

Circulating File

**TEETH AND GUMS: GINGIVITIS: ULCERATIVE
(Trench Mouth, Vincent's infection)**

**A compilation of Extracts
from the Edgar Cayce Readings**

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TEETH AND GUMS: GINGIVITIS: ULCERATIVE CIRCULATING FILE

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Our hope is that through the Cayce readings you will find the wholeness and oneness which is God's plan for us.

Blessings, A.R.E. Member Services Team

There are in truth no incurable conditions.... 3744-2

This Circulating File consists of the Edgar Cayce psychic readings on trench mouth. The information is not intended for self-diagnosis nor self-treatment. Please consult a qualified health care professional before following any advice contained within this file.

Articles may be included because the information supports the remedies and therapies described in the Edgar Cayce readings or are of a helpful nature. Their inclusion does not imply endorsement or recommendation. Before following any advice contained in the articles, please seek the counsel of your doctor.

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**Teeth and Gums: Gingivitis: Ulcerative
Trench Mouth**

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Trench mouth

 U.S. National Library of Medicine

<http://www.nlm.nih.gov/medlineplus/ency/article/001044.htm>

Trench mouth is a painful bacterial infection that involves swelling (inflammation) and ulcers in the gums (gingivae).

Causes

Trench mouth is a painful form of gum swelling (gingivitis). The term "trench mouth" comes from World War I, when the disorder was common among soldiers.

The mouth normally contains a balance of different bacteria. Trench mouth occurs when there is an overgrowth of normal mouth bacteria. The gums become infected and develop painful ulcers. Viruses may be involved in allowing the bacteria to grow too much.

Risks include the following:

- Emotional stress
- Poor oral hygiene
- Poor nutrition
- Smoking
- Throat, tooth, or mouth infections

This disorder is rare. When it does occur, trench mouth most often affects persons ages 15 - 35.

Symptoms

- Expand Section
- Bad breath
- Crater-like ulcers between the teeth
- Fever
- Foul taste in the mouth
- Gums appear reddened and swollen
- Grayish film on the gums
- Painful gums
- Profuse gum bleeding in response to any pressure or irritation

Note: Symptoms often begin suddenly.

Exams and Tests

The health care provider will look at your mouth for signs of trench mouth, including:

- Crater-like ulcers filled with plaque and food debris
- Destruction of gum tissue around the teeth
- Inflamed gums

There may be a gray film caused by broken down (decomposed) gum tissue. In some cases, there may be fever and swollen lymph nodes of the head and neck.

Dental x-rays or x-rays of the face may be taken to determine how severe the infection is and how much tissue has been destroyed.

This disease may also be tested for by using a throat swab culture.

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Treatment

The goals of treatment are to cure the infection and relieve symptoms. Your health care provider may prescribe antibiotics if you have a fever.

Good oral hygiene is vital to the treatment of trench mouth. Brush and floss your teeth thoroughly, at least twice a day, and preferably after each meal and at bedtime.

Salt water rinses (1/2 teaspoon of salt in 1 cup of water) may soothe sore gums. Hydrogen peroxide, used to rinse the gums, is often recommended to remove dead or dying gum tissue. Chlorhexidine rinse will help with gum inflammation.

Over-the-counter pain relievers (analgesics) may reduce your discomfort. Soothing rinses or coating agents may reduce pain, especially before eating. You may apply lidocaine to the gums for severe pain.

You may be asked to visit a dentist or dental hygienist to have your teeth professionally cleaned and to have the plaque removed, once your gums feel less tender. You may need frequent dental cleaning and examinations until the disorder is cleared.

To prevent the condition from coming back, your health care provider may give you instructions on how to:

- Maintain good general health, including proper nutrition and exercise
- Maintain good oral hygiene
- Reduce stress
- Stop smoking

Avoid irritants such as smoking and hot or spicy foods.

Outlook (Prognosis)

The infection usually responds to treatment. The disorder can be quite painful until it is treated. If trench mouth is not treated promptly, the infection can spread to the cheeks, lips, or jawbone and destroy these tissues.

Possible Complications

- Dehydration
- Loss of teeth
- Pain
- Periodontitis
- Spread of infection

When to Contact a Medical Professional

Call the dentist if you have symptoms of trench mouth, or if fever or other new symptoms develop.

Prevention

Preventive measures include:

- Good general health
- Good nutrition
- Good oral hygiene, including thorough tooth brushing and flossing
- Learning ways to cope with stress
- Regular professional dental cleaning and exams
- Stopping smoking

Alternative Names

Vincent's stomatitis; Acute necrotizing ulcerative gingivitis

Introduction to the Cayce Readings on Health and Healing

No matter what illness or ailment concerns us, certain basic principles about health and healing are relevant. These are the premises upon which all of the Cayce health information rests. For those who would like to make a more careful study of these basic principles, the recommended Circulating File is entitled *Principles of Healing*. Here, in essence, are the ideas found in that file. They may prove to be very useful to your study of the specific ailment that requires healing for you.

The first fundamental idea about healing requires that we maintain a creative balance between two principles:

1. All healing comes from the infinite - that is, from attunement and harmony with our spiritual source. The infinite is just as accessible and available in the visible, physical world as it is in the invisible realm.
2. At the same time, each person must take responsibility for his or her own healing process. No one can simply sit back and wait passively for healing to occur.

This second principle - the need for self-responsibility - can take many forms. For example, healing requires attunement, and no one knows better than ourselves exactly what has gotten us out of attunement. Often, if we look closely at our lives, we can see (without needing a gifted medical clairvoyant such as Edgar Cayce) what's causing our illness.

To illustrate self-responsibility further, the human body has a marvelous, innate drive to heal itself, but we've got to do our part to help. A broken bone will naturally try to mend; however, the fracture needs to be set properly for the healing to be complete and effective. Cayce stresses the healing ability of the body:

Remember, the body does gradually renew itself constantly. Do not look upon the conditions which have existed as not being able to be eradicated from the system. . . Hold to that KNOWLEDGE - and don't think of it as just theory - that the body CAN, the body DOES renew itself! 1548-3

Another important principle relates to energy medicine, a new field for which Edgar Cayce was a pioneer. His readings consistently speak of the roles played by vibrations or vibratory forces - right down to the level of individual atoms. According to Cayce, there is a type of consciousness that exists in each atom. Although most of the passages about the atomic physics of healing seem rather esoteric, it might be easier to follow the analogy of the attunement of a stringed musical instrument. A violin or piano that is out of tune makes sour, discordant music - symbolic of disease or illness. Just as a skilled musician can bring the instrument back into attunement, we experience healing when our vibrations - right down to the atomic level - are adjusted in a correct manner. In essence, all healing is bringing the vibrations into harmony from within.

Balance among body, mind, and spirit is another key to Cayce's philosophy of healing. For healing to be complete and lasting, we must recognize and meet the needs of each of these three levels. Virtually no illness or disease can be treated successfully at only one of these three levels.

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What's more, Cayce affirms that the human body will naturally stay healthy - and even rejuvenate itself - if a kind of internal balance can be maintained. "Dis-ease" starts when one part of the body draws energy from another part. One portion of an organism may become overcharged with the creative life force, while another portion becomes undernourished. The result is a gradual disintegration of the body and the onset of illness.

The opposite of this sort of disintegration is rejuvenation. The readings assert that we are continuously rebuilding our bodies. Within any seven-year period, each cell is replaced. If we'll allow it, our bodies will transform any problem and resuscitate any condition. But our ingrained habits usually block this healing potential - the habits of action and, even more potent, the habits of mind.

What role do drugs and medicine play in the healing process? Cayce's philosophy clearly sees a place for them, but warns of misunderstanding how they work and of expecting more of them than is possible. Any healing method attempts to create an experience of oneness, in hopes of then stimulating a similar response in the body. For some people in some situations, a drug may be the best way to accomplish this - just as in other cases surgery may be the best way to stimulate healing. Medicines can be a practical application of the one life force. Occasionally they must be very potent in their reactions in order to get the patient through an acute illness. But Cayce from time to time encouraged people to consider the herbal formulas he recommended to be tonics and stimulants, rather than medicines.

The dangerous side of medicines is their potential to diminish the body's own healing work. This is what Cayce alluded to when he warned about "palliatives" that deceive the soul with half-truths and temporary relief. It's also what he meant when he warned that we shouldn't come to rely on any condition outside of ourselves that could be assimilated by the body inwardly. All of this is to say, take the medications prescribed by the physician you trust. Keep in mind this thought: what those chemicals can do is temporarily - and somewhat artificially - give your body an experience of greater oneness.

Healing that really takes hold and lasts must come from changing one's inner consciousness and vibration. That happens most effectively from consistent and persistent human effort (that is, engaging one's desires, purposes, and will) - something that pills all too easily allow us to skip.

These have been long-standing. Do not take the treatments just a few days, or even a few weeks, and expect to be well - and then revert to old conditions. But be consistent and persistent! Have periods when these will be taken (that is, ALL of those things indicated) for two, three to four weeks. Then rest by leaving them off a week. And then be just as patient and just as persistent as though you were beginning all over again. 976-1

Cayce's healing philosophy includes other insights that can help us avoid misunderstanding. For example, one principle states that the best treatment procedures sometimes cause a temporary worsening of conditions. If we didn't recognize this possibility, we might give up just before the benefits begin to appear. A closely related principle states that when a body is re-establishing its attunement, it tends to be more sensitive. Again, if we misunderstand that heightened sensitivity, we might not see the good that is slowly being effected.

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The mind is a focus of other healing principles. The unconscious mind plays a role in many illnesses and diseases. One example of this is the karmic factor in health problems. Memories from previous incarnations, stored in the soul mind, can trigger problems in the body. Of course, we shouldn't go so far as to suppose that every health challenge has past-life roots; nevertheless, the perspective of reincarnation can help us understand what we could possibly be dealing with as we seek healing.

The familiar Cayce axiom, "Mind is the builder," leads us to wonder exactly which attitudes and emotions best foster healing. The readings emphasize several:

- Self-acceptance. As we rid ourselves of self-condemnation, we make room for healing forces to enter.
- Optimism and hope. We're encouraged to expect healing.
- Patience. It's much easier and quicker to destroy health than it is to rebuild it. We need to be willing to patiently invest whatever time is required.

