

Genesis Explained

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...it says so in the program. But that's the real Self-Realization. What you feel as we sing together. And get that first. Then, if you want to know about Genesis, it's all right. But get God first.

A little story I must tell, before I forget it, now. When I first started to practice, an old gentleman came to me, and he said, "Young man," he says, "Get in the right location; join the right church. Make money. Honestly, if you can. But make the money." So I tell you, know God! Honestly, if you can, but get Him – know Him! And that's what we must do. So, remembering that story, for the one purpose of stimulating your determination to know God, that's all.

And with that, and other things, "all things," as Jesus said, "are added unto you,¹" if we can but get that contact with Him. And then we will know all things about creation, because it is He who sits within us; behind our hearts, and in our thoughts, in our emotions, and our will. If we can know Him, and know that there is no separation between us, as He knows all things so can we. Let us never forget that.

Of course, we have to play our part in the Drama of Life. We have to play our part; take our place. That doesn't mean that we're batted around unbecoming a child of God. No! We are His children. We are a part of Him. His Consciousness is our consciousness. And we play the part, because He's playing the part Himself. He's dreaming this Great Universe, of which we are going to speak a few words. It's God's Dream. He is Dreaming it through the manipulation of His Great Light. And we are a part of that manipulation. But just as in our own dream we know we are dreaming, and can see the dream, and know it is a dream; that part of us – our own consciousness – remains undisturbed. That's the Reality. The Dream is the manipulation of that One Consciousness and Light.

And so it is with this universe. The universe is made from the One Eternal Substance: Cosmic Consciousness. And, as we discuss this subject this morning, "Genesis Explained," realize that you must understand these one or two things in the beginning, that there is One Substance, Eternal Substance – Cosmic Consciousness – from which all things have come. And that's the only Real Substance. And when that Substance begins to move, as God the Father vibrates, then it produces all things from that vibration.

First, Light is formed, and from the Light of the Holy Ghost, Divine Mother, all things come. We must realize that; it's still God. Everything – from the flower to the book, to you to me – all things. If we can realize that, that will help us to get rid of duality, which makes us feel different. As the Master says, "It makes the indivisible, divisible." And really, God is One, but He has suggested this duality through the Dream. And so, we are taken up with the duality, and thereby, suffer from ignorance, which is the greatest sin; ignorance that we have forgotten that we are one with His Great Consciousness, His Light, and His Love.

And so realize that One Eternal Substance, just like your own consciousness, produces the Dream. So God's Own Consciousness, His One Eternal Substance, Cosmic Consciousness, when it begins to vibrate, move – everything is vibration. Sometimes, the mind vibrates too much, doesn't it? Everything is movement.

Still the movement; if we could just still the waves of the mind, there we have the Unity of God's Presence. But the mind has gotten hold of us. It really rules the roost, so to speak. We've got to break that rule, and we've got realize within us, that the calmness of our One Father. Knowing that we can say, when it's necessary, "Mind – stop! Thoughts – stop! Frustrations – stop! Consciousness that we do not want of desires – stop! because God and I are one." If we can do that, then we will truly be living.

And so, from that One Consciousness of God, vibrating, first producing light, as science has shown all things have come, and the other, and last important thing to remember: that in that vibrating Force, of which matter is a part; in that vibrating Force, is God's Great Intelligence, as Christ Consciousness. If you'll remember those three things as we discuss this morning, you'll understand in a far better way about Genesis, and all other theories. Realize those important things.

And these facts, which I have given you, have been handed down from the Hindu scriptures from 10,000 B.C. They have been known, and their idea of Genesis, I will give you first their explanation of Genesis, and then we'll take it from our own Bible, and you will see the similarity. But you must really, first, understand these three principles: of the Unity of God's Presence; and the fact that from that One Consciousness all things have come; through the agency of light, which is nothing but God's Consciousness vibrating through the miracle of light. Master called it "light beyond the atoms." Science calls it free electrons. From that, from the arrangement of that, which produces form, from that all things have come.

Now from the Hindu scriptures, the universe is divided into three universes. First is the Idea Universe; Causal Universe. God impinged His Ideas upon Force; upon Himself, vibrating. That's the first universe. And from that, that's the Causal Universe. We have one little universe, just like that within ourselves. When you have an idea you're gonna build a house, you impinge that upon the forces within you, corresponding to your Astral Universe, and those forces working, operating, produce the house in the various law, according to the law of building a house. We don't need to go into that.

