

**Circulating File**

**CANCER: PROSTATE**

**A compilation of Extracts  
from the Edgar Cayce Readings**

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## CANCER: PROSTATE CIRCULATING FILE

Circulating Files are collections of verbatim quotes of what Edgar Cayce said during his readings on a given subject or, in some cases everything. We have medical circulating files which focus on the over 9, 000 health-related readings with subjects from Acidity-Alkalinity to Weight Loss. We also have non-medical circulating files on a broad range of topics, for example *Egypt: Sphinx, Pyramids, and Hall of Records*, *Fear and Its Far-Reaching Effects*, *Advice to Parents*, *Serving in Accord with Ideals*, and *Business Advice*.

Each circulating file is simply a collection of reading quotes or full readings given for different individuals on a similar subject or disease. The A.R.E. cannot and does not suggest treatments for physical ailments nor make claims about the effectiveness of the therapies. We encourage anyone working with the health readings to do so under a doctor's care and advice.

The circulating files support the research aspect of the Cayce work. We appreciate any feedback informing us of progress made in improving one's life or achieving good health by applying suggestions given in the readings. Please send any feedback (testimonies, experiences, results, etc.) to:

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Please note: The complete Edgar Cayce Readings are available through the members only section of our web site, [EdgarCayce.org](http://EdgarCayce.org) or on CD-ROM.

Some circulating files contain commentaries or summaries written by physicians. These reports are to be used as a basis for further research in the form of controlled studies, and should not be misinterpreted to be either a refutation or an endorsement by the doctor. Referral doctors wanting to borrow a file for an extended period may do so by writing to the Library: Circulating File Desk.

Our hope is that through the Cayce readings you will find the wholeness and oneness which is God's plan for us.

Blessings, A.R.E. Member Services Team

### ***There are in truth no incurable conditions.... 3744-2***

This Circulating File consists of an overview and the one Edgar Cayce psychic reading on prostate cancer. The information is not intended for self-diagnosis nor self-treatment. Please consult a qualified health care professional before following any advice contained within this file.

Articles and books have been included because the information supports the remedies and therapies described in the Edgar Cayce readings or are of a helpful nature. Their inclusion does not imply endorsement or recommendation. Before following any advice contained in the articles, please seek the counsel of your doctor.

**Cancer: Prostate**

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\* Circulating Files & Research Bulletins are available from A.R.E. membership services at (800) 333-4499 or: [http://www.edgarcayce.org/circulating\\_files.asp](http://www.edgarcayce.org/circulating_files.asp)

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## **Introduction to the Cayce Readings on Health and Healing**

No matter what illness or ailment concerns us, certain basic principles about health and healing are relevant. These are the premises upon which all of the Cayce health information rests. For those who would like to make a more careful study of these basic principles, the recommended Circulating File is entitled "Principles of Healing." Here, in essence, are the ideas found in that file. They may prove to be very useful to your more in-depth study of the specific ailment that requires healing for you.

The first fundamental idea about healing requires that we maintain a creative balance between two principles:

1. All healing comes from the infinite -- that is, from attunement and harmony with our spiritual source. The infinite is just as accessible and available in the visible, physical world as it is in the invisible realm.
2. At the same time, each person must take responsibility for his or her own healing process. No one can simply sit back and wait passively for healing to occur.

This second principle -- the need for self-responsibility -- can take many forms. For example, healing requires attunement, and no one knows better than ourselves exactly what has gotten us out of attunement in the past. Often, if we'll look closely at our lives, we can see (without needing a gifted medical clairvoyant such as Edgar Cayce) what's causing our illness.

To illustrate self-responsibility further, the human body has a marvelous, innate drive to heal itself, but we've got to do our part to help. A broken bone will naturally try to mend; however, the fracture needs to be set properly for the healing to be complete and effective.

Another important principle relates to energy medicine, a new field for which Edgar Cayce was a pioneer. His readings consistently speak of the roles played by vibrations or vibratory forces -- right down to the level of individual atoms. According to Cayce, there is a type of consciousness that exists in each atom. Although most of the passages about the atomic physics of healing seem rather esoteric, it might be easier to follow the analogy of the attunement of a stringed musical instrument. A violin or piano that is out of tune makes sour, discordant music -- symbolic of disease or illness. Just as a skilled musician can bring the instrument back into attunement, we experience healing when our vibrations -- right down to the atomic level -- are adjusted in a correct manner. In essence, all healing is the changing of vibrations from within.

Balance among body, mind, and spirit is another key to Cayce's philosophy of healing. For healing to be complete and lasting, we must recognize and meet the needs of each of these three levels. Virtually no illness or disease can be treated successfully at only one of these three levels.