Alongside these specific attitudes and emotions, we're invited to use the creative potential of visualization to stimulate our own healing. The mind's image-making capacity can be directed in such a way that we "see" the healing transformation taking place. This is not something that's accomplished in a single visualization session. Like all the Cayce health-promoting approaches, it requires persistence and works best in conjunction with other healing methods.

Perhaps the most important principle of the mind's relationship to healing concerns purposefulness. A person can experience temporarily an outer healing - that is, in the physical body only - yet still be spiritually sick. What cures the soul? A commitment to a purposeful life. Not just any purpose, but instead one that reflects care for other people.

On occasion a reading from Cayce would pose this question to the person who was ill: What would you do with your life if you were healed?

What would the body be healed for? That it might gratify its own physical appetites? That it might add to its own selfishness? Then (if so) it had better remain as it is. . . But first the change of heart, the change of mind, the change of purpose, the change of intent. 3124-2

The position of Cayce's psychic source was simply this: Why correct the physical condition unless there's also going to be an inner correction? People who are looking for both inner and outer healing are the best candidates for restored health and vitality. In Cayce's philosophy, healing should equip us to be more useful to others.

With this ideal of service in mind, we might also wonder just how we can be channels of healing to others. What principles govern our efforts to be healers to those for whom we have concern? One principle is based on the spiritual connections that exist between all people. It states that as we bring the experience of oneness into our own consciousness, it can profoundly help someone else experience oneness, attunement, and healing. Cayce's way of putting it was, "...raising the Christ Consciousness in self to such an extent as it may flow out of self to him thou would direct it to." (281-7)

For this to be most effective, the recipient must desire such help and have requested healing prayer. Of course, we can always pray for someone, even if that

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individual hasn't asked us. But it's important that we not assume we know what's needed in any person's life. For one who hasn't specifically asked for prayer, we can simply offer prayers of protection and blessing, rather than try to direct healing energies to that person or for a specific condition.

It is also important to remember that each reading was given for an individual. It must be emphasized that no suggested treatments for any particular ailments should be "lifted" from any individual reading and tried by another individual except under the supervision of and with the cooperation of a physician or licensed health care professional. However, there were many suggestions that were given over and over, and these can be studied to find how they apply to ourselves. These healing principles can be grouped in four categories that referred to as CARE.

Circulation – moving the blood around the body through therapies such as massage or spinal manipulation

Assimilation – encouraging the body to pull the proper nutrients from the food by eating the proper foods and in the proper combinations

Relaxation – taking time to rest and let the body recuperate and counterbalance the daily activities

Elimination – removing the waste products from the body through therapies such as sweats, colonics, and fume baths

For more information about CARE and recommendations on the lifestyle described in the readings, please see Dr. Harold J. Reilly's *Handbook for Health*. There are also many verbatim collections of the readings in other Circulating Files, Research Bulletins, and Treatment Plans for individual diseases which may be purchased through Customer Service at 800-333-4499.

The A.R.E. is interested in having all the material in the health readings reviewed by physicians and health care professionals who also provide summaries of their findings in the hope that the information may prove beneficial to others. When time and finances permit it is planned to have all the information in the health readings read by one or more physicians and the subject matter summarized. Please send any feedback to

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We do not advocate a do-it-yourself process. Please seek out the advice of a health professional before implementing any recommendation.

In summary, the Cayce readings remind us that our natural state is wholeness and health. An innate wisdom within ourselves knows what's needed for healing. We should expect to get well, and we should be willing to do our part to make it possible. "Those that expect little of the Lord receive little; those that expect much receive much - if they live it!" 1424-1

Blessings,

A.R.E. Member Services Team

IPSAB

Herbal Remedy for Teeth and Gums



A.R.E.'s True Health, November/ December 2006

by Elaine Hruska

Quite a history lies behind this Cayce-developed formula, mentioned in nearly 200 readings. An extensive amount of information was sought after and delivered regarding Ipsab's ingredients, the precise amounts, when, and at what temperature each was to be added, as well as labeling, marketing strategies, and sales tips; in essence, from conception to the final product to its distribution, every step of the manufacturing process was carefully planned and laid out.

Where does the name "Ipsab" originate? The following notation was made by Gladys Davis on October 17, 1972, and tacked on to reading 1800-1: "The name was suggested by Gertrude Cayce, combining the first letters of the main ingredients: iodine, prickly ash bark [or peppermint], salt. Soon the readings started using the name." Today, however, because the term has been trademarked, the official Cayce supplier carries it under the product name Ioxan.

Indications for This Remedy

Many individuals asked in their readings about the care and quality of their teeth and gums. Fairly consistently the advice offered was to use Ipsab. What were some of the conditions these people were experiencing? Bleeding and sore gums, receding gums, the effects of teeth extraction, cracked teeth, gum inflammation, and mouth ulcers were the problems presented, but it was especially useful for pyorrhea, also called Riggs's disease [after an American dentist, John M. Riggs (1810-1885)]. One entire reading, in fact, addressed this disease and its treatment. In part, the reading made these interesting comments:

"...pyorrhea is a disease resulting from a germ that, more often, is the result of film on the teeth and the lack of proper exercise of the gums.

"Pyorrhea is one of the prices that man pays for food that is cooked or prepared in the soft state.

"For, few of the [native Americans, Laplanders, and Eskimos] show signs or results of pyorrhea until an advanced age.

"Then, pyorrhea is one of the oldest disturbances to mankind, where quantities of cooked foods of the mush or soft nature are consumed and little or no activity given gums by tearing or rending raw foods in their original state...

"This [Ipsab] used as a massage to the gums ... will be found to be effective in any case of pyorrhea ... where the process has not broken entirely through.

"...at least one meal each day [should] consist of vegetables *not* cooked but raw; and this will bring to the users a state in the gums that will be most desirable for all." (1800-19)

Later in the same readings series came this hopeful prediction: "Here ye have... a property [Ipsab] that-given proper distribution-may lend the greatest aid to humanity for diseases of a specific nature of the gums that has been presented since quinine aided in destroying the germ of malaria." (1800-28)

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In other readings Cayce described it as “a universally beneficial property or compound for the teeth and gums” (275-31) and “The use of Ipsab is well for *any* body, if used properly.” (325-54)

Beneficial Effects

According to the readings, regular use of Ipsab would strengthen the gums, reduce acidity in the salivary glands, prevent infection, stimulate mucous membranes, act as an antiseptic, increase circulation, help toughen and harden the gums, prevent toxins from causing tooth decay, as well as being a remedy for pyorrhea or, as one reading states, especially “in cases where there are the germ formations.” (685-1) Another reading summarizes its holistic aspect: “This Ipsab [will add] to the system the properties that are effective in keeping the dentifrice of the *whole* body well in accord.” (1101-5)

Application

For those experiencing tooth and gum problems, use of Ipsab ranged from once or twice a day to several times a week to twice a month. The solution is to be shaken, then massaged into the gums, both in front of and behind the teeth, by using either one's finger or a tuft of cotton containing the solution. Rub it even on to the areas where there are no teeth, one reading stated. Afterward the mouth can be rinsed with a little of the Ipsab itself, with diluted Ipsab, or with full-strength Glyco-Thymoline, followed by a rinse of the mouth with clear water.

This application is not to take the place of a regular cleaning, however. Several readings recommended the toothpaste Ipana, stating that it was similar to Ipsab, “but without the iodine...” (3051-1) In some cases the gum massage with Ipsab was to be followed by one's regular tooth brushing.

Along with the gum massage, Ipsab can also be used as a gargle or mouth wash, diluting it in this proportion: one-half teaspoon to half a glass of distilled water. To keep the gums in good condition, one reading emphasized: “That which is *best* as a mouth wash may be found in that of Ipsab.” (1131-1)

Keeping the teeth clean and the gums healthy will add an extra bonus to your overall well-being.

“(Q) What is the reaction of the Prickly Ash Bark [primary active ingredient in Ipsab] on the gums?

“(A) It is nature's preservative for strengthening the tissue about the teeth themselves. The very nature of it, from its name as given by the aborigines - that toothache bark indicates its very nature!”

1800-26

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BACKGROUND OF READING 1800-1

B1. Subject of 1800-1, "Pyorrhea Remedy [IPSAB]."

[1/29/25 See 1800-1 volunteered by EC giving first general formula for IPSAB, other than in specific individuals' readings for their own personal use].

TEXT OF READING 1800-1

This Psychic Reading given by Edgar Cayce, this 29th day of January, 1925.
(Suggestion was not given, but the reading was volunteered....)

(Volunteered, without suggestion being given)

1. EC: Now, we have those conditions as regarding the proposition of exploiting properties as would be given as a specific for physical conditions that are detrimental to the health of the human family. These specifics given through the psychic forces, as manifested in the body Edgar Cayce, the proposition of exploiting same considered by Morton Blumenthal and David Blumenthal, these conditions we find:
2. Were these handled in the proper channels, there is the good to be obtained for the human family, and the expending of monies, expending of self, expending of all endeavors to be of assistance to others, when there is not excess of any nature, when there is only the good being attempted to be given, the returns in the monetary way are only the just desserts to such explorations.
3. As to how these properties are to be made, namely, that under consideration: Well that these be manufactured under the supervision of someone directly interested in the manifestations of such phenomena [Edgar Cayce?].
4. As to how this pyorrhea, or Gum-ese, would be prepared: [It was later [from 1925 on] referred to as Ipsab*.]

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5. To six ounces toothache bark, or Prickly Ash Bark, add 16 ounces rain, or snow, water.
6. Reduce by simmering (not boiling too severely) to one-half the quantity. Then add iodized, or salt treated with iodine, to the amount of 8 ounces; this stirred well in while the solution is very warm, adding at the same time to these properties 2 minims of Oil of Peppermint.
7. Use or place in container wherein the solution may be used by rubbing on gum with the finger, and the mouth rinsed with plain water after rubbing for two to three minutes. This solution should be used where pyorrhea has begun at least twice each week, until the gums and soreness is relieved. Then once each month. Should solution become hard from exposure, and from evaporation, add small quantity of water and the solution will be ready for use. Best that these properties, then, be put in small containers.
8. We are through.

