

Circulating File

SPIRIT COMMUNICATION

**A compilation of Extracts
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SPIRIT COMMUNICATION CIRCULATING FILE

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Blessings, A.R.E. Member Services Team

Spirit Communication

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Miscellaneous Selections

3331-1, F Adult, 10/29/43

EC: (Not alone, but accompanied by many besides those visible to the physical eye.)

3817-1, M Adult, 12/20/27

EC: Now, this is very interesting, to know that entity known as [3817] has just come to the realization of being in the Borderland. [[3817] had died some 8-10 years before.]

900-346, M 32, 10/9/27

"Many years have passed since in this land of the inter-between have I given word to those who would seek to know that which has been left, even as an experience.

Approach my son, who is still in charge of publishing of those works as have been, and in the false bottom in my safe will be found a message for thee. Read it." [I.P. Funk]

1196-2, M Adult, 6/23/36

Reports: 7/22/36 EC's letter to [1196]:

. . . Your questions. 1st, yes the reading and the experiences have convinced me that life is continuous, the spirit and Soul lives on. Apparently there is no set time for the return to earth, some early, some after lapse of many years to us.

Apparently time is an unknown quantity to those in the spirit world. And that fact is often confusing to us here when we receive messages from them, or they in communicating to us.

2nd Yes, without doubt many have communicated with me. That I am sure. I cannot tell or convince others by my own experience, but to me I am very positive there are hundreds that have talked with me, as face to face. Certainly have been able to identify such persons, many, many times.

254-52, M Adult, 3/02/31

EC: Yes, we have the body, the enquiring mind, Edgar Cayce, present in this room. Also the phenomena that manifests itself through this body, and those conditions and circumstances that surround the body, the phenomena, the interest as manifested by individuals present and afar, those present in the earth's plane, those present in the Borderland, and the inter-between.

In the first, the physical forces in the body, Edgar Cayce, need that attention, that the body mental, the body physical, may be the better channel for those manifestations that may be presented through the body, through these channels, will the better development come from the information that may be given.

Spiritual Development

1175-1, F 61, 5/18/36

(Q) How may I develop a spiritual consciousness, so as to make emotionally mine the belief that the so-called dead are alive; that my loved ones are near, loving me and ready to help me?

(A) As has been given, know thy Ideal, in what thou hast believed; and then act in that manner, ministering to others. For perfect love casteth out fear, and fear can only be from the material things that soon must fade away.

And thus hold to the higher thought of ETERNITY. For life is a CONTINUAL experience. And thy loved ones, yea those thou hast loved. For what draweth thee nigh to others, to do a kindly deed; to pass a kindly word to those that are disconsolate, those that are in sorrow? It makes for a bond of sympathy, a bond of love that surpasseth all joy of an earthly nature.

Report, 5756-1, Female, 11/1924

The following extract from 5756-1 was used in May 1935 Ass'n Bulletin:

"The messages as received - were those manifestations of the psychic vision of the radiation, or aura, of - as they were manifested before the psychic forces of the mediums, through whom the messages came. As is shown in this: All bodies radiate those vibrations with which it, the body, controls itself in mental, in physical, and such radiation is called the aura. The mediums, or a psychic in certain phases of psychic phenomena, gain their impressions from such radiation. As would be illustrated in this:

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"A drop of ocean water is a miniature ocean, with all radiations of such a body, yet only reaching those abilities of the quantity under given conditions.

"As related to the psychic work of Edgar Cayce, this we find quite a different radiation. One (mediums, as given) working from without, as the psychic forces manifested in Edgar Cayce radiating from within. The radiation from an individual may be wholly the soul and spirit radiation, as from mental. The radiation may be material, from debased thoughts, or from animal portions as radiate through the individuals manifesting such radiation; hence the variation in the interpretation of radiation by a medium. Some gaining then, as we see, the purely soul and spirit relations of the individual, others gaining those of the material nature. The development, the ability of the medium in such conditions, then tempering the messages as obtained and radiated, or tempered again by the ability in mental forces of such medium to express same to the individual from which such message is obtained."

(Q) "What form do spirits have?"

(A) "That within the mental capacities of the medium obtaining such vibration from an aura to create, or to give, such manifestations a form; it assuming then that form.

This, as we see, is an illustration of such:

"One who had viewed any beautiful piece of architecture in any land in attempting to describe something that partook of the same form in the mental forces would partake of that impression as created in the mind of the one attempting to give the information to another. To an individual that form which becomes most appealing to the radiation takes such form. Not that we would belittle such manifestations, but let them be rather the silent voice from within communicating with the individuals themselves, rather than manifesting through other individuals who give them shape, form, and words of their individual development and of their individual environment."

599-8, M 63, 3/17/30

Also we will find that, with the attunement of the self in the periods when the body sits for that of silence, the better PHYSICALLY fit the better the ATTUNEMENT will be for those active forces of the psychic influences, and of the CONNECTIVE ratios between the Borderland and the Beyond for the entity; for, as has been given, the voices may be heard by this body when ATTUNING self, even as the VISION AND the voice. Keep self attuned. Keep in that way and manner as befitting THAT as is DESIRED by the body, for first there is the desire - then there is the proper seeking for that desired. Not as selfish motives, but that self may aid even those IN the Borderland in their understanding of the relationship of an entity TO its creative forces, and that which the SOUL seeks. Amen.

5756-3, 3/16/27

GC: You will have before you all the information that has been given in psychic readings by Edgar Cayce concerning communication with those that have passed into the spirit plane. You will correlate all of this information in a systematic way and manner, that this may be understood by the conscious mind of any individual studying the subject, and you will answer all questions that I will ask you concerning this subject that should be answered.

EC: Yes, we have the information as has been given at various times, and under various circumstances and conditions, concerning spirit communication, and the correlation of same will cover a vast deal of the information as given. This will be given rather in a manner to be understood by the sensuous consciousness of an individual seeking to know the truth, rather than following in the succession of information given - yet covering the various phases of same, that the comprehensibility of same may be made compatible with the mind of one seeking such knowledge.

Then first, in giving such condition, the first laid down should be as this: That the spirit - in its leaving the physical body - is amenable to spirit laws, but first and foremost, even before (yes, there was another just entered) giving this, there is in the conscious physical world every - EVERY - pattern of the spiritual world, and these may be illustrated when lessons drawn aright from same. In that then that is seen - that the spirit entering the spiritual plane - first the body of such is the soul of the individual, with the -

We are through for the present.

3657-1, M 58, 1/29/44

(Q) What can I do to develop "Trumpet" or independent voice?

(A) Find self first, and then decide whether it is most advisable or not. Most who would speak with thee, ever seek help. Don't fail them - ye have the ability. If this is for demonstration, ye only have to close thyself - not merely in a darkened room but sit by a good, nice pine or hickory tree, and listen to the voice within.

254-108, M Adult, 3/21/41

(Q) Considering the book which is being written on Edgar Cayce's life and work, the revision of the various pamphlets of the Association, and the confusion and misconception of terms in the public mind, please give at this time a term which will best describe Edgar Cayce and his ability to give "Readings".

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(A) Application of the harmonious triune; or that as may be determined by those who may "make" a word or term to designate the various phases of the activities presented through such information.

To be sure, it is psychic - or of the soul. As is stated, this is confusing to many whose knowledge or awareness is only of some mediumistic seance or of some activities founded upon an experience of individuals that has led to such a train of thought.

It is the harmony of the triune - of body, mind and soul - towards the purpose of being a help, an assistance, an aid to others.

599-1, M 55, 1922

It would be well if the body would train itself along the subliminal line.

Go into silence, that is sit for an hour, not so long at first, begin with ten or fifteen minutes, then increase to an hour, sit well up in the chair with both hands on the knees and relieve the mind of everything. Don't think about anything, but leave the mind blank. Let the spiritual come in and take possession of the body. Then he will see and hear from those that he is attuned with. Sometime they will be at different places and different persons. Do not fool with those that are not of a spiritual nature. In this way he will develop himself along this line.

599-4, M 59, 2/25/26

In the mental there is much of that development coming to the body as has been outlined for the body, in the manner, in the way, in which the subliminal self may gain that insight into those of the unseen forces; yet the entity should weigh well all these conditions, making them compatible with the tenets of the I AM from within, and the I AM that rules the Universal forces. We are through for the present.

2280-1, F 57, 6/15/40

(Q) Can I be of any help to my sons now? If so, how?

(A) Prayer for those who are seeking a way, THE way to the light, aids ever.

(Q) Can you tell me how they are developing, and what is happening to them?

(A) This ye may find the better within thyself. For as ye seek, as ye speak with Life - the Lord - THERE ye may know as to what, as to how they each are developing.

2425-1, F 21, 1/3/41

(Q) Do I have psychic and mediumistic powers?

(A) As has been indicated, all forms and natures of same may manifest through the entity.

As to the branch that may be chosen, THIS is to be determined by the entity - when it has analyzed itself.

(Q) Do I need training and further guidance other than that which I receive through myself?

(A) Thy body is the temple. THERE He hath promised to meet thee. Be not overcome by others, but overcome in HIS name - Christ's name!....

(Q) Any advice as to what form of mediumship I should use?

(A) Rather this should be, as indicated:

"FATHER-GOD! HERE AM I - USE ME; NOT AS I WILL, BUT AS THOU SEEST IS THE MANNER IN WHICH I MAY BETTER SERVE THY PURPOSE WITH MAN!"

3011-3, M 68, 9/29/43

They look for signs. Know rather, as has been given, signs are only given to those that seek only in Jesus' name. Through messengers, yes. As ye have seen, as ye experience in the present, the great white light in the center of the table here is a force or power ye give to those influences about thee.

But let this be sent rather by the Master, than calling for same from and through other channels....

(Q) Will I be able CONSCIOUSLY to communicate with Masters of the Brotherhood in this incarnation? If so, is there anything I can do to develop that ability?

(A) If the self is purified of every selfish motive, and if the seeking is that such be given that it may be administered to warn His people. But if it is only for the gratifying of self, no.

Possible then, and probable, if the self will sanctify thyself in purpose, in body, in mind.

254-71, M Adult, 2/6/34

(Q) What is the significance of the crystal ball sent Mr. Cayce from India and referred to by Uvani?

(A) A means of concentration for those that allow themselves either to be possessed or to centralize their own spiritual activity through the raising of those activative forces in the physical body known as the centers through which concentration and meditation is accentuated by the concentrated effort on ANYTHING that will CRYSTALLIZE same into activity. A means for some. Rather, as has been given, let the proof come from that as may be visioned in the self.

As in reference to that as stated by Uvani as being more efficient by being guided by one: Is it true in the hearts of men that there may be sought others that may aid them in comprehending or awakening themselves? True indeed may this be, but - as He has given - He is to be the Master, the Christ, sufficient unto every soul, the MAKER the CREATOR of all that is in this sphere! The LORD of all! Let HIM send whom HE would for the development, but rather prepare thine own body, thine own soul, for that meeting with Him. For, as He quickens through His presence in the heart and souls of men, they that climb up some other way are thieves and robbers.

341-30, M 22, 5/23/29

. . . In this experience as seen, when there is the halting between the ethereal or cosmic, or unknown energy and that of the reality, there comes the dread of seeing what lies just beyond; yet the realization of the existence of the beyond becomes as real as the last conversation with the body or bodies that were seen in this experience; yet also there is seen the surrounding conditions of which you well know that I held as one of the drawbacks to a young man's development, this of intoxicants in the body, deadening, deranging, or expanding the mental faculties to such an extent as to burn them out; yet in mine own experience these, under other guises, I often indulged to the extent that in the end they took their toll. Then this the greater lesson, my son, to gain from this experience. Use - USE - all the faculties of the mental, material, the cosmic, the ever ready sensuous forces, but never allow self to abuse that mental body in any respect, would the body gain cognizance or consciousness of the associations that lie between the abilities of the mental being and of the body mental in the cosmic or in that force, that vibration, that is ever ready for expression as those are in the material plane. Then, be not afraid of that that may be seen. Keep self, body, mind, pure and clean, and you will find the greater flow of consciousness for good that may be attained in a material world. Yes, this is Gay [Samuel G. Gay, M.D.], and I will speak with thee again.

325-63, F 63, 9/18/35

(Q) Will she be able to contact her loved ones when her period on this plane is fulfilled?

(A) They are ever one with another. As she contacts them in the present, so may she contact them the more when with them.

(Q) How is it most easily accomplished?

(A) By making the attunement one to another.

355-1, F 20, 6/13/33

For, the wisdom of Hatshepsut may be in the entity in the present experience as a BUILDER in a mental, a commercial or a material way.

The spirit of the mother in that experience, then, may YET aid and guide in the present; BEAUTIFUL in body, BEAUTIFUL in mind in the experience, yet turned the world upside down!...

(Q) How can I vitalize my abilities?

(A) By entering more and more into the inner self, through meditation. And there is outlined a manner.

Do not let the MANNER become the god, but that that may come through - even from the spirit and spiritual influence of that guide....

(Q) Is there any particular way in which I can best give help to others, and spread this gospel of Truth (through these sources) in a tangible and truly helpful way? [A SEARCH FOR GOD lessons, [262] series, etc.]

(A) As we have given with this development, with those abilities that may grow and grow by the contemplation within the inner self; and as these are begun - through those same channels as of old may there come aid, often.

364-10, Male, 4/28/32

The mental vision by its action upon what body is being builded? On the mental body of the individual in a material world, out of Spirit, out of the ability to have all the attributes of the spiritual or unseen forces – but MATERIALIZED forces, as is necessary from the mental body in a material world MENTALLY trained to, or in, certain directions, or given directions, or following the natural bent of its threefold or three-ply body, as is seen in every individual or every entity. As these projected themselves, then we find these DEVELOPMENTS were in this portion of the development in the Atlantean period. How were these used?

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In much as were from the beginning. Remember there was ever the instruction to those peoples that were to hold to that that would bring for the spiritual forces, rather than the abuses of the abilities - as those with familiar spirits, as those that spoke to or partook of the divinations of those that had passed from the earth's plane, or those that partook of the animal magnetism - that came from the universal consciousness of animal matter as passed into its experience, in its interchange through those periods of integration and disintegration - and the spirit forces possessing those that would lay themselves open to such conditions, for these are as real as physical bodies if the attunements of the entity are such that it may vision them! and they are about you always, sure! These, then, are entities - sure; whether animal or those endowed with the soul - until they pass through those changes - as there ever has been, see? Also there are those that ever make for those channels in the psychic and occult (we are speaking of, through which man - as it reached that stage, or that position that it became farther and farther from its natural sources, through the same CHARACTER of channel may it communicate with that from which it is a portion of, or the Creative Forces), and hence the terminology arose as 'Good Spirits' and 'Bad Spirits'; for there are those that partake of the earth, or of the carnal forces, rather than of those forces that are of the spiritual or CREATIVE. Those that are destruction are of the Earth. Those that are constructive, then, are the good - or the divine and the devilish, bringing for those developments in their various phases. Hence the greater development of that called occult, or psychic forces, during the Atlantean period - and the use of same, and the abuse of same - was during its first thousand years, as we would call light years; not the light of the star, but the sun goes down and the sun goes down - years. That brought about those cycles, or those changes. Hence we have that which has been given through many of the sources of information, or the channels for individuals - and in those, these, the entity - as a voice upon waters, or as the wind that moved among the reeds and harkened, or again as when the morning stars sang together and the sons of God beheld the coming of man into his own, through the various realms as were brought by the magnifying of, or the deteriorating of, the use of those forces and powers as manifested themselves in a MATERIAL area, or those that partook of carnal to the gratification of that that brought about its continual HARDENING and less ability to harken back through that from WHICH it came, and partaking more and more OF that upon which it became an eater of; or, as is seen even in the material forces in the present: We find those that partake of certain elements, unless these become very well balanced WITH all SOURCES - Of what? That of which there were the first causes, or nature, or natural, or God's sources or forces are. Hence ELEMENTS - not rudiments; elements - as are termed in the terminology of the student of the anatomical, physiological, psychological forces within a body - GERMS! Sure they are germs! For each are as atoms of power - From what? That source from which it has drawn its essence upon what it feeds. Is one feeding, then, its soul? or is one feeding its body? or is one feeding that interbetween (its mental body) to its own undoing, or to those foolishnesses of the simple things of life? Being able, then, to partake OF the physical but not a part of same - but more and more feeding upon those sources from which it emanates itself, or of the SPIRITUAL life, so that the physical body, the mental body, are attuned TO its soul forces, or its soul source, its Creator, its Maker, in such a way and manner, as it develops.

900-330, M 32, 7/24/27

(Q) In regard to the educational work in my connection with the Association, I am now entering upon that phase of the phenomena called Spirit Communication. I have experienced this myself quite frequently of late, in a very natural and pronounced manner. Will you give any special kind of reading that I may ask for in relation to these particular and personal experiences?

(A) As has been given as respecting spirit communication, these are of the individual nature, and are of rather the individual interpretation, and when such are presented through, of, for, or on any other way or manner, there may be the suspect of there entering in other force than that of individual importance of individual understanding.

In the matter of spirit communication:

As is seen, as has been given, there are ever about those in the flesh in the earth's plane those desiring to communicate with those in the earth plane, attracted by the act, intent and purport of the individual, or by the act, intent, purport, of that entity in the spirit plane.

In these as have been, as are being presented to this body, [900], these are above the ordinary experiences, and are of the definite position, condition, and represent definite phases in the understanding of the entity.

Study same, then, with that same knowledge as was given of old, that God the Father speaks to Himself through man and man's activities in the earth. The spirit is of the Father, and all force is of God. Study these from this phase. As to information concerning definite or specific instances of communication, these may receive - through these sources - the interpretation, either of the giver, or of those associated in the spirit plane with such entities, see? For various phases of such communication present themselves much as the various phases of the development of entities, and those intents, those purports as were once set forth by Saul of Tarsus, are as near the correct interpretation of spirit communication as may be attained in any literature or writings that may be attained at the present period.

Prepare that thou art preparing concerning such conditions, and these will equal - or even be better understood than that as was given by him in those passages concerning the gifts of the spirit. Read same.

(Q) What part of the Bible?

(A) Paul - in the Epistle to the Corinthians.

900-353, M 32, 11/6/27

(Q) Now, in the second part of this reading - By the way, I heard here said, "The oppression is fierce!" This in itself is an example of the spirit communication as I take it; that is, this reading. I have noticed in my own experiences times when the connections seemed good, and other times when BOTH interviewers struggled to reach each other but I couldn't sort of get it. The connection was poor.

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(A) This is illustrated by the attempt to speak or communicate over poor connection as with the phone, where interferences of poor connections, poor subjugation, poor eliminations of other conditions surrounding bring about oppressions, or the attempt of many to bring their voice as to that given, or the attempt to subjugate to such an extent that no voice speaks through the channel left open, and we hear words yet they mean little to those that are not wholly in attune to that being given. Hence we have oppressions, and often such conditions bring physical oppression to those transmitting such conditions. Hence the old application of that full attunement necessary for the complete or perfect at-oneness with that as desired.

(Q) What is causing the oppression here?

(A) Desires of so many to speak.

(Q) Yes - while I'm writing often the same thing happens - they all crowd in.

(A) Correct. The activity of conditions may be illustrated well by this conditions: There is often seen in a group where the conversation may be general. An individual speaking causes - from seemingly some unknown sources, except by that which is caused to arise in the minds of many of those present - all to speak at once. Again we find that all are as spellbound by that being said, and it is rare that such a speech is not just as important when holding all spellbound as when causing all to speak. What causes this?

That of the same relativity of forces brought bear on the individual experience of each entity in its attempt to reflect that as it gains from that being STIRRED UP in its own experience. See? We are through for the present.

1472-2, F 57, 11/13/37

(Q) Does death instantly end all feeling in the physical body? If not, how long can it feel?

(A) This would be such a problem; dependent upon the character of which unconsciousness is produced to the physical reaction - or the manner in which the consciousness has been trained.

Death - as commonly spoken of - is only passing through God's other door. That there is continued consciousness is evidenced, ever, by the associations of influences, the abilities of entities to project or to make those impressions upon the consciousness of sensitives or the like.

As to how long - many an individual has remained in that called death for what ye call YEARS without realizing it was dead!

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The feelings, the desires for what ye call appetites are changed, or not aware at all. The ability to communicate is that which usually disturbs or worries others.

Then, as to say how long - that depends upon the entity.

For as has been given, the psychic forces of an entity are CONSTANTLY active - whether the soul-entity is aware of same or not. Hence as has been the experience of many, these become as individual as individualities or personalities are themselves.

1474-1, F 61, 11/11/37

(Q) Why does Mr. [...] [my late husband] not "want to be dead", and how can I get thru to him when he comes back to ... Place, Brooklyn?

(A) Only in the deeper meditation may there be given to that entity, that soul, the assurance of the CONTINUITY of life and of the growth necessary for each; in the assurance of that given: Know not only what ye believe but in WHOM ye believe!

For life IS continuous! There is no halting. We either progress or retrogress.

1483-1, F 27, 11/23/37

(Q) The entity Moon Trail, now on spirit side, has stated positively through his medium in trance, Horace Hambling, that it is correct for me to marry the entity [1173]. Is this positive approval justified?

(A) There is much to be met in the present, it is true, from those activities in that experience. As to how there is to be the meeting of same, well - the choice must be made - there must come the answer to that within.

To say that such should be the relationship would be assuming the responsibility that rests with the individual choice. There is much that is hindering in these directions, for that which would be the best in either.

5756-4, Female, 3/17/27

In the next step, then, we find, as regarding information given, the ability of such a body, or entity, to communicate with those in the material plane:

Question and answers are often confusing, by those that give or supply information concerning such experiences; for each experience is as individual as the individual that receives same, or the entity that transmits same, and the possibility, probability, the ABILITY, of individuals to so communicate, or so draw on those forces, is raised, limited, or gained, by the act of the individual seeking its ability to so communicate - for, remembering, conditions are not changed. We

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find individuals at times communicative. At other times uncommunicative. There are moods, and there are moods. There are conditions in which such conditions are easily attained. There are others that are hard, as it were, to meet or cope with. The same condition remains in that distant sphere - as is felt by many - when it is the SAME sphere, UNLESS the individual, or the entity, has passed on.

Then the next question that arises is: How are such communications brought about? Just as given. When the body (material) attunes self to that plane wherein the sensuous consciousness is in obeisance to the laws of physical or material, and the spiritual or astral laws are effective, those of the astral plane may communicate, in thought, in power, in form. What form, then, do such bodies assume? The desired form as is built and made by that individual in its experience through the material plane. Remembering our pattern. We find bodies are made by the action of cell units in the material body. Some to beauty, some to distress by that merited for the physical experience. Hence a necessity of a physical experience, that the DESIRES that build may be made, changed, or acted upon.

Again we return to the astral or the soul body. In the various forms of communication, why, WHY, is such communication so often of seemingly an unnecessary nature, or seemingly inadequate to the mind of the soul entity, as understood by the mind of one hearing, seeing, or experiencing, such a communication? As may be illustrated in: The message as may be received from the boy just passed into the spirit world, and able through mediumistic forces of someone to communicate to mother, "All is well. Do not grieve. Do not long for the change." Such seems to be in the nature of rebuke to a sensuous mind when momentous questions as might be propounded, could be, or would be – as some mind would say - given. Remember the pattern as is set before. Is the greeting, IS the greeting of some profound questions the first meeting? Rather cultivate that of such communications, and receive the answer to that of the most profound that may be propounded in any way and manner to those seeking such information. Is such information always true? Always true, so far as the individual has brought self into that attunement as is necessary for the perfect understanding of same. Do not attempt to govern information, or judge information, by the incorrect law, see? When force is taken, what is the impelling force such as is seen in the movement of material objects? When under stress, the communication or the appearance of the soul body is in contact with the individual mind; such as we have seen and experienced through that of the information as has been given. Such impelling forces, we find, are the combination of that in the individual receiving and in the abilities of the individual so communicating - that is, we find that in the various experiences of individuals, levitation, or objects that are of material nature, are moved about by the active principle of the INDIVIDUAL THROUGH WHOM SUCH MANIFESTATIONS ARE BEING MADE, and not by spirit action, or soul action. Yet CONTROLLED by that cosmic consciousness.

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Don't leave that out, see? Controlled - for, as given, the body must be subjugated that such force may manifest. Then we see undue strength, undue power, is seen exercised at such periods. True - for things that are controlled by spirit alone are of a great deal greater active force than of the sensuous mind, as a trained mind is more active than one untrained.

Now many questions have been given. Many various forms of the active forces of communicative energies, or of soul forces, as are manifested in the spirit world and in the material world, have been given - but these as we have given here are set forth that those who would study may have the basis of an understanding that will give each and everyone that knowledge that the physical world, and the cosmic world, or the astral world, are one - for the consciousness, the sensuous-consciousness, is as the growth from the subconsciousness into the material world. The growth in the astral world is the growth, or the digesting and the building of that same oneness in the spirit, the conscious, the subconscious, the cosmic, or the astral world. We find, from one to another, individuals - individuals - retained in that oneness, until each is made one in the Great Whole - the Creative Energy of the Universal Forces as are ever manifest in the material plane.

We are ready for the questions that may be asked, as we see here, concerning various conditions - for many are gathered about to give their various experiences as have been passed through in this transition period.

(Q) Is it possible for those that have passed into the spirit plane to at all times communicate with those in the earth plane?

(A) Yes and no - for these conditions are as has been described - that the NECESSARY way or mode must be prepared; for as this: Ever has that vibration as is attracted and thrown off been active in the world as is exercised through that called the telephone, but without proper connection, without shorts, without any disturbance, may proper communication be made! These have not always been active to the PHYSICAL body. These are not always in proper accord to be used by the physical body. Just the same in that pattern. Those in the astral plane are not always ready.

Those in the physical plane are not always ready. What conditions arise (is asked) that we in the physical plane are not ready? The MIND! What conditions arise that we in the astral plane are not ready? There are those same elements as has been outlined, of that of the development going on, and the willingness of that INDIVIDUAL to communicate, as given, see? but when set aright, these may - until passed into that Oneness, or returned again, or gone on beyond such communications.

(Q) What physical thing may an individual do to be able to communicate with those that have passed into the spirit plane?

(A) Lay aside the carnal or sensuous mind and desire that those who would use that mentality, that soul, for its vehicle of expression, do so in the manner chosen by that soul; for some communicate in act, in sight, in movement, in voice, in writing, in drawing, in speaking, and in the various forces as are manifest - for force is ONE force....

(Q) Is the effort for spirit communication as much effort on the part of the spirit entity as the effort that should be made on the part of the material or physical entity?

(A) The force should never be applied, and may never be applied and be real, in either case. The willingness and the desire from both is necessary for the perfect communication, see? Illustrate this same condition by that physical condition as is seen in attunement of either that called radio, or of that called phone, or that of any of that vibratory force as is set by the electron in the material plane. Necessary for the perfect union that each be in accord. In other words, we find many in the astral plane SEEKING to give force active in the material. Many in the material SEEKING to delve into the astral. They must be made one, would they bring the better.

Communication Sources

5749-4, Female, 8/6/33

"I, John, would speak with thee concerning the Lord, the Master, as He walked among men. As given, if all that He did and said were written, I suppose the world would not contain all that may be said."

5756-7, Female, 4/10/29

EC: Now, there are many here that would speak concerning the various things as has been given regarding the educational end of the institutional work. THREE would speak concerning the varied approach, of the way as is given by each.

281-19, Male, 1/12/34

(Q) Please explain the difference between the Holy Spirit speaking through an individual and when it is an entity from the other side, and why I so desire the Holy Spirit, the Teacher within. After having opened myself, should I receive any communications from outside entities?

(A) As has been the warning to all, so encompass self with the thoughts of the Christ-Consciousness that only that which may come from the THRONE itself may BE the source of that which will guide or direct thee in thy seeking.

262-89, Male, 9/29/35

. . . Think how gracious has been the gift to man, that only those who have crossed the border through being glorified (and GLORY shall be thy next lesson) have vision. For they that are on the borderland are only in that state of transition.

If they were to speak to all, how terrible would be the confusion!

412-9, M 36, 8/10/37

(Q) Is the information given through "Moontrail" correct on this subject? ["Moontrail," the guide of Horace S. Hambling, English medium.]

(A) This must be determined in thine own experience. The test is ever, does it answer to that something within that is constructive? Seek rather, EVER, for the answer within self. For "My Spirit beareth witness with thy spirit" saith He that is life, light and immortality.

422-1, F Adult, 10/23/33

(Q) How can I discern the helpful entities or forces from those forces that would do me harm?

(A) In each experience ask that they acknowledge the life, the death, the resurrection of the Jesus, the Christ. They that answer only as in the affirmative; otherwise, "Get thee behind me I will have no part with thee. Through His name only WILL I, [422], ACCEPT direction!"

257-118, M 40, 8/21/33

(Q) Since this last discourse was so wonderful, and with such knowledge and understanding, may I ask the source - or the person who gave that direction or information?

(A) You wouldn't know him if we told you! His name is Hallinger! You don't know him, but he knows you well!

900-248, M 31, 7/9/26

(Q) Now as regards this communication - first was it a definite communication between my consciousness in the physical and another consciousness in the spiritual?

(A) Correct. Just as given.

900-330, M 32, 7/24/27

. . . As to information concerning definite or specific instances of communication, these may receive - through these sources - the interpretation, either of the giver, or of those associated in the spirit plane with such entities, see? For various phases of such communication present themselves much as the various phases of the development of entities, and those intents, those purports as were once set forth by Saul of Tarsus, are as near the correct interpretation of spirit communication as may be attained in any literature or writings that may be attained at the present period.

900-333, M 32, 8/15/27

Now we find there are many different sources and many different channels through which the entity itself may obtain such information, and may obtain such LITERAL demonstration. First there is seen the entity should ask for such information that may be seen in a different way and manner by asking through those sources as has been given that it should seek for the physical manifestation of those spirit forces acting with the intent of the entity. When the entity sees, obtain such, then through these channels for self there will be given, then, that force, that supply, through these same channels of how the various phases of silver and its adherent force - and its vibratory action with the various forces as are manifested in spirit communication - may exhibit to the entity those various phases of this same condition. Yet the body will find that such partakes of self's strength and vitality. Step lightly, then, to those border edges, and in seeking information from the borderland in the activities of such forces, be first well-grounded in self's own stability, that there may be the correct dissemination, and secondly, be of the very negative mindedness towards desirelessness to use this information as will be then furnished. Prepare thyself then for such.

311-5, M 29, 8/8/31

(Q) Who is giving this information?

(A) Demetrius.

(Q) May I call upon this entity for help and guidance in the future?

(A) This, my brother, is much to be asked - even of me, thine own brother in the flesh in the spirit and in mind, as WELL that same may oft become a stumbling block to thine own self; for, as is seen, no one approaches the Throne - or the threshold of universal consciousness - without that purpose of EITHER lifting self to that consciousness or bringing us DOWN to their own ideal. Then, set thine IDEAL in the promises of the living GOD; for NOT for thine righteousness may GOOD even come unto thee, but that the Holy One has promised that "they that seek ME will find ME." Then WHY, even I, should I make thee falter, or WHY should one seek less than the Gods [Guards] of Glory?

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(Q) Please repeat the name of the one giving the information.

(A) D-e-m-e-t-r-i-u-s.

311-6, M 29, 9/19/31

(Q) Who is giving this information?

(A) That same that stood in the position for the entity as a guide, and an aide, and that one who may be termed the guardian of this entity's activities - Demetrius.

311-7, M 30, 2/27/32

(Q) Who is giving this information?

(A) There has been given that one who seeks to aid in directing. Demetrius.

(Q) Why have I had the feeling of being deserted by the forces during the last several weeks when I feel that the troublesome and degrading experiences I have had are perhaps a part of the knowledge necessary to strengthen me for the future?

(A) Those contacts that have brought turmoils are not in accord with those lessons, or those developments, that Demetrius - or SELF - has chosen! Then, as comes with all tests that are necessary for the changing or developing of self, these then arise. In the FORM of those that appear to be in direct disobedience to that as has been set as divine law. Understood?

311-10, M 30, 11/19/32

(Q) Who is giving this information?

(A) Zorain. Student with Zoroaster, yes.

325-43, F 60, 11/26/32

(Q) Who is giving the prescription to [325] of the Forces.

(A) Those that she has sought through years ago.

310-6, F Adult, 9/27/33

EC: Just before waking, said - as if recognizing and speaking to him: "Mr. [5473]!"

3976-15, F Adult, 1/19/34

Many an one may question you as to the sources, as to the channel through such information that may be given you at this time has come. Know it has reached that which is as high for each of you in your respective development as you have merited, and do merit; and has accorded and does accord to the realm of light that which may be aidful and helpful in thine own experience, and in the experience of those that ye in your service to thy fellow man may give unto others.

Hence, in giving the interpretation, MANY are present; many of those whose names alone would bring to others awe - discredit, yet - even a wonderment. For, not only then must the information be instructive but enlightening; yet it must also be so given that it may be a PRACTICAL thing in the experience of thine own self and in the experience of life of thine fellow man. Not only must it be informative in nature, but it must also be that which is constructive; though [pause] that which is informative and that which may be enlightening and constructive must at times overlap one another.

275-39, F 21, 1/31/34

(Q) Please explain satisfactorily to all present the appearance of the little boy [with [457]] on Tuesday the 25th of January, 1934, seen by Mr. Cayce?

(A) A seeking of a soul for the communion with those influences that were being expressed in terms of physical activity at that period. And was one seeking through those channels as seen with, for expression.

