# **Circulating File**

# **DECISION MAKING**

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Blessings, A.R.E. Member Services Team

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- 5. Ideals and Beliefs
- 6. Importance of Ideals
- 7. Kingdom of Heaven is Within
- 8. Serving in Accord with Ideals

<sup>\*</sup> Circulating Files & Research Bulletins are available from A.R.E. membership services at (800) 333-4499 or: http://www.edgarcayce.org/circulating

# **Miscellaneous Selections**

# **254-91, Fifth Annual Congress, 6/28/36**

For there is set before thee those choices to be made, as to WHOM ye will serve.

# 341-27, M 21 (College Student, Protestant), 8/26/28

As to planning the coming year, that depends upon the choice made; for man, an entity, an individual, is not a pawn to be moved by unseen forces; but rather by the ACTIVITY OF force through choice making the individual; for each individual is a portion of the great Creative Energy, and as to what that will be when returned to the Whole is UP TO THE INDIVIDUAL!

# 622-6, M 35, 2/6/41

- (Q) Why do I always have the feeling that I cannot "put over" to an audience just exactly what my heart wishes to do?
- (A) Doubt! Talk oftener with Him. Though ye may oft feel, as from man's viewpoint, that ye can never put it over WHOLLY, yet it has been, it will indeed be as He gave, "The world may pass away, but my word shall NOT pass away."

Hence when ye sing, when ye speak, when ye approach thy friend or foe in such a way and manner that He speaketh THROUGH thee, have ye "gone over big"? It will never die!

# 137-127, M 31 (Stockbroker, Hebrew), 2/16/30

- (Q) In endeavoring to abide in you, which is always my thought, is there any counsel to me?
- (A) Let that mind be in you as was and is EVER in me. Not MY will but THY will, Lord and know this, that there abides THIS, as may be made MANIFEST in thee that there is the spiritual body, there is the mental body, there is the physical body. We three are one, even as the Father, the Son, and the Holy Ghost. As we abide in thee, and through the various elements, the various attributes of each, they MANIFEST IN and THROUGH the various forces or bodies in thee.

When doubts arise, when the mental disturbed, when the subconscious even all a flurry - just call on that inmost superconsciousness of MY presence with thee.

- (Q) How can I call this presence?
- (A) Making thy will one WITH the Father, and in the silence just the moment just the seeking just the GIVING of self WHOLLY into the use of that desire to KNOW the guidance of that will.

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# 24-4, F 16, 12/20/30

One that holds friendships when once made, or the tendency is to be slow in change - and an indecision when new conditions, circumstances or things arise in the entity's experience; choosing often to depend upon advice of others rather than being able to make decisions within self.

One inclined towards those things of the arts as pertain to creative forces, as related to those things that make for manifestations of the material as well as of the ethereal conditions in the experiences of individuals.

One that finds the conditions as relate to THINGS - whether of an economic influence or whether those of making decisions as relating to conditions or peoples - SLOW to make any change.

# 2254-1, M 42 (Furniture Business, Protestant), 3/18/31

EC: Yes, we have the body, the enquiring mind, [2254] present in this room. In the varied conditions and circumstances that surround the body, there have existed periods when too suddenly has the body made decisions that have not proven as satisfactory as had been contemplated by the body, and this has had to do - in different ways and manners - with the material relations, as well as with self and home.

# 2582-3, F 33 (Catholic), 9/10/42

- (Q) I have always found it difficult to make decisions and face situations. What is the cause of this indecision and how can I correct this attitude?
- (A) As we have indicated, by the experiences of the entity in its relationships with individuals, these have been oft disappointing. It is regarding individuals and their relationships that most of the indecisions come.

Do not look on personalities. Look on the individuality of the individual, and know that comes from the spiritual and not from the personal self. This will make it much easier for decisions to be made in relationship with things, circumstances and individuals.

# 390-2, F 35 (Maid (Domestic), Protestant), 8/15/33

- (Q) Are Joe [...] and I spiritually fitted to be married?
- (A) This may best be determined in self by taking that which is the desire in the heart of each to Him that giveth light and understanding, through prayer and meditation in His ways.

For, let thy going ins, thine coming outs, be FOUNDED in the ways He would direct, in thine meditations.

# 189-3, F 42 (Secretary, Hebrew), 4/22/37

As to the abilities of the entity in the present, then, and that to which it may attain, and how:

First, study to show thyself approved unto God, a workman not ashamed, rightly divining - or dividing - the words of truth; that is, giving proper evaluations to the material, the mental and the spiritual relationships, the economic, the social, the orders of things in their proper form.

Be not hasty in decisions but know that the answers may come from within.

# 213-1, M adult (Leather Importer, Hebrew), 12/3/27

As respecting those of the mental forces of the body, these are good. At times will appear those forces as related to self and those about self that bring rather consternation, rather the troublesome forces of not knowing just to what, to whom, to turn for advice, self feeling lost, as it were, in the force of action. These are that condition, in the makeup of the entity, harking to those promptings of the call that is innate within entity's being. Turn to that within self that makes self more secure to those creative energies that may be made manifest through the spiritual life of the body. For each entity is the reflection of that God the entity worships, and blessed is he whose God is the Lord of hosts.... [1 Sam. 1: 11; Ps. 40: 4]

- (Q) Will the body find himself in a lawsuit?
- (A) The body may find himself in any way. Best to find himself from within rather than in a law-suit.
  - (Q) Has he an enemy through the business?
  - (A) Who has accomplished anything without enemies?

# 416-13, M 31 (Freight Agent, Protestant), 10/2/37

- (Q) Regarding Taylor property deal which I was unable to close: Did I slip up somewhere on this, or was it best that it happened so? If best, please explain.
- (A) In the affairs of individuals, as here with these, as was indicated, as was seen then this would have been a most excellent investment, as well as making for environs and surroundings that would have been most satisfactory. That circumstances or conditions arose that made or proved to make this an impractical condition in the experience, then accept same as being a providential reaction, which taken as such and not allowed to become as a stumblingblock may prove to be the better for the body.

As we would find, we would rest on such for the time being; that is, until at least another season. Then we would find circumstances and conditions of such natures that these will make for, then, better conditions.

# **INDEX OF READING 136-2 F 20**

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SPIRITUAL ADVICE

Will: Decisions Par. 3, 4

# **TEXT OF READING 136-2 F 20**

This Psychic Reading given by Edgar Cayce, Dayton, Ohio, this 6th day of April, 1925, in accordance with request made by self, through Mr. [900].

- 1. GC: You will have before you the mental, physical and spiritual condition, and environments of same, of [136], ..., La. Give in detail recent mental condition, causes, events last 2 months, correlate with trouble, analyze same and give a definite cure. You will please give this in a manner understandable to the mind of this individual.
- 2. EC: Yes, we have the body here, and those conditions of the mental, physical and spiritual of the body, with the environments of same, and in this, while we find the body physically very good, little suggestion to give concerning same, other than that nature applied through its action with a normal balanced individual.
- 3. As to the mental status of the individual, these we see weighted by much of the surrounding influences, in many ways and manners, and have to do with other individuals than of self, and with the training of the mental forces, the mental, moral and physical urge, the whole of the earthly urge, with the spiritual urges, have brought, do bring about many of the conflicting emotions through which the mental has been and is passing at the present time, and has passed in the last two to three months. Never will the body succeed in gaining its own mental equilibrium doing any condition or any action as a spite, or disregarding self's conviction in any condition pertaining to self's future, either in mental or physical relation.
- 4. As then for the definite conclusion and cure for the condition, the body mentally, physically, spiritually, should enter in that relation with its Creator, as is reached through that injunction, first of all, "May the words of my mouth, the meditations of my heart, be acceptable in Thy sight, my Lord, my Strength, my Redeemer", and when the individual, through its relation to self and Creator, has established that One-ness wherein the inner self or spirit beareth witness with His spirit, that the answer comes from within, then may the individual find that peace, that comfort, that satisfaction of knowing that the Way, the Truth, the Light, will guide, guard and direct the pathway in which the entity should follow, in mind, heart, soul and body, and without this foundation, there is no peace in self, in mind, in body. No answering chord of that "Well done", for upon such foundation alone can the hope, the life, the home be builded in earthly domain, or

in mental strain, or in the spiritual elements necessary to bring that good that comes with the injunction as has ever been given, "Draw nigh unto God and He will draw nigh unto thee." In Him is Life, and Being, and without that satisfaction of being on the Lord's side, never can one reach that injunction, "No one can be against you when on the Lord's side."

- 5. Then let the entity in heart seek that way, and will find Him not far off. "Draw nigh unto Him and He will draw nigh unto thee."
- 6. We have finished.

### **REPORTS OF READING 136-2 F 20**

R1. 4/17/25 Mr. [900]'s letter: "In the case of [136], the morning you took her reading 136-2 I was saying over to myself, in answer to my thoughts of analysis regarding [136]'s case: 'May the words of my mouth and meditations of my heart be acceptable in thy sight, my Lord and redeemer.'"

- R2. 6/1/25 Miss [136] became bride of Mr. [900].
- R3. 6/6/25 See 136-3, her first physical reading.
- R4. 8/1/25 Husband wrote that 136-2 helped her decide to marry him.

### **INDEX OF READING 257-78 M 38**

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# **TEXT OF READING 257-78 M 38 (Sales Mgr., Hebrew)**

This psychic reading given by Edgar Cayce at his office, 105th St. & Ocean, Va. Beach, Va., this 6th day of February, 1932,

- 4. (Q) Will the severing of this relation bring better associations from my friends who long advised the separation?
- (A) Provided the separation is made definite, and that the body does not give the impressions by intimation, by effect or by act that the associations are other than entirely separate. That the association has been well, is dependent as has oft been given upon the body [257]'s USING those lessons that have been learned in the proper way and manner. As given, learn or gain from the association the lesson of sagacity, tenacity, of quiet working but DO NOT learn those of the UNDERHANDED manner as some transactions have in indicated. Do not attempt to cover up; for, as has been given, that that has been done in secret will be shouted from the housetop. Remember many of the lessons as were taught thee in the distribution of those products to state institutions in the old store, and keep thine own skirts not only APPARENTLY CLEAN but FRESH, and well ironed by the spirit of truth. [GD's note: Referring to his early experiences in his father's grocery store?]
- 5. (Q) Have I overcome sufficient karma (as suggested by the Forces) to now proceed on my journey on this plane without Lauterstein? [See 257-10, etc.]
- (A) If the lesson has been learned well, to more often keep the mouth shut. THINK, but don't talk too much!

- 6. (Q) What relation has karma to my present development, and how can I overcome karma?
- (A) This possibly to the entity, to the body-consciousness of [257], would require a whole dissertation in itself. The body little understands the MEANING of karma but to answer same in a few words: That depends upon whether the ACTUAL of the innate forces are kept in accord with that not as HEARSAY, but as to that KNOWN by the body to be GOD'S way! Karma is, then, that that has been in the past builded as INDIFFERENCE to that KNOWN to be right! Taking chances, as it were "will do better tomorrow this suits my purpose today I'll do better tomorrow." Karma is that; making that correction.
- 7. (Q) What is the present development of the mind and soul, as compared with two or three years ago?
- (A) That would depend upon from what VISION this was taken, and the comparison as the standard, or the standard of comparison. The DESIRE is much more along the lines of spirituality. The ACTIVITIES are much perturbed by that which is being felt, or being awakened within the inner man. The ability to USE the knowledge as being obtained is still yet JUST blossoming. Be WILLING to be led; not by SPIRITS, but by the SPIRIT of God Good Right!
- 8. (Q) How can I still further advance into the perfection I seek to attain in the Father's eyes and the fellowman's?
- (A) Put into practice day by day that as IS known. Not some great deed or act, or speech, but line upon line, precept upon precept, here a little, there a little. Not as sounding of trumpets as to what is being accomplished, but in the quiet of thine own conscience lay the plans for that that may be accomplished, and in the acts day by day so build that as conforms to HIS way; for, as He has given, those that seek to know the Lord and do His biddings shall not go empty-handed; neither shall his seed beg bread.
- 10. (Q) How can I now reach the material success in 1932 to be able to better carry out my ideals?
- (A) So act that thine ideals are in accord with HIS will. Let the success, let the bounty or the little, be in HIS hands. THAT the better way.
- 11. (Q) Should I personally endorse bond, as suggested by Lester Parsons in Norfolk, to dissolve Ass'n of Nat'l Investigators?
  - (A) That should be an answer of own self. NOT from here.
- 13. (Q) Regarding the answer to Par. 9-A [257-78], "The Lord helps those who help themselves", please explain what is meant.
- (A) Just what is said! Do as the dictates of thine own conscience! With and after prayerful consideration about same, then act?

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# **TEXT OF READING 257-249 M 49**

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 5th day of December, 1942.

- 3. As we find, in the main, conditions are very good; yet there are those warnings that have been so oft indicated for the body; to which the body should take heed, else we will find as we have indicated for the body the labors, the plannings in the material will be of very little help, unless these precautions are taken.
- 4. Then may the body enjoy the fruits of its labors in the material world and go on to accomplish much in a mental and spiritual manner.
- 5. For, remember, it is not all of life just to live nor yet all of death to die. For it is self that one has to meet. And what ye sow, mentally, spiritually, physically, that ye WILL eventually reap. And the laborer is worthy of his hire; or that effort, that purpose for which ye as an entity plan, consider, has already brought in eternity its own shadow of things to be.

- 18. Know, all that may be added to the body is only to enable each organ to reproduce itself in a consistent way and manner, and it will get rid of drosses with its reproduction. For, as in the spiritual life ye grow in grace, in knowledge, in understanding of the law of God, ye also in the mental life grow in unfoldment, in the awareness of thy associations with spiritual and material activities. So in the mental and spiritual, these throw off. For, have ye not heard how that constantly there is the change, and that the body has in a seven-year cycle reproduced itself entirely? No need for anyone, then, to have ANY disturbance over that length of period, if by common sense there would be the care taken. But if your mind holds to it, and you've got a stumped toe, it will stay stumped! If you've got a bad condition in your gizzard, or liver, you'll keep it if you think so? 19. But the body, the physical, the mental and spiritual, will remove same, if ye will LET it and not hold to the disturbance!
- 20. In the organs of the chest, lungs and heart, these are very good. There is the tendency at times, through the sedentary life, to become overweight. This will produce too large a waistline. Stoking the intestinal canal only tends to make it harder for circulation from lungs, heart, liver, kidneys, and these smothering cause the activities that increase the heart-beat and make for hardships; not slowing it down, for it has a job to do, and it will do it, if you give it half a chance! Because a thing is good to eat, or pleasant to the taste, or pleasing to the eye, doesn't necessarily mean that it is what your heart or your liver or your kidneys or your lungs need! You better leave it off!
- 21. As has been indicated, carbonated waters or those things of the nature coming from hops, or the like, are poison for this body. If you wish to pay the price, keep on taking it but you'll be sorry in the end!
- 22. These can only be warnings. Ye have to do the do. God only gives an individual the ability to choose, but you do the choosing. He does not choose for you. Neither with any information that is of a creative or constructive nature.
- 24. Those things as we have suggested would keep the body physically fit, if there would be consistency and persistency on the part of the body to know the truth of self, of body, of mind, of associations, and apply them diligently.
- 26. (Q) Any disturbance in colon, where I had the operation, to be warned of?
- (A) As indicated, there needs to be these cleansings occasionally. For, when there are poisons or toxic forces, and ye have warnings in the rash, in the feet, in the heart, in the eyes, in the throat, DO SOMETHING ABOUT IT!

# INDEX OF READING 257-250 M 49

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# TEXT OF READING 257-250 M 49 (Sales Mgr., Hebrew)

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 12th day of December, 1942.

- 5. This is walking in the way of the light in the Lord, and is pleasing in His sight.
- 6. As to whether or not individual instances or circumstances have been handled to best material, mental or spiritual advantage, these, as we have so oft indicated, are not to be judgments from here. For, these are choices. For the law remaineth ever: There is today set before thee good and evil, life and death; choose thou.
- 7. To be sure, the choices as so well pointed out by the lawgiver [Moses] are the results of what the individual has done, and is doing daily, regarding that it maintains as its ideal.
- 8. As we would give, in all these things keep that ideal and thy choices have been, will be good, and in keeping with that which has been so oft pointed out to thee.
- 9. Ready for questions.

- 10. (Q) Please advise me how to aid myself to fulfill my affirmation, "O God, please let my inclination be that, that thou would have it be. Let my thoughts and acts be in accordance with that, that thou would have me be."
- (A) These are well. So long as these affirmations, this meditation and prayer, are not mere words to justify self, there needs be little doubt. For He, the Father-God, is not short in meting out His grace and mercy. For, as has been given of old, "The mercy of the Lord endureth forever, to those that seek to do His biddings."

Then, study to show thyself approved. Let this be in thy mind as ye approach each proposition, each condition that deals with ALL problems. For, while these appear oft to be very far apart, or even foreign one to another, ye know that thy meditation is that principle, that purpose upon which this government was brought into being.

Then with such an idea, such an ideal, in thy dealings with the problems of war, of preparedness, of all phases of moral, economic, and conditions to come, ye will be the closer in keeping with that needed.

Each day, then, just give thanks. Keep humble in the blessings He bestows upon thee, and in the favor that He grants thee in the sight of those who have been and are privileged to be the channels through which all forms of preparation are made for carrying on, waging a war against oppression, against slavery, against the disregard of such principles.

Do not become egotistical, officious, or other than as David of old gave, letting it be said of thee in thine own conscience: I seek thy face, O Lord, - thy counsel, thy precepts, - as I deal with my fellow man in carrying forward those principles in this period of disturbance among nations, and among those particularly who oppress the seed of Abraham. [GD's note: This was a personal affirmation for Mr. [257].]

- 11. (Q) Explain how to use this meditation, that will aid my mental development.
- (A) Walk, as ye talk, in the way and in the precepts of His law. Ye know the law: "Thou shalt have no other god before me." Then let not position, power, authority, comforts, or anything that is material, hinder thee or be put before thy seeking after His way. And thy neighbor, thy brother, thy friends, yea, and even thy foes, do good to them, even as ye would have the Lord thy God do good to thee.

Not that ye will not have turmoils. For as ye interpret, as ye understand, they that turn their face from the Lord must and will be chastised.

Then thou wilt be in that position of knowing that ye are well pleasing in the sight of thy Lord.

Who is thy Lord? What is thy God? The father of Abraham, the God of Isaac, the God of Jacob, - yea, the Lord of Him who walked in Galilee. Keep the attitude, and He will be close to thee day by day.

- 12. (Q) What section of the Bible is my best direction?
  - (A) The thirtieth (30th) of Deuteronomy, the seventeenth (17th) of John.

These - if ye walk therein, ye shall not falter nor stumble.

- 13. (Q) What is my father [...]'s advice to me at this time?
  - (A) Walk ye in the ways of thy fathers.

- 14. (Q) Mother [325]'s advice to me at this time?
- (A) The law of the Lord is perfect, my son. Walk ye in the ways thereof. And ye shall see and know thy redeemer liveth.
- 15. (Q) Will I be able to help Governor Lehman and his organization to aid the suffering world to be rehabilitated?
- (A) Through many channels ye may aid. There must not be partiality shown here nor there. But the purpose, the manner is just and right, and WELL have those in authority chosen Governor Lehman as one to mete out those problems that will arise through the various sections or countries of the world.

Then, in thy seeking to aid here: Let thyself be assigned to, seek to be assigned to, some definite point. And these will give thee the opportunity to give greater understanding of the relationships that are borne by all who seek the face of the Lord, whether he be Greek or Jew, French or the children of Ishmael.

For, ALL have fallen short. Yet His mercy endureth forever.

- 18. (Q) When should I see Mrs. Roosevelt next, day and time?
- (A) When there is the opportunity in thine own undertakings to give a period of offering self in a service, in those offices to be fulfilled through the efforts of Governor Lehman.

This would mean, then, something like four to six to ten weeks, before the own affairs would be in the proper position for time to be given direct for such an effort. Not that this is to be delayed, or not to be thought of. But through this period choose what section, what people, what groups. Then don't shoot at it as a whole, but be in that position of being a channel where others, - even in other lands, - may know the real purpose that prompts help. Not to be patted on the back because ye seek something from them, but that they may know that the heart of America is in that purpose of supplying thy brother, - though he be black or white, though he be Gentile or Jew, though he be bond or free. For ALL men MUST be free.

# INDEX OF READING 262-33, "Search for God" Study Group

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Jesus: Pattern Par. 7-A

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: IN HIS PRESENCE

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### **BACKGROUND OF READING 262-33**

B1. 11/23/32 See 413-3, Par. 20-A, giving the title for the next lesson, THE CROSS AND THE CROWN.

### **TEXT OF READING 262-33**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Va. Beach, Va., this 4th day of December, 1932, in accordance with request made by those present.

- 1. GC: You will have before you the Norfolk Study Group #1, members of which are present in this room; and the work on the lesson "In His Presence." You will please give a discourse on this subject which will aid us in completing this lesson. Answer questions.
- 2. EC: Yes, we have the group as gathered here and their work in preparation of the lesson "In His Presence."
- 3. With that which has been given each for their own individual interpretation there is seen, as in general, few have applied same in their everyday experience; for each keeps His presence as a thing apart, something to be experienced, something only made aware of when one is disturbed in some manner or form, when it should be the experience, knowledge and understanding of all that His presence abides with those AS they seek to do His biddings. Not with that outward show which may be experienced by attempting to solve some problem that there may be the enjoying of the reward for same, but rather that there may be the experiencing of the joy, the happiness, the harmony, the love, that fruit which comes from recognizing and using the privileges that are for those who in their simplicity of manner recognize, know, experience His presence; which abides with thee, wilt thou but recognize, understand its own closeness to thee in thine daily experiences. In this manner, then:

- 4. In putting into practice that thou knowest to do, in the LITTLE things, being led by that which has been GIVEN to each, thy contributions may be such from this as to aid others who may seek to know His presence, the joy of His presence, the harmony, the peace that comes with abiding in Him.
- 6. (Q) Please expand on how we may come into the realization of His presence.
- (A) As we have given above, the greater fault from the realization is that it His presence is kept as a thing apart. HE wills that all should come to the knowledge of His presence abiding with all. We come to this knowledge and consciousness by doing those things that are conducive to bringing into every atom of our being that which gives the attributes OF His presence in the earth; and in DOING this do we come to know His presence.
- 7. (Q) Please expand on how we may prepare ourselves that we may abide in His presence.
- (A) This would refer rather to the individual experience; for in the preparations of self there are varied consciousnesses, and what to one might be necessary to another would be secondary, and to that which may be the attribute of good judgement, clean living, without thought of same being a command or a law of universal nature; yet as we, as individuals, become more and more conscious through meditation and prayer, and APPLICATION of that we seek in the way of preparation of that which keeps or holds, or preserves us as individuals in the consciousness of His presence, we become more conscious of His presence abiding with us, as we let that mind through meditation and prayer be in us during and at ALL periods.

Whether in joy, in sorrow, in trouble or in pain, let that mind be in you as was in He that gave, "I am with you ALWAYS, even unto the end of the world." Will that consciousness of the Christ love make our joys the more joyous, our sorrows the more in accord with the manner in which He met sorrow, or disturbances in the material affairs more in accord with the manner in which HE met the material conditions?

As individuals we oft find that that as He gave, in the "thought of the morrow," or "wherewithal shall ye be clothed" was meant for someone else; NOT us. That consciousness as He gave, "In patience possess ye your souls"; WHAT becomes aware of His presence, the physical-carnal body or the spirit of life that impels the soul in its development?

Then, as His love is shed on us, as we muse and meditate and pray to that we hold as our door to His presence, do we become aware of, do we enter in, do we find ourselves abiding in His presence.

As we may experience by that abiding presence, what are the fruits of same? WORRIES pass away, joys take their place; for as He looked upon Peter in the hour of trial and of denial by him, who had been declared to be - that spoken by him - as the foundations of that He was to leave in the earth, did He frown or did He smile? What broke the heart of the man, the frown or the smile?

Then, when ye abide in His presence, though there may come the trials of every kind, though the tears may flow from the breaking up of the carnal forces within self, the spirit is made glad; even as He in the hour of trial, the hour of denial, SMILED upon him and brought to remembrance - even as He has said to

each that has named the Name, "I will bring to remembrance the promises I have made, if ye will abide in my presence." The promises, then, are sure; and not a thing apart from those that abide in His presence, but are ever remembered in the hour not only of sorrow; not only is He the resurrection, not only is He to come in the hour of trial, but He supped also in the hours of joy with those in Cana, He enjoyed even the feast with Zaccheus, laughed and joked. "Yea, though I walk through the valley of the shadow of death - thou art with me; though I fly to the utmost parts of the heavens thou art with me." Will we, as individuals, then, know His presence? How? "If ye love me, keep my commandments." Are they then so burdensome, those commandments? What are His commandments? How may we abide - how may we show the love? "Inasmuch as ye have done it unto the least of these my little ones, ye have done it unto me."

- 8. (Q) The group feels the need of strength and power. May we have instructions as were given to the Disciples, as to what we should do that we may receive this power?
- (A) It is in Him. Do not allow self to become cold, even as the church, but rather let the simplicity of the service be done day by day through the knowledge that His love, His promises abide; for there is power in the Name, there is strength and glory to those that are faithful, there is the abiding hope to all that come in HUMBLENESS seeking even as He, "Not my will but Thine, O God, be done in me." There is no power, no strength, save in Him. That puny strength man may assert in the power of his own manhood is but the SHADOW of that shown by Him, in the ways that lead to the thoughts of everyday action.

Then, the POWER as needed by all is the realization of abiding in His presence; even as may be seen in the next lesson - which is to be, The Cross and the Crown, but gain that strength in the cross ye bear day by day; for He is WILLING, the flesh IS weak. Humble thyself, that the glory and the power may come from Him, from the Father, from the Son, in the consciousness of "We love Him, He loves us. We abide in Him, He abides in us."

- 9. (Q) [[69]'s husband]: What is the meaning of my experience during meditation?
- (A) That the strength of the Spirit arouses every atom of the physical and mental body, even as the experience is the shadow of the fire and the strength to do that as is KNOWN to be in HIS way.
- 12. (Q) What might one who reaches the point of realization of His Presence expect as a result in their daily life and activity?
- (A) As given, the consciousness that He often walks and talks with thee, that His promises are ever present; not retro-active, but VERY active in the causes of the actions in the daily life; that there is the abiding hope, and not the doubts nor the fears that make men afraid; not that that makes for faltering steps, but rather the joys, the PLEASURES in service, even though it require that there be yet greater and greater sacrifices of the carnal forces within our own experiences rather, the all, "that I may know more and more of the joys of His service." The service may not be rendered to self, only to another; and he that serves either in the kindly word, the kindly thought, the kindly deed is lending to the Lord, is giving of himself even as He.

- 13. (Q) Is there a message for the group at this time as a whole?
- (A) BOW THINE HEADS, O YE MEN THAT WOULD SEEK HIS PRESENCE! Be STRONG in His might! Falter not at thine own weak self! Know that thy redeemer liveth and may THIS DAY MAKE KNOWN IN THINE OWN HEART HIS PRESENCE ABIDING WITH THEE! Root from thine body, thine consciousness, aught that would hinder His entering in; for HE would sup with thee! Wilt thou, then, O MAN, make known thine own decisions? Will ye be one with Him? The way which I guard leads to that of glory in the might of the Lord. I, Michael, would guide thee. Do not disobey. Do not falter. Thou knowest the way. [See 262-33, Par. R1.]

# **REPORTS OF READING 262-33**

R1. See Source File Key #262 for open letter to A.R.E. concerning Michael the archangel re 262-33.

### **INDEX OF READING 270-28 M 46**

**BUSINESS ADVICE** 

Ideals Par. 15-A Individuality & Personality Par. 9-A

Prophecy: Withheld Par. 5-A, 6-A Will: Decisions Par. 5-A, 9-A, 14-A

# **TEXT OF READING 270-28 M 46 (Accountant, Protestant)**

This psychic reading given by Edgar Cayce at his office, 105th Street & Ocean, Virginia Beach, Va., this 6th day of August, 1931.