* [10/17/72 GD's note: An article on Ipsab appearing in 11/72 issue of The A.R.E. Journal by Tom Johnson and Carol A. Baraff states "It is not known where the name originated." This reminds me to make this notation: The name was suggested by Gertrude Cayce, combining the first letters of the main ingredients: iodine, prickly ash bark [or peppermint], salt. Soon the readings started using the name.]

REPORTS OF READING 1800-1

R1. 11/72 Article in THE A.R.E. JOURNAL

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THE A.R.E. JOURNAL

Vol. VII November, 1972 No. 6 pg 257

IPSAB - An Herbal Remedy for Gum Problems

by Tom Johnson and Carol A. Baraff

Numerous readings recommend a solution called Ipsab as a treatment for the gums and teeth. It is not known where the name originated [See GD's footnote in 1800-1 Reading and in 1800-3 Background] - possibly it was coined by Edgar Cayce's source of information. In Cayce's day at least, Ipsab was not a commercial product [See GD's note, Par. R2, below].

Many readings prescribing it also gave directions for making it, but these formulas varied somewhat. In a few instances it is stated that the finished product should be a paste, but the majority of cases suggest a liquid. If desired, a paste may be easily made by adding salt in sufficient amounts to the liquid.

The Ipsab formula requires prickly ash bark, salt, calcium chloride, peppermint and iodine. Salt acts as an astringent, shrinking the gum membranes between the teeth so that the other ingredients can reach these areas. The primary active ingredient is prickly ash bark. This was known to the American Indians as "toothache bark," and Cayce referred to it by the same terms.

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In many cases Ipsab was suggested simply for general upkeep of the teeth and gums:

"Using, then for the teeth and gums, to strengthen same, those properties as found in that combination [Ipsab] as has been given for such conditions through these forces." 257-11

"Some local attention [to the teeth] is needed. The natural tendency of a disturbance in the circulatory forces to the sensory organs, as indicated, is to make for a lack of the proper circulation through the gums and to the portions of the teeth themselves.

"If the solution known as Ipsab is used to massage the gums occasionally, it will make for a STRENGTHENING of the areas and a preserving of their usefulness. Once or twice a week this would be thoroughly massaged into the gums, and will make a great deal of change in the gums and the teeth. Do that." 987-1

"Do use Ipsab as a massage for the gums and it will make a great deal of difference with the teeth, the breath and the general activity." 3598-1

"We would use same [Ipsab] not upon cotton, for this body, but upon the finger use it and massage; not only the gums where the teeth are but where they are not! And we will find that the stimulation to the activities of the throat itself, to the salivary glands, to even the tonsil area, will be materially aided by the activity of the combination of the calcium with the iodine in same, as well as the antiseptics that arise from the vegetable forces in same as combined with sodium chloride." 569-23

Ipsab, in diluted form, was recommended for the developing teeth of babies. The following readings were given for a one-year-old and a nine-months-old child, respectively:

"Also during this period of the formation of the teeth, keep sufficient quantities of iodine in the food values for the body, as well as calcium and so forth. It will be found that a massage of the gums occasionally with those properties known as Ipsab will be helpful...as these processes are carried on through the activity of the thyroid operations in the body." 314-2

"Q-2. Are teeth forming normally?

A-2. These are very good. We would find that a weakened solution of Ipsab for the gums would tend to relieve the pressure and make for normalcy in the salivary glands, as well as strengthening the tissue in the mouth. This should be reduced at least half, and the gums massaged with a tuft of cotton with same. This also adds to the amount of saline, calcium and iodine, for the activity of the glands in mouth and throat." 299-2

Ipsab seems to be especially effective in treatment of bleeding or receding gums and for treatment and prevention of pyorrhea. In one reading Cayce stated that some element in the prickly ash bark destroyed the germs that cause pyorrhea. Ipsab was also prescribed for trench mouth and other types of gum problems:

"Q-1. What can I do about pyorrhea condition in my teeth?

A-1. Use Ipsab regularly each day and rinse mouth out when it is finished with Glyco-Thymoline." 5121-1

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"The receding gums and those tendencies towards pyorrhea would be allayed by the consistent use of Ipsab as a massage for the teeth and gums. Also these should be treated, some locally, with the dentist's paraphernalia [and also] - the small wads of cotton saturated with the Ipsab and applied in the areas where the conditions are indicated at the base or edge of the gums." 3696-1

"This will PURIFY and make for such a condition as to assist in correcting the trouble where there has been the softening of the teeth themselves - or the enamel on same." 1026-1

R2. GD's note re Par. R1: "Wrong. It WAS a commercial product in 1935-36 under Health Home Remedies Co., licensed by A.R.E. and Edgar Cayce jointly. See A.R.E. minutes 7/2/32, 4/22/36. Prior to that it had been made under Edgar Cayce's own supervision for availability to those who had it suggested in their readings. It was never advertised or sold or offered to entire membership except during those two years of the affiliated Health Home Products Corp. After that the availability reverted to the Cayce family, Edgar Cayce either making up a batch or showing someone else how to do it. See entire 1800-1 through 1800-34 for background and history of the products which were made available during Edgar Cayce's lifetime and afterward. The Edgar Cayce Foundation SUCCEEDED Edgar Cayce in ownership, custody and making available the Edgar Cayce readings." [signed] Gladys Davis Turner

R3. 8/1/93 Mr. William Field's letter:
HCR-04, Bx. 195-C Brightwood, Va. 22715
Gentlemen:

Please excuse the delay in sending this check, as I have been ill. I thank you so much for the Ipsab. My dentist said I would have to have surgery on my gums, but in less than two weeks he was amazed at the "marked" improvement in my gums! He could not believe anything short of surgery and antibiotics would work, and was dumbfounded that there could be such a dramatic improvement in such a short period of time.

Ipsab worked for me before (several years ago) and it worked for my little dachound [dachshund] dog... So much for the "placebo effect"! Her gums were really bad, and her teeth were loose, but the Ipsab completely cured the problem!

I have recommended Ipsab to many people over the years, but very few ever ordered it because they apparently could not believe that something so simple would work.

[signed] William Field

P.S. You have my full permission to reprint any portion (or all) of this letter.

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BACKGROUND OF READING 263-3 F 23

B1. 6/4/34 She obtained her second Physical Rdg. for severe headaches. She had become addicted to B.C. Powders.

B2. 1/17/35 She wrote: "I know I haven't carried out the other rdgs. but would be only too glad to carry it out this time."

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TEXT OF READING 263-3 F 23

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 18th day of January, 1935.

1. EC: Yes, we have the body here, [263].
2. Now, as we find, while conditions are not so well in the present as when we had them here before - if there had been followed those suggestions we find that there would have been a much better change for the body.
3. In considering the conditions as we find that exist in the present, the greater portion now arises from the effects of an overtaxed nervous system - by adhesions and lesions in the pelvic organs. And the ASSOCIATE activities of these make for a great deal of the irritation, the antagonism, the destructive forces as related to the digestive system, the quick pulsation, the headaches that are so violent at times, the bearing down pains in the lower portion of the pelvis, the limbs aching at times, lack of sufficient blood supply. All of these are the effects of the conditions. And unless there is a reduction in the sedative forces that have been taken, we will have not only a plethora condition that would require or necessitate an operation for the correction in the pelvic organs, but also as related to the digestive system. [See 263-21 Reports 12/12/61 Three-fourths of stomach removed, etc.] As we find, operative measures are not necessary in the present - IF these applications such as we suggest will be applied for the body:
4. We find that first there should be precautions taken respecting the general diet of the body; which should CONSISTENTLY contain principally those foods tending towards an alkalin-reaction. Not that there would never be eaten any meats or even the acid-producing fruits or vegetables; but the GENERAL diet should be more and more alkalin - less quantity of sugar, more and more blood and nerve building.
5. Also we find that to reduce or change the conditions it will be necessary for at least twenty-six treatments through the good OSTEOPATHIC manipulations and adjustments in not only the cervical but dorsal and lumbar areas, with the adjustments in the sacral, lumbar, lower dorsal and throughout the cervical area. Have the manipulations at least twice a week until twenty-six, at least, have been taken.
6. We would also find it most beneficial, at least once each week, for the body to use the Atomidine douche; a teaspoonful to a quart and a half of tepid water. This will remove the irritations in the vagina and the pubis, and those irritations about that portion of the system where there will be the tendency for the adhering tissue, the irritating tissue, to become near normal WITH the adjustments and manipulations.
7. For the stomach and abdomen we would use a support, as the stomach is still not in a correct position and makes for the tendency of accumulations of foods that do not digest properly and ferment without digestion. An elastic would be much preferable, though the binding or dressing cloth would be well.
8. Do these, we find, if we would bring better conditions.

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9. When the severe headaches occur (for these periods will continue until sufficient of the corrections are made), rubbing the feet and knees - or from the knees down - in hot mustard water will be MUCH preferable to taking the sedatives. If a sedative is to be taken, a milder form would be MUCH preferable - such as may be had in the Painodyne or such natures; these carry less of habit-forming properties and are less violent upon the heart's activity through the gastric flows or the cardiac plexus in the system, and less upon the activities of the liver and spleen. One of these should be sufficient, but take them as SELDOM as possible. It is necessary that such be administered under the supervision of a physician.

10. Ready for questions.

11. (Q) Do I need glasses?

(A) They will be helpful; as will also the use of the Atomidine for the gums and a wash for the mouth - used in half-strength for the mouth, to relieve those conditions that arise from the nervous forces of the body as well as the acidity in the system. Gargle the throat and rinse mouth with same at least twice each day, preferably after brushing the teeth and using the Ipsab for the gums.

12. (Q) Is this condition pyorrhea or trench mouth?

(A) More like Riggs' [Rigg's Disease] than either, but it is a combination - we might say. This arises, though, from the general condition in the system. The corrections, with the local attention as indicated, will relieve this.

13. Do these, or you'll be sorry you didn't!

14. We are through with this reading.

REPORTS OF READING 263-3 F 23

R1. 3/6/35 She obtained her Life Rdg. 263-4.