3976-21, F Adult, 11/20/38

EC: Yes, we have the subject here; and many there be that appear with the desire to give their own interpretation upon such a subject. But rather would we choose - from the more universal need of those here, as well as mankind everywhere - that thought, that purpose, that attribute of man's choice to show, to give thanksgiving for not only the blessings as may be the experience of many but the fuller meaning of the appreciation of Life itself and the opportunity which is offered to all through same to become more and more aware of their relationship to the Creative Force or God.

267-1, F 37, 2/10/33

(Q) Please explain what was meant by seeking universal source as contact for helping self and others?

(A) Seeking the Spirit, or the CONTINUITY of Life WITHIN self, which IS the gift OF the Creative Force in the experience of every entity!

(Q) Outline in detail how I could go about the development of self to make this possible in the highest manner?

(A) By meditation and prayer in the name of that held as highest to the influences to the Throne itself; for in the TRAINING of the inner self may those ATTUNEMENTS come – even as there is seen manifested in the mental experience those intonations that make for the influences upon the impulses, the influences upon the inner life, are controlled by the gentler, the more delicate tones, rather than the harsh.

137-125, M 31, 11/15/29

(Q) One on the floor of the Stock Exchange said to me, "There never will be a Jewish banker equal to Morgan." I answered, "Never is a long time," and felt that I with my associates will one day reach this point.

(A) This will be realized beyond thine own or thine associates, fondest dreams. While [900] rules through introspection of a few, for thee there will be many, and thine Brother will guide thee in all that thou doest.

In understanding, does strength, power and might come. Take this and keep it with thee in thy heart, and in thine mind always. With power of money, with position, and wealth, comes greater responsibility. But ye know in whom ye believed, and He is able to keep you against that day.

(Q) Is this my brother Jesus talking?

(A) He speaks with thee often in thy meditations and prayers....

(Q) Am I guided when and in my approach to others regarding this?

(A) "Thou art. In the hour that thou speakest I put it into thine heart what to say. For oft in prayer do I speak with thee."

195-66, M 46, 9/22/29

(Q) Any further suggestions?

(A) Suggestions may be given as to the introspective experiences of the body. In the views of that gained by the body, while the proper attitude is being kept, let not too much levity be the outcome of the same. Not that the Forces desire other than that of the natural expressions, but remember - these, in their personality,

are still expressive of their personality - so that the individual, in receiving, in accepting, in the application of that given, must be kept in attunement to that being received. In these changes, then, there will be found there will be more of those that are in accord with that desired to be OBTAINED by the body under the varied circumstance. Then, do not have those that are of other than that field in which endeavors are to be made giving that as is being sought. Why not seek counsel of Lincoln in state, rather than those of Grady who only sought or knew portion? and in THIS manner may the body develop self, and why not in healing gain the access to the Great Physician, rather than to one who is encompassed with their own frailties? Hence, in seeking, seek in that field from which the best may be obtained.

262-17, Study Group, 4/17/32

(Q) [2125]: What is the meaning of the name "Abercrombie" that so often comes to me?

(A) An associate of the entity in its activity through its spiritual forces, or those that come WITH its activity in itself.

262-25, Study Group, 8/7/32

(Q) From time to time I have had to come into my room a friend who has passed on. Is this contact harmful or beneficial?

(A) In this, there are always those seeking that we may help, that may help us; for as we help another does help come to us. Pray for that friend, that the way through the shadows may be easier for them. It becomes easier for you.

262-40, Study Group, 3/5/33

(Q) [585]: On March 2nd, whose voice did I hear speak to me, and what was the message?

(A) As is felt within self that there is a manifestation of a force, a power from without, this then is builded into that as the self through its experience gives such an influence and power concerning the consciousness of self. To be sure, this was a manifestation - but rather than being specific, rather than being an entity activity from without, it is rather the awakening within of the abilities to so associate and so connect and communicate with those influences from without. Then, as given of old, if there will be held and magnified within the consciousness of self that that desired, that voice, that presence that would aid in bringing the various consciousnesses to self, must be from the universal influences, or from His messenger, then may this be magnified in self and for self. Be mindful that it is not clothed in some other power....

(Q) Please tell me who is doing the talking?

(A) Who would the body have? Who would the inner forces entertain? For, "Seek and ye shall find" is spoken of the soul, spoken of those that would be the guides, the influences in the experiences, and is bound close with that which is being the study in the present, THE LORD THY GOD IS ONE. Do not accredit it to lower forces than His emissaries.

262-56, Study Group, 10/15/33

(Q) Comment upon the following. Is it worthy of expansion; that is, does it carry any light of truth?

The Creator, in seeking to find or create a being worthy of companionship, realized that such a being would result only from a free will exercising its divine inheritance and through its own efforts find its Maker. Thus, to make the choice really a Divine one caused the existence of states of consciousness, that would indeed tax the free will of a soul; thus light and darkness. Truly, only those tried so as by fire can enter in.

(A) The only variation that we would make is that all souls in the beginning were one with the Father. The separation, or turning away, brought evil. Then there became the necessity of the awareness of self's being out of accord with, or out of the realm of blessedness; and, as given of the Son, "yet learned he obedience through the things which he suffered."

COME, my children! Ye no doubt have gained from the comment this day a new initiate has spoken in or through this channel; Halaliel [?], that was with those in the beginning who warred with those that separated themselves and became as naught.

262-77, Study Group, 1/20/35

Individuals in their understanding falter here and there, for they have been told and have listened from their own observation, rather than experience, that this way, that way, the prayer at this period or at that period, the stars at this period have meant or do indicate or do mean that this number from the name, this day means this or that, and in the application comes confusion. These - as has been given - are signs, are omens; but how gavest He? "The heavens and the earth will pass away, but my word shall not pass away."

The signs, the omens then, are to be used as stepping-stones for an UNDERSTANDING; not to be confused with nor given - through that gift in thee of constructive forces from the Father-God Himself - other power than they

contain within themselves. For each soul that meets and encounters and accredits receives the same in return. How gave He on this? "He that receiveth a prophet [Halalial?] in the name of a prophet hath a prophet's reward." This does not indicate that the prophet received is of God, an angel of heaven or of hell; but in the name, in the manner, in the way as received so cometh the reward. THAT is destined!

Why? In the seed of thought, whether of body, mind or soul, IS the seed thereof; and it bears fruit which is of its own kind and nature. Said He, "Ye do not gather grapes from thistles; neither may ye expect to do evil looking for good." For the destiny is in that which has set the world, yea, the earth and all that is therein, in motion. And ye in thy blindness, thy foolishness, thy DESIRE for self, look for some EASY way; when all the ease, all the hope, all the life *there is IS in Him!* Then, *HIS way is the easy way.*

What is His way? "He that would force thee to go one mile, go with him twain; he that would sue thee and take away thy coat, give him thy cloak also." Did He say whether justly or unjustly? Who did He say is the judge? "Judge not that ye be not judged." For, "As ye do it unto the least in the earth, ye do it unto me." [Warning re accepting Halalial's offer given in 262-71]

262-85, Study Group, 7/21/35

(Q) Please explain, given in reading of May 10, 1935, "Try the spirits." [922-1, Par. 5]

(A) As indicated, or in making the interpretation, reason from thine conscious mind from the first premise which is the basis of all the lessons: All force, all power, is of the ONE source, even as was given by the Master when questioned by Pilate, "No power is given over me save from the Father." So in the experiences, as indicated oft, there are those activities from the outside of the physical body, through the mental, through the spirit of those as disincarnate influences or forces. THESE try! as to whether there is the force or power of that constructive nature as given. They that deny that the Christ has come in the body are not of Him.

(Q) Please explain, "Try the aspects." [See 922-1, Par. 5.]

(A) The same may be applied in THEIR phases of the same expressions. These may lead to the questionings in the own mind; hence TRY the aspects, from whence do they arise? What are the promptings and what is the seat thereof?

For, as has been given by Him, there is the way that seemeth right unto a man but the end thereof is death.

This is the aspect of an individual, or collective experience. Yet oft may there be sufficient of truth to keep alive, yet feedeth only on the egotism of the individual.

For each spirit that may make manifest must be as the complement of the Creative Forces or God, or of that which would lead to destruction. And how spake He? In the mouth, in the experience of two or three witnesses is the fact established.

262-87, Study Group, 8/25/35

(Q) With whose spirit, mentioned in the Apostles' Creed, would we commune; with ourselves or God's?

(A) Within ourselves to God...

The communion of the spirit of the divine within self may be with the source of divinity. This is what is meant by the communion of saints, of those that are of one thought, for [because] all thought for activity emanates from the same source, and there is the natural communion of those who are in that thought...

Thus, the communion of saints means that all who have one purpose, whose thoughts and motivative forces are one, may communicate; whether those in the material plane, in the borderland, or those that may be upon the shores of the other side of life.

294-74, M 49 [Edgar Cayce], 7/23/26

For, as it is seen, in that realm of the spiritual world there is the peace and communion of loved ones, in and from the earth's plane. Chaos does not rule, but rather that of oneness in purpose and truth.

And when such unions, when such meetings, come in accord with conditions being viewed in the material world, these same influences come to assist, when allowed to, in the material plane. For, as is seen, there is given the compass to the physical being to guide him in the material condition of life.

Then this should be the lesson to the entity, or physical man, that upon the three there may be often called for counsel, strength, and advice.

The Holy Spirit has been pointed out in its activity as designating an individual in the earth for a particular service in the earth; while the communication that may come from outside forces or entities - even though they may be sent as messengers - is as a relay. Just as the experiences of many of ye that are gathered here may receive through these channels that which will aid thee in awakening to the possibilities, the responsibilities, within thine OWN experience - but to experience that THOU HAST been AWAKENED from within in thine own consciousness of being in closer walk with Him is more glorious still - and only known by those who EXPERIENCE same. Both are wonderful. One is as of guided by the spirit of truth. The other as relayed to thine consciousness.

294-103, M 50 [Edgar Cayce], 10/28/27

EC: Yes, we have the experience as had by the unconscious or soul-body of Edgar Cayce, or that entity at present known as Edgar Cayce, in conversation with that entity known as the mother.

The conversation was regarding conditions existent in the material plane respecting health, welfare of individuals, the actions of individuals respecting other individuals in that same plane; giving those feelings as respecting actions of one toward another; also the welfare, conditions respecting health and well-being physically of the individual, and the manner in which such might be assisted.

Here we find that commonly called or known as spirit communication, or that wherein an entity of the cosmic or ethereal plane is communicating with individuals in the material plane. Yet we see demonstrated, by the lack of consciousness materially of the body communicated with, that the body was not in the material plane although the material body was the channel through which such communication was made manifest before the eyes [and ears] of others, or within the hearing, rather, of others.

294-174, M 57 [Edgar Cayce], 4/12/34

(Q) Please elucidate upon the experience I had last month in New Mexico when seeing and talking with my mother, in which she materialized a silver dollar.

(A) As has been given, either by vision, by prayer, by Urim, by Thummin, by dream, or in the material things, may the vision of those that are in the heart and mind of individuals given through the powers of those in the spirit plane to enter into association, communication, or activity with those that they seek to guide.

Here we find for the first, that has long been sought between mother and son, that of communication concerning those things that deal with the mysteries of life and of those things that may bring to bear in the experiences of all, and how that there may be used those things of materiality for the representing of the spiritual...

943-8, M 37, 2/12/29

(Q) Where may Potter be found?

(A) He's here! He's deceased, see? He's here - he's talking!

355-1, F 20, 6/13/33

(Q) Is there any likelihood at the present time of developing a machine, based on the action of the electromagnetic cell, which may assist in securing direct communication as done by Aron and Moses - and many others - with the Urim and Thummim?

(A) Find in self that as Hatshepsut put to self, in knowing who should be chosen - yet the trouble arose. Do not make the same mistake, that the VIBRATION is the force - but that which impels same from the Creative Force. Such machines are claimed to be made. Some do, some do not, create the right vibration. Too oft does there enter in those personalities of those seeking.

Then, in self find the way to aid; and call again on Ra-Ta [294] - and on Hatshepsut - they are as Urim and Thummim, a channel only.

443-3, F 43, 1/8/34

(Q) Should I develop for writing to bring over a book, or trance mediumship?

(A) Develop for writing, as long as self keeps or surrounds self with the influences from without that come only from the higher sources. Or, as self enters into that consciousness where the influences from without are being tempered by that which is desired and willed within the soul of self, there may come that which will be both helpful and beneficial, and constructive in the experience of self for others.

How (is asked) does one know when only the higher influences are active in the impulses, or manner through which such connections or associations are made? Much (in a very crude manner) as when one knows whether the current that may be active in producing vibrations for actions in a material world from electrical forces maintains static as its basis or the force that may bring life or death-dealing forces from its source. By the EFFECT that it produces in those through whom the source or supply comes.

583-8, F 42, 6/12/34

(Q) Will the osteopathic treatments help my mental condition and memory?

(A) The mental condition and memory, as indicated, is produced more from the general nerve strain, and the attitude of the body respecting associations and relations - both in the material and in the spiritual.

There should be held rather in the consciousness of the body, as related to general mental and physical relationships, that while there may be stresses and strains from those things and conditions that have come to pass, there has been and is builded in the consciousness of the body that which - through which it has passed to bring into being the souls that manifest in the bodies of the children - should be not only as an incentive for the activities but towards making for them

the better opportunity through the associations with the self in the mental and spiritual attitudes and aptitudes that must be kept. For, He hath chosen thee as a channel. Then, meet it - the condition, the experience - in a way that will be well pleasing in the sight of the Creative Force that thou would worship as thy God. For, His ways are not past finding out.

"I know, [583], for I have seen - I have heard - that the way of life is ever the way that what thou metest to thy fellow man thou must meet in thine own spiritual and mental self. I keep the way, and will guide oft in the things that are in keeping with the better developments for thine self, for thine children. For, they are thine. He hath given them in thy keeping at this time. But know that I, in mine efforts, mine measures, will be nigh unto thee when thou needest me most. I, thy friend, thine husband in the flesh, speak with thee. [Mr. [953] who died 4/28/33, leaving her with two young sons.] Know that what we had oft considered as a way, a means for verification of the consciousness after life is before thee now. Ye LIVE - I live! Life in its essence is as that which has been; for what is has been, and will be. In spirit the body suffers not, but there is the consciousness of all that has been before.

"Prepare the manuscript that was partly gotten together. Have this used in a way that will help thee in thy financial straits in the present, and when this becomes necessary again for the distributions - seek; for this channel, [Edgar Cayce] thy friend, my friend, will aid thee." We are through.

585-1, F 36, 9/14/32

(Q) Was it a true message from Michael that I received Monday morning?

(A) A contact.

(Q) Did I remember the message correctly, and what was meant by it?

(A) A warning of those conditions, that there be not a departing from the way in which self has brought self to an understanding, in its present concept of true mental and spiritual relationships; for, as has been given, Michael is the lord of the Way - and in the WAYS of understanding, of conception, of bringing about those things that make for the changes in the attitudes in physical, mental or material relationships, is the GUIDE through such spiritual relations; for the spiritual is the life, the light, the mental is the builder, the material and physical are the results of those activities as applied in the material, carnal or physical plane.

954-5, F 40, 7/26/38

(Q) How much effect does [...] [deceased son of [1210]] have on my thinking and do you find his directions as helpful for me as for his father?

(A) Only to that extent as ye allow him to have an effect!

967-1, F 42, 8/2/35

(Q) Has my father [...] communicated with me?

(A) This should be answered by self. He has.

610-1, F Adult, 7/19/34

While it is possible for the body, to receive communication from [...], this should be rather through self than ANY other channel. While he, [...], is present with the body, [610], now, for the communications that he would give it is best that these be their very own; for these are rather as they have been during the experience of their sojourn in the earth. To use this channel here would be to lessen the abilities in many directions. There may be received much respecting that which may be given from the universal sources, rather than individual. For, each soul should know, because the body has laid aside the shell, because the soul has been released from those bonds, those taxations of the material things, this has not changed the problems of any soul. They are - as knowledge, as truth, as understanding - a GROWTH in those things that have and do become problems for the mental body of any entity.

In this, then, if the body seeks for those things that may be given from that source, well. If it seeks the individual, then we would advise choosing other channels.

GC: We seek through the universal forces for further information.

707-2, M 58, 2/1/35

(Q) Who comes to me when my consciousness is partially submerged, and how can I be receptive to, or understand their message?

(A) Who better than thy better self, or that thou hast been or hast taught or thought in thine inner self? It is the remembering, as it were, the vision of thine inner self.

What more wonderful can there be than to know that self's own ego, self's own I AM with the spirit of truth and life, has made aware within self that thou hast been called by name? Not another name, for there be no name under heaven whereby men may be saved than in His name! Then, as these awarenesses arise within thine inner self and thou seest thine own self, speak as with thy Lord and thy Master, and thou wilt come to hear more and more even as He has given, "If ye will but harken I will come and abide with thee."

(Q) How can I use the astronomical, the numerical, the environs of the creations in the vibrations from metal, from stones, which influence me, to advantage in my present life?

(A) As these are but lights, but signs in thine experience, they are as but a candle that one stumbles not in the dark. But worship NOT the light of the candle; rather that to which it may guide thee in thy service. So, whether from the vibrations of numbers, of metals, of stones, these are merely to become the necessary influences to make thee in attune, one with the Creative Forces; just as the pitch of a song of praise is not the song nor the message therein, but is a helpmeet for those that would find strength in the service of the Lord. So, use them to attune self. How, ye ask? As ye apply, ye are given the next step.

(Q) Should I carry these stones on my person? and how may I know thru meditation the message they would give me?

(A) If necessary. And how may ye know? These do not give the messages! They only attune self that the Christ Consciousness may give the message! Listen to no message of a stone, of a number, even of a star; for they are but servants of the Lord and Master of all - even as thou!

792-1, Norfolk Study Group #7, 1/15/35

(Q) [562]: What is the source of the automatic writing I have received? Should I develop this? Please explain.

(A) As has been given, there are the influences from without and the influences from within. Rather has the promise been, "I will be thy God and ye shall be my people. MY Spirit shall bear witness with thy spirit, thy soul, that ye ARE, that ye BE, the children of God." Those influences that are about thee are for good, but rather EVER let that which thou would gain through thy writing be inspired by the best in self as magnified through the Christ, than ANY ENTITY or spirit or soul! While these seek for expression ever, they be seekers as thyself. And as He gave, if the blind lead the blind BOTH shall fall into the ditch. Be thou led rather by that which comes from thine own soul, which thou meetest in the temple of thy body, thy God in thee. And if He uses other influences, He will DIRECT same. Be not thou DIRECTED save by the spirit of the Christ that IS thy heritage. Faint not. Be not overcome. But use that thou hast begun to develop IN thyself; letting thy Master, thy God, be thy director ever. WOE to he that would harken to the voice that would turn thee aside. For as the prophet of old has said, if even an angel of light proclaims other than that which thy Savior has given have none of it! In thy meditations, then, much hast thou grown in thy closeness with Him. For He, thy Savior, is nigh unto thee - ever; for, as has been promised of old; Though ye wander far afield, though ye be troubled - yea, perplexed by those disturbing forces that would use thee, thy body, thy hand, thy mind, if ye will turn rather and look to Him who has given, "Fear not. Be not afraid; it is I," He is able to keep that thou committest unto Him in thy prayer, thy meditations. Write, yea - but let it be prompted by the spirit of the CHRIST with thine OWN SPIRIT.

792-2, Norfolk Study Group #7, 5/6/37

GC: You will have before you the group of individuals who have been attempting elementary experiments in telepathy and card guessing...

What is expected? What is the SOURCE of the information as may be had in such experiments, that goes beyond that called or termed the ordinary mind guessing?....

It is the basis of all relationship of the individual entity to the cosmic or the universal forces. Or, to make it simple - yet most complex: "Know - the Lord thy God is ONE!" KNOW the Lord thy God is ONE!"

Then the communications or the abilities for the activity of the Mind of an entity in such an experiment are NOT because of, or from, an association of entities.

It is not then to be presumed, supposed, or proposed, to be a calling upon, a depending upon, a seeking for, that which is without - or that outside of self; but rather the attuning of self to the divine within, which is (the divine) a universal or THE universal consciousness.

This is proposed then as the basis for such investigation, and those who accredit or seek or desire other sources - Well, keep their records separate, and the more oft they will be found to be such as those that are patterns or examples in Holy Writ; namely, an excellent one Saul, the first king. Here we find an example of an individual seeking from the man of God, or the prophet, information to be given clairvoyantly, telepathically (if you choose to use such terms); and we find the incident used as an illustration that may be well kept to the forefront in the Minds of those who would prompt or check or record such experiments.

As to making practical application; it is what you do with the abilities that are developed by this attunement in coordinating, cooperating one with another in such experiments.

There are those in the group who have experimented that are gifted; gifted meaning then INNATELY developed by the use of those faculties of the Mind to attune themselves to the Infinite.

Also there are those who have attuned themselves to a consciousness NOT wholly within themselves, but PROMPTED by those who would become prompters - as in ANY attunement that is ever attempted in material consciousness, it is subject to same.

Then there is to be the proper consideration, or the proper evaluation of that which is gained by the experience of each that joins in with same.

SPIRIT COMMUNICATION CIRCULATING FILE

This may be set as a criterion to any - yes, to all: When such an experiment, such a trial, draws or tires, or makes the mind foggy or dull or become as a drain upon the physical energies, know you are attuning wrong - and static has entered, from SOME source!

For the universal consciousness IS constructive, not destructive in ANY manner - but ever constructive in its activity with the elements that make up an entity's experience in the physical consciousness.

(Q) Please suggest the type of experiments which may be conducted most successfully by this group.

(A) Well, you would have to take each as an individual – to say as to which may be the most successful! For there are grades, there are variations. These are in the group, as has been indicated, curiosity, wisdom, folly, AND those things that make for real spiritual development. They each then require first - FIRST - self-analysis! WHAT prompts the individual to seek, engage, or desire to join in such experiments? As to how far, as to what - there is no end!

Is there any end to infinity? For this is the attunement, then - to Infinity!

Each will find a variation according to the application and the abilities of each to become less and less controlled by personality, and the more and more able to shut away the material consciousness - or the mind portion that is of the material, propagated or implied by what is termed the five senses. The more and more each is impelled by that which is intuitive, or the relying upon the soul force within, the greater, the farther, the deeper, the broader, the more constructive may be the result.

More and more, then, turn to those experiments that are not only helpful but that give hope to others, that make for the activity of the fruits of the Spirit.

Make haste slowly.

Wait on the LORD; not making for a show, an activity of any kind that would be self-glorification, self-exaltation, but rather that which is helpful, hopeful for others.

877-7, M 44, 4/14/36

[After Mrs. Cayce had started giving the suggestion for him to wake up, this came:]

Well, because of the association of the body, that this message - as from George the 5th (George V) be given to many of those of his beloved peoples at this troublesome period:

SPIRIT COMMUNICATION CIRCULATING FILE

Rely more upon those counsels of those in the position of overlord over the South African land, for those settlements with those that make for turmoils in Egypt.

1395-1, M 34, 7/3/37

...As the moon's influence upon the waters is the greater at those periods indicated, and especially in these portions of the sea, these individuals - the souls of those whose bodies are here confined - work with same; for their release to many is just as important as on the day torpedoed.

(Q) Can the divers expect sympathy or antagonism from the souls of those who lost their lives when the ship sank?

(A) Sympathy and help, as has been indicated. For the many hundreds are anxious, and would aid and would direct....

We are through for the present. [7/3/37 GD's note: On waking, EC said he dreamed that Morgan Robertson presented himself; said: "Let me in on this - I used to write sea tales. One thing I want you to do - be sure to get that relative of mine - he is awfully disturbed - he was the second one in the salon - second man you come to when you go in there."]

900-20, M 29, 1/15/25

Hence the condition as is seen about such entity having passed into the spirit plane, [it] seeks the gratification of such through the low minded individuals in an earth plane, for as thoughts become deeds, and as such desire is loosed in the plane, such conditions become the taking on of the entity from the sphere, as is given, in that "thoughts are deeds" and live as such.

(Q) Does this mean that our minds on earth plane may be affected by spirit entities, or such desires of the spirit entities, which have carried these desires into the next plane?

(A) Such conditions rely upon the law governing such conditions. When an entity, in the earth plane, desires will manifested to do an error, assisted by error in spirit, as well as in earth plane, as such desire to do that that would assist, they receive hindrances, again they receive the assistance of all good in spirit plane, governed by the law, for law is love, love is law, God is Love.

900-198, M 30, 2/15/26

(Q) (Continuing) while fully conscious. I was telephoning death notice of [139] [Mrs. [139] died 2/13/26 at 9 P.M.] to undertaker, taking dictation of wording from Helen Merzbach. As I called off the words "Beloved wife" etc., the bed upon which I was sitting seemed to shake ominously, but I thought it my nervousness. Then as I continued saying "Devoted Mother of [136] and [3816]," the bed shook or rocked so hard I could no longer avoid its recognition and stopped talking - thinking: "IT IS Mother [139]. She is NOT dead - but alive and happy and wants me to tell them so." The bed subsided, but when I reached "Interment in New Orleans," the bed seemed to be in violent motion again, its whole frame quivering. "Mother is here," I thought. Never disregarding such an inward feeling, I delivered the message as I got it. Mother, one with all force, manifested her force to my sensitive spiritual self I thought - if I did wrong God forgive me - but am I mistaken?

(A) No. In this there is given to the understanding, and the mind of [900], of the full concept of the action in the physical plane of that force as is being studied and termed fourth dimension. Then, from that view, from that as gained, study same, for as is seen now, and known, the soul liveth, and as a portion of that Whole, that One Force, the entity in the spiritual entity may manifest in that manner that gives physical attraction, or physical movement in the material world, when the entity [is] in an attunement, as has been given.

Then, use these, not in the manner that the desire of physical beings to bring up the spiritual forces or souls of those gone into that plane; rather when attuned to these, and RECEIVING these lessons, APPLY same in life, that there may be a better UNDERSTANDING and NOT a confusion of tongues.

900-337, M 32, 8/25/27

(Q) Tuesday morning, Aug. 23. The name "Gary" several times while reading Bible and that particular reading, prior to going to sleep.

(A) Again a portion of that seen. The entity contacts then, again, that of the force as is being manifest in the cosmic plane of that as manifested in the earth's plane as Gary, and - as has been given - the entity may acquire, inquire, and gain much from those communions from time to time with that entity, see? Entity meaning, not as ONE - but as the whole one, see? and not just the spirit of that as known as Gary, but the ENTITY of Gary, see?

900-345, M 32, 10/9/27

(A) This, as we see (for we have Gary here speaking) – the instructions as have been given from time to time are as those DIRECT communications through the interest as is felt in that being attempted by you....

900-449, M 34, 8/19/29

(Body and enquiring mind - information given him regarding Allied Chemical, American International, Stone & Webster, and Allies Phalens. He asks that Gary give the information concerning this, that he may be guided aright at this time.)

EC: Yes, we have the body and enquiring mind, [900], and that information as has been received by the entity. Here, [900], we find [Elbert H. Gary speaking] those presentations of that as has been given concerning the varied conditions as will be presented to the body from time to time. As each of these are to vary in the changes that will be presented, these IN the change will be given to you. I will direct that change. Heed only when there is the direct command to buy or sell, for these - as will be with others – will materially change in the weeks to come. Gary.

1265-2, M 62, 10/5/36

(Q) Could Helena Martin of N.Y.C., or Moon Trail, through the medium of H. S. Hambling of London, Eng., supply further helpful ideas concerning the development of the oil-field properties?

(A) Rather had the entity best listen to the voices FROM WITHIN, that present themselves as the activities about the entity - or brownies.

1297-1, M 42, 11/25/36

(Q) To further my work in possible radio reception of cosmic messages, should I attempt to train myself in automatic handwriting, or use a medium?

(A) As has been indicated, rather than AUTOMATIC writing OR a medium, turn to the voice within! If this then finds expression in that which may be given to the self in hand, by writing, it is well; but not that the hand be guided by an influence outside of itself. For the universe, God, is within. Thou art His. Thy communion with the cosmic forces of nature, thy communion with thy Creator, is thy birthright! Be satisfied with nothing less than walking with Him!

1472-4, F 57, 2/12/38

(Q) What help from the other side did my nephew, [...] have in his transition January 29th, and was he in my apartment the night of Feb. 2nd?

(A) In the apartment, through those vibrations as created by those activities of the entity's influence upon those sources of activity that make for that as called, to each, the guardian angel.

2071-2, F 33, 9/27/27

(Q) Who is he of the turban, black mustache and pearls who appears to me frequently from another plane? (The young man who seems interested in me - or was at some previous time.) How can I (and would it be advisable) to promote that contact?

(A) Well to promote that contact, and well that the body consciousness of the body, or entity, be attuned to those conditions that bring the contact for the entity. One with whom the body conscious in the cosmic plane accomplished much, and in the appearance before this associated in the better undertakings by the entity. Hence the entity, through such contact, gains the broader field of vision, and as the entity desires to assist self - and do same through the correct way and channel - seek that association that GIVES the broader vision.

2118-1, F 57, 10/15/32

(Q) Does the spirit of my father ever hover around his family, and -

(A) Oft, as the self has felt that abiding strength, through those periods when there seemed no end to the discontent as about self, does the body know and feel that spirit guiding, aiding, strengthening; for, as He has given, "He will give His angels charge concerning thee, lest thou unwittingly dash thy foot against a stone." As the spirit of power and strength of those about us gain in their activity, through the allowing of self to dwell upon the truths given in our mental being, so are THEY enabled to give strength to our faltering material selves.

2156-2, F 4 1/2, 4/16/40

(Q) What has been the association of [1837] with the entity?

(A) In the experience especially as Elizabeth we find the associations with most of those who would sponsor, who would crown the entity with their voice. But hold not malice against any who deny, lest ye bring condemnation to thyself! We find that the entity, was a friend to the entity, especially during those periods when there was the sacrifice of the father Zachariah; and it is he that ye see shadowing the entity oft.

2402-2, F 56, 11/16/40

The entity then was in the name of Lieoth, and the entity gained, the entity lost, the entity gained. For, there were those periods when the entity felt resentment and hate because they mistreated that source THROUGH which the entity today oft hears the voice as of the brethren – to awake to that awareness of the indwelling of the spirit of peace and harmony, which alone comes from the Prince of Peace, the SON of light, the Way of hope, the Voice of God in the earth!....

SPIRIT COMMUNICATION CIRCULATING FILE

And many of such have been, are, the companions in spirit as well as in materiality in this experience; as that loved one who, though never possessing the body, walks and talks with the entity oft in that realm of the interbetween....

(Q) Is there an inner link with Gene Cosgrove, who gave me spiritual messages?

(A) Yes; but ye are the strength TO Cosgrove; and these are then as helpful experiences to him as to thee! There IS the spiritual link, to be sure; but be led not from thine OWN convictions.

(Q) Explain my inner contacts, and the name of my master.

(A) As has been indicated - He that ye looked to, look to, as ye arise to that within self. But rather always know this - as the promise has been - it is THYSELF that must be the master of thyself. Doth He, thy Lord, thy God, choose to send messengers, alright; for He does to each soul. Has it not been so stated, and is it not an awareness within thee that "Behold thy angel stands ALWAYS before the face of the THRONE of the Maker!"

Seek not so much the name as rather the message; and that He doth not deny that He hath come in the flesh - as of the hath - to propound, to meet the needs of the hour!

Know rather that, as thy mission has been given, ye MUST in THYSELF be the savior of a soul, if ye would stand before that throne. The Lord of peace, of mercy, of judgment, and that as brings hope to thee and into the lives of others, be with thee always!

2783-1, F 58, 7/14/32

(Q) Please explain the seeming communications I have had from Harold Lockwood, an actor who died in 1918, whom I never knew in life.

(A) As self is a "sensitive," at times, and as Lockwood and others seek expression, these oft become close to the borderline. Ye may help Lockwood by thy prayer, that he be released from the earthbound hope.

2897-3, M 35, 5/3/31

There are as a special interest shown in the present experience through that vibration as is seen in the entity's experience and contact with one in the unseen forces as was not a consort or rather as one who reasoned WITH the entity in that experience when as the musician, the artiste and one that went far in that experience of making many changes that have influenced the thought of many groups, many individuals, much of the mass of the people as advisor.

SPIRIT COMMUNICATION CIRCULATING FILE

The entity gained and lost as has been seen, yet as that one aids in the present, reasoning with the entity in the unconscious forces as gained in dreams, in visions and especially in that as may be termed as the periods of reverie - not revelry - but reverie, and in the periods of concentration and thought. Especially in those of the channels through whom the entity gains much of a proper insight into material relations. Ready for questions.

(Q) Who is Azool? [Azul? See 2897-4, Par. 4-A--7-A.]

(A) Just that one being spoken of as an aid and friend during that experience....

(Q) Has Azool anything special to advise in the present work which [2897] is contemplating?

(A) These are often given, in a line; here a line, and maybe best gained, best assimilated or used by the entity as these are received. See?...

(Q) Is Miss Hood the right medium to assist [2897]?

(A) Miss Hood as we find may be of exceeding help and aid in MANY directions but the greater development for [2897] may be gained through self for they become self's experience in all of the various phases of unseen forces as they manifest; for when in accord with that being attempted to be gained, the body may see in self through self those very forces active that may be verified through Miss Hood or other channels as the entity finds same. Depend more, though, upon self than any other source.