- 5. (Q) Please tell me of the opportunities that will come to me when financial conditions have adjusted themselves.
- (A) Why seek so much for the future? Why not make use of that in the present? As has been advised for the entity, for the body, for the enquiring mind of the body, there is to be an offer to the body when there is a readjustment of the conditions, in a field of kindred nature, yet of a DIFFERENT activity. Wait, or PREPARE self FOR that opportunity, and be ready and willing to act or think some other way, and do as self would do, as it has done some other times before!
- 6. (Q) Which one of these opportunities will materialize first?
  - (A) Ask reasonable, sensible questions!
- 7. (Q) How can he best prepare himself for this opportunity?
- (A) It has been given as to what is to be the nature and character, in the combination of these things as to be used by the telegraph influence and its association with those of television and kindred subjects! Then, prepare self in that line!
- 8. (Q) Will it require that I change my residence and headquarters?
- (A) Depends upon what branch, or how LITTLE the entity would desire to make the physical surroundings as pleasant, or make advancement for self!
- 9. (Q) As each of these opportunities develop, becoming problems, please tell me what course it would be best to follow, or guide me in reaching a decision.
- (A) DECISION should be made from self, NOT from here! The conditions are set before thee, even as has been said from the beginning, "Today is set before thee good and evil." To this entity it may be said that, "Today is being set before thee opportunity. Choose THOU." Would thou become an automaton, to be pushed about or handled by ANY force outside of thyself? and then lose thine own association or connection with thine Creator itself? for, as has been given, the spiritual insight in an individual is that it may become equal or one with the divine influences as may manifest themselves in the individual's life. To act, or be acted upon by such influences, as to be pushed about as an automaton, and to be chosen for us as to what would be the activities, is making the individuals lose their individuality; their personality becomes submerged in that of another.

- 10. (Q) In the present connection, am I worthy of the position held?
- (A) Does the entity think so himself? Has he not received criticisms in many directions? Does the entity feel or know? As is meted out, as has often been given the entity, so will it be measured to the entity again!
- 14. (Q) If I should ever elect to change my employment, in what field or line of industry would I encounter the most success?
- (A) Depends upon how the entity has prepared himself, or does prepare its activities in whatever field it would enter therein!
- 15. (Q) At this time, is there anything else that you would care to say to me about the past, present or future?
- (A) So live and so act with self as to be able to look every man or individual in the face and tell him to "Go to hell"; or so act, in that way and manner that there is known within self that there is that activity which CANNOT be questioned, either by the superior or by the office boy, or by the drayman. So act, in that way and activity of forces, that that as is done becomes a LIVING example of that that the body would present to its Creator; NOT being ASHAMED of that which it acts upon, THROUGH or how, but in a way acceptable to self, to God to thy Creator! 16. We are through.

# **INDEX OF READING 276-7 F 16**

Attitudes & Emotions: Desire	Par. 1012
Child Training: Adolescence	Par. 12
Destiny & Free Will	Par. 19
Karma	Par. 19
: Definition	Par. 19
Meditation: Decisions	Par. 33-A

# **BACKGROUND OF READING 276-7 F 16**

2/25/33 She wrote: "I have persuaded my dear parents [[255] & [378]] to let me have a Mental & Physical Rdg. Do you think you could squeeze one in somewheres? The questions are enclosed. Mother is sending the dough."

# TEXT OF READING 276-7 F 16 (Student, Protestant), 4/14/34

- 10. Hence how glorious may be those things to which the body may attain, either from those forces of the earth that may be termed a career or a success or that appear as a gift, or a genius, or an individual that is endowed with supernormal powers in its activity in the earth.
- 12. Well, then, that those who would influence, or direct or make for influencing the life and the experience of this entity in this formative period, be earnest, sincere, sure, and well-balanced in that which they would present in this entity's experience either as example or precept. For, SOME day in this experience will the activities of this body-mind, this soul-mind, give expression to that it has been governed, ruled or influenced by in forming that which is to be the work of the body, of the physical body, of the mental body, and upon which the soulbeing will in this experience feed.
- 19. What, then, is karma? And what is destiny? What has the soul done, in the spiritual, the material, the cosmic world or consciousness, respecting the knowledge or awareness of the laws being effective in his experience whether in the earth, in the air, in heaven or in hell? These are ever one; for well has it been said, "Though I take the wings of the morning and fly unto the utmost parts of the heavens, Thou art there! Though I make my bed in hell, Thou art there! Though I go to the utmost parts of the earth, Thou art there! Truth, Life, God! Then, that which is cosmic or destiny, or karma depends upon what the soul has done about that it has become aware of.
- 33. (Q) What is best for the spiritual development of this body next summer to go to camp, take a trip, or stay with family at ... Lake?
- (A) This had best be determined in self, from the developments and from those conditions that arise between now and that time when this decision must be made.

As we find, the better would be that the body in its own abilities of its own meditations, and that which may be pointed out to itself, determine - which is asking first: Which is right? Answer from the reasoning of the physical mind. Then in REAL meditation let the inner self answer, as by its own writing - and Do that!

# **INDEX OF READING 279-15 M 32**

**BUSINESS ADVICE** 

Human Relations: Friendship Par. 11-A

Ideals Par. 3-A--8-A, 10-A, 12-A, 15-A

Will: Decisions Par. 8-A

# TEXT OF READING 279-15 M 32 (Former Hotel Mgr., Hebrew), 1/19/32

- 3. (Q) Should I become affiliated with the ... Chemical Products Corp. of ..., Penna.?
- (A) In this association, as we would find, there would be both harmony, possibilities and development. As to whether this should be the proper associations or not, should be determined in the mind of the body when all conditions as surround such association are considered. That there will be some misgivings on the part of others as respecting the association, may be assured in the mind of the body. That differences have arisen in the ideas as concerning the activities of the body, as related to such an association or an association in other directions, that one which conforms the nearest in its dealings and activities to the IDEALS OF the entity SHOULD be THE one considered and acted upon.
- 4. (Q) Will this affiliation be a successful one for both parties concerned?
- (A) That, to be sure, would be dependent upon those very conditions that should be the basis for an association or affiliation. Do the policies of the association, or corporation, conform to the ideals AND ideas OF the bodyconsciousness? Then there may be expended in sincerity that of self that would bring contentment, and NATURALLY the results equal to that EXPENDED of self in BRINGING a satisfactory affiliation, and one that would make for the ideas and ideals of the body.
- 5. (Q) In the differences between the Pittsburgh Chemical Corp. of N.Y. and the ... Chemical Products Corp. of ... [Pa.], which company was in the right?
- (A) That should answer in its own self; for when promises are made these should be kept or the reason for the differences made known, so that there are no questions, or questioning of the acts of either individual or group concerned; for when there may be a question mark, even, after the activities of either an official or a representative of a corporation, group, or what, then there needs be that there is SOMETHING amiss with an ideal policy.
- 6. (Q) Should I remain with the Pittsburgh Chemical Corp. of N.Y., rather than affiliate with the ... Chemical Co. of ... [Pa.]?
- (A) As given, that which conforms the nearest in the policies, in the activities of, the conducting of the affairs, the associations, the business relations, that should be the association made; for no one may give the best of themselves with question marks behind themselves, or any officer or associate of such association or affiliation. Then, with that one that the policies of, and the activities of its officers or agents, conform to the entity's ideal should the body affiliate or associate self.

- 7. (Q) Will the Pittsburgh Chemical Co. give me the same consideration that the ... Chemical Co. will give?
- (A) THAT had best be determined in the mind of the body, from that basis or standard that is outlined as to be the measuring of activities.
- 8. (Q) Am I right in taking sides with [2107] and associates, in their attitude and actions regarding Pittsburgh Chemical?
- (A) That, again, must be the opinion or decided by self, rather than that as may be given; for each entity is an universe within its own self, with its ideals and ideas that have been builded within self as to what the proper associations and relations with individuals SHOULD be, and when there are differences of opinions, or activities of individuals OR groups WITH whom a body may associate or affiliate themselves, then that as is the criterion of a body's ideal must enter in and make for them those decisions in which, or through which, their lots MUST be cast. That which may aid may only be as was long ago given to that one CALLED Lot. As to whether you shall separate yourself from this OR that are the DECISIONS that are given to each entity as a WILL, and each acts upon same with the proper consideration of ALL things that go to make up differences in a group, or an individual's activities towards associations of any agent, or of any officer of whatever group or corporation one may affiliate their activities with.
- 10. (Q) Am I correct in assuming that my future as outlined by [2107] is much more brilliant than by remaining with Pittsburgh Chemical?
- (A) Are [If] the policies and the ideals in the activities of that represented by [2107], more in conformity to the IDEALS of the body-consciousness, then the body is correct in that the future would be more in line with the purposes and aims of self in THAT association. Are [if] the policies, the ideals, the activities of those principles with the Pittsburgh Chemical more in accord with the ideals of self, then it would be better in THAT direction. As to who is to judge as to the ideals Remember, it has been given, as of old, "This day EVERY DAY there is set before thee that which leads to light in THINE understanding, and that which leads to consternation, trouble, or that which is good and that which is bad. Choose thou whom ye will serve."
- 11. (Q) Will I retain [257]'s friendship if I make this move?
- (A) FRIENDSHIP is a BEAUTIFUL institution, but if founded upon wrong principles can never prove anything other than BLASTED hopes, chaff before the wind. That there may be, in differences, those of harsh words, let that mind ever be in self as was entertained, and as was acted upon by that mighty leader, "Others may do as they may, but as for me and my house, WE will serve the living God." Friendships will NOT be broken that are FOUNDED upon such! 12. (Q) Should I make the move regardless?
- (A) That, as given, must be determined in self. Do not consider other than the principle that is involved. Not the dollars and cents; not the social or political future that changes, or not changes, would make. Rather let the basis be a conformity of the principles involved, as to whether THEIR policies, THEIR understandings, THEIR dealings with their fellow man, is in line with the ideals of self.

- 15. (Q) Will I be able to emerge successfully from my immediate financial difficulty?
- (A) With the policies AND principles that have ever been the basis of the self's activities, held in the same way AND manner as respecting the associations and relations, and with the existent emergency conditions these will with the deciding forces for self bring about those satisfactory, and most of all contentment. BE content, NOT satisfied but contentment can only arise in ANYONE from the IDEALS OF self being manifest, rather than hidden or questioned by self or another.

### **INDEX OF READING 279-19 M 33**

**BUSINESS ADVICE** 

Meditation: Decisions Par. 2-A
People Mentioned: Porter, C.R. Par. 3-A
Psychosomatics: Neurasthenia Par. 18-A

# **TEXT OF READING 279-19 M 33 (Salesman, Hebrew)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 15th day of July, 1933.

2. (Q) Should I remain in present business?

(A) As we find, there are many conditions to be considered when asking or seeking counsel respecting a change in the mental and the physical activities, as to the relations of self with individuals and others.

As we have given from time to time respecting the abilities, and that which may be accomplished by the entity, all these should be taken into consideration and some thought given respecting same.

For the present, as we find, we would not change. By the first of the coming year, or when there are changes in material conditions in the affairs of the body's associates, then it might be well to consider a change.

Weigh all things well; the abilities of self, the surroundings, the life, the associations, and that the body would do with its mental self.

That which may be accomplished by the surrounding of self, through meditative influences, with the Creative Forces that may guide, guard and direct, would have much to do with that which may be determined within self.

- 3. (Q) Is C. R. Porter a good associate in this business?
  - (A) A good associate for Porter; and that does not primarily mean for [279]!
- 4. (Q) How should the responsibilities be divided between the two?
- (A) Each have their weaknesses and each have their good points; each have their contacts, and that which makes for the material successes in the business in hand.

Then, these should be divided according to the ability of the individuals to meet the various situations.

COOPERATIVELY, then, divide the responsibilities.

- 18. (Q) Any other suggestions for me?
- (A) Consider well what has been given as to how self may be developed, through the very things that at the most make for the greatest fear in the physical body.

Weigh this all well. While there are necessarily conditions to be considered, and prices that must be paid when considered from purely a material standpoint or life, yet contentment, peace, harmony, CAN come through these - as from no other source. We are through for the present.

# **INDEX OF READING 282-2 M 25**

Incarnations: France: Alsace-Lorraine Par. 15

Psychic Development: Intuition Par. 15

Soul Development: Ideals Par. 15

: Service Par. 15

# **TEXT OF READING 282-2 M 25 (Office Clerk, Protestant)**

This psychic reading given by Edgar Cayce, Virginia Beach, Va., this 20th day of March, 1931, in accordance with request made by self - Mr. [282].

15. In the one before this we find in that land now known as France, and in the borderland now called Alsace. The entity was then in that period when great distress arose through the overrunning of the land. The entity, then in the name Stresbergh, gained through the experience in the service rendered the peoples even under stress. As a soldier in the land did the entity gain, though suffering in body and in mind, yet wholeheartedly, wholesoully, did the entity labor for an ideal; losing confidence in many, losing the respect of those close in hand, yet to an ideal did the entity hold. In the present we find those tendencies are to harken to many and counsel with few, yet DECISIONS are mostly made in the intuitive forces from within - and ALL of a sudden. Too often is this called a fault in the entity, too quick to make decisions. Will this be [If this will be] guided by the intuitive forces from WITHIN, and not harkening to those voices from without - whether of the fair sex or of those in power, but with the communion with self - these may be made to grow and blossom as the rose of Sharon in the valley of the beauties of life!

# **INDEX OF READING 282-4 M 27**

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Spiritualism Par. 10-A Truth: Growth Par. 10-A

Will: Astrology Par. 4-A, 5-A

# TEXT OF READING 282-4 M 27 (Office Clerk, Protestant), 2/24/33

- 3. (Q) How may the body-mind gain the most spiritually in the next twelve months?
- (A) As the body-mind understands, and as it (the body-mind) has been trained in that to which it applies its mental abilities, there comes the growth or reward of the efforts expended in that direction.

Hence, as we would find, the study to show self approved unto all good works, rightly dividing the words of truth, will make for a well-balanced, a well-coordinated activity of the body in the mental, in the material, and being directed in such through the spirituality - that should be the impelling force in each one's experience - there comes the natural growth.

- 4. (Q) What will be the astrological forces affecting the body-mind in the next twelve months?
- (A) These may be judged better by the entity when there is considered what is the influence of those planetary or astrological aspects that influence the activities of an entity, this entity, during the period.

For, as we have given, while there is an impulse and an impelling influence from astrological sojourns, it is as to what a body does about such that makes the influence become good, detrimental, or what not. For, making the application from the mental or intellectual viewpoint, one may know that two and two make four, and that this is a natural law. But, if one insists - and continues to figure or count - that it is three or five, what is the result in one's experience? One may know that by the continued activity in certain directions there may be the gradual growth of coldness, or this, that or the other relation with individuals; yet persistence in that direction will change, turn, alter, or bring about the results that are the fruits of the seed sown.

The influences that exist from the astrological viewpoint are the seeds sown. Are they to be cultivated, or are they to be pruned and used as stepping-stones for the better conditions that may come in the experience of the entity?

Then, study that which has been given as to what such and such planetary influences are in the experience of the entity. What are their activities during the next twelve months?

As given, these have been outlined, but if the body will apply self mentally in making an application, they mean much more than to be mere rote or laid out by someone.

- 5. (Q) How can the body-mind best cooperate with these forces?
- (A) That is the same as asking how may anyone apply self intellectually, or apply the will to any truth that is existent in self's experience. Use them!

Certain influences make for certain impulses. The study along certain lines, certain directions, certain influences, certain good and bad conditions are brought about in the experience. What has the entity set, what does the entity set, as the criterion? What will he do about them? That is the whole activity of life as related to an individual and its experience through any particular sojourn. 6. (Q) How may the body-mind make the greatest material advancement in the next twelve months?

- (A) Just as outlined. This has been given in the beginning here. Study to show self approved unto that, whatever has been set, or whatever may be set, as the ideal. Set the ideal above those things that are man-made, or of carnal influence. Let the fruits of the spirit (which is Life itself) be the ruling influence.
- 7. (Q) What constructive idea can the body-mind apply in his present work?
- (A) This has also been intimated in that given. Whatever comes under the activities of the body-mind's endeavors, let it be done not in a manner that it will pass, but rather that the very best that is known is done. Then, as new ideas or arrangements are sought in varied experiences, or applications of self in the directions of caring for those departments in which the entity serves, there will be given that which will aid in making that place fill a better way and manner of doing so.

By the using, then, of that known, in the constructive manner, the greater forces are given. The same law applies throughout.

8. (Q) What books would be best to study, giving author, title, publisher and year published?

(A) This depends upon what phase of the experiences the entity would take up. If it is to be the field of material advancements in those things in which the entity or body is developing self, self's abilities, expanding in various fields of activity, then those that pertain to that particular line of endeavor. If it is to be more along spiritual lines, then those that would make for the awakening, or for the abilities of drawing the comparisons with the experiences of self.

For, for a truth to be valuable, or an asset to an individual, it must be a practical application in the experience of the mental forces or abilities of the body. For it to be merely an abstract truth, or an abstract line of thought, means little. It must be such as may be constructive, concrete, practical, applicable, in the experience of the body.

Hence, it would be well that the studies be so DIVIDED that the abilities may make comparisons, and experiences may be drawn upon by the various activities of the body itself.

If there would be the decision as to what particular field or line of thought the body desires to study, then these may be given - to be sure. There must be a choice. The choice must be in self. Self is that which is to be developed. Not as selfishness, but what was the first injunction? Study to show self approved unto God, or unto that the body worships, or unto that the body would put its trust in. For, there must be that answering, "I KNOW in whom I have believed, and know He is able to keep that committed unto Him against any experience that may be mine, now."

Remember, "If ye will be my people, I will be your God." "Seek God while He may be found, then all these things may be added unto you." They are the fruits of the spirit.

- 9. (Q) Who can give body the best leadership or counsel for his spiritual development?
  - (A) That which may be found in St. John.
- 10. (Q) Should the body-mind study the teachings of any one or more of the following organizations or groups: Unity, Rosicrucians, Spiritualists, or Indian Yogi's?
- (A) These had best be studied in the light of that which is desired to be attained by the body. For each, to be sure, in their sphere of activity, have some truth; but no finite mind has ALL the truth! For TRUTH is a GROWING thing!

It would be well that some of ALL be read, that the COMPARISONS may be drawn as to what answers for EVERY need in the experience of self.

But as may be found in that given, none reaches that - "In the beginning was the Word, and the Word was God."

- 13. (Q) Give detailed directions for developing the intuitive sense.
- (A) Trust more and more upon that which may be from within. Or, this is a very common but a very definite manner to develop:

On any question that arises, ask the mental self - get the answer, yes or no. Rest on that. Do not act immediately (if you would develop the intuitive influences). Then, in meditation or prayer, when looking within self, ask - is this yes or no? The answer is intuitive development. On the same question, to be sure, see? We are through for the present.

# **INDX OF READING 288-36 F 29**

Par. 19-A Attitudes & Emotions: Forgiveness Consciousness: Christ Par. 4, 7, 8, 12, 19-A, 23-A Good: Evil Par. 19-A Human Relations: General Par. 7, 8 Par. 4 Ideals Individuality & Personality Par. 19-A Karma: General Par. 6. 7 Soul Development: Application Par. 13 : Ideals Par. 4, 6 : Patience Par. 14 : Selflessness Par. 6, 8, 19-A Par. 5 : Will Soul Retrogression: Condemnation Par. 12 : Desire: Carnal Par. 4 : Fear Par. 9 Par. 22-A, 23-A : Materiality : Misapplication Par. 9 : Rebellion Par. 25-A : Self-Aggrandizement Par. 4 Par. 25-A : Willfulness Will: Decisions Par. 24-A Work: E.C.: Quotations & Similes: "Every Tub..." Par. 23-A "Faults Ye Find In Others" Par. 12 "Like Beaets Like" Par. 19-A "Use That In Hand" Par. 23-A--25-A

# **TEXT OF READING 288-36 F 29 (Secretary, Protestant)**

This psychic reading given by Edgar Cayce, Virginia Beach, Va., this 10th day of February, 1934, in accordance with request made by self - Miss [288].

- 4. If that ideal is the Christ-Consciousness, well. If that ideal is selfish developments, or the aggrandizing of activities in the carnal forces, then these must bring rather the fruits of such into the experience of the soul.
- 5. And, as has been the warning, there is today set before thee life and death, good and evil, and what ye choose with the will of thine own soul upon that depends what the growth of the soul will be.
- 6. That the environs and the hereditary influences are in the mental and soul experiences of each is evidenced by that manifested in the experience of that soul respecting those things that arise as stumblingblocks or as retardments in the experience of each soul. What has been and is being accomplished by such a soul in each day of activity depends upon whether the ideal is high or low, or whether the belief and faith is such as to make for selflessness in the experience.

- 7. For, the assurance has been given from the Father-Creator of life, light, hope and immortality in the earth, that through the Son and the belief in Him He is able and willing to supply that necessary strength in the experience of each soul to meet those emergencies, to meet those vicissitudes in life, to meet the needs in every way and manner; this is constantly shown in the soul of every entity in the material life. Yet many find that self-expression and the personalities of individuals appear to be such as to make for stumbling rather than aid, even when by the word of mouth those individuals or personalities PROFESS WITH their tongues their hope, their faith, in that same light.
- 8. THESE become the stumblingblocks to many. Hence impersonality becomes the watchword for all under such experience. And selflessness is as that to which each must attain, in Him. For, as He has said, in love, in faith, in hope, in charity, there are those activities and reflexes from same that show that the spirit of the Master aids in all such expressions in the manifested life of individuals and souls.
- 9. And when there is giving away to fear, to doubt, to avarice, to greed, to all those things that are the fruits of darkness, such souls banish from their own selves the spirit of truth and life in every activity.
- 12. THIS, then, is the manner; for this is the promise unto all that have proclaimed the name. If ye love Him keep His commandments, for they are not grievous to bear, but taking the cross even as He march in the van of the promise, "I am WITH thee ALWAYS even unto the end of the world." Not condemning in any, for that thou condemnest in another comes home as chickens to roost in thine own conscience.
- 13. So, in the activities of self make known; not so much by speech but rather in the loving activities of mind, of body, and the result is the development in the soul.
- 14. Be patient in tribulation. Be WORTHY in the cares that are before thee day by day, knowing that He is able to keep that which is given unto Him. "Be not afraid, it is I" saith the Lord.
- 19. (Q) In manifesting in the present, just where should I draw the line between being a non-entity and expressing my individuality?
- (A) Let the expressing be, as has been given above, the INDIVIDUALITY of the Christ rather than a personality or an individuality of self. Be selfless in Christ.

Ask thine self, "What would the Christ have me do?" Don't be afraid, but be rather ALIVE in that thou doest.

When thou hast acted unseemly, what has been the promise, what is the manner He has taught thee to pray? "As I forgive, may I be forgiven." Ask forgiveness, and He may forgive thee.

For, as has been given, as has been expressly given in this and in many expressions of how there are the manifestations of the Christ: As ye show forth the Lord's death in that ye humble yourselves that ye may approach does not mean, as He showed in His life, that ye set as PASSIVELY good but as ACTIVELY good! For GOOD can only proceed from good. Good may not be done that evil appears. For, like ONLY begets like. This is an irrefutable law, whether in spirit, in mind, or in body. LIKE BEGETS LIKE!

- 22. (Q) Why do I feel such a strong inner urge to remain a part of and help in the [294] household, apart from the Work itself, and again as if I want to separate my association with the Work from my personal relations with the household?
- (A) The turmoils, the strifes that come with indecisions as to what is the will of the Father respecting varied relationships. Materiality is the keynote of expression in much of the doubt. Yet, as has been given, "there in the corner where you are, " there in the place ye find yourself; whether in this, that or the other household, this or that or the other environ; according to that as is given through the spirit of truth, WILL the will to do HIS biddings, whether the sun goes up or the sun goes down.
- 23. (Q) Can they be separated, and the BEST result?
- (A) If that is the decision, would be BETTER that they separate. For, each tub, ["Every tub must stand upon its own bottom." John Bunyan.] each barrel, each body, each soul, answers to that within itself. And as to whether in this environ or that environ is that thou hast in HAND used. To WISH to be in another environ, to WISH that this or that change might be, is to build a stumblingblock in self. HIS will, not THY will!

How did the Master answer? "If it be possible, let this cup pass; not my will. For this purpose came I into the world. THY will be done in me."

Do thou likewise.

- 24. (Q) Should I try to build up a social life apart from the Work, or is it best for it to continue to be blended?
- (A) Do that thy heart and most of all thy soul prompts thee to do, for to give whether to do this or that is not the prompting even of God. "Use that thou hast in hand" has He said to every man. But find in that that ye do that you glorify His name, and FULFIL in thine body, in thine mind, in thine soul, those purposes that are HIS to do with thee!
- 25. (Q) What changes could I make in my present routine or mode of life to better all concerned?
- (A) It's still asking the same old questions over and over again. Use that thou hast in hand today into or unto the glory of God and not of self, and tomorrow those things necessary to be done are shown thee. Dost thou want to tell God how to use thee? Let God use thee as HE sees fit! Dost thou choose to tell thine neighbor as to how he should serve God? Rather shouldn't thou choose to ask God to USE thy neighbor, with THINE help, as GOD sees fit and not as THOU seest fit? This was the rebellion in heaven, and is the rebellion in the soul of man telling God what to do with His own!

# **INDEX OF READING 288-37 F 29**

Attitudes & Emotions: Confusion Par. 2, 3

: Desire: Physical Par. 2 : Soul Development Par. 2, 3

: Materiality Par. 2, 5-A, 8-A, 9-A, 10-A

: Spirituality Par. 2, 3, 6-A, 9-A

Human Relations Par. 5-A Karma Par. 5-A

Meditation: Decisions Par. 3, 5-A, 10-A

Mind: The Builder: Analysis: Self Par. 8-A

SEARCH FOR GOD: DESIRE

Soul Development: Experience Par. 5-A Soul Retrogression: Resentment Par. 5-A

SPIRITUAL ADVICE

Work: E.C.: Cayce Hospital Par. 5-A

: Quotations & Similes:

"Channel Of Blessings" Par. 5-A

# **TEXT OF READING 288-37 F 29 (Secretary, Protestant)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 11th day of September, 1934.

- 2. In analyzing the problems, or confusions, that confront the body in the present, we find there is not always the proper or the correct perspective taken in relation to that which is of the desires of the body and the desires of the soul. Hence confusions arise in the manifested experiences of the body and soul-mind. They each, as has oft been given, must be judged from their OWN sphere of activity. While the physical and the spiritual should each have their inception from the same source and work towards a universal or spiritual source of ending, to judge that which is of the spiritual by the material save as a shadow or as an EXAMPLE is to make confusion for self.
- 3. But this may be understood if the entity, the soul, as has been given in Desire, spiritualizes the desire; or as given, "I of myself cannot bear the burdens alone, but make of my mind, my body, a channel through the power of the Creative Energy in Christ Jesus, as a CHANNEL for His service. Not as my will, but as the desire of the will of the Father concerning myself." Then rest, and hear the voice as from within.
- 4. Ready for questions.

- 5. (Q) Is it best for me to assume an impersonal attitude toward all material conditions around me (as it was told me in regard to the Cayce Hospital), [See 294-53, Par. 5-A, 8-A; also 294-54, Par. 5-A, 9-A] or should I take definite stands?
- (A) In the light of that just given, judge ye. For when definite stands of a material way conflict with definite stands of other individuals in THEIR material way, conflicts ensue. But let thy desires, thy purposes, thy aims, be as one with that which is shown thee through the meditations from within.

For to all: Ye may meet thy Maker in thine own self. Hence it is necessary that what we hate in ourselves or our associates BECOME that we see in the experiences of life, which will make for each an understanding. For resentments of any nature bring their fruit in the physical. Not that there should be wholly that of passive resistance, but: THY WILL, O LORD, BE DONE IN AND THROUGH ME AS THOU SEEST I HAVE NEED OF FOR MY SOUL DEVELOPMENT, AND THAT I MAY THROUGH THIS DEVELOPMENT BE THE GREATER CHANNEL OF BLESSING TO MY FELLOW MAN.

- 6. (Q) Regardless of outward appearances, should I have faith and KNOW that from the spiritual angle all is being worked out?
- (A) Thou either believest that the Christ, God IN thee is able to keep that He has promised, or thou doubtest; for He HAS not willed that ANY should perish, but has prepared a way of understanding to all that seek and are WILLING through faith, through patience to trust in Him.
- 8. (Q) Since I so often get upset and undecided when I dwell upon outward appearances around me, should I ignore them?
- (A) "MAN looketh on the outward appearances, God looketh on the heart." Then, look rather within and judge with Him as to what CAUSES that judgement of thine upon outward appearances. And as the Christ oft gave, study thyself and be strong in His might, for He hath not left thee comfortless. As MANY as trust in Him see, find, know, the way.
- 9. (Q) How can I hold to the spiritual ideal and make all material conditions fall into their proper place?
- (A) Disregarding the material conditions, let the spiritual be the guide the MATERIAL will take their place.
- For, as has been given, take no thought of the morrow or of the material things, for of such things do the unbelievers seek; but if ye will seek the Lord while He is nigh, all these things will be added unto thee in their proper time and place.
- 10. (Q) Is it possible at this time, and best, for me to know the basis of such material manifestations? or is it best that I not try to reason things out?
- (A) Reason as with the inner self, as thou meetest Him within thine OWN consciousness, and He thy Christ, thy Lord, thy God will point the way out to thee in very definite, decided ways and manners in the mental, the spiritual and MATERIAL ways.

### **INDEX OF READING 295-3 F 27**

Attitudes & Emotions: Desire Par. 2, 3, 8-A
Eyes: Spine: Subluxations Par. 4-A
Healing: Purpose Par. 5-A

Home & Marriage: Preparation Par. 11-A, 12-A

Life: Opportunity Par. 5-A
Meditation: Decisions Par. 10-A, 14-A
Osteopathy: Spine: Subluxations Par. 4-A--7-A

Prophecy: Personal: Warning: Physical Par. 2

Spine: Subluxations

Work: E.C.: Membership
: Readings: Physical: Not Followed

Par. 4-A--7-A
Par. 13-A
Par. 2, 7-A

### **BACKGROUND OF READING 295-3 F 27**

B1. 11/10/30 She obtained 295-2 asking questions about her Life Rdg. 295-1, her boyfriend out West, her health, etc., etc.

B2. 3/16/31 She was present submitting the suggestion in re her desire to go West to join her boyfriend, having decided to marry him.

# **TEXT OF READING 295-3 F 27 (Secretary, Protestant)**

This psychic reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 16th day of March, 1931.

- 2. EC: Yes, we have the body, the enquiring mind, [295] this we have had before. Now, in considering the physical conditions that exist, there are many warnings that have been given the body concerning the corrections that should be made. These have only partially been done, and the conditions that exist as has been given give an opportunity, or present a condition where the predispositions physically are not good, and unless precautions are taken the results MUST be bad. Better do as has been given!
- 3. As to the desires if that is the desire, there's nothing more to say! for these must be of the own making; for God Himself does not take away nor overcome desire. The WILL and desire are man's attribute, that make them one with or separate them from His presence. Do as seemeth best in the associations of self's own relations, and as the dictates of thine own conscience. Ready for questions.
- 4. (Q) In regard to the eyes, is it wise to discontinue the use of the glasses altogether?
- (A) Not unless those corrections, as has been given, are made. If these are made the conditions may be overcome.
- 5. (Q) Please advise just how she can manifest in the earth plane to be the best channel for good?
- (A) Make the body fit for the channel first! Then the spiritual may have the OPPORTUNITY to manifest through; for, as has been given, few people, few individuals, may be able to manifest with a liver in bad shape, or suppressions in

any portion of the system, no matter whether in cervical or the upper dorsal (as in this body, or those suppressions or corrections necessary in the pelvic organs). These make for conditions wherein the mental forces are UNABLE to manifest properly. The PHYSICAL must be fit, and the SPIRITUAL forces may manifest the better.

- 6. (Q) How many treatments would it take to correct this?
- (A) That would depend upon the treatments and upon the actions of the body while they are being taken! Some might make it in six, some might make it in forty-six!
- 7. (Q) Has the body physically improved since the time of the last diagnosis?
- (A) In so far as corrections have been made, considerable! but that's only partial, and in a good position to go back!
- 8. (Q) Would it be better for all concerned for her to stay in Virginia Beach, or go to San Antonio to live?
- (A) If the desire is to go to San Antonio, then go! If the desire is to stay in Virginia Beach, then stay!
- 9. (Q) Would a trip back home at the present time produce a more settled frame of mind, taking into consideration her financial status and the expense of the trip?
  - (A) Be more than apt to make it more turmoil!
- 10. (Q) How can she overcome the indecisions and turmoils that beset her whenever there is a serious occasion for a decision to be made?
  - (A) Take it to Jesus!
- 11. (Q) Would Edwin be happy if she should go to San Antonio with him, and would either have to sacrifice any of their ideals?
  - (A) They certainly would!
- 12. (Q) Which decision would help her mother the most?
  - (A) To get married!
- 13. (Q) If she should go to San Antonio, could she still help in the work in which she has been engaged in Virginia Beach?
  - (A) That would depend upon herself!
- 14. (Q) What is meant by "Do not kick against the pricks" as given in her reading of November 10, 1930?
- (A) Just what is said. Where there are trials or tribulations, indecisions, make thine self one with the spiritual forces. What was meant when the answer came from heaven, "Do not kick against the pricks"? It means the same thing!
- 15. (Q) Please give any further advice that will help and benefit this body at this time.
  - (A) This body makes its own decisions! Then make them! We are through.

### **REPORTS OF READING 295-3 F 27**

R1. 4/20/31 She obtained a complete Physical Rdg. 295-4, and 295-5 on 9/14/31, still living in Virginia.

### **INDEX OF READING 333-6 M 52**

Environment: Locality: Choice Par. 7-A, 9-A, 11-A, 12-A

INCARNATIONS: BIBLE: NEW TESTAMENT: JESUS

[one of the soldiery of Pilate in the Palestine experience]

Knowledge: Application: General Par. 6-A, 8-A Life: Opportunity: General Par. 8-A

Will: Decisions Par. 6-A, 7-A, 10-A--12-A

Work: E.C.: Quotations & Similes:

"Begin Where You Are" Par. 11-A
"Use That In Hand" Par. 9-A

# TEXT OF READING 333-6 M 52 (Sales Engr., Protestant), 9/7/35

- 1. EC: We have the entity and those conditions mental, material and financial that confront the body at this time.
- 2. In giving that which may be helpful to the entity, as considering these experiences of the entity at that period as indicated: The activities that were in order with the position occupied by the entity failed not in SUPPLYING the entity during that experience with the opportunities for expression of the spiritual imports and truths as gained by the mental attributes of the body. Thus we may find that the entity may well take the lesson from that experience, and making the practical application of same in the present bring for self, to self, not only the supplying of the needs of the material conditions, material experiences of self and those about the body, but using those channels, those manners, those means in which the entity has prepared itself in its associations with its fellow man then through same supply the needs of the material man and at the same time find the opportunity of giving, living, being the expression of the spiritual lessons, truths, imports, that may be the portion of the entity's experience in the present.
- 3. These, then, be the manners as we find in correlating same with those experiences in that expression as indicated.
- 4. As to where, to when, in what manner of means: These should be rather the choice of the entity in its activity.
- 6. (Q) Should this entity continue along the lines of working with metals, salesmanship, etc., as heretofore?
- (A) This, as indicated, must be a choice of the entity. In whatever field of activity the entity is persuaded within itself that it is best fitted for, for the meeting of the material needs and necessities at this time, THAT field engage in. To say to the entity, "You must not sell cans; you must sell steel," or "You cannot sell steel; you must sell cans, " would indicate that the entity's abilities of self-expression were lacking in its associations, its connections with the SOURCE of ALL truth! Just as all truth, all knowledge, all light, is at the hand of EVERY individual. The application of its truth in the experience of an entity must be a PERSONAL application by self.

- 7. (Q) What location would be best for these activities, if chosen?
- (A) As indicated, that in which the entity's abilities, associations, offer to the entity the field of activity that is in keeping with that something that must answer WITHIN the inmost being of the entity itself.

New York, New Jersey environs; or whatever may be the activity. As to a firm and associations, we find the greater fields would lie in those that have been the associations; or those of more specific natures; as the Whitehead-Hogue, or the Auto Metal Company, or any of these OFFER a channel. Do these suit the entity?

There must be something WITHIN that answers, or else the entity is continually either justifying or excusing self at the expense of his OWN development.

- 8. (Q) Is there any indication that there is to be a change for the better in the influences and activities that surround this entity and that there are opportunities in the making -
- (A) (Interrupting) There are ALWAYS opportunities! Opportunities are NEVER withdrawn. The USING of same by the individuals, and the applying of them these make for those things that appear to others to become as good or lucky days and a fine period when this or that influence is existent. What is the influence? "I WILL by the grace of God do that which IS RIGHT," and stick to it! Not by thine own might nor anyone else's! That thou dost apply may be, and ever is, thine opportunity.
- 9. (Q) Is it indicated that there should be a complete change of environment to some part of the country distant from N.Y. City and vicinity?
- (A) That depends upon what is the purpose, aim, desire of the entity. What has ever been the call to those who have put their trust in the Creative Forces, the spiritual activities? Those things that make for 'I will!' The Lord hath called ever, "Use that thou hast in HAND!" And THEN that as necessary for the next step is given thee.

Haven't thine experiences in the last few months indicated at least such? Then what hast thou purposed in thine heart and mind and soul to do?

10. (Q) Would it be well for the entity to consider any kind of work with electrical apparatus or equipment, rather than metals?

(A) These are very much metals; that is, those things having very much electrical equipment are very much metal! These are only a different phase of the same kind of conditions; or making an application of the knowledge, the understanding, the abilities, the opportunities before self.

Whether such is to be chosen or not, this the entity MUST decide.

How has it always been set? "There is set before thee life and death, good and evil. CHOOSE THOU!"

- 11. (Q) Would Norfolk or vicinity be best considered both from the commercial or business angle as well as from the angle of spiritual development in association with those individuals who are active in the Ass'n for Research & Enlightenment, Inc.?
- (A) Does the entity depend upon ITSELF and its abilities and its associations with the Creative Forces? Or must it be led by another?

These are as a choice. Is Norfolk to be TO the entity, is it TO the entity a call for something? Then depend upon Norfolk!

If the entity depends upon the abilities, or that within itself which it has created, then START WHERE YOU ARE!

- 12. (Q) In view of present environment and conditions, would it be best to pull up stakes and go to Norfolk or vicinity, look for a job in any field to start with, and would this give opportunities for the opening of a Tea Room Luncheonette or Refreshment and Gas Service Station in this locality?
- (A) If this is the desire, if this is what is wished, then pull up stakes and do it! This MUST be DETERMINED by SELF! It will NOT be given from here that you should hang ANY hope on ANY tree, on ANY place, on ANY thing, save on GOD and let Him meet thee in self! as to WHAT is the choice to be made, EVER, by Self.

Conditions may appear to be at the lowest ebb, but man and his own abilities must ever be eradicated if there will be the opportunity for the Creative Forces, the Creative Energies to work with same.

Now: There is set before thee, then, the problem of making the choice as to whether the endeavors of self are to be in line with the preparations thou hast made or not. And the choice as to whether in this place, that place or the other, must be made within self. This does not mean that ye are to be guided by circumstance, by 'hit or miss, ' but rather as thou wilt and are being directed within thine inner self. Do that.

These should be the answers ever. That choices are made by counsel here or counsel there only makes for confusion within self, oft. Rather meet within thine own self thy Maker, and let the guide come THERE as to what ye shall do. Thou hast seen thou hast heard, thou hast known much as concerning how ye may be led. Join not with unbelievers, yet let thy yeas be yea and thy nays be nay. Be not unequally yoked together with those that make for stumbling in any direction. We are through for the present.

# **REPORTS OF READING 333-6 M 52**

8/24/37 "The passing of the Wagner housing bill and the deficiency bill may be of some help but no one seems to know as yet. In the meantime thousands of former gov. employees are tramping the streets like myself."

9/1/37 EC's letter: "We all go through the trying periods. But know that the silver and gold is the Lord's, and He can and will supply if we are faithful. For it has been said there somewhere 'The righteous shall not beg bread, ' and the righteous doesn't mean just those in high position or who do some great deed, but those who are just kind to the other fellow - and that you are. So just hold on, and ask that He guide you every step of the way. He is not afar off, He is near."

12/13/37 "I seem to have rec'd guidance from within last week and help from sources that I did not expect, and I hope it may lead to something this week. I thought it was important and definite enough to ask you to check up on it. I enclose a suggestion and questions. Any time you set I will keep and I will be here at home."

### **INDEX OF READING 333-8 M 55**

BUSINESS ADVICE HEALING: ECONOMIC

Will: Decisions Par. 9-A

Work: E.C.: Quotations & Similes:

"Use Don't Abuse" Par. 9-A

## **BACKGROUND OF READING 333-8 M 55**

See 333-6 on 9/7/35 seeking advice for vocational guidance, being unemployed.

# TEXT OF READING 333-8 M 55 (Sales Engr., Protestant)

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 21st day of December, 1937.

- 3. Yea, know, then, that ye are in a material world. Do not overburden thine own self, or make for such conversation or activity as to become as it were a disturbing force to the very factors and channels through which ye would seek aid for the physical needs. See?
- 4. For as has so oft been given, wait ye on the Lord, this does not mean burdening every friend or every acquaintance with thy shortcomings or thy physical needs, but rather using EVERY channel, every association in hand to that extent where "There is needed that for the sustenance, and these are my abilities, my qualifications, my desires, my wishes. If these can be used as a service, then I offer myself as the channel for such a service."
- 5. This should be the general attitude.
- 6. As we find, through the channels that have been set in motion by the various individuals where such datum has been given and such attitude has been maintained as indicated, there are opportunities. Where it has been overburdened, or lack of the proper associations signified or the needs indicated, then these are just in that much short of reaching the goal for material activity.
- 7. Ready for questions.
- 8. (Q) What further steps [in re contacts with Senators, Congressmen, etc.]
- (A) (Interrupting) Just keep persistently in that direction of those policies as indicated.
- 9. (Q) Who of the following would be best -
- (A) (Interrupting) These should be chosen by self and not by sources that may see the shortcomings in self as well as the individuals that would exploit not only their offices but that are in keeping with the policies of the present administrations and activities. But follow these along the lines that have been indicated. Use each one, but do not ABUSE either thyself or thy opportunity, or thy need.
- 10. (Q) What position or title should be sought at Greenbelt? [Maryland]
- (A) That which is in keeping with thy individual qualifications for that needed in that particular environ. Set it as whatever it may be called!

- 11. (Q) What position or openings are there in other government agencies?
- (A) It is not so much as to what positions are open but what qualifications in self for those that may become open! And these should be followed, and these should be kept in mind, and these carried along in those directions that have been indicated as to ways and manners.

Know, realize, TRULY - all the force and power is HIS! If thou art His, then thou art keeping His ways. And what are the ways? "A new commandment I give unto thee," said He. This manifest, and ye will find the good coming to thee, the joy increasing in that ye bring to others, in thine own self. These are the manners to seek.

12. We are through for the present.

## **REPORTS OF READING 333-8 M 55**

3/22/38 "If it were not for the little that son [670] earns and the extreme kindness and help from the friend [1268], both of which are answers to your prayers for us, we would not be carrying on at all."

10/4//38 "I am busy working [Navy Bldg., Bureau of Yards & Docks, Washington, D.C.] to pay the landlord and to buy something to eat. That is about all but much better than last year this time. Though how I carry on I don't know, and I don't know what is wrong with me."

8/30/41 EC rec'd a ltr. from the Treasury Dept. saying that Mr. [333] "is being considered for a responsible position in the Treasury Dept. and is subject to an investigation of his character, reputation and loyalty to this Government, and has given your name as a reference." [EC replied with a letter of reference.]

1/9/42 "My work here is going splendid, so they tell me. I am supposed to be doing a real job. I have bought nearly nine million dollars worth of heavy equipment such as pumps of all kinds, generator sets, welding equipment, Diesel engines, gasoline engines, road bldg. equipment and farm machinery. Estimated, written the specifications, sent out the invitations to bid, and awarded the contracts. Worked until 10 and 11 o'clock at night during the entire summer and early fall. Some of the equipment went to England, some to Egypt, some to Singapore, and the Far East."

### INDEX OF READING 341-27 M 21

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### **BACKGROUND OF READING 341-27 M 21**

Subject of Reading - "[341], [1005], [849], [78], [2480] - and the WORK."

# **TEXT OF READING 341-27 M 21 (College Student, Protestant)**

This psychic reading given by Edgar Cayce at his office, this 26th day of August, 1928.

- 1. GC: You will have before you the bodies and enquiring minds of [78], [849], [1005], [2480], and [341], on whom Life Readings have been given through these forces. You will give their relations in past existences with each other and their connection and place, individually, with the Association of National Investigators as influenced by past experiences, and their connection in the present with the officers and trustees of the Association as influenced by past association with them. You will give suggestions to each one of these, individually, as to how he may proceed to prepare himself to take his place in the work of the Association. You will answer all the questions we may ask you regarding these.
- 2. EC: Yes, we have that information as has been given respecting individual application of self in the earth's plane in [78], [849], [1005], [2480], [341]; also those associated and associations of officers and trustees of Association of National Investigators. Here we find there are many various phases of those conditions as existed in the experience of the various entities, that with their application of will in self has brought about those conditions existent in the

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earth's plane as to their relation in the present experience, through associations that may be - by and through will's force - applied; or, through lack of application of will's force, separated in various directions. Hence the various conditions as present themselves. Through many different experiences, different associations have existed in the group as given. One experience in close association with the defense of tenets that were as individual relations that brought about, that create, an element or condition in the present experience [Crusades?]. In various other experiences there have been VARIED experiences in different conditions, under different environmental forces; creating, as it were, cross-purposes as builded by the individual in THAT experience. Hence complexes arise in the present. Sufficient would it be, were these to apply that knowledge gained through the ONE experience to their PRESENT existence or experience, and in the application gain the more perfect understanding of how other relations have to do with the application OF that which may be accomplished through the individual effort in the present experience.

- 3. There is seen that there are definite purposes as should be set in the heart, mind, soul, or mental forces OF each individual, toward one cause.
- 4. First there must be set, then, within self, that ability of accepting or rejecting that as would be the criterion towards endeavors. For, he who seeks God must believe He IS, or there can BE no finding in same.
- 5. In this acceptance, then, begins the first principal [principle?] law or lesson of application of INDIVIDUAL toward such. Better, possibly, were it given each individual their relation one with another and the correlation of same with the efforts of the trustees, officers, or purport set forth by said officers; or a principle or a condition to be brought into existence through the present efforts of same in a correlated order and manner; for without cooperation between those so interested there may not be that proper development as must come through the various forces as bring about the changes in material world, through the application OF MENTAL forces toward the spiritual idea, or the spirit as set forth in the conditions.
- 6. Then, as we find, each approach same in that INDIVIDUAL way and manner in which the correlation of association has brought about, does bring about, will affect each individual in that direction. The association of these is NOT by chance. Rather by that effect upon each entity, as an entity, toward the whole principle or force involved in same. Ready for questions.
- 7. (Q) Give advice to these, individually, that will enable them to plan their coming year in a manner that will be best for them individually and best in preparing them for taking their part in the work.
- (A) As this has been outlined, this is the manner to begin. Determine within self, first, as to how much or how little the influence of that given is to bear in the activities of self toward same. THAT is the first act of each mind toward same.

As to planning the coming year, that depends upon the choice made; for man, an entity, an individual, is not a pawn to be moved by unseen forces; but rather by the ACTIVITY OF force through choice making the individual; for each individual is a portion of the great Creative Energy, and as to what that will be when returned to the Whole is UP TO THE INDIVIDUAL!

- 8. (Q) Would it be well for [78] to return to college this year?
- (A) Were those choices [If those choices were] in the direction, as has been outlined; or is that purpose [if that purpose is] set in self that the more curriculum (or the activities of same) is necessary for the FINDING of self; then act in that manner! The CHOICE MUST be made by self.
- 9. (Q) The plan contemplated by [849] and [341] to borrow from [257] and [900] and [195] the moneys necessary to complete their college education, is this the best method of carrying out their individual preparation for taking their place in the work?
- (A) There are many phases of association and of determined purpose in the work to be considered, when this from the spiritual side OF the endeavor is to be considered. First, the association in the various experiences has brought about that relation wherein such a condition is by natural deduction the condition to so fit each for the work to be accomplished through the Association; for it, by the natural portion of association in the PRESENT experience, would tie each TO the work to be accomplished through same in QUITE different spheres; as it would OTHERS that have been mentioned in the same connection. Then from all reasons, physical, mental, spiritual, this would be well WOULD [if] each individual [would] choose first that as to how far, how little, or how great the criterion of that given through that being studied is to be considered as final in activity. Then do
- 10. (Q) Would it be well for [1005] to go to ... [univ.] this year?
- (A) This again presents a different character of association. There are many through these channels who have been associated in the earth's plane for definite purposes in varied experiences. In the present year this condition offers, then, an especial opportunity for the individual, [1005], to apply self's will for and AGAINST that which will be presented from time to time through these channels. IS self willing to pay the price and still remain in that attitude of giving self to that as may be given as the criterion? or would it choose its own? Then choose!

The CONDITIONS are set for well - the making well of self through the present period, for many surrounding same - and that will be closely associated - bring especially at this period much to bear upon the mental forces OF the body, to make or mar that which may be builded in same THROUGH the application of SELF'S will to same! What do we mean by self's will? What do we mean by fate? What do we mean by associations as are assembled or gathered in one place?

WILL is that influence, that condition, that THING, that is compatible with or against the will of the All Creative Energy! Call it nature, God, or what! It is either with or against! Developing to or from! The SPIRIT remaining one and the same.

Conditions in group or in association, that BUILDED - and called either that of environmental, created through the mental body, or through the physical forces as are earthly at the present experience and existence. See?

- 11. (Q) Would it be well for [78] to go to ... [univ.]? and how would financial means be provided? or would it be well for him to work separate from the others in New York for a year?
- (A) Again is this a matter for self's own application to those forces as would be chosen as the criterion, or that as self would desire to build within self. ... [univ.] presents that same influence that may be used for weal or woe through the association as existent in the present experience. As for the financial, this may be prepared or arranged through one of any of three or four channels that would open, WOULD [if the body would] BUT make the choice. Separated, these will come and go as to the contacts that will be made in different and varied directions and hence the choice must be made through the application of, "What am I doing here? Use ME; not let me USE OTHERS."
- 12. (Q) What are the ways and means that will -
  - (A) As given, these will be open when the choice is made; and will be given!
- 13. (Q) In what manner will [78] find his work in the Association -
- (A) In that direction that has BEEN outlined that the body would offer a channel through which that as is to be propagated may find an outlet, through this individual, prepared in the proper way and manner.
- 14. (Q) Should [1005] attend ... [univ.] -
- (A) As has been given! This has been outlined, as to the conditions that are present and the choice must be made within self!
- 15. (Q) Should he come out for football if he attends ...? Would it be detrimental?
- (A) This a portion of the price to be paid for the various elements through which the body will find self in various associations. This takes from the association of the group through that channel; but that is to the individual!

  16. (Q) Does this mean if he goes out for football it will detract from this
- association with the rest of the group?
- (A) Just as given. Would detract, for it brings about a different association which are not of those that are or have been associated in one direction. Choose for self.

## **INDEX OF READING 349-14 F 29**

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Cause: Effect Par. 10-A
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# **TEXT OF READING 349-14 F 29 (Secretary, Hebrew)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Va. Beach, Va., this 3rd day of October, 1933.

- 2. (Q) Did I make the right move in not going back to work for the [257] ... Corp., upon my return from Newport, considering the firm's present status and my state of mind the accumulation of nine years in regard to [257]?
- (A) In considering all conditions that have arisen in nine years, the present condition of the mental body of [349] AT THE TIME of return, yes. Two days later, no. Two days later, yes.

Then, what is to be the basis of the consideration in such a disturbed state of mental attitudes of the body?

When the surroundings of the body are considered, and those desires that have been maintained and that have come about, if there has ever been a time that the associations should be the closer it is in the present.

If the thoughts or considerations of conditions are irrespective of what has gone before, and are only concerned with that needed by self in the present as to the purely material welfare, it would be well that there be no further associations.

But, are these all?

Then, these conditions, the environs, the associations, with the desires of the body as to what has been set as its ideal, should be the basis for which and from which the body should determine this association or connection.

As to which would be right or which would be wrong depends upon the angle from which one would view the associations; one would view from one angle and another from another.

The body must weigh the circumstances, the environs, the needs of all associations and connections as related to same, and then determine in self as to HOW self would like to be done by in the same circumstance were the conditions reversed. And, irrespective of what has been said by others, or associations or connections with same, the decision should be ruled, regulated, by that self holds as the ideal; or the spiritual influence that impels the activity.

3. (Q) Am I taking the right step at this time to try the theatre and give up office work?

(A) This might be answered in exactly the same way and manner. But, as we have given respecting these, it is a VERY UNTIMELY time to make definite changes at the present time!

- 4. (Q) As I am so anxious at this time to do the right thing in regard to my future, please give me general advice so I can be aided to do the right thing for the years to come.
- (A) There is builded in each soul its idea, ideal, of mental, material and spiritual associations. The impelling influence of each phase of such ideals should, and must, be of and from the same source; if there is to be development for the soul.

When the conditions are considered from every angle, then the entity would do well to seek the answer that deals with such momentous questions, for the activities in a material world that influence the mental and spiritual as well as material aspects of the body; not through counsel or advice from ANY source outside self, save the higher spiritual source.

But this does not hinder from receiving or giving of self in its associations in any activity, that which may be for the betterment of every soul whom the entity contacts or with whom the entity associates.

The decision, then, MUST be in self.

- 5. (Q) Has my health improved in the past few months because I have been away from [257] and his affairs?
- (A) No. It would be the natural result of changes. However, if it is determined in self that this IS the cause of improvement, then it can be made so and there should be no further associations IF that is determined in self! But is it true? 10. (Q) Is there any one particularly to whom I could go who will help me get a stage engagement, either known or unknown to me?
- (A) There has been and is oft held in the mental forces of most individuals that there is the necessary "pull" to be used for the acclaiming, or for getting the chance or opportunity. This, most of all things, is WRONG!

The abilities, the qualifications, will under all circumstances - obtain the best that may be had, through the application of self, in associations and connections.

Then, in this association or connection, the qualifications should be such as to demand an opening. And remember, ever, as given, it is true that there will be a beaten path to the door of the individual or soul who builds the better mouse trap, though he make his dwelling in the wood. If there are the qualifications in the activities of individuals that make for the satisfying in their souls (or the mental, spiritual and physical forces), though they may be among those that walk the street and only make their appearance in the most unseemly way or manner, they will be sought out for THEIR abilities. This may be called hokum by many. It is the TRUTH, of those that do accomplish things through the soul development of themselves! Look at the position of any that are now making for the mental and soul development, those that make activities in individuals' lives that occupy any place. They have risen from less than the position this body occupies in the present! And not on good graces of any! but the qualifications of the soul, not of the body!

For, when the position comes by favors shown there are prices to pay that scar rather than build the soul.

- 11. (Q) Am I taking the right steps to get a stage engagement?
- (A) The steps are not taken wholly as yet, for as we have given there are indecisions on account of mental, material and even conscientious scruples that are still in the way. The directions are as given. The qualifications must be such that the soul will shine through that being done! If this may not be done in the associations in the office, or in those activities by leaving the office, said is the experience of any that does not find contentment in service; not for self-aggrandizement but for the glory of cooperative forces that may be the experience of any that find love in that they do! for the good of all associated with same!

And those that look for pats on the back, or that are not expecting harsh words to be said, or that are looking for kindnesses at every turn, if they do not show them themselves they will not find them in others! No matter in what activity they may engage themselves!

12. We are through for the present.

## INDEX OF READING 412-15 M 41

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# TEXT OF READING 412-15 M 41 (Sales Mgr., Manufacturer, Protestant)

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 24th day of September, 1942.

- 4. (Q) Can you give me any assistance in finding my way towards being a channel of helpfulness, of blessings, and of hope to others?
- (A) This necessarily must come as an answer of the divine within self; hence preconcludes the entity's consciousness of its relationship to the Creator. For, as He who is the way, the truth and the light, came into the world to teach men, to live in such a manner as to convince men that they as individuals are indeed the sons of God and that they should live like such, thus it behooves EVERYONE that seeks to be a channel of blessing, of hope to others, to first study and know what His life and His precepts are. They are not past finding out. For He has revealed and does reveal Himself to those who seek to know His biddings.

These are not mere words, then, wherein He says: "Behold I stand at the door and knock; if ye will open I will enter in."

Thus ye seek to know what He would have thee do, knowing - as He hath given - that in the manner, in the way ye treat thy fellow man, ye are treating thy Lord, thy God.

Thus it may be given: Study to show thyself approved unto that thou hast learned, thou mayest learn of Him; rightly emphasizing all phases of thy relationships to thy God, to thy fellow man, and keeping self unspotted from condemnation of self or of others.

- 5. (Q) Can I find help through meditation, or in any other way, when I must solve vital problems, as for instance the sudden impossibility of securing buttons?
- (A) These are very material; yet if the life is so lived that ye are worthy of being pointed out or shown where and how such may be obtained, ye will find the way.
- 6. (Q) Will I be able to solve with such help all the continuous problems which seem to try, one after another, to put me out of business?
- (A) If thy business is in keeping with that which is a manner of being of service to thy fellow man, ye will not be put out of business.

If ye use spiritual guidance, spiritual direction, that ye may ensnare or use thy fellow man for thine own self-aggrandizement, thine own self-indulgencies, ye do so to thine own undoing.

Let thy life and thy business, then, be such that is in keeping with that way in which ye serve a living God; and ye may be sure it has its place in His way with the world.

- 8. (Q) Should I consider enlistment rather than waiting to be drafted?
- (A) This can only be determined within self. Be sincere, and just as sincere with self and with country as ye desire that God be sincere with thee.

If the love of that for which the country in which ye reside stands, from which ye expect and desire to obtain a livelihood, is such that ye would have thine own son, thine own self, thine own wife live in same, and ye wish to defend same against what has been or may be presented, - then the choice is within self.

If it is to be seen, or to evade something, that is not a conviction within self, - THEN it would be sin to enlist. These are the factors, then.

What are the dictates of thy conscience?

- 9. (Q) What branch of the service should I try to enter?
- (A) This is precluding that ye are choosing to enter! But consider well that which has just been given thee. And DO NOT that thy conscience would condemn in thine own self.

But, if there is the desire to remain in the same character of business as in the present, - if there is the choice to enlist, - then enter that branch where the entity may serve in enabling the Supply of those branches of service, in keeping with that in which the entity is already engaged.

If there is the desire to change from same, then choose those activities in which ye have had training or direction.

Remember, ye are choosing thyself as ye would have thy Maker choose thee! 10. (Q) To avoid enlistment or drafting, would there be any value to my reentering my former profession of mechanical engineering?

- (A) As just outlined for the entity. For, remember, this conflict will NOT be always. There must come a time when man will turn to of necessity the Creative Influence in the experience of all.
- 12. (Q) Is my attitude incorrect in not considering this service as a duty or obligation since I am not in sympathy with the continuance of this offensive war only if it should mean defending my country?
- (A) This you may answer only in thyself. For, no one answers for thee. That thou hast considered and dost consider, that ye must answer for before thy Maker.
- 18. (Q) Please give any other advice that might benefit, and then find the body to see whether any further advice should be given as to physical conditions.
- (A) Weight well all that has been given here. Be not deceived, God is not mocked, and with whatsoever purpose and intent an individual moves or acts toward self or others, with that same measure is it meted to thee again.

  19. We are through for the present.

## **INDEX OF READING 419-3 M 25**

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"Begin Where You Are" Par. 9-A

# **TEXT OF READING 419-3 M 25 (Mechanic, Protestant)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Va. Beach, Va., this 12th day of October, 1933.

- 1. GC: You will have before you the body and enquiring mind of [419], present in this room, who seeks guidance and council regarding his mental and material affairs. You will consider his talents and abilities, together with general economic conditions and his present conditions and surroundings. You will please advise him in regard to securing employment that will meet the present needs and make possible further development from a mental, material and spiritual standpoint. You will answer the questions which he will ask.
- 2. EC: Yes, we have the body, the enquiring mind, [419]; those conditions in the mental and material, the economic, and the abilities.
- 3. In considering the general conditions and the better welfare, it would be well for the body to consider that which has been given respecting the abilities, and that there must be first the choice made in the own mental forces as to what direction is to be taken, what attitude the body would assume or guide self's abilities in. In choosing, then there will of itself be made for the body the greater determination, and will open as it were the possibility, the probability, and the FACT, of making for self and association or connection in that direction.
- 4. So long as there remains within self's own mind that of indecision, or that "anything will do", then necessarily will the body put up with "anything will do" and nothing becoming definite! But making the definite decision, the definite choice as to what direction this activity is to be given, will make for opening of channels, even under the distress of general economic conditions. For, the world's as big as ever! There's as many people hungry as ever. As many people need activities of those who are willing to spend themselves in giving for others that which will make for a better world in which to live.
- 5. Ready for questions.

- 6. (Q) As given in my Life Reading, many peculiar influences affect me, yet there are latent abilities which can be developed that will bring both spiritual development and material success to me. Please give me counsel and guidance that will aid me in getting started with this development, or advise me how to prepare for same.
- (A) As just outlined, and as given, first there must be a determination within self as to what IS to be the activities; whether sweeping streets, running engines, motors, flying machines, digging ditches, or what! But CHOOSE! and then stick to that! It's the only way that those abilities that are latent may be developed in ANY entity; anyone that will build is to apply self IN the field, IN the way, IN that which is CHOSEN as the life's work! If it's chosen in the field where the activities are, or have been to some extent expended, then go about to make those activities of such a nature that there will be the opening of more outlets, more channels, more ways in which same will be active! Are [if] the activities [are] to be in other directions, WHATEVER is chosen, do THAT!
- 7. (Q) For what particular type of work am I best fitted?
- (A) As given, in most ANY direction that is chosen. The latent abilities, and the abilities, are in any of these, especially in the electrical field.
- 8. (Q) In what type of that?
- (A) What is chosen! Whatever is chosen! whether it's shoeing horses, or digging ditches, flying machines, or running motors! CHOOSE! and then do it!
- 9. (Q) In what locality should I take this up?
  - (A) Where you are!
- 10. (Q) Through what connections should I seek this contact?
  - (A) Through self!
- 11. (Q) Is there any way in which this entity may further aid in carrying forward this "Work"? [Work of Edgar Cayce?]
- (A) In making application of that, if that is CHOSEN; then go about to do it, for the way will be opened! But there must first be the choosing in self.
- For, as given, "There is THIS day set before thee life, good, and evil. Choose thou." Then work at it!
- 12. We are through for the present.

## **INDEX OF READING 423-2 M 46**

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# TEXT OF READING 423-2 M 46 (Executive, Spiritualist), 11/2/33

- 6. (Q) What changes must be made in my personal life?
- (A) As a soul or entity seeks to become a channel of blessing to its fellow man, there are the guiding steps step by step; and doing that which is known in self to be the correct, the right relationships in any given determination fits the body from day to day for that development. For, truth is a growing thing, as the knowledge of the spiritual laws is in the mental activities of a body. Day by day is there shown the way. He that faints not finds the way. Hence the changes would be only the greater determination in self to be used by the influences of the Infinite to become a channel of blessing to his fellow man.
- 10. (Q) Have I, any spirit guides to whom I may look for help on material matters?
- (A) Each and every soul has its guides that may be designated by the desires of the inmost self. In the realm of spirit many may seek to give that which may be of interest, and at times of aid, to individuals seeking from such realms; yet as the promise has been unto the sons of men He, the Lord, IS sufficient unto thee. Then, that which may be the greater, the better guide to each and every soul, is that of self through its associations its own associations in the spirit realm.

Hence, to the body [423], there may be given from time to time that - through channels or from sources - which may verify or correlate that which may be gained through self's own seeking in the quietness of self; yet that which may be the greater aid is in the mental developments, the mental expansions in self from such meditations, such intuitive forces that may be aroused in and from the activity of the soul in its passage through the various experiences of development in the spheres of reality.

Hence seek in self the more, and that which is answered first in self on any subject. Where material or mental aid is sought, ANSWER the problem in the consciousness of self. THEN seek a verification in the period of meditation. And THIS aid will be the greater.

- 11. (Q) Please give me any other mental, spiritual or physical advice that will be of help to me at this time.
- (A) Study self, for in self may one find the answer of all the problems that may confront an entity. For, the spirit of man with its attributes, whether physical or physical-mental is a portion of the whole great Spirit. Hence the answers are all within self's own scope of seeking. And he that seeks will find. For, from the beginning it has been given, like begets like in spirit, in mind, in body. Hence those that in truth, in earnestness, seek to know His ways, will find the answer in self.

## **INDEX OF READING 443-3 F 45**

Arts: Creative: Writing: Inspirational Par. 12-A Healing: Spiritual: General Par. 13-A Par. 28-A Ideals Meditation: Decisions Par. 29-A Names: People Mentioned: Krishnamurti, Jiddu Par. 26-A. 27-A : Soul Par. 25-A Psychic Development: Guidance Par. 23-A Psychic Sources: Warnings Par. 12-A Religion: Oneness Par. 11-A Spirit Communication Par. 12-A--27-A

# **TEXT OF READING 443-3 F 45 (Society Leader, Theosophist Background)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 8th day of January, 1934.

- 11. (Q) Which is the highest teaching for this entity, the Christian or the Oriental?
- (A) These should be one, for their sources and their emanations or that they cause or bring in the experience of each soul are toward the same source.
- 12. (Q) Should I develop for writing to bring over a book, or trance mediumship?
- (A) Develop for writing, as long as self keeps or surrounds self with the influences from without that come only from the higher sources. Or, as self enters into that consciousness where the influences from without are being tempered by that which is desired and willed within the soul of self, there may come that which will be both helpful and beneficial, and constructive in the experience of self for others.

How (is asked) does one know when only the higher influences are active in the impulses, or manner through which such connections or associations are made? Much (in a very crude manner) as when one knows whether the current that may be active in producing vibrations for actions in a material world from electrical forces maintains static as its basis or the force that may bring life or death-dealing forces from its source. By the EFFECT that it produces in those through whom the source or supply comes.

- 13. (Q) Am I equipped spiritually to do healing?
- (A) Each and every soul that seeks and that contacts consciously spiritual forces that are constructive, is a healing force both mentally and (if mentally) physically. Hence the body with its will, with its desire, with its development, may raise those influences within self as to bring healing. By touch. For, as healing is through a physical channel, and as the various activities of body units are raised in their vibration to send out influences to others, there may be seen in self that while all body units are not wholly in unison, but if these are raised properly (which means the will, the desire to be used by Infinity or the God-force in self), it may heal self as well as others. For, in healing others the healing comes to self.

- 17. (Q) Is the development I am doing now of the highest, or should I do it alone? [See 443-2, Par. 20-A on 12/16/33.]
- (A) As related to the influences for the body-building, is doing in the present. As for that which may be emanated or given out for others, better develop alone. For, as has been given of old, until self finds in self without the aid save of the Infinite force itself operating in and through self, the reliance is upon other influences rather than the Infinite or God.
- 18. (Q) Have you instructions for my next step forward?
- (A) As there is used that which is known and experienced in self as answering for that which is being sought, the next step is given so long as self is kept selfless, and used as the channel for the Infinite influence through self to that being sought. Hence self may make, may know, may seek better than being given other than from in or through self.
- 23. (Q) Has each soul an individual guide?
- (A) Each soul has been given, we have given that each soul HAS an individual guide but the more often does such rise or develop by the choosing. As has been given, "There is set before thee life and death, good and evil choose thou." But it is just as true, "His angels have been given charge concerning thee." And, as given, [443-1, Par. 39-A] the title for this entity has been written by the entity's development and entity's choosing the entity not meaning any ONE, but as the experience of the soul and soul-mind through its activities in the various spheres or planes of experience and conscious activity.

Here words fail to express the tone, the tenor or the color that each would convey. But that there is the ability within self to contact as high a soul as is sought, by will, by desire, by the use of that attained for THIS soul, for THIS entity to reach into the cosmic or the universal sources for its supply, for its needs, for its desires. For, with the title clear - as given - that the name is WRITTEN there, and the forces of good, of those that would teach. For in His sphere of activity in the material plane we do not find all teachers, nor all writers. We do not find all gifted alike. Why? From their development. In HIS plane all are not teachers, all are not ministers, all are not healers - but those that have attained with a title that the influences in the universal have, as it were, before them.

- 25. (Q) Who is my highest personal teacher?
- (A) That should be sought rather by self than to be given even from here. For, as ye name the Name this to the soul should mean, and does mean, that which is not to be spoken.
- 26. (Q) Are Krishnamurti's teachings the highest? [Jiddu Krishnamurti, b. 1897 in Adyar, Madras, India; [Center of the Theosophical Society] now living in Ojai, Calif.]
  - (A) Highest that Krishnamurti may give!
- 27. (Q) Are they the highest being given today?
- (A) Dependent upon who is the judge, and who and what the ideal as is set. These are high VERY high.

- 28. (Q) How can we find the TRUE ideal?
- (A) Only that which answers to that within self can to that soul be the true ideal.
- 29. (Q) Environment changes, or feelings, so often that it is difficult to distinguish between our environment and our ideal.
- (A) This may be to each soul a true answer for that which may be chosen in ANY manner. First seek an answer consciously for any question within thine own environ, thine own surroundings, and let thine own development, thine own ideas, answer yes or no. Then take the answer yes or no to the inner consciousness and let thy ruling influence in the Spirit answer. And ye may know, and the truth in same sets you free. For, when one is used by the environs that make for a questioning within self as to its ideal, know the ideal is questioned even by the better self. Let the answer be in the highest mental, and then in the spirit itself from within.

# **INDEX OF READING 585-9 F 45**

Names: Organizations Mentioned: Red Cross Par. 10-A, R1
Osteopathy Par. 14-A
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SPIRITUAL ADVICE

Symbology: Heart Par. 14-A : Triune Par. 14-A

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"God Hath Need Of Thee" Par. 14-A

### **BACKGROUND OF READING 585-9 F 45**

B1. Mrs. [585] didn't want to move to another city with her patient but preferred staying with her daughter and mother. This was the reason for this reading.

# TEXT OF READING 585-9 F 45 (Practical Nurse)

This psychic reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 17th day of December, 1941.

- 1. GC: You will have before you the entity, [585], present in this room, who seeks a mental and spiritual reading, with information, advice and guidance as to God's purpose for her at this time. She approaches the throne of grace with this prayer: "Here am I, O Lord. Use me in the way and manner thou seest I am best fitted for." Shall I leave town with my patient or stay in Norfolk? If I can be of greater service by staying, what work must I undertake? You will answer the questions that may be asked.
- 2. EC: Yes, we have the body, the enquiring mind, [585].
- 3. In giving advice or counsel, with the attitude as indicated, little may be added for such an one; save the admonition to keep attuned to those convictions, those ideals that have been set in Him, who is the way, the truth and the light.
- 4. In the choosing of ways and means and manners of carrying out such in the experience, if there is the whole trust in Him rather should the entity be guided BY that inmost purpose.
- 5. For, when there are those choosings that there is consideration given to self, or to circumstance of any material nature, these become as self-centered directions and NOT "Here am I, use me."
- 6. But keeping that attitude as pronounced, let thy yeas be yea, thy nays be nay. Follow closely in those purposes that arise in thy daily meditations. For, in judgements of self, that as He has given should ever be that pattern, that measurement by which judgements of self, of others, of conditions, of circumstance is to be drawn: "If ye love me ye will keep my commandments. My commandments are not grievous, but that ye love one another, even as I have loved you." And He thought it not robbery to make self equal with the Father.

- 7. Thus as ye approach the throne of mercy, of grace, seeking guidance, seeking direction in the choices of activity or purpose day by day, know as He hath promised if ye will keep His ways, His promise is to abide with thee always, to direct thee ever, to keep thy faith, thy hand safe in the way and in directing that as may bring the greater blessing, the greater joy in thine own experience.

  8. As we find, it would be most advisable to stay with the patient. And in that attitude and in that manner as He hath given, "I will go with thee all the way."

  9. Ready for questions.
- 10. (Q) Should I register with the Red Cross?
- (A) If that is desirable for self, very well. All of such activities should be choices made in self, AFTER deep thought, deep meditation; seeking, asking for guidance. For, the answer must ever be within SELF as to the direction ye SHOULD choose, rather than ever being swayed by other influences.

For, as He hath given, His way is not past finding out. Search, seek - and ye shall find; knock and it shall be opened unto thee. For He hath promised, "Where thou needest, I AM - I AM!" And oft may there be that direction, "It is I, fear not - be not afraid."

- 13. (Q) Please explain the significance of the flame colored light that [308] and I saw last Wednesday as we were watching the sky.
- (A) In the experience of those who have put their trust in Him, there has ever been those significant indications of an answer that he is mindful. Then, as was indicated, let it be an assurance that He knows, He understands, He hears, He IS aware.
- 14. (Q) Considering my physical condition, have I had sufficient osteopathic treatments?
- (A) For the moment, yes. As to whether activities or circumstances will alter this in the daily activities may not be given here. But be mindful of the assurances, of the warnings, of the general expressions as to manner of conduct in relation to such; and act in that way and direction. And if others be needed, have same.

Keep thy heart, thy mind, thy purposes, attuned to that voice within; knowing that thy body is indeed the temple of the living God. There is thy altar. There He has promised to meet thee. Be mindful of the service, of the assurance, of the manner of offering ye make there to Him. That is how and why, as He has given, "As the man thinketh in his heart, so is he." Not that thinking takes place in the heart. For thinking is of the mind. Yet the flow, the impulse, the emotions in material things are activative through impulse of nature, of character of purpose, of will.

Then, as the heart is the seat of life, it is an expression then of a mystical nature, yet very much in the way of the perfect understanding - if it is interpreted aright and not attempted to be seen JUST literal, but physical, mental and spiritual.

For as the body is that temple, as it is the earthly shadow of the Father, the Son, the Holy Spirit, so are the ideals, the purposes, the activities in thy daily expression, that indicating what takes place in the heart of an entity.

Study then to show thyself approved unto God, in Jesus the Christ; rightly stressing each phase of thy life; not to that only of spirit, nor of mind, nor of matter, but each consistent with the other, that ye present thy body holy and acceptable as a gift unto Him, who hath NEED of love, even as thou hast need of love and care.

15. We are through for the present.

## **REPORTS OF READING 585-9 F 45**

R1. 11/52 Report: "I did go with my patient and stayed away about five years. I worked with the Red Cross - the canteen, bandages, gave some blood to the bloodmobile whenever it came."

## **INDEX OF READING 590-1 F 52**

Ideals Par. 6, 7

Soul Development: General Par. 28
: Human Relations Par. 7

: Spirituality Par. 28

Will: Decisions Par. 6, 7

# **TEXT OF READING 590-1 F 52 (Widow, Protestant)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Virginia, this 19th day of June, 1934.

- 6. As to whether circumstance or environ is to rule an entity's being or experience, or WILL, depends then the most upon what the entity or soul sets as its standard of qualifications to meet or measure up to, within its OWN self; or as to how well self may be guided by its standard in making decisions in those directions.
- 7. For, would that all souls could know that He, the Giver of good and perfect gifts, is ever ready and willing to assist, even in the minutest details of a human experience, or in those things that deal with the activities of a soul with its fellow man, if the trust will but be put in Him; for He has promised, "I will not leave thee, but will abide with thee. Keep my commandments, for he that loves me keeps my commandments." What are His commandments? Do that in thine own experience to thy brother that thou wouldst do to thy Maker, to thy self.
- 28. The greater soul development may be found in the study of those things that partake of the mystery, yea of Egypt, but as applied to the teachings of Him that gave, "Come unto me ye that are weak and heavy-laden and I will give you rest; for my yoke is easy to those that love my ways, and my burden is light if ye love the Lord. Come and find rest unto your souls." And this comes to every soul that seeks to know Him face to face.
- . . . Let thy light so shine unto others that they that come under the influence of thy activity may know thou speaketh oft with thy Lord.

### **INDEX OF READING 622-6 M 35**

Humor

Attitudes & Emotions: Doubt Par. 34-A

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# **TEXT OF READING 622-6 M 35 (Clerk, Bookkeeper, Protestant)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 6th day of February, 1941.

- 3. In giving advice or counsel, in fulfilling one's purpose for entering a material experience, much of that as has been the basis for the entrance or the choice of the entity in entering must be taken into consideration; as well as the premises from which such reasoning might be stated.
- 4. For, the answer to all such, necessarily, must arise from the individual self and its purposes, its desires, its hopes, its fears, its failures, its faults.
- 5. The entity finds self in the present with a body, a mind, and the hopes and experiences of a soul. Each phase of the entity's experience in the present, then, has its attributes, its weaknesses and its strength.
- 6. As the body then is the temple of the living God (to the entity), thus it becomes necessary that definite choices be made by the entity as to what are the ideals, of body, of mind, of soul. For, these in the physical reactions are one, if their purposes are one; yet confusions constantly arise in the experience of the entity owing to the warring of one phase of the consciousness with another; causing of the exercising of choice as to courses to pursue, or manners of approach to conditions or circumstances that arise in the experience of the entity.
- 7. Thus, as the entity may find, as it takes cognizance of such experiences, the full intent or purpose was indicated by the Teacher of teachers, that who by taking thought can turn one hair black or white, or change one whit in the material experience? This is oft misinterpreted. As the individual entity finds in the experience, there are periods when in making choices of activities that the material surroundings do not always coordinate (apparently) with the entity's ideal. Yet, as was given again, in whatsoever state an entity, an individual finds himself, THAT is necessary for his individual development! This is another way of saying, "Seek and ye shall find; knock and it will be opened unto you."

- 8. For, all that is necessary in an individual entity's fulfilling the purpose for which it entered an experience is present in the entity's particular environ, in its particular outlook upon this complex condition that is experienced by each soul. 9. As is understood, that which is mental arises from those abilities innate and manifested in life's expression itself, as in the fact that EVERY phase of life is the image of the Creator, or has the ability within itself to CREATE itself; thus the ability to make its own environment, if the activity for such is in keeping with the pattern OF the ideal the entity has chosen.
- 10. Thus it becomes each soul in its realization, in its awareness, in its seeking to know the Author of its ideal, spiritually, mentally, materially. The spiritual is the life, the mental is the builder, the material is the result of that builded through the purposes held by the individual entity.
- 11. Then, the entity finds himself as a co-creator with the divine that is manifested in self. Thus, if the choice leads the entity into the exalting of self, it becomes as naught in the end. If the choice is that self is to be used in whatever manner as in the talents, the attributes, the associations with its fellowmen to GLORIFY the Creative Force, then the body, the mind, finds that peace, that harmony, that PURPOSE for which it chose to enter a material experience.
- 12. Then, to the entity, it might be easily said, "Go THOU and put that principle into thy daily practice."
- 13. Yet, from the experiences of this entity through the material sojourns in the earth, there comes those things, those urges for a seeking to gratify this or that phase of its material manifestations. For, as the tree is bent, so does it grow.
- 14. Yet KNOW that thy body is the temple of the LIVING God; THERE ye may seek communion! There ye may seek counsel as to the choices to be made, the directions to be taken!
- 15. Thus does He as in His promise, "Lo, I am with thee always, unto the end" BECOME thy way, and become that termed by some thy karma.
- 16. What is karma but giving way to impulse? Just as has been experienced by this entity, when the entity has sung Halleuliah it was much harder to say "dammit."
- 17. Hence we find that, even under stress, He goeth WITH thee, ALL the way. For as He has given, "If ye will but ask, I will COME I will ABIDE I will be with thee!"
- 18. Thus may the entity use its abilities, its talents, its voice. For, know that all thy attributes and activities of the senses are the gifts of God. This is true with every entity, but especially with this entity. For he that sings, he that sees, he that speaks, he that hears well is especially GIFTED of God; and not only has the one or the two but the five talents that may be made into such measures by the choice of the entity that he may be ruler not only over the five senses but the ten kingdoms in God's own way!
- 19. Then it may be said, study thou in thy mental, in thy spiritual self to show thyself approved unto Him. For thou knowest the way, thou hast heard, thou hast seen, yea thou hast tasted of the Lord and hast FOUND Him good!

- 20. Study then to show thyself approved unto thy Ideal, that is in Christ Jesus, the Lord; dividing the words of truth in their proper relationships; finding not fault as this means but rather minimizing the faults in all, glorifying the good thou seest in everyone.
- 21. And when ye succeed in seeing the good or the beautiful in a living man, a living object that ye even hate, THEN ye may know that ye are taking hold on the Lord!
- 22. Keep self unspotted from the world; condemning not thyself, then, but rather leaving behind those things that would so easily beset. Turn thy face to the light in Him always and the shadows of doubt and fear will fall far behind.
- 23. Press ON to the mark of the higher calling as set in HIM, AND in THEE if ye walk, if ye talk often with Him. Invite Him by name, by purpose, by desire, to be thy companion in all that ye do, all that ye say. He rejecteth not those who willingly, honestly, sincerely, invite Him to be with them. As He never rejected an invitation by any as He walked in the earth as an individual, neither does He reject the invitation of a soul that SEEKS in sincerity His companionship. 24. Ready for guestions.
- 25. (Q) Am I using my opportunities as stepping-stones or stumbling stones?
- (A) WHO is to judge but thou? What measuring stick usest thou in thy search for truth?
- 26. (Q) In what way have I fallen short in correlating my muscular injuries and the influences of my present labors to prevent induction in army service?
- (A) This becomes, now, a choice in self. Here ye are faced with a problem. Put this rather in this light, this manner:

As ye seek ye MAY so command, so demand of thy associates, as to be refused for service. But rather in the light of that just indicated, is it not the better way to talk it over with Him? And say, "Lord, here am I! Can, or may, or will I be of greater service to THEE, to my fellowman, to my country, IN induction into the service? Or may I be of the greater service in other channels?" And leave it with Him!

- If ye are sincere, if ye are in earnest, if ye will use thy talents, let HIM direct thy way!
- 27. (Q) Will I or will I not be accepted for army duty? If so, where should I try to be located?
  - (A) Let this be answered in the first, see?
- 28. (Q) Outline specific activities for next few years whereby I may carry out my ideal.
  - (A) We've been trying to tell you so for the last thirty-two minutes!
- 29. (Q) Will the activities along present line of endeavor [at government base] be more beneficial in future years, or should I seek a change in other departments? Explain.
- (A) Be what thou shouldest be WHERE thou art! And when thou hast proven THYSELF, He will give thee the better ways!

Has it not been indicated that thou hast not only the one or the two but the five talents? Thus He expects much of thee!

- 32. (Q) When, if ever, should I definitely start a career with my voice, as in singing, and give up my regular employment?
  - (A) You've already begun! Just keep on keeping on!
- 34. (Q) Why do I always have the feeling that I cannot "put over" to an audience just exactly what my heart wishes to do?
- (A) Doubt! Talk oftener with Him. Though ye may oft feel, as from man's viewpoint, that ye can never put it over WHOLLY, yet it has been, it will indeed be as He gave, "The world may pass away, but my word shall NOT pass away."

Hence when ye sing, when ye speak, when ye approach thy friend or foe in such a way and manner that He speaketh THROUGH thee, have ye "gone over big"? It will never die!

## **INDEX OF READING 775-1 F 19**

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# **TEXT OF READING 775-1 F 19 (Protestant)**

Vocational Guidance: Arts: Drama

This psychic reading given by Edgar Cayce, Virginia Beach, Va., this 29th day of December, 1934, in accordance with request made by the mother - Mrs. [489].

Par. 12

- 9. One that is naturally within self charitable to all.
- 10. One that is naturally within self far from finding fault with those that do not wholly agree with the mental aptitudes or decisions of the entity. But, should the entity find ITSELF that these apply in its own experience, hold fast to that choice that may be made when ye have entered into thine inner self and be assured of same.
- 11. The combined influences from Venus, Mercury, Jupiter, Mars, Uranus, make for one that is a "sensitive" within self's own abilities. One that may, then, develop its own psychic influence or force by the meditative method, and the preparation of same being made in accord with that which prompts self in laying aside the material things, purifying, consecrating self for the act or the deed as it seeks for the understanding of same.
- 12. From these same influences we find that music, art, money, activities as related to the pictures or moving pictures would be those in which the entity might prepare itself as a collaborator of what may be used as the text, or one collaboring with those as to the PRESENTATION of the text in ITS application to those that it would reflect upon viewing same.
- 21... in the present by entering into the inner self there may be found in self much that may accord with those particular activities of those individuals with whom the entity assisted much in their ministering and their activities among those particularly of the Roman and Grecian lands.
- 28. (Q) What could she best do to make a living?
- (A) Make preparations for the abilities as indicated, that are latent and manifested in its INNER self.

## **INDEX OF READING 954-1 F 37**

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# **TEXT OF READING 954-1 F 37 (Writer, Protestant Background)**

This psychic reading given by Edgar Cayce, Virginia Beach, Va., this 18th day of July, 1935, in accordance with request made by the self - Miss [954].

- 4. Life IS! Each soul is an offspring of the Creative Force called God, and is innately and manifestedly by application the result in the experience of how or the manner it has manifested that prerogative of will.
- 5. The soul IS, and lives on; making its record in the building influence, or that stream in the experience of the body, the mind, the soul, called the mental life of an entity.
- 6. Entity, then, is the soul in its spiritual form, the mental body in or of its mental form, the physical that is the material manifestation of the two in the earth experiences.
- 7. How may one see and know these, then? Only through the turning within and recognizing those influences in self's experience.
- 8. These then may become as the phenomenon of life by the application in the experience of the attributes of the spirit, that which IS creative. Love, hope, charity, all those things that make for the BUILDING of that called hope, faith, into the experience of an entity, a mind, a soul, a body, through those USAGES of same.
- 9. When these are turned into self-indulgences, or habits that bespeak of same in any form of manifestation, they become that which must be met as karmic influences. Then the body is subject to same in its relationships with its fellow man, by the very essence of that awareness or the conscious consciousness OF same in the experience.
- 13. For those having seen (not by the physical eye, but as these records are read) that which has been the experience of an entity, a soul, or the mind of an entity in those environs, may see and comprehend the forms that arise as urges innate and manifested in the experience of a given entity.

- 14. Hence such are accredited or given to indicate certain characteristics in a given entity. Yet let this be understood: NO EXPERIENCE, no urge, no environ, may be greater than the WILL OF an entity. For the will, the soul and the will, made one with Him the Creative Force as is promised IN Him may overcome, may change, may alter that which may come to pass in the experience.
- 15. Hence such forces or influences are merely INDICATIONS of what WOULD happen, as the effect OF a cause, if there is not the application of the will towards the spiritual or the creative influence.
- 16. But as to what this or any entity may do is another question!
- 27. For here ye may find not only the key to thine nature but that which may unlock the mysterious mysteries of life itself in relationship to thy dealing with thy fellow man.
- 28. What, then?
- 29. When grudges, when anxieties, when those things that make for barriers in thine relationships to thy fellow man are held as a portion of thine inner self, it builds barriers to the best that thou mayest accomplish in thine experience.
  30. And truly hath He said, Love thine enemies, those even that would do thee harm, those that would abuse thee, those that would use thee. Love them as we love thyself. For in so doing ye create, through the creative energies and forces of the power of Right, the ability to succeed over those things that are of error or of belittlement in such measures that not only does the life and its experiences become more and more beautiful, but there are the abilities to mete to thy fellow man those judgements that may give THEM hope; that they, too, may see the sunlight of love upon the hills of their experience, and taking hope may bless thee in thine own life!
- 31. Seek and ye shall find; knock and it shall be opened unto you.
- 49. Keep those in the experience that make for constructive forces through the application of the fruits of the spirit: Faith, hope, fellowship, kindness, gentleness. And put away those things that easily beset, pressing on to the mark of the higher calling as set in Him who has promised to meet thee in thine inner temple. Pray oft; not to a God far away, but for the wakening of the I AM Presence within thine inner self where He has promised to meet thee.
- 50. Keeping these, and in this manner, ye may meet thy problems; yet may come to know the greater love, the greater understandings in thine experience.
- 53. (Q) How and where should I contact with current manuscripts?
- (A) Through those regular channels that are set for same are the better influences or better channels for the assurance of their proper consideration, if such channels are well chosen. How may ye choose?

Enter into thine inner self and seek.

59. Let the light of His countenance guide thee. He, thy Lord, is willing; if ye will put your body, your mind, your abilities as a CHANNEL of expression of and for Him. We are through for the present.

## **INDEX OF READING 954-4 F 39**

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# **TEXT OF READING 954-4 F 39 (Writer, Protestant)**

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 27th day of July, 1937.

- 3. In giving that as we find that may be constructive and helpful to the entity in the present, in meeting those complexities of surroundings or environments, and as to what the entity for its own interpretation and understanding must do as respecting these:
- 4. Know first, as has been given, the choice must be made by the entity.
- 5. As to what the conditions are in the experience as for development or retardment, these may be given.
- 6. As to what may be a fault, or as to what may be a virtue, WHO is to judge such; other than the entity in its own ideal that is set as its standard for every experience that is a part of the entity in the present?
- 7. That at times in the experience of the entity, as well as in the experience of others, there is a very poor consideration of the evaluations in the experience this is the more often a matter of choice as to what is the standard of the entity.
- 8. Naturally the question arises then, what should be the entity's ideal, the entity's standard?
- 9. This, as has oft been given, must not be of the earth-earthy; neither must it be so idealistic as to be impractical; but as this:
- 10. It must be of a constructive nature and its inception must be from the spiritual angle, and not as only a satisfying of an appetite, a desire, a wish, a purpose that is in itself only self-exaltation, or indulgence, or gratifying of self alone.

- 11. Hence there are as has been so oft pointed in the experience of the entity not only those things that are as tenets, as axioms, but as purposes, in the life, in the teaching of One able to fulfil not only the promises but to give that which is sufficient efficient and sufficient for the meeting of any condition or circumstance that may arise in the experience of the entity.
- 12. For what purpose, then, did the entity enter the present experience?
- 13. What were the warnings of the forerunner? What were the burdens of the teachings of the Way?
- 14. MAKE THY PATHS STRAIGHT! Or to make an editing of the failures, to give the good accomplished a bigger, broader meaning.
- 15. For as ye do it unto the least of thy fellows ye do it unto thy ideal, ye do it unto the God in thyself.
- 16. This then is the purpose.
- 17. Then, how?
- 18. Study those that have been given as the faults, as the failures, as the weaknesses, as the virtues, as the goodness.
- 19. For there is in the experience of every entity SO MUCH good that they who find faults to exalt them, or to rear them up as signs they that do such make these become as the stumbling-stones for themselves.
- 20. This does not proclaim then that one shall live only a passive life, but rather a positive life in the DOINGS of self! For it is not what one knows that counts but rather what one does about that one knows! For it is line upon line, precept upon precept, here a little, there a little. For ye grow in grace and in knowledge and in understanding as ye apply that in thine experience that makes the paths straight, that keeps upon the way that is constructive in the experience.
- 21. Ready for questions.
- 22. (Q) Please explain the admonition given me recently "For as has been given He would deal with thee direct. Will you walk with Him Will you talk with Him?" Does this refer to my writing?
- (A) This is the means rather of expressing that which has just been given, as to WHO and WHAT is the ideal of the entity.
- 23. (Q) What is my responsibility toward Dr. [1210]? What attitude can I take to make the association as constructive for myself for [954] as possible?
- (A) Keep the ideal before self ever in all thy relationships, and the responsibility is that as there have been, there are those opportunities for the applications of service the united efforts in the experiences of those that may be touched may bring hope, beauty, patience; and those things that make people, in their hearts and minds, UNAFRAID of criticism, of ANY experience in the lives of individuals!
- 24. (Q) What is my duty toward my Mother? Can I overcome her personality so that I may work near her?
- (A) As to what is one's duty this again, as has been indicated, must be determined in self.

If it is possible for constructive forces to be a part of the experience, and the answering to all good conscience in the relationships, then hold fast.

If the association makes for destructive conditions, then well that your associations be such that you each have the greater opportunity for expression without becoming the stumbling-stone to the other.

As to the choice, as to the determinations - these MUST be made by the soul, the entity itself.

For has it not been ever so from the beginning?

Man, his soul, is in the image of the Maker, with the will, with the choice, with the ideal. He may be equal with Creative Forces. The CHOICES must be in self. 27. (Q) How can I arouse myself from my creative inertia?

- (A) Only as has been given, in holding fast to that which is the ideal that is constructive in every respect, and creative in its every nature. If ye will walk, if ye will talk with Him, ye will find that the abilities, the emotions, the activities are such as to FILL EVERY desire in the mental, the spiritual AND the physical self! 34. (Q) Am I endeavoring to spread myself too much and am I in consequence jeopardizing my personality and future because I am not alone enough?
- (A) The endeavors should be, rather, set as to periods. There must be time alone, there must be time with thy Ideal. There must be periods of application.

Then, preferably, rather than curtailing the vast amount of aid brought to others, only budget thy time so that ye become not merely rote or in a routine but as step by step; one as aiding the other. For as the body-physical must be fed, so must the body-mental, so must the body-spiritual, so must the body-social, so must the body-constructive, so must the body-meditative, so must the body-planning.

# 43. (Q) Any further advice?

- (A) Keep the hopes above the fears. The fears in the experience of any individual or entity are the losing hold upon that as to WHO is able to supply the strength, the courage, the aid necessary.
- 44. We are through for the present.

## **INDEX OF READING 971-1 F ADULT**

Attitudes & Emotions: Materiality Par. 12-A, 14-A, 15-A

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Conscience Par. 16-A, 17-A

Home & Marriage: Preparation Par. 12-A

Karma: General Par. 15-A

Meditation: Decisions Par. 12-A

# **TEXT OF READING 971-1 F ADULT (Widow)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 15th day of August, 1935.

- 12. (Q) Regarding the two love affairs involved, please tell me what is best.
- (A) That the entity may find; not by just listening to what either of the men say. But first analyze in an equitable manner the whole situation; not considering self, but rather the promptings of the INNER consciousness. Then pray over same. Take the Creative Forces, God, into partnership with thee. And let the answer then come from within.

If there is the consideration from the material or the financial angle alone, or for self in this respect, such relations cannot help but bring those things that do rust and canker; not wearing well as the changes come about.

Approach, then, from the spiritual angle; and, as we would find, it would bring the more satisfactory conditions into the experiences of all concerned.

- 13. (Q) How can I deal with the one which has cost me so much?
- (A) Demand that there be redress made for that which has been expended in such a manner to make self and dependents safe, should there become any activity on the part of the one so entrusted.
- 14. (Q) How can I deal with the one which is such a puzzle to me?
- (A) As indicated; if either are approached on the purely material basis they must bring many a headache.
- 15. (Q) Do you see that it is possible for me to straighten out this tangled affair?
- (A) ALL things are possible with God. Though it may bring some heartaches, though there are already many regrets, begin with the SPIRITUAL activity. Do not expect results in one day, nor one week. Individuals do not sow one day and reap the next. They reap what they have sown in the periods when THAT sown has come to fruitage. For what ye sow, so shall ye reap. Indiscretions, and the sentiments that are based wholly upon material satisfactions, must bring the tares and the weeds in the experience of the body.

Those things sown in mercy, truth, justice, will bring their rewards in the same realm, in the same coin as sown.

- 16. (Q) Do you see that I will be happy and my health improved when these conditions are smoothed out?
- (A) This is dependent or contingent upon the manner of activity, the purpose, the aims, the desires of the body. Remember, God is not mocked. Remember, that thou sowest must ye reap.

If the body, mind, will turn more and more within, there will come more and more harmony.

Leave the RESULTS with thy Maker, but DO THOU RIGHT in the sight of thine own conscience; not to be seen of men nor to be considered of satisfying or gratifying any EARTHLY experience, but that the GLORY of the Father through thy gentleness, thy kindness, thy patience, thy fellowship, thy brotherly love, is the result.

These activities beget health, harmony, understanding. DO those! In the physical forces of the body much is to be desired, but make thyself RIGHT FIRST with thy Maker. Then may all these things be added unto thee in their order.

- 17. (Q) Should I seek a Physical Reading through these sources?
- (A) In the physical, as we find, there are necessary changes. But first making thine own self, thine own conscience, RIGHT with thy Maker will cover, will correct, with straighten many a crooked path.
- 18. We are through for the present.

Par. 50-A. 51-A

## INDEX OF READING 1158-12 F 47

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"Know Itself To Be Itself..." Par. 48-A

# TEXT OF READING 1158-12 F 47 (Housewife, Protestant),11/19/37

- 1. GC: You will have before you the entity, [1158] present in this room, who seeks a mental and spiritual reading, with information, advice and guidance as to how she may, through her mental and material contacts, fully express the truth of her being.
- 6. Each entity as has been given enters for an experience that it may aid in the better, greater, or more HOLY expression of that which has been gained through the earthly sojourns; or for the expression as a teacher or director to those who may have lost their way.
- 7. There are phases of the entity's experiences in the earth wherein the greater lessons, the greater opportunities for contact with Truth, Life, Light and Comprehension, have been a part of the entity.

- 8. Then the entity has gained this understanding: There is only gain in the application of knowledge and understanding in its relationships to others. To know of a thing, then, is not sufficient. To KNOW you know, and apply same in the experience and relationships to others is worth while, provided the application is such as to induce others to give themselves in greater expression of what?

  9. What, then, is life, light and immortality?
- 10. What is the hope of eternal life?
- 11. What is the assurance of the continuity of life?
- 12. These have been problems in the experience of the entity in not only the present sojourn but in many sojourns in the earth.
- 13. Then, let this be as an illustration, as a demonstration, in the mental self:
- 14. The Mind is the Builder, as it is both spiritual and material, according to its application in the associations with conditions, individuals or circumstance.
- 15. But what is the water of life?
- 16. As has been indicated, things material are the shadows of that which is spiritual in its essence.
- 23. So as the individual applies these, though its attempts of application may be lowly, we find that these very illustrations, these very demonstrations He used may become applicable in the own experience today. For indeed we live, we move, we have our being in the very forces that manifest in the material world as individual conditions in matter and from which each of these may have been drawn ALL of the forces in materiality.
- 24. Hence as these are applied in those ways and manners that become a part and parcel of the human experience, in the relationships to the fellow man, we find them taking form in what?
- 25. In those relationships that become what has been so aptly illustrated or described as the children or the fruit of the spirit; patience, longsuffering, love, charity.
- 26. These in thy relationships become as the breath of life to the many; they become even as the water of life that is so fitly a representation or manifestation of the life as He lived.
- 27. Though these were as a portion of the experience of thyself, as ye live them they GROW and become part of thee, moving in and through thy mental self.
- 28. Thus doth the spirit bear witness with the Spirit of Life itself as manifested through the Son, by the Father.
- 29. For the glory of that is the experience, if ye will seek for same in thy dealings, thy activities with thy fellow man day by day.
- 30. What were the experiences that prompted thee in thine inner self to ever seek to be a ministering one to those in doubt, in darkness, in superstition, in the dreads and dregs of fear because of the very lack of the necessities for the body, the necessities for the mind? who were constantly clamoring for those things that would put away for a moment even the dread of disease, the dread of this or that for those they loved?

- 31. For ye had seen, ye had heard, ye had known how He LIFE ITSELF TRUTH ITSELF had so manifested in the flesh as to bring that answer which gave hope, courage, to those lives, hearts and bodies of men and women in every clime!
- 32. And ye sought to manifest that. For it has answered the call innate, through thy very manifested experiences.
- 33. Again in those associations and relations with individuals who have sought here and there, ye have found those who have been blinded by selfish interests, that they might be well-spoken of. Yet thy love and thy patience even as ye had seen, even as ye have known manifested in His life as in no other those very activities have prompted thee.
- 34. Then who is to counsel with thee, save that as ye may find within thine inner self? For His promises are sure, just as ye have seen prompted in thine activities to bring hope and cheer; though there have been times even as with He when ye might in thy bodily associations weep over those who had become stubborn, even because of their very lack of comprehension; yet even to these ye have poured out even as He the strength of thy very self in the anticipation, in the knowledge that He has given be ye courageous even in the hours of peril! For as ye sow the seeds of love, the seeds of patience, the seeds of longsuffering, they must bear fruit!
- 35. For the Giver of all good and perfect gifts alone CAN BRING the increase, can QUICKEN the heart, can QUICKEN the spirit within to bring fruit!
- 36. So thy purpose, then, in thy associations with thy fellow man day by day in this experience, this sojourn, is to sow the fruits of the spirit; and trust in HIM to quicken them that they may bear fruit in His glory, in the name of the Father that doeth all things well.
- 37. For He hath not willed that any soul shall perish, but calls on thee yea, thy fellows to be ACTIVE in the vineyard of the Lord; showing forth in thy dealings with thy fellow man that ye have caught the vision, that ye have known!
- 38. As ye have, then, it behooves each soul, each entity that has as ye caught the vision, just to live, just to ACT that way!
- 39. Ye have seen, ye have heard, yea ye have experienced oft many like unto those that walked with Him a little while they caught the vision, yea struck out boldly, and because of the fear of the billows of materiality, yea because of the very fear of what men would say, yea for the very fear of the physical hurt that might come they sank even as Peter upon the sea that he loved, upon the sea, yea the water that is that very life which would bear thee up if ye will but hold to same!
- 40. So as ye find in thy associations, in thy relationships to thy fellow man day by day, ye must sow the seed. Not being overanxious. For as has been given, only as many as He may quicken may be drawn to the full understanding.
- 41. THY duty is to minister, even as He when the ten unclean sought and said, "Thou son of David, have mercy on us!" And from afar He lifted up His voice, "Go show thyselves to the priest THOU knowest the LAW and BE THOU CLEAN!" Only one THANKED Him!

- 42. Give thou, then, as He, the love, the faith, the hope, into the keeping of those that cry. But not all that cry will answer but as many as He shall QUICKEN. All in their time, yes; but their day, their experience must be met. For He stands ever and cries, "Whosoever WILL may take of the water of life and be HEALED." 43. Ready for questions.
- 44. (Q) Is it advisable for me to seriously study metaphysics this winter with Dr. [1301] of N.Y., or with any other teacher or school of thought?
- (A) As we find, there is in the experience of self, and in the trend of thought of self, the time when this would be well. Not only in that as may be gained for the better understanding or the better manner of JUSTIFYING the time spent in self-comprehension, but in the very strength it would lend to others that need to be encouraged, to be among those that SEEK to know the influence of those forces as may be presented by Dr. [1301].
- 45. (Q) What do you think about the Psy-Cosmic Science Course of Study?
  - (A) This is very well, but it leadeth away.

For the present, for the self, the metaphysical presentation - as given through that indicated - we would hold in the present.

- 46. (Q) And how many times a week should I study with Dr. [1301]?
- (A) Once a week, when we take all the other activities in consideration this taken seriously (for it should not be in any other way) would be sufficient, through this present season.
- 47. (Q) Is the I Am Presence as set forth by the Ballard's correct? and when we pray should each of us address our own I Am Presence as our All-knowing God-Self?
  - (A) It is that Presence.

But there is a confusion here. The I Am Presence, that is all-knowing within self, as has just been pointed out in the experiences of the entity, is as set forth by Him - in the 14th, 15th, 16th and 17th of John; that it, the I Am, must be motivated BY the Father, God. Even as He gave, "I in thee, I in the FATHER, that ye may be glorified, that ye may KNOW ALL that has been - for ye were with me - FROM THE BEGINNING."

There is a slight variation.

Hold to that which the God-within directs, that is a manifestation even as the water activity - it answers to that within that keeps, creates that balance; that answers to the manifestations of that HIS experience in the earth means to the whole of they that take hold upon God to DO His will in the earth!

48. (Q) If God is impersonal force or energy -

(A) (Interrupting) He IS impersonal; but as has just been given, so VERY personal! It is not that ye deal only with IMPERSONAL - it is WITHIN AND WITHOUT! It is IN and WITHOUT, and only as God QUICKENETH the spirit within, by the use, by the application of the God-force within to mete it out to others. Else HOW, WHY, did that material experience of a man hanging on a Cross bring - BRING - redemption to a world? In this:

Though ye know He had the power within Himself to come down from the Cross, though He had the power to heal, though He had power to rid the very taking HOLD upon death, it had no claims upon Him. Why? QUICKENED by the

Father because the life LIVED among men, the dealings among MEN, brought ONLY hope, ONLY patience, ONLY love, ONLY longsuffering!

This then being the law of God made manifest, He BECOMES the law by manifesting same before man; and thus - as man, even as ye - becomes as one with the Father.

For until ye become in purpose, in activity, a savior - yea, a god - unto thy fellow man, ye do not take hold upon that PERSONALITY, the INDIVIDUALITY of GOD - that is the life, that is the being of life, eternity, hope and love!

These then become not only as impersonal but personal, in that ye know thyself, even as He - thy brother in the flesh - made manifest that ye are aware of thyself BEING thyself, yet one with Him; and thus able to enter into the joys, WHOLLY, that are prepared since - yea, before - the very foundations of materiality, for those that keep His ways.

- 49. (Q) (Continuing with question) then how can God know the personal needs of His countless children and work to fill these needs?
- (A) Just as illustrated in how that life as is manifested in the grain, that is the breath of life, just as the water that quenches, the water that is life itself, supplies. As the spirit of same is manifested in the body, it becomes not only in the PERSONAL manner and way the supplying influence but that as from without, by "Seek and ye shall find, " by attuning to same just as ye would attune thy radio to the GREAT STATION of life and God Himself! It supplies and pours out to those that seek seek to know His ways!
- 50. (Q) Why have I had a desire to sell my engagement ring, and is that an advisable thing to do?
- (A) Look within thine own self, as to that experience in which ye saw many giving up ALL that was of an earthly nature that there might be in the material things the opportunity for the knowledge of the truth to become a part of the being of every soul. And only in such, and in the visioning of such, may ye grasp that. Not that it is not near and dear, not that it does not represent, not that it does not signify an influence that far surpasses any experience in this material plane; yet the knowledge, yet the comprehension that this might give the opportunity to others. This is a holy thing, but is as the seeking of heaven and of the knowledge of God Himself a FREE-WILL choice to be made, and not a command!
- 51. (Q) Would it be a wise thing to do?
- (A) That can only be answered within self. Remember that as was given to those who brought their all, and those who attempted to hold back and as was given then, it was not asked of thee it must be of thine own choice. But if thou hast chosen how hath it been given? FULFILL that, ever, ye have promised thy God within if ye would be true to self.
- 52. We are through for the present.

## **INDEX OF READING 1246-4 F 53**

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"Channel Of Blessings" Par. 14
"Use That In Hand" Par. 14

# TEXT OF READING 1246-4 F 53 (Business Woman, Advertising Agency, Christian Background)

This Psychic Reading given by Edgar Cayce, Virginia Beach, Va., this 16th day of May, 1938, in accordance with request made by the self - Mrs. [1246].

- 2. EC: Yes, we have the entity called [1246], and those relationships to the environs, the ideals and purposes, and the activities thus far of the entity in relationship to the application of these abilities regarding its relationships with others.
- 3. In one giving expression of that which is innate or manifested, in the developments of those influences or forces that are set as ideals, know that the real response must come from within.
- 4. For unless there is such a response, the assurance that the purpose is in the right direction, it may not be entirely a part of self.
- 5. The entity as others finds itself then in a material world, with the activities as related to material things, mental things, spiritual attitudes and effect.
- 6. The application of the abilities from the experiences in the earth brings definite relationships with others in the varied undertakings.

- 7. These at times have been and are very satisfactory. At others the entity finds them rather at variance one to another.
- 8. Then to make these relationships such that there may be not only the material proposition nor the mental attitudes but ALL coordinating, cooperating one with another, becomes the problem.
- 9. In seeking the answer then to any problem, the entity may find same if it will first the mental self make definite efforts to gain the answer through its own mental reasoning; analyzing the whole situations much in the same manner as there is a visualizing even before there is a drawing of how an individual room or suite or several would look under the varying treatments with the varying characters of lights or the like, as well as woods and shapes and forms and the like.
- 10. If the whole situations are taken into consideration, there must necessarily be first the analysis of the character as it were of the individual for whom such might be prepared.
- 11. So, in the analyzing of the problems for self, analyze same much in the same manner; taking into consideration the individuals, their characters, their associations, their background, their outlook upon their relationships with others. And have the answer, Yes or No.
- 12. Then take the same considerations, with the answer, into the deep meditation and let there still be the answer from the deeper within but abide by that given thee! Do not become one that asks and does not abide by the answers! For they would soon become as naught to thee!
- 13. For the promises are that He will meet thee within; that He is thy life, thy meat, thy DAILY understanding!
- 14. Then use that thou hast in hand. Not to thine own glory but that there may be, through thy GIVING of thyself as a channel, a blessing to others, in every phase of their experience, in HIS name!
- 15. Ready for questions.
- 16. (Q) My plans and ideas for showing the electric house have been presented to Westinghouse. Verbal orders have been given but the matter dropped. Just what should be my action now on this matter?
- (A) Press same in and through the channels through which this has been presented, and accepted and it will become then reality.
- 18. (Q) With just what associations and groups should I develop my work of planning room by room remodeling of old homes for modern needs? Which of the following will be most receptive to my ideas: National Lumber Association, Johns Mansville, Western Pine Association?
- (A) As we find the Southern Pine Association, as combined with or a little later combined with the Western Pine Association. These would be the more receptive to the activities and to the plans that are a part of the entity's experience.

Well that all of these questions be taken in the manner indicated, even WITH the suggestions here, into self; that they may be a part of thy EXPERIENCE.

- 19. (Q) What advice may be given me as to the presentation of my ideas along this line?
- (A) As just indicated, know that while these may be in a manner idealistic, there must be the presenting in the manner that there is or may be and can be and would be taken into consideration all the phases of the individual who would or might consider having such changes made in his environs or surroundings.

There is the presenting then in a way and manner that such may BECOME as a representation of the very nature of the individuals for whom such changes might be wrought!

In presenting same in this way and manner they tell the life, they tell the story, they tell the whole outlook of those who have such in their surroundings or who make of such their environs or surroundings.

- 20. (Q) With just what groups should I work in planning for the building of new homes meeting modern needs? Are there any specific suggestions for contacts?
- (A) Choose those, as you find by the study of their manners and ways of presentation, who consider the home not just as a place to stop but who in their presenting or their building of homes there is taken into consideration that the nature of the home is the very foundation of the land itself; whether communities, cities, states or nations!

Then, make thy plans with those who take these things more into consideration.

- 22. (Q) Any specific suggestions for contacts?
- (A) As indicated, study the various groups who are engaged in such undertakings. Remember, it has been said that few corporations have souls; but it will be found that these are the ones that are gradually GRADUALLY becoming the more successful in EVERY phase, whether it is moving material things, preparations of stones and lumber, or in ANY phase of man's experience! whether building homes, preparation of any of the phases for their development or what not; in fact, it will be found in EVERY phase of experience.
- 23. (Q) What has caused the apparent blocks repeatedly in the carrying on of my plans and programs? Please explain and advise me as to how to meet and overcome this.
- (A) Because, as has just been indicated, there has not always been chosen those that are of a constructive nature in their whole outlook. Some become entangled in that which is a part of the material things, or altogether so. And these do not combine with those influences or forces that are ideal or idealistic in their very nature.
- 25. (Q) Are there any other suggestions (aside from Westinghouse) for my activities in connection with the World's Fair in N.Y. and the San Francisco Fair?
- (A) These we would hold to, as they are worthy and are among those whose very channels or basic forces are above many another, in the very principles as indicated.

Then we would work with these.

26. We are through for the present.

## **INDEX OF READING 1315-2 F 39**

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# **TEXT OF READING 1315-2 F 39 (Housewife, Hebrew)**

This psychic reading given by Edgar Cayce, this 26th day of January, 1932, in accordance with request made by self - through her husband, Mr. [437].

7. In Venus the love influence, and the abilities to find expressions - as tempered with the greater ruling influence in Jupiter AND Mercury, has made for those characterizations where both policy and judgment are often manifest in the entity, or individual in the present, as respecting relationships with individuals or groups. Also the ability to control the temper, though - as indicated from Mars, there are periods when that becomes necessary; for, as seen, those periods when the entity is depressed - and others are exuberant, or feel the opposite - and when the entity is hopeful when others have given up, arise also from what may be termed the Martian influence. In twenty-three ('23) such a condition arose as a definite decision that was made by the entity, during the latter portion of the year, and may be recalled as an example of that as is given here in INFLUENCES, and as to how this eventually was settled in the entity's own individual experience by the intercession of outside influences, as well as determinations - or the MIND - in self. This has brought a real awakening to the entity; for when one does make that decision, that "Others may do as they may, but for me I will leave it in the hands of the All Wise Providence, I will leave it in the hands of my Maker, " immediately there begins the expression in the various experiences of a body, an entity, that brings a peace and a harmony within self that comes only from such decisions by God's own children.

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"Act Like it" Par. 26-A
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# **TEXT OF READING 1326-1 F ADULT (Protestant Background)**

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 30th day of January, 1937, in accordance with request made by the self - Mrs. [1326].

(Body and enquiring mind, who seeks information, advice and guidance as to her mental, material and spiritual welfare; especially in reference to the divorce pending between herself and husband, and the conditions and circumstances surrounding their relationship. Questions.)

- 2. First, as we would find, there should be within the body-mind itself a self-analysis of what has prompted, does prompt much of that as desired in the material ways and manners by the body in the present.
- 3. For unless there is in the mental self an ideal, just as there was in the consummation of the relationships of the entity, it is merely an idea. But were those activities first impelled by a spiritual insight, that was of a creative force or energy?
- 4. Has there been the lack of the thought of self? or rather those experiences in which the ideas respecting the relationships in every form have become rather as forgotten promises, forgotten endeavors even? and the desires for self-domination, self-gratification, self-glorification?
- 5. And these have brought and will ever bring, in the experience of each and every entity that allows same to become as the dominant factors in its activities, turmoils and strifes that make the experiences which bring about heartaches and disappointments in the material affairs and relationships of individuals.
- 6. But choose thou rather the better way, in knowing that as He hath promised in His relationships of life in the material way, if there is the conforming in self to the ideals that are set by Him, these will bring peace and harmony and understanding in the relationships in every manner.
- 7. For if the body-mind holds in the mental activities; in the mental attitudes, the fruits of the spirit, then indeed will the experiences in the physical and material life become easily understood.
- 8. And whatever may be the choices of others, let self determine: "Others may do as they may, but as for me I will serve a living God. I will manifest love, I will manifest patience, I will manifest longsuffering, I will manifest brotherly love."
- 9. And in so doing there will come in the daily experience that which will bring from turmoils, strifes, heartaches, disappointments, those promises as He hath given, "My peace I leave with you" not as the world knoweth peace, but that as satisfies the longings of the soul and makes for that experience in the lives of individuals when the outlook becomes more hopeful in Him, in Life, in thy Brother, in thy associations.
- 10. For if ye would have peace, be peaceable. If ye would have friends, show thyself friendly. If ye would be loved, be lovely to those ye know, ye meet, yea to thy enemies, to those that despitefully use you; for in thus doing ye may find that happiness, those promises as thy very own.

- 11. And until each soul, each entity, claims His promises as their own and in their daily lives, and their daily associations manifest them to those they meet they know not the truth of His promises.
- 12. For as He hath so oft given, "Though ye be afar off, if ye will call I will hear and will answer speedily."
- 13. Then, to know those influences, to know those activities, to know the ways of dealing with thy problems day by day:
- 14. Affirm then live it:
- 15. "I AM THINE, O GOD. THY PROMISES ARE UNTO ME. I SEEK TO KNOW THY WILL, THAT I MAY DO AND WALK IN THE WAY THOU WOULD HAVE ME GO, DAY BY DAY. NOT FOR MYSELF BUT THAT THOU MAY BE GLORIFIED IN AND THROUGH THE CHOICES THAT I MAY MAKE IN MY DEALINGS WITH MY PROBLEMS, MY FELLOW MAN, MY CONDITIONS IN EVERY WAY."
- 16. Then be guided by that which speaks from within, and not by every word of others that would have thee defy this, or demand that, or to feel thou art being mistreated in this or that manner. For if thou art God's, if thou art living in His ways, if thou art doing His biddings day by day, they that mistreat thee, they that condemn thee, they that find fault are finding same with God and not with thee!
- 17. The assurance then is within self.
- 18. As to how to meet each problem:
- 19. Take it to Jesus! He IS thy answer. He is Life, Light and Immortality. He is Truth, and is thy elder brother.
- 20. Not as to who will ascend into heaven to bring thee a message, or who would go over the sea that ye might know of Him, but He is in thine own heart; for He hath given, "Behold I stand at the door and knock."
- 21. Will ye open and let Him in? For in HIM is strength, not in the law, not in the man, not in the multitudes of men, nor of conditions or circumstance. For He ruleth, He maketh them every one. For hath it not been given or told thee, hath it not been known in thine experience that "He is the Word, He maketh all that was made, and without Him there was nothing made that was made"? And He LIVETH in the hearts and the souls of those who seek to do His biddings.
- 22. This, then, is not idealistic but an IDEAL!
- 23. "What would Jesus have me do" regarding every question in thy relationships with thy fellow man, in thy home, in thy problems day by day. This rather should be the question, rather than "What shall I do?"
- 24. "LORD, I AM THINE, AND IN THY WAYS I WOULD GO. DIRECT THOU ME IN EVERY WAY."
- 25. Ready for questions.
- 26. (Q) Considering that I still love my husband and want to win him back, please advise me just what is best.
- (A) Then ACT THAT WAY. Not in any manner condoning those unhappy happenings, but forgetting self. How hath He put it? Love knoweth no evil; love thinketh no evil; love beareth all things, endureth all things without question.

Then if that is thy purpose, take it to Jesus - and He will direct thee, He will guide thee.

If thy mate then chooses to flaunt it all and to abuse, mistrust and leave all those things - bear it without question; trusting in God and the promises in Jesus, and ye will find peace and harmony and glorious happiness in service to others. 27. (Q) Is it best to go through with the divorce, or drop it?

- (A) Leave it as it is. Act as thy heart dictates, as thy conscience dictates. In the prayerful approach to ALL the problems be guided by the heart and conscience. "Not my way but Thine, O God" doth the love that passeth understanding give to the experience of each and every soul. If ye would claim his love, be lovely!
- 28. (Q) If I do drop it, would he get the divorce himself!
- (A) How hath it been given! "Let others do as they may, but for me I WILL LOVE; I will worship, I will do as the living God would direct in my experience day by day."
- 29. (Q) Is there anything in my character that would hurt me in a divorce suit?
- (A) Do not seek same if there is that love as indicated in thy desire to hold. If it is to hold for self, selfish motives, desires for self in an indulgence in any manner, then erase same from thine experience.

For the answer is ever "My SPIRIT beareth witness with thy spirit, whether ye be the children of God or not." And if the answer comes in thine own activities that He beareth witness with thee, that thou art doing, thou art being all - not as MAN'S law has set but that God hath wrought, then ye need fear naught. For He will guide and direct.

- 30. (Q) Would my husband bring out anything in court against my character? If so, what?
- (A) As has been indicated, do not seek same. If he seeks same, say nothing.
- 31. (Q) Should I attempt to win my husband back? If so, how?
- (A) As has been given; as ye would that he should do to YOU, do YE even so to him in EVERY manner, in every way. Is the approach, the promise, the voice, not to thee? Are they in keeping with thy ideals of thy Maker and His love as shown to thee? Then win those to thee through the showing forth of the fruits of the spirit of truth patience, long-suffering, brotherly love, loving kindness. And ye will find that the promptings will be thy experience.

Only in casting thyself wholly upon the Lord may ye know the spiritual and mental peace that is the birthright of every soul.

Only in defying same, through those things that are of any nature in the ways of abuse of privileges, ye become entangled in confusion, doubt and fear.

- LOVE the Lord and His ways, and keep them day by day!
- 32. (Q) When we had been married three and a half years, why did I become pregnant right on the verge of our separation two months ago?
- (A) That there might be the consummation of that in the vows thou had taken. Then hold fast to the love that makes for the procreation of a body and mind expression and soul activity. For these be in keeping with God's ways with those who walk not after His ordinances.

Let that given thee, then, guide thee; that the soul of thee, that the heart of thee, may sing again with the glory of God's way with thee!

33. We are through for the present.

## **INDEX OF READING 1397-2 F 58**

Attitudes & Emotions: Self-Sufficiency Par. 6

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Business Advice Par. 31-A--35-A

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# TEXT OF READING 1397-2 F 58 (Chiropractor, Naturopath, Protestant)

This Psychic Reading given by Edgar Cayce, this 27th day of November, 1937, in accordance with request made by the self - Dr. [1397].

- 3. In giving mental and spiritual counsel for the entity, as in relation to the mental and material affairs, much must be taken into consideration as purposes, desires, urges. Then that which is the ideal of the entity, the body, the mind, the spiritual self.
- 4. For as the entity has experienced, and as is the experience of every entity, that by which the activities of an entity are to be judged must in its essence be spiritual in itself.
- 5. For unless the desires, the urges, are motivated by such, they must of themselves sooner or later become rather stumbling-stones than stepping-stones for progress; whether this be material, mental or spiritual.
- 6. And if there is then self-sufficiency, yea even self-complacency in the mental self, the spiritual unless constructive must sooner or later become as naught.
- 13. For as He hath given, thy spirit beareth witness with the Father-God; that thou doest bear record with Him that ye have chosen aright.
- 14. For His promises are sure, and He hath promised to meet thee within the tabernacle of thine own consciousness.

- 15. For thy body indeed IS the temple of the living God, and in thee there comes the answer for that as He would have thee do. And if thy choice is in that direction that is given by thy own inner self, ye become aware of His presence as abiding with thee day by day in every phase of thy experience.
- 16. For as He hath given, "TRY me, and I will PROVE myself to thee," IN the choice of thine own inner consciousness.
- 17. These then be the measures, be the sources, be the channels through which the self may gain the greater understanding, find the greater unfoldment, have within thine own self the greater consciousness that He hath work, He hath a purpose in thy experiences day by day.
- 18. As hath been said of old, fearful indeed it is to fall into the hands of the living God, UNLESS thy purposes, thy desires towards thy fellow man are in keeping with the will of the Father.
- 19. What, then, is His will? That ye may eschew evil, and do good unto those that ye contact day by day. For as ye mete, as ye think, as ye do unto the least of thy brethren, ye do unto that God in thy holy self.
- 20. For as ye mete unto him, ye mete unto thy Maker within, yea and without.
- 21. And He is not holding any guiltless that of themselves choose to magnify hate or malice or selfishness, or the things that take hold upon fear or death, or even hell itself.
- 22. But they that show in their daily experiences the seeds of the spirit of truth patience, longsuffering, gentleness, kindness, even to those that despitefully use them THEY may then know that He will walk with them.
- 23. For man may only sow, God alone may give that increase, that unfoldment, that quickening of the spirit of truth that indeed makes thee free. Free of what? Of the turmoils that arise from disturbing forces that may be manifested in the experiences of a soul as one to another, that seek to glorify or magnify their own selfish desires.
- 31. (Q) My desire is to have sufficient leisure and release from strain to pursue my study and contact with the "rays" which are operating through the various machines now in use such as radionics, micro-dynameter, aetheronics and others of a similar nature. In order to accomplish this a certain amount of economic security is necessary. MAY I EXPECT THIS TO COME THROUGH MY TEXAS PROPERTY? If so, how soon?
- (A) This should rather be, "Lord, is this the channel, is this the manner in which thou would have me serve? If so, then may those channels, in the activities in the Texas lands, be such that there may be provided that security for my giving of myself in the best of my mind and my body to serve in such a way and manner," and LEAVE the results with Him!

These may not be at first, to thee, very definite. But it is HIS way that He would have with thee, if ye would come to know, if ye would be of the greater service in this material experience.

Then, as ye fit thyself in SINCERE desire, so may those channels FURNISH the material things for the carrying out of that He has purposed for thee.

And as ye do they will, they WILL supply that needed.

- 32. (Q) In connection with the Texas property, am I to expect further interference and disloyalty in the future or more cooperation from [...] my former associate, who is now occupying the property?
- (A) As we find, as that ye mete out, if ye expect if ye show greater cooperation, then ye will find greater cooperation. And remember, the silver and the gold, yea the cattle in the hills, yea the oil, the gold of same, are the Lord's.

Use then that thou hast in hand. For He will multiply it, some to ten, some to twenty, to some sixty, to some an hundred fold; dependent upon that purpose and that sincerity to which thou, thyself, may use that in hand.

Ye may expect, ye may COMMAND, greater cooperation and greater activity for the fulfilling of same, if thy purposes are set. Not in fame for self, not in fortune for self, but rather that through the channels, through those activities that are permitted in thy hands, in thy keeping, ye may serve thy fellow man the better; bringing to men's consciousness the awareness of their needs, not only mentally but spiritually. And these will bring thee, then, to thy goal.

33. (Q) In connection with [...] and the Texas property, do those in her environment . . . constitute a menace to me and my interests? If so, how can I best deal with it?

(A) Deal with them in that manner that ye would have them deal with thee. They do not constitute a menace, if thy purposes are set wholly in being of service THROUGH the proceeds of same to thy fellow man.

Meet it in Him. For when the burden is too great for thee, His promises have been, "I will bear thee up, I will keep thee in thy ways; thy enemies shall not prevail against thee but I will set them at naught." And this means THEE - not others, THEE!

- 34. (Q) In this same connection, can I count upon a measure of honesty and friendliness OR THE REVERSE from the Corporation lawyer, [...]?
- (A) Ye may expect friendliness, with those purposes set firmly as has been indicated as to the attitude, desires of the body, mind and heart. For as ye show thyself friendly, ye have friends. As ye show thyself otherwise, the fruits are the same. But these have been set in that way in which, as ye unfold, unburden thy purposes, thy desires, these will come to pass.
- 35. (Q) Should I sign the paper recently sent me by [...], in regard to a portion of the property known as the Olson Estates?
- (A) This is to be considered wise, if this is to free the other portions that are promised in same.

COUNSEL with thy inner self in this manner; first: If thy own mental consciousness finds this the solution of the problems, then take it to thy inner consciousness - yea, into the tabernacle of the holy of holies in thy deep meditation and prayer. And if the answer is the same, then act that way.

For as has been given, ye must have, ye must so labor, ye must sow seed thyself such that - or ye must so set thyself that - right and good and God is with thee; then there is nothing - NOTHING to fear!

And know, there is nothing that may keep thee from the knowledge of the Father, in material as well as in the mental and spiritual forces, save thine own self!

## INDEX OF READING 1466-1 M 57

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"Kingdom Of Heaven Within" Par. 17-A

## BACKGROUND OF READING 1466-1 M 57

He had become a successful civil engineer when he decided to give it up and study for the ministry.

# **TEXT OF READING 1466-1 M 57 (Protestant Minister)**

This psychic reading given by Edgar Cayce, Virginia Beach, Va., this 31st day of January, 1931, in accordance with request made by self - Rev. [1466].

- 1. EC: Yes, we have the entity and those relations with the universe and universal forces, that are latent and manifested in the entity known in the present as Reverend [1466].
- 2. In entering astrologically, we find varying effects upon the entity and its development yet in the present the application of will as respecting its development has altered and changed those conditions in the experience of the entity, until save as tendencies that are presented in the various phases of the entity's experience astrological influences would be or mean little. It may be said, the entity in the present has ruled or governed its influences rather than being influenced BY astrological sojourn.
- 12. In the abilities of the entity and that to which it may attain in the present:
- 13. Well has the entity chosen in its call, in its profession. Keeping an ideal, and being content in service to many; brings that satisfaction that in the end there may be that call, even as of old, "In little things thou hast done well. Be thou ruler over many".
- 17. (Q) Are the judgements sure that the entity can make through introspection?
- (A) These, when in align and in accord with the IDEALS the entity has set, are true and in that manner may all mankind, through the associations of the inner self with the Creative Forces, be able to receive that from within; for the kingdom is from within.
- 18. (Q) The entity desires to raise up a social center in connection with activities of the church.
- (A) These are well, and in keeping with "Go ye into all the world and GIVE that which has been committed unto thee, and Lo, I am with you, even unto the end of the world"; for, as has been given, had there been an established faith in the lessons that were taught by those that gathered together to make a body of the church a school that had its foundation in those tenets, a CHANGE would have been in the MAP of the world! Here, there may be established those forces that as they go out, even in the entity's endeavors may ENLIGHTEN the whole world! KEEP that committed, knowing He is able to keep that asked against every condition.

## **INDEX OF READING 1487-1 F 65**

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**C** 

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## **TEXT OF READING 1487-1 F 65 (Writer, Protestant)**

This Psychic Reading given by Edgar Cayce, this 28th day of November, 1937, in accordance with request made by the self - Mrs. [1487].

- 11. And while the entity at times may be called by others one rather set in its way, or one rather hardheaded at times respecting the activities in given directions, we find that the entity has made and does make CHOICES to which it adheres in very definite ways and manners.
- 12. And these, as has been indicated, have in most part in the present experience been for developments rather than for retardment in any manner or way.
- 18. The entity is one who may make choices, may make judgements as to what would be significant in the experience of individuals as groups, as masses. While the entity might not be termed by many as a definite leader, the entity is rather the COUNSELOR in its ability of expressions in the present.
- 19. Hence many that have not considered the judgements of the entity would have done much better to have considered these more sincerely, more worthy than they have in some experiences.

- 40. In the application of same the entity finds that in service, and in doing something ABOUT that one professes or proclaims, is the way and manner in which greater knowledge or greater truth may come.
- 52. As to the abilities, and that to which the entity may attain and how:
- 53. Let those tenets as He gave, that so moved thee to expression in the hills above thine own native land in the Judean experience, be HELD in this experience and that they arouse in thine inner self in the present.
- 54. For these tenets are true; not to be lightly looked upon, nor as being that which may be the experience of the rabble but as those experiences that may be lived by all.
- 55. For He IS the truth, and the life, and the way and the approach to the Father is along that road as He gave in answer to thine own questions in that day they that purpose in their hearts to know the Father may know His face as the light that leads their way, through all the trials of this material experience.
- 57. (Q) What should be my life work?
- (A) Encouragement to those, through EVERY channel, that are showing, are persuading, are directing men to seek to know the MASTER'S way!
- 61. (Q) How may I clear up my financial troubles?
- (A) Leaning on Him. For the silver and the gold are the Lord's, and the way that leads to the more perfect understanding is to trust the more wholly in Him. Let this be as thy meditations, in thine own words but this as the thought:
- "LORD, THY SERVANT, THY HANDMAID, SEEKS EVER TO BE IN ACCORD; YEA, IN ATTUNE WITH THEE AND THY PURPOSES THOU HAST FOR ME IN THIS EXPERIENCE AMONG THE CHILDREN OF MEN.
- "AS THOU HAST LOVED, THEN, AND GIVEN THYSELF A RANSOM FOR THE MANY, WILT THOU IN THY LOVE GUIDE AND DIRECT IN THE WAY AS THOU HAST PROMISED?
- "FOR MY TRUST IS EVER IN THEE! LEAD ON, O LORD LEAD THOU, O LORD, ON!"
- 62. We are through for the present.

## **INDEX OF READING 1554-7 F 47**

PROPHECY: PERSONAL: WITHHELD

**WILL: DECISIONS** 

# TEXT OF READING 1554-7 F 47 (Housewife, Translator), 5/18/38

- 3. (Q) What date does it appear that I will leave California? and for what purpose?
- (A) As we find, this of course becomes dependent upon whether or not the entity or body chooses to accept those invitations and for the call as may be in the East. This as we find would be before the fifth of June.
- 4. (Q) Does it appear that I will stay in N.Y., and for how long?
- (A) This again is dependent upon whether or not there are those activities as related to that which has been a part of the work, as well as finishing others that appear to be a part of the program sooner or later. And as to how long, this will depend upon choices that are made.

Where circumstances or conditions arise from CHOICE, the TIME and the CAUSE may be RELATIVE - or have no relations whatsoever to conditions as may appear!

But as we find this would be for at least thirty to sixty or ninety days.

- 5. (Q) If I go to France, how long does it appear that I will remain there?
- (A) This again will depend upon how much there are the causes that would call for the return, and as to whether or not it is for the relationships as for the demise or for activities in which there may be the needs or the PREFERENCES of the personal activity of the entity in France.

As to how long, this again would be a matter of choice - and becomes RELATIVE!

If the choice is to remain some time, we find that this may be done. If the choice is that the activities are to be carried on that are a portion of the experience in the present, then not so long.

- 6. (Q) Is it indicated as to when will be my return to California?
- (A) Such things become problematical, depending upon whether or not choices are made in the direction of activities in relationships to others, and for the conditions that will arise as a portion of the whole of the entity's experience!

As we find, it would be towards fall or the latter portion of the year - if those activities are carried out that may become (dependent upon the choice!) a part of the entity's experience!

- 7. (Q) When and how does it appear that I will get back my round diamond?
- (A) We don't find this as a part of the experience unless there are the activities which are not decided in the experience of the entity. Some changes have to be in the minds of others before this might be even accomplished.
- 8. (Q) Does it appear that I will sell my emeralds? if so, -
- (A) (Interrupting) This again if it is the choice to, yes. If it is NOT the choice to, it is not NECESSARY in the ACTIVITIES of the entity unless it's desirous to be used in other directions!
- 9. (Q) If so, when and for how much?
  - (A) (With a sound or sigh of impatience) We are through!

## **INDEX OF READING 1620-2 F 44**

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"Holy Of Holies" Par. 49-A
"Use Me" Par. 48-A

# **TEXT OF READING 1620-2 F 44 (Housewife, Quaker)**

This Psychic Reading given by Edgar Cayce, Virginia Beach, Va., this 11th day of August, 1938, in accordance with request made by self - Mrs. [1620].

- 3. While the faults as well as the virtues are drawn, these are given that the entity or with the desire that the entity may see self; and thus, having set its ideal, enable self to turn more to the within.
- 4. The natural inclinations of the entity to drift here or there, or to be overenthusiastic about this or that movement or activity today one and tomorrow another, oft leave the entity with the experience in its enthusiasm of having expended all the glow or gloss or foam, and being left with the dregs only.

- 5. Oft such activity tends to make for questionings on the part of others. This also causes confusions and doubts. For the entity finds individuals or groups enthusiastic today, and tomorrow entirely lost in the activity of such as may for the moment be a very promising experience for the entity.
- 6. It is well, then, that the entity take all of those inclinations as may be presented and analyze them within the experience of self; and know that what is everyone's business is nobody's business. While, to be sure, it is well to analyze and to have advice or counsel from this or that student of this or that thought or activity, the real analysis must come from within. For it is with what measure ye mete that it is measured to thee again.
- 7. Then it is well that there be the answer from within. For until the individual becomes enthusiastic over any movement or any activity in which it may engage itself so as to be CONSISTENT in same, it has not begun to take hold.
- 8. So it is well that self know self and what is the ideal; not only in what ye believe but as to Who is the author of what ye believe. Be sure that the author is able to supply mentally, physically and above all, spiritually that as may be the answer for every experience; whether it be in turmoil or in peace, in harmony or in discord.
- 9. For that which answers not ALL is to the inner self only half a truth.
- 14. For as the entity is a part of the whole, as the entity may attune itself to the universal consciousness as may manifest within, thus it is a part of the whole and not ruled by any portion of same save as the will allows same to become the motivative force for any given activity.
- ...Do not seek to make others that you would not be yourself. Ye may not climb up higher than thine own ideal. Ask not others to do that ye would not do yourself.
- 18. Ask that within self and know the answer is within self, as much as or more than within the others. For thou art a part of the whole.
- 19. The Uranian influences also make for the sudden changes, as well as interests in the occult or mysterious forces; and the natures of things as in their extremes are a part of the entity's experiences.
- 39. As to the abilities of the entity in the present, then, and that to which it may attain, and how:
- 40. First, know what is thy ideal. In whom have you put your trust? What are His promises to thee? How many, how much do you make those promises thine? For what purpose do ye strive with material things in this material experience? Is it for the glory of an idea, or for the glory of thy ideal? or is it merely to satisfy self?
- 41. Answer these questions within thine own conscience. And do not take them lightly. For they are the basis of thy philosophy, they are the questions ye must answer before thine own guardian angel that stands ever before the face of Him as is thyself!

- 43. Then, study to show thyself approved, a workman not ashamed; calling always upon that which is THY promise to Him that has promised thee!
- 48. (Q) If it is not intended that the "Harmony House" idea shall manifest, what then is my best field of service?
- (A) It is not that such is not to be manifested, but for what purpose is thy desire that it manifest? Is it to answer something within thee, to make for the satisfying of thine own ego? Or is it for the glory of thy Ideal?

Let thy prayer be, ever - in relationship to thy activities: "LORD, HERE AM I - USE ME! NOT MY WILL BUT THINE BE DONE, IN ME, THROUGH ME - TODAY - NOW - ALWAYS!"

And mean it, and do it, and live it!

- 49. (Q) I had planned "Harmony House" is an 18th Century English and French setting. In meditation a Tudor setting instantly appeared in my right eye. Should I follow that period of decoration if the shop materializes?
- (A) Is it to be done at all? Let thy conscience answer, as ye are shown the way. Remember, He will meet thee in the tabernacle and thy body is the temple, and thy mind and thy soul is the tabernacle, and into the holy of holies ye may enter with Him! And there it may be shown thee the pattern!

As to whether it is to be any or all of these will depend upon what is thy purpose.

- 50. (Q) What is my best field of service?
- (A) Spreading the light of truth! by living it, by practising it, by telling it, by acting it!
- 56. (Q) Should I undertake the sale of the Scientific Treatise, "The Ultimate Particle," what procedure should I follow?
- (A) Find that within self, rather than through here. Apply that as has been indicated. Would you like for others to present it to thee? What is it to fill in the lives and the hearts of others? What has it filled in thee? Then the answer, "As ye would that men should do to you, do ye even so to them."

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# TEXT OF READING 1752-1 F 35 (Society Matron, Protestant?), 11/21/38

- 5. The virtues as well as the shortcomings are indicated, and thus in applying self the virtues may be stressed and the shortcomings corrected. For remember, the will is the factor so lacking in execution in the experience of this entity. It has depended upon, the entity has looked to others to make decisions. While it has a mind of its own, and at times appears to use it to disturbing factors and influences for others, we find it is well for the entity to analyze itself, to study the manners of controlling self by self's own will. Any study of psychological subjects, any study of will factors, would be most helpful and beneficial to the entity.

  6. Make or exercise self as to be more dominant, but with that dominance
- 6. Make or exercise self as to be more dominant, but with that dominance tempered with mercy and justice and love and faith and hope as ye have desired and do desire to be expressed toward thyself and thy relationships.
- 7. For remember, there are immutable laws as respecting the mental and spiritual life. And these are they that live ON and ON. And in the material associations these are the basis of that manner in which the entity should act, should express itself. For it is in so doing, in sowing the seeds that are truth, that are life, that are eternal, that the source of happiness, peace and contentment arises.
- 8. And these are the basic principles, then, with what manner ye mete to others, it will be measured to you again; what ye sow, ye reap in word, in thought, in material manifestations.
- 15. For to see, to experience, to know the growth of love, of patience, of mercy, that is a longing within the innate experience, brings a growth, a satisfaction that may not be obtained in any other manner.
- 23. As we find in the present from that experience, always when hardships have come, or those periods when something went awry, there was always someone to whom the entity would turn for its dependence, as it were, and not asserting itself.

- 24. Hence the need in the present to arouse to the latent forces and powers that are within self, not to be just efficient, but efficient FOR something; and not merely self-efficient but more INDEPENDENT of the influence from others.

  25. Give rather than take, and GIVE and GIVE, rather than just remain quiet.

  36. In the present experience, again we find the abilities in many directions, the abilities of comprehension, the activities in which knowledge may easily become a part of the entity's experience. The application is not always so easy. But if the entity will turn to those forces and influences from which all power arises, knowing the SOURCES of that ye believe, as WELL as in what ye believe, then ye may be enabled to enact and to carry ON in a way and manner that will become more self-assertive, not as with selfish motives, but for the good of the PURPOSE for which the entity seeks expression and manifestation in and throughout this experience.
- 41. Hence we find the abilities of the entity in the present, that to which it may attain and how, are dependent upon the application of self to its concept of truth, life, light, yea, and to immortality.
- 42. For the flesh is often weak, with all as with the entity; but the Spirit is alive, and giveth life and strength to the motivative forces that may bring to pass, into the experience of those who apply self, that which brings joy, peace and contentment above all.
- 43. Then, look at self; and as to what is thy purpose, what is thy desire. Are they to fulfil that whereunto ye have been given the opportunity in this material manifestation, and to be to the glory of the Creative Forces? or are they to satisfy self, and for self to become negative? Is this the way of life?
- 44. Rather be self-exertive in those things which are creative, music, in art, in literature, in the home, in the creating of that in the lives of those dependent upon thee for direction which will be such an example, such a precept that they, ALL whom ye may meet day by day, may call thee blessed!
- 45. In Him is the strength to carry on, in self-dependence alone, weakness; but self WITH the abilities, the power in truth and light, may carry forward.
- 49. (Q) Are there any particular studies that you would advise for me at this time?
- (A) Anything that pertains to the development of WILL-POWER within self. That of New Thought, that of EVERY nature where there is the ability to manifest. The study of those things in which ye may MANIFEST the SPIRITUAL truths through thy mental and thy physical self.
- 51. (Q) Have you any advice to give me concerning a decision I, with others, made two months ago?
  - (A) Very well. Hold to that thou hast chosen as the PURPOSE for same.
- 54. (Q) What have been my past associations with [1602]?
- (A) These have been well. These have been very close. Ye have depended one upon another. The Persian and the Egyptian, these we find were the closer associations.

Keep that as indicated. Let the strength of self not be wavered by advice of the many; but turn to the within, knowing that the POWER lieth there!

For when ye enter into the holy of holies, in thine own self, there ye may find STRENGTH that is beyond compare of man's physical abilities.

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# **TEXT OF READING 1947-3 F 31 (Piano Teacher, Protestant)**

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 4th day of September, 1939.

- 4. The body finds itself Body, Mind and Soul; the body with all its attributes, with the mental and material and physical desires and emotions; the mental with its hopes and fears, its aspirations and desires; the spiritual with its longings, its wonderments, its interpreting of the emotions of physical and mental being.
- 5. These, then, in the light of all that has been indicated, should be analyzed, and then the premise from which the ideal is to be drawn; and how same works with the ENTITY as an entity.
- 6. It has already been indicated in the information given that the entity has abilities in certain directions, partaking of the mental and spiritual or soul forces; as well as much to be met in the physical emotions.
- 7. MIND is the builder; it is both spiritual and physical, and thus has its aspirations, its limitations, its fears, its hopes, its desires.
- 8. To determine, then, whether the emotions or influences which arise from one experience to another are from purely a mental aspiration of a physical desire, or from a spiritual aspect and hope in its relationships to the things desired of self, comparisons need to be drawn for the entity as to how, and in what manner judgments or choices are to be made.
- 9. The body finds itself Body, Mind, Soul; just as seen in that after which it is patterned, Father, Son, Holy Spirit.
- 10. In the choices, then, it is seen that each of these phases of spiritual experience finds its own place of activity, as illustrated in the entity's experience in materiality.
- 11. The SPIRIT moved or soul moved and there was Light (Mind). The Light became the light of men Mind made aware of conscious existence in spiritual aspects or relationships as one to another.
- 12. The mind in the entity becomes aware of longings, innate in the inner self; also the arousing of emotions in the physical attributes of the body, just as indicated as to how these came into BEING; as self is a part of Creative Forces or God, Spirit, the Son. These are one. The body, mind and soul are one. Their desires must be one; their purposes, their aims must be one then to be ideal.
- 13. What, then, has this to do with the entity in its seeking for the use of its own abilities in the psychic, the mental, the material atmosphere in which it finds itself in the present?
- 14. There are laws, then, as govern the physical, the mental, the spiritual body, and the attributes of each of these. The abuse of a physical law brings dis-ease and then disturbance to the physical organism, through which mental and spiritual portions of the body operate.
- 15. There are also promises, warnings, and governing forces, as has been indicated, for the physical and the mental and spiritual being, as given by those forces and influences which manifest in the material world as respecting each of these.

- 16. As the Mind indicated, "I and the Father are one; he that abideth in me as I abide in the Father HATH eternal life." Not WILL have, not MAY have, but HATH now is in eternal consciousness of being at a onement with eternal influence and force!
- 17. And this is the moving of the spirit that has brought and does bring life, light, to the consciousness of the entity in whatever phase of experience it may be passing.
- 18. Then how, in what manner, does one accomplish such? Not by thoughts of self. If God had not given free will to man, or the children of men, would they have been able to be equal with Him? Rather would they be as the natural sources of the universal consciousness of group vibration, as is indicated about the entity.
- 19. "Be not deceived," then, it was given, "God is not mocked; whatsoever a man soweth, that must he also reap."
- 20. Then, not merely by DOING does the awareness come, but by BEING IN the doing does the awareness come of the relationships as one portion of body, mind and soul finds.
- 21. These then grow, as indicated, as do individuals. This entity as an entity grows in grace, in knowledge, in understanding.
- 22. As was indicated, the body was first a cell by the union of desire that brought activity in that influence about which the growth began.
- 23. Then of itself at birth into materiality the consciousness gradually awoke to the influences about same of body, mind and soul, until it reached the consciousness of the ability for the reproduction within itself of desire, hope, fear.
- 24. And the whole of creation, then, is bound in the consciousness of self. That influence, that force is the psychic self.
- 25. As to how same, then, may be developed within self:
- 26. Each entity enters materiality for a purpose. That all the experiences in the earth are as one is indicated by the desires, the longings as arise within the experience of that which makes for the growing, the knowing within self MIND! Thus does the entity, as a whole, become aware that it, itself, in body, mind and soul, is the result each day of the application of laws pertaining to creation, this evolution, this soul-awareness within, consciously manifested.
- 27. What is the purpose of entering consciousness? That each phase of body, mind and soul may be to the glory of that Creative Force in which it moves and has its being.
- 28. And when this influence, this growing self becomes such, or so self-centered, as to lose sight of that desire, purpose, aim to be TO the glory of its source, and seeks rather FOR self, then it errs in its application of the influences within its abilities for the application of mind within its own experience.
- 32. Then, as has been said: There is before thee this day life and death, good and evil. These are the ever present warring influences within materiality.
  33. What then, ye ask, is this entity to do about, to do with, this ability of its own spiritual or psychic development; that may be made creative or may bring creative or destructive forces within the experiences of others?

- 34. "My Spirit beareth witness with thy spirit as to whether ye be the children of God or not." This becomes, then, that force, that influence for comparisons; as the entity meditates upon its own emotions, its own influences, these become very apparent within itself for comparisons.
- 35. Do they bespeak of kindness, gentleness, patience, that threshold upon which godliness appears?
- 36. Desire may be godly or ungodly, dependent upon the purpose, the aim, the emotions aroused.
- 37. Does it bring, then, self-abstinence? or does it bring self-desire?
- 38. Does it bring love? Does it bring longsuffering? Is it gentle? Is it kind?
- 39. Then, these be the judgments upon which the entity uses those influences upon the lives of others.
- 40. Does it relieve suffering, as the abilities of the entity grow? Does it relieve the mental anguish, the mental disturbances which arise? Does it bring also healing of body, of mind, to the individual? Is it healed for constructive force, or for that as will bring pain, sorrow, hate and fear into the experience of others?
- 41. These be the judgments upon which the entity makes its choices, as it guides, directs or gives counsel to those who are seeking seeking What? That Light which has become, which is, which ever was the light of the world!
- 42. What was that light? The Spirit of God moved, and there WAS light! That Light came the light of men, yea, dwelt among men as MIND with the ability to choose, the ability to abstain, the ability to put away desire, hate, fear, and to put on the whole armor. All of these are attributes then of those influences and forces which are a part of the entity's experience.
- 43. And as these are applied, so may the entity come to apply its psychic abilities, its love, its desire, its hopes, SPIRITUALIZED in self-effacement by placing God's GLORY, God's LOVE, in the place of self; bringing hope, HOPE and FAITH in the minds and hearts, the lives of others.
- 44. This is the mission of the entity in this experience; fulfilling much of that sought after, much of that at times lost in self-desire. But often seeking, knowing, applying, ye become closer and closer in an at-onement with Him.
- 45. These are the purposes, these are the desires, these are the manners in which the mental may be applied for the soul and spiritual development; and in the manner, "As ye do it to the least of these, thy brethren, ye do it unto me," saith the Lord.
- 46. Ready for questions.
- 47. (Q) Please give detailed directions for the entity regarding her mental and spiritual development through meditation. Outline the steps she should take that best fit her development.
- (A) First as was indicated to those of old purge or purify thy body, whether this be by mental means or by ablutions, do it in that manner as to satisfy thine own conscience.

Then, enter into the holy of holies of thine own inner self; for there He hath promised to meet thee. Let thy prayer be as this:

"As I surround myself with the consciousness of the Christ-Mind, may I - in body, in purpose, in desire - be purified to become the channel through which He may DIRECT me in that HE, the Christ, would have me do;" as respecting an individual, a condition, an experience. And as ye wait on Him, the answer will come.

Then each day LIVE, towards those ye meet, in the same manner as ye prayed.

- 49. (Q) Would it be possible for my psychic impressions to come through picture flashes?
- (A) These may come in varied forms. Possible; but know, as has been indicated, the tempter is ever about. That influence stands. Study well that which has been indicated here, and as ye apply it ye will know as to whether these influences of flashes, influences of writing, influences of speaking, arise from creative forces or dead selves [cells?].
- 50. (Q) How may I recognize correct urges or hunches for action?
- (A) As just indicated; the manner being as has been directed, as to their sources and purposes. Not merely the flower. For remember, as indicated, many poisonous vines bear beautiful flowers. But what manner of seed? In what way are they constructive? Do they give a supply?

Think on these. There are few even of the foods for the body that are not of the seed of that sown for fruition.

- 53. (Q) Explain just what was meant in my previous Reading directing me to training of children as my work, as "not only of the music but the counsel to the young, as well as in their physical and their mental activities." and for "places and positions"?
- (A) If those abilities are interpreted aright, that lie within the scope of the entity's mental forces and influences as indicated, this should be very easily interpreted.

As the entity is to ALL it meets as one that others would worship, this becomes a dangerous thing in the experience of those who become or who are worldly-minded.

How much more, then, lies the ability to influence or to create or to bring that atmosphere of trust, and hope, in the minds of those children who are in that developing stage, seeking - seeking to know what is this creative influence or urge that is arising within their awakening and opening minds. And thus, as indicated, the entity is peculiarly adapted, as by its own experience, to guide and direct and instruct such as to what this or that emotion is, or this or that activity in song, in music, in drawing, in dancing, in physical activities of the body itself for more perfect health as well as those instructions as arise as the awakening forces for the activity of creative influences through their bodies and minds.

Are these to become only cesspools of satisfaction of desire, or to the glory of an all-wise, all-purposeful Creator?

- 54. (Q) Have I made the right beginning?
  - (A) Thou art upon the path. Hold fast to Him!

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## **TEXT OF READING 2072-14 F 34**

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 17th day of April, 1944.

- 14. (Q) What is the karmic cause of the physical condition of this body?
- (A) This would have to do with other influences. Let's leave karma out. For there is a way, and the trust is in the divine within that may be in attune with the infinite. The karma well, these would be sad. Leave this out. Just change it. 15. (Q) How can one be sure that a decision is in accordance with God's will?
- (A) As indicated here before. Ask self in the own conscious self, "Shall I do this or not?" The voice will answer within. Then meditate, ask the same, Yes or No. You may be very sure if thine own conscious self and the divine self is in accord, you are truly in that activity indicated, "My spirit beareth witness with thy spirit." You can't get far wrong in following the word, as ye call the word of God. 16. (Q) What present printed version of the Bible gives the nearest to the true meaning of both the new and old Testaments?
- (A) The nearest true version for the entity is that ye apply of whatever version ye read, in your life. It isn't that ye learn from anyone. Ye only may have the direction. The learning, the teaching is within self. For where hath He promised to meet thee? Within the temple! Where is that temple? Within! Where is heaven or earth? Within! Meet thy Savior there. For He hath promised, "I stand at the door open. If ye open, I will enter and sup with thee." Again, "If ye will open I will come in and I and the Father will abide with thee."

There have been many versions of that which was purposed to have been written, and has been changed from all of those versions - but remember that the whole gospel of Jesus Christ is: "Thou shalt love the Lord thy God with all thy mind, thy heart and thy body; and thy neighbor as thyself." Do this and thou shalt have eternal life. The rest of the book is trying to describe that. It is the same in any language, in any version.

17. We are through with this Reading.

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## **TEXT OF READING 2110-1 F 60**

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Va. Beach, Va., this 30th day of August, 1932.

- 2. In entering, we find the entity astrologically, and the entity materially, mentally, spiritually, quite an altered experience from that as would be given by those adhering to those inclinations from the purely astrological influence. While those tendencies as to the petite niceties, that are influences in June births, are apparent, those mental forces of the body that influence the soul and entity's development are much different from those things that would be termed influences or astrological experiences of the entity, from the purely astrological standpoint.
- 3. Yet those influences are innate that are manifested from the sojourn of the entity in its experience through the astrological planes; that is, the sojourns of the entity in the interim of earth's experience make for much that influences impulse of the entity, especially during those periods when the physical consciousness is laid aside. The experiences in this particular phase, when studied or meditated upon by the present entity, will be noteworthy, in that many decisions, many impulses that have arisen in the present experiences of the entity, have been reached or concluded upon in or during the periods of the activity of sleep reached or concluded upon the physical body. As has been oft the expression of the entity, "Sleep on that, and then I will give my decision."
- 4. Also there have been influences in the entity's experiences in the earth that make for those things that have become a portion of the mental and material experiences in the present, from influence of earth's sojourn.

- 5. This entity, then, and its experiences both as to the sojourns in the interims and the experiences in the earth in the material things will make for the entity a study that will be worth while in the entity's present experience, as well as ensamples in the minds of those who would study the true atmosphere of the psychic forces of an entity, or through psychological influence the basis of analyses of any active force in an entity's experience. With such there may be found much that would enjoin self, as well as all, that there be more dependence, faith, hope, confidence, real consciousness of the divine influences that are manifest through the experience, and sojourn of the Christ Consciousness in the earth, and His redeeming love to earth's sojourners.
- 6. As to the sojourn then of the entity in other spheres, that influence in the present, these as will be seen have changed in their influences, just as sojourn or an earthly body in one environ partakes of that environ until there is seen much in the manner of expression that bespeaks the sojourn in that particular clime or environ; as to the manner of movement of body, in the choosing of the vocabulary in expressing a material, a mental, a spiritual idea.
- choosing of the vocabulary in expressing a material, a mental, a spiritual idea. 7. So, in the sojourn of the entity in Venus there has come those forces in the manifestations of love, hope, peace, harmony, as sought in expressions of that that makes for the associations of souls in whatever sphere or environ is found for the experience of such contacts. Not that there are never likes or dislikes, or expressions of much love, of friendship, of paternal love, and the like, that vary in the experience of the entity; for with the influences also of the entity in Mercury, with its mental forbearance as well as mental expansion, there is that ability of the entity to reason and oft give rise to the expressions that some thought, some time, and oft sleep, must pass before decisions are to be made that must influence all; yet that all-inclusive love, even as manifest by Him who took upon Himself the burdens of the world that those that were under the shadow of that brought by the experience of the Son of man might in the Son of God find healing, hope, comfort, cheer, even in the dark trials, the temptations, or the besetting of those that would make life and its experiences as hardships to others.

Par. 23-A

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# **TEXT OF READING 2174-3 F 50 (Teacher, Protestant Background)**

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 15th day of March, 1941.

- 4. Considering the problems of the times, and those that are a portion of the entity's experience, each entity as this entity has a part to play, as it were, in meeting those varied problems that are arising; not only in the minds and experiences of those who are as companions, associates, friends, but with this entity in the lives and activities of many who are to be the leaders, the instructors, the guiding lights for the future generations. For, it is such groups who adhere to those tenets, those principles as have been indicated in that given, that are to lead peoples everywhere to the knowledge of the closeness, the oneness as may be attained in so doing.
- 5. There are those activities that will bring such awarenesses, by the own force and power of might as set in motion by all the characters of influences that go to make up those problems and activities of the entity.

- 6. Yet with that singleness of purpose which has prompted those activities in the past, there will open many a door for the sustaining help in the mental as well as in the material ways.
- 7. Such help, as we find, comes by the very sincerity of purpose; which, as has been indicated, is given and IS activative in the life of this entity.
- 9. Hold to that knowledge that life in all its aspects is a manifestation of the Father's love for His children who SEEK His face.
- 10. "Seek and ye shall find, knock and it shall be opened unto thee" is not merely an axiom, a saying, but it is an experience that may be the knowledge, the wisdom, the understanding of those who oft put themselves into His keeping, His direction, and are guided thereby; being guarded in all things day by day.
- 11. Ready for questions.
- 12. (Q) Please advise how I may better, through analysis, free myself as a channel?
- (A) This may be done in many ways. But these as we find are the better manners of expression:

Analyze self as to purposes, as to intents, - as in comparison with that for which He came into the earth. For, each entity - and this in particular - must find, even as He, that in the doing for others there comes the answer to the problems for self; in every direction.

For, as has been given, though He were the Son - even He learned obedience.

So may we, each, as individuals, gain the better understanding, the better way of material and mental application, by that study of self in relationships to our purposes, our intents being in keeping with that manifested by Him.

As was given of old, if He had not come, many would not have known sin; yea, none would have known sin. If He had not come, many would not have known - yea, none - complete righteousness.

So we each in our lives bring those problems in the experiences of those we meet day by day; thus forming that pattern, that activity in the lives of others, that brings the complete awareness of each soul's ability to be in at-onement with Him.

Thus atonement, at-onement, attunement become as one in intent, in purpose, in desire, in activity.

- 21. (Q) Please explain the difference between laying all on Him, and through inaction shirking one's task, and seeking thru action to find His way.
- (A) It is like that just indicated, as to how one analyses self in regard to any given problem or condition.

What is the purpose in the individual or self's relationship! Is it that there may be gratified an idea in self, or to be WITHOUT self to the glory of GOOD as in Him?

Or, to put in another manner: To lay all on Him is to be willing to say in self, "Not my will but Thine be done. Use me as THOU seest fit." While, working out to His glory in self is, "Lord, I am willing - but let me tell you how!"

- 22. (Q) Is my inactivity due to lack of confidence in myself, enhanced by the palpable insecurity of the group? How may I get a clearer perception of His will?
- (A) Enter into the better communion with Him, IN the within-self. This will give the better understanding, the better awakening.
- 23. (Q) I have used service as love's symbol, but somewhere have missed. Where?
- (A) WHO is to find fault? He did not! He does not! He only gives, ever, "Listen listen to that within I will speak and direct the way."

Reserve nothing within, - as to purpose, as to individuality or as to personality; but wholly for love, for service. For, "He that will be the greatest among you will be the servant of all."

- 24. (Q) How may I know when the will to a course of action is justifiable, or when I am forcing my own personal will which may lead to inaction which is equally unjustifiable?
- (A) By the listening within there is the answer. For, the answer to every problem, the answer to know His way, is ever within the answering within to that real desire, that real purpose which motivates activity in the individual.

These appear at times to become contradictory, of course; but know - as the illustration has been used here - attunement, atonement and at-onement are ONE; just as the inner self is that portion of the infinite, while the self-will or personality is ever at war with the infinite within - for the lack of what may be called stamina, faith, patience or what not. Yet each entity, each soul, knows within when it is in an at-onement.

25. We are through for the present.

#### **INDEX OF READING 2326-1 F 60**

Astrology: Uranus Par. 50-A
Environment: Locality: Change Par. 45-A
Home & Marriage: Preparation Par. 48-A, 49-A
Longevity Par. 51-A

Reincarnation: Purpose Par. 44-A Will: Decisions Par. 50-A

Work: E.C.: Quotations & Similes:

: Readings: Papers Missing Par. 42-A, 43-A

# TEXT OF READING 2326-1 F 60 (Executive Housekeeper in Hospital)

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 21st day of August, 1940.

- 42. (Q) Is it indicated that I will receive my birth certificate for which I have written?
  - (A) It is indicated that ye will receive your birth certificate.
- 43. (Q) Is there anything else I can do to help in finding it, or to be sure of getting it?
  - (A) If it is already determined, then what can you do!
- 44. (Q) What is my mission?
  - (A) As indicated, healing is thy mission.
- 45. (Q) Should I stay where I am, in my present position as executive housekeeper in a hospital, until a way opens for a change, or should I go about to make a change?
- (A) Live that as we have indicated where thou art, and HE will open the way for a change.
- 46. (Q) Is it indicated that my health will continue to be good?
- (A) Health body mind. Indicated, as ye have sown ye will reap in body, in health, in mind.
- 48. (Q) Would it be advisable for me to marry if a suitable chance presents itself?
- (A) It would be very well, IF the ideals and purposes of each are in unison or harmonious.
- 49. (Q) Should I wait for an opportunity to marry to have a home, or should I go ahead and prepare a home for myself?
  - (A) Prepare.
- 50. (Q) Why am I so undecided at times in making decisions?
- (A) Uranian, as the extremes arise. Some periods of very undecisive; others too decisive at times for self's own good. But follow those purposes as indicated and we will find He will lead the way.
- 51. (Q) Will my life in this plane be very long?
- (A) As long as it is used in constructive forces, it may be as long as is desired.
- 52. We are through for the present.

## **INDEX OF READING 2466-1 F 63**

Attitudes & Emotions: Fear Par. 13-A

Healing: Spiritual Par. 9

Human Relations: Leadership Par. 9, 12-A Ideals Par. 12-A, 13-A

Incarnations: Bible: New Testament: Jesus Par. 8

: Old Testament Par. 9

Will: Decisions Par. 9, 12-A

## **BACKGROUND OF READING 2466-1 F 63**

GD's note: Mrs. [2466] did not list her religion but her married name seemed to be Gentile and her maiden name Hebrew; she gave the appearance of a woman of wealth and business ability.

## TEXT OF READING 2466-1 F 63 (Widow, Hebrew)

This psychic reading given by Edgar Cayce, this 29th day of October, 1931.

8. In the one then before this we find during that period or experience when the Master walked in the land, in the flesh, and about that home the entity came to know OF the service rendered; for the entity being a friend - or a neighbor - of the little house in Bethany, the entity knew much of that love shown in that experience to those peoples, wherever the MASTER walked. In the name Thessi. In this experience the entity gained through that understanding. Hence there has come in the present that knowledge of the closer relationships to individuals, as well as the understanding of the love of the Creator for that created, through the gift of the promise to men! Keep IN that promise, for as the various experiences of man in his relationships to the Creator are as those of signs to individuals who seek to know His face, no matter how far one may WANDER, when the sincere, earnest cry is to know that face, He is FAITHFUL who has promised, and is able to keep that as is committed UNTO His keeping against ANY circumstance, any trial, that may come in the experience of His children; for He has promised that we SHALL not be chastened beyond that we are able to bear, and he that endureth unto the end shall WEAR the crown of ETERNAL life! and, "Even though He were the Son, yet learned HE obedience through the things which HE suffered." So, as the cry went from Him, "Why why - hast thou forsaken me?" may oft be wrung from our OWN BEINGS; yet, even as He stayed and raised Him to perfection, giving unto Him ALL POWER, so may we in that love, even as experienced BY the entity, know that contentment, that joy, of serving - even WITH Him!

9. In the one then before this we find during that period when there was the return of the children of promise to the rebuilding of the walls in the Holy City. Then among those that returned from the Chaldean and Persian land under Nehemiah, did the entity journey to the city, aiding in the re-establishing of the service as was builded by Ezra and Zerubbabel in a COMPLETED temple, and the entity then in the name Herzia, and of the CHILDREN OF the Gershomite, the treasurer, and the priesthood-treasurer, did the entity aid in the redistribution of the laws as had been given to the peoples, and established much that brought comfort to those that heard. In this portion of the experience the entity gained. In that latter portion, when there arose those questionings by the mixed peoples of the land under and through Sanballat's efforts, did the entity then QUESTION self and that of the advisability of being WITH those who might be material rulers and those of the lesser strength. LOSING in being indecisive in self, even though many had been aided by the entity. In the present there has been many a period, as in the present, that the entity must make DEFINITE decisions, not only for self but for those who in their own weakness in the flesh, their own weakness in mental abilities, depend upon the entity for its decision. So must the entity, then, depend more and more upon the promises as are faithful FROM HIM, who has brought into being all that IS; for in Him we live and move, and have our being, and as we are making every atom of our own physical beings conscious of that existent within our bodies, so may we bring HEALING to others, physically, mentally, that there be perfect coordination in the experience of others. 10. In the abilities of the entity, and that to which it may attain, and how: As has been seen, there has been builded that in the present that has drawn the entity nearer and nearer to that Open Door, and - as He has given, he that seeks, he that knocks, shall not BE denied that that makes the burden easy, nor thy cross light for "My yoke is easy and my burden light" TO THOSE who have GAINED entrance to that KINGDOM of life AND light as is in Him!

- 11. Ready for questions.
- 12. (Q) What should I do about Mamaroneck?
- (A) In the various relationships there, these are as has been given experiences where decisions of DEFINITE kind must be made, that the dependency of others, as well as the satisfaction or contentment of self may be gained. Then, as these are in keeping, or the more in keeping with HIS ways, THESE are the decisions that SHOULD be made. The nearer these may be kept in that ATMOSPHERE of light, that direct!
- 13. (Q) Am I handling my affairs properly?
- (A) As has been indicated, the judgements of the entity are at times made afraid by those from without, that SHOULD be within the fold, as is oft felt by the entity; yet, as these are made to more and more shine forth the love, the faith, the hope as is put in the ideals OF the body-mind, the body-consciousness, more and more are they in accord with that light, that in accord, that that will bring the better results to ALL concerned! for, as He has given, "When thou seekest IN ME to KNOW the way, then is the way made open, and understanding comes;" for, "The silver and the gold is mine, saith the Lord, as the cattle upon a thousand hills, and he that trusteth in me shall not BE afraid!"

## **INDEX OF READING 2970-1 F 48**

Astrology: Ineffective	Par. 18
Attitudes & Emotions: Confusion	Par. 7—10
Bible: Study: Deuteronomy 30: Ideals : John 1417:	Par. 15 Par. 15
Cause: Effect	Par. 2123
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Mind: The Builder: Analysis: Self	Par. 4, 710
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Work: E.C.: Quotations & Similes: "All That Ye May Know Of God" "Channel Of Blessings"	Par. 12 Par. 17

## **BACKGROUND OF READING 2970-1 F 48**

B1. 4/11/43 [2970]'s letter to EC:

"I would like definite information from this interview and for that reason I am going to ask some specific questions, as that seems to me the best way for you to be able to give me the type of information I want, or THINK I want. If you feel that I have been unwise in my questioning, I surely will be grateful if you will disregard it and give me whatever you decide is for my greatest good.

"1.) Should I give up my present, very good position in the War Department, and return to my home in the West? 3.) If I am to remain in present position, how can I improve myself to increase my security and bring about better harmony around me? 4.) Is there any special ability or talent that I could take up, at this late date and be successful? If so, what should I make my life work from now on? 6.) How can I overcome the skipping and flitting about of this bird-like mind of mine, that I may gain the mental and spiritual ability for deep concentration, for the purpose of understanding the Universal, living, reality, God? This really is the ONLY question of any life, since it is the ONLY purpose of any life; how to so live, that by this living, we will progress toward our highest possible spiritual attainment, in each life?...

# TEXT OF READING 2970-1 F 48 (Government Clerk), 4/22/43

- 4. In giving an interpretation of the records here for this entity, the real character of this entity in the minds of many would only exist in imagination. Yet here we have the existence, materially, of a very unusual personality, and an individuality that needs self-analyzing, with very definite choices made by the entity as to its yardstick or rule by which it would measure its life, its purposes and its ideals.
  5. Then, in choosing the interpretations as we find them for this entity from these records, we choose those that, as we find, may be helpful and beneficial to the entity, not only in its analyzing of itself but in the application of itself in the directions in which if there is the practical application the greater development or unfoldment may come to the entity.
- 6. In analyzing, then, we find these as apparent in the characteristics and in the personality, and in the unusual individuality of the entity:
- 7. This entity is more confused in itself than it is in others; and the entity depends upon others, or questions the advisability of listening to others, when it should the more often listen to the urges within self.
- 8. For, the entity is much nearer being an example for others than the entity gives itself credit for, or even ALLOWS others to think by the way it approaches almost every problem.
- 9. This is indicated in how the entity has listened to this or that individual indicating that if he or she were to do this, or to have the vibration of that, the urges from this or that, there would be a difference. And the entity finds little or none, after the first emotional urge passes, from the change made.
- 10. This the entity should know, this the entity should take as its basis of its self-analysis, and of its purpose; for too oft the entity finds that when it has made the choice, by the next day it doubts whether it should have changed or whether it shouldn't have done something else! Why?
- 11. Because you listen to others too much!
- 12. In this basis, then: Know that thy body, thy mind, thy soul, is a manifestation of God in the earth as is every other soul; and that thy body is indeed the temple of the living God. All the good, then, all the God, then, that ye may know, is manifested in and through thyself and not what somebody else thinks, not what somebody else does! For, that is a nice way of the devil in his workshop "Do because somebody else does! Think of that because somebody else does!" 13. The Lord thy God is ONE as thou art one.
- 14. Then, be one in thy purpose. Know, as given of old, the man called Jesus is the Savior of the world. He has purchased with His own will that right for direction. And He has promised, "I will never leave thee I will not forsake thee," save that THOU as an individual cast Him out, or reject Him, for counsel from some other source.
- 15. Base thy analysis and thy purposes, then, on that declared in the 30th of Deuteronomy, and as promised by Him in the 14th, 15th, 16th and 17th of John. And ye will become positive, ye will become a light for others. For you do not light a candle and put it under a bushel. You do not learn of Him and keep it closed in a book, in a picture, in a song, but ye live His life, ye live His purpose. Thus ye become the witness for Him day by day.

- 16. It is true that the home is as some other place to thee, save as it is the desire of thy companion and of thyself to be like others and have a home. These are urges, just as the analyzing of self, not listening to the voices without. For, know that His promise is that He will meet thee within thine own temple, not in John Henry or in James Monroe, or in anyone else's but thine own!
- 17. And these are the things that ye need in thy life to make that pattern which ye ARE, innately within thyself: To become a messenger for Him and a channel of blessings to others day by day.
- 18. As to the urges astrologically, these have come to mean little, though at times their signs and symbols have entered into thy consciousness. Yet ye have gradually eliminated them for something else. What?
- 19. Would you eliminate thy life, thy hope? Then, reject not Him Who is the way and the truth and the life, and has been and is the only way. They that climb up some other way are thieves and robbers of their own selves, and their own opportunities. For He ALONE can give peace in thy consciousness. For He is the Prince of Peace, the maker of peace, the builder of peace in the hearts of those that seek His ways.
- 20. As to the appearances in the earth, these have been quite varied; and only are signs or symbols of the manner in which ye have allowed thyself to manifest, or of that ye are innately urged to do and be within self.
- 21. For, we are physically that we have digested for the body.
- 22. We are mentally that which we have thought, but it hasn't added one whit to the physical, has it?
- 23. We are spiritually that we have digested in our mental beings.
- 24. And if He walk with thee, ye will never be alone!...
- 43. Study, then, to show thyself approved, along the lines as indicated, and ye will not falter, but find grace and favor, even as ye show same to others.
- 48. (Q) If I am to remain in present position, how can I improve myself, to increase my security and bring about better harmony around me?
- (A) You must find harmony within self, you must find security within self, as has been indicated. Ye cannot create it about you until you have it within yourself. We are through for the present.

## **INDEX OF READING 3234-1 F 24**

Arts: Music Par. 3, 29 Asceticism Par. 16 Attitudes & Emotions: Desire Par. 16 : Earth Sojourns Par. 35-A : Love Par. 13, 3 : Materiality Par. 16, 1	۸ 34-A
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Will: Decisions Par. 34-A	4

## TEXT OF READING 3234-1 F 24 (Music Teacher)

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 23rd day of September, 1943.

- 3. In giving an interpretation of the records as we find them for this entity, much is to be taken into consideration. Here is an entity with unusual abilities, and yet becomes discouraged so at times, as to almost be willing to discard all the efforts made and to commence all over again in something that would be as drudgery to the real soul of this entity.
- 4. The entity makes too great demands, not only on self but on what others and what conditions should produce for self. The judgements as to material successes are in vain. Do the first things first.
- 7. Know first in self that God is, and it is to His glory and honor that all the virtues, all of self, is to be dedicated. Not as to close out the world, as to prevent the contacts made by self with others from being a shining light. For, each entity, each soul holds the light to the pathway of some soul seeking home.
- 8. Then let thy light shine in the lives of many. Don't close self so much from those things that would enable the entity to be a meaning of some kind or other in the lives of others.
- 9. True, in the field of music the entity will excel if it will look to Him. Know and seek the Lord while He may be found. Know that His promises are sure, and the world with all therein is His. And as ye seek to apply self in the manner as to be a channel of blessings, of help to others He the Lord will quicken the way so that conditions and things come to pass.

- 10. To be sure, whom the Lord loveth He chasteneth, He purgeth everyone that we may bear more fruit. For, indeed as He has given, it must needs be that offenses come. These have come in the experience of the entity in times past, and thus tend to make the entity close itself to the real enjoyment of a material nature. Fear for what others will say, and for what might be spoken. To have faith in God one must know of Him and talk with Him often. One must walk with Him in the night, yea in the light, yea in all manner of places. Remember, His hand may guide thee.
- 13. There will come at least two great loves in thy life. Don't accept the first, for it is the tempter. The greater love will come even from the sorrow of the first. Not that it needs to be rooted entirely out of thy life, but learn its meaning, even as He learned the meaning in His experiences in the earth.
- 14. As to the appearances, these are varied and yet indicate the character deep within the entity.
- 16. Know, all the desires of the body have their place in thy experience. These are to be used and not abused. All things are holy unto the Lord, that He has given to man as appetites or physical desires, yet these are to be used to the glory of God and not in that direction of selfishness alone.
- 18. Let this be rather the tenet of the mind, of the soul, of the body: Success must be to the glory of God rather than to the gratifying of any appetite, of any desire, of fame or fortune. Know that fame and fortune must be the result of thy seeking in His paths first, and then all will be lighted along the way.
- 27. As to the abilities of the entity in the present that to which it may attain and how: First find self. This is not easy and yet not hard. In the study and the analysis of self use as the pattern the life of the Master, in that given in the sermon on the mount. These, then, may become beautiful things in thy experience.
- 28. Find in self the answer to all the doubts and fears.
- 29. Make MUSIC the piano, the organ, song thy life's work; as a concert artist, as a teacher, as a director in choir or the like. These will bring to the entity the opportunities for ever being a channel of blessings, and bring peace into the soul of the entity which brings happiness and gladnesses under every circumstance.
- 34. (Q) Should I marry [...]?
- (A) Such questions as this can best be answered from the choice within self. If it is the second love, consider it long and seriously. Don't be too serious with self or with others.

#### **INDEX OF READING 3250-1 F 55**

Attitudes & Emotions: Fear Par. 56-A

Consciousness: Christ Par. 45, 46, 52-A

Ideals: Service Par. 8, 19, 52-A Individuality & Personality Par. 8

Meditation: AffirmationsPar. 58-AMind: Planetary SojournsPar. 18, 19Prayer: DecisionsPar. 55-A

Psychic Experiences: Visions Par. 54-A, 55-A

Will: Decisions Par. 55-A

## **BACKGROUND OF READING 3250-1 F 55**

B1. 9/27/43 Brother-in-law [5408]'s ltr. to EC:

Mr. Edgar Cayce Virginia Beach, Va.

Dear Sir: -

Mrs. [...] [my wife] and her sister Mrs. [3250] are leaving ... Tuesday morning for Virginia Beach; and on the schedule should arrive there Tuesday Afternoon.

We sincerely hope that it will be possible for you to give her a reading during the week, if this should be impossible, I trust that you may be able to hold a consultation and give her such advice as your knowledge and experience shall direct.

We, Mrs. [...] [my wife] and I have been working for several months to get her away from home and in the duration of her visit at ... planned to have her take a thorough examination at the Duke Hospital Clinic, Durham, N.C. When Mrs. [3250] had the opportunity to read your book she immediately expressed her desire to see you at once; and this has resulted in the trip as above stated.

Our own decision about her is that she is suffering from a severe case of monomania; with the mental complex that one of her step-daughters is using all kinds of methods of persecution against her in relation to the desire to take her home; as well as to prejudice her friends against her. The condition does not improve from any influence that we have been able to exert, which had lead me to write you this kind of letter. [...] [My wife] and I believe that the interest she has shown in your book and work the best medium through which it will be possible for us to assist her in both the physical and mental healing.

## **TEXT OF READING 3250-1 F 55**

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 29th day of September, 1943.

- 5. Truly might it be said for this entity, do not grow weary in welldoing. Keep in the faithful way ye have begun.
- 6. In interpreting the records as we find them here, there are inclinations, there are disturbances, there are hopes, there are anxieties that have been indicated.

- 7. There are urges arising from the purely emotional body. There are those arising from the activities of the mental with the material body, and there are those arising from the mental with the spiritual body.
- 8. These have in the present come apparently to conflict at times. These are activities most from personalities. But if the ideals held by the entity are set truly in the creative influences, we will find that these will clarify as the entity applies itself in aiding others to understand themselves just as will be seen from some of the experiences of the entity in the earth's plane.
- 18. As to the abilities from the experiences in the purely mental sojourns of the entity in environs of other dimensional spheres, we find:
- 19. The entity must keep itself busy in those activities for the uplift in spiritual, in mental, associations of others. And as the entity leads self in those activities it will lose sight of overconsciousness in disappointments, disillusionments in individuals. If these are trained in the spiritual purposes of the entity they will prove to be that which will enable the entity to build a life of purpose, of hopefulness and to walk closer with Him in whom there is life, light and immortality. For His promises are sure "If ye abide in me, I will abide with thee." Walk then closer in the light of His promises that are given in the 14th, 15th, 16th and 17th of John. Know that these are spoken to thee in thine extremity, in thy seeking. And as ye seek ye find.
- 51. (Q) Should I sell my home in ..., Ala., and move elsewhere, or should I rent it with the intention of going back some day?
- (A) As decisions are made between now and the 26th of April, at that time sell it if the decisions are to enter into activities elsewhere.
- 52. (Q) What activity should be stressed from now on?
- (A) A helpfulness to others, as indicated. Keep away from those things that cause turmoil in self, but those wherein there may be stressed the Christ-consciousness in the lives and experiences of others, in the daily living. Not tenets alone but live it and teach others also.
- 54. (Q) What is the significance of the vision I had shortly after my husband's death, in which I was drowning and a friend reached down to pull me up? Is this to be literally true, that this old friend is to help me, or was it purely emblematical?
- (A) Emblematical. For lift up, look up in Him. While this friend may point the way, don't let it because of differences hinder.
- 55. (Q) What will help me most in coming to right decisions as to my life?
- (A) Prayer and meditation, to be sure. For, as He has given, "Behold I stand at the door and knock. If ye will open I will enter in."

Then, in thine own mind, decide as to whether this or that direction is right. Then pray on it, and leave it alone. Then suddenly ye will have the answer, yes or no.

Then, with that Yes or No, take it again to Him in prayer, "Show me the way." And yes or No will again direct thee from deep within.

THAT is practical direction.

As has been pointed out, experiences, visions, mean much to thee. For thou hast seen the outpouring of the Holy Spirit. It may not be withheld from thee now, if ye seek same.

- 56. (Q) Is it true, as I have felt, that I have enemies those who are trying to do me out of my inheritance?
- (A) Ye have no enemies. Let this ever be within thine own heart: Do RIGHT in self. And that which is thine own cannot, will not be taken from thee. Those who try such are enemies to themselves. Look not upon them as enemies to thee. Feel sorry for them for their misconstruction of right.
- 57. (Q) What friends in Washington can be of the greater help to me?
- (A) Any of them. But some of them you feel like the least. But know that one in authority was thy father in the Palestine period. Appeal to him and ye will find much can be accomplished that heretofore has seemed impossible.
- 58. (Q) Please give an affirmation that will help me.
- (A) OUR FATHER AND OUR GOD! HERE AM I. USE THOU ME AS THOU HAST SEEN, AS THOU SEEST BEST. LET ME IN EVERY WAY BE A CHANNEL OF BLESSINGS TO OTHERS TODAY.
- 59. WE are through with this reading.

## **INDEX OF READING 3328-1 F 43**

Attitudes & Emotions: Sensitivity Par. 42-A

: Spirituality Par. 42-A Par. 24, 33-A

Ideals Par. 24, 33-Will: Decisions Par. 29-A

# **TEXT OF READING 3328-1 F 43 (Tutor), 10/23/43**

- 4. One inclined to be very quiet, and sensitive at times; at other periods, and in its dreams of its own self, quite bold and quite outspoken.
- 7. The activities in the earth have been quite varied. These indicate that the entity is one high-bred, as might be called, or one looking at and considering things from that angle of the golden vision of problems. This does not indicate that the answer to a problem is given immediately. Rather, there are the indications that if tempered with mercy and judgment, the real answer comes to the entity.
- 8. From astrological angles we find that Jupiter and Mars will have their varied effects. Yet owing to the head or the forces through which brain functions in the ability to attune itself to the vibration of vocations as a whole. This makes quite a handicap for those who would apply such.
- 9. Then, let the body search for Creative Force, and this will bring the closer communion with the activities closest associated with the entity.
- 24. Study to show self approved unto God. Keep the faith. Know the good, the evil, according to the dictates of thy own consciousness, and know thy ideal.
- 29. (Q) Am I following a necessary path, or is there some way in which I can change conditions to the benefit of all, that I do not see? In other words, is there some move I could make, either actual or in the use of abilities, that would give me more scope, while yet giving the same degree of comfort to my mother?
- (A) Follow as ye are directed, not by some other influence. For the influences are within thee, thyself, that ye would make manifest.
- 33. (Q) Ought I to make any effort to develop psychic ability?
  - (A) It would be well, but set your ideal in one don't change about.
- 42. (Q) Please explain from a spiritual angle my extreme sensitiveness and depletion from cold?
- (A) Sensitiveness in the application of self in spiritual things through various periods, the sojourns in the earth as well as the interims between these. In instances when the entity becomes confused or confounded, when there is the approaching certain developments of individuals, these come as "flashes". Well to study if you know where you are going. Keep the body-mind spiritual.

## **INDEX OF READING 4157-2 M 23**

Attitudes & Emotions: Praise
: Self-Control
: Spirituality

Meditation: Decisions

Races: Prejudice

Soul Development: Spirituality

Vocational Guidance: Arts

Par. 3

Par. 4

Par. 4

Par. 3, 6-A

Par. 3, 6-A

Par. 3, 6-A

# **TEXT OF READING 4157-2 M 23, 5/24/24**

- 2. EC: Yes, we have the body here, and those conditions that have to do with the mental and the developing of same, and in giving the development for weal or woe of this mental condition in this entity, as manifested thus far and as may be made a part of this earthly sojourn in its development for good or bad, we have many conditions to be considered, and many aspects or views from which it may be approached in giving this development.
- 3. We find one of the natural tendency to be contradictory within itself. One that thinks much of praise of self and abilities, and one that must then ever guard against selfishness within itself, and one that has many abilities toward many various phases of this earth's development in mental things....
- 4. One whose greater mental vision will be gained by first learning to control self, for we have many contradictory signs as relation to the astrological aspects of the entity, which makes often the contradictory element between the mental of the earthly plane nature and that of a spiritual nature. Hence the mental should ever for its best development give of itself toward those that are of the spiritual development, for no true development comes save through that of the spiritual nature, whether of material or of the mental related to spiritual.
- 5. These are the conditions as we find in the mental abilities and their relations to a material world at this time.
- 6. (Q) To what mental stimuli does this body respond to more readily?
- (A) The spiritual nature of any given condition, especially in its relation to individual as treated as given as that of the mental vision of a given condition, or of one given relation existing between those of a mixed character, when related to national or nations' viewpoint of conditions, and the stimuli that is necessary for the developing of this mental in this entity, [4157], we are speaking of, is to submerge self in that of the answering spiritual insight as is found in sober thought.

Learn well this lesson for this entity. Act not on snap judgement but rather weigh any given condition in self's inner mental vision when alone before passing on any given condition. Act, as it were, on second thought, with due consideration of self being obliterated from the condition.

#### **INDEX OF READING 4586-2 F 27**

Business Advice Par. 20-A--21-A

DEBILITATION: GENERAL ELIMINATIONS: POOR

Home & Marriage Par. 15-A, 17-A

Mind: The Builder Par. 8, 9
Will: Decisions Par. 14-A

## **TEXT OF READING 4586-2 F 27, 9/23/26**

- 8. Use discretion in the mental and physical activities, using the mental towards the balancing of the system in its equilibrium throughout, for much has been gained by this entity as to effect of suggestions to the body, and as how same may be applied in the material affairs in life. Apply same in the physical body in the same sense.
- 9. In the mental, we find this very good of the turn of both analytical and of the minutia. Hence any detail or clerical work, or of data, or of compiling same, is especially interesting to entity, so same shows its results in that as is aimed at. Keep, then, the mental in that direction and teachings of the fathers, for in that way the greater development comes to the entity, in a physical, mental, and spiritual manner.
- 12. (Q) In what way will I bring "more responsibilities to myself in the coming two years?" Through business or social life?
  - (A) In both ways and manners.
- 13. (Q) Is this decision, which I am supposed to make before the coming October 23rd, to follow either the "home" or "business" career, something I am acquainted with now?
  - (A) Acquainted with now.
- 14. (Q) How should I decide?
- (A) That must be within the entity's own making, for each entity created, made, left, given, that prerogative of own free will, and of that application the entity has gained, is gaining, much.
- 15. (Q) Did I act wisely in rejecting previous offers of marriage?
  - (A) As the entity sees now true.
- 17. (Q) When will this offer be made to me?
- (A) Been made in part already. May be led on or may be rejected, by not encouraging same.
- 20. (Q) How are my business conditions?
- (A) Business and social both, very good. The entity capable, and as has been given, those fields those endeavors, as have been outlined, are the greater fields. The entity may make either the CROWNING condition in the life.
- 21. (Q) How long will I continue in business?
  - (A) That's with the entity. There are many days many days for the entity.

## **INDEX OF READING 4586-4 F 28**

Home & Marriage & Business	Par. 16-A
Ideals: Service	Par. 4-A
Knowledge: Application	Par. 16-A
Sin: Commission	Par. 16-A
: Omission	Par. 16-A
Soul Development: Application	Par. 6-A
Will: Decisions	Par. 16-A

# **TEXT OF READING 4586-4 F 28 (Secretary)**

This Psychic Reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 13th day of January, 1927.

- 4. (Q) What should the body do to further her personal gain?
- (A) Rather applying self that better service to others will merit personal gain. Service to others should be the criterion of the entity's, physically, mentally, spiritually, and in same bring to self the better personal gain. Never should any be as to what I may gain! What may I GIVE!
- 6. (Q) How can she improve this situation and be happier?
- (A) Make the better application of that known and as applied through the entity's endeavors. How she may apply these? By putting into effect those truths as regarding self, as regarding self's relations with others, as regarding others' relations one with another.
- 16. (Q) In the body's Life Reading [4586-1] it was forecasted that a decision would be made before October 23, 1926, as to whether the career would be the life or whether the home and minus the career. Has this condition changed?
- (A) It has not! The entity decided decided so far for the career. Now, when the body chooses to change as has been given then decide! There is no condition in the astrological or astronomical, or in those of environmental, or of those as of hereditary, that surpasses the determination of will as regarding home or of career. Then, why temper self, save as SELF desires to accomplish, do, be, act, or weigh in any conditions as respecting same? All of these enter into the life of the individual. The individual makes same by its application to such conditions. See? For, as has been given, to know to do and NOT to do to that is sin. To not to know and to do, the Forces or, as has been given, God have winked at, or passed over for, as is seen, in application of truth, knowledge, or of any element, is that which brightens or brings or forces about every entity or body the conditions of life.

#### INDEX OF READING 4586-5 F 28

BUSINESS ADVICE Home & Marriage Will: Decisions

Par. 15-A--18-A Par. 4-A, 6-A, 12-A

# **TEXT OF READING 4586-5 F 28 (Secretary)**

This Psychic Reading given by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 15th day of April, 1927.

- 4. (Q) Did the body act wisely in asserting herself and being determined to remain with The ... Company?
- (A) That is for the body to answer in itself, for the information has been given the entity as regarding this. As we see, well.
- 6. (Q) Will the present president, [...], retain the body in his employ indefinitely after he makes his headquarters out of town?
- (A) That, again, is giving conditions wherein other wills are brought into action. Information has been given as to conditions existent between the two and the president's intent and purpose toward the entity. Use that in hand for the purpose as is set in the entity, or know what the entity desires and work toward that end. Does the entity desire to remain in the present capacity with the natural advances by reason of application of self towards those needs in further developments of the company? Then act in that way and manner.
- 7. (Q) Will the present president carry out the plans which he says he has for the body?
- (A) Would the body act in that way and manner that would carry or meet the needs for those plans, well. Would the body act in other manners, not so well, see?
- 12. (Q) Would the body be more successful and happier if she changed her position to another company?
- (A) That is within the entity's own making. In the present position, and the outlined policies of many of the company that are in accord with those wishes of the entity, the entity would be better within the present company. There are conditions, however, wherein the entity may find that other conditions, other positions, would be more advisable. We don't find them at present, though there have been some offers the entity considers. Weigh well, and answer in self. 13. (Q) Are there any other worth while opportunities for the body in the business
- 13. (Q) Are there any other worth while opportunities for the body in the business world?
- (A) When, as has been given, the entity makes self worth while, the opportunities present themselves. Little by little, step by step, as the body, this body, ANY body, assumes and fits self for the various conditions, they are at hand. Not only as opportunities, not only as chance, but rather as the natural consequences of such actions. Be not deceived. God is not mocked. Whatsoever is sown, that shall be reaped.

- 15. (Q) Is the body any nearer the point where she is considering the home rather than the career?
  - (A) Quite so.
- 16. (Q) Is the body in connection NOW with the person who would be influential in her changing her mind to the home rather than the career?
  - (A) Quite so.
- 17. (Q) Is the body's mental attitude still preventing this matter from being consummated?
  - (A) Still preventing this from being consummated.
- 18. (Q) Assuming that the body desires to apply self to the conditions surrounding this matter, is there any other opposition that is interfering?
- (A) Many for the entity has not made in the inmost self that as the goal, see? for where the treasure is there is the heart also. The home has not been made the treasure as yet. Rather that of position, of that thought of self by others, and the independence as is felt in same THESE are as the treasure house of the entity as yet. Not that the entity has not grown more stable, but as to the highest IDEALS these, as yet, have not changed in the entity's inmost self though there is much advancement, many more BEAUTIFUL conditions in the life, in the mind, in the heart, of the entity.

## INDEX OF READING 5091-2 F 43

Attitudes & Emotions: Pessimism Par. 7
Ideals Par. 7
Meditation: Decisions Par. 24-A
Will: Decisions Par. 24-A

# TEXT OF READING 5091-2 F 43 (Single, Interdenominational)

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 13th day of May, 1944.

- 7. These, then, are the warnings, these then, are the counsel: Do know thy ideal, spiritually, mentally and physically. Then applying same, study to show thyself approved, unto God, a workman not ashamed, rightly divining the words of truth and keeping self from condemning others, from being pessimistic even in the face of adversity. These will bring to the entity the awareness of the closer walk with that divine force that is the light of the whole world.
- 24. (Q) When confronted with difficult situations, how can I be sure the decision I reach is from the Light and not my own thinking?
- (A) As the body recognizes, there is the body-mind, the body-consciousness, there is also the inner consciousness or soul-mind. Ask the question in self in the physical mind so it may be answered yes or no, and in meditation get the answer. Then closing self to physical consciousness, through the meditation, ask the same question. If these agree, go ahead. If these disagree, analyze the own self and see the problem that lies in the way.

## **INDEX OF READING 5747-1**

Heredity: Influences: Prenatal Par. 2
Karma: Nature: Child Training Par. 3
Mind: Imagination: Child Training Par. 3
Nature: Child Training Par. 3, 5
Prayer: Child Training Par. 10-A
Will: Decisions Par. 10-A

# TEXT OF READING 5747-1, Norfolk Study Group #1, 1st Annual Congress 6/29/32

- 1. GC: You will please give at this time in lecture form detailed information which will aid parents and teachers in training and developing a complete expression of the psychic or soul forces of children....
- 2. EC: Yes. In approaching such conditions it would be well that that as related to the parents and that as would be related to teachers be understood; for preparations for childhood and development in any phase of attributes of the mental or physical body should be begun before the conception takes place. Well that such rules as were given by Hannah or Elkanah be observed, that there is the consecration of those bodies.
- 3. Then, as the development of the mind of the child, develop its imaginative forces rather than the material or objective forces. Acquaint such a mind with the activities in nature, and train especially in the laws of recompense as is seen in nature day by day. Also in those activities that make for a clean body, a clean mind, and the same recompense as in nature should be required in the activities of the developing mind of the individual. A clean, healthy body makes for a better indwelling of a healthy, clean mind, so that the spirit may manifest the better.
- 5. . . . First and foremost teach, train, IMPRESS the developing mind that it is expected to be in accord with that inner self that SEEKS expressions in the relationships of it AS an entity with its Maker, and when one trains a mind, a child, in the way it shall go, when it is old it will not depart from same....
  10. (Q) When children are more interested in play or work than study, should they be forced to attend school?
- (A) Depends upon when this began as to the necessity of attending school. Oft in the parent, they themselves have builded IN the child the dislike for school, by the things that have been said before they ever start to school! Do not attempt to TURN that that has been builded. Rather ANALYZE the conditions as to what the cause, and by persuasion rather than coercion bring about that which is not as THOU may think, but as may be builded FOR that which is in keeping with the prayers that may be offered; and here may be given as to how prayer may be answered and KNOW you have the correct answer WHEN you have the answer: The spirit speaks of itself. When such a question arises, ASK of self yes or no get the answer, yes or no for it will come! This may be wholly mental, see? Whether yes or no may be wholly mental. Then in thine prayer, in thine meditation, "IS my answer (whatever it may be) correct or incorrect?" Then the spirit answers.