R2. 5/18/35 She obtained Ck. Physical Rdg. 263-5 for a fall down the steps, injuring the end of her spine.

R3. 2/26/36 She wrote: "Will you let these few words serve in a weak way to express to you my gratitude for what your influence and your work through the readings have meant to me? Before I had my Physical Rdgs. I had no health and no hope of any, and while I am not now a hundred percent, I know it is because I have not been faithful to the suggestions of the readings."

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TRENCH MOUTH

ULCERS: STOMACH

BACKGROUND OF READING 482-5 F 48

B1. See 482-4 on 8/8/32.

B2. 1/4/34 "I have been having a lot of trouble with my mouth. The dentist has been treating my gums for about 6 wks. and I haven't gotten any results. My tongue has been awfully sore, in fact it looks like blisters on it. The dentist said in the beginning I had a touch of trench mouth (Vincent's infection), but he claims he has cured that, yet my gums bleed something awful, also I have a terrible taste in my mouth at all times. I have gone back on my diet, also my nose spray, but the folks insist I get a ck. rdg. to play safe. The way my mouth hurts me I am more than willing to ask you... What should I do for this cough? Some days it seems much better, then worse again. Is there anything in the left lung or bronchial tubes that should come up? I cough without results. What causes the roaring in my head? This cough has gone on for 6 wks. or more. Keeps my strength pulled down."

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TEXT OF READING 482-5 F 48

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 11th day of January, 1934.

1. EC: Yes. Great changes in the physical forces of this body since last we had same here. As we find, disturbing forces in the body at the present are from after effects of "flu" and cold, aided and abetted by the general weakness that has existed in the system from the tendency of lacerations and ulcerations in the stomach. Reducing the amount of flow of the muco-membrane activities in the upper portion, or cardiac portion of stomach and thorax, as has been done, has tended to make for a sticking or adhering in the bronchial area - and hence produces a dry, hacking cough that rarely raises any secretions or phlegm by the natural tendency of adherence of the walls of the tubes themselves in their prolapsus state, or tendency towards prolapsus - see?
2. To maintain or to gain the better reaction through these portions of the body, we would find that it would be well to use a stimuli that will tend to make for an extra secretion in this portion of the body.
3. We would, then, for this particular disorder, first be mindful of the diets - that not too much starches nor too much sweets are taken at any time. Not that the body is to wholly refrain from using any starch or any carbohydrates, but not excessive; that is, don't eat cakes, sweets, candies and the like in excess or in large quantities; don't eat large quantities of rice or white bread or things of that nature. Let the bread that is used at all be rather the whole wheat, and that toasted - or any of those that carry more of the whole wheat rather than so much starch in same; but refrain from eating too great a quantity of bread at all, see? More citrus fruit juices, more vegetables juices, more of that nature - and when meats are taken, only lamb, fish or fowl.
4. For stimulating the circulation, we would gargle once or twice each day with Atomidine - a teaspoonful to a third glass of water, see?
5. We would also use the compound that may be put together in this manner:
6. Put 4 ounces of dry Horehound in 16 ounces of water. Boil in an enamel container, rather than in aluminum or in brass or in iron. Reduce until when strained the quantity is 8 ounces, see? Do not allow to burn or scorch, but if the quantity is reduced lower, then add sufficient water to make 8 ounces. To this we would then add:
Honey (but let it be pure honey).....2 tablespoonsful, Oil of Pine
Needles.....10 minims, Canadian Balsam.....5 minims,
Oil of Turp.....10 minims.
Let this come to almost a boil, see? Then, when cool, add 2 ounces Grain Alcohol and 5 minims Oil of Eucalyptol.
7. Use this as an expectorant and as a stimuli to the bronchial circulation, for most of these ingredients will act directly with the pulmonary circulation and make for an activity particularly in the bronchi. Take half to three-quarter teaspoonful at a dose, which may be taken as close as two hours apart.
8. Also use the inhalant that keeps the NASAL passages free from infectious forces. We are through with this reading.

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REPORTS OF READING 482-5 F 48

R1. 2/14/34 "At last I am writing and thanking you for the help you gave me in getting rid of that dreadful cold. It seemed that nothing would relieve me until I got the rdg. Immediately I prepared the cough medicine and the results came right away. I am feeling so much better. I had gotten quite a bit run down; takes a little time to overcome that."

R2. 2/14/34 Sister [340]'s letter: "You would be amazed to know how the cough medicine you prescribed for [482] helped her. She has practically overcome it entirely, and until she got it she coughed most of the time, day and night. She still has a stomach condition that bothers her, but that is of long standing, as you know."

R3. 3/18/34 Sister [243]'s letter: "[482] has been right sick for last 2-3 days, had a hard chill and suffering with her side and stomach. I am going over there again tomorrow night."

R4. 8/6/34 Sister [340]'s letter: "[482] complains a good deal but stays up most of the time."

R5. 8/23/35 See 482-6.

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TOXEMIA

TRENCH MOUTH

BACKGROUND OF READING 1455-1 M 25

B1. Johns-Hopkins [Hosp.] told him he needed silver in his system but they didn't know how to get it in him. They had been administering it orally but his gums and teeth were black and his mouth so sore that he could not eat (gingivitis) [See Dr. M. L. Richardson's report 6/7/38 under 1455-3 Reports calling the condition idiopathic gingivitis, metabolic deficiency and colonic stasis]. He went by his brother [1467]'s shop and said he was going to commit suicide by running off the bridge on the way home; [1467] persuaded him to ask for a reading.

TEETH AND GUMS: GINGIVITIS: ULCERATIVE
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TEXT OF READING 1455-1 M 25

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 14th day of October, 1937.

1. EC: Yes, we have the body here, [1455], present in this room.
2. Now as we find, there are disturbing conditions that prevent the normal reaction and the better reactions in the body.
3. These as we find are of specific natures, yet if taken in the proper activity - though they may be subtle - they may be not only aided but entirely eliminated from the system.
4. As we find, these then are the conditions that disturb this body, [1455] we are speaking of, present in this room:
5. In the blood supply we find the effect of poisons in the system, that arise from a specific infectious force in the body.
6. There has been in times back an experience when the inhalation of fumes caused a reaction upon the mucous membranes of the throat and the gums, in such a manner as to apparently be the source or the cause.
7. This is a source, this is a cause, yet the conditions of the body as related to the circulation and the inability of the body through the depletion in the proper circulation through those portions of the body caused or produced that which REMAINS a condition.
8. Hence we find the local applications, or the specific injections, or those activities for the system for the general condition, have only proved to be either palliatives or definitely irritants or counter-irritants; causing or producing greater disturbances in other portions of the body.
9. These infections then arise, it is true, from the mucous membrane activity in the lymph, and the formation of pus, and those activities that are necessarily to be eliminated through portions of the system, cause then to the whole of the nervous system a disturbance, especially to the sensory system.
10. And sooner or later, unless these are checked or hindered, the effect upon the auditory forces, upon the vision, upon the sense of taste (which has in part already been affected), must be the result - and all of these will become involved in the conditions.
11. Thus as we find there are then in the nervous system, or in the structural portion, pressures upon the nervous system that prevent the normal flow of the impulse in the circulation to affected portions of the body.
12. And until these are relieved and then the general system builded for the better coagulative elements through the hormones in the blood itself, to be able to choke out or to destroy the effect of infection and the multiplying of the infectious forces, these may not be eliminated entirely from the system.
13. The effect of these upon the rest of the nervous system may be indicated by the effects as gradually being produced upon other portions of the nervous system. The activities upon the digestive system; yes, even upon the extremities of the body, as indicated by the disturbance at times for the lower portion of the body or in the feet and the limbs and those activities of ALL the eliminating system.

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14. Hence these as we find would prove to be the more EFFECTIVE manner, the more EFFECTUAL way in which there may be carried into the system and created the activities upon the system for the corrections of the conditions in the body. First we would begin then with this:

15. We would have the adjustments Osteopathically to relieve those tensions in the areas specifically from the 5th dorsal to, of course, the 1st cervical; coordinating these occasionally with the solar plexus and the lumbar axis plexus, with the rest of the system. These should be taken not as a whole course but rather as a series of same, so that the effectual activity may be not only from the making of the corrections but through setting up drainages from the system - or into those portions of the eliminating system - as to bring about better conditions. Take them, then, for periods of three to four weeks, and then a rest period of two to three weeks, and then again of the same period, and then another rest. And by the third or fourth round, with the other applications, we should find DEFINITE changes coming about for the betterment and for the elimination of the disturbing forces from the system. In the adjustments, these should particularly be for the whole area that involves the activity of the vagus center, and those that make for the return of the flow of impulse from the head to the trunk portion of the body - or from the 5th dorsal to the 1st cervical.

16. It is well to use an antiseptic as a wash for not only the mouth but for the intestinal system; and we would preferably use not a high or a very strong antiseptic but rather the Glyco-Thymoline full strength.

17. Use this about three or four times a day as a wash, as an application to not only the gums but all the mucous membranes of the throat.

18. And about once or twice a day take internally three to six minims of the Glyco-Thymoline, so that the activity of this throughout the body may not only keep a cleansing but a purifying to the effects of these activities upon the body.

19. Take also in regular periods the vibrations that would come from the Radio-Active Appliance, but that prepared to carry the vibration of Solutions into the system (as the whole of same should be carried into the system by the BODY-vibration, rather than through the low electrical vibration [Wet Cell Appliance] in the present.) As conditions develop, LATER these would be by electrical vibrations* - but in the present and in the beginning they would be carried through the Body-vibrations of the Radio-Active Appliance).

* [4/14/38 See 1455-3, Par. 10-A, indicating that he had then switched to the Wet Cell.]

20. The Solution carried should be a ten percent (10%) solution of Nitrate of Silver; and the attachments should be in this manner:

21. The plain anode would be attached first each time, and would be circulated about the body - that is, one treatment to the right wrist, the next to the left ankle, the next to the left wrist, the next to the right ankle, see? while each time the anode through which the Nitrate of Silver Solution passes would be attached last, and always to the 1st and 2nd cervical center - that area between the 1st and 2nd cervical.