3000-2, F 55, 5/14/43

For, as indicated by the manner in which those would interpret to the entity that visioned from its consciousness, these - too - would have their influence, if allowed to enter to any great extent.

Not that these might not be used as helpful experiences, but why trust entities not any more endowed with spirituality than self? And if the hope and the trust and the FAITH, with patience, is manifested, may these not answer in the greater manner to that voice deeper within - that is in keeping with those injunctions given by the lawkeeper? as manifested in the experiences of the Master, or the Son of man, As Re walked in the earth?...

First, know thyself. Know thy activities, as to whether these are contributing to the ideal thou hast set for thyself or not. Choose thou - as the power and the might of the individual is such, from the gift of the Creator, that it may make itself - of itself - amenable to suggestive forces from without as well as within. But know that thine own body is the temple of the living God, not that as may manifest through the entity....

SPIRIT COMMUNICATION CIRCULATING FILE

But do write at times of thy own experiences, rather than of those that would enslave thee in their own weaknesses. For, He has promised to be with those that seek His biddings. Know He is not far from thee, daily....

(Q) What is the entity that puts me into a hypnotic sleep at night?

(A) Beware of those influences that would prevent thee from being thine own self. Walk closer with those forces as promised in, "In my Father's house are many mansions..."

3416-1, F 39, 11/23/43

(Q) The entity has had the experience of awaking at night and feeling the presence of her brother – would appreciate an explanation of this.

(A) This is a reality.

(Q) On June 2, 1942, the entity heard her brother calling her - was this the exact time that he passed on?

(A) Not the exact time, but when the entity could – and found the attunement such as to speak with thee.

(Q) Was there something he wanted her to know?

(A) Much that he needs of thee. Forget not to pray for and with him; not seeking to hold him but that he, too, may walk the way to the light, in and through the experience. For this is well. Those who have passed on need the prayers of those who live aright. For the prayers of those who would be righteous in spirit may save many who have erred, even in the flesh.

3812-2, F Adult, 12/20/30

(Q) There was information given A.C. Preston and Dr. O.H. Snyder through a medium that a blue light would guide them at dusk and stop over the treasure. Is this correct?

(A) Correct. There is an emanation from every character of metal, and may be seen under varied or different circumstances. Those of gold produce a glow between that of orange and purple, or purple tinged with orange. Silver and its alloy produce that of a dull gray-blue, with a white, or those of the whitish hue. These are those sought in the present, and may be found at time given. The ones PLACING same there at the time are ALSO aiding in its being located. The paymaster, or quartermaster's department, headed by that of Captain Capps at the time.

(Q) Who is giving this information at this time?

(A) Capps and Snyder.

3744-3, M, 10/9/23

(Q) Is it possible for this body, Edgar Cayce, in this state, to communicate with anyone who has passed into the spirit world?

(A) The spirit of all that have passed from the physical plane remain about the plane until their development carry them onward or are returned for their development here, when they are in the plane of communication or remain within this sphere, any may be communicated with. There are thousands about us here at present.

(Q) If the subconscious is giving this information when in this state, how are we to know on the physical plane from whence and from which condition it gives this information?

(A) Just as we know as to the force implied from whatever element the force is given, we must know from that force the information is obtained, deflected only by the expression of the individual who obtains the information. By the results obtained in the end. Just as we have in the diagnosis is for the betterment or advancement of the individual, just as the subconscious that communicates to the physical, for with the physical submerged, a universal condition. It may be obtained from all or in part, just as needs for the individual. None is gained from one individual, but as there are good personages, there are good individuals, not necessarily within the same manifested body - just so in spirit force there are good and there are bad personages still reflected. As those give rise to the expression and all give expression of experience of themselves of the entity through which the information is obtained gives that deflection as we may find with the surroundings of those not good, we will find the results in the same. Results in diagnosis give of the forces, whether the spirit forces are good or material forces are good. Then judge. Judge as the seed of truth is ever the same, and its production are ever by the same, though some may fall in fallow land or some may fall in stony land.

5502-2, F 47, 5/4/31

(Q) From whom did this beautiful message come?

(A) Father.

(Q) Has father anything especial to say to [5502]?

(A) Keep in the way that leads to a more perfect understanding of relationships of individuals to individuals and of man's relationship to God.

(Q) Has he any message for the mother of [5502]?

(A) All is well.

4344-1, F 5 months, 1/10/29

EC: Yes, we have the body here. This is DR. HOWARD speaking, Cayce.

5072-1, F 67, 5/8/44

(Q) Does my husband, who was a physician, have any word for me?

(A) Just as has been given.

5756-13, F, 7/9/34

EC: [After GC had given the suggestion for waking him.] There are some here that would speak with those that are present, if they desire to so communicate with them.

GC: We desire to have at this time that which would be given.

EC: [Long pause] Don't all speak at once. [Pause]

Yes. I knew you would be waiting, though. Yes? Haven't found him before? All together then now, huh? Uncle Porter, too? He was able to ease it right away, huh? WHO? Dr. House? No. Oh, no. No, she is alright. Yes, LOTS better. Isn't giving any trouble now. Haven't seen her? Why? Where have you been? Oh. She is in another change? How long will they stay there? Oh, they don't count time like that. Oh, you do have 'em. Well, those must be pretty now, if they are all growing like that way. Yes? Yes, I'll tell her about 'em. Tell Gertrude you are all together now, huh? Uncle Porter, Dr. House, your mother? And Grandma. Oh. Grandpa still building. Oh, he made the house; yeah. Tell Tommy what? YES! Lynn? Yes, he's at home. Oh, you knew that! Huh? Ain't any difference? Well, how about the weather? Oh, the weather don't affect you now. Don't change. Oh, you have what you want to - depends on where you go. Sure, when you are subject to that anyway. Little baby too! How big is it? Oh, he is GROWN now, huh? Yes. Coming back! When? Oh. Uhhuh. Alright. Why? Oh yes, they hear you - I'm sure they do. I hear you! For Gertrude? Yes, she is here - she hears you. Oh, yes!

(Q) I don't hear. May I have the message?

(A) Sure, she hears you; don't you hear her talking? No, I don't know what she says.

(Q) I don't hear. Will you repeat the message for me?

(A) Mama and Dr. House and Uncle Porter and the baby - we are all here. Grandpa has built the home here, and it's NICE! And we are all waiting until you come, and we will all be here ready - we are getting along FINE, doing WELL, yes!

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No. No more troubles now, for spring borders [?] all along the way; for we have reached together where we see the light and know the pathway to the Savior is along the narrow way that leads to HIS throne. We are on that plane where you have heard it spoken of that the body, the mind, are one with those things we have builded. Yes, I still play baseball, and Charlie has recently joined my club and I am still Captain to many of 'em. Well, we will be waiting for you!

(Q) Who was this speaking?

(A) Who was this SPEAKING? HUGH! [GC's brother, Hugh Evans.]

(Q) Is that all?

(A) That is Gladys? Tell Tiny not to be so severe with 'Cille, else she will have a greater problem on her hands than has been in the last few weeks. Burt can handle it much better. [GD's note: My 'teen-age sister, Cille was living with my married sister, Tiny. My father picked up the friction and problems involved, and the correct solution. My brother Burt did step in and assume responsibility for my sister 'Cille. Mr. Cayce consciously did not know of the situation, nor did I.]

(Q) Who is this speaking?

(A) THOMAS Davis! [GD's father, Thomas Jefferson Davis. See 5756-14, Par. 8-A, 9-A.]

(Q) Is there a message for Mildred Davis?

(A) (Continuing) MOTHER! Sure! Yes Ma'am! Yes. I told 'em what you said, and will be waiting for you. You will? Tell who? Papa? Yes. You'll be waiting? It won't be long!

When? Oh - that you'll be waiting for him? Yes! Passage is easy after you have crossed. John? Oh, Uncle John!

Yes. Grandma? Where? Oh, yes, I've seen him. Yes, he said you were gone on another chain [change? train?]. All came together. When? Oh. What you desire, then. Oh, you saw the boys last night, huh? Pasacgoola? Didn't go by there, Biloxi. Uhhuh. Oh, you knew he was. Yes. Should have named him Thomas? No, his name's Cayce [William Cayce Jones, son of Mr. & Mrs. W. L.]. Oh, you have seen him there. It was you he saw! Yes, I'll tell her. Tell Pa to write him about it, huh? Yes. Write Cayce or W. L.? Oh, MRS. W. L.! Yes'm. Mr. Taylor [Rev. Dan P. Taylor]? You DID! He was a good preacher here. Yes, he's here. Huh?

Yes'm, I will. Yes'm. Yes'm. I'll read it more. In which part? Twenty-seventh? Yes'm. I'll learn this. And you have seen 'em all? Yes? And you are coming back, yes?

That's wonderful! Thank you. Thank you. Black River?

No'm. I will. Yes'm, I'll try. You KNOW I do! I'll try. Good-bye.

Hello Mr. WILGUS [See 5756-6]! Yes, it's changed a whole lot now - they have a different sort of place since you came. Oh, you're still carrying conventions, huh? Yes? Will tell Squire what? Alright, I will. Sure he can hear you. No, I haven't seen him before. Well, I wouldn't want to unless that was best? Would it be? Yes, I still got THAT mark!

Oh, that's when you are close by, huh, when you rub it? No, I never did get it. Tom said what? Oh, THOSE are the papers. Alright. And all of them are there? Well, they've changed it all now. Who destroyed 'em? He COULDN'T! He did? Well! Just as well. Whatever IS, is best. Oh, you've learned that! Then you do believe now. How? Smith [See 5749-5]? So you have heard him there? Oh, he was with those on that convention. Oh, you were too - you CARRIED IT - WELL! That was good! Yes, I saw 'em. Moody? Yes. Stuart [George Stuart. See 5749-5 Par. R1, of 5/1/34, EC's dream of deceased evangelists] is still as big-mouthed as ever, huh? Well, well! Oh, you don't like to hunt now. Yes SIR! Alright. Good-bye. At Old Point? Alright. Good-bye.

[7/9/34 MD's note: He spoke as if over a telephone and we could only hear his side. Evidently he contacted several relatives and friends on the other side, including his mother. Part of the messages were relayed through. Messages for Conductor and Stenographer. Very unusual. When he awoke he remembered nothing.]

Guides from the Spirit World

2444-1, F 16, 2/4/41

(Q) Who will aid me most in my work and daily life?
(A) God!

2251-1, F 29, 5/28/40

(Q) Who is my guiding spirit?
(A) As indicated, this falters or fails or wavers oft. It SHOULD be the hope ever within, that may spring anew as it were day by day.

If ye seek individual guides - these we would not give as that best to be entertained.

If He, thy Maker, chooses to give thee the spirit of thyself, THEN growth eternal may indeed be thine.

If thou art - or any entity or soul - wavered merely by those who would also grow, how CAN ye ever be free? Think on this.

4349-1, M 41, 10/25/28

(Q) Who is guiding me?

(A) We don't find it - its difference - [murmured something that sounded like "Doc," though not sure].

1718-1, F 37, 7/4/30

...The counsel of those that were martyrs, even as the entity - the sages of that period being the friends of the entity, are STILL as the guides in the daily experiences of the entity.

2801-1, F 42, 7/24/24

As to the mental forces of body, these, as we have given, are above the ordinary, though not super-normal. Above normal as to the spiritual forces, for we find the body has an earthly as well as a spiritual guide, that is one that has passed into the Beyond, is a guide for the spiritual forces of this entity, of which this spirit and soul forces are a part.

4348-1, M 38, 6/21/17

In this man's body we find that he has in his actions, and treatment of life to himself and those associated with him, is governed by his environments from day to day, or the class of people he associates with more than by teachings of his mother who is his guide. We all have a guide, either dead or living. Some are guided by dead, and some by living spirits. This man's guide is his mother. There is a warring of spirits mental and metaphysically, all three within the same body, as is in every man or woman.

Now this association has brought within his own mind those things that he knows are contrary to his guide, or his mother, as it happens to be in this case, so it causes him in his own mind to treat his associates not with proper respect also to his mother. This is his condition socially and physically.

To better the condition leave off some of THIS nagging - that is NO WAY TO GUIDE. Leave off some of the worry and apply those things to keep him under the rule or under the supervision of the guide more than his associates. Make things more pleasant at home - appealing to his appetite, reading, thinking, and what he sees and hears.

Appeal through the sensory system, to his better self.

All guides, whether spiritual or material, have the power to direct and influence their subjects.

2441-2, F 36, 3/11/41

And if He chooses a director or guide to walk with thee day by day, well; but why walk with a disciple when ye may walk with the Master!

2772-1, M 37, 6/27/42

(Q) Please advise me regarding my association with my father, [...] (deceased), who often appears to me in dreams. Is he my spiritual guide?

(A) Rather, as then, would he direct thee again to that spiritual guide that is found in the law. For, in the experiences in the journeys through the wilderness, the counsel then was oft from him - as he acted in the capacity as a guide and guard.

1387-1, F 38, 6/16/37

(Q) Is Abdulla, the guide that I have, a worthy one to work with?

(A) Only when such influences are kept in accord with your own ideal are they worthy; but keep thine own ideal!

For each soul must answer to self and the consciousness within!

707-1, M 57, 10/23/34

No man, no physical matter, has ever seen GOD at any time; only the MANIFESTATIONS of Him...

...Hold thou, mine brother, mine friend, to those things that thou gavest to thy fellow man in that day! Let him that was thy guide, let him that was thy teacher, STILL come to thee. Open again the doors that thou may see the glories of the Lord as thou usest thy voice...

(Q) Do I have the power of trance mediumship in any form?

(A) ALL forms! But use rather that as thou seest in thy Lord, thy Master, thy God!

665-1, F 8, 9/20/34

As to the astrological sojourns, we find Venus with [long pause...] Haniel [Halalial? Or I Chr. 7:39 Haniel? Or some other?] is rather the guide for the entity, for he is the overlord lord - making for experiences in the entity as of one delicate in its choices, making for a disposition tending towards that of finesse, making the most of all the associations; making friendships easily and drawing upon the force and power from those associations in a manner and way that even the entity itself will not - until it has passed through the experiences of making itself at-one with the greater developing force - understand as to how this is done.

1610-2, M 34, 6/29/38

(Q) It seems that some entity, perhaps an Indian guide, has sought on various occasions to come through to me. Please explain this.

(A) Is it any wonder, with the gentleness, kindness, the patience shown in the experiences just before this, that the entity should seek to counsel with thee?

These seek rather not to do other than gain from thee knowledge as to the application of right and justice.

Then when these approach, let thy counsel be, "The Father direct thee, the Father guide thee, the Father bless thee."

These will make for, then, the abilities for the awakening to come along the line for those who are seeking – seeking for further expressions! and their advancement then may be quickly accomplished through this veil that ye see only darkly at times.

137-5, M 26, 11/2/24

GC: Now you have before you [137], who was at his apartment, ... Street, New York, on the fourth floor, at nine A.M. November 2, 1924. You will give a spiritual and mental reading, giving us the names of his spiritual guides. Also tell us if he is carrying out the suggestions properly to develop the psychic forces, or what he may do to better develop these forces. You will also answer any questions I might ask you relative to these....

As to the guides in this entity, we find the exemplification of the forces innate in the developments in earth plane guiding the present entity's mental forces, through the spiritual nature as developed upon the earth plane. Hence the ability of the entity to develop the psychic forces to the consciousness of the conscious and subconscious minds of the entity, for the psychic forces are the projection of soul development in the earth plane....

(Q) Has the body not definite guides in spirit sphere?

(A) Development sufficient, as given, that the entity's guide the innermost conditions in the physical plane. Hence the ability of manifesting through the psychic forces, as given....

(Q) Will [137] be able to give psychic readings like Edgar Cayce?

(A) The development is beyond those conditions as given by Edgar Cayce, for they will become conscious conditions to be acted upon by the conscious mind; that is, the impressions received in the Borderland, and be able to bring same to consciousness from the physical standpoint.

2269-1, F 31, 5/31/40

To be sure, all forms of phenomena - that are of mental natures or experiences of disincarnate influences – bespeak of life eternal; but only in HIM is the truth and the light, - and they that climb up some other way defeat their own purposes, and make themselves fearful in purpose and desire oft.

900-8, M 29, 11/2/24

In the second, we have that projection in a vision, or the action of the spiritual in its relation to the soul forces of the body. This gives the same projection as has been given. Each entity leaves its impressions in the physical or earth plane. Each entity may communicate with such by attuning the soul and spirit forces to the plane, ever being controlled by the mental activities of such conditions. Hence, this partakes of the spiritual forces, the soul forces, the sub-conscious forces, the earthly forces, as manifested in the dream and should be studied by the body through mental forces and acquire the understanding of these conditions....

Appearance in conditions as given, the relation between the spirit of the entity in the beyond and that superconsciousness in the entity of [900], called (and improperly so) by some as the spiritual appearance. It is the attuning of the two consciousnesses one with the other, for we find the guide of [900] is that of the father.

(Q) How may this body attune his mind with that of his father who has gone from this earth's sphere?

(A) Just as has been given. Study into the Borderland, as has been given; with the study, the thought, the lapsing of the self into these conditions, where the consciousness is laid aside and the superconsciousness rules, we may come into such communications, as this body has in sleep. Not well that this be dwelt upon at all times, for we bring to the other entity distresses at times.

900-13, M 29, 12/17/24

In this next, as we find on the 10th of December [Re my father as I always see him in my dreams, paralyzed and sick in bed.]; the change in the emblematical, and becomes the lesson of the guide, as is and as has been shown and given, from which the entity, [900], may gain the better knowledge of the manner and way in which he may exercise his physical actions towards others in the material world, and lend assistance and gain strength from the guide's influence in the daily walks of life.

This lesson, we find, has to do with physical actions of the body, [900], that were in opposition to the lessons taught by the entity, projecting their influence, and

the lesson is relating to those thoughts, those mental attributes for the spiritual, soul, development of [900], as received through those lessons. Hence the entanglement, the inability of the body to clearly gain the access to this lesson as was being given at this time; for the lesson comes then, the body, the entity, must keep mind, soul and body, pure, clean, unspotted from the world, presenting the temple, the body of the entity, holy and acceptable unto Him, WHICH IS BUT A REASONABLE service. Not in the body becoming a recluse, but giving of self, of body, of mind, to the developing of self and of others.

900-15, M 29, 12/31/24

EC: Yes, we have the body and the conditions as surrounding same, pertaining to the information as already given, and the desire for knowledge, and the enquiring mind.

Well that the body consider the injunction as has been given through the spiritual guide, pertaining to many of the questions as are to be considered, yet many of these will bring the understanding to that position wherein the body, [900], may stand in the spirit of those whom he may magnify in the present earth's plane.

900-22, M 29, 1/17/25

(Q) What is meant by souls within this sphere may be communicated with by the body, Edgar Cayce, in the psychic state?

(A) Each and every soul entity, or earthly entity, passing through the earth's plane, radiates in that plane those conditions that are radiated from the soul or spiritual entity in the individual. This, then, becomes the fact, the real fact, in the material world. When the body, Edgar Cayce, in the psychic or subconscious condition, is able then to reach all the subconscious minds, when directed to such subconscious minds by suggestion, whether in the material world or in the spiritual world, provided the spiritual entity has not passed entirely into that condition where the radiation, or the relative forces, are superseded by other radiations. Then we only reach those radiations left in earth's plane that are taken again when entering in earth's plane, whether entity [is] conscious of same or not.

The consciousness of reaching that condition wherein the physical body may take up that truth known, must be reached by all. Hence the given expression, the body, Edgar Cayce, in the subconscious condition, may communicate with those passed into the spiritual plane.

(Q) In reality, then, the body, Edgar Cayce, in the psychic state, communicates with thoughts, and not with the spiritual entities themselves.

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(A) With the thoughts, and with the radiation as is given. Then we have as the illustration of this condition in the body, [900]. We have, when this entity enters the subconscious, through the medium of laying aside the conscious mind, and the projection of the spiritual guide, the father, the thoughts, the impressions, as would be given by that entity, entering the subconsciousness of [900]. Not the spiritual entity's taking form, save in the subconsciousness of [900].

(Q) Then, may the body, [900], his spiritual guide recede to that point, or position, where the body, [900], may no longer receive those radiations?

(A) Not until [900] supersedes those radiations by creations in radiations of his own, for thoughts are deeds, and all conditions remain, as given.

(Q) Are those radiations like a vibratory force on our earth's plane, such as light wave?

(A) May be compared to same, but of the spiritual radiation, and not material radiation; that is, those radiations as come from spirit form may take form in vibratory radiation of color, or light, through the individual's attunement.

(Q) Is the spiritual guide conscious of the communication with the earthly body?

(A) When the spiritual entity so desires, it may. That entity has its own condition to receive.

900-66, M 30, 5/6/25

(Q) The body [900] has received guidance from his Spiritual Guide, his Father. May he also receive guidance or communication with other Spirit Entities, such as that of his Grandmother?

(A) May receive from all whom the entity would seek guidance, when placing self in that position wherein he may gain access to that knowledge that may be implied, given or meted out from those sources.

(Q) To what does the STILL SMALL VOICE answer "All's Well."? Does this refer to the Spiritual Entity or to the body [900]?

(A) To the spiritual entity that must answer within to the physical entity, [900], for the entity must wake to the realization that "the spirit beareth witness with my spirit" and the answer comes from within, and must ever come from within. Not in the thunder, not in the whirlwind, not in the storm, nor any of the mighty ravings, as it were, of nature, whether of the material forces or of the mental ravings that may shadow or be over shadowed, but ever the still small voice that answers to self, as was given.

(Q) As is before you, the mind of [900] now understands a little better the process and means of thought communications between a spiritual Entity and an Entity on earth's plane. Explain this further in the light of the third and fourth dimension. Is every thought - say in prayer, for example, directed to or of a loved one who has passed from earth's plane by the body [900] received and understood by that Entity in the Spirit plane?

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(A) This must not be answered from here, for these reach to the realms of the superconscious forces, and each individual awakens to these developments in their individual self and should not be hampered, tied, wedged in by the thoughts and expressions of those through a material force.

900-334, M 32, 8/18/27

. . . for unto thee has been given those abilities and those forces - when applied in the correct way and manner - to gain that insight of those visions as are obtained from those from from the Borderland, from the inside out. In applying same in the secular or the material plane, apply same even as the Master of men, and as the Master of those that were made teachers among men.

5488-1, F 52, 7/22/30

(Q) Is there any message you could give regarding her husband, who has passed beyond, that would help her?

(A) These, as we may find, may best be had through that introspection of self in those periods when one may turn to the within and seek that counsel, that at-oneness with those whom are in the borderland; for ALL is well in the oneness of the purposes as may be accomplished in this material force through the mental changing, or guiding, that the SPIRIT may work aright.

Mediums and Channels

2672-2, F 52, 8/12/26

One that has those mysterious ways and manners of obtaining information concerning people, affairs, places, individuals, happenings, conditions, that seems almost uncanny to many, and often the entity itself has been "put to", as it were, to understand self in this relation. The entity would make a good medium itself.

2969-2, F 18, 2/15/44

The entity could itself make a real medium, yet it would not be well to undertake such until there has been a great deal of study and experience, and that through spiritual impressions from the influences the entity entertains deep within itself.

The entity then could become either a speaker, a reader, or a writer, if it applied itself in those directions.

136-72, F 22, 9/17/27

(Q) How was I able to give myself the suggestion to gain that condition and to wake up, whereas the suggestion is given to Cayce after he goes into the condition, becoming unaware of his achieving that condition, whereas I was AWARE of it?

(A) The guiding force being impelled or guided by one in the same sphere and plane in which the entity enters. Hence showing the more conclusive consciousnesses of a physical body, or being able to see self and recognize self as being self, as separated from the physical I AM, yet BEING the physical body, see?

254-2, M Adult, 3/19/19

EC: We have the body here - we have had it before. In this state the conscious mind is under subjugation of the subconscious or soul mind. The information obtained and given by this body is obtained through the power of mind over mind, or power of mind over physical matter, or obtained by the suggestion as given to the active part of the subconscious mind. It obtains its information from that which it has gathered, either from other subconscious minds - put in touch with the power of the suggestion of the mind controlling the speaking faculties of this body, or from minds that have passed into the Beyond, which leave their

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impressions and are brought in touch by the power of the suggestion. What is known to one subconscious mind or soul is known to another, whether conscious of the fact or not. The subjugation of the conscious mind putting the subconscious in action in this manner or in one of the other of the manners as described, this body obtains its information when in the subconscious state.

(Q) Is this information always correct?

(A) Correct in so far as the suggestion is in the proper channel or in accord with the action of subconscious or soul matter.

136-83, F 25, 3/31/30

(Q) Now, with regard to recent experiences, both of my own and those about me, (to review a minute), it has been given from here that those who have been changed from physical, leave their impressions subconsciously, or in a subconscious body. Now, there is in then, that body, surviving body, and the ego itself; presumably, then, in these experiences, one may contact either the receding ego, or the ego in dwelling in another environment, or may contact this other astral body that still functions in this sphere. Now, here is where the fraud may come in.

(A) Here is where not so much of that as is ordinarily called fraud, but rather that differentiation of the various experiences of those who are attuned to the various environments of the same; or different entities, in their attempt to manifest through a finite medium, or a finite source, (Not medium in the sense of mediumistic), but a medium, or a channel, see? In the attempt of ones to attune themselves, they may be frauds by the activity of their own imagination, not by intent and purpose, but so controlled by those influences of the earth's experience of an entity as to be misguided, misled by that one phase of an experience, see?

(Q) It remains stored in the earth's portion of what we call subconscious?

(A) No, you are following the wrong lead yet. In an individual all of mediumistic abilities, the ability to attune self to a cosmic influence, (we got that far, see?), then this one, or such a one, may be misdirected, misguided by ones too close to earth's influence, or the materialistic influence, see? That a character; then there may be the ones with the same character of ability to attune themselves to a higher pitch and higher range, just as one may sing basso, another alto, see? In their range, then, such a one may contact the cosmic or etheric ego of an entity, and from such a one gain such a one's impression of the good, various forces as manifest through such channels. Another of the same attunement may attune to the same consciousness, or speak from the same sources, and apparently there may be conflicting information from the same sources. (Now, you see what we are driving at, see?) Now, the variations; not that the source is incorrect, but the variation in the interpretation of that given on account of the variation in one attunement, or in the activity of such a channel, influencing or projecting their own ego, see?

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(Q) There are, then, three factors. First, the own ego of the individual providing the channel, then there is the interpretation of that one, of that given by the ego, dependent upon the ability of the channel to receive the correct impression, or those meant to be given by the ego, and then the last, there are those so close to the earth plane that they may either impersonate (this has happened to me) another, or the astral body, its impression left behind, may be contacted.

(A) These three phases, the basis of the interpretation as given, correct. There are many variations, however, to this phenomena, for remember all are attuned to their own vibration in the same manner as has been given that the variations are as that builded in the entity through which such may manifest. That is hard to be understood. Let us illustrate. We have a body, one capable of attuning even to the masters of the holy place, or holy mount, such a one may gain for self an experience that is beyond description in words, only feeling may express same. The same with other vibrations about self being acted upon by variation of vibrations would change same even as that and current of electronic force may be altered by being sent through copper, or through nickel, see? Now you are catching the idea. Study that.

(Q) Now, then, is it possible for an ego itself either receding through what we call Inter-stellar space, or existing on another planet, to so keep in touch or so be aware of little finite details on the earth plane as to guide in detail regarding physical affairs, one whom that ego may choose to guide.

(A) That is correct; this is possible, but the care must be taken by such an one that they be guided in that contact from one receding through stellar space, by the same desire as is made manifest by one so receding, and seeking to aid a loved one, whether psychical character, or of the purport, intent, or friends' character, see? for when one is misdirected, we may find such an example in the seeking of the king to be guided by him, who annoyed him while the desire called up the old man and the answer: "Why Disturbest Thou Me, Know Not There Has Already Been Created Through The Lasciviousness of Desire Earthly, in the Activities, that Destruction is Already Before Thee." Study that, see? [Steno didn't get the name.]

(Q) Is that the name of the one speaking?

(A) That the one spoken of. That entity rests in the bosom of Abraham.

(Q) Now, is it possible for the ego to return to the physical plane again, except through the route of the cradle?

(A) That dependent not only upon the mental and spiritual desire of the ego, but also upon the desire of those who study those impressions that are not effaced in the earth. These made one, may bring into being that of the entity in such a manner as to be made, to be seen, felt, heard, and in such there becomes oft danger unless understood. In this is the psychical as one set in motion those of the spiritual force, as is made manifest in each entity, or so in body; this as it moves from sphere to sphere, seeks its way to the home, to the face of the Creator, the Father, the first cause, the all infusible force as is manifest; as the ties of sphere to sphere recede, then self is lost in that of attaining for itself the

nearer and nearer approach that buildeth in manifested form, whether in the Pleiades, Arcturus, Gemini, or in earth, in Arcturus, Vulcan, or in Neptune, and seeks to draw that as is experienced through the sphere, passing, then, ever as light, a ray that does not end, lives on and on, until it becomes one in essence with the source of light. Same as the entity this so moves sphere to sphere. Have you not read of: "Know Ye Not, That Ye Must Be Born of Water and of The Spirit?" The water in material, the Mother of life, the Spirit, the Father, or that moving to bring life. Is it possible, then, that a man when he is old, shall again enter his Mother's womb and be born again? He must be born of water and of blood. Blood, a manifestation of force that through which life manifests in its various forms. Water, the cleansing force as one moves from experience to experience.

254-48, M Adult, 3/7/29

(Q) Yet many questions pondered, the answers come to me and I know those answers are right, from the very sensing of the from within -

(A) That a matter of development individual. This is speaking of the matter of teaching, so that the individual may be, know, that same road of obtaining knowledge for self - even as self gains from within that knowledge of the varied conditions given to self from the forces from without answering with the forces from within, making the consciousness in accord with the central primarial truth.

140-10, F 23, 1/4/26

(Q) As shown here, the physical [137] would not know of this - but could he know of it if he went to sleep - i.e. his subconsciousness and my subconsciousness meet as a vibration force meets a radio machine and causes a sound when the machine is tuned in?

(A) Just as given. This is the illustration, see? Both must be in that attunement and separated from the physical forces to become conscious, for these are of the spiritual elements.

(Q) If this is so, could I deliver a message to [140] or my mother? Then why could not I deliver a message through another mind, another channel that I might find, to convey a message to [137].

(A) Only with an attunement is the message received, as in the radio. Only with the same attunement may a message be delivered to an individual, see?

(Q) In this case, then, ones who subjugated their physical selves, (mediums - so called) would be channels for such a message - would open themselves to the operation of such messages being sent from my dead self to my living husband? Is this so?

(A) Much as a kiss may be SENT from one individual to another.

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(Q) That is, the subconscious of a medium might find in the one spirit subconscious condition my love condition and express it, if his physical or another physical caused the medium's subconsciousness to tune into love thoughts. Correct?

(A) Only correct as has been explained before in regards this, for the medium is as but that through which the transmission of a condition passes or exists, and is wavered by that physical, by that cosmic consciousness of that individual; while (get the difference, see?) a subconscious condition in which the subconscious contacts by suggestion the whole one spirit force that is, as an element of existent force in nature, and in the condition, the presentation of the fact - is manifested according to abilities of the entity to present same to the consciousness of the individual desiring that information from that cosmic consciousness, see? You don't see but this is it, see?

(Q) Now, bringing this into an example: If [137] by, or my mother directed by, physical thought or word their own or someone else's subconsciousness to attunement with my subconscious spirit action of love.

(A) (EC interrupting) By themselves they may, BUT NOT THROUGH SOMEONE ELSE, gain that close access to that consciousness of the nearness and at-oneness of the individual, see?

(Q) (Continuing) [137] or my mother could receive through their own subconscious channel or the same subconscious channel in the medium.

(A) (EC again interrupting) Not in the medium - in Self. Leave out the medium if you would understand these conditions!

(Q) (Continuing) could receive the love action in my subconscious consciousness expressed in words of their comprehension? Correct?

(A) Correct only as has been given! FORGET THESE!

1173-11, M 29, 11/29/37

(Q) Please explain, if possible, why Moon Trail insisted, through his trance medium Horace Hambling of England, that it was correct for [1173] and [1483] to marry?

(A) Because that entity who was a friend of [1173] is working through Hambling, directed by Moon Trail, the KEEPER of those influences. And as these were the activities more in keeping with the material laws of that entity during that experience, is it any wonder that there is seen or interpreted that these should POSITIVELY BE - for their better satisfying of the material desires of each?

Yet as we find, if such were consummated, it would become a BURDEN upon each.

Because of that material association of the entity then, directed by the seer, the great medicine man, Moon Trail.

Physical Communication

900-272, M 31, 10/9/26

(Q) Now, regarding mental aspects, the other night in my home, where there was company, shadows and lights seemed to be constantly about the room. Were these purely my imagination, or other conditions?

(A) Other conditions - for the growing consciousness of the entity is such that the concentration of the body conscious mind brings to those surrounding the entity those vibrations of those seeking to manifest in the material plane who have passed into that of the spiritual plane. Not that condition as is COMMONLY called spiritualism, or that of manifestations of disincarnate bodies, but that impression of the spirit of force as is manifest by an entity so conscious of the power of energy as is loosed by thought of an individual in the material plane, as to bring those thoughts that have been loosed through the spiritual aspect of the entity passing into that plane into actual being.

Taking, then, the form of energy as is seen in the action as becomes consciousness to sensuous consciousness of an individual in the form of light, shadow, rap, or of motion, see?

(Q) These lights and shadows, then, are the forces of thought objectifying themselves?