And so with God, the same thing was worked out by the Hindus, years and years ago. First the Causal Universe: God's Idea. Then came the Astral Universe, or Subtle Universe; the Universe of Forces, like gravitation, and electromagnetic forces, and also, repulsion and attraction, and electrons, and life energy; those are all Subtle Forces, are they not? You cannot see them by your senses. That's how, now, you can distinguish between the Subtle Forces and the Forces with which we are familiar of this Physical Universe.

So, we have the Causal Universe, the Astral Universe, or the Universe of Forces. And finally, we have the Material Universe, with its grosser elements. The subtle elements of the Astral Universe are, as I have said, gravitation, electricity, attraction, repulsion, the electrons, and Life Force; those subtle things which cannot be perceived by the senses.

Now, in the Material Universe we have elements, as you know; elements of solids, liquids, and gases, and of earth, water, fire, air, and ether. Those are gross elements, and can be perceived by the senses in various forms. At least we can see, in the matter of air and ether, we can see the result as it moves a physical object. So realize, from the Hindu teachings, 10,000 B.C., that's their idea of the universe, explained as we find it explained in Genesis, which I will speak of in just a moment.

And so, we have these three Macrocosmic Universes. Once more: Causal, the Idea; then the Astral, or the Universe of Forces, Heavenly Forces, we might say. Now these first two are invisible to the senses. The third, or the Material Universe of gross elements, of solids, liquids, and gasses, and so forth; that is perceivable by the senses. We all know that. There you have three Macrocosmic Universes.

Now, within us we also have three similar universes. We have a Causal Body; we have an Astral Body. Many of you have seen different aspects of it; the Spiritual Eye. And some of you, who are very fortunate, meditate deeply, never miss, never fail, you perhaps see the Centers of the spine, and the rivers of Pranic Energy flowing in you. Those are parts of the Astral Universe within each and every one

of us. And finally, we all know this Physical Universe: this body. We are sufficiently fed up with it at times!

So there you have three Macrocosmic, three Microcosmic Universes, plus the Consciousness of God in those six universes; the Christ Consciousness, that constitutes the Seven Expressions of Spirit. Now that's the foundation of the universe according to the Hindu scriptures of years and years ago – according to my paper, 10,000 years B.C. Before Genesis was written, or near that time.

Now, bear that in mind as we go a little further and we discuss further from Genesis, which is the subject this morning. But realize those universes, those universes, just like the Causal Universe, is governed by an expression of God's Great Consciousness, an entity. That thing doesn't just happen. The Great Causal Universe, which produces universe upon universe upon universe. And we know there are billions of universes. Imagine it! You think that just happened? No! That's one of the Great Spirits which comes from God's Cosmic Consciousness. I will not give you the Sanskrit name, because you won't remember it. What of it! Realize this, that when God does something, there's a reason, and there's a Force behind it, and there's an entity that does that, that governs that Great Causal Universe.

Take the Astral Universe, we have also an entity governing that; a part of God's Great Consciousness. Just like when you gather together the implements necessary to build that house. Don't you think there's a governing force that does it? You just don't say, "House, come on. Implements come on." There's a force there – intelligent force. And so, there is a Great Expression of God's Spirit which governs the Astral Universe. And then the Material Universe; world upon world; universe upon universe – doesn't just happen. There's a Great Force of God that governs that.

And likewise, in our own body, which constitutes the Microcosmic Universe. We have these three universes. And the Causal Body is governed by an expression of God's Spirit, which takes care. Our consciousness, you might call it, is organized. And just take the subconscious mind within us, the unconscious mind which governs the vegetative functions of the body. Don't you think that's governed? Every time you eat a nice apple pie, it's taken care of, because there's a Spirit there. An intelligent Force does it. And so, in our own Causal Body there's an intelligent Force, an expression – one of the expressions of God's Seven Spirits – or an expression of that One Universal Cosmic Consciousness. Also, in our Astral Body within there's a governing Force. God's Hand is there. His Great Consciousness, His Intelligence is there. And even in the Physical Body, if you leave it alone and don't interfere with its functioning, nature takes care of everything.