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22. In the application of the Nitrate of Silver do not allow the Appliance to remain in the Solution when not in use. When ready for application, set up Solution and the anodes kept clean, making the attachments as indicated - for twenty to thirty minutes EACH day; preferably just before retiring.
23. In the matter of the diet, keep towards the alkalin-reacting foods for the body. In other words, never any fried foods of ANY kind. Never too much of the starches; as white bread, white potatoes or spaghetti. Not that these are not to be used at all, but do not combine them together for great quantities.
24. Do these and as we find we will bring a better condition.
25. It will be necessary to be sure, from time to time, or after sixty to ninety days, to re-check with those activities being produced by the corrective measures indicated for this body.
26. Ready for questions.
27. (Q) Should the Appliance be used continuously, or in specific periods?
(A) This had best be used continuously, until there is a re-check.
28. (Q) What is cause and relief for pains in stomach?
(A) The effect of the poisons upon the mucous membranes. Hence the eliminations are to be kept in the ways and manners indicated, and by the use of the activities or properties taken internally for the purifying.
29. (Q) What causes my lack of interest in everything, little strength, etc.?
(A) The effect of the poisons generally upon the system.
30. (Q) Would working in paint be harmful to me?
(A) Most decidedly; until there is less reaction to the nervous system by the inhalation of fumes of most any nature.
31. (Q) Please outline a correct diet.
(A) As indicated, beware of fried foods and starches in the way indicated. A general diet for body-building is very good.
32. (Q) Any other advice for the body?
(A) Keep a constructive mind. Or rather - as each application of the Appliance is made, that is to act as an equalizer for eliminations as well as the influences of forces in the system to aid in producing an overcoming of the destructive forces - let the mental self MEDITATE upon man and man's advent, his purposes, into the earth. Why and whence - and what for?
And let THIS be as the prayer:
THOU, THE MAKER OF ALL THAT IS, LET ME - THY SERVANT - SEE IN MY EXPERIENCES IN THE EARTH THY PURPOSE WITH ME. AND HELP ME TO FULFIL THAT AS TO BE THE GLORY EVER UNTO THEE.
Not merely saying these, but living them!
33. We are through for the present.

REPORTS OF READING 1455-1 M 25

R1. 10/26/37 See 1800-32 re Nitrate of Silver Solution in [1455]'s Radio-Active Appliance being "eaten up" before a treatment could be given, the silver in his body being so deficient that a 10% solution was too strong!

R2. 12/11/37 He obtained second Physical Reading - See 1455-2.

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BACKGROUND OF READING 1455-2 M 25

B1. See 1455-1 for gingivitis, on 10/14/37.

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TEXT OF READING 1455-2 M 25

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 11th day of December, 1937.

1. EC: Yes, we have the body here, [1455]; this we have had before.
2. As we find, conditions in the main show a great deal of improvements. While there are still the effects of the poisons in some portions of the system, as we find the activities have been set in motion, through the corrections made in the cerebrospinal system, such that these should continue to make for the corrections to bring near to normalcy for the body - if the eliminations are kept a little in excess, not only through the alimentary canal but through the respiratory and perspiratory system also.
3. The conditions that have been indicated in the cerebrospinal system, as we find, have been corrected. Hence these treatments would not be necessary save occasionally, when there is the feeling of the necessity for stimulating drainages for the body; or when because of accumulations in some portions of the system there is again the heaviness or feeling of stiffness or soreness; or when there are the inclinations produced from congestion in any nature.
4. However, we would make these changes for the body:
5. First, we would use an equal combination of plain table salt (preferably with the iodine, or the iodized salt) and baking soda as a gentle massage for the gums. This as we find will stimulate the circulation and make for a healing that is and will be effective for the body.
6. For the cleansing or the whitening of the teeth, we would use Lyon's Tooth Powder - which is preferable; this put on with a brush but not in such a manner as to irritate the gums. Hence it would be preferable that the teeth be cleansed once or twice a day, and then the finger massage of salt and soda to follow same - so that where any irritation had been produced by the brush, the massage would aid in correcting same. For this particular body we would use that shape or form of brush as the Dr. West; which is preferable to the cup in the other direction - or to those more of the prophylactic nature.
7. To make for the stimulations for the perspiratory and respiratory system, we would have an occasional Sweat - which as we find would be most effective. This may be accomplished either by the use of a Fume Bath Cabinet with a thorough salt and alcohol rub following same, or by being rolled in very hot or warm blankets for twenty to thirty minutes.
8. If the Fume Bath is used (and this is preferable), for this body we would find the combination of Camphor AND Oil of Wintergreen in the water for the fumes settling over the body would be MOST beneficial. Such a Fume Bath would be taken at least once a week; taken, to be sure, of an evening when the body would not be out in cold weather or dampness following same.
9. But these will keep down poisons and make for the better conditions for this body, [1455].
10. And to keep up the eliminations through the alimentary canal, precautions must be made or taken as to the diet.

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11. Do not eat too great quantities of starches, nor too great quantities of sweets. But let fruits and vegetables form the greater part of the diet. Not that there are to be no meats or proteins of any nature, but proteins taken in the form of nuts and nut breads or the like are better than too much of meat. And beware especially of quantities of fats.

12. Ready for questions.

13. (Q) Why is it that my mouth is still sore at times?

(A) As this has been the END of the source of infections, this naturally arises so long as there are poisons accumulating in the system - as we have indicated. Thus the use of those measures as indicated, both as to local applications and as to keeping the excess of eliminations in the system.

14. (Q) Is the Appliance [Radio-Active] that I am using in perfect condition?

(A) So long as it carries the vibrations to the body, this we find is effective. These vibrations are still necessary, but carry in the weakened solution as yet.

15. (Q) Is the percentage of nitrate of silver that I have been using in the solution correct?

(A) This is very good, and - as has been indicated - it is effecting the healing forces in the body; but we need these other activities to stimulate the effect of same.

Keep the plates, the connections, VERY clean. Be sure the one plate is circulated about the body as has been indicated [See 1455-2, Par. R1].

16. (Q) When should I begin to use the 10% as first directed?

(A) When sufficient of the poisons have been ridded from the system so as not to cause too quick a reaction in the solution itself upon the metal parts. This, as we find, should be in some three to six weeks yet.

17. (Q) Am I ruptured? If so, what should I do to get relief?

(A) The massage, the sweats should make for the activity in the whole of the system to overcome this inclination. With a heavy LIFTING, with any great STRAIN, this might become a true rupture, but it is rather the separation of the folds of the abdominal area than true rupture at present.

18. (Q) When and under what condition did I get the poison from fumes that was mentioned in the first Reading?

(A) In the fumigation of some conditions that happened some three to six years ago.

19. (Q) Have I neglected my part in carrying out the Reading? Please advise.

(A) These are very good, and conditions - as indicated - are very satisfactory. Be persistent and consistent.

And keep the mental attitude proper. This, as we find, is as much a portion of the whole conditions of the body.

For it is very true that as one thinketh in the heart, so is the reaction. For the body is both mental AND spiritual, physical and spiritual; and these must be kept constructive, not only as a mind or mental force living but living FOR something. Be not only good but good FOR something - constructive!

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These attitudes will be most helpful for the body; and following the conditions just as the applications, as it will be for the cleansing of the teeth, as it would be for the massage of the gums, as it will be for the necessity of the gargling of the throat with an alkalin antiseptic. These are for a purpose, not merely to be gotten through with but to see them doing good! As would be in the rubs, and the fume baths. These must be PURPOSEFUL, and not just a routine!

20. We are through with this Reading.

[12/11/37 GD's note: A satisfactory Fume Bath may be had by using a huge rubberoid or oilcloth gown fastened around the neck and hanging loosely to the floor, while the body sits on a stool - with only the outside of the gown. In a pint of water boiling on an electric plate or Sterno heat, or the like, under the stool, put half a teaspoonful of the Spirits of Camphor and half a teaspoonful of the Oil of Wintergreen. Sit with these fumes settling over the body for five, ten to fifteen minutes, or until the water has boiled out. Then sponge off the body and have a thorough rubdown with coarse salt, then an alcohol rub to close the pores of the skin.]

REPORTS OF READING 1455-2 M 25

R1. Regarding 1455-2, Par. 15-A, his wife later reported that she had only been wiping the plates with a cloth, instead of the emery paper provided.

R2. 1/16/38 Mr. [1467]'s letter: "My brother is very much better."

R3. 4/14/38 See 1455-3, indicating that by then he had switched to the Wet Cell.

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BACKGROUND OF READING 1455-3 M 25

B1. See 1455-2 on 12/11/37 advising continued treatment for gingivitis, etc.

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TEXT OF READING 1455-3 M 25

This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 14th day of April, 1938.

1. EC: Yes, we have the body here, [1455]; this we have had before.
2. As we find, there are some reactory measures and influences, yet the conditions are much better than when first we had same.
3. Owing to the very nature and character of the disturbances, we find there have been tendencies for the reverting to old disturbances - from poisons not being eliminated from the system, and from some indiscretions in the diet and the physical activity. These as combined with the natural inclinations have made for some disturbances through the system.
4. First, as we find, we would have at least three to six deep adjustments, osteopathically given, especially as related to the stirring of the organs of eliminations; the liver and the kidneys - and then the general adjustments as related to the circulation to the upper portion of the body; that is, through the throat, the head and through the activities of the vagus system.
5. Do these, then, as combined with those directions that have been indicted as to the diet and the physical activities; and with the special care for the throat and gums with the use of the Ipsab and as a massage as well as (weakened) a gargle. And we should find the conditions becoming much nearer to normal.
6. We would keep the eliminations in the proper direction by the occasional use of the CRC tablets - calomel, rhubarb and colocynth in the proportions prepared in the CRC tablets. Take these occasionally, so that the stimulation to the gastric flow and to the activity of the liver and hepatic circulation may keep the conditions towards normalcy. We would take these whenever there is the inclination for the eliminations to NOT be as full or as regular as necessary to relieve the disturbances. Or, after a day or two, when the body finds there are the scant eliminations; or that there is the sluggish, heavy feeling, then take one of the pellets, see? and we will find we will keep the eliminations more normal.
7. Ready for questions.
8. (Q) Is the Wet Cell Appliance and carriers in good condition? [See 1455-1, Par. 19, indicating Wet Cell later.] If not, give information that will aid in putting them in the necessary condition?
 - (A) The connection that pass through the Solution should be in one continuous HOLLOW wire, if it is possible. To be sure, the solid lead will act as a conductor when built up, but is much less effective than the regular hollow tubing.
 - Keep the connections to the plates intact; that is, without short-circuiting; and keep the plates polished and clean. And with these will be found aid in building resistances in the system.
9. (Q) Why is it that I cannot breathe properly through my nose and what shall I do to relieve same?
 - (A) As indicated, this is because of those inclinations through the nerve directions to the sensory forces. And when particular attention in the adjustments and treatments is given to the upper circulation for the throat and head, these effects should disappear.

