

Be of Good Cheer

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The subject this morning, as you know, "Be of Good Cheer – Be of Good Cheer."

Well, there are two kinds of people in the world. There are those known as the optimists, who have their attention, and direct their efforts to lifting their consciousness from this worldly duality of existence, where there is nothing but disappointment, a little pleasure, mostly disappointment; they keep their attention pointed toward that Great High Frequency of God's Presence. Those are optimists, because they make the definite effort to keep their consciousness pointed to the Presence of the One Eternal Spirit, that High Frequency of God's Love.

Then we have, on the other hand, the pessimists. And naturally, they keep their attention pointed downward, as we say, or rather away from the Great Spiritual Presence of God to this worldly existence. And as this worldly existence is nothing but a duality of consciousness with the fulfillment of likes and dislikes, or the fulfillment of ambition, with its likes and dislikes – they get just that. And as we read in the scripture, we shall have tribulation in this existence. Naturally they're going to be pessimists. And so, that's why they are that. Because instead of looking to that Great Presence of God within, making that your own, they make this worldly existence of duality their own.

Two stories come to my mind; one about the optimist. As I remember it, an optimist fell ten stories, and at each window bar hollered, "All right so far!"

And then the pessimist. You know the story. People come to me, and they say...or I say to them, "How are you?" "Terrible. It's awful. I don't know what we're coming to." And that goes on. And lately they said, "If those Democrats keep on what are they gonna do with this country?" Why – because they're engrossed in duality of consciousness. Sure, we have to have Republicans and Democrats – what of it? But above that is God's Unity of His Presence, and there you find both republicans and democrats. So don't hate them. If you are a Republican don't hate the Democrats, and if you are a Democrat, be charitable toward the Republicans.

So there we have the two – the optimists and the pessimists. But realize this, that cheerfulness is our natural state of consciousness. I mean by that, it is our Immortal state, our Supernatural. But we, in this duality of consciousness, find another state of consciousness characterized by pessimism.

Now, cheerfulness is our natural state – why? Why? Well, what is God? God is Ever-conscious, Blissful, Eternal-existence, is He not? And are we not gods? That's our natural state – God in us is Ever-conscious, Blissful, Eternal-existence – that's what we are. For Master has said, "There is no question of a doubt but the bliss-consciousness within us is God-consciousness." And now I know that each one of us feels that state of Bliss Consciousness now and then, and those who meditate deeply feel it all the time! And so, God is with us, and that is our natural state of consciousness – cheerfulness. Having that, no matter if we have troubles in this existence, if we can, at will, bring that state of Bliss within us, then we can be cheerful, without question of a doubt.

One other thing the Master has said, which is most beautiful is this: "Serenity is a quality of the Soul and is not conditioned by outward consciousness." Why? Because when you're in Soul Consciousness you're not in outward consciousness. You cannot have your cake and eat it. So realize that serenity – "Serenity," as the Master has said, "is a quality of the soul and is not conditioned by outward consciousness."

We have an illustration of this serenity, or this cheerfulness, in little children. If you can remember back that far when you were a child, you remember how wonderful it was. Of course, when your little will was obstructed – then you didn't like it. But at first, you felt good when you were young. You felt free. Why? Because, not to long before that you had been with God, and you had been in that Great Bliss of His Presence, and that was predominant to your consciousness. That's why the children feel good. That's why they have no troubles – until – until delusion begins to set in, and they become identified with likes and dislikes. And when you cross them up, they don't like it.

Back East I stayed at my son's house, and he has four children. One little fellow, about that long, and one - two years; and then the other two girls are a little older. Well, at nighttime, everything was peaceful. But in the morning, when the radio came on to wake them up, with its – I've forgotten the song now, but I've heard it many times – and when that started. Then there was commotion. Bedlam broke loose, and the kids ran down, and turned on the television, and

the radio and, boy, it was a state of consciousness that you wouldn't want to stay in!

But you don't have to stay in it. And I will say this, that after we'd been there a little while, and when we left, they had quieted down somewhat. So don't stay in that state of consciousness. Be in it, but not of it. But be in the one state of consciousness above that – the Presence of God – and there you will find cheerfulness.