So there we have the Six Expressions of Spirit plus the overall Presence of God in all things. His Great Intelligence is the Christ Consciousness. Those are the Seven Expressions of Spirit. Now there you have in a few words the conception of creation according to the Hindu philosophy of many, many years ago.

Now, let us take and go on with a discussion, or a few words about Genesis. "Genesis Explained." Not Genesis explained – Genesis talked about. Who can explain God and His Great Creation?

Now, in the 1st Chapter, the 1st Verse we read: "In the beginning God created heaven and earth.²" He created them how, first? He created them in Idea. And then he created, "...the spirit of God moved,³" it says in the next verse. And God impinged those ideas upon that vibrating Force. It says just that in Genesis. It says, "In the beginning God created heaven and earth,⁴" and we might add, "in idea first." Then it says, to prove it, "And the earth was without form and void.⁵" Form hadn't been created. The Causal was created first; the Causal Universe. "...and darkness was upon the face of the deep; and the spirit of God moved upon the face of the waters.⁶"

Now, "...the spirit of God moved upon the face of the waters" means, that the waters are the different elements: subtle and gross; subtle and gross. Those subtle are above sensation, beyond sensation; those are the Heavenly Forces. Remember, Heaven is made up of the two first universes: Causal plus Astral. And those are not visible, the Forces of Heaven, or Heaven itself, is not visible by these eyes, nor heard through the ordinary sense of hearing. But, as we read in the scriptures, when you hear through intuition, then you can know those two universes⁷. And so, we have in the first two verses, that God created heaven and earth first in idea, because heaven and earth were "without form and void." Don't you see? Form hadn't come in; the form comes later.

Now going on to the, remember that the elements, "waters" means the elements. The elements above and beneath I will come to in a minute. The elements of the Astral Universe you can't see. There's something in between, isn't there? Because you look, and you don't see them. But, if you meditate and see through intuition, you see them. What's in between? That's the "firmament" spoken of in the 6th Verse⁸. That's "space," if you want to call it [that], and space is nothing but a different rate of vibration. Because you can easily prove it, if you sit in meditation and look at the Christ Center, which vibrates at a high Spiritual rate of vibration; the Holy Ghost is there, the Holy Vibration is there. If you look there and persist, you will lift your vibration of your body of consciousness, and the body, and its functions will pass away, and you will know the Finer Forces beyond space; beyond the "firmament" spoken of in Genesis.

There's nothing. Realize space is nothing. The "veil" we've heard so much about is nothing, but an idea, a different rate of vibration, and you can prove it in meditation. Those of you who meditate will see the veil lifted. And you will see, through the Intuition of the Soul, the Finer Forces of those two Finer

Universes, the Subtle Universes. Now I can talk about this all day, if I could last that long, and you won't know. You must meditate. Then you will know.

And so, going on, now, to the 3rd Verse; this is very important, which I want to bring in here. "And God said, Let there be light: and there was light." "...God

said let there be light: and there was light." "And God called the light Day, and darkness night; And the evening and morning were the first day (sic).9"

Now, this creation of light is the most wonderful thing how God vibrated His Own Force and Substance into that thing known as Light, from which Light all things have come. That's the most...that's the miracle. As you can read in the AY 10, and I hope that you do read it. In fact, everyone should have a copy of the AY. And I'm going to read just a word, so that you understand this clearly, as follows: "'And God said let there be light; and there was light.' God's first command to His ordered creation, ideal creation, brought into being the only atomic reality (sic).11" There's only one Reality, and that's God's Consciousness vibrating as Light. The electron microscope has shown and proved it. And you can, if you meditate, it will lift your body of consciousness so that it vibrates as light. Then you'll know and will have proved it.

And so going on: "...this one atomic reality: light. On the beams of this immaterial medium occur all divine manifestations." Why do you think God created light first, as it says in Genesis? Because that's the matrix of all His manifestations. Even this gross body is vibrating light. Even heavy metals, as tungsten and other things, which is spoken of in the Autobiography [of a Yogi] are vibrating light atoms. It doesn't seem possible, does it? When you can hit your head, so to speak; vibrating light atoms. That's right! But the mind says, "Oh no, that's hard," and many other things the mind says. These are facts.