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10. (Q) What is the cause of the irritation in my nose and how may I relieve same?

(A) Slowed circulation, and the effect of poisons generally in the system. At times the use of an inhalant will be most effective, though this at times (and don't let this work upon the mind!) may appear for the moment to make the breath shorter! but will purify and cleanse the mucous membranes, by using this as not a spray but the inhaling of the FUMES from same through the nostrils and into the throat. Prepare in this manner:

To 4 ounces of Pure Grain Alcohol (at least 85%, or that strength), in preferably a glass-corked container that is twice the size of the solution (or a 6 to 8 ounce container), add - in the ORDER NAMED:

Oil of Eucalyptus.....15 minims, Compound Tincture of Benzoin.....10 minims,
Rectified Oil of Turp.....5 minims, Rectified Creosote.....3 minims,
Tolu in Solution.....20 minims.

When ready to use, shake the solution - then take out the cork and inhale the fumes in one nostril by holding the other and drawing deep. Then cork and shake again, and inhale in the other side - or the other nostril. Then wait a few minutes - two or three - and shake again (of course, keeping it corked when not using), then inhale into the throat as you would smoke, see? not the solution, just the fumes that rise from same. This will tend to make for a relieving of irritation through the mucous membranes.

11. (Q) Have my sweat baths been taken properly, if not how may I improve on same?

(A) At times these have been very well; at others they have been sort of a hit or miss. But be rather consistent in following those directions indicated, and do not get too cold before being sponged or showered off.

12. (Q) What is the condition of the ruptured portion of my body and would it be wise to wear a truss?

(A) Be very well, if properly fitted.

13. (Q) Has the work that I have been doing been against the body?

(A) Rather we find that the reactions are more from the indiscretions in eating, and then overstrain in those directions; not being consistent; that is, not being REGULAR in the eating and in the activities.

Do these things. These followed a little closer, we will find the improvements will return and the other disturbances and the effects of same will not bother so.

14. (Q) At what time and place did I contact the poison that has so affected my body?

(A) In using a spray of some kind of paint, apparently on a wagon!

15. (Q) Have I had proper eliminations from my bowels in order to carry off the poisons?

(A) As indicated, there have NOT been the proper eliminations. Hence those things indicated. You see, there are a great many more drosses or poisons that must be eliminated than ordinary, because of the activities within the system. Hence the use of the sweats, the rubs or manipulations and the general activities as indicated to produce excess eliminations.

TEETH AND GUMS: GINGIVITIS: ULCERATIVE
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Hence in the first three or four of the manipulations that should be given now, these should be directed to the activity of the liver and the hepatic circulation. Do these and as we find we will make for the better conditions with this body, [1455]. We are through with this Reading.

REPORTS OF READING 1455-3 M 25

R1. 6/7/38 Reply to Questionnaire:

OSTEOPATHIC Report to Association For Research And Enlightenment, Inc.
Virginia Beach, Virginia

Date of Readings: Oct. 14, Dec. 11, 1937

Case No.: 1455-1, & Apr. 14, 1938. 1455-2, 1455-3.

Note: As a research organization we are endeavoring to make a thorough study of psychic information in relation to human ailments. We will deeply appreciate your cooperation in securing a thorough report on this case.

Name: [1455]

(1) (A) Did the Reading presented to you describe the condition of the patient?
(b) Explain any variation. (c) Give technical diagnosis. (A) Yes. (b) [No response]
(c) Metabolic deficiency - Colonic stasis - Idiopathic gingivitis.

(2) Were the suggestions for treatment in your opinion proper for this condition? Good.

(3) For what period of time has the patient followed directions given in the Reading under your care? I am not certain.

(4) What results have you observed? Considering the irregularity of treatments results have been very good.

(5) Comment. [No response]

Date: June 7, 1938

Signed: M. L. Richardson

R2. 7/29/57 GD's note: His brother, Mr. [1467] told me that [1455] followed the treatment and the condition cleared entirely. Only recently has [1455] gotten a partial bridge.

R3. 9/3/79 Mr. [1455] died in his home. GD.

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BACKGROUND OF READING 2602-1 F 38

B1. Ques. answered without being asked: Are my headaches the result of the attack of trench mouth? What was the cause of the miscarriages? Can I have another child, or would another pregnancy end in another miscarriage?

TEXT OF READING 2602-1 F 38

This Psychic Reading given by Edgar Cayce, this 13th day of October, 1941.

2. EC: Yes, we have the body here, [2602].
3. As we find, there are disturbing conditions that prevent the better physical functioning of the body. These are rather a combination of disturbances. While they may become a complication, they are in the main combinations in the present and are definite and distinct.
4. These have to do with the chemical forces of the body; thus producing the conditions that cause the complications to arise in the combination of disturbances.
5. Then, these are conditions as we find them with this body, [2602], we are speaking of:
6. The blood supply indicates that there has existed, and still exists in a form, a super or an excess acid condition through the system. This is indicated by the rash which has been an internal disturbance in parts of the body, and also in the glands of the throat, the mouth, and the tissue of the face, nasal passages and the like.
7. Also there is a lack of proper eliminations through the alimentary canal. This tends to make for a congested condition in the activity of the liver, throwing an excess of acids to be removed from the system through the perspiratory and the respiratory systems, as well as the kidneys and bladder.
8. This in itself produces an irritation to the organs of the pelvis in the present, and a form of leucorrhoea or discharge at times that is irritating to the body.
9. These as we find have arisen from an unbalanced diet, and the combination of a high nervous tension throughout the system.
10. Then, in the nerve forces of the body, - as in the cerebrospinal system, - we find subluxations that tend to hinder the normal functionings of the activities of the organs of the pelvis.
11. This as we find is the cause of the inabilities (combined with the acidity of the system) to complete the conditions as arose from those activities in the organs of the pelvis, or the cause of the discharge - or the false activity in the system.
12. The subluxations exist in the 9th and 10th dorsal, and in the 7th and 8th dorsal, and in the 3rd and 4th cervical. The correcting of these subluxations will tend to allow for better normal reactions through the system; aiding also, through the corrections and stimulations to the digestive and the eliminating systems, to cause better activities that will ELIMINATE the sources of the headaches that have arisen from this indigestion, or the superacidity tending towards a laceration or irritation in the lacteal areas of the lower portion of the duodenum.
13. These will also be aided by a consistency in a diet that would eliminate these disturbances from the body.

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14. Then, these as we find should be the applications for helpful influences in this body, [2602] at the present time:
15. In the beginning, take first internally an eliminant. We would take Fletcher's Castoria in small doses. Take half a teaspoonful an hour apart. Begin taking this in the afternoon, about three or four o'clock. Take until about eight or nine o'clock in the evening.
16. Then apply - that same evening, you see - hot Castor Oil Packs over the liver and the gall duct area, extending to the caecum; that is, the right side of the body. Use at least three thicknesses of flannel, saturated thoroughly - not pouring the oil on the cloths, but dipping in the oil and wringing into it, see? Apply these warm, not too hot, directly to the body. Cover sufficiently to prevent soiling of clothes or bed linens, using an oil cloth over same, and then apply the electric pad. Keep this on for an hour.
17. Discontinue the Castoria until morning. At eight o'clock begin and take the rest of the bottle, or until there is a full evacuation from same.
18. Then flush the system with two heaping teaspoonsful of Sal Hepatica in a glass of water.
19. After there has been a thorough cleansing of the system in the manner outlined, then begin with the osteopathic adjustments. Take these twice a week until at least fifteen have been taken.
20. As to the diet:
21. Eliminate most of the starches.
22. No hog meat at any time, save a little crisp breakfast bacon.
23. Very little sweets of any kind, save honey in the honeycomb - which may be taken of mornings with hot cakes or whole wheat toast.
24. DO take plenty of orange juice, plenty of cereals, - but do not take these at the same meal, or even the same day.
25. Have at least one meal each day that includes a quantity of raw vegetables; such as cabbage, lettuce, celery, carrots, onions and the like. Tomatoes may be used in their season.
26. DO have plenty of vegetables above the ground; at least three of these to one below the ground. Have at least one leafy vegetable to every one of the pod vegetables taken.
27. Fish, fowl or lamb should be used as meats, if any meats at all are taken. Wild game, especially, is well.
28. No fried foods.
29. From the very beginning we would use once or twice a week, while at least the first eight or ten osteopathic treatments are being taken, an Atomidine douche for the vaginal condition and irritation. Use only a Fountain Syringe. The proportions would be a teaspoonful of Atomidine in a quart and a half of water, body-temperature - not too cold. Then following this, in the last water, use a Glyco-Thymoline douche - a tablespoonful to the quart and a half. Do NOT take these during the menstrual periods, for it would cause irritation.
30. Doing these, we find that we will soon eliminate headaches; and there WILL be the possibility then of conception, and the carrying of the period properly.
31. We are through for the present.

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REPORTS OF READING 2602-1 F 38

R1. 10/24/41 [2602]'s letter: "...I can say that except for my continued headaches, I feel much improved, having now had two of the osteopathic treatments. I am in hopes that the headaches, from which I have suffered for 4-1/2 yrs. without relief despite all kinds of medical treatment, will also improve in time. You asked that I let you know the name of the osteopath. He is Dr. Douglas J. Rathbun, D.O. He examined the rdg., and said he had heard of your work but did not understand just how it was done. However, he agreed with the rdg., except that he said he also found some trouble in the lumbar region, in-so-far as the spinal disturbances are concerned..."