And so the thing is, what happens to our cheerfulness, which we had when we were little, is that we become attached through like and dislike, to worldly things, and we allow that state of consciousness to be predominant within us. But that's not our real state. That's our natural state of consciousness, I will admit. But above that, we have the Supernatural state of consciousness characterized by the High Frequency of God's Love. That's our Natural State. And that state we can attain.

But we cannot attain it by these worldly means of senses, mind, and intellect – it's impossible. God didn't want it that way. He didn't make it that way. He made it that we know what we really are. We know our Immortality, our Supernatural Nature by – by what? By the Power of Intuition of God's Great Love. That will do it! If you can feel that, and be one with that, then you will see above this duality of existence, with its likes and dislikes, and its trouble and tribulations, spoken of in the Bible. You will find the Great Peace of God. Having that, don't you think you'll be cheerful?

That's what we must have, and that's what we are. But realize, that is your own consciousness. Everything comes from God's Consciousness, does it not – vibrating at different rates of speed. At a lower rate we see matter, and we feel the pains in this body at times. But when you elevate that consciousness until it rises to the High Frequency of God's Presence, then you don't feel anything but Love. That's a fact. And you can't know that unless you had this tribulation to compare it with. Having the tribulation, when you get hold of that, you won't leave it for anything – and it's so much better.

You know, we don't appreciate things until we have to suffer the opposite of Joy and Bliss. Then – then we're ready to settle for God's Presence. Isn't that so? "Be of Good Cheer." Why not? That's our nature – that's our real nature. That's God's Love in each and every one of us. And my prayer lately is, as I met the people throughout the different places that I met, and felt that Great same Love of God that I feel with all, in every place I go – and all true devotees feel the same thing – when I felt that, my prayer has been, "Father, may Thy Great Love increase in our hearts so that it removes every vestige of darkness of delusion, leaving only Thy Great Light and Thy Love."

These are facts. This is not imagination! We need one thing in life. As the Master has said, and all saints say, "You need one thing – God, and God alone." Having that, you will be of good cheer, because nobody can shake you. In this worldly existence, they can shake the life out of you – take your money away, and the bank needs the money – where are you? But in God's Presence, they cannot shake you – they cannot hurt you. God is your own consciousness. You have to know it, that's all. Knowing it, you can be of good cheer.

And so, we have to be able – at will – we have to be able at will, to bring, or make rather, dynamic to your consciousness, the Presence of God within, in spite of the ups and downs of this worldly existence which we will have. You have to remain on an even keel. And it's difficult, isn't it? With fourteen children howling, yelling at the same time, can you keep on an even keel? Yes! When you realize that in the hearts of those little children is the One Light of the Infinite, and that you feel that in your heart – let them holler – you don't care. But you have to have that realization – to keep an even temperament through the ups and downs of life. Through likes and dislikes; keep the same. And you'll never be able to do it until you practice it, and let God come into you. And He will show you that through every condition in life, His Love is with you. That's our only salvation. You can't get it any other way. You can read a million books. But until you get down to business, and contact God, you won't know Him. And when you know Him, you have everything.

And so, just a verse or two, from the [Bhagavad] Gita at this time, which comes in an appropriate way for our subject this morning. In the 2nd Discourse, the 55th Line to the 57th Line: "When a man abandoneth all the desires of the heart and is satisfied in the self by the Self, then is he called stable of mind and consciousness."

You abandon this outward consciousness – why? – Because it doesn't pay you anything but trouble. You abandon the likes and dislikes, because there's only one answer – disappointment. You abandon it for that higher thing – the Presence of God within you.

"He whose mind is free from anxiety amid pains; indifferent amid pleasures; loosed from passion, fear, and anger – he is called a sage and of stable mind. He who on every side is without attachment," – you cannot afford to be attached. Even to those near and dear to you – I mean in an outward way. But if you are attached to them because God is in them, then you will never lose them. It's because you're attached to them in outward consciousness that you're separated. But by the Grace of God in His One Light, if you can feel them, and see them, and know that He is in them, and somehow inspire them to lift themselves up into His Presence, nothing is lost. You will never lose them. Isn't that worth striving for?

As the Master said; I said one time, "Sir, here we are enjoying ourselves with you, but," I said, "we have to leave it all." He said, "What are you talking about? We will know each other better on the other side then we know each other now." That was most wonderful. "Be of Good Cheer." Do right. Serve God, and you will never lose.

And so the Gita says just that: "He who on every side is without attachments, whether hap of fair and foul, who neither likes nor dislikes, of such a one the understanding is well-poised." And in one other, one other line, the 64th Line of the same Discourse, 64th Line we read: "But the disciplined Self, moving among sense objects with the senses free from attraction and repulsion, mastered by the Self," – mastered by God within us, that's what it means. Our consciousness is none other than God's Consciousness. Mastered by that, following that, doing God's Will, it says, "he goeth to peace. In that peace the extinction of all pains ariseth from him. For of Him whose heart is peaceful, the reason soon attaineth equilibrium." There is no pure reason for the non-harmonized. Those who are swayed by likes and dislikes, they can't reason. "Nor for the non-harmonized is there concentration." If you are swept here and there, by likes and dislikes, can you concentrate on anything? No. "But for him," the Gita goes on to say, "without concentration there is no peace; and for the unpeaceful how can there be happiness?"

How can there be any peace? How can there be any good cheer unless you have that one thing, which we really must have, and all need – the Conscious, Dynamic, Understanding, and Touch, and Realization of God's Presence within us. We have to know that High Frequency of God's Great Love. Having that, you will be of good cheer. And we have to be able to do it – at will.

And so when troubles come in upon us the Master used to say, "We must never lose our peace – we must be able to stand unshaken through the crash of breaking worlds." Now how can you do that except you know God? How can you do it unless God's Love is your own? Knowing that, having that, nobody can shake you. There is no other way. But having that, you stand unshaken through the crash of breaking worlds. Now I remember how the Master used to say that, and when you saw him, and heard him say it, you felt the great strength of his power. Why? – Because God spoke through him, that's why.

Now, Jesus says the same thing when he says, "My kingdom is not of this world." "My kingdom is not of this world" – plain words. The kingdom of God is not in outward consciousness. It's not in duality of consciousness – it's not in the consciousness of likes and dislikes – but it is in the Unity of God's Presence; right within each and every one of us. And, if we keep struggling, trying, meditating regularly,

you will find that not you, but God elevates your consciousness, so that you vibrate in tune with His Great High Frequency of Love.

These are scientific facts. Love is the highest vibration of God's Presence in manifestation. But by the Grace of God, He has sent us Self-Realization – sending us the ways and the means – we too, can actually know and be one with that Great Love of God. That's why Self-Realization means so much to me; more and more as I go on, because it gives us the ways and the means to do it. And those who do it, will feel God's Presence, and know His Love. Those who do not do it will not know.

That's why the Master means so much to me. Why? Because it is none other than God, the One Father, the One Divine Mother, who came as our beloved Master. There cannot be two. There is One Infinite Father, and His manifestation is Love. And that manifestation, feeling so much for you, and for me, took the form of our beloved Master, and came to us. Whom do we praise? Whom, to whom do we give the credit? To God alone. Because the Master said to me, he said, "Never mind what happens to me. I am nothing," he said. "But that light which you see," – and which all true devotees see – "and that love which you feel, is far greater than I am. That's God Himself."

And so, realize God alone. Don't settle for anything else. Don't follow personalities, but follow God alone, and you will be of good cheer.

And so, finally, realize that we must know the Presence of God within, and to be able to be in it – at will. Having that – having oneness and the realization of the Great Love of God within and His Great Light and His Power – you can then be an inspiration to others that they be cheerful; that they be of good cheer. For in the scriptures we read these wonderful words in Isaiah, the 26th Chapter, the 3rd Verse – remember them! "Thou wilt keep him in perfect peace whose mind," – whose consciousness – "is stayed in Me."