

The Passkey to Peace

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Note: On the .mp3 file, Doctor plays a Christian hymn and then "Hymn to Brahma" on the organ. This lecture was not given before an audience.

The subject this morning is "The Passkey to Peace."

"Peace, like a river, flows through me." "Peace, like a river, flows through me." "Thy bliss, O Father, flows through me." Such are the words of Swami Ram. And these words do not designate the ordinary peace of mind, but they do speak of that Great River of Peace, that Great River of God's Consciousness, which flows in an unending manner from the Great Cosmic Consciousness.

Ordinary peace of mind is simply attained from an emotional adjustment, through the intellect, through self-control. It is not the positive state of peace, which is known as Cosmic Peace. It is simply a relief from something. Our nerves become irritated, even burned out due to uncontrolled thought processes. And this leads to worry. These uncontrolled thought processes lead to explosions of emotions causing further damage. There are surges of Life Force throughout the nerves and mental processes, through great emotion; and these tend to burn the nerves out, or cause them to be irritated, which, of course, leads to worry.

Now, if we control the mind by right living, following mental and health laws; being moderate in sex; also, by developing the powers of concentration, or self-control through the techniques of Self-Realization Fellowship – the Hong Sau technique is one of the greatest – if we do these things, then we will escape. There will be a relief from the turmoil of a racing, uncontrolled mind. And so, you can see, this is simply a negative state of peace. Ordinary peace of mind is simply a relief; a relief from the turmoil of an uncontrolled, racing mind. A little story at this time might illustrate this lack of control of mental processes.

A young man came to my office one time. I hadn't seen him for quite a few years. In fact, we used to be together in grade school. He came in, and after a few pleasantries, he told me that he had some little work to be done, and I seated

him in the chair,¹ and gently tipped the chair back. But I noticed that he wouldn't stay put. He kept jumping up in the chair – sitting upright. And I talked to him a little while, and assured him that the work which he was having done was nothing to be alarmed about; that there'd be no pain, or anything; and he'd sit back. And I'd just about be ready to go on with the work when he'd jump upright, and say, "I just can't go through with it, Doc, I simply can't go through with it. Isn't that a crazy thing? I'm a fool," he says. "I'm a blankety-blank fool. But I just can't go through with it." Well, I tried several times. But, do you know, that in the end he just could not control his mental processes enough to have a simple operation performed.

This illustrates, clearly, the effect of uncontrolled thought processes. Self-control will give us peace of mind, but this is, as I have said, a negative state. It has nothing to do with the Great State of Cosmic Peace; except that this ordinary state of peace of mind, this negative state, must come first.

In St. John, 14th Chapter, the 27th Verse², we read as follows the words of Jesus: "Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you..." In other words, this negative state of peace of mind is not sufficient. And this is the state that Jesus refers to when he says, "...not as the world giveth, give I unto you..." This Great Cosmic Peace is not of worldly consciousness but of Divine Consciousness. This negative state of peace – peace of mind – is not sufficient for the soul. For that soul, will not be satisfied until it goes back home, and reclaims its Cosmic Peace.

As Emerson said, that when the soul knows, when the soul tastes even a glimpse that, it will someday be united to the Infinite Spirit, its Beloved, when it knows that, it will gladly wait even a thousand years for that to take place. And so, our souls know that the only satisfaction will come in merging in the Great Peace of God, that Great positive state of Cosmic Peace, which is in Divine Love.

Cosmic Peace is a positive state of consciousness. Cosmic Peace is lasting, eternal, a manifestation of Spirit; just as is Cosmic Love, Cosmic Wisdom, Cosmic Calmness, Cosmic Light, Cosmic Sound. These are all Aspects of God. And so, Cosmic Peace is an Aspect of God.

¹ Dentist chair. Doctor Lewis was a D.D.S.

² St. John 14:27 "Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you, Let not your heart be troubled, neither let it be afraid."

In Isaiah, 26th Chapter, the 3rd Verse, we read as follows: “Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.” In this verse we should pay particular attention to the word “stayed.” “Stayed” means remain fixed on Thee. To those whose consciousness remains fixed in God by complete surrender, and entirely new unattached freedom, freedom of consciousness is attained. Complete surrender to the Infinite is the key to Peace.

Lahiri Mahasaya said, “In the electro-nervous and respiratory pause of meditation, there should come a perfect sense of self-surrender. Complete self-surrender to the Infinite creates a change in the entire body system and being. With this self-surrender to God we find that the system is perfectly toned, quite at rest, all decay is arrested.”

And so, you can see that it is not a case of just having the mind at rest, as in ordinary peace of mind, but we find the whole being must be changed and calm. When this happens through self-surrender to the Divine Love of God, Cosmic Peace, Peace of the Soul, can be realized.

In Romans, the 14th Chapter, the 17th Verse, we find an important key to Peace. Here we read: “For the kingdom of God is not meat and drink; the Kingdom of God (sic) is righteousness, and peace, and joy in the Holy Ghost.³” Here lies the key. Because merging in the Holy Ghost with full surrender, is “The Passkey to Peace.” We must have that full surrender. We must feel and know that God is with us. We must have perfect trust in Him, otherwise, how can we have Perfect Peace?

So, merging in the Holy Vibration, with that full trust in God, full surrender, without any reservation, is “The Passkey to Peace.” The Holy Vibration, the Word of God, the Comforter, is the Presence of God in us. God is Love. So, by expanding our being into His Love, we find Cosmic Peace, real lasting Peace. Merge, therefore, in the Holy Vibration, completely, with full surrender. There you will contact God, for He is in the Holy Vibration.

As we read in St. John, the 1st Chapter the 1st Verse: “In the beginning was the Word, and the Word was with God, and the Word was God.” And so, we have right within us the way to Perfect Peace, by being one with the Holy Vibration,

³ Romans 14:17, “For the kingdom of God is not meat and drink; but righteousness, and peace, and joy in the Holy Ghost,”

with full and complete surrender, because then we merge in God's Presence within us.

Through the efforts of the Master in bringing to us Self-Realization Fellowship, there, in its teachings, we find the wonderful Om Technique, which positively will give the humble devotee the method and the means whereby he can positively contact the Holy Vibration within; in which, as I have said, is the Presence of God, and feel Cosmic Peace. Then we can say, as we read in Isaiah⁴, that our minds are stayed on Thee, and we have Perfect Peace, because we trust in Thee. Only full surrender can give Perfect Peace. And only those who fully trust God, without any reservation, can fully merge in Him, in the Holy Presence within, the Holy Vibration.

And so, finally, having Cosmic Peace, then you can say with the saints, "I am He, I am He, Blissful Spirit I am He." "Perfect love casteth out all fear (sic)...⁵" "Perfect love" means complete love; complete surrender to the Divine Love of God in the Holy Vibration within, in the Holy Ghost. It is this complete surrender that will cast out all fear, giving Perfect Peace. Fear is nothing but delusion. Delusion cannot stay when the Perfect Love of God comes.

We have a wonderful illustration of this complete surrender and the presence of Perfect Peace in the Master. Those of you who had the privilege of knowing him, and meeting him, being with him, found that in his presence there was no fear. And you felt that Perfect Peace. Why? Because he had completely merged his being in Divine Consciousness. And when you were in his presence, if you were in tune with him, you felt that Perfect Peace of God – Perfect Love – complete surrender to God giveth Perfect Peace. Having this, having this Perfect Peace, we can say and realize Jesus' words in St. John: "Let not your heart be troubled, neither let it be afraid."⁶ And you will find, when that Perfect Peace, the Divine Love flows through you, you fear nothing, because you know that God is with you, and with His Presence comes Perfect Peace.

⁴ Isaiah 26:3, "Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee."

⁵ 1st John 4:18, "There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love."

⁶ St. John 14:27 "Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you, Let not your heart be troubled, neither let it be afraid."