R2. 11/5/41 Extract from [2454]'s letter: "...I want to tell you that after a month's treatment, Mrs. [2602] is beginning to feel fine. The doctors were unable to find the seat of trouble and frankly told her they would have to experiment until they found out, and she had spent lots of money over a period of several years. It is needless to say she feels very happy. She is a very fine person... The doctor, an osteopath recommended, is very much interested. He said he had heard of you and would like to know more about you and your work..."

R3. 1/30/42 [2602]'s Letter: "...I want to report that my condition has improved wonderfully. My headaches, while not entirely eliminated, have become so infrequent that it is like a continuous holiday, after the last five years of almost continuous suffering. My whole condition seems much better, and while my back does trouble me some yet, especially when I become indiscreet and work too strenuously, on the whole it is much better. I am continuing the osteopathic treatments once a week for a while longer, and then someday soon I shall ask for a check reading. I can't be grateful enough to you and to Mrs. [2454] who told me about you and your work..."

R4. 6/21/42 Remarks: Feels 80% better, lots more energy, free of constant headaches - only has them now around the menstrual period. The osteopath, Dr. Rathbun, is still trying to figure out how the Reading could give the affected parts of the spine.

R5. 6/21/42 See 2602-2.

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TEXT OF READING 2602-2 F 39

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 21st day of June, 1942.

2. EC: Yes, we have the body here; this we have had before.
3. As we find, conditions are much improved. However, there are tendencies at times for the return of headaches, and even at times weariness and a bit of nausea. These come at times when the body overtires itself, or when there is an upsetting from any mental disturbance, or even from an inactivity or overactivity through the digestive system.
4. It would be well in the present, we find, to take a short period of applications as have been suggested, but these a little farther apart. The assisting in the corrections of same in the present will make a greater pick-up for the body than there has been heretofore.

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5. Occasionally, outside of the osteopathic adjustments, we would have a good, thorough hydrotherapy treatment. This would include a very light sweat, - either the dry or fume type, or the sitz bath. Sitz baths will be well for the body, if these are taken, of course, at the correct period for the body; not just before nor just after the menstrual flow, to be sure. With the hydrotherapy we would have the regular massage, - with the cleansing of the colon occasionally, - once in six weeks, or once in ten weeks.

6. These will be helpful and will aid in bringing better conditions.

7. Ready for questions.

8. (Q) Would it be beneficial to take some medicine to build up my blood?

(A) The vitamins; but be careful as to which ones and how these are taken.

The B-Complex One a Day tablets would be helpful. Do not begin these, though, until there has been at least one good, thorough relaxing massage AND one hydrotherapy treatment, including a colonic irrigation.

9. (Q) Should I be fitted to eyeglasses?

(A) Should be fitted to eyeglasses.

10. (Q) What can I do to eliminate the eczema behind my ear which has persisted for so many years?

(A) The cleansing of the system, especially with the colonics, will aid in correcting the causes that produce same. The application of Ray's Ointment that is prepared for such will eliminate the local causes.

11. (Q) Is my condition such now that I could have another child, or would that be inadvisable?

(A) This would not be advisable for at least another year.

12. (Q) Should I resume osteopathic treatments?

(A) Resume these, as indicated, but make them a little bit farther apart.

Instead of twice a week, take them once a week now.

13. (Q) Are there any exercises which would be beneficial?

(A) The exercises are sufficient, provided the hydrotherapy treatments with the massage are taken. For the body is not lazy, and it is active!

14. (Q) How can I best overcome the run-down feeling, or lack of energy?

(A) By taking the vitamins, with keeping the irrigations for the colon but don't have these too often for this body. It may be necessary to have two in the first four weeks, but after that put them at least four to six to ten weeks apart, see?

15. (Q) Why are the headaches at the time of my monthly period?

(A) These are part of the clogging that is a part of the general eliminating system. As indicated, - see, - there are channels or outlets for the eliminating of poisons; that is, used energies, where there is the effect of the activity of the circulation upon foreign forces taken in breath, taken in the dust, taken in particles of food or those activities that come from such as these, - from odors or the like. These all, by the segregating of same in the system, produce forces necessary to be eliminated. We eliminate principally through the activity of the lungs, of course, and the perspiratory system, the alimentary canal, and the kidneys.

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Then, as in the case of women - as here - we find that such periods of the menstrual flow cause congestion in certain areas until the flow is begun, or until there is the beginning of the let-up of same. This, then, of course, clogs some portions of the system. The headaches are the signs or warnings that eliminations are not being properly cared for. Most of this, in this body, comes from the alimentary canal, and from those conditions that exist in portions of the colon itself - as to produce a pressure upon those centers affected from such periods. Hence the suggestion for the osteopathic corrections, which aid but which do not eliminate all of those conditions which are as accumulations through portions of the colon. Consequently, the colonic irrigations are necessary occasionally, as well as the general hydrotherapy and massage. Do these things, as we have indicated.

Keep the mental attitude of a useful, purposeful, directed life; keeping the Creative Forces as the ideals and principles, - or in that direction of using the abilities to be helpful to others.

Thus we will find bettered conditions, and the manner of better preparation for the body being a channel for another soul's entrance into this material experience. We are through for the present.

REPORTS OF READING 2602-2 F 39

R1. 7/24/42 Letter thanking EC for son [2780]'s Physical Rdg.: "...I am taking my own treatments, but ran into a snag on the hydro-therapy treatments and colonics as there is nobody anywhere near here who gives them. However I have finally gotten in touch with Dr. H. J. Reilly, N.Y., whom you are well acquainted with, I believe, and have arranged to go down there for treatments. Rather a strain on the budget, of course, but after going this far and getting the results I have, I feel it would be foolish now not to carry it out completely. You may be interested to know that he very kindly offered in the event I was unable to meet the cost of these treatments, that he would make the charge whatever you would suggest, which I feel was extremely nice of him. However, I shan't impose on his kindness in that respect..."

R2. 11/12/42 Letter: "...I have improved slowly but steadily and unless I take on a little too much work find that I have very little to complain about..."

R3. 7/22/43 Letter: "...I don't know if I've picked up some rheumatic condition or not, but my legs have been driving me crazy, even keeping me awake nights most of the time - that on top of all the work that keeps me on my feet so much, is just about too much. However I am going to wait until Dr. R. A. T. returns, which will be the first of next week and see what he thinks... If he thinks it is rheumatic condition I shall certainly want a check reading..."

R4. 8/11/43 Letter: "My own trouble seems to have let up." [She requested a Physical Rdg., for Mrs. [3373]. She had also secured readings for [2883] and [2991].]

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R5. 12/2/43 She requested life readings for herself and son, [2780], and reported on Physical Rdg., for her husband, [3902].

R6. 12/11/43 See 2602-3, her Life Reading.

R7. 5/1/45 Letter: "...As you no doubt know by now, we have been made very happy by the arrival of a baby son on March 10th, '45, [...] and naturally both immediately preceding and ever since I have been rather hard pressed for time...for I still tire easily though I feel fine. The baby is fine, gaining wonderfully - he weighed 6 lb. 10 oz. at birth and is now 10-1/2 lbs. at 7 weeks. My only regret is that I can't secure a life reading for him. I can't express my deep regret over the passing of both Mr. and Mrs. Cayce..."

R8. 6/5/51 Reply to Questionnaire:

Were you able to follow the advice given in your Physical reading? If so, just what results were obtained? Your cooperation in this matter will enable others suffering from ailments similar to yours to benefit from the experiences you have had, through our research making the results available. Please fill out and return at your earliest convenience the questionnaire below.

Chief Complaint Headaches; Trench Mouth, Miscarriage, Conception.

Date of Onset Had headaches most of my life, but most seriously beginning about 1937, then they were constant.

Duration 5 years.

Intensity Very severe.

Reoccurrence Occasionally slight headaches occurred, due to laxness in following diet, or the need of an occasional osteopathic treatment.

Physicians' Diagnosis and Treatment:

All kinds: Anywhere from change of life (at 35) to low blood pressure. Everybody had a different theory, all wrong.

Readings Recommendations: First Physical Rdg.; Fletcher's Castoria, small doses. Castor Oil Packs over liver and gall duct area. After thorough cleansing of system - osteopathic adjustments - twice a week, at least 15 treatments in all. Diet warnings. Atomidine douche, using Fountain Syringe; 1 teaspoonful Atomidine in qt. and half of water, followed by Glyco-Thymoline douche, tablespoonful to 1 1/2 qt. water. Not to be taken during menstrual periods.

Second Physical Rdg.; Repeat suggestions in First Physical Rdg., but little farther apart. Hydrotherapy treatment, also.

Duration of Treatment: No. of years (2) Months ()

Results of Treatment: Cure (x) Relief () Failure ()

At the end of 1 year Much improved 2 years Better 3 years Continued improvement

Date June 5, 1951 Signed [2602] (Patient, parent or guardian)

Note: Please give name and address of any physicians who helped you carry out your reading. Dr. Douglas J. Rathbun, 309 State St., New London, Conn. (Osteopath)

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CIRCULATING FILE

Q. Please give technical name of ailment. (This is needed for indexing and compilation of similar cases.) A. Just headaches from cause unknown to doctors. We have excellent reports on your physical readings through your letter of 11/12/42; Please do bring your reports up-to-date for us indicating whether or not you repeated your treatments from time to time and with what results. Do give all items that you feel have a bearing on the readings.

"Dear Mae: I have been in very good health. Find I get an occasional treatment from nervousness or faulty diet, or if I neglect to go to the osteopath at least once in six months for a treatment to the vertebrae in my neck, which was the cause of the headaches in the first place.

"As you know, I was able to carry a baby and had a fine boy six years ago in March, with no difficulty at all.

"I feel that the readings were responsible for a complete cure in my case - as long as I have the sense to watch my diet and have an occasional treatment. I work too hard, but then I always did that, and probably always will."

Signed [2602]

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TRENCH MOUTH: AFTER EFFECTS

BACKGROUND OF READING 2715-1 F 13

B1. 4/1/42 Sister [667]'s question: "Her legs ache. She had trench mouth several years ago. Did it settle in her system so as to now cause this condition?"