What's more, Cayce affirms that the human body will naturally stay healthy -- and even rejuvenate itself -- if a kind of internal balance can be maintained. "Disease" starts when one part of the body draws energy from another part. One portion of an organism may become overcharged with the creative life force, while another

portion becomes undernourished. The result is a gradual disintegration of the body and the onset of illness.

The opposite of this sort of disintegration is rejuvenation. The readings assert that we are continuously rebuilding our bodies. Within any seven-year period, each cell is replaced. If we'll allow it, our bodies will transform any problem and resuscitate any condition. But our ingrained habits usually block this healing potential -- the habits of action and, even more potent, the habits of mind.

What role do drugs and medicine play in the healing process? Cayce's philosophy clearly sees a place for them, but warns of misunderstanding how they work and of expecting more of them than is possible. Any healing method attempts to create an experience of oneness, in hopes of then stimulating a similar response in the body. For some people in some situations, a drug may be the best way to accomplish this -- just as in other cases, surgery may be the best way to stimulate healing. Medicines can be a practical application of the one life force. Occasionally they must be very potent in their reactions in order to get the patient through an acute illness. But Cayce from time to time encouraged people to consider the herbal formulas he recommended to be tonics and stimulants, rather than medicines.

The dangerous side of medicines is their potential to diminish the body's own healing work. This is what Cayce alluded to when he warned about "palliatives" that deceive the soul with half truths and temporary relief. It's also what he meant when he warned that we shouldn't come to rely on any condition outside of ourselves that could be assimilated by the body inwardly. All of this is to say, take the medications prescribed by the physician you trust. But keep in mind this thought: what those chemicals can do is temporarily -- and somewhat artificially -- give your body an experience of greater oneness. Healing that really takes hold and lasts must come from changing one's inner consciousness and vibration. That happens most effectively from consistent and persistent human effort (i.e., engaging one's desires, purposes, and will) -- something that pills all too easily allow us to skip.

Cayce's healing philosophy includes other insights that can help us avoid misunderstanding. For example, one principle states that the best treatment procedures sometimes cause a temporary worsening of conditions. If we didn't recognize this possibility, we might give up just before the benefits begin to appear. A closely related principle states that when a body is re-establishing its attunement, it tends to be more sensitive. Again, if we misunderstand that heightened sensitivity, we might not see the good that is slowly being effected.

The mind is a focus of other healing principles. The unconscious mind plays a role in many illnesses and diseases. One example of this is the karmic factor in health problems. Memories from previous incarnations, stored in the soul mind, can trigger problems in the body. Of course, we shouldn't go so far as to suppose that every health challenge has past-life roots; nevertheless, the perspective of reincarnation can help us understand what we could possibly be dealing with as we seek healing.

The familiar Cayce axiom, "Mind is the builder," leads us to wonder exactly which attitudes and emotions best foster healing. The readings emphasize several:

- \* Self-acceptance. As we rid ourselves of self-condemnation, we make room for healing forces to enter.

- \* Optimism and hope. We're encouraged to expect healing.

- \* Patience. It's much easier and quicker to destroy health than it is to rebuild it.

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We need to be willing to patiently invest whatever time is required.

Alongside these specific attitudes and emotions, we're invited to use the creative potential of visualization to stimulate our own healing. The mind's image-making capacity can be directed in such a way that we "see" the healing transformation taking place. This is not something that's accomplished in a single visualization session. Like all the Cayce health-promoting approaches, it requires persistence and works best in conjunction with other healing methods.

Perhaps the most important principle of the mind's relationship to healing concerns purposefulness. A person can experience temporarily an outer healing -- that is, in the physical body only -- yet still be spiritually sick. What cures the soul? A commitment to a purposeful life. Not just any purpose, but instead one that reflects care for other people.

On occasion a reading from Cayce would pose this question to the person who was ill: What would you do with your life if you were healed? The position of Cayce's psychic source was simply this: Why correct the physical condition unless there's also going to be an inner correction? People who are looking for both inner and outer healing are the best candidates for restored health and vitality. In Cayce's philosophy, healing should equip us to be more useful to others.

With this ideal of service in mind, we might also wonder just how we can be channels of healing to others. What principles govern our efforts to be healers to those for whom we have concern? One principle is based on the spiritual connections that exist between all people. It states that as we bring the experience of oneness into our own consciousness, it can profoundly help someone else experience oneness, attunement, and healing. Cayce's way of putting it was, "...raising the Christ Consciousness in self to such an extent as it may flow out of self to him thou would direct it to." (281-7)

For this to be most effective, the recipient must desire such help and have requested healing prayer. Of course, we can always pray for someone, even if that individual hasn't asked us. But it's important that we not assume we know what's needed in any person's life. For one who hasn't specifically asked for prayer, we can simply offer prayers of protection and blessing, rather than try to direct healing energies to that person or for a specific condition.