As the Master has written, "On this one, one idea of light is created all things." Now, "On the beams of this immaterial medium occur all divine manifestations. Devotees of every age testify to the appearance of God as a flame and light.12" You will see at this point [between the eyebrows], if you meditate deeply, the Presence of God as the "Cloud of Virtue," the "Cloud of Light," of which the Master spoke: "Cloud-colored Christ, come.13" The Master didn't say these things just for the fun of it. He realized them. And he also told us, "If you follow my instructions, you, too, will realize them." That's why I'm reading this little passage here. And so, God has been known and testified to as a flame and light: "The King of kings, the Lord of lords; who only hath immortality, dwelling in the light which no man can approach unto (sic).14" And so that simply means that you cannot perceive the Light except through the Intuition of the Soul. With ordinary means as a man you cannot do it.

Now going on; “A yogi, who through perfect meditation has merged his consciousness with the Creator perceives the cosmical essence as light; to him there is no difference between the light rays composing water and the light rays composing land.¹⁵” Imagine it! All-vibrating Light of God. “Free from matter-consciousness, free from the three dimensions of space and the fourth dimension of time...¹⁶” these are things of the mind. Still the waves of the mind and you’ll be free from those things which confuse you. Free from those things, “...a master transfers his body of light with equal ease over the light rays of earth, water, fire, or air.¹⁷”

Then the Master says, most beautifully: “Long concentration on the liberating spiritual eye,” at this point [in the forehead between the eyebrows], “has enabled the yogi to destroy all,” illusions, “delusions concerning matter and its gravitational weight; thenceforth he sees the universe as an essentially undifferentiated mass of light.¹⁸” If you do that, if you follow the Master’s instructions, you, too, will see that One Great Light from which all things have come. And so, God created light; and from that light all things have come.

Now, and God said, in the 6th [and 7th] Chapter [Verse], “Let there be a firmament in the midst of the waters; and let it divide waters from the waters. And God made the firmament, and divided the waters which were under the firmament from the waters which were above the firmament: and it was so.” The “firmament” is simply space. The firmament is space, which separates the grosser elements of the Material Universe from the elements of the Subtle Universe, that’s all. And the “waters above” are the subtle elements, of which I have spoken. “Waters” are, refers to elements. Those “above,” “space,” are the subtle elements; fine elements. Those “below” are the elements of this Worldly Universe, with which we are familiar.

And so, you see in Genesis we have an exact statement corresponding to what the Hindus spoke of years and years ago. In the Three Universes, the first two, Causal and Astral, cannot be perceived by the senses. There’s a veil there; and that veil is space. And that’s the firmament spoken of in Genesis. This side we know all about. We’re familiar with these elements.

And now, let us go on. One thing I forgot to say. At the end of the 3rd Verse, when it says “God created light, and that was the evening and morning of the first day.” “Day” means cycles. It must have taken God an awful lot of trouble to make that first business in Idea of universe upon universe, upon universe, upon universe. It took Him many, many, many years according to our idea of time. And so, that’s the first cycle. That’s called “the first day.” And throughout Genesis, you will find reference throughout – as I go along I may come to them – of these different “days.” The different “cycles” it took to produce, first

light; and then to arrange how this light could be “frozen,” as the Master used to say, into the crystals; and the first manifestations of Spirit; finally, into animals; and finally, into human beings; and finally, into Spiritual beings. It took these “days” to do that. These cycles of many, many years, and that’s what is referred to in Genesis when it refers to these “days.”

Now, let us go on to the 1st Chapter, the 9th Verse: “And God said, Let the waters under heaven be gathered together in [unto] one place, and let dry land appear: and it was so.” And “the waters under heaven,” of course, are the grosser elements of: earth, water, fire, air, and ether – which makes up this Material Universe. And so, He gathered those together, according to the idea in His Great Consciousness, and dry land and earth appeared.

And now going on the 11th Verse or 10th Verse: “And God called the dry land Earth; and He gathered together the waters and He called it the seas; and God saw that it was good (sic).¹⁹” Then God said, in the 11th Verse: “...Let the earth bring forth grass, the herb yielding seed, and the fruit trees, fruit tree yielding

fruit after his kind, whose seed is in itself, upon the earth: and it was so ²⁰.” And then it goes on, in the next verse, to speak about the herbs and the trees.