TEXT OF READING 2715-1 F 13

This Psychic Reading given by Edgar Cayce at the office of the Association, Arctic Crescent, Virginia Beach, Va., this 1st day of April, 1942.

2. EC: Yes, we have the body here, [2715].
3. As we find, there are conditions which prevent the better physical functioning. While the body is in those developing stages, there ARE such disturbances that complications may arise unless measures are taken to correct those conditions of a disturbing nature that arise in the glandular system, especially.
4. There is an after effect of an infectious condition in the lymph circulation, that affected especially the glands of the throat and mouth, larynx.
5. These, then, are conditions as we find them with this body, [2715] we are speaking of:
6. The blood supply indicates the disturbances through glands, and the affectations to organs, as well as the specific disturbances for the assimilating system; especially as to the liver. These are the sources through which these disturbances arise.
7. The effect to the nervous system, to the blood supply, those tendencies for a form of anemia, all may become in a state or form as to become very destructive - unless there are changes.

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8. Hence the conditions in joints, in limbs, hips, across the small of the back, through the chest, and those conditions in throat and head at times. All of these are the EFFECTS, then, of these disturbances.

9. As we find, in making corrections, we would first begin taking internally the Yellow Saffron Tea, made from the American Saffron, the same as regular tea would be made. This would be taken twice each day, - about an ounce in the morning and another ounce in the afternoon or evening. This, to be sure, is the tea itself; not the bark from which it is made. Pour a cup of boiling water over a level teaspoonful of the Saffron and allow to steep as tea - or make it in these proportions, see?

10. Also once each day, in the evening, take two ounces of Mullein Tea, preferably made from the fresh leaves, see? Cut, bruise or crush the Mullein leaves, and pour a pint of boiling water over a heaping tablespoonful of the crushed leaves and allow to steep as tea - for fifteen to twenty minutes; covered, of course, during the time, and use only a glass or enamel container for boiling the water and for steeping same.

11. After the Saffron and the Mullein Tea have been taken for five days, - then begin with osteopathic adjustments; with special reference to the lumbar and sacral area, and from the 1st, 2nd and 3rd dorsal to the base of the brain.

12. These should be given at least twice a week until about ten have been taken; then left off about two weeks, and then begin again and take about that many more.

13. But keep up the other treatments, - the diet and the properties taken internally for purifying the system.

14. In the matter of the diet, - have plenty of whole grain cereals, especially, and citrus fruits. For this body (and we find this with few), these may be taken at the same meal if so desired. Also crisp breakfast bacon may be taken three to four times a week; and especially yellow corn cakes and corn bread should be a part of the diet. Have plenty of vegetables raw as well as cooked, more than meats. Fish may be included in the diet often.

15. Do these, and we will bring better conditions for this body, [2715].

16. Ready for questions.

17. (Q) What should be used for mopping the mouth and gums?

(A) Glyco-Thymoline as a wash, full strength. And if part of this is swallowed when the mouth is rinsed with it, remember that it will not be harmful - rather beneficial.

18. (Q) Is it necessary to take the body out of school while these treatments are being given?

(A) Not necessary UNLESS it becomes too great a hardship, because the body should feel much better after the first week.

Do these. We are through for the present.

REPORTS OF READING 2715-1 F 13

R1. 6/16/42 Sister [667]'s report: "[2715] is a lot better. I can tell the difference just watching her play. I've had trouble getting the mullein, but will try to get some more as soon as I can save up enough gas to go out in the country to look for it."

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Baar Products

<http://www.baar.com/>

Baar Products, Inc.
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Downingtown, PA 19335

Orders: 1-800-269-2502 [24 hours/7 days a week]
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loxan, Herbal Gum Massage



loxan™, Herbal Gum Massage and Mouth rinse, 4 oz.

For Healthy, Strong Gums

- Promotes Healthy Gums and Strong Teeth
- Invigorates & Stimulates the Mouth
- Massage into Sore, Red, Swollen Gums
- Edgar Cayce Ipsab Formula
- Concentrated Natural Formula
- Pronounced I-O-ZAN
- BPA Free Bottle

loxan™ provides invigorating freshness and helps stimulate your gums. Use along with flossing and professional dental checkups, to keep your teeth and gums healthy. This well-known Edgar Cayce Ipsab formula for healthy teeth and gums, may also be used as a natural mouthwash or liquid toothpaste when diluted. This concentrated

formula gives you the results you need! Dr. Baar has selected every premium ingredient to deliver the highest quality available.

Suggested Use:

Shake well before use. After brushing and flossing, massage loxan over gum and tooth areas with a cotton swab or finger once or twice daily, or as necessary. Rinse after use. As a mouth rinse, mix 1 tablespoon to two ounces of water. May also be used as a liquid toothpaste.

Ingredients:

An aqueous solution of Prickly Ash Bark, Sodium Chloride, Calcium Chloride, Iodine, Grain Alcohol, Peppermint Oil.

Customers' Experiences:

"loxan is the most effective gum therapy I have found." - A.B., MD., Wheeling, WV
"I had not gone to the dentist for nearly four years and when I finally went I was told, after the cleaning, to come back in three months because my gums didn't look healthy and that I may need a deep cleaning. For two months prior to my return I used IOXAN and was glad when told that my gums now look healthy." - W.B. Sarasota, FL
"IOXAN ... worked! I used the stuff twice a day, working it into the gum with an electric rotary toothbrush... Last week, I went for another checkup without telling the hygienist what I had done, but merely asked what the "pockets" looked like. 'What pockets? There are none!' No more talk of surgery and my mouth feels just fine!" - F.Z., St. Augustine, FL
"Excellent products! My husband was told he needed gum surgery. I bought IOXAN. A few months later, the dentist was amazed and said he didn't need surgery! I gave our dentist all the info about it for other patients. He was impressed! THANKS!" - J.C., Wichita Falls, TX

Warning: Discontinue use and consult a dentist or physician if irritation or inflammation develops or persists. Avoid swallowing. Contains Iodine, do not use if sensitive to Iodine.

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TEETH AND GUMS: GINGIVITIS: ULCERATIVE
CIRCULATING FILE

Glyco-Thymoline, 16 oz. w/child proof cap



Glyco-Thymoline, 16 oz. w/child proof cap

Mouthwash & Gargle

- Alkaline Cleansing Solution to Reduce Acidity
- Soothes Gums and Throat
- Freshens Breath
- Edgar Cayce Product

Glyco-Thymoline is an alkaline cleansing solution primarily used as a mouthwash and gargle. GlycoThymoline is used as part of an oral hygiene program or also for personal hygiene as it gives a refreshing clean feeling and is gentle enough to use on baby's skin.

Glyco-Thymoline is an original, unique natural formula. It is the exact formulation from the Edgar Cayce Health Care Philosophy.

Suggested Uses:

Oral Hygiene: Use as a spray, rinse or gargle, diluted or full strength, as often as needed.

Adults and children years of age or older: Gargle, swish around, or allow to remain in place at least 1 minute and then spit out. Use up to 4 times daily or as directed by a dentist or doctor.

Children under 12 years of age should be supervised in the use of this product.

Children under 2 years of age: Consult a dentist or doctor.

Teeth: Use 1 part Glyco-Thymoline with 2 parts water (or full strength if desired) for cleansing between teeth with swishing action.

Baby's Skin: Apply a solution, equal parts of Glyco-Thymoline and water to baby's buttocks and genitals after each bath or diaper change-helps keep baby comfortable.

Personal Hygiene: Use equal parts Glyco-Thymoline and water to cleanse -genital external areas. Apply with soft cloth.

Note: A flip top cap (product #6992) is available below. This can be used to replace the child resistant cap that is on the bottle. The flip top cap makes opening, closing and dispensing. Glycothymoline easy and convenient.

Ingredients:

Water, Glycerin, Alcohol (3.27%), Sodium Borate, Sodium Benzoate, Sodium Bicarbonate, Carmine, Sodium Salicylate, Menthol, Eucalyptol, Abies Sibirica (Fir Needle) Oil, Thymol, Methyl Salicylate.

Warning

Keep out of reach of children. Do not swallow. In case of accidental ingestion, seek professional assistance or contact a poison control center immediately. Do not use in children under six years of age. Children over six should be supervised when using this product.

TEETH AND GUMS: GINGIVITIS: ULCERATIVE
CIRCULATING FILE

Salt 'N Soda Toothpowder



Salt 'N Soda Toothpowder, 2.25 oz.

All Natural Toothpowder

- Stimulates the Gums
- Cleans Teeth, Freshens Breath
- Convenient Container
- Edgar Cayce Formula

Salt 'N Soda Tooth Powder combines all natural ingredients without artificial flavors, sweeteners, preservatives or foaming agents. A finely milled and thoroughly mixed combination of

Salt, Soda and Prickly Ash Bark to help promote healthy teeth and gums. Just a touch of peppermint Oil is added to keep your mouth feeling fresh.

Great for home or travel this convenient container allows you to dip your brush so you don't waste the *Salt 'N Soda* by sprinkling it in the sink. **Feel the tingle as you brush!** Provides invigorating freshness and helps stimulate the gums and remove oral bacteria. Use along with flossing, and professional dental check-ups, to keep your mouth and gums healthy.

From the Cayce Health Care Philosophy

"The use of Soda and Salt... as a massage for gums and teeth will be most helpful,... Use this rather as the tooth brush, - not upon the brush but use the finger, - and this will be very helpful in strengthening same." (Edgar Cayce)

"Hence it would be preferable that the teeth be cleansed once or twice a day, and then the finger massage of salt and soda to follow same - so that where any irritation had been produced by the brush, the massage would aid in correcting same." (Edgar Cayce)

Suggested Use:

Brush/massage gently over teeth and gums with your finger. Or use a very soft bristle toothbrush then rinse thoroughly with warm water.

Ingredients:

Salt (Sodium Chloride), Soda (Sodium Bicarbonate), Prickly Ash Bark, Peppermint Oil (Natural Flavor).

No artificial sweeteners, preservatives, thickeners and foaming agents.