(A) Correct.....

(Q) How differentiate between entities passed, or changed into that natural free energy of a cosmic consciousness and the energy extended from their minds as here described - the difference between entity itself and the extension?

(A) By the impression or the action of same upon the sensuous forces of the individual who receives such an impression. That is, to the self, to [900], there is a difference between the impressions as are gained by purely vision through the subjugation of the consciousness and by the voice as is felt and sounds within self. One is as of self's speaking, for that is as the real ENERGY of self - while in vision is as of the passing of two. This as an illustration, see?

900-319, M 32, 5/2/27

(Q) Every night at about the same time, while writing, I hear a little squeaking noise. I have always thought it only the ordinary noises about the house, yet it has happened so regularly that I wonder if it has not to do with those lights, shadows – surrounding entities seeking self expression - to show that they are what I am writing about and know themselves to be that and seek recognition of being such. Correct.

(A) Correct, in the way and manner as is being presented by the entity in respect to same....

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(Q) Who are these people or creditors?

(A) Those presenting themselves to the entity from time to time through the various forces, as is seen in voice, in sound, in act, in light, in that heard, in that felt. Not of PHYSICAL creditors, but of that as is given to the entity in the understanding of spiritual laws as applied to physical living.

900-333, M 32, 8/15/27

(Q) Of recent date. Now about moving objects. First I reasoned that the source through Cayce was opposed to going into this phase of the phenomena. The Voice answered that no opposition to my getting this interpreted, but it was for me and my understanding, not yet for others. It was for the individual, and I woke up with the distinct impression that I should take the reading or have it taken (felt I should take it) when so called outsiders were not listening to that being given. Then the whole thing would be shown me. The impression was very pronounced that it was for me and my understanding alone and not for example to be made part of our general work. In the dream I beheld silver spoons, also spirits in the borderland. "Now then, I asked them, "Can you move these inanimate objects or can you not?" Of course they had known of that question existing in my consciousness, or the dream or borderland experience would never have occurred. The answer came from my own memory when I recalled the shaking of the bed by [139] spirit. Then the spirits showed me how they could operate with the subsisting force in materialized form to influence the activity or condition as result in movement of inanimate objects.

Finally the Voice spoke and told me that if I chose, I could demonstrate this to myself, for myself, using spoons or silverware upon the table to do so. That a spoon or fork, etc., would be moved without any external impetus, if I knew how to myself perform this experiment for myself. That I should ask the readings just how to go about this. Since the opportunity has been offered me, and the honor conferred upon me by my spirit father, and I do choose, then I ask to be instructed in this matter and told how I may be the connecting channel between the cosmic or spirit, and materialized spirit plane and so literally manifest such a linking channel and myself to be that or both.

(A) In this there are seen the many varying conditions as present themselves to the body conscious mind of the entity as regarding some specific phase of spirit communication, and there is seen the various phases of mental or body conscious reasoning as respecting the condition. There is seen the body goes after and is given that the body consciousness should obtain such information as to how these may be accomplished as a demonstration to the body consciousness of the material activity of such spirit force in material plane. The body consciousness again reasons with the subconscious forces of the entity, having had the full demonstration of such an experiment, and the body consciousness again reasons that this came without the desire or intent of the consciousness of such to occur.

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Again the body consciousness reasons with the subconscious forces of self and seeks to make same a matter of intent and purport to call such forces into activity, seeking the manner in which same may be attained.

900-362, M 32, 1/4/28

(Q) Now, in the light of my present understanding, just how is a cosmic entity able to so operate as to cause my psychic apparatus to work, thus making me feel or experience the feeling sensation?

(A) Working through those very same sensations, or – as seen - making the mind or the soul portion of the mind conscious of the contact in the various forms; or, as may be given in another manner and studied in the light of that experienced, but not from the purely material idea: Forces in natural elements are the channels through which such entities manifest and not through unnatural means; for, remember, all force is one force, all time one time, all energy one energy, radiating in its different sphere, phases, or the modifications of the different conditions, see?

(Q) It happened in other manners when I have given mental suggestions in a reading and a pressure on my shoulder (this has happened more than once) told me the suggestion was received and understood. But this time many entities operated, and it correlated with phases of phenomena called materialization that is capable of demonstration through some so called mediums. How is this expected?

(A) Or explained. Just as is given, that each - or the entities of the different planes or spheres operating through the various sensory forces give one action, yet the ability of the consciousness then aware, or the awareness of the consciousness of the various phases or forms of expression, gave the knowledge of the awareness of more than one operating in the same way and manner through different channels, bringing all into one manifestation; just as individual manifestations gave the action of many – and correct then is that as given concerning the dwelling, or indwelling, of the spirits that find one swept clean and enter and make their abode there. Read this in connection with same, see?

5752-4, F, 6/20/34

EC: We have the desire on the part of those that would give information concerning automatic and inspirational writing.

In the light of that which has been experienced by those that are putting such desires into manifested form, in forming of treatise or papers concerning same from various forces or channels, as we find, this would be very well.

But to combine that as may be given through such a channel as this with that which has been received through those that give not only that received through their sources or their channels, would not only make too voluminous a volume but would be rather unwise.

254-15, M Adult, 11/16/24

(Q) What is the purpose of those connected with the Scientific American Magazine in conducting this search for bodies psychic; or bodies who are spiritual mediums?

(A) All such work at the present time has been conducted along those lines where individuals give themselves to the use of dis-incarnate spirit action and force, and with such investigation has gone the proof of, when the forces did not respond. Then there was the urge that brought the destruction to the benefits. Keep only in those channels where the good in physical and in the mental developing to the spiritual good may manifest in physical. These have been, as we see, for mercenary purposes and to disprove claims of many (which MAY BE DISPROVED when guided, or used, under such strains as these have been conducted). There would, as we see, come the time when there would be the investigation of such phenomena. Direct them under those channels as has been given:

First, there must be the innate desire for help from the individual needing physical or spiritual assistance.

Second, there must be the belief in the divine forces innate in each individual.

Third, and first, there must be the consciousness in the entity, or the ones responsible for the physical and mental development of the entity of the Divine in each and every entity.

Unless these are in accord, DO NOT cast pearls before swine!

140-18, F 25, 10/31/27

(Q) Of recent date. A communication with Louis Schoolhouse in which I said: "If you really are Louis Schoolhouse, pull me by the side." I felt myself pulled by the side in no uncertain manner and jumping up screamed in fear.

(A) Here we have that full demonstration of the action of the subconscious forces when the consciousness is in subjugation or abeyance to the subconscious forces, and the illustration that the subconscious is in such condition – attunement to the cosmic or ethereal plane upon which such a one as Louis Schoolhouse is, and that such communication is of that nature so that, would the body consciousness not so fear - or that condition wherein this condition is out of attunement - the full meaning may be given to the body; that this condition, this communication, this illustration, is NOT to be dreaded, not to be made the whole of the mind's experience; not to be looked upon other than the natural consequences of conditions. For, will this be looked upon in this manner, there may again come to the body such an experience that will satisfy the body of that that the soul of that individual IS as an individual, and conscious of that that is in the material as well as that place, position, condition, occupied by the spirit or

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soul in the cosmic forces, see? Such an experience may come to the entity, will the entity allow self to be attuned to such conditions. Will fear and the wish NOT to be made aware of such conditions be held in the will of the ENTITY, as the whole, such conditions may not penetrate to the consciousness of the body in a way and manner that the physical body may be aware of such conditions. This will occur (should the body so desire) on the evening of 5th or morning of 6th - November.

(Q) Night of October 26 or morning of 27. Florence, [137] and I were sleeping in one room - Louis Schoolhouse's body lay dead in his room. His eyes were open and staring at me. [137] rose and went to bathroom. Louis Schoolhouse came over to me beside the bed and hung his head down, his hands and arms limp by his side. Then I tried to talk to Louis, but his only reply was to stare at me in a hopeless manner. I screamed in fright.

(A) Again we find that same condition in and through the subconscious forces of the body of that position as is occupied by those in the cosmic or etheric or spiritual, or ABSENT from material body (call what one will or may) - that such communications, such desires for the help, assistance or aid, or CALL for help, assistance or aid from that plane is NOT POSSIBLE unless those in the material plane attune themselves to that of the receptive mood. For, as has been given, these are as conditions that may be illustrated by MATERIAL conditions, or of a material nature.

Material conditions are as patterns of those conditions in the etheric, the cosmic or the spiritual plane. MUSIC, or voice, or speech, may be in the whole of the room - yet, unless such is attuned to the consciousness of individuals present, it may not be heard. That of any condition that prevents the full reception may prevent the consciousness of same, no matter how beautiful the music or the desire of those sending same that it will be heard. Unless one prepares self to receive same and is desirous to receive same, same may not be received. For man was made with that of the power of discrimination, and with the ability to exercise will's forces as to receiving or rejecting all forces as are manifest before men through the spirit of creative forces in the material plane.

Would the entity, would the body, know whether these be true or not, put self in that ATTUNEMENT on the 5th, with the desire to be made fully aware of the ability of one in the cosmic or etheric plane to make self-known, and receive that to self.

Dreams

136-16, F 21, 11/2/25

(Q) "Saw five chrysanthemums on the grave of [900]'s father."

(A) In five weeks, then, there will be presented to [900] that lesson from the father that will bring the greatest joys to the life, for in same there will come the perfect understanding of that being sought concerning the first laws pertaining to the conditions and experience exercised in the fourth dimension plane.

136-50, F 22, 11/29/26

... Again a presentation through these forces of the presence of the entity of those influences through which the entity passes in these various experiences, as has just been given. And, as is seen, the mother's influence, the mother's consciousness remains ever nearer to the entity through these periods.

(Q) Sometime ago, I beheld my mother. She was displeased with me because I was going out to theatres, etc. She said: "The least you could have done for me was to keep mourning for one year."

(A) This rather is that presentation of the nearness of the mother to the entity, and of the various phases of that as has been given: "I go away, and all I have said unto you will be brought to your remembrance through the spirit of the activity of the mental being as relating to conditions," see? This is not a literal giving, but the real meaning as is given in that message of the Master to the Disciples. As is given here, and as is seen, the entity is reminded through this transition, or in this sleep or in this vision, of those conditions as related to or between the individuals during an earth period, yet the various manifestations to the entity of the various conditions as have been spoken by the mother - the appearances, the nearness, the feeling of the presence in the room, the full conditions as have been presented, are to the entity as the higher, the fuller, the greater UNDER- STANDING of the LIVING of the mother - only in material plane, see? and as is seen, the pleasures that are brought to the entity in the study of these conditions, in the feeling of the nearness of these conditions, is the gratifying element in the relations with the entities in the present condition, for continually do we see the warnings - for good, for bad - for the more perfect understanding of the relation of the living in the material plane, the living in the spiritual plane, and as to how the greater forces of the spiritual plane, through the attunement of the material plane to the spiritual plane, gain access, or ascending elements of a more perfect at-oneness of the universal forces as are magnified in the material plane, of the all-powerful force of the creative energy as is given for the understanding of the individual who would seek His Face.

136-51, F 22, 12/3/26

(Q) Thursday morning, November 25, 1926. I dreamed of my baby. It was just born and weighed 11 lbs. and 2 ounces. It had blue eyes and blond hair and was a boy. It had, however, a Jewish nose that I didn't like. I said to my mother who was there: "It looks kikish - too Jewish." My mother, however, bit her finger in characteristic fashion and beamed upon the baby. She said it was grand.

(A) In this there is presented to the entity, through the correlation of the body-conscious mind of the entity, and the presented force in the mother's appearance to the entity, those conditions regarding the child. In the birth there will be seen the boy, weighing nine (9) pounds, and blue eyed, or dark gray - nearly blue, blond, and presenting something of the characteristic condition as seen. This, however, is rather that emblematical condition as has been given respecting the outcome of the purpose of the entity in its passage or experienced through the physical plane - a messenger to the Jews.

136-60, F 22, 4/20/27

(Q) Many children were being killed in accidents. I beheld automobile collisions and many hurt. [900] and I viewed same, and finally we moved on, paying no further attention. [900] went into a store and bought some candy, at which I said: "There you are bothering around buying candy. You know it is not good for you and that you should not eat it."

(A) This rather is the warning, as is seen, given to the entity in this emblematical way and manner regarding how that the lives of many children are offered in the channel of over or indulgent eating by selves and by those that are in care of same, and as the entity sees the warning in same, being forewarned, be forearmed, and conduct, guide, direct self and others in that way and channel that brings the better forces to each.

136-61, F 22, 4/24/27

(Q) Should medicinal properties be given for this, to-gether with the manipulation?

(A) Medicinal properties - when the baby not nursing - certainly! That's why the change is made, so that these may be given! But these given as has been with it brought about the condition with the baby, see? and did not correct conditions with the physical body of [136] for these have been given or presented to the bodies through that vision as is seen as given by the mother to them, see? All these have been presented. Well that the bodies follow these, for these are as the truths for each of these.

(Q) What was the mother of [136] trying to explain to [900] regarding –

(A) (Interrupting) The condition of the baby and the cause of same, which is as has been explained in that as just given, see?

136-63, F 22, 5/9/27

EC: We have the body, the enquiring mind, [136]. This we have had here before. The dreams present to the entity those various phases of life and its application in the actions of individuals as related one to another, or towards conditions in the affairs of individuals; and as the truths become apparent, the entity then may apply the lessons gained in the life of self, and as applicable to others apply in same. Ready for dream.

(Q) While in Woman's Hospital, sometime April 4th to April 16, 1927. Heard a rapping noise or knocks. I said to myself: "That is my mother." I sat up in bed to listen for the noise and heard nothing. Again dozing I heard the knocks and again recognized them as being my mother.

(A) This is presenting to the entity that individuality of presentations to the subconscious or soul self of the individuality of others, or of another. And as the entity gains the closer concept of this presentation, and of its effect in the life of self and those associated or about self, the entity may apply the truths in a better understanding of that relation of the living from plane to plane, though the consciousness of each are hemmed and hedged about, as it were, by that builded or being built in the life and action of each. Apply same.

(Q) Correlate with [900] who recognized the same consciousness in the shaking of the bed shortly after her death?

(A) This, as we see, has been correlated and given in an understandable manner to each. Keep these things - pondering them in the heart.

(Q) I read in "Light," (the magazine) of a spiritcommunication such as this and others had with my mother. The spirit entity explained that immediately at death clairvoyance is experienced, as we have seen in [3776] calling my mother's name and stating that my mother would guide her over. Then Light quoted the interview as saying every spirit entity is so received in the spirit plane as we have had in the case where I experience J. S. helping my mother over, or again where my mother guided [3776] over. Now, then, the article continued to quote the interview, stating that the spirit entity was severed from its flesh encasement the quicker and that the spirit entity then asleep or in the resting conscious state of transition is taken by the guides to a resting place. This might be indicated in the Master's saying in reply to those who said "He is dead" - "He sleepeth." Now is this all correct?

(A) Correct.

(Q) Then the article said that the spirit entity awakens to recognize those, for the most part, he knew on earth, probably also others, and then is able to review, sort of like a moving picture, his whole earthly life and the retarding and progressions are seen. The former then, must just be overcome. Here the article ended. All correct?

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(A) Correct, in so far as each individual becomes able to supply and apply that needed. Dependent, then, upon the state of the entity's development at such a transition. For, as has been given, many are in the spirit plane many DAYS (as man counts time) without being able to be conscious of same, and seeking for assistance and aid only from that source that it, the entity, is conscious of in earth's plane. Hence such help or aid, as has been outlined, that may be given by individuals.

In those illustrations as have been used here, we find that the transition period of each [139 and 3776] was in a state of preparation for such transition much time before such took place, and that those near and dear to such ones were ready and willing to aid through those understandings or concepts relating to such transition as had already been gained by each - both one in transition, and one - ones - already translated, see?

(Q) In correlation with the lesson of the life after death my mother has given me and is giving me, explain this.

(A) Only that explanation necessary that the entity apply same through self, for only in self may such explanations be made; for individuals are individuals, and are of own freewilled in all spheres, with that of its own making in each sphere, see?

136-68, F 22, 8/18/27

(Q) Did my mother [139], seeing this condition, have anything to do with this prophecy?

(A) Rather that of body conscious reasoning. Rather the mind and the attention of the spiritual forces guiding the body, the entity, the mental forces as respecting baby's condition, than of these physical conditions.

136-70, F 22, 9/5/27

[900]: Now you will have before you the bodies [136] and [900], present in this room. In the first, [136], in many dreams her mother has appeared to her with warnings and much information. I will read these dreams regarding that which the mother has given, and you will interpret same, giving her that advice and counsel needed by her for better development....

(Q) Morning of August 25th, regarding my mother [139] and her pointing out a crowd to me, about Sidney [...] who lay dying. He was in the last stage of the process. I saw his eyes glazed. My mother seemed to call attention to this. Then in a final effort he tried to get up. Those about him would not permit. My mother showed me that of course they would not. Then he dropped back and died. I cried, at which my mother instructed me not to cry.

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(A) In this emblematical way and manner we find there are lessons being given to this body through the efforts of the mother or the guardian forces for this body, those lessons as pertain to the various phases of development in life. In this particular individual as seen, and as understood by the mother, this entity represents a definite condition in the physical affairs, or in certain social positions and standings. In the death there is seen this representing that in the meeting of same all become of one level. And in the attempt at such period there is naught that may be done to change those conditions which surround an individual life. And then the lesson being - that the will in man, or woman, is that factor that is to be used for the betterment of the development in and through this material plane. While there may be the positions, those conditions that are of the flesh or of the earth-earthy that satisfy for the time being; yet these do not answer. Neither do they give that better understanding, nor that peace that comes with the life WELL lived and in service to others.

In the lessons then as gained, apply same in self's own life. Not as that which would cause dissension, discussion, or any condition that would bring adverse criticism to self. Neither put on the long face nor think that there is aught but the dream of the future. Life is real, life is earnest! yet it is not all of life to live, nor all of death to die - for with the thoughts and the deeds done in the mind and the body, these are that builded by the entity, or body, and must be met, and an account given of those things rendered in the body and the mind. For the soul liveth, and is a portion of the Creative Energy, and it returns to the Whole, yet reserving in itself the oneness in the ability to know itself individual, yet a portion of the Whole. What manner of man would one be that would make of that Whole its own concept, other than one with the Whole?....

(Q) Regarding the dreams I have had of my baby, [142] falling –

(A) Again and again here we find the warning has been given to the body as pertaining to the care and attention that is to be given respecting the baby. Not that the condition has happened. Not that the condition is to happen, would there be that attention, or that care, or that exercising of the knowledge that such MAY happen. Being forewarned, be forearmed, and exhort in no uncertain way and manner those who have same in care, and in the handling of same by self, that no such conditions arise. For, as has been seen, he has his life to live in the direction that is to bring much to the body. Then let not those conditions arise wherein there is to be self-censure for not attending, or not caring, or not warning - as is seen - pertaining to this body, see? These come from the mother. Remembering the care as was given by the mother as respecting the individual child as its life was begun. Have the care, then, as was given thee....

(Q) Turning then to another phase of the study of this child, [142] in a vision it was given to me that for which this entity has to return for better development was that in its manifestation as Hamilton it never really grew up, which is in line with my own illustration, as child of the flesh, or child of the spirit, or earthly birth and re-born spiritual birth.

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(A) This, as is seen, is greater portion of existent conditions respecting the individual, or the karmic influence of this child or entity, and - as is seen - the child in the present condition is under the care, the guidance and the protection of those that would enable it to develop to its fullest in the present plane. Hence we find, being forewarned as to physical conditions, being forewarned or receiving that concept of conditions pertaining to the physical and the spiritual development of same, let those elements be applied in the present conditions and in the development of the mind and the body, that these may be overcome in the present experience.

136-75, F 23, 11/12/27

(Q) Morning of November 12th. Saw the baby [142] real sick - stomach upset and vomiting. Seemed I should give it Milk of Magnesia. [See 142-2 Background.]

(A) Again we find those warnings, or those guarded forces about the body - both self and those near and dear to same, and through the efforts, as it were, or as would be termed in common parlance, through the efforts of the mother there is being presented warnings to the body as respecting the condition of the child. Watch closer the diet, then, and the preparations as made for same. Well that the warning be taken in TIME and the Milk of Magnesia GIVEN, that this acidity and this unbalanced condition may NOT arise, and we will find the condition will pass away without hindrance, or without causing undue worry. DO that.

136-77, F 23, 1/16/28

EC: Dreams to this body are, as has been given, variations as to understanding, applications, or towards that development of psychic forces within self and the application of same to the various conditions. Ready for dreams.

(Q) A few nights ago. I saw my mother very distinctly. I was sending her a telegram that she was going to die.

(A) This, in this emblematical way and manner, is as but presenting to the body-consciousness of the entity that ability of the mother to keep the body, the mind, the mind-consciousness of the entity aware of conditions existent with those who are in close relations to the body, whether present or away. Hence, with this assurance, then, of the guidance of self and protecting influence of the mother about the offspring, the entity should only rely upon self and that influence to keep self aware of conditions in and about the baby, see?

136-78, F 23, 3/10/28

The dreams, the visions as come to the body are as those interpretations of self-study of the phenomena of life as the mental abilities are applied in and toward same.

In this we find the mother [139] demonstrating in this manner that which to the body becomes the physical application of experience as respecting that of life. And as has been given the body, the mind, the subconscious self of the body may attune to that ability of being present with body that would so communicate with the body, from the astral plane even as is experienced here by this body.

(Q) [136] asked her mother if she was with her father, and mother explained that they were on different planes and [136] asked if they could communicate. Mother answered "Of course."

(A) This is the complete experience for the entity's study of the phenomena that the entity may apply same in self's own experience should the entity choose to do so, giving, showing the varied and various experiences, giving also the completeness of the communications as may be received by one from cosmic entity.

For all life is one, all force is one, and when one applies self and attains through attunement, through that consciousness that may approach the universal consciousness, then these experiences sought may come through.

(Q) Her mother told her that she was buying an evening dress. What does that mean?

(A) The various experiences in life, even those that would have to do not only with the spiritual affairs but with the social, with the secular affairs of life - that is, that the mother was perfectly aware of the secular affairs of her life and her daughter's life prior to her own death and now she was still aware of that daughter's secular affairs. The completeness is shown and experienced in the vision as seen in this manner; the perfect understanding of conditions viewed, placed necessity of recognition and the fullness, completeness of the spiritual, mental and the secular life of the individual remains as the same and as interesting as in physical life.

(Q) Many times this entity, her mother, [139], has demonstrated the ability of the cosmic entity to make itself manifest even to the objective sensuous vision. It happened in the hospital through knocks or sounds; it happened to [900] while writing. I know this may cause confusion in some line but this is for and was the understanding of [136] and [900].

(A) This is the full experience as given of the oneness of life as manifest through those conditions experienced and should be considered as such. For, as has been given, we find here materialization and de-materialization manifest in that as seen, and the force as given as necessary for the cosmic entity to build up is supplied rather in the action of the knock or of matter, cosmic matter in force, see, that gives rise to the ability of the entity or the cosmic entity to so manifest.

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(Q) Yes. Then it is actually true, a cosmic entity may draw from matter in its dematerialized state of this section of space, so to speak, and use this substance that may be seen only under certain light conditions to reform its own concept or idea that it retains of its earthly existence?

(A) Now, see here [136]. We may have it in this same form and manner. When the body is suspended, as it is through the conditions here in total darkness, the body may build from a plasmic soul or force as is emitted through the body as one suspended in that of sub-conscious or the conscious subjugated to the sub-conscious force of the body. Then a body may build up in form from that plasmic soul.

136-79, F 23, 4/6/28

Dreams, as we see, come to the entity through those various channels as have been outlined for the entity.

In that seen wherein the relative has certain stocks, and the voice or the impression comes that there is a certain period or date at which the body should dispose of or buy same - this, as seen, is the correlation of physical-mental forces, and warning, with the subconscious forces in charge. For, as seen, on the date given will be great changes in those special ones held by relative and self, and that activity as will occur between the period of present and that time will be the general fluctuation of the conditions as arise in the regular exchange of conditions. But on or at that special date there will be the greater change, see?

2218-1, F 48, 5/7/29

(Q) What is the significance of my continual dreaming of my husband?

(A) Just as has been outlined. Will the body – NOT unbalancing self in mind or way, but heed those conditions that are presented, they STILL may assist, guide, help and COMFORT the body, in the material, the physical, and the spiritual plane, and they seek to do such.

243-5, F 48, 9/3/27

The dreams, as we see, come to individuals through the subjugation of the conscious mind, and the subconscious being of the soul - when loosed - is able to communicate with the subconscious minds of those whether in the material or the cosmic plane. In this as is seen the body-mind takes that concept of the subconscious that is closest to the soul forces of the body, and the mother in the living being as it is, then, gives that assurance to the body through this means of its full life existence:

480-49, F 26, 9/22/38

(Q) Did dream I had on night of Aug. 19th have any special significance? [GD's note: See her letter 9/6/38 under 480-48 Reports saying: "I dreamed of Mother, she said I'd have a little girl." A fine baby son, [1788], was born on 12/8/38. On 5/8/42 a baby girl was born. Perhaps, because of sad memories of both [601] and [480] in re baby son born dead on 7/6/37 and [601]'s passing on 4/20/38, the dream of the mother predicting a baby girl was jumping ahead to a happier, more adjusted time, when the little girl would appear.]

(A) Yes - as we find - VERY significant. There is a much nearer association with the mother than is felt at times.

106-9, F 48, 6/24/25

(Q) What part has the entity, Pauline [...], played in this, in relation to manifestation of [137], of vision of [900], or dream of [106]?

(A) Only that of the intense desire for help through each source, and the source or force in thought making in a physical, or seeking a physical action, finds its answer in each, through the channels as given. Truly then do thoughts become the deeds, and find, as in this, the manifestation in the different manners in the life of each. As in first, passed, as one of well - "Maybe it's so and maybe it ain't - don't know."

In the next, we find that thought, study, the care, to understand why the anxiousness regarding the mother's influence in the life, concerning the other ones closer to the individual.

In the other, that projection of the necessity of some immediate action to save from some destructive forces, yet a channel, a means, as it were, projected with same.

(Q) There is cause and effect in one of the fourth dimension; thus, the ability of the spirit entity, Pauline [...], to convey the message to [900]. In the fourth dimension, new events don't come to pass in time. Everything already is; thus, [137]'s ability to do what in the third dimension is called the future. Explain further the philosophical or metaphysical facts that these phenomena teach, that the mind of [900] may use this very condition that has come to his life and to the life of his dear ones around him, to better understand the great spirit force and its faculties and the laws governing thought transference, from the third dimension to the fourth dimension and vice versa.

(A) These have all been given, in that as just given. Then study these, and making, see how the making of the application in the life of each becomes the phenomena of assistance. For truly is there found that the desire must precede the action and that directed thought becomes action in the concrete manner, through each force that the spiritual elements manifests through. And there then becomes the three manifestations in the three manners, in the three ways, all projections from a fourth dimensional condition into a third dimensional mind.

(Q) Broaden your explanation or treatise now, using the above as an example, to meet the thoughts, studies and meditations of the enquiring mind of [900].

(A) These may be broadened to many treatises. Sufficient that this should be first comprehended and understood in their elemental phases of projection in the three manners. Then, as these broaden in the mental mind, the ability to comprehend the greater scope of fourth dimensional conditions may come to the mind of [900].

106-18, F 52, 1/12/29

(Q) In the experience of [900]'s last night. Will you interpret this, please? The dream in which I was in communication, or thought I was, with my father.

(A) This, as presented - and as UNDERSTOOD IN PART by the body - the true relationships as necessary in the understanding of conditions (as first taken). As thought OVER, there enters then rather that of a correlation of reason WITH the application of conditions, and then doubt began. In the application of that seen, then, is rather THAT the forces as manifested in that presented brings the true relationship of self with others and of things as applied, see?

(Q) Then we have that some malicious individuality, as same - seen from here - could function in the Spirit plane - was the one who misrepresented?

(A) That as presented by the entity attempting to give [5769] that as was meant for the understanding of the body, see?

(Q) That's on the Ouija Board –

(A) That's as seen....

(Q) Was [137]'s feeling of Radio at 74 being a purchase an intuitive or a direction from these forces?

(A) A direction intuitively presented from those forces, as has been given as would make the body a POWER - and an associate with those IN power.

(Q) Has he acted properly on his intuition?

(A) As long as they are acted on in the manner as has been indicated, and as being indicated, by the body - there need be no fear that they will misguide or misdirect this body, in bringing about those things desirable in the life and for the use of same.

(Q) A dream of some time ago pertaining to [5768]?

(A) The entity has been warned concerning this body, again and again. These have been presented to the forces of the system as respecting this body - The intuitive forces as respecting the activities of this body and its relation to others, as well as to self, is correct. Keep those. We are through for the present.

137-123, M 30, 7/28/29

(Q) The body [137] has had numerous visions, experiences - some recorded and others unrecorded - one of which was given to [900] and said, "Tell [137] the year book of 1913 has been affirmed."

(A) This, as visioned, is related to those conditions as are in the minds of these individuals as respecting the developments of those interests and conditions for others that are near and dear to each, and, as is seen, as there is the consideration of the contemplated expansion of the efforts in this direction, these refer to the aids as may come from ones that came into the experience of this year, in this way and manner. This one coming - the entity being that one whom the body in its experience counseled with oft, and who was as the father (earthly) and counsellor (spiritually) during the experience of Jude, and in the development of this body there will come into the association of the body, [137], this individual, who, when he comes, will be known to the body as the one who will be able to assist the body and those associated with same in carrying out the continuation of the year book, or the review of the experiences through the psychic field. Then, being forewarned, be prepared when this experience comes to counsel with and be of aid to such an one, and he will be pointed out, even as his brother called him aforetime to the counsel of Him they both defended....

(Q) Why is it, Father Joseph, that it seems at times impossible for me to get the counsel from you, that at other times comes so readily?

(A) Oft is the reticence, my son, produced by the surroundings, that prevent the gathering close together. As has been given thee, when thou would counsel, draw thyself apart, and there we will commune one with another; for, as the way is opened, and the understanding gained more and more is the spirit made manifest in little everyday affairs among men, even as thou hast been able to know those whom ye counseled with in days of yore - yet in THIS, thine day of strength, give ear and heed to those periods when I come - and when the Master bids, even as here - mine son, mine brother, even as the Father in me was shown in the life thou gavest for the cause in me, even as the study thou madest of the words as written by the ones of old, they become as words of wisdom in the counsel thy words gave to others; so, in this day, know that the spirit is abroad, and when there is cause for that defense as thou so well gave of old, I, thy brother, am with you, will keep you, will guard you, and guide you, and HOLD you by the hand!

(Q) May we always be worthy of this guidance and trust! Will it be possible, at any of these instructions of the higher forces, for me to see in physical form either the Master or Joseph?

(A) Both will come in the days as are to come, mine son, and you will see the various developments of the various manifestations as will be seen. These are present, ever, in and about you when thou callest on the Lord.

900-77, M 30, 6/3/25

(Q) The next dream: It seemed my Mother [106], [137] and many had dreamed of [136]. The voice said to me: "This is to show you how your father is trying to help [136] and all about you."

(A) The co-relation [correlation] of the physical with the subconscious, giving merely that projection again as has been given aforetime, in that "He that would enter in must give of self, and others are ever ready to assist when will assist self."

(Q) Did that mean my father, spirit guide, or He I call Father above all - God?

(A) Through the father to the God, yes.

900-140, M 30, 10/13/25

(Q) This is the second time my grandmother has appeared to me - once in reference to my mother, now in reference to some other condition. Are these thought transference examples between my grandmother and myself and based on the same principle as thought transference with my father?

(A) Rather that of cosmic force transference as has been explained. Then that of the spirit force co-related with cosmic forces, as is seen in the transference of thought or speech with the guide, see?

(Q) Explain this transference in reference to the cosmic consciousness?

(A) Cosmic consciousness the sum total of entity's experience, acted or modified by the spiritual development, see? The spirit development, as is seen with the guide, plus the cosmic consciousness. Not one and the same, see? yet reached to that same point where they may become confused one with another, yet being of that closeness as may be presented in the condition: A week from Christmas to New Year. Many weeks from New Year to Christmas.

(Q) Why did my grandmother desire, if that entity did desire, to convey a thought to me?

(A) Own cosmic consciousness in this instance, rather than of the grandmother's cosmic forces, see?

900-338, M 32, 08/26/27

(Q) My father in relation to this. He was advising me on this trip - possibly telling me not to count my chickens before they are hatched. I saw chickens. Then a conversation or communication took place between us. I don't remember the whole of it - but it was a natural affair to me, as natural as any other kind of communication.

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(A) Indicating to the entity the character, the kind, of information that is to be so well understood by the entity through the experiences which the entity will pass on the trip. The chickens, the experience of conversation to the father, the indications of that way, manner, and understanding as is to be seen by the entity.

(Q) Then our communication turned to Jesus. My father seemed to agree with my concept of the Master, of the development of that entity in previous so-called rounds of creative activity to the point of perfection and His manifestation in earthly form of that condition, and of the cosmic condition created by virtue of that earthly experience. I told my father that my purpose was to show that this condition was not external to the achievement of man i.e. exceptional to a super-man such as Jesus alone, but to demonstrate that if I could do it from my lowly position and not conspicuously regarded abilities - all could do it. My father sanctioned this as a worthy purpose and further showed me that the condition I sought was now in sight for me in this final stage of my earthly development.

(A) Correct.

(Q) Then in companionship we spoke of many things - things I long and love to speak of, but those who hear me know not whereof I speak and care less. I have so longed for a companion in my pursuits who would be interested in that which is so dear to my heart and mind and to discuss it with me.

(A) (Interrupting) These, as is seen, are the carrying out, as it were, in the conscious and subconscious forces of the entity, those developments to which and through which the entity is developing towards that stage and state of the more perfect understanding of the why, the reason, the development as is necessary for each and every individual entity to attain in the earth's plane....

2646-8, F Adult, 1/8/42

Report 4. 1/23/42 EC's letter to [1866]:

Dear Miss [1866]:

Thanks for yours of the 20th. Please know I was not trying to get your curiosity up at such a time, nor do I wish to appear curious or out of the ordinary, but am sure you know that your Father and I were very close for some time. He took many of the readings, and we discussed many phases of the work. Naturally we discussed Life after death. There was never a pact, as to any such thing as communication – if such were possible - rather the understanding the one would assure the other if such could be. Your Father's passing then meant a great deal to me, for he was one of the best friends a man ever had.

The first time had any message from him was a good while ago, regards word would have from Mrs. [2415] [sister of [2646]], and sure enough few days after did have a letter from her this came in a dream. Then when the young man [[2321], son-in-law of [2415]] passed on, during a reading your Father spoke, telling that he had passed on, neglecting to do some of the things that had been suggested. Then few days later we had the letter telling us he [2321] had passed.

But when had your wire, and undertook the reading for your Mother saw him [287] during the reading he said - "No, no, Mr. Cayce, [2646] wants to come on; don't prevent her" - but the reading [2646-8] gave as you had.

That is why was very sure knew when your Mother passed – Just know they are very happy together now.

Do trust all is well with you - and that HIS Mercy and Grace will keep you at this time. Only those of us who have lost our parents realize just what it means. Thanking you, with all good wishes
Sincerely, Edgar Cayce

Advice from Spirit

165-14, M 52, 9/7/29

(Q) In my business readings, in connection with paint formulation, what specific personality can I ask for to get best answers? [Spirit communication?]

(A) Those interested in that phase of the business from which information, or of which information is sought.

136-53, F 22, 12/13/26

This will also give the body strength to overcome those conditions as are produced by the congestion from cold, just as those properties as were taken by the body - (given in undertone) - as were given from those forces as come from the mother - [139] these will give strength and aid the body.

195-65, M 46, 7/13/29

EC: Yes, we have the body, the enquiring mind, [195] - this we have had before. Also the drawing, also the motor model. No reason why this motor doesn't work, [195]! but with the constructions as are seen here on the drawing, the increasing of the size of the pinion gear with those changes as have come in your mind, through the action of conditions as hindered in the passing of the gear about the [drum?], and this, as stands, should work perfectly, and will, if this will be modeled after the idea as presented here. Wilbur Wright. [Spirit communication? Mr. [195] had known Wilbur Wright when he was alive.]....

(Q) Are there any further recommendations?

(A) No further recommendations here at present. Remember this, [195]! Call on Wilbur! [Wilbur Wright] HE will answer!

254-1, M Adult, 2/13/11

(Q) How shall the professional side be arranged and managed so as to obtain the greatest success?

(A) By doing these things, giving to the material man from the ethereal world here. Here, you see we have communication from all of these, from before. We have communication from all these present, and from the physical bodies. The physical condition of a body is the condition existing in that body at the present. If we have a body suffering from a mental state, from a physical state or from an abnormal condition of all combined together, it given from the ethereal state by that condition whereby we show to the mental man outside, or the material man, whereby we gain credence from these; whereby we are able to show ourselves to the man here. And the closer we are followed here with these the stronger we become, because we become more thorough, you see in our works; we show more strongly to the material man the workings of the ethereal world. As we gain more control to these we gain more to the abnormal or subconscious mind of man, to give credence to these conditions that exist in all bodies. Whereby we gain these controls is got by how these are to be given out to individual selves, as we have now, here. This body [Edgar Cayce, Jr.?], which has become racked with pain, you see, from the physical condition of the man - if we give this then to the material man, as through this agent here, we rid this body of this pain. [Was advice given to EC here, which the steno typed separately, of which we have no copy, or was "This body" simply used as a hypothetical case to illustrate the point?] The material man becomes conscious of this body because we have had material good to the man. We answer both to his inner conscience and to the physical man, and to the outside world, whereby we gain credence, whereby the material that has been used into this man, or that has used these agencies for this man here, gains credence. And the minute we gain credence and give credit to ourselves we lose it all.

Warnings about Spirit Communication

2787-1, F 49, 7/25/42

Seek not other entities. Not that many are not about; not that there is not the communion of saints, but there is also the communion of sinners! Ye seek not those!

1782-1, F 64, 1/5/39

(Q) Is it well to foster the sense of continued communication with his spirit while we are separated by "death", so-called?

(A) If this is for a helpful experience to each, it is well. Let it rather be directed by that communion with Him who has promised to be WITH thee always! and hinder not then thy companion, but - in such associations and meetings - give the direction to the Holy One.

2533-8, M 39, 5/3/44

(Q) How may I recognize sincere seekers of the Light, incarnate, and attune to those disincarnate?

(A) This, too, has just been explained in how and where and in what manner there may be the projection; or even as the body may interpret it when the body in itself may levitate itself from matter. Begin with self, then; attuning self in mind to spirit, until there is the ability in self to see self levitated from its own body. See it pass by. See it stand aside. See it act in all of the activities. This, then, will give the entity that ability within self to discern incarnate and disincarnate entities in their own activity.

Begin with self, not outside of self, if you would keep your own rational self.

1909-3, M 34, 6/3/31

...Why SHOULD such ones be guided by those in the borderland, those in the shadow or the vale, when the greater truths may be shown even THESE that sit in the shadow through their BETTER selves, their BETTER understanding, their better developments - see?

900-410, M 33, 10/13/28

[900], be careful of those of whom you have been warned! Be in the accepted channel, that I may be the guide.

1135-2, M 35, 3/26/36

Hence there be many phases, many characters of the manifestation of psychic forces in the material world. There are those influences from without the veil that seek – seek - that they may find an expression, that they may still be a portion of this evolution in the earth, not considering their present estate. And these bring turmoil, strife.

3000-2, F 55, 5/14/43

(Q) What is the entity that puts me into a hypnotic sleep at night?

(A) Beware of those influences that would prevent thee from being thine own self. Walk closer with those forces as promised in, "In my Father's house are many mansions..."

1135-6, M 36, 11/11/36

MANY an individual, many a personage has given his all for the demonstrating of a truth. As it has been indicated from the first through THIS channel, there should ever be that ideal, "What does such information as may come through such a channel produce in the experience of individuals, as to not their thoughts, not their relations other than does such make them better parents, better children, better husbands, better wives, better neighbors, better friends, better citizens?" And if and when it does NOT, LEAVE IT ALONE!

5221-1, F 53, 6/9/44

(Q) What is it exactly that assails me?

(A) Outside influences. Disincarnate entities. Do as given and we will gain help.

1957-1, F 32, 7/17/39

In giving the interpretation of the records as we find them here, some little hardships are being encountered owing to the very closeness of this association with another soul-entity on the other side.

2506-1, F 54, 5/27/41

Seek then, in the present; for ye are oft tempered with the judgments of those through that particular period of activity; when the vibrations are raised within self and there is the attunement to the universal consciousness; for there is oft a babble of voices, of directions, even as in that experience.

1770-3, F 50, 6/19/39

(Q) Can I assist mankind through communications with him, progressing in clairvoyant powers? If so, what would be the procedure?

(A) There may be assistance or assurance to self, and an aid to the companion by such.

As to using such AS an aid to others, it would be a retarding to the companion.

1598-2, M 67, 5/29/38

(Q) Should I follow up my psychic contacts through Dr. MacBeth [Edmund A. MacBeth, M.D. and Spiritualist healer] with Tobe in the spirit world? or through Mrs. Johnson with Dr. Murphy, formerly of Chicago? or with Dr. Hardwicke? Or anyone in England this summer?

(A) If self is well founded in its purposes, very well. Do not hinder, however, the advancement of any disincarnate entity by the use of its influences in material planes.

You would not seek nor desire to be hindered. Neither would you ask that yourself be imposed upon others, other than that He - your Master - would direct.

1786-2, F 39, 7/10/39

(Q) Have I any further contact with my late husband, [...], since he has passed on?

(A) If that is the desire, it will continue to hang on to same! If it is to be finished, and that which has been to be the development, then leave this aside.

(Q) Does he know of my prayers?

(A) Do you wish him to? Do you wish to call him back to those disturbing forces, or do you wish the self to be poured out for him that he may be happy? Which is it you desire - to satisfy self that you are communicating, or that you are holding him in such a way as to retard? Or hast thou BELIEVED the promise? Leave him in the hands of Him who is the resurrection! Then prepare thyself for same.

1947-5, F 32, 6/9/40

(Q) Is the medium Buddy, friend of my friend Clara in Washington, reliable or false?

(A) This as we find is to be determined by individuals who seek information through such channels. There ARE through mediumships various interpretations by the sources from which such information comes. For, as we have indicated through this channel heretofore, oft there are those sources that are purely of the subconscious mind of the individual entity. At other periods there are the interpretations, or attempts to read from those records that are a part of the universal forces; and in the intent to interpret such there may be many misleading interpretations and directions taken, from that attempted to be given.

Not intentionally false, but not always true.

1581-2, M 12, 3/26/39

(Q) Stewart Hoover who is in the spirit world - is he the one who guides me and should I cultivate the relationship?

(A) This is not amiss, but best not for cultivation; else ye limit thyself and hinder Stewart Hoover in his real development...

2021-1, M 23, 10/7/39

The entity was one Bill Edmundson, that followed close after those experiences when there were those who were persecuted for their belief in the spiritual or spiritism activities.

We find that the entity made light of, yet experiences those close associations with earthbound spirits or entities who had not found their way. Yet the entity put same aside, without analyzing or doing much about same....

(Q) Who is my spirit teacher, "Amicus," and how may I best cooperate and keep in touch with him?

(A) Read that as has been given. If ye choose less than the full creative forces, thy Maker, ye fall short of thy abilities.

2502-1, F 42, 2/26/30

...In that experienced in the present, the ABILITIES to gain access to the inner conscience of conditions, places, times, and things. These may be applied for weal or for woe, and blessed IS he who does NOT use same for own gratification, nor for the furthering of material or carnal desire. Cursed be they that use same to that which causes contempt in self, or for DOUBT to arise. In the CLOSENESS of the entity during the period to nature, and to nature's children, and to the hardships of an earth's experience; not in suffering so much of purely physical, as of a hunger and a thirst for the MENTAL and SPIRITUAL side of earthly experience. In the present, DOUBTS arise in the present. There comes many CROWDING in for expression. Be mindful that they be not earthbound; for in Him only is the light, and he that climbeth up some other way is a robber, and would lead men astray, binding women in places that they may not see.

5753-1, F, 6/16/33

(Q) Are not transferred memories misappropriated by individuals and considered to be personal experiences?

(A) Personal experiences have their influence upon the inner soul, while disincarnate entities (that may be earth-bound, or that may be heaven-bound) may influence the thought of an entity or a mind.

But, who gives the law to have an element to influence, whether from self or from others? That same as from the beginning. The WILL of the soul that it may be one with the first cause.

In the material, the mental, and the spiritual experience of many souls, many entities, it has been found that there BE those influences that DO have their effect upon the thought of those that would do this or that. Who gives it? Self!

Just as it is when an entity, a body, fills its mind (mentally, materially) with those experiences that bespeak of those things that add to the carnal forces of an experience. Just so does the mind become the builder throughout. And the mental mind, or physical mind, becomes CARNALLY directed!

The mind is the builder ever, whether in the spirit or in the flesh. If one's mind is filled with those things that bespeak of the spirit, that one becomes spiritual-minded.

As we may find in a material world: Envy, strife, selfishness, greediness, avarice, are the children of MAN! Longsuffering, kindness, brotherly love, good deeds, are the children of the spirit of light.

Choose ye (as it has ever been given) whom ye will serve.

This is not begging the question! As individuals become abased, or possessed, are their thoughts guided by those in the borderland? Certainly! If allowed to be!

But he that looks within is higher, for the spirit knoweth the Spirit of its Maker - and the children of same are as given. And, "My Spirit beareth witness with thy spirit," saith He that giveth life!

What IS Life? A manifestation of the first cause - God!

2593-1, M 64, 9/27/41

In regards these papers, here we meet with conflicting influences - that appear from innate desires on the part of those in the cosmic or interbetween....

To meet such conditions at times, it is not well that this entity - Edgar Cayce - enter such conditions, if there is to be the continued attempt to carry on helpful spiritual forces; lest there be an overpowering influence from those disincarnate influences to the body, Edgar Cayce.

Beware, lest ye be tempted.

3054-4, F 50, 2/16/44

The entity went into the land of Saad, but becoming a companion to a priest of Saad, set about to establish a kingdom of its own. Hence the entity's interest in, and its abilities to use influences of self for tenets or teachings or truths. And it is this influence which the companion of that period so often would impress upon the entity's consciousness, when the entity enters into deep meditation or when the entity attempts to write - that is, automatic writing. This influence is not always for good, for it is impelling upon the entity.

Turn rather to that which has been indicated as a part of the entity's influence that should be one with the Creative Force, God.

254-73, M Adult, 4/30/34

(Q) Considering the information already given through this channel, the needs and desires of the family, the desire of those present to assist and especially the soul development of [378], you will tell us just what would be the best manner to seek further information concerning his welfare through this channel.

(A) As indicated, there are limitations to the activity of any influence that manifests itself into material action.

Such seeking through these channels is among those things that may be DONE, but when there is considered the numbers and the type and the character of information that others seek, it is like sharpening a pencil with a razor. For, to seek through force into that which has been willed by a soul, as to what its consorts or associations shall be, is to attempt to override a natural law; "Like begets like."

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Then, the greater aid may be had through reaching out, through seeking divine aid to those that in their realm of experience and activity may work upon the soul and mind of that entity, [378].

As was given by Him, be rather afraid to do wrong or to have thy good evil spoken of by or through evil associations of the SOURCES of the information.

For a minute turn back, my children, to that which was given as to how the information through this channel may be received: Through the subconscious or soul self of the body Edgar Cayce, and that soul development or experience in its realm of relative material association; or through the activity of the subconscious or soul self of those passed into the realms of spirituality or spiritism, or both; or through those influences that may be had by the associations of ideas and ideals of those so seeking. And add to this: The judgement will ever be as to the spirituality of that which is being sought. Not that this may not at times bring questionings to many; but would ye - for the thought of being well spoken of - slay the goose even though he be the one that only lays china eggs, much less golden ones? Would ye tempt the man by influencing such to seek independently of that which has been given as to the channels through which ye must or SHOULD seek?

(Q) Give the proper suggestion to be given Edgar Cayce to obtain the help as suggested.

(A) YOU WILL, IN THE LIGHT OF DIVINE GUIDANCE, AID IN ASSISTING THE SOUL OF [378], TO SEEK TO DO THAT WHICH IS BEST AND IN KEEPING WITH THAT HIS MAKER WOULD HAVE HIS SOUL WILL TO DO AT THIS TIME.

(Q) Is the soul-entity of Edgar Cayce properly protected in seeking information of this character, and what more can he do to strengthen this protection? Is any special suggestion necessary, if so give same.

(A) Each soul should ever seek and be directed to be under the protection of the Christ Consciousness in its seeking for information, or for guidance in seeking for same; and ever be surrounded by that Consciousness. For, much might be given here as to what man in his estate has gained, and as to how he has gained that knowledge of the seeking for the awareness of a consciousness in what is called the unseen, the cosmic, the spirit realm, the unconscious of a conscious mind.

In directing the body, then, either verbally or in the undertone or in the desire of all present, make the affirmation that only the highest may guide in all experiences; and there will grow the more perfect attunement by the associations of that consciousness ever of those present. And be they saint or sinner, rich or poor, stranger or closest in association, they should ever be asked to hold that affirmation through every period of laying aside of the conscious self to enter in communication with the highest that may be attained in self. And those who cannot conform should NOT be present.

599-6, M 61, 5/12/28

Beware of those things as impressed on the mental attitude of body as respecting digestion; for these are things not to be lightly over-ridden; but the general application of self to such conditions are to respond. Then heed, and not be swayed by others to overload system when it should not be; especially with meats and sugars; for there exists - as has been given for the body - much of that as may be applied from within through the application of self to the psychic or mediumistic forces of the body. Well that these be heeded. Be not unmindful of the voices, nor of the visions as come to the inner self. [See 599-1.] Do not attempt to force such elements; else there is too much of the likelihood of interference from earth forces. Well that the body enter into meditation each evening at a specified time, place, and begin with the 14th chapter of John, and remember these words forward and backward unto the end of the 17th chapter, as has been set out. In THIS association, THIS sphere of communication, may there come none but those that are in accord with the proper and correct development of the inner man; for as this begins, "In my Father's house are many mansions," is spoken of self even as in the end, "Lo, I am with you, even unto the end of the world." Make that presence ever felt within self. No evil may enter. We are through.

1376-1, F Adult, 5/29/37

... As we find, to be controlled or directed by an ENTITY that has not PROCLAIMED - Well, it is allowing will to be broken.

(Q) Are the entities who present themselves as guides for [1376] the persons they represent themselves to be and how far may their suggestions be followed for her best development?

(A) Such questions are answered when those purposes, those desires have been determined within the inmost self of [1376] [?].

How spoke he [Archangel Michael] when he wrestled with the evil one regarding the physical body of Moses? Read that portion of Jude in which this is given.

Be ye not as the winds that blow about, as clouds without water; but be ye steadfast in the word of truth.

(Q) Please explain how she may protect herself from these entities?

(A) As an entity, a soul, a mind, enters - as has been so oft given - put about the self the cloak, the garment, yea the mantle of Christ; not as a man, not as an individual but the CHRIST - that universal consciousness of love that we see manifested in those who have forgotten self but - AS Jesus - give themselves that others may know the truth.

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For the promise has been, "If ye will call, I will HEAR!" "If ye will call, I WILL HEAR!"

That is the protection. Call - that the spirit of truth, that is manifested in the promises of an ALL-Loving Father, be about self in the seeking to aid, to bring cheer, hope, help, faith, courage to the weak, to the discouraged, to the disconsolate. These be the promises - and how hath it been said? "Though the heavens and the earth pass away, my words, my promises shall NOT" - unless ye supersede them by the promises of man!"

3871-1, F 45, 11/7/31

In those activities of the mental body, as we find, the body itself is a MEDIUM of those forces as may be made manifest in the material world from those sources that have to do with both the mental places and mental aspects, as well as those of the forces as may manifest themselves through the consciousness of individualities and personalities, as are occupying the various spheres and planes IN the earth, ABOUT the earth. This often becomes confusing to the body, both on account of those indecisions as to the IDEALS of the body - not ideas, ideals! for had the body made its own decision as to that of its IDEAL, then it would NOT be swayed from its opinions by the varied forms of manifestations as have presented themselves, as do present themselves TO the body, THROUGH the various aspects of its relationships to life; for being ungrounded as to its ideal, a vision here, a vision there, that makes for incoordination of the ideas as have been set by this body, Mrs. Bertha Gorman [3871] [see 3871-1, Par. B1] we are speaking of, produces those things that become HARD to be coordinated in the mental reservations of the body, and brings in the physical - THROUGH these incoordinations - those of feelings of oppression, of loneliness, of suddenly surrounded with those various feelings of that those about the body are pulling here, would induce or force the body there, into that way of thinking, that way of manifesting its abilities that are not in accord with that which makes for peace, harmony, coordinated forces of a divine ruling of the forces, which is the common heritage of every entity, of every individual, who - through their OWN personality may make for the reflection in the deeds OF the body, in the visions OF the imaginative body, in the thoughts of the mental body, of the continuity of LIFE and development itself; for God BEING life, spirit in action, not that which is created by man's ideas, or even man's ideals, but IS man's highest ideal, that came into the earth through those offices of the flesh, that all who WOULD look unto Him might have that consciousness from within themselves that they, the individual, had an advocate with the Father, and might approach that throne of grace and mercy, and understanding, and goodness, and light, and awakening, with the feeling that there IS a place for them in that Presence, and that they will not be denied that as is necessary for the awakening of their souls to the knowledge of His presence dwelling within them. That there are other influences that are abroad in the earth is evidenced to all by the disappointments,

SPIRIT COMMUNICATION CIRCULATING FILE

the lost hopes, the indecisions of friends, the falseness of the associations of those in the earth that become the material-minded, stumble over themselves into darkness; yet these are but the heritages of flesh itself, and the mental body being capable of raising those vibrations within the flesh itself may put aside those things that so easily beset, and [run] one with faith, with hope, that NECESSARY way that is set before each and every one who have NAMED the Name of the Son, for those who call upon Him shall in no wise lose their reward; PROVIDED the trust is put in Him and not in those ideas, those thoughts of individuals, rather than Him who has PREPARED the way.

In those things as come through those of individuals, who in their weakness are held about the earth, and who seek here and there that they may gain a hold as a stepping-stone to that which will bring an awakening to them, or that will drag individuals to companionships; yet will every child who has named the Name but know that the CONTINUITY of life is in HIM ONLY, and those that climb up some other way are but thieves and robbers. Those that look for the glory in Him, those that seek to know His counsel, may HAVE same, through that faith that passeth all understanding, that faith as brought worlds into being, that faith that creates within the body-physical those elements that may rebuild, may replenish the whole of the physical forces, those that through the faith in life itself may make for a new blood stream, the issue OF the physical life. THIS, then, IS that which should be the ideal OF this body, "In Him will I put my trust, as to open the way that I may have a better insight as to what He would have me do, day by day. In the relationships with individuals about them, with the individuals who have known them best, with the individuals whom I may meet only in the passing, will there be seen by those even who run, that the Christ spirit hath awakened the body-consciousness, the mental forces of the body itself.

INDEX OF READING 136-73 F 23

ATTITUDES & EMOTIONS: FEAR: DEATH

Bible: Books Of: I John 4: 18

Par. 5

DREAMS

SPIRIT COMMUNICATION

BACKGROUND OF READING 136-73 F 23

B1. 9/26/27 Husband [900]'s letter submitting dreams for interpretation in 136-73:

(1) "Was speaking to my mother [139] about Louis Schoolhouse. I saw him in his tuxedo suit going about with Florence to restaurants, theatres, dances, etc. I met him and, shaking hands with him, greeted him cordially to which he replied in like cordial manner.

"My mother then told me that they were keeping Louis right here in this plane, close to Florence, because she was so lonesome. They were going to let Louis go around with her a while, my mother told me.

"Who are they? That is, are there higher developed entities that conduct or govern the exit and entrance of other entities from one plane, section or planet to another?"

"Does the individual's own development govern his subjection or independent free activity in the cosmic plane. What relationship does that entity, called in flesh Louis Schoolhouse, bear to Florence Schoolhouse now in flesh and her lonesomeness?"

(2) "Was watching my Aunt Helen being operated upon and likewise others such as Aunt Irma...and even my baby. They all grew terribly frightened as they approached the operating room. It seemed I saw in particular my Aunt Helen ... and she grew frantically frightened, and then it changed to be my mother [139] going to be operated upon and who was afraid.

"My mother demonstrating the element of fear that enters people at such times, that she herself felt under the conditions she herself experienced? Is my mother telling me that much, if not all of such fear is groundless?"

B2. 9/28/27 See 136-73 interpreting above dreams.

TEXT OF READING 136-73 F 23 (Housewife)

This psychic reading given by Edgar Cayce, Virginia Beach, Va., this 28th day of September, 1927, in accordance with request made by [900].

1. GC: You will have before you the body and the enquiring mind of [136] of New York City, and the dreams this body had on the dates which I will give you. You will give the interpretation and lesson to be gained from each of these, as I read them to you, and you will answer the questions which I will ask you regarding same.

SPIRIT COMMUNICATION CIRCULATING FILE

2. EC: We have the body, the enquiring mind, [136], and the dreams as have been presented in vision or in the body- conscious mind in a portion of the subjugated way and manner, as has been seen from time to time.
3. In the various visions as are presented to the entity, [136], we find these present many various phases of the conditions that represent communications between those in the cosmic plane and self in that condition in which the CONSCIOUSNESS is laid aside, or partly subjugated.
4. In the various conditions as are seen, these are given rather that the body may understand what fear means to the body in entering such conditions, see? In that wherein the various bodies are shown the entity, study these in this phase and in this manner.
5. In the various conglomerations, as it were, of conditions arising by individuals entering into certain conditions, and of individuals being presented for certain conditions PHYSICALLY, and the fear that is encountered therein - there is seen that through fear there is brought on destructive forces within the body, while perfect love casteth out fear. And the understanding comes through love - as is seen in the way and manner in which the body is presented with the various instructions from the mother.
6. We are through.

INDEX OF READING 254-67

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TEXT OF READING 254-67

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Va. Beach, Va., this 7th day of September, 1933, in accordance with request by those present.

1. GC: You will have before you the psychic work of Edgar Cayce, and the enquiring minds of those present in this room, in relation to the phenomena manifested through him. You will answer questions regarding the phenomena, and such philosophical subjects that may be presented for explanation through this channel.

2. EC: Yes, we have the phenomena; or the phenomenon, in its association with the manifestations through the body Edgar Cayce, and the enquiring minds of those present in this room. Ready for questions.

3. (Q) What was the cause of not being able to obtain [355]'s Life Reading on Saturday morning, June 10th, when attempted? [See 355-1 on 6/13/33.]

(A) The inability for the active forces of the body Edgar Cayce, from the cycle of psychic influence, to contact that record necessary for the interpreting of same.

It would be well that there be reviewed much that has been given through these channels, as to how information is obtained through these channels. Much has been given from time to time, though - in reviewing same - there may be some enlargements upon that already given that may be enlightening to those present, as to their own susceptibility to such influence; and may also enlighten some as to a better understanding of the laws that govern same.

First, let this be understood. Any phenomena worth considering by an enlightened mind must work or act in unison through some unified channels, that there may be - as it were - stated necessary conditions in the activity for the production of the best or of the truth as related to that particular phase or class of phenomena.

And because there are variations, or because there are periods when it is seemingly impossible for contact to be made, does not necessarily indicate that such a channel IS governed by these laws; nor does it signify that such a channel or medium (if chosen to be called such) is not amenable to those laws.

Then, considering this particular channel and what takes place when information of a varied sort is obtained, or obtainable, or unobtainable through this channel Edgar Cayce:

As has been set forth as to the developing of the soul-entity through material-earthy manifestations (Please watch the wording), there has been a development for the soul-entity that lends itself (through natural consequence of environment and hereditary influence, from the spiritual plane) to activity in the realms of psychic or mental forces.

Then, consider also that which has been given, that through the subconscious or superconscious forces of the entity the manifestations may take place; or from the superconscious or subconscious forces of entities that may have passed into that designated as the spiritual realm. Through these, or through the universal consciousness or cosmic consciousness from the very abilities of the entity Edgar Cayce to wholly subjugate the physical consciousness as to allow the use of physical organs that may be attuned to all realms that pertain to psychic or mental or spiritual influences in the realms about the entity.

Then, that which wavers or hinders or repels or blocks the activity through this channel when in such a state may be from these causes; namely:

The unwillingness of the body-consciousness to submit to the suggestion as pertaining to information desired at that particular time. Or the activity of the physical in such a manner as to require the influence or supervision of the superconsciousness in the body, or ill health, at such a period. Or the mental attitude of those about the body that are not in accord with the type, class or character of information sought at that particular time. Or there may be the many variations of the combination of these, influencing one to another, as to the type, class or real activity of the entity or soul that seeks the information.

For, as may be surmised from that given, one that would approach the sources of the information with the innate and manifested desire that that which is supplied in information should emanate from a loved one in the spiritual realm, and that desire has kept such an entity in the realm of communication, and there are those combative influences in the experience of that entity so seeking, and the development of the entity of the channel or medium through which the information may be attempted is capable of such contact, is there not - as presented in Holy Writ - the continual warring with the flesh and the spirit? The continual warring also with the spirit or entity or consciousness that would control through such a period of information passing from one realm to another.

For (for further explanation), this should be known to all: The material realms or earth activities are as a shadow or a manifestation of a spiritual law, that may in its essence - when viewed from the realm of psychic or spiritual or mental influence - appear to be quite different; yet one is the shadow of the other. But in describing, then, as a shadow upon a material plane, there would be periods - according to the time of day, the position of the body from the source of light casting such a shadow - when there would be an outline that anyone would know that from which the shadow was cast. Yet at other periods the shadow would be, of the same body (material body), such that the description would not reach the consciousness of those even more intimate with the body from which such a shadow would be cast.

So, with that which may emanate through such a channel, there be many influences that have to do with the corrector of the shadow cast; remembering, too, that material things - or the vocal cords of a body, material - are being used as the means of transmitting that which may be seen of the actual or true body that is being described, analyzed, philosophized, theorized, or acted upon by or through that being sought.

Hence, there are laws that pertain to the activity; as to why there become periods when there is the inability of activity, or when the activity becomes hindered by DIVERS reasons or causes, when they are so called in the material plane.

As in this particular instance that is asked for, with this entity now known as [355]: There were, in the field or room at that particular time, feelings in the make-up (which means of the whole body) of those present that made for a deflecting of that being sought; as well as of the shadow cast. Or, there was the inability to reach that position, that plane, that sphere, from which the record was being sought as made by the entity.

What are the records, and how are they made, is asked, that they may be turned back and so read by any soul-mind or medium or channel? (Which, in its analysis, means the soul-mind of either the entity through which the information comes or that entity speaking or manifesting, whether in hearing, in visioning, in writing, in speaking; but, as given, to become a manifestation it must approach through one of the channels through which consciousness comes to those that reside in the plane that is seeking the information. See? Hence, called senses.) In this particular instance, again there were those conditions in the entity's mental being seeking the information that were combative in opening self that the real record might be read as made.

How is the record made? How is the record read?

In the material plane we have instruments that are so attuned through the raising of the forces in various elements of one or another of the consciousnesses that manifest in the material plane. As in the phonograph or the radio, or the prism light; or any of the activating influences such as in the stethoscope with its various acoustic arrangements for the activity of elements related to movements of various influences within the realm of man's activity in respiration, circulation, activity of contractings in muscular forces, tendon activities, ganglia reaction, and the like.

These are but, then (from our first premise), a shadow of the real realm in which the activity of life is recorded.

Then (to become more elucidating upon that we are presenting here), we must turn again to a first premise that we may make for the greater enlightenment or the cooperative influences that come to bear when these are in motion that make for a record.

For, as we see first in the material plane, to the material sense, an object or a body that is called stationary produces the same character of shadow as one in motion. Far, far from same!

It might be even characterized by saying that an instrument for measuring time that stood still is correct in some realms twice each twenty-four hours, but never correct at any other seconds in that period.

So with the shadow of a stationary object; for that which appears even stationary is only relatively so, as related to or compared with that still in motion (through the sense stations of consciousness to a body in the material plane.)

Then Life, or the manifestation of that which is in motion, is receiving its impulse from a first cause.

What is the first cause?

That which has brought, is bringing, all life into being; or animation, or force, or power, or movement, or consciousness, as to either the material plane, the mental plane, the spiritual plane.

Hence it is the force that is called Lord, God, Jehovah, Yah, Ohum [Ohm?], Abba and the like. Hence the activity that is seen of any element in the material plane is a manifestation of that first cause. One Force. And, as seen and stated above, a record in a phonograph is made up of elements of a certain combination of that which has become in manifested form in certain movements in relation to the first cause, for the projection (and does project) by natural laws; as the

physical or material laws, then, are the reflection or shadow of spiritual laws. See? And these then make for, under certain laws, certain words, certain regulations, the retaining of that (through one of these elements or attributes of consciousness) which has passed before it; or that has been indented upon this element in this rate of activity of a first cause or first principle that is in movement, and unless in movement is not capable of being manifested in a material world. For, the movement itself (to make applicable another law) **DRAWS** about a nucleus the positive and negative forces as to bring into visibility from one sphere or realm to another that force or power. Or it has lost that which makes for the raising or reducing of such vibrations as for the force, the power, the first cause, to become active in this or that or the other realm of consciousness.

Then, as the realm of record is made by indentations of other influences that act upon the medium that is used as the source, or plate, or manner of recording, so will there be - with the acoustic arrangements of that which is the negative of that influence which causes the indentation - **REPRODUCED** that which has been indented by the positive activity upon that record, that plate, that plane, that activity.

So is this, then, as the record that is made of the force that manifests itself in the form of a body-mind with the attributes of all that vibration through which it has passed in reaching that place or plane of consciousness; it must be in accord, so that the record made is positive or negative (negative being error, positive being right - good), that it may be penetrated to through the application of a negative influence upon that in whatever realm it may have made its indentation or record.

Then, only in attuning the forces of that which may be the medium of reading back that record which has been made, may this be given activity into another realm of consciousness for instruction, for edification, for those various activities of those seeking same. For, how does the answer come? For what purpose is the information sought? To do that which is in accord with that which first made the record, the indentation, or to correct that which has been in an obtuse angle to that which should be in accord with that to which the entity or the soul so making such a record is gathering its influence and force toward?

Hence, how easily may there be a diffusion or a break in that which may be obtained through such a channel, that is capable of attuning self so that it may write, read, hear, see, feel, or experience, and - through **SOME** of the modes of approach to consciousness in a material world - give that experience which has been made by some activity; whether in this or that realm, in its course through that of eternity, time, space, or in the realm of the spirit itself!