And then it says in the 13th Verse: “And this was the evening and morning of the third day (sic).²¹” It took many, many years, as science is showing us now, to produce these different stages of creation. And this is another one of the “days.”

Now going on to the 20th Verse: “And God said, Let the waters bring forth abundantly the moving creature that hath life, and the fowl that they may fly above the earth in the open firmament of heaven.” “And God created great whales, and every living creature that moveth, which [the] waters brought forth abundantly, after their kind, and every winged fowl after his kind: and God saw that it was good.²²” And then it goes on to say that this was the evening and morning of the fifth day²³, showing that here was another cycle to produce the animal kingdom. Do you understand? And, of course, many of you know I’m sure, that life, the animal nature, comes from water and the oceans. And so, God brought those things out according to the pattern in His Great Causal Being. Now, going on to the 21st, in this Verse it says let the waters, swarms and swarms of living creatures, and that was the fifth day, the fifth cycle.

Now, we go on to the 26th verse, which is getting down nearer to where we come in in this Great Creation of God. Everybody wants to know, “Where do I fit into this picture.” Well, here you are now! And then it says in the 26th Verse: “And God said, Let us make man...” If He’d stopped there it’d been

bad, but He didn't, "in our image..." He said. "Let us make man in our image, after our likeness: and let him have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all earth, and other, and over every creeping thing that creepeth upon the earth (sic).²⁴" But it doesn't say, "Let him have dominion over his wife." That's one thing He, He left that out. Why? Because He gave us free will. That's, otherwise we'd be automatons. God gave us free will.

And so, here we find that we are made in the Image of God. "Let us make man in our image..." That's the important thing. Now, "Let us" means – this is (File ends)

1 Matthew 6:33, "But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you."

2 Genesis 1:1, "In the beginning God created the heaven and the earth."

3 Genesis 1:2, "And the earth was without form, and void; and darkness was upon the face of the deep. And the spirit of God moved upon the face of the waters."

4 Genesis 1:1

5 Genesis 1:2

6 Ibid.

7 1st Corinthian 2:9, "But as it is written, Eye hath not seen, nor ear hear, neither have entered into the heart of man, the things which God hath prepared for them that love him."

8 Genesis 1:6, "And God said, Let there be a firmament in the midst of the waters, and let it divide the waters from the waters."

9 Genesis 1:5, "And God called the light Day, and the darkness he called Night. And the evening and the morning were the first day."

10 Autobiography of a Yogi, Paramhansa Yogananda, Revision 1951 or earlier

11 Ibid, Revision 1951, Chapter 30, Page 278, "'Let there be light! And there was light (Genesis 1:3).' In the creation of the universe, God's first command brought into being the structural essential: light." The Original 1946 Version says, "'Fiat lux! And there was light.'" God's first command to His ordered creation (Genesis 1:3) brought into being the only atomic reality: light. On the beams of this immaterial medium occur all divine manifestations. Devotees of every age testify to the appearance of God as flame and light. 'His eyes were as a flame of fire,' St. John tells us, '...and his countenance was as the sun shineth in his strength.' Revelations 1:14-16."

12 Ibid.

13 One of Paramahansa Yogananda's Chants

14 1st Timothy 6:15-16, "Which in his times he shall shew, who is the blessed and only Potentate, the King of kings, and Lord of lords;" "Who only hath immortality, dwelling in the light which no man can approach unto; whom no man hath seen, nor can see to whom he honour and power everlasting. Amen."

15 Autobiography of a Yogi, Paramahansa Yogananda, 1946, Chapter 30, "The Law of Miracles"

16 Ibid.

17 Ibid.

18 Ibid. "Long concentration on the liberating spiritual eye has enabled the yogi to destroy all delusions concerning matter and its gravitational weight; thenceforth he sees the universe as an essentially undifferentiated mass of light."

19 Genesis 1:10, "And God called the dry land Earth: and the gathering together of the waters called the Seas: and God saw that it was good."

20 Genesis 1:11, "And God said, Let the earth bring forth grass, the herb yielding seed, and the fruit tree yielding fruit after his kind, whose seed is in itself, upon the earth: and it was so."

21 Genesis 1:13, "And the evening and the morning were the third day."

22 Genesis 1:21

23 Genesis 1:23, "And the evening and the morning were the fifth day."

24 Genesis 1:26, "And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth."