

Jim Sheridan discovered a unique way to capitalize on this prime difference. He designed Protocol to interfere with the less efficient cell respiration of cancer cells to the point where the cancer cells could no longer produce enough energy for themselves to

survive, thus allowing Protocol to target cancer cells while not harming the body's normal health cells. (More details on the theory of how Protocol works are presented in *OUTSMART YOUR CANCER* and the *Protocol and Cancer* eBooklet.)

After decades of work perfecting his formula, Sheridan was able to achieve a complete cure rate of about 80% on lab animals with cancer. Human cancer patients started using his formula in the 1980s and many late-stage metastasized cases had remarkable recoveries. Since then, people battling virtually every type of cancer have used Protocol with success.

Though Protocol is NOT a “magic bullet” that will cure everyone, there continue to be astounding recoveries – oftentimes in people who have been given no hope of cure from conventional medicine. Some of the fastest-responding types of cancer may be the childhood leukemias (especially the acute forms), cervical cancer, colon cancer, bladder cancer, basal cell skin cancers and aggressive astrocytoma brain tumors. But Protocol has also been known to bring about complete cures for breast cancer, prostate cancer, lung cancer, brain cancer, lymphomas, kidney cancer, liver cancer, pancreatic cancer, and melanoma, among others. (To read 16 inspiring case stories of cancer recoveries, see *OUTSMART YOUR CANCER* or the *Protocol and Cancer* eBooklet.)

Other Uses

As described earlier, Protocol works by interfering with the cell respiration (energy production) of anaerobic cells. Cancer cells happen to be primarily anaerobic. But there are other types of anaerobic cells in the body as well that are not necessarily cancer cells. These are always damaged cells in one way or another and often are involved in conditions such as auto-immune disorders and viral infections. Thus, people have also had success using Protocol to recover from many different chronic illnesses such as arthritis, psoriasis, ulcerative colitis, Crohn's disease, multiple sclerosis, and viral conditions. Of these, the intestinal disorders and viral conditions tend to be the fastest responders, with multiple sclerosis and other auto-immune disorders taking longer.

USAGE

There are two formulations of Protocol : **Protocol Formula 50** and **Protocol Formula 23**. These are only slightly different variations of the same formula and either will work for most conditions. But the 50 is preferred by many people for certain diagnoses and the 23 is preferred for others. Since individuals may respond better to one or the other, having two versions allows people more control over their own recovery. Protocol Formula 50 is taken at about ¼ teaspoonful 4 times a day (spread out evenly around the clock) and the Formula 23 is taken at about ¼ teaspoonful 5 times a day (spread out evenly around the clock). For optimum results, **never going more than 6 hours between any two doses** is recommended. This means that people using Protocol for critical life-threatening situations will usually get up in the middle of the night to take a dose.

Because Protocol works in a different way than other approaches, by interfering with the cancer cell's ability to produce energy for itself, supplements that raise cellular energy are to be avoided. This means that people using Protocol should **avoid supplementation of vitamin C, vitamin E, CoQ10, and selenium, among others**. Taking these types of supplements can work against Protocol's action. (For more details

CANCER: LEUKEMIA CIRCULATING FILE

about dosing and to read lists of supplements that are either compatible or incompatible with Protocol, see *OUTSMART YOUR CANCER* or the *Protocol and Cancer* eBooklet.)

In *OUTSMART YOUR CANCER*, there are four lengthy chapters on Protocol and these four chapters are also available by themselves in the form of the *Protocol and Cancer* eBooklet offered on this website.

See: <http://www.outsmartyourcancer.com/ebooklet.asp>