For, as given, names but give metes and bounds to the consciousness of those that classify such activities in a certain stage or realm of conscious movement.

In the same manner we find the record as of the radio. The influences used here are simply a changed vibration of those very influences that have been described in their activity, and gather from this or that influence that which is being recorded. By the movement of what? The first cause, when in its activity in various forms or manners in a certain realm of consciousness.

What, then, is the variation from the one to the other?

The reproducer of that recorded. In one it is required that it change its realm of activity for reproduction. In the other it is attuned to the first cause, that gives off in whatever realm or place that is attuned TO the activity, the IMMEDIATE response.

Hence, as from our first premise (the post), the conditions are only relative. Then, the psychic influences or forces in manifestation in their various spheres are as but a type of needle upon the record; a type of acoustics in the recorded or de-recording activity. Or the power and the influence by its development toward the realm of the first cause, as to the power of the tube or of the resoundant or of the length of its activity to care for its reproduction.

Hence, out of tune by many of the channels that have been indicated did prevent at that time [355] from receiving that later given.

4. (Q) In group reading of Sunday afternoon, June 25th [262-48, Par. 14-A], why was no answer given to the request for a message? What happened to Edgar Cayce during the experience?

(A) This, as we find then, must (if it follows natural laws) fall among the category of that which has been presented as related to the laws pertaining to the abilities of the reproducer to gain from the channel of the information sought that which is to be brought to those seeking.

In this particular instance we find two elements enter. Remember, we have spoken of the elements; how that they in their various vibrations produce that which makes for either the producer or the receiver. See?

And these may appear, in their first glance from those that would study same, to be a different condition; yet they are phases, as the shadow has lengthened - or that producing same is at such an angle that no answer comes.

Is the simile understood? It is as this:

In the one there was the desire of that source of supply to respond through that channel (This is from the outside, now, acting in) being opened for same. And there was within that which turned the switch and produced static. Hence no message came. Who? Those present.

What happened to the body Edgar Cayce?

To the BODY, little. To the MENTAL forces, or the spiritual activity of the entity as a whole, a very hard KNOCK; as there was the DESIRE to enter in, and the entity stumbled - as it were - against a closed door.

Yes, this is deep; but it's understood!

5. (Q) What happened Tuesday morning, July 11th, when we attempted to obtain a Life Reading for [373], and received only some words or exclamations in German?

(A) The attempt of one that might guide the thought of the entity seeking, that was of that speech only. You see where this fits in with that which has been given? Incapable of being understood through those present, then - BY THEM - cut off!

6. (Q) What is the interpretation of the German words given?

(A) This is simply curiosity! Learn German!

7. We are through.

INDEX OF READING 294-155 M 55

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SPIRIT COMMUNICATION

BACKGROUND OF READING 294-155 M 55

B1. See previous dream interpretation rdgs., the last being 294-139 on 4/7/32. On 11/15/32 EC sought interpretation of the CONSCIOUS vision he had on 10/30/32 while teaching his Bible Class in the First Presbyterian Church.

TEXT OF READING 294-155 M 55 (Psychic Diagnostician, Protestant)

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 15th day of November, 1932, in accordance with request made by self - Edgar Cayce

1. GC: You will have before you the body and the soul-mind of Edgar Cayce, present in this room, and the experience or vision had by him on October 30th while teaching the Sunday School lesson at the First Presbyterian Church, Virginia Beach, Va., in which he saw a number of the Jewish faith apparently enter the church and listen at the discourse. You will please tell this body if this was a true vision, and just what, if anything, he is to do about it. [See EC's detailed letter describing the vision on 12/27/32, 294-155, Par. R6.]
2. EC: Yes, we have the body, the enquiring mind and the soul-body Edgar Cayce, present in this room, and the experience, the vision had by the body while discoursing on the lesson.

3. As should be understood by the body, this was an experience, real, literal, in the sense that we as individuals are ever encompassed about by those that are drawn to us by the vibration or attitude concerning conditions that are existent in the experience of entities or souls seeking their way to their Maker.
4. As this particular discourse dealt with the activities of a peculiar or individual people, so there was gathered mostly those that had held in common a faith and desire in this particular phase of experience.
5. The carnal eye was then lifted for Cayce, so that he saw; even as the servant of Elisha saw those that camped between those that would hinder Elisha in his service to his people.
6. As the visions as a child, then, Cayce is again entering that phase of development or experience where there may be in the physical consciousness periods when there may be visioned those that are seeking in the spirit realm for that which will aid them to understand their relations with the Whole.
7. It should be understood that Life is One, that each soul, each entity is a part of the Whole, able, capable of being one with the Source, or the Universal Power, God, yet capable of being individual, independent entities in their own selves. As He has given, to those whom He calls does He give the power to become the Sons of God.
8. As has been given to this body Cayce, to this peculiar people has he been sent; as one - one - that may aid many to come to a better understanding of their relationships to the Creator and their relationships to their fellow man.
9. Then, as indicated from that visioned, they that are seeking, though they be in another dimension, or phase, or plane of experience, are listening, harkening, gathering, that they may gain the better concept of what is to be done.
10. Naturally there arise such questions as these:
11. How does a disincarnate entity hear carnally that spoken from a material mind? With what eyes do they see? With what ears do they hear? With what bodies do they appear? Wherewithal are they clothed?
12. As given, "Know, O Israel, the Lord thy God is ONE!" and the hearing that is come, and does come to an entity is with that whereunto the body-entity has builded; hence by the very nature are drawn together as ONE, the eyes as with the visions that are one, whereunto such entities, such souls have seen in their sojourn through the material plane. They are clothed with that body, that clothing which is in its essence from the very source of that builded through the power given them by their relationships to the Creative Forces that are manifest in a material world.
13. That a man's ideas have changed because he has passed from the material plane into the unseen, how can one conceive of this being different? From whence is the lily clothed? From whence comes the clothing that man may wear? From whence comes the power of differentiation in the ability of an individual man to see or to hear? Wherewithal are they given the power to disseminate speech in its various intonations or incantations, for their communications one with another?
14. One that has been endowed with an understanding of a peoples known as the Indian, that may by grunts, incantations, or in the various forms of expression

to convey that which is being sought of the relations of one to another, is not understood by one who has been endowed with an understanding of the other environs; as in France or in the U.S.A. Not understood, no; but when that language that bespeaks of faith, hope, kindness, love, is manifest it expresses, it conveys to the heart and soul of all a UNIVERSAL language; as does music, as does the beauty of a rose, as does the music of the spheres partake of that which is the closer to that relation as the soul, whether occupying this or that body, has with that Creative Force from which it emanated.

15. So, as in the vision that is shown here, as in the visions that may come to the body, to the soul-mind of the body, honor and reverence same, that the language of the spheres, that the Voice of the Creative Forces are being manifest; but do not abuse same by THINKING, acting, speaking or FEELING that self HAS been exalted or raised to any particular position other than of being of greater service to thy fellow man.

16. Remember that, "He that would be the greatest among you will be the servant of all." He that will humble himself shall be exalted. He that remains true shall be lifted up, even as He gave, "And I, IF I be lifted up will draw ALL MEN unto me."

17. Know, then, that there is being shed some of that glory that was in Him, and that is given thee in this carnal body, this weakened flesh, through the insight of the glories that await man if he will remain true to those lessons that are set before him; that self is being lifted up with the greater abilities, the greater opportunity to reach the more.

18. He that is called to service must indeed obey. Know also that it is true in thy experience as it was in His experience, "Though He were the Son, yet learned He obedience by the things which He suffered."

19. As the carnal forces, the carnal mind with its desires, its necessities for the satisfying of those conditions that are created as habit, as desires of the flesh, as desires of the attributes of the physical or material mind are suffering under the strain that comes in the various periods of the manifestations of the glory, know that the body is being given more and more the opportunity then to minister to not only those in the material things in the material life, but these as seen who are seeking in the Borderland, those that are to many a loved one in the spirit land they are seeking - seeking - .

20. GIVE then of thyself in the strength that He gives to thee, for thou hast been called and chosen as one through whom - BODILY - there may come a channel who may speak face to face with his peoples.

21. Keep the faith. Keep the body clean. Look up, LIFT up thine eyes unto the hills from whence the help comes; for God is in His holy temple. Keep, then, thy body CLEAN, thine temple of thine body in such a state, MENTALLY, SPIRITUALLY, that He may come and lodge with thee, that He may oft speak with thee as Father to Son. As thine Elder Brother may He walk with thee in thy going in, thine coming out among men; for that thou hast seen is holy - HOLY; and thou must conduct thine self in such a manner that is WORTHY of these visions, these helps coming to thee the more often.

22. Do not become self-important, nor self-exalting. Be rather selfless, that there may come to all who come under the sound of thy voice, to all that come in thy presence, as they look upon thine countenance, the knowledge and feeling that, indeed this man has been in the presence of his Maker; he has seen the visions of those expanses we all seek to pull the veil aside that we may peer into the future. As ye may become a teacher to those that are "beyond the veil" [Trilby - see Bartlett's Quotations, page 665b. See Par. R6] also, how glorious must be thy words even then to those that falter in their steps day by day!

23. In patience know thy soul may go out and minister to others. So, as thy presence brings that faith, hope and confidence in men's lives, so may the words of thy mouth be acceptable in the sight of thy Redeemer, so may He indeed give thee the abilities to speak even as the oracles of the fathers, as the oracles of God Himself who sits in His Throne and has given to His Son that ability to quicken the hearts of men that they may know His Face also.

24. Be, then, patient, my son. Keep in the ways that He has gone. Know that Mother stands near oft, and will guide in the ways that will aid in coming - coming - nearer to the closer walk with Him.

25. We are through.

REPORTS OF READING 294-155 M 55

12/12/32 See EC's ltr., under 2155-4 Reports, in re his dream "some weeks ago" of angel of death telling him to prepare for leaving this world and that he could only take with him that he had given away. HLC said, "Well, Dad, I'm thinking they'll have to have an express to carry all your baggage."

12/27/32 EC wrote Mrs. [2118] in re the vision while he was teaching his Sunday School Class in the First Presbyterian Church on 10/30/32:

"A few Sundays after you left Virginia Beach I had an experience which I believe will be of interest to you, as you were in my Sunday School Class once or twice and it was during the lesson hour one morning that this happened. The lesson was Joshua's last admonition to his people, and I believe you will find it quite interesting to review this sometime in the near future with many of the thoughts in mind that we discussed. That morning, as I stood before the class I felt as if some power or force was speaking through me. Very materially, I wondered why there were so few to listen, when to my astonishment I saw - either imaginatively or as if a veil was withdrawn - all the section in front of me fill with people. As they filed in, I recognized the greater number of them were of the Jewish faith. Only three or four did I recognize as people whom I had seen or known personally, or ones whose photograph I had seen [as Dave Kahn's father, for instance]. For more than ten minutes they sat listening at my discussion or what must have been to them a great and wonderful message that came from the leader Joshua. Never did I have such an experience. Naturally, I asked for an interpretation, which seems to be rather wonderful. [See 294-155.] Of course, it isn't the kind of thing we want to talk about, unless to those we feel that such would be of real interest. It was certainly an all awe-inspiring experience, such that I have never had before."

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TEXT OF READING 507-1

This psychic reading given by Edgar Cayce at the home of Mr. and Mrs. Ernest W. Zentgraf, 400 St. Paul's Ave., Stapleton, S.I., N.Y., this 3rd day of February, 1934, in accordance with request made by those present - and by self, Mrs. Eileen Garrett, new Associate Member of the Ass'n for Research & Enlightenment, Inc., recommended by Mrs. T. Mitchell Hastings.

P R E S E N T

Edgar Cayce; Hugh Lynn Cayce, Conductor; Gladys Davis, Steno. Eileen Garrett; Margaret Naumberg; T. Mitchell Hastings; Helene, Ernest, Robert, Margret and Lilian Zentgraf; Eleanor and Adolph Ostwald.

1. HLC: Now you will have before you the soul entity now known as Eileen Garrett, present in this room. You will give at this time such information regarding her work which will be interesting and helpful in relation to our experiments today. You will answer the questions which I will ask.
2. EC: Yes, we have the entity, the soul entity, Eileen Garrett, here, present in this room.
3. As to that which may be helpful to those that seek to know that there is the continuity of life, that there is to be gained from those activities in the realm of soul forces that may act through the psychic forces in each individual soul, know that that which may be given through this entity is that which is received through the varied channels that present themselves in that atmosphere or that environ that seeks for an understanding in those fields of activity that may bring to the manifested actions of individuals those influences that may have to bear upon the lives and souls of individuals.
4. As to how, to whom, or from what sources these emanations or activities may take their action, depends upon first the sincerity of purpose, as to whether it is to be constructive in the experience of such seekers or whether through self there is to be the aggrandizement of power, influence or force upon and in the experience. For, as ye sow, so shall ye reap.
5. As there are only those influences in self that may separate the knowledge of the constructive influence in the life; so only self may find those influences through such a channel that will be to meet the needs of those things necessary in self's experience for the greater development.
6. Ready for questions.
7. (Q) Explain how this information is now being given for Mrs. Garrett, the source of this information.
(A) Being given through that which has been builded in the life and the experience of Mrs. Garrett, and taken from those records made by such activities.
8. (Q) What is the source of Mrs. Garrett's psychic information?
(A) A portion is from the soul development of the entity, that has made and does make for a channel through which spiritual or psychic forces may manifest in a material world; and thus giving that to which the seekers may find in their own particular field of activity. Also from those influences from without that are either in those attitudes of being teachers, instructors, directors, or those that

would give to those in the material plane the better comprehension of the continuance of a mental and soul activity.

9. (Q) For what purpose was this power given to her?

(A) That there might be given, as it were, the opportunity for the soul to use that it had builded within self to make for a manifestation in a material world of those influences that are without and within. For, as has been given, the spirit maketh alive - and the kingdom of truth and light is within. With the abilities that are manifested through this soul entity, of subjugation of the influences from the material or carnal influences of experience, making then for self a channel through which there may come those forces or sources from the source of ALL supply. For, the Father giveth ever the increase, whether in material things, mental understanding or spiritual comprehension of that which is within thine own realm or ken.

When these then are used or abused, in such manners as to be used only for self indulgencies, self-aggrandizement, the fruits of these must be contention and strife, inharmony and the like.

As has ever been in all experiences, like begets like. For, the purposes, the desires, are both spiritual and carnal, and as to the soul development of same is as to what are the fruits of such activities. "By their fruits ye shall know them," whether they be of those that make for tares in the experiences of the souls of men, or whether they be of wheat or some other grain that maketh for an increase in the activities of such individuals in their associations with their fellow man. For, in the material world may there only be used in spirit that which creates for the spiritual life. And as ye do unto your fellow man, so may the activity of the individual be in that line, as to whether it fulfils those purposes for which it came into being, with those talents that have been developed through the experiences of the entity in its application of truth, life and understanding to material things.

10. (Q) How can Mrs. Garrett develop her ability to the highest degree?

(A) By keeping self in accord in the inner self with that which is the highest that may manifest itself through the abilities and faculties of the soul body. Thus may it give to the seeker, thus may it give to those that would knock; for, as He has promised ever, if ye seek in the light of thine understanding, trusting in Him for the increase, so may this attitude being kept ever within self make for self being that channel through which only the constructive influences may come into the experience of the seeker.

11. (Q) Do Mrs. Garrett's psychic powers depend on previous development? If so, describe the development which made this present manifested ability possible.

(A) As has been indicated, depends upon much that has been soul development of the entity. And during those experiences when there were those in the lands now known as the Arabian and Persian, when there was the comprehension of the application of the truths in the spiritual relations of the souls of men, with the constructive influences in the activities of individuals, during those days and periods when those activities known as the Zoroastrian were active in the peoples of the land. The entity then was not only an instructor,

a teacher, one that gave much to aid peoples at that period when the fires of life had burned low, but the entity made for the awakening within the hearts and minds of many those relationships that should exist between the creative influences in the spiritual realms with the activities among men. Hence a guide, a teacher, that aided much in those experiences, aids in manifesting to those that seek to see materializations of those forces that would make for presenting of lessons, of tenets, of the various theses of understanding in the experiences of individuals.

12. (Q) Who are Mrs. Garrett's spiritual guides, and tell us something about them?

(A) Let them rather speak for themselves through that channel that is capable rather of presenting them in their light to that which has been the development of the soul itself in its experiences in the earth in the realms of their activity. For, their names are rather in HER experience, in HER seeking, than to find through other channels; even though they may be coming from the records that are made by each in their activity. Speak for thyself.

13. (Q) What counsel have you for Mrs. Garrett's spiritual development?

(A) Present self in thine own inner conscience in such a way and manner that answers for the conscience within self of its own soul development. And as the soul remains true to that which is its ideal from within, it may never give that other than constructive in its speech with those that seek to know the mysteries of soul and self-development; that has made of itself a channel through which men may approach those mysteries of life, and their activities in the minds, the hearts and the souls of men.

14. (Q) Is Mrs. Garrett contacting the highest possible sources for information in accordance with her development?

(A) As the soul seeks, higher and higher may be those influences of the activities in the experience for the DEVELOPMENT of others in THEIR approach to such realms. When the soul seeks for self, for self's own protection and for self's own activities, it reaches the highest that is for that soul's development. When the self is open to those that would question or would counsel with, dependent upon the desire, the purposes, the aims, as to from what source or channel; as it does for ANY soul that has opened itself for the activities of those influences that are in and about a material world. Yet for the self, for the soul's protection, for the abilities, it seeks, it contacts that which is sufficient unto the needs of the soul in its development.

15. (Q) Is there any way in which Mrs. Garrett may be of special service to the work of Edgar Cayce?

(A) As their channels of activity cross or run one into another, in the various phases of experience, there may be those aids that will be for the common good of all. Rather than that it may aid any individual work as of Edgar Cayce or any other source. Rather those who give themselves (as both may be found to be doing) for the common good of mankind, as they merge in their efforts in these directions, may there be the aids rather one for the other. For, as has been given, in the union there is strength; whether this be applied in those things pertaining to the least in the earth or the greater in the realm of the spiritual

activity. Hence, as each in clear purpose of desire to be of aid to their fellow man, not for self - but that the glory of God may be manifested in the hearts and souls of men, THUS may each aid the other. For, as He has given, whether in body, in mind or spirit, ye come seeking to make known the love of the Father in the earth to the sons of men, ye may aid one another.

16. (Q) Would you explain why Edgar Cayce uses this method of hypnosis for going into trance?

(A) That as has oft been given, from the physical development, or physical-mental development of the body, it has become necessary that there be the entire removal of the physical forces and physical attributes from the mental and spiritual and soul forces of the entity, to seek that through that built in the SOUL-body of the entity it may contact that which may be constructive in the experiences of those to whom such sources or such supplies of information may be brought.

17. (Q) How did it arise? Was it accident, or some entity or group suggest this plan?

(A) Soul development, rather. And the ability to, through those experiences in the earth in the varied activities, lay aside the consciousness that the soul and the spirit and the truth might find its way through to the seeker.

18. (Q) Do you suggest that trance is a useful method for help?

(A) Trance to the individual is as the necessary stimuli for each soul in its own development. There be those who may through their intuitive activity, that has subjugated the influences in the material, allow the mental soul to manifest. There be those who through looking into the past, or into the aura, or into all or any of those things that are as witnesses about every soul that walks through this vale. For, those that may lay aside the veil, in whatever form or manner, may make for the approach of aiding those in seeking to know that necessary in their development in the present experience.

19. (Q) If Edgar Cayce has ever had controls, does he know who they are?

(A) Anyone may speak who may seek, if the entity or the soul's activities will allow same; or if the desire of the individuals seeking so over commands as to make for a set channel.

20. (Q) Is Edgar Cayce clairvoyant in the hypnotic state?

(A) More so in the normal or physical state than in the hypnotic state; though ALL are one when in perfect accord with the universal forces from which the records of all activities may be taken.

21. (Q) If Edgar Cayce goes into trance without any control, could he not in a waking state get the inspiration direct?

(A) Not until there has been a more perfect cleansing of the carnal influences in the experiences of the soul, as has been indicated. With the regeneration that should come into the experience of the entity, this then may be the manner, the channel, the way through which much of constructive forces may be given.

22. (Q) What entity is giving this information now?

(A) Being directed, as has been indicated, from the records through Halaliel.

23. We are through.

REPORTS OF READING 507-1

R1. See 254-71, Par. 12-A--14-A re Uvani's message in 507-1 Reports, Par. R2 below.

R2. Saturday afternoon, February 3, 1934, 3: 45 to 5: 05 o'clock, at the home of Mr. and Mrs. Ernest W. Zentgraf, 400 St. Paul's Avenue, Stapleton, S.I., N.Y., message received through Mrs. Eileen Garrett.

PRESENT: Eileen Garrett; Hugh Lynn Cayce, Conductor; Gladys Davis, Steno.; Edgar Cayce, Margaret Naumberg, Helene, Ernest, Robert, Margret and Lilian Zentgraf, Eleanor and Adolph Ostwald; Also T. Mitchell Hastings.

EG: It is I, Uvani, I give you greeting, friends. Peace be with you and in your life, and in your work, and in your household. I give you greeting, my friends.

What is it you would have of me, please?

1. (Q) What can you tell us regarding Mr. Cayce's - Edgar Cayce's - psychic work?

(A) What I can tell you regarding his psychic work is very little more than you yourselves know. I find him, as I come in contact with the emanations that come from him into this room, peculiarly intuitive, supersensitive, and yet not using all the power that is within him. I find that there is a great passivity of consciousness which permits him the amazing reflective value which I am sure he is capable of using. I am seeing that the vibrations give to him much in the method of chemical formation, and I do not know at all if he has ever laid ON the hands on the sick, but I am sure that he possesses a great deal of magnetic force within the hands, and I do feel that sometime it would relieve him - and very much relieve in the cases of congestion such as the nervous conditions that assail the human race - if he did just break up the auric emanations about the sick one and laid his own STRONG condition of healing about him. To do this, of course, it would always be well for him to wet the hands and to immediately get into contact with the force that is there, and when he is finished - this would take him from five to seven minutes, to give his help - then again wash the hands, so there would be no danger of the contacts of the illness getting into his own etheric state. However, if he does not do this, it is probably because his own subconscious mind has said to him that he is a passive personality who will easily accept these things. If you forgive me that I make - and it is not a criticism - this I am certain I also feel that it would be helpful for him to stimulate his clairvoyant vision, so that he might become aware of the strength of the people who do work with him. I am certain that whatever his own reflective qualities are, there are still centers within that can be used to greater clarification. I feel so certain that at a moment in his passive quantity he comes into contact with MANY universal laws, but if he became acquiescent to the use of the control he could become a greater factor, inasmuch as he would not only say this IS what I see and hear but it would also be so much more emphatic in the emphasis of these who would help him. Nevertheless, I offer this not as a criticism but as something that I know would be valuable to him. On the other hand, my friends, if he is happy in his own state it is also good, for what IS good for him, as HE knows and understands, it is probably the right interpretation. I hope that answers your question.

2. (Q) What do you find is the source of his information when he goes into trance?

(A) The source of his information, my friends, is achieved in this way. To understand at all the mechanism of the individual you have got to examine that how is the body mechanical. There is the etheric body by which we contact with the soul, for the soul is external to man, and the soul is - shall we say - that that we develop in the later stages to its own understanding, but IS - as it were - the rapping of the spirit, which is at all times perfect and at all times aware, at all times understanding. What, therefore, happens when he goes into - or how shall we say, returns, is this: That he passes into the etheric state. He, therefore, as it were, is outside of his body. In this state he is aware of the bodily contacts that can come to him, and also is his vision exhilarated by all that may be happening in your area. But he can do more than this. He can see within the reflection of his own life that that is fundamental, not only to himself but also to the people he may work with, IF he is in strong sympathy with them. It makes a great drain, however, that he does not admit of help in this. Did he admit of help at all, as some one who would interpret for him, it would give him so much more ability to accomplish more. By that I mean he would not himself feel the inner exhaustion, not only is he coming out of the body mechanical drawing way from it but he is using his full etheric leverage and is also drawing upon his own spiritual light for your assistance. While it may be said, therefore, that ever did he use this without help, he is giving you something of his own life. That is what happens.

3. (Q) Does his psychic power depend upon previous incarnations?

(A) In his case very definitely so, yes. Unless he had indeed understood in the past the laws of passivity, the laws of withdrawal, and the inner law of knowing, he would not be able to get this reflection through himself. There is no doubt at all that I feel, as I come more and more into contact with the emanations, that he is capable of so much more from within himself than he actually even now responds to. That may be due, as I have said, to the fact that he uses his own spirit reflection to see, to hear and to understand, but definitely in his case he has had previous understanding, and indeed I would say to you that any philosopher, any teacher, any instructor, any great genius - for it is after all genius of the spirit - any great artist, has had previous understanding of the law - as this one, to be able in this state to express ANYTHING of the law clearly. I think that answers the questions.

4. (Q) Can you describe any of this previous development of his for us?

(A) I have a very, very strong feeling about his previous development. I am not going into it at very great length with you, but there is no doubt at all that he has had a very, very strong tie-up with northern India, as also he has in two instances with Egypt. It is his northern Indian experience that rather he is in conflict with at this moment. It is that in a sense that obscures his vision. I am very certain that a certain association with that continent will give to him that the great light of understanding would come to him, and that he would therefore revivify the power that is his. He has also obviously had much to do with the Nordic countries at one time, and I am sure that his very experiences may have been towards that path of the Celtic understanding, although not as he knows it

now - the forefathers or forebears - but the great protest that HOLDS him now in chains to his own being is a protest against conditions produced in India. His Egyptian experiences were evidently at peace for him, therefore it may be that he blurs the vision in the hope to identify himself with that he was, but the greater - the greater - the greater vision is of India and of the association. If that can be lifted, behold a new channel, a new understanding in work can be accomplished.

5. (Q) Who are his spiritual guides?

(A) My friend, I think that I never use the word guide. There is such a humility about it. It is - When you permit yourself to work for the good of humanity in this way, you draw to yourself not only in this experience but in many experiences hosts of sympathetic people. Among these sympathetic people there may be the one, two, three - or there may be only one who, I will say, will interpret and - I would always have you do not fail to know - guide the principles behind our work. Neither do we control, my friend. We desire only, if we see you showing a light, to magnify, to make that light gleam larger in the gloom of misunderstanding - and have we not ourselves passed through this stage such a very short time - and is it not therefore why we now want to help you in sympathy and understanding? We neither guide, please, nor control, but I have telled to you, please, that the contact - he has one very strong Egyptian contact, one very strong, and I would feel that most of his - the thing that he protests against is the Indian, which is particularly strong. Now he should be able very strongly to understand the teachings of Brahma - there is no doubt of this, but I do feel he may have suffered during this teaching, and so pushes it away, but the strongest force behind him is that Indian, please, which he does not yet know of.

6. (Q) You spoke of his securing a helper in interpreting his work. How can he do this?

(A) I will tell you what to do, and do it with great earnestness and great care. You see, it is a terrific strain upon him, and if he will permit help there will be less effort in getting away. Now you deal with your beloved parent, my son, and I would say to you that all is cooperation, certainly not without - that you would, in the moments of susceptibility, ask that one should make himself better understood, who would - we say - take the fidelity to himself, the desire to interpret the law. Nevermind what the law is. We all interpret an understanding, emotion or conviction, but he himself will bring that personality through to you, and you know that he has already made the signs of doing this. Especially with a very, very strong Grecian condition, that sometimes has essayed to approach him.

7. (Q) Would you give the name of the Grecian?

(A) No, I do not think so. That is for him and for his son to be able to find out for themselves. He has this within his own understanding, but I am only offering to you a point of view. I am far too understanding to say to any man do this or do that. So, if he cares to, with your cooperation, then ask and insist upon that strength through someone else who will help you, free you, and give you greater ability to reach these things - by his help and sympathy. You see, my boy.

8. (Q) Can you tell us, do you find that you have any contact with this entity in the past, my father?

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(A) No, but there are those around me who often speak, who know him well. I am an Arab.

9. (Q) Will you tell us something about yourself in relation to your own development? Have you had any contact with the Zoroastrian faith?

(A) I am a follower of - or if you will let us put it very mildly, in my earth incarnation - of Mohammed, but in my understandings - and remember I have to have no faith, but many channels by which I am understood and so communicate. I have come into contact with very closely not only the first Zoroaster but with the later, which is tied up very much with the Mosaic. I have come into contact with the teachings of the Persian, as you understand. I understand the elements of this; its worship of the Whole, of the Sun, of the Moon, of the kind of life in all its varying forms; because, as you well know, man has emanated from such suns to such earth, and gone through all the evolutionary process. Therefore, this is understood and embraced within the teachings of the first Zoroaster.

10. (Q) Regarding the experiment this morning, in which Mr. Cayce - my father - gave a psychic reading for Mrs. Garrett, through whom you speak - What can you tell us regarding that entity who gave his name as giving that information this morning?

(A) I was not present, my friend, at this experience; also I have not your father's permission to speak of this. (EC: "You may speak of it.") Then: My friend, then I will tell you exactly the contacts with you, and perhaps they may arouse something within your own heart. You are very definitely - rather, shall I say, with an inclination, probably because you remember it much more eagerly, I use the word eagerly to you because I feel that you get some release within your Egyptian peace, but while you get much knowledge in that direction remember also that you have a greater fundamental understanding with the Hindu knowledge, if you will permit - and the contacts that I get in connection with you - one of a greater and lesser - and mark me, I do not emphasize greater and lesser in the way it is used, but I use it in the method of knowledge - which you were connected with the worship not only of Brahma and the Celtic (?) but of the child god, or the elephant - these two are in very close contact at all times with your beloved parent. But I am very certain that he must have suffered great torture and great sacrifice during this understanding, with the results that a contact with him is almost, as it were, blocked out - and that is a pity, because I think they come back to make something very right for him that has been a wrong, and I believe that he can use this to his own greater work. But the one that I have most impression of, please, and one I can see as being valuable to you, is a man of strong and ardent physique - you will find that he has much of the look of the Arab-Hebraic (?) - I do not think he was of the Hebrew understanding, he is probably of Greece, but he must have come into the Hebrew contact to understand it and to stimulate it and revive it with his own understanding. In such a one a greater humanity bespeaks than you will find with the Hebraic understanding. He does at all times come in contact with your beloved parent, and would help him at all times. He knows therefore much of the Mosaic law, he knows the law of Chaldea and the law of the Egyptian

understanding of energy and life. So it would seem to me that he has stood in very, very close contact to you at all times, and has on more than one occasion revealed himself. Now why do you not let him come and break down some of the darkness, you see, of your beloved parent; for your beloved parent has felt "I am on the verge of something, but it is as though a blind light is there - and then I lose it." I am very certain that for his own experiment and greater good, if you permit him in his next opening, allow this one to come into being, you will loosen a whole fund of ability and give to him the greater clarification with all his work, taking away much of the exhaustion and confusion that sometimes stands in his method.

Believe me, my friend, I thank you that you permit me to speak with you for a moment, but if you knew the infinitive power for good that you have behind you, you would not be discouraged at this moment. You would really permit this little experiment of opening up the help of one that may stand between you and many invasions that hinder your work, when you are doing this almost unaided. If you open your arms to the loving help that this one would give to you, it would renew a virility, an ease, and immediately a greater peace of mind. That, I assure you, is true. However, I know the laws you do, and I am not saying to this is RIGHT - I tell you it is there, and if it seems good to you use it and if not, it is well as you think. Each one must do what he feels is right for him, as he feels it. Then everybody would say, "But what is right?" We are all part of a great universal God, a great God, greater than the intelligence of many at this stage can scarcely comprehend. This is how one first becomes aware of the comprehension within self of the greatness of the universe, that we desire in our humbleness to enter into this and face ourselves for the greater knowledge, and so because we are part of that great enterprise, if you will, it is within the heart of each of us to understand what is good and you know very well that we have only to ask ourselves and be strong enough to obey the word. If we do that, we are then filling out the pattern, of course; and therefore I say that I am telling you, my friend, in all sincerity, that I KNOW that this strength is behind you - but it is for you ALWAYS to say whether YOU feel that it is right for you. Absolutely free will to each one, to fulfill his part of the pattern.

11. (Q) Do you get the name of this entity that would help?

(A) No, that is for you and your father.

12. (Q) Can you give us more regarding this Hindu appearance that you speak of as being very definitely influencing my father's life in the present?

(A) I speak of a life in India. I speak of his being pulled apart. I feel that very definitely, maybe for power, maybe through misunderstanding, rather disobeying the purer Brahman law; though I don't know that is true, I have a very definite feeling that he at one time disobeyed this understanding of the law, for he evidently has suffered, been tortured, been hurt; and you will find, my friend, that sometime if you like I would speak with you of these many things that have held him up in life - the contact almost to choke, the inability sometimes to be able to get the words clearly - these associations have been hurried over, and all have been, if you understand, LEFT as a cloud. Now the moment that an akinship in this brings out thought of the past, I think you'll pull down the curtain. That is,

however, held up on account of his own development. Now I know that through this other entity he can be freed.

13. (Q) In trance condition, or in an unconscious state as Dad receives this information, just how do you explain the process that he goes through in getting the information, say for another individual, in a Life Reading?

(A) Well now, my child, you know very well that each of us is as our experience has made us, and you know that your father - more than anyone else dealing with this work - takes the very much interest in the body-mechanical. He himself departs from body-mechanical; that is, the everyday material body. I have said to you that he enters his own etheric state, which is the next - what you call trance - after that I do not find him. It is almost as though he stands in the door. I have the feeling that he looks at the description of life in his own experience and by the light of his own spiritual understanding he immediately sees the spirit contact of the personality and what has been given to the soul in experience. After all, there is no example, there is no judge but your own self; therefore, it is often doing your father harm and using his strength, because he is able to see without help except by the very light of the etheric body; just as if you held a flame and you examined something and you knew by looking at it that this had happened because of that. How does he know it? He knows it by his own inner understanding of life that you cannot GIVE him, only through experience. No one can take it away from him. You may certainly stimulate the vitality by asking for help of this one who would help. But in his experience he SEES the soul experience of this one or that one in the light of his own. You see, we are too much inclined to think of ourselves as the body, and I have never actually met, I have you my friend, your reality, but you will all say, "You know one another." It is not true, you do not. You see the mechanical being propelled, and it is the soul that is reality and the body the machine. Now if that is so, your father is not dealing with bodies but is dealing with the experience that affects the material body. You do see that, do you not?

14. (Q) What would you recommend or suggest as the most important line for my father's psychic work?

(A) The most important line for your father's work? You will do well to suggest this, my child: He should STAND up and permit of help; I mean that, because I do feel that he is not himself ENTIRELY strong enough to carry the load of these responsibilities any further. Because he is using his own light, he is dimming his own light. Let him get help to himself. I am sure you understand how very tired, how sometimes hopeless it may all seem, how his own clarification is very often bewildered by the ill judgements of people not capable of judging. You do know that. You live with him, so you know a little of the COMPLETE misunderstandings of most who come into daily contact with him; they come into his life and proceed to take him to pieces. Is it not so, that he has suffered? Now if he permits somebody like myself to come in, who will HELP him clarify that he sees, and when he is not able to clarify for himself, it will give him greater light; for I and others like me hold but a light upon the road for the weary so that they will not make the same mistakes from the selfsame experience that we have encountered. True, this is an experience each must go

through; we may not interfere with your experience, but surely we may hold the light of clarification for you if you are weary, not when you are strong. And so the first thing I want to say to you is to STAND UP - "I will not have interference from anyone, I will be strong to myself, I must be a strong, fine, worthy channel; that I owe to myself, for if I am that to myself, then I am that to every man." Then people have greater respect for the knowledge. You see the difference? It will strengthen his body, his forces, his will to see a new strength, his will to see youth; so that he will not say "I do not know if I can get anything." As long as he does that he is open to the conflicts of mankind. But when he does this much for himself, my son, then he can go and give of that marvelous understanding to all. You do see that? You know how tired, you know the difficulties, you know that at times he has felt that he would just like to drop dead in the face of it all. Now I am very sure that he does not live as he should, in quiet, in PEACE, and in understanding.

15. (Q) Do you find that his Physical Readings, Life Readings or the Mental and Spiritual Readings would be the most beneficial in peoples' lives?

(A) I think, my friend, that the real development is the Life Reading. I tell you why it is important. I don't believe in heading off any situation for anybody, but after all don't we come back through this veil [vale?] again and again that we may share our responsibilities, pass our tests through experience, in the being and doing that with freedom which we should do without these associations with other lives such as he has coming up and had been avoiding and therefore making it difficult to give his best to his fellow man? The knowledge and understanding of past lives is giving a man a map of his body, so that he may know his territory and knowing his territory use it to the best advantage. Therefore, I see the importance of the Life Readings. When he gets the understanding of his past, I am sure all these clarifications will come to him. It is so often shown in the Life Readings that an illness is caused by a past life and is there to be met by the individual. So, I think his healing and Life Readings are important.

16. (Q) Do you get anything in relation to his development with the name Uhltd?

(A) Now we would get that going back to the pre-Celtic area, everything connected with that would suggest a period of before any of your what you call civilizations (forgive these terms in connection with some of them, but it is the language I know to express what we have called that name). Uhltd, as you know, means exaltation. He who would be named by such a name would probably have evidently had to hold hands to the God, and in his day the gods of the elements would be represented in great force - that you will find among the Celtic peoples and among some of the others later, but the Uhltd itself is as one acceptable, as you know, in the sight of God, in humanity. So the Uhltd is almost the war song of exaltation, and would definitely therefore bring to a personality, outside of animate things, these ranges we have been speaking of. It commands sacrifice, it commands prayer. The nearest you will come to the name, I think, you will find it in the old Aryan and you will find it in the Hindu - you see how that carries forward and probably was connected with some of these people whose understanding of the law is lost to us.

17. (Q) In relation to this Uhltd, can you get any further connection with the entity Edgar Cayce, with my father, with a previous experience?

(A) I tell you what I would do for you; it would be far off experience, that is very definite. It would be that experience - I tell you you have little that would convey anything to what I mean. There was a land of people - the only connection we have is in some of the Mongolian buildings, and I think you will see it again in some of the old islands that have been left by the great period of destruction or the floods. The only vestige of it left in anything connected with it would probably be the isles in the Celt and the Indian. Really it is the word of sacrifice. If you will remember most of these people of the isles builded great monuments to the magnificence of God and made sacrifices, and I am very definitely of the impression that to do any justice to this - if you will give me something upon which your father has written a name, a number, I could see this definitely. (Not now - within a month.) Write any number that comes to him. I will be very happy to give you this. I only know that it is a great name, the meaning of sacrifice, and to give this with any degree of rightfulness, you see my point, it would be to give you more energy - and I am incapable now just to give that to you. But just with the number that comes to him, just so the keynote will give to me the key by which I can take hold of this; for, as you know, number is the creation of the universe and all its understandings of religion and formula given to man.

I would be happy to follow it up, but remember - Dr. Cayce - it is a very strong, particularly strong contact.

18. (Q) In trance condition my father sometimes visions a passing through planes to obtain the necessary records of individuals' lives.

(A) I would not be at all surprised that your father, your beloved parent, like all of us, is related to cosmic law. There's no doubt that in his passage into the etheric state it is possible for him to feel the stimulation and movement of his own universe, but it is slow - passing through many dangers, as you see, because these are the stages of universal knowledge are enclosing surely the earth of which you are a part. Many people refer to them, I think the Theosophical, as the Akashic records, and some say that they are in the heavens. These records are there certainly for the visioning of any who will throw himself into the state of exaltation. It is quite probable he is not alone there, but when he does not see any figure waiting it is probably because there is always that desire to obtain knowledge which he sets out to get for himself.

19. (Q) He has seen a figure. Is this the same, perhaps, that you have mentioned as trying to help him?

(A) Yes, sometimes showing to him - or trying to show to him the hall of wisdom, showing to him the records of the Creative Forces, but it is always the presentation of the one figure. Now if only he will ask, and stop a moment to receive the help, he shall be activated - so that the thoughts will be more to his own understandings.

20. (Q) Why is it that he hasn't been able to get the Indian incarnation as you speak of in his own Life Reading?

(A) Because, my son, the things that have hurt are the things that we protest against, and I have the feeling that if he knows his Indian incarnation and all connected with it he will see that it is because he was badly hurt, tortured, and it was a period of much misery, and I think he has pulled away from it as we always retreat from things that we do not like. This is the shadow that has stood between him and his greater understanding, fighting against this greatest period of soul achievement.

21. (Q) Could this Indian incarnation be the same as the Persian?

(A) Very definitely, yes, because it would be connected with both.

Remember that there is the understanding of the Brahman which does not belong to the Indian but rather to the Aryan people, who rightly had their beginnings in the great Teutonic countries. They spread over these various planes, they moved across the Indian and up to the north and south; but it is definitely his knowledge and suffering among these peoples that he is keeping in the background.

22. (Q) You find that this actually took place in India?

(A) India.

23. (Q) Can you give the period?

(A) Now one thing that is very clear, the suffering here was a much later date, you know please, than the Egyptian, which of course makes it quite obvious that he would not see it - it would seem to be almost as if he stepped out of it, you see, as though you pull a blind down. If he would only open and look at the beauty of this Indian incarnation, which stands very close to him but he has turned his back on it, desiring to look into the realms where there was peace, but I am sure he will remember this himself - if you will give him the stimulation that he needs.

24. (Q) How would you advise that we go about doing this?

(A) I tell you exactly what to do. You see, he has himself got a little fear of suspended animation; sometimes it is difficult for him to formulate words, and the tendency to speak too quickly and at others his slowness of speech, and the desire almost to learn to speak again, which suggests to me he has been tortured to the throat and tongue. This may bring to him pictures, by the stimulation towards the sacrifice and the records. It is almost as though at the moment he becomes aware he will turn his back upon things, and that is the protest within him, "I do not want to mix up any more with sacrifice to myself," and I am sure these contacts are the things that have so often crept up in his life and are the things that he could not get past. But there is very definitely danger to himself until he sees it more definitely in this whole channel.

25. (Q) In relation to his work we sometimes find that entities do speak through him. How is this the case?

(A) You see, at times when he is mightily exhausted, somebody comes to him for - how you call - analysis reading. He is very ill, he may not be consciously tired, but nevertheless there may be in the state of unconsciousness that another person may bring to him or keep him in sympathy with that contact.

Nevertheless, his desire is to do it himself. But such a person may help at times, who may manifest for a moment, that your father may know nothing about him,

may have no relation, but it may be an entity will come in to help - as he will stimulate something in the person who needs the analysis, probably not related either in importance or understanding to your parent, but if they come again - where they see a channel to come back and forth - it is a dangerous experimentation. I do not care for that so much, that is why I feel that he needs this one to help him, for he does exhaust his greater strength in his own activity, and with such help he may give greater knowledge with less exhaustion to himself.

26. (Q) Do you connect in any way with his work the name Halaliel?

(A) We do know the meaning of the name, my friend. It is connected so definitely over a period of time that we just spoke of. You see after all the meaning of it, you are not getting it in its correctness, but let him give to you that the very significance of it is as one who has responded, one who has been scorched, one who has overcome, one who has survived.

I rather hope, my friend, you will permit this dweller to come very close to you. I believe in the heart of me you are trying to do a very sincere and beautiful work, and I hope wherever our roads may meet we may take the time to take each other's hand and give each other the blessing of the universe. But because of the fact that you do not always know how to use that illimitable fund that is yours, I would say to you it would be so well worth while to permit help, that there may be much beauty and understanding, much more humility and much more healing, from your experience in the Indian incarnation. There is so much more strength if you if you give yourself in all. That I would say to you. Is there anything more you would like to say to me before I leave?

27. (Q) Can you tell us anything regarding this crystal sent my father from India? Do you know who sent it to him? We have the crystal ball here.

(A) But I am very certain there is a definite connection between that and his own experience, and I feel very definitely certain that it is after all what you call the looking glass. Look within it, my friend, and see the thing that has been troubling your life. If you would only understand, see that the whole thing has within it the significance. I do not think that your father desires to look within the crystal at all, but I'm sure that if he does he will see this experience that he is avoiding. It is given to him as a symbol.

28. (Q) Which one of us could help him most? (Ques. by Mrs. Zentgraf)

(A) I am certain that he needs help. I am sure that in the understanding and response to him that you would always be able to help him greatly. For we are lights on a weary road.

29. (Q) Can you tell me in what way your work and Edgar Cayce's work can be of help one to the other?

(A) Inasmuch as they have met and spoken with spiritual ease, recognizing each in the other a center-point of light, so let them hold this to themselves and I am very certain, my friend, that if in the various meetings there is something to do that could help the other it will be done; for so surely is our work based upon that. Let the spirit of tolerance and good humor speak one for the other, for they are but the channels of a greater light.

30. (Q) There was an entity last night who desired to speak, who said he would speak through you. Is that permissible for that entity at this time?

(A) Did he make himself wholly and completely clear to you? I see none such. I only tell you of the one I have seen, the loving one who desires to help more than anything else in the world. Because of his help the whole stream changes, a new life, a new force comes in. It is only that what I would leave you is that his humility and understanding is greater than any other I have come to contact.

31. (Q) Is there any advice or guidance for those who are to assist and direct and help to expand my father's psychic work?

(A) Do what you can to be that instrument through which his strength may be directed. I would say very definitely, if you want to help him, make it possible for him to have peace of mind during this new change that comes upon him. Let him, for mercy's sake, live without the feeling that he owes to you all anything in this way and that. If you are interested in his sincerity and your own sincerity is good and sufficiently right for him, then you will infuse the spirit of understanding to those whom he has been helpful to. Help him to gain a STRENGTH; he needs a bodily strength; he needs a physical strength; he needs a little peace of mind, that he may go out and come back and better possess himself; and give him your trust, and if some new life come in do not run away from the old understanding that has helped you but on to the new light, and let it make the knowledge more valuable to you. But SHOW your appreciation. That is all I have to say to you. But give to him the rock of security; that is, do not seek help for your own ego always; follow his example, and do not seek for yourself alone; let it be in love and security for him, for all he has done for you along the road to God-Consciousness. That is the only way you can help.

32. (Q) What can you tell us of the future possibilities in the organization work?

(A) Excellent, excellent! but the first needs are to find out the interested ones, and let them be interested from the UNIVERSAL viewpoint - not for self. Do not come to him, nor let others come to him, seeking for themselves expression of their own ego, for in this way you would destroy him. From a small growth great things can be built up, but first let him feel the security. It is beautiful, this undemanding work of his; let each of you be likewise. With the security within his heart, this man can speak the fundamental truths with a new force. So help him, do not hinder him. Give to him sincerity, by being sincere yourself.

33. (Q) Is there a special significance to this meeting between you and my father?

(A) My child, have you not lived long enough to know that there is day and there is night, because there was day? And there is nothing you do today that does not throw the shadow on yesterday and cause the reactions of tomorrow! Do you think there is anything in the universe that is not moving in association around and about you? You have met that that a greater good may be done.

34. (Q) Is there a message to anyone present to help them?

(A) What more can I say that I have said? What more is there anyone can say? Be to yourself a law of security, so that you will be a law of security in the

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face of your universal God, so that the children coming into your life can be born without fear. Be to your daily hour yourself. DARE to be yourself. Dare, my friend, to speak the truth and be yourself. And if you be true to yourself and work out your own pattern, you will not have time to find flaws in your neighbor's pattern, for you will see yourself with true vision. And when you call children into being, call them into being without fear, and to those who are coming towards that moment when the great awakening is coming. Glorify God every moment, for you are all a part of His great will and understanding, and within each is that voice - that eternal voice that calls to you in every moment, "Do that that is true," and if you do that then all that happens happens right.

And I thank you, my friend, for this opportunity to speak with you. May the good Lord in His infinite mercy, Lord of all the universe, inspire and bless you and keep you.

So be it.

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TEXT OF READING 538-28 F 49

This psychic reading given [volunteered without suggestion being given to obtain it] by Edgar Cayce at his office, 115 West 35th Street, Virginia Beach, Va., this 6th day of May, 1929, following 195-61 reading.

1. GC: (After part of suggestion was given for waking EC)
2. EC: Here, Sister - before you change this, let me give you a little piece of advice concerning what you are working with. As there are many questions often asked you, and as you often feel others are not as considerate of the position you occupy with the Forces as are manifested through Cayce, these are the things that will possibly aid you in understanding just what takes place, and as to how you - personally - may assist or may aid the individual seeking to know that as may be helpful, beneficial to themselves or their loved ones, or where others seek to gain for themselves that same experience of the position you, yourself, now occupy in obtaining for others or for self such information.
3. This is the condition that is ever present when such information is obtained:
4. When the consciousness is laid aside, there is that which takes place much in the same manner as the spring to an automatic curtain roller. This, then, is able to be pulled down or raised up with the release of the spring. SOME call this going into the unknown. SOME call this spiritual, or spirit, communication. Some call it the ability to gain the force of the activities of the fourth dimension - which is NEARER correct than any explanation that may be given. For it is the plane that is of the inter-between, or that of the borderland - which all individuals occupy through that period of gaining consciousness of that sphere they themselves occupy, until such a period or such a time that there is that joining together of such forces as may again bring that individual entity into the realm of physical experience or being.
5. Now each individual seeks experiences, see? Each individual must experience conditions to become aware of that being present or existent in their OWN experience, or that becomes a portion of the whole of that entity.

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6. Then, know, whenever there is the wholehearted desire of all seeking such, there may be the perfect action of the roller or spring, or there may be the perfect application of the information that may be gained.

7. But Sister, know this - whenever you, yourself, are in the position of the questionnaire, or the one seeking to gain for another such information, call ME - I will answer. This is Gay. [See 538-28, Par. R1.] We are through.

REPORTS OF READING 538-28 F 49

R1. GD's note: We understood that above message [538-28] was from Dr. Samuel G. Gay, M.D., who had been the Cayce family doctor in Selma, Alabama, and who had nicknamed GC "Sister."

R2. 5/23/29 See another message from Dr. Gay in 341-30 [see page 11].

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SPIRITUALISM

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BACKGROUND OF READING 5756-8

B1. EC had neuritis, wasn't feeling so good; nor especially interested in the subject but wanted to get the information which HLC and Dr. Kerr wanted.

TEXT OF READING 5756-8

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Va. Beach, Va., this 7th day of October, 1932, in accordance with request made by Hugh Lynn Cayce, Active Member of the Ass'n for Research & Enlightenment, Inc., questions compiled by Dr. Mina Kerr.

1. GC: You will have before you the subject of communication with entities in the spirit or fourth dimensional plane and the laws that govern such communication. You will answer in clear understandable terms the questions which will be asked.
2. EC: Yes, we have those conditions under which there is possible the communication to the fourth dimensional, or from one dimensional plane to another.

3. In considering all such communication, or information, first it should be considered by or from those tenets that have oft been given concerning those that have familiar spirits, or wizards, or witchcraft, and be judged by or in the light of that which has been given respecting such.

4. Ready for questions.

5. (Q) Does the communication between those who have passed into the spirit plane and those on the earth depend on previously established relationships, on understanding and love, or upon what?

(A) "As the tree falleth so will it lie." Because there are changes in the dimensional conditions does not alter that which is known in the earth plane as desire. If the desire is in that direction that there may be an association with, an aid to, a seeking of such associations, then only the means, the channel, the way, the course, is necessary to complete the communication.

The attunement of that materially known as the radio may offer an illustration for this. If there is the desire that the communication be with those from plane to plane, the attunement of an individual in the material or earth plane to the attunement of the entity in the spirit or fourth dimensional plane is necessary. Remember the first premise, "As the tree falleth so does it lie." If there is the desire on the part of those in the spirit or fourth dimensional plane to be communicated with, and the same element of desire is attuned from another plane, stratum, sphere or condition, then such may be done; hence, it may truly be said that ALL factors have their influence, desire the ruling one; and the desire must be attuned to the same vibration of the one in another plane, as the radio; for who of those seeking would seek His Face must know, believe, that He is, attuning their abilities, their efforts, in that direction, acting, feeling, knowing, that there IS the response.

6. (Q) Does communication further or retard, or not affect, the spiritual progression of those in spirit life?

(A) It does all! There are the same elements as in material; for, as IS known, that which has materialized into matter is of the elements that are dematerializing, or dematerialized, and where aid may be lent there must be the desire. Even as seen, known, understood by many, those desires have carried an entity on to heights that are detrimental to be called into association with purely materialization, or material, for all are given to that to which they have attuned or builded, that that is of both the material and spiritual essence of truth, fact, condition, whether positive, negative, or static.

7. (Q) Is there a difference in degree of power of clairvoyants and clairaudiants?

(A) This depends upon the operator, actor, or power of the entity so acting or being acted upon; for, as given from the first premise, some are more persuasive by that which is seen, while others by that heard. So, the power that is manifest depends upon both the subject and that to which directed. To some one would be greater evidence, greater activity, greater in the scope of abilities, of premise, of action. To others the other would be just as convincing, powerful, far-reaching; hence there is given, not all are teachers, not all are ministers, not all are given to speaking in tongues, not all to healing; rather as to what the reaction

to the opportunity has been of the entity in relationship to that set as ITS standard.

8. (Q) Why are communications so much more frequent in Europe than America, also clearer, fuller?

(A) This should be a greater indication to the thinker of that so oft given, "Thoughts are things and may be miracles or crimes." Mind and thought are the builder, and upon that thought, that as made, may there be builded that through which there may be the greater source of the communications established. Then, this shows that variation in the spiritual-minded surroundings and the material-minded surroundings. From the first premise given, it is not to be reckoned that there is not the spirituality in those even that are called material-minded, but rather reason from that which has been given. Those that signify, testify, glorify the Giver of life are in the proper course. Those that glorify self are in that class that must be put away.

9. We are through for the present.

REPORTS OF READING 5756-8

None.

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BACKGROUND OF READING 5756-14

B1. See 5756-13 on 7/9/34, volunteered, spirit communication.

TEXT OF READING 5756-14

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Virginia, this 17th day of July, 1934, in accordance with request by those present.

P R E S E N T

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno. Mildred Davis and L. B. Cayce. [HLC away on Boy Scout trip.]

1. GC: You will have before you the body and enquiring mind of Edgar Cayce and all present in this room, in regard to the experience following the reading Monday afternoon, July 9, 1934; explaining to us what happened - and why - at that particular time, answering the questions that may be asked.
2. EC: Yes, we have the body, the enquiring mind, Edgar Cayce, and those present in this room, together with the experience had by all present in the room on July 9, 1934.

3. In giving that which may be helpful, for the moment turn to that known by the body of self and by those present in the room respecting what is ordinarily termed spirit communication - should be (and that which has caused much of the dissension) - SOUL communication. For the soul lives on; and as conditions are only the release of the soul body from a house of clay the activities in the world of matter are only changed in their RELATIONSHIPS to that which produces same and that the physical body sees in material or three-dimensional form. For words are the combination of sound. Sound is an activity of those things that produce or bring vibrations to activity to be heard, and are communicable to those of the various attunements.

4. Here we find, in the experience, that there were those that were in attune - through the vibrations from that sounded in the room at that particular period - and these sought, many - even many that spoke not, to communicate of themselves that there might be known not only their continued existence in a world of matter but of finer matter. As the sound of that attuned to those of the various vibrations are of its total or active force, it brings the variations in same - and they sought through those channels through which the soul-force of the body was passing at the particular time to produce that which would make known their presence in activity in that particular period; that although the various communications given at the time were from those thought to be dead (from the physical viewpoint) or in other realms, yet their souls, their personalities, their individualities, live on; the personalities being lost gradually in the oneness of the purpose and desire towards things that are the continual activity in a realm of whatever has been meted or measured by that builded in the individual experience. Hence communicated, as heard, through the soul forces of the body Edgar Cayce in its accord to those individualities that were attempting to make known their realm of activity in their various spheres of experiences at the time. See? Ready for questions.

5. (Q) Why did we only hear one side of the conversation?

(A) Denseness of matter to the spirit realm. All felt the presence of those influences, that attuned themselves to those activities. Spoke He, the Master, "They that have ears to hear, let them hear." There be none so deaf as those who do not WANT to hear. All could hear if they would attune themselves to the realm of the activity during such an experience.

How (some would ask) did the body, Edgar Cayce, or soul, attune self at that particular period and yet not remember in the physical consciousness that conversation had with those that approached to communicate or to tell those things that were to them, are to them, very vital in their experiences in the present plane? This, as has been given, is because the soul passes from the body into those realms from which is sought that desired to be known by the seeker. Here there was sought (this is on the 9th of July, see?) concerning the physical condition of a body that which in the material world would aid in correcting the mental and physical conditions. This realm from which such information is obtainable, as we have given, is either from those that have passed into the the realm of subconscious activity or from the subconscious and superconscious activity through which information is being sought by that

superconscious activity in the realm of physical forces in action. Hence why this particular body, Edgar Cayce, was able to attune self to the varied realms of activity by laying aside the physical consciousness. Then, if the body from its material and mental development were to be wholly conscious of that through which it passes in its SOUL'S activity in such realms, the strain would be so great upon that which holds the mental and its applications of same in order for material activity as to become demented in its relationship. And he is thought crazy enough anyway!

So, the activities in the various realms are of such natures that they do not appeal to individuals often, as to their relationships one to another, as do the activities of this body Edgar Cayce. Hence, were these experiences such as to be wholly a portion of the material consciousness, how much greater would be the gap made; yet we find that more and more may the body Edgar Cayce grow to be more spiritual-MINDED, as it dwells upon those things that build for CONSTRUCTIVE forces in the experience of others; especially when and if the body is wholly cleansed from carnal influences and forces in its material activity, more and more will be the spiritualizing influences in the activities; yet the soul-CONSCIOUSNESS may in ANY period soar to those realms where it has been active in all those forces and relationships in a spiritual or soul world. See? For the planes (if they are called planes) that encircle the abilities for comprehension of that which is able to be or capable of being made into matter, form or activity in a material world are ever present in this soul's activity. Hence, when those that may be present at any experience are in accord with that being sought, or are so passive as to allow the various communications or activities to come through in their relationships to individuals present, or those that may be brought in association one with another, such experiences do come about. It is asked, then, through whom does the communication come? Why only one side being heard? For this was the bespeaking of the experience of the soul itself. But those present may hear, may experience, by the other activities of a material body, that it is taking place, or that the connections are made so that such communications may be had one with another. For, in regard to that received here in the immediate period, and that may be reversed in the way and manner: Listen, then, for those voices that may use even these vibrations in the present for the communication to those that may be present as to that which would shortly come to pass in their own experience.

Gertrude! Mama, Dr. House, Papa, the baby*, Grandma - all the family are here. Tell Lynn [Wm. Lynn Evans, GC's brother] to be mindful of those associations about Mama's place, for these must be put in order - else confusion will come when the divisions are to be made next summer with the home place; for Aunt Kate will then join us here, as will Teddie - and others. For there ARE those things that we should be more mindful of in the mental world than just the material things. Yet the path is open for those that seek for the knowledge of spiritual truths in material world. Be good to those that are about the activities of the home. Don't think unkindly of that Porter will suggest first with these changes. This to Lynn, and to you. [Hugh Evans?]

In the relationships of such communications, you ask, do these then come directly from thy brother or from thy loved ones that have gone ON - as is ordinarily understood? They have gone nowhere; they are about thee EVER. Thou hast seen

* [See 1177-1 on 5/25/36 indicating that "the baby" (if Milton Porter Cayce was the one referred to) had been born 3/31/23 in Peking, China.] thine mother; thou hast seen thine child; thine child, that will come again [see note on Page 3] in the near future to an own friend of thine, and will come as a son to them also - and insist that they name him Raymond, for this will bring you - and to others - much that is to be comprehended later in thine experience in the earth, as well as in the realm of mental and soul experiences in and ABOUT that called the earth.

This is Halalial speaking: The other going on another course? This was when there had been the seeking to ask this body-soul respecting the associations of Edgar's mother; she being busy about many things and many realms had gone on what to those in the earth would be a trip to a HOME for the developing of the associations there, and had reached an extended tour or journey; for ALL do not live in Virginia nor in New York or yet in Europe, nor yet in Asia or Africa or America, but in those REALMS about which those developments have been and are. She had advanced to that experience of being closer in touch with those things that make for, yea, the return of those who in high realms - or as teachers, ministers in the spiritual thought in the affairs of men - may be guided to those in whom the SOUL has interested and does interest itself in, in the material world. And on such a journey had the body gone. [Halalial]

As to those realms of direct activity through which it was sought that warnings might be given to Tommy, or Thomas: THOMAS! Be mindful that those things that are so subtle in their manner do not undermine the greater principles and purposes thou hast determined in thine self to do. Keep thine body-mind clean, that ye may make that development ye have desired - for thine mother, for the changes that have been given have come about, and more will come in the near future. [Uncle Joel]

6. (Q) This was from Dr. House?

(A) Uncle Joel. Dr. House is here.

Gertrude! Your mother is much better, and as we are gradually getting more and more accustomed to the associations without such concrete activities, her desires and purposes - through your grandmother and grandfather, your great-grandmother and those that comprise the whole household of those about these - will make for much better conditions for her. And SOON you may be more and more aware of that, as she desires to speak with thee - and she grows anxious for you and longs for your companionship even here. Don't be surprised when she calls to thee for just such purposes; but know thine life, thine experience in the present, is to be had in the way that will make for the ABILITIES of thine own soul. But be ready. For the Master will lead and PROVIDE many means for the sojourn's activities in this realm, as in that that encrusts and that tempers thy soul. [Dr. House]

7. (Q) Is there a message for Thomas House from his father?

(A) Not at present.

SPIRIT COMMUNICATION CIRCULATING FILE

8. (Q) Gladys desires to know how her father [Thomas Jefferson Davis] came through with a message at that time. [See 5756-13, Par. 7-A, R2.]

(A) His anxiety! The anxiety of individuals, and their soul, respecting their loved ones. LOVE goes far beyond what ye have called the grave. The confusion that was being caused there over those particular influences that are making for such activities and changes in the lives of those that surround this home, in this particular period, brought it about. The channel open, the message came through.

9. (Q) Would there be any advice to me, Gladys, about the change in the home?

(A) Advice - home - Gladys - Davis - Thomas Jefferson [Gladys Davis & Thomas Jefferson Davis] - Not at present here; he is speaking with another in - Eleanor?* No, it's between there and Sprott. Jennie, Jennie V.?

We would return. We would return.

10. We are through.

[GD's note: My sister Lucile was born in Eleanor, Ala.]

REPORTS OF READING 5756-14

R1. 7/17/34 GD's note: After suggestion for waking from reading 5756-14, EC continued with this: "The Cross at the emblem, with the dove and the olive branch, brings peace to those that seek rather to give to their fellows that which is helpful and hopeful in their experience..." [See 254-78.]

TRANSFORMED LIVES

Rhonda J. Miller

An Engineer's Connection with the Unseen



When a simple country woman cured Al Mann of the symptoms of glaucoma, a whole new world opened to him.

Al Mann was an engineering student at Cornell, focusing on the material world, when he was suddenly struck with intense pressure and pain in his eyes.

Unable to read or study, he went to a health clinic and was advised simply to wait.

"A good friend suggested that he take me to a healer he had known since childhood, a woman who lived on a farm near Buffalo," recalls Al.

"She went into a trance state and her guide began to communicate through her. She did a laying on of hands. After she had put her hands over my eyes, the pain and pressure began to subside. It was enough to get me functioning again and back to my studies."

Several more visits during the next two years led to a total disappearance of what the guide identified as symptoms of glaucoma.

"If I had any preconceived ideas or had thought about it, I probably would have said it wasn't possible, being a typical engineer," says Al. "But I just accepted it because of the immediate healing."

With his curiosity awakened to the world of the unseen, he was encouraged to ask questions of the woman while she was in the trance state.

"It just seemed natural, like an ordinary conversation. From an intuitive standpoint, I knew that what I was hearing was truth. I accepted this as a source of wisdom from which I got a lot of guidance for my life."

Since that 1949 event when Al was 19, life experience has proven the wisdom of that guidance.

The information on patterns of past lives, the relationship with his parents, and guidance on his future "set the tone that my life had a purpose."

"I don't recommend this path to anyone, being nearly knocked out physically to be awakened spiritually," says Al. "But it literally opened my eyes to the world of the spirit."

Since then, transformation has been more gradual.

He began to read voraciously about the metaphysical.

He completed his engineering degree and in 1951 accepted a job in California, where he met his wife, Genevieve.

They moved to Pittsburgh in 1957 when Al took a job with Gulf Oil, where he stayed until 1983. Since then he has held a variety of engineering positions.

The door to a lifelong connection with the A.R.E. opened when he read *There Is a River*.

The attachment was cemented with a trip to Virginia

Rhonda Miller likes to hear from people whose lives have been transformed: P.O. Box 595, Virginia Beach, VA 23451-0595.

Beach in 1958 for a meditation conference, "where there were about 12 people, including Hugh Lynn Cayce."

Al and Gen Mann were members of the first Pittsburgh Search for God study group formed in 1958. They started a second Pittsburgh group in 1960, the second oldest A.R.E. study group in the U.S., which still meets in their home on Thursday evenings.

Al began coordinating A.R.E. activities in western Pennsylvania in 1965 and has continued in that role for more than three decades, despite the fact, he says, "that I was not a leader type."

Al describes himself during his childhood and teen years as "quiet and introverted."

"The opportunity to lead has been part of the growth process," he says.

"Life continually provides us with opportunities for growth. I stay involved in study group and other A.R.E. activities because I need help in seeing best how to meet my own challenges," says Al. "It's very positive to be part of a growth group that can look at things in depth."

Now employed by the U.S. Department of Energy, Al has long since come to terms with earlier conflicts between his engineering work on the material level and his expanding connection with the unseen.

Holding management positions at Gulf provided opportunities to work with relationships and motivation, fertile territory for applications of metaphysical principles and inner guidance from dreams, meditation, and prayer.

For example, several years ago Al was having difficulty with a relationship at work. He dreamed of a car, a Nash Ambassador, that wasn't working well.

The dream helped him realize that his attempt to be diplomatic or to be an ambassador, in that particular situation, was not working out and he had to be more assertive.

His spiritual foundation also helps dissolve stress. "I don't think I've ever been busier at work, but with the grounding from daily meditation and being imbued with the spiritual principles I've been working with for so many years, I feel like I'm functioning quite well under stress."

Al has also harmoniously blended his spiritual beliefs with those of his neighborhood Episcopal church, where he has held many leadership roles and occasionally lectures on topics such as "Exploring Inner Space."

Al's inner resources include a focus on "oneness," an ideal that has helped him integrate his activities on the material plane with a life-changing view of the unseen that appeared on that quiet farm near Buffalo.



Our Consoling Visitor



ing, as though a light bulb was inside of him. His face appeared, Steven said, "beige-colored and smooth with features not as deeply defined as before." Steven took a good look at his face to make sure it was he. Michael said to his brother, "I've come to clarify some of your dreams and to answer any questions you might have."

Steven asked him many questions and Michael answered every one. His voice was clear, confident, and intelligent, almost like a college professor giving a lecture. Steven was astonished, as he remembered Mike's depressed voice and demeanor before he died.

Apparently they talked about many things, some of which Steve remembered. They talked of music, which as brothers they shared through guitar playing. Mike said, "You should hear the music I can hear, you have nothing to compare to it

on Earth. Earth is no comparison to where I am, everything is so totally different. You could put Earth on the top of a pin compared to where I am."

Steven asked him if he was still mentally ill. Mike replied, "I am in a perfect state of mind." Steven's door closed again and he became completely awake.

Steven was left with a feeling of warmth, peace, and relief. He kept saying, "He was sitting right there!" as he ran across the hall and showed me the exact spot. Steve searched for words that would describe Mike's happiness and finally said, "He is happier - beyond anything we on Earth can feel."

By Judy Cosgrove

Our family had been struggling with grief for more than a year after the death of Michael, my oldest child. Michael died at age 24 of suicide, after struggling with chemical imbalances as a child and mental illness as a teen and young adult. We were tormented with "what ifs" and "should have" and soul-searching for anything we might have missed in his care. We were blessed with much after-death communication from him. He seemed to be so concerned with our torment and suffering over his death. Michael came vividly through his psychically-gifted younger brother Steve in a stream of sleep-state dreams. He also visited his doctor of many years at the Institute of PA Hospital in several dreams which totally amazed us all.

He was there with an answer for any question we had regarding our decisions on his behalf. I had been praying to know when Mike's spirit would be peacefully settled in his new dimension. So I'll always remember one special day - July 9, 1992, when I opened my bedroom door at 6:00 a.m. to see my son Steven, totally thrilled as he tried to tell me what had just happened. He calmed himself down and asked me to have a seat while he tried to explain. Apparently he was almost awake when he noticed his bedroom door slowly opening wide. Sitting across the hall in his old bedroom was Michael. Steven stared in astonishment. This was not like the other dreams where Michael looked as he did when alive, with a physical body, but rather as a spirit would appear - dressed in white, and glow-

Sitting across the hall was Michael - looking like a spirit would appear - dressed in white, and glowing as though a light bulb was inside of him.

Judy Cosgrove is an A.R.E. member from West Chester, Pennsylvania.

He also sensed that Michael was a higher being. Steve felt almost intimidated by him. Unlike the weak, sick, depressed brother he had known, Mike showed him he was now powerfully strong, more intelligent, and lifted above any illness or suffering.

Steven sensed that Mike had "graduated from this school called life" and was lifted to a finer, more vast plane or dimension than we experience. Unlike the other "dream visits" Steven had experienced while in a deep sleep, this visit happened while he was in a totally awake state.

Michael came here in his new spiritual body to help lift his brother's depression and guilt over his death. Also to show him his happiness and to give him total belief in life after death. We could both feel the heavenly love and peace still lingering as we talked. Steven was puzzled as to why his brother would do this for him. I explained to him what I had come to believe about Michael's life of suffering and pain. Not only did he love us, but part of his mission was to teach us compassion, unconditional love, patience in adversity, and to give us "soul growth" in leaps and bounds.

Now whenever I feel the pangs of grief threatening to overwhelm me, I think back to that summer day - I bounced as though walking on a cloud. I was glad just to know that my son, whose mind had been so tormented here, is now in a place of vast beauty and peace, and that he is safely home and happy beyond my understanding. ❧

Chiropractic (Continued from page 21)

There is far less research available concerning chiropractic's effects on visceral (internal organ) disorders than exists in relation to lower back pain and other musculoskeletal problems. This is because the chiropractic profession has had to prioritize the research it could afford to pursue in the absence of significant government funding. Proving the validity of chiropractic manipulation for those conditions most commonly treated by chiropractors (low back pain, neck pain, and headaches) has been the highest priority.

There is, nevertheless, a growing body of literature, some of it published in peer-reviewed scientific journals, on the effects of manipulation for problems related to internal organ dysfunction. Some of these are controlled clinical trials, while others are thought-provoking case studies which point to the need for more extensive future research:

- A randomized, controlled clinical study demonstrated that diastolic and systolic blood pressure decreased significantly in response to chiropractic adjustments of the thoracic spine (T1-T5), while placebo and control groups showed no such change.

- Two controlled clinical trials which studied the effects of spinal manipulation on dysmenorrhea (painful menstruation). The results were quite promising, and further research is in progress.

- A study at the National College of Chiropractic showed a marked increase in the activity levels of certain immune-system cells (PMNs and monocytes) af-

ter thoracic spine manipulation. These increases were significantly higher than in control groups, who were given either sham manipulation or soft tissue manipulation.

- 73 Danish chiropractors in 50 clinics showed satisfactory results in 94 percent of cases of infant colic.

- Lung volume and forced vital capacity (a measure of lung strength) were shown in a series of cases to increase after chiropractic adjustments.

- A seven-month-old infant suffering from chronic constipation since birth (with a history of hard, pellet-like stools following hours of painful straining) was restored to normal bowel function by full-spine and cranial adjustments.

- A two-year-old child medically diagnosed with asthma and enuresis (bedwetting) improved dramatically as a result of spinal adjustments, after medication had proved inadequate.

- Pelvic pain and pelvic organ dysfunction, in which there was no accompanying lower back pain, was shown to resolve fully with chiropractic manipulation of the lumbar spine, after numerous failed attempts at treating the symptoms medically.

- A five-year-old girl, who was experiencing up to 70 seizures a day, was treated with upper neck adjustments and became virtually seizure-free.

Further exploration of chiropractic's effects on internal organ problems holds great promise. This may turn out to be the most fertile area for chiropractic research in the 21st century. ❧



Stan's encounters with the deceased as well as his research helped prepare him for his transition, so it's not surprising that he started communicating soon after he died.



Stan's Messages from the Borderland

BY ANN JAFFIN



MY HUSBAND, STAN, was an electronics kind of guy. A ham radio enthusiast from his teens, he fell in love with computers as an undergraduate in the 1960s and went on to earn a doctorate in information technology, which became his lifelong career. He published a series of seven articles about antenna design in an amateur radio magazine in the early 1980s. Stan had numerous books about the mathematics of electronics but one that I found, *How to Measure Anything with Electronic Instruments*, aptly described his fascination with the topic.

Just a few months before his death, *Venture Inward* published a lengthy article by Stan in the spring 2010 issue, "Cayce's Borderland: Higher Dimensions—Other Realities." The readings use the term *borderland* to describe the dimension to which we go after physical death. Perhaps Stan was fascinated by what the readings had to say about higher dimensions because over the years several of his deceased relatives appeared to him. Thus, he knew firsthand that there is survival after bodily death. Although Stan had been the strongest, healthiest person I knew, my beloved helpmeet of 35 years died from an aggressive form of colon cancer on July 13, 2010, and entered the borderland. I know that his encounters with the deceased as well as his research and studies helped to prepare him for his transition. So it's not really surprising that Stan began communicating very soon after he died. Although I was not there, he showed up at my A.R.E. study group meeting the night after he passed with a message for me. MaryAnn, a kind and sensitive friend, was able to see and "hear" him. She explained that she saw his head and upper body and that they communicated mentally, not audibly. Of course, his appearance was the biggest message; it said in a dramatic fashion that he was alive and well and eager to communicate. The Cayce readings assure us that "... life is a continuous experience ..." (1824-1)

ELECTRONIC COMMUNICATIONS

Stan's Atlantis Dive Watch

Not surprisingly, many of Stan's communications have been through electronic devices. This not only fits with his interests, it also fits with what Cayce's readings say about the relationship between God and electricity.

Know then that the force in nature that is called electrical or electricity is that same force ye worship as Creative or God in action! (1299-1)

Electricity or vibration is that same energy, same power, ye call God. (2828-4)

Immediately after Stan's death, I began wearing his favorite watch, an Atlantis dive watch. My Atlantean husband was fascinated with Cayce's readings on Atlantis and his favorite vacation destination was Bimini, which he loved to explore. I can still see him blazing trails for A.R.E. friends through the mangrove swamps of east Bimini with his machete. I called him Indiana Jaffin.

The first "watch" communication occurred the day after his funeral. Before he died, Stan had instructed me not to contact a particular family member with news of his death. To my surprise, this person had heard about Stan's passing and called me the day after the funeral. We talked for about 20 minutes. After I hung up the phone, I glanced at Stan's watch, which was digital, and was amazed to see that all its digits were flashing zeros. I knew that Stan was unhappy and saying, "I know who you're talking to!"

A couple of weeks later, Stan again communicated through the watch. During his illness, we had discussed the need for me to move from our beloved old house before winter. I listed it for sale with a friend's realtor who quickly found me a perfect place to live. While the realtor and I worked on the listing paperwork for four hours, I kept checking the time on Stan's watch because I had another appointment. Afterwards, I went into Stan's study, which I had emptied out mercilessly the day before, and noticed that Stan's watch had again zeroed out! I knew that it was a sign from him and that he was near. I was concerned that he might be angry but then realized that although the watch had zeroed out,

it was not flashing. I felt that Stan was telling me that he knew what I was doing, but unlike before, he was not angry. He approved. I was happy and grateful to have this reassurance.

Stan returned to communicating through his Atlantis dive watch over Labor Day weekend. I was awakened at 2:30 a.m. by a beeping noise. I thought it was the remote control for the air conditioner and was afraid the battery might die on this very hot night. But it was Stan's watch on my bedside table that was beeping. It soon stopped. The next night I was awakened at 4 a.m. by his watch, and again it beeped only briefly. I knew he was close by. The following night I was unusually tired and told him that I was very, very glad that he was with me, but I needed to sleep through the night. That night his watch did not beep. I missed his electronic communication and the next night I told him that I wanted him to wake me up again with his watch beep. I woke to a soft beep at 4 a.m., spoke to him, the beeping stopped, and I went back to sleep.

Two months to the day after his funeral, I assured Stan that I wanted his presence and communication but needed to sleep and asked him to communicate in other ways. Early the next morning the bedroom phone rang just once at 5:30 a.m., but there was no one on the line; 5:30 was the time that Stan woke up to go to work. As always, I was happy to know he was with me, and I was able to go right back to sleep.

Love Is for Eternity

Stan and I had a wonderful weekend getaway near the ocean, less than two months before his death, at the home of Lisa, one of my oldest friends. She had a digital picture frame in her living room full of family photos which had been a gift from her son the previous year. Exactly two weeks after Stan's passing, Lisa was very surprised to see that a pink heart the size of a quarter had formed at the bottom of the screen of this electronic device. The heart contained four words: "Love is for eternity." The frame had never done anything like this before. Lisa realized that this was from Stan

and meant for me. The heart remained there for 24 hours and then disappeared. During that time, another friend visited Lisa and she, too, saw the heart with its beautiful message.

Jane's Flipper

Stan not only communicated with some other very good friends, he manifested a gift for two of them. For many years, we went out to dinner and played bridge with Jane and Tom. We were at their home the evening that Stan had first taken ill. Like Stan, Jane and Tom are very technologically savvy people. Two months to the day after he died, Jane found that she had received a gift from Stan. When she opened a small drawer in her computer table where she kept a few important items, she was very surprised to find something new. Not only could she not figure out how it had gotten there, she did not know what it was! It was in an unopened plastic bag and looked like some kind of a small, electronic gadget which plugged into something, but neither Jane nor Tom had anything that it fit. She showed it to other people, including computer sales and professional people, who finally decided that it was some kind of sensor. But many of them felt that it was old and not something that was presently available. It was probably something that Stan had for his electronics that he had never used and that I wouldn't know what to do with anyway. Thus it was safe to give it away.

At this particular time, Jane was helping me gather information about a powerful home generator which had been Stan's, for her friend who was interested in buying it. Since Stan was so much on Jane's mind at that time, she figured that this mysterious electronic gift was from him. The gift was also a play on words. It was a *sensor*, and Stan's gift was giving his long-time friends a sense of his presence.

Mongol Karma

Before we were married, Stan bought me a Mongolian lamp that I've always kept on my bedside table. We both felt that we had ridden the steppes of Asia to-

gether in a past life. Recently, a very personal electrical communication showed that Stan had not lost his sense of humor. One sultry summer night, when the air conditioner was not keeping up, I told him that I was so hot I thought I'd just dispense with my nightgown. To my surprise, the Mongolian lamp went out completely for about 15 or 20 seconds and then came back on! It has never done that before or since. I just stood in the dark and laughed, loving that he was letting me know that he was right there with me.

Spiritual Fire Prevention

I also had a dramatic electrical communication from Stan. One evening I was taking messages off my answering machine when a call came in that I wanted to take. It was from Sandy, a friend in Maryland, who owns a riding stable. Over the years, we had many wonderful rides at Sandy's, and Stan had his last vigorous trail ride there. Just as I answered the incoming call, the light bulb in my antique ceiling fixture blew out with a loud noise. None of our antique light fixtures had ever behaved like that.

When a friend came to change that bulb, I cautioned him to remove the globe that covered it carefully because I was sure that the bulb had shattered and the globe would be full of broken glass. We were very surprised to find that the bulb was still intact but the lamp socket was singed! Apparently the light fixture had shorted out, which may have prevented a fire!

I feel that this was not only another electric communication from my dear husband, but that he had intervened to protect me and our home from a fire. I said a little prayer of thanksgiving to both God and Stan.



The readings remind us to:
...pray oft for those who have passed on...Those who have passed through God's other door are oft listening, listening for the voice of those they have loved in the earth. The nearest and dearest thing they have been conscious of in earthly consciousness. (3954-1)

PSYCHIC COMMUNICATIONS

"Stan Is Here"

Stan has not limited his communications to electronic gadgets. He has also used some of the more traditional spirit communication methods such as appearing to sensitive friends and speaking to them, usually through mental impressions.

One of my most difficult and heart-rending tasks was to find a new home for our beautiful, six-year-old Siberian husky, Yuri [see "Synchronicity"]. MaryAnn, the study group friend through whom Stan had communicated the night after he died, accompanied me to a dog rescue facility. After touring the facility, MaryAnn and I sat on a bench in the bustling lobby so I could collect myself. Much to my surprise, MaryAnn said quietly to me, "Oh, Stan is here."

Stan, MaryAnn, and I proceeded to have a remarkable three-way conversation.

MaryAnn remarked that Stan looked even better than the last time she saw him! I told Stan about a painful regret that I carried, and he gave me a wonderful gift, when he said that I had given him so much that he was able to leave sooner. I knew that introducing him to the Cayce readings was an important part of what I had given him. Since I could not see or hear Stan, I asked MaryAnn if leaving sooner referred to his dying relatively young, and she said that it did.

Stan told me that I was doing great and that I must do the work that I had incarnated to do, which was to write the second book that had been knocking on the door of my consciousness for several years. He explained that responsibility

for Yuri must not prevent me from doing my work. He also reminded me to take care of my health.

Tearfully I thanked him for his guidance and said I'd like for it to continue, but I did not want to hold him back. He said I was not holding him back but he did have to study. When MaryAnn asked what he would be studying, he replied, "The medicine of the future." This made sense. Stan had a strong interest in health, and as a child, he had wanted to be a doctor.

I was happy when I asked if he would visit me in my new place and he said yes. He also told me that I need to have more faith in God, though Stan did not usually talk about God. We then talked about some family members. However, when my insecurity resurfaced and I asked him how soon the house would sell, he made no reply and disappeared. Many tissues later, when Mary Ann and I got into my car, she said that Stan was back. He told her that our house would sell and I should not worry. He sure was right...it sold in less than a week!

A Jolting Encounter

This encounter with Stan was told to me by Pam, a coworker and good friend of Stan's. Pam credits Stan with helping her make good career decisions and find new job opportunities with good promotion potential.

A few weeks after Stan died, Pam had a big decision to make and missed being able to talk it over with him. She had a new job offer and the question that was on her mind was should she stay or

should she move? Pam put it this way: "I always discussed the types of questions with Stan, who would lay out the 'road map' of how to 'execute' the transition to the new opportunity. He told me years ago to make sure that I was ready to leave and 'move on.' Stan's advice was to never entertain a 'counter offer' from my current employer."

On the Sunday morning of Labor Day weekend, with all that on her mind, Pam

SYNCHRONICITY

One of the hardest things I've had to do since my husband, Stan, died was to find a good home for our beloved Siberian husky, Yuri. After many attempts, a family found him through a "coincidental" encounter with someone who works for our mutual veterinarian. Yuri's new owner is the president of the local dog park so he obviously really loves dogs. And this wonderful family welcomes my visits so I still have our pet in my life!



As I was preparing to leave after a visit with Yuri's new family, I mentioned to the lady of the house that I had to get back to my writing. When she asked what I was writing, I asked if she had ever heard of Edgar Cayce. She said, "No," but her father-in-law said, "Edgar Cayce was a special person." He went on to tell me that his mother had been very interested in spiritual matters and had requested a reading from Cayce for him when he was a young man. Unfortunately this never happened and he was on the list to have a reading when Edgar died!

So our dear Yuri went from a home where his owner, Stan, had Cayce readings in his family to a new family where a member almost had a Cayce reading. What are the odds of either of those things occurring, let alone both?

was sleeping in her son's room since he was spending the night at a friend's and her husband's snoring kept her awake. Sometime between midnight and 5:00 a.m. Pam sensed a presence in the room. Although she was still asleep, a bright light illuminated the room. She felt a strong push and was almost shoved off the bed! She found herself halfway off the bed with her knee on the floor. She pulled herself back onto the bed with her eyes still closed and realized, "That's the answer to the question that I've been wondering about—what would Stan say? 'Move!'"

Two Psychic Readings

Shortly after Stan passed through what Cayce called God's other door, I received a lovely note from Kevin Todeschi, A.R.E.'s CEO, and his wife, Mary Roach, a highly respected psychic. Mary kindly offered me a psychic reading. I fled holiday loneliness and drove to Virginia Beach for both Thanksgiving and New Year's and had a reading with her each time. Both were full of information from Stan about why he died, and what it was like to die, as well as of words of loving comfort and guidance for me. Both readings were very moving and helpful.

Stan had not expected to die. The process felt as though he was caught in an overwhelmingly powerful ocean wave that tumbled him over and over and over. When at last he was finally able to breathe, he was out of his body and on the other side. Stan's physical body peeled off of him like a glove and then he was bathed in what he knew was truly the indescribably wondrous and loving spirit of God. Stan was told that his dying before me was part of a pre-birth contract that we had made. This challenging situation would foster our growth and enable Stan work with me from a higher level of consciousness on the book. The book would also be enriched by my struggling with his loss. Stan assured me that much help would be forthcoming, which has indeed been the case, and for which I am truly thankful.

The Source of the Cayce readings tells us that:

...there should not be sorrow and sadness in those periods when the physical turmoils and strifes of the body are laid aside, for the moment, for the closer walk

with Him. For indeed to be absent from the material body is to be present with the Lord. (1824-1)

One of the most important revelations from Mary was that Stan and I would learn to communicate and continue to work together. In fact, the last time that MaryAnn communicated with Stan, he said he'd rather talk to me than to her. Stan and I are working on communicating. On his birthday, I prayed that if it was God's will, I'd very much like to feel Stan's presence and I believe I did.

Spirit speaks to us in many ways. Synchronicity is one. When it was no longer possible for me to take care of my dear husband at home, he was admitted to a nearby 14-bed inpatient hospice facility, where he died the next morning. The name of that facility is Casey House. On a commemorative cobblestone in



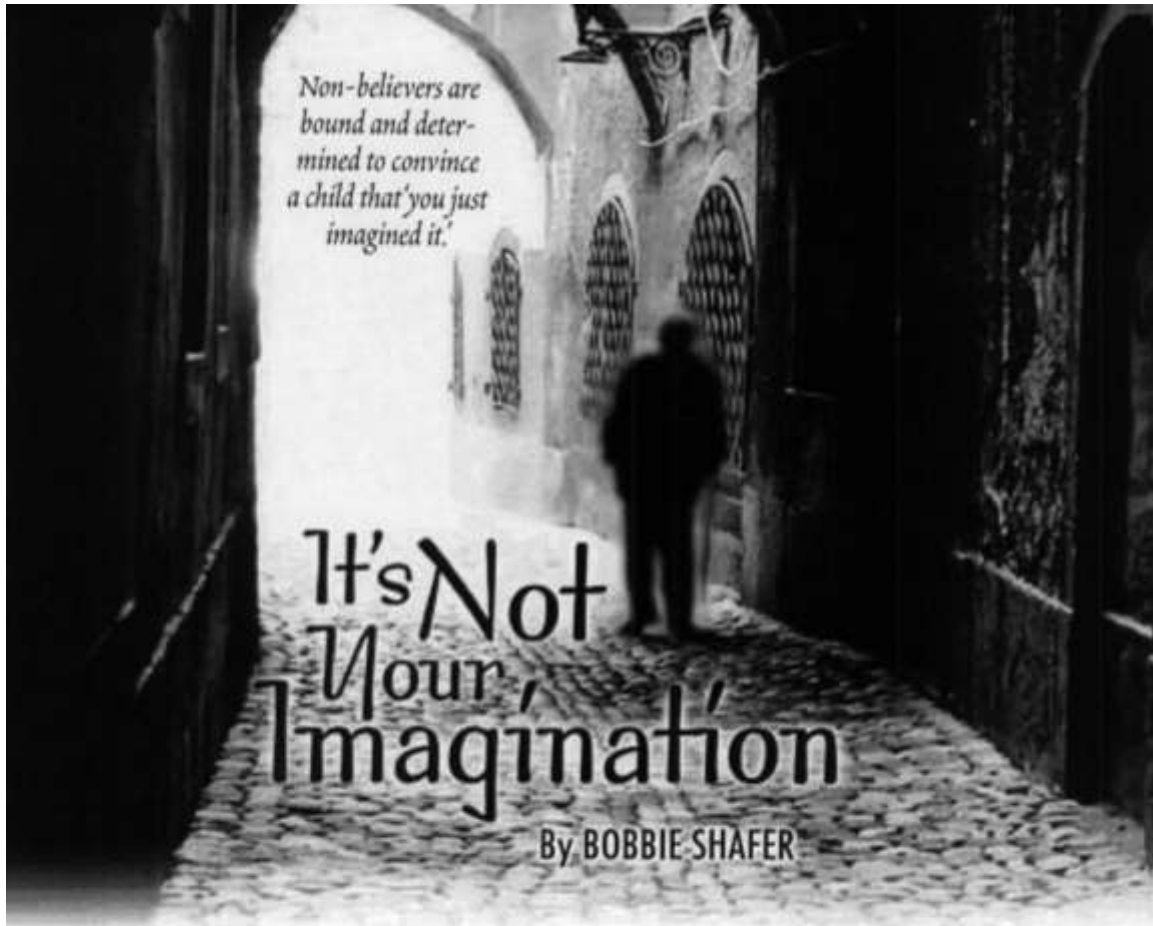
the Casey House garden, I used an appropriate term from the Cayce readings to describe Stan. The inscription reads: "Stan Jaffin, Beloved Husband and Helpmeet." 🌹

ABOUT THE AUTHOR



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Hearing and seeing strange things as a child and being told it is just an over-active imagination wasn't always comforting.

Because regardless of what people say, the child knows what she or he heard and, just because the other person didn't, doesn't mean it didn't happen. Children are firm believers in themselves. You simply can't expect to tell them something strange wasn't there when they saw it with their own eyes or heard it with their own ears. Still, non-believers are bound and determined to convince a child that supernatural things just can't happen, "you just imagined it."

I was that child, and I began to think I was strange, different – maybe, even a little odd. My entire family, especially my Daddy, pooh-pooed the

idea of ghosts, spirits, and supernatural events. The very thought made him laugh. Still, it was my Daddy who came to see me several years after his death. Ironic, isn't it? I think he thought so, too.

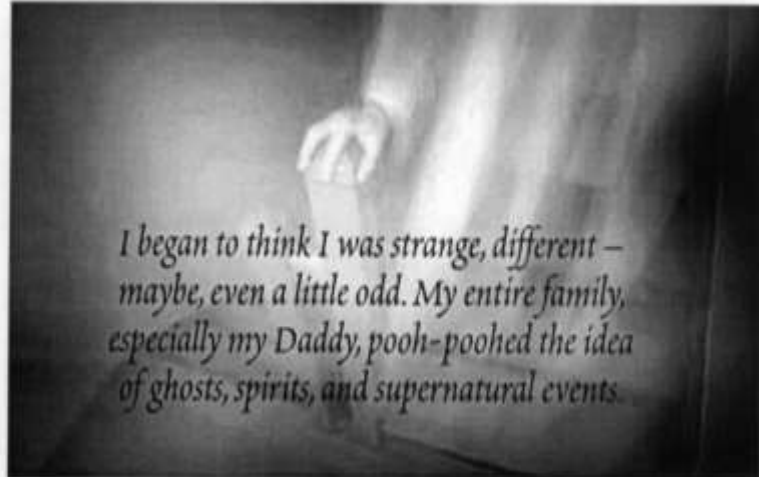
Maybe that's the reason he was the one who came through so clear and solid. For me, as I thought about it later on, it taught me not to judge those who do not believe – they just don't understand. For him it was a lesson, even though it was a little late: Don't close your mind to things just because you haven't experienced them first-hand.

From the time I was a small child I felt that I had a presence around me. From year to year, from house to house, a presence remained, but not always the same one. Of that I was sure. When I was about 10, we lived in an

old shot-gun style farmhouse on the Rusk Highway, about six miles from Palestine, Texas. I was the only one to be disturbed at night by a fluttering, stuttering sound. I never heard it during the day and when I was frightened, my grandparents always reassured me that it was a paper stuck in the chimney, or a leaf on a tree outside my window, blowing against the house. I may have been young, but I was gifted with an abundance of common sense and I reasoned if it were a paper in the fireplace, why didn't it flutter during the day; why didn't the leaf make the same sound other than just at night. Eventually, I decided, on my own, that it was a "something" that enjoyed teasing just me. I later learned the name for what caused that type of event. They were called poltergeists.

As I grew into my adolescent years, we bought a large antebellum home. The house had been started in late 1899 and finished in early 1902. There were several enormous old houses in the neighborhood that had been built around the same time. It was located on Mallard Street on the outer edge of Palestine, Texas.

You entered through two tall, glass doors from the wrap-a-round, covered porch into a hallway. On each side of the hall were giant sliding doors that opened into spacious front rooms that looked out onto the front porch. At the back of the hallway to the left was the staircase that rose to a landing with a cut glass window that overlooked the back yard, then cut to the right, then right again and upward to the second floor. There were three large rooms across the front of the house that overlooked the front yard and street. One side of the house faced the side yard and alley that cut through the block and the other side allowed you to see the side yard and a separating wall of bamboo that shielded the house from an open field that, for some unknown reason, was never built on. The property was over an acre and the yards, front, back, and sides, had been landscaped with trees, bushes, flowers, and greenery that had been shipped in from all over the world, and included many native plants to our East Texas area.



I began to think I was strange, different – maybe, even a little odd. My entire family, especially my Daddy, pooh-pooed the idea of ghosts, spirits, and supernatural events.

The attic was wide open, as was the cellar. In the cellar was an old oil furnace that hadn't been used in years and the window behind the furnace was the entrance for many assorted critters to make their way into the walls and up to the attic. The only cooling device was a giant attic fan over the landing of the staircase that kept the entire house quite cool even in our steamy East Texas summers.

The house had been occupied for 57 years by members of the original family, then the older members died and the younger ones moved on. I had no doubts that this house had its share of secrets. My grandparents lived in the six rooms downstairs to the left of the hallway and my parents and I

lived in the six rooms to the right of the hall. The five upstairs bedrooms became guestrooms and the two small upstairs kitchens were used as storage rooms.

You'd think that my being as strange as I was, I would be frightened at living in this big old house but I wasn't. The first time I walked through that house, I felt that I had always lived there, and that I was...well, being welcomed back. I was about 14 and soon to be in high school, at that age of wanting to be popular, having crushes on unattainable young boys, waiting to be asked to the prom, and being anxious to see if you passed from one grade to the next, even though you always did. It was a difficult time.

Still, when I was in that house, I felt different. I felt secure, safe; all my little unimportant worries disappeared the moment I got home.

When I was 15, I talked my family into letting me move into one of the upstairs apartments. I was so excited. I had the front bedroom with the window that overlooked the front yard and street, and the side window that faced the alley. I had my own bathroom and study room and quickly moved everything I owned upstairs.

It was the first night in my new bedroom that I had my first "encounter." The windows were open, the door cracked a bit so the attic fan could draw in the cool night air, and the hall light illuminated the outer hallway and created a thin stream of pale light across my floor. The street-light outside my window cast a beautiful glow throughout the room. The first sign was the faint hint of an aromatic pipe smoke. At first, I thought nothing about it as my grandfather smoked a pipe and I figured he might be out on the porch enjoying the cool night. But then I felt the mattress give a little, suggesting that someone had sat down at the foot of the bed. I sat up and looked carefully around the room. I saw nothing, but the smell of sweet tobacco grew stronger. However, it was not

an ominous feeling, but more a comforting one.

For some reason I began to talk to the empty-looking room. I talked about the day at school, my friends, my problems, my family, and before I knew it, I had fallen asleep still smelling that wonderful pipe tobacco.

He came often and sat on the bed, smoking his invisible pipe and listening to me tell him all about my day. Oh, I knew it was a he, but I also had a feeling there were others, others who had no interest in me but sensed that I knew they were there. Still, it was just a smell, a movement, and an occasional touch.

I grew up, graduated, went to college, married, and had four beautiful children. Unfortunately, as with many modern marriages, I soon divorced and returned home. My father had died, as had my grandmother, and my mother and grandfather had purchased a smaller home so she could look after him in his declining years. My ex-husband and I had purchased the old ante-bel-

I sat up and looked carefully around the room. I saw nothing, but the smell of sweet tobacco grew stronger.



lum home shortly before the divorce, with my thinking that we would retire there. But, he had other plans, such as obtaining a younger companion, the first of many.

Over the months, with growing children, the dissolved marriage, and the struggle to stay on my feet after the divorce, the thought of ghosts, supernatural sights, and eerie happenings had taken a back seat to more pressing thoughts.

I had moved everything out of the front room, where my grandparents had lived, to make room for a ceramic shop I had bought. The only things left in the room were the massive dining

room table and chairs that had always been in the family, and were still in the same place after 30 years. We all had sat around that table at every Thanksgiving and Christmas, and laughed as we shared the love and togetherness that had been our way of life.

As I stood in the middle of the room, trying to imagine in my mind where the counters, shelves, and display tables would be, I heard a chuckle and looked up to see my Daddy sitting at the dining room table, looking as natural as could be.

"What'cha doing, Honey?" he drawled, smiling that ever-familiar smile of his. He sat leaning slightly over the table with both arms lying crossed on the surface. A pose I had seen hundreds of times, a sight as natural and ordinary as breathing.

"I bought a ceramic shop, Daddy," I answered, without thinking. "I'm trying to decide where to put everything." I swung around and pointed toward the large front window. "I'm thinking of putting a table there with the larger pieces that can be seen from the street." I glanced at him over my shoulder.

Still smiling, he nodded and as I turned back toward the window, the truth suddenly dawned on me. Daddy had passed away several years before. I turned quickly around and watched him, still smiling and nodding, fade away. My heart was pounding and my palms were damp, not from fear, but from the thrill...the joy of seeing my Daddy again. It never occurred to me to be afraid. I walked into the hallway and shakily lowered myself onto the second step of the staircase, a silly smile pasted on my face.

My feelings weren't confused, I was elated. With all the bumps in the night, the shadows that shouldn't be there, the rattles for attention, I realized that I was never without my loved ones. We all mourn when we lose a loved one. It's natural. We can't see them at our convenience, we can't call them when we want to, or hug them when we need comfort-

ing, and we mourn our loss because we hurt, we suffer, we don't want to be without them. And we shouldn't have to. Since that time, my mother has touched my hair, and put a crossword puzzle answer in my head. She was a genius at crossword puzzles and when suddenly I know the answer when there isn't a reason in the world why I should, I know she did it.

They fill my dreams, they advise me through my thoughts, and best of all, I saw my Daddy. Not a shadow, not a wispy version, no faint voice, but, full, solid, and dressed in his khaki pants and short sleeve shirt. He talked to me clear and strong, and asked me about something that was actually happening at the time. He was there, maybe not in the flesh, but in a clear, visible form. Plus, he appeared to me at a time when I wasn't expecting it. I wasn't sleeping, or in a trance, or daydreaming. I was going about my business and he was curious. He was there.

I was always close to my mother and my grandfather. I adored my grandmother and loved my Daddy. If I had expected anyone from the other world to appear to me, Daddy would have probably been at the bottom of the list, because he thought the talk of ghosts and spirits was silly. I guess that's one of the reasons it was he who came. One to say, "Look, I was wrong," and the other to say, "I'm still watching over you."

Look for your departed ones. Look and listen for the signs of them. They are there. They care, they're interested, and they love you.

I hope you are as lucky as I was to have the opportunity to see a loved one that has died. I've always been a believer. I want you to open your mind, expect the unexpected, and be as thrilled as I was when it happens. It will, it may already have, or maybe they're just waiting for the right time.

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