In summary, the Cayce readings remind us that our natural state is wholeness and health. An innate wisdom within ourselves knows what's needed for healing. We should expect to get well, and we should be willing to do our part to make it possible.

Mark Thurston, Ph.D.  
Education Department

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PROSTATITIS

SURGERY: PREVENTIVE: GLANDS: PROSTATE

**BACKGROUND OF READING 1539-3 M 62**

12/9/39 "Last night I went to the D.O. here in ... and told him I had a little trouble to urinate. He made an examination and found the bladder was quite hard. He stated sediment collected bottom in of the bladder and when I urinated it did not drain properly, as the drainage came from the top of bladder, and stated it was my prostate glands that caused the trouble. He advised Johns Hopkins to insert instrument up penis and make passage or else have an operation. Is there any other remedy?"

**TEXT OF READING 1539-3 M 62**

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 14th day of December, 1939.

2. EC: Yes, we have the body here, [1539]; this we have had before.
3. Now as we find, conditions are very much changed from that as we have had here before. Some of the acute conditions might have been avoided, or the whole of the disturbance avoided, if there had been the application wholly (or consistently) of those conditions which we suggested for the revitalization of the body, especially.
4. For, as we find in the present, the disturbances with the activities of the lower hepatic circulation - especially in the bladder, caused more from the disturbance in the prostate area - might have been eliminated.
5. In the present, as we find, these would be the better manners for eliminating these disturbances:



6. First, we would use the Elliott Machine, consistently; using the appliance for prostate disorders, with this raising of the temperature through the area by the heat applications in the prostate. This will require a little time, but will be much easier than operative forces, and MUCH less dangerous in this becoming a malignant condition. These applications as we find, with the others we will suggest, will reduce these disturbances, eliminating the inclination for sediment and for the hardening of the areas about the emptying of the bladder itself, and reducing the irritation through the penis. The frequency of these applications will depend upon who makes them. As we find, the body should be able to get these in New York, as there are several there who give such treatments. One especially fitted for applying such is a relative of the Elliott who made or presented such a machine.

7. Also at first the body will need at least two or three thorough relaxations osteopathically, especially in those centers from which the activities of the lower kidney area receive their impulse from the cerebrospinal nerves and their relative plexus, - or from both the lumbar and sacral plexus, and the ileum, as well as from the 9th dorsal even to the 7th.

8. After the third or fourth application of the Elliott Machine, we would begin to take a small quantity of Watermelon Seed Tea about twice a week. Pour a pint of boiling water over about a teaspoonful of crushed watermelon seed and let steep as tea. This would be the proportion. Drink about two ounces of this twice a week.

9. These as we find would be the better manners for handling this condition.

10. In the matter of the diet, - keep away from any great quantity of fats. Use a great deal of those foods that will aid in the activities through the liver and hepatic circulation; leafy vegetables, with plenty of figs, dates, raisins and the like, and all of such natures, - but little sweets.

11. (Q) What should be done about the pain below heart?

(A) We would remove these pressures, and the tendency for the gas, and the nerve pressures to arise from the disturbance in the area indicated. This will also cause better circulation through the lower extremities - for the osteopathic stimulation to the sacral and lumbar and ileum plexus will reduce those conditions which cause the coldness and clamminess of feet, producing a better superficial circulation throughout. [See 1539-3, Par. R1.] Do that as indicated, then, and we will bring the better forces for this body of [1539]. We are through.

#### **REPORTS OF READING 1539-3 M 62**

2/20/40 Wife [1516]'s letter:

Dear Mr. Cayce:

We found a very fine man with a new Elliott Machine, Dr. A. Fife Heath [M.D.], 1833 Monroe N.E., Washington, D.C. Mr. [1539] had three treatments a week. We have also been to Dr. Lulu Waters, and found her a splendid operator. She is very sympathetic to your work, in examining Mr. [1539] she has found that the gland is a large hard lump, this has disturbed her quite a good deal, and she asked me would I please ask you to go to sleep again and see if it is coming along all right. I have an idea Mr. Cayce that both Doctors fear a cancer, I have not repeated this to Mr. [1539].... Sincerely Mrs. [1516]

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\* See Baar Products on page 18.

**BACKGROUND OF READING 2911-1 M 63**

B1. 1/29/43 Wife's letter. to EC:

My dear Mr. Cayce:

My husband has just asked me to write the enclosed letter to you as he is most eager for a reading and your suggestions and whatever you have to tell him....

In spite of the doctor's diagnosis and conclusion that [2911]'s condition is cancer of the prostate and that it involves the bladder and kidneys, and probably other parts by this time, I personally would like to hear from you in a separate letter.

The truth of [2911]'s condition has been kept from him by all the doctors, at the insistence of the family and intimate friends, and we still do not want him to know the truth.

IF you find this same condition in your reading, PLEASE write the true findings of your reading to me in a separate letter and send it to my office. I will enclose an envelope, addressed. Then, if it is necessary, write to [2911] but please help us keep the truth from him.

The doctors tell us his condition is advanced and that he does not have much time to live, and we would rather keep him encouraged and trying always to get better, rather than to know that no matter how hard he tries, he can never be free of pain, or well...

**TEXT OF READING 2911-1 M 63**

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 17th day of February, 1943, in accordance with request made by the self - [2911], new Associate Member of the Ass'n for Research & Enlightenment, Inc., through his wife, recommended by Mr. [5086].

2. EC: Yes, we have the body here, [2911-1].

3. As we find, conditions are not good. There are disturbing conditions which prevent the better physical functioning of this body.

4. We find here that the body should consider more of the spiritual than the material things of life. While there may be yet much accomplished by this body, these should be the attitudes of the body. For, it is meeting itself in its own activities.

5. Those disturbances of the prostate glands are of the nature that there may be added those conditions that will allay the disturbances.

6. The applications being made are well, but we would add the Animated Ash; one-eighth grain animated Ash taken internally at least twice each week; followed by the Ultra-Violet Light - but with the green glass projected between the ultra-violet and the body, during the period of treatment. Have the Mercury Quartz Light, not the Carbon Light, and use it at least thirty-eight inches from the body - only a minute to a minute and a half to two minutes. Use the green glass about twelve to fourteen inches from the body, to produce the reflected rays - or so as to have on the affected areas ONLY the ultra-violet screened with the green light, thus producing more of the healing influence.

7. Then, keep the mental attitude in that way of knowing in what there is life, light and immortality. It is not all of death to die, nor all of life to live. When there is sought that peace with Him, this may be had. For His promises are sure.

8. When it becomes necessary for changes, these we find - with the use of such as indicated - may be delayed much time. And there will be that peace, if the trust is set in Him.

9. Ready for questions.

10. (Q) Is an operation inevitable?

(A) This depends upon the attitude and upon the response the body makes, and those general reactions in the body.

11. (Q) Any suggested diet for the body?

(A) That as indicated for the body is very well. We are through for the present.

**REPORTS OF READING 2911-1 M 63**

R1. 2/22/43 Wife's letter to EC:

My dear Mr. Cayce,

Your letter to me came this morning and it was like seeing an old friend, and I appreciate your interest so much. All of us went over your reading many times Saturday afternoon and night and yesterday, and I believe I am right in telling you that it has not raised false hopes, or added new worries. If [2911] has ever guessed the truth, he has not questioned any of the friends, doctors or family, and from his statements to me, and his acceptance of treatments and decisions, I feel he has not guessed the truth. However, after the doctor's decision last Sunday NOT to remove the prostate, but to only put in a drain for the bladder if necessary, his questions have been a bit more pointed as to the possibility of recovery and wondering IF other doctors knew this in the beginning and did not tell us.

Maybe I am just a coward but I do not think so; he has known enough of cancer illnesses among our friends in the past to know the treatments eventually fail and that there is no relief for the pain, and all of us want to spare him the knowledge and despair that nothing can help him toward the end. He is a model patient in every way, and we all want life to be as easy for him as possible until the very end. When it becomes necessary, I will leave my work, as I have in the past, and stay with him all the time. I cannot do it now for he does not feel he needs me and until that time comes, he would suspect me of knowing something I did not tell him.

R2. 2/26//43 Wife's letter: ...

[2911] is considering the suggestions in your reading and it is possible we will take your letter to our doctor within the next few days and discuss it all with him.

[2911] finished another series of deep X-ray treatments in November and we doubt if the doctors will ever give him more treatments, but we will discuss your suggestion, and also the animated ash to be taken internally....

R3. 3/13/43 Wife's letter to EC:

My dear Mr. Cayce,

Again I must thank you for sending me a comforting letter, which was appreciated doubly - just a kind word these days is more than a boost, and when letters like yours come in, then you can imagine the encouragement I have.

[2911] continues to slide backwards, I am afraid. The last ten days he has had an upset liver, and had to take the usual medicine to get relief, and is not entirely recovered from it yet, and it causes us to wonder if his liver is now involved also. He is so miserable and sick almost every minute.

I am considering leaving my work again and stay home with him, but because of financial reasons I hesitate to give up my salary until I must, because even little as it is it helps so much. I worry because he is at home alone during the day, for I know I could find much to do to help him pass away the time...

Thanking you again for just thinking of me and us and wishing us well. The best of everything for you, Mr. Cayce.

Sincerely, [...]

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