

# Preparing For the Future Life

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## *Opening Prayer*

Heavenly Father, we pray that Thou wilt urge us by Thy Silent Voice, always to keep on the razor's edge, until finally we will wake up in Thee, and realize our oneness with Thee. Om, Peace, Amen.

*On the .mp3 file part of an organ and violin duet is played by Mrs. Gonzalez and Mrs. Kennell.*

The subject this morning, "Preparing for the Future Life;" your future life.

That's always an interesting subject, because something you don't know about, you wanna know about. As they say, the grass is always greener on the other fellow's lawn. And so, just beyond, we're going to look for something – this future life. So, let me tell you right now, you won't find anything, unless you know, right now, about that future life – about the consciousness that constitutes a future existence. We must know that, right here, and now. And so, about a future life, preparing for a future life, let us first prepare for the future of this life, right now. We're looking beyond, but how about the future of this life. Here we are in a life – living – let's start right now, and prepare for the future of this life.

How, how to do that? To obey, to obey, the natural and correct laws of health, material laws, mental laws, and Spiritual laws; so that, at least, the rest of this life will be what we want it to be. But there are other things that enter into the proposition. There's that little matter of karmic influence that comes in. And although we may obey all the natural laws, mental laws, and Spiritual laws, it doesn't always come out smoothly as we go along. But, we can use our common sense in dealing with karmic matters. We're saddled, so to speak, with that load. We might as well face it. But we can face it in a common sense way.

By that, I mean we all have different impulses and tendencies. Some have tendencies to a strong digestion; they can eat nails, so to speak. Others, the least little thing they eat – oh! – they get it right off. Let's use common sense. Some have temper – let's control it, because, if you do not control it, poisons are eliminated into the bloodstream, and you suffer. Others have weak respiratory

system, circulatory system. We know those things. Let's try to avoid the things which bring on those undesirable effects from those impulses which we have. Let's be reasonable.

I know one person, that every time they eat banana, they get an awful stomach ache. But they see the banana, and they get just can't resist it, knowing full well they're going to suffer; they eat it; then they get sick. So, a lot of our trouble, and a lot of the trouble that we will have in the future of this life, comes from lack of common sense.

But there's one far greater thing, of course, one thing I must mention. You can offset the destructive pull of the different forces which will affect you in the rest of this life by the use of bangles, and such things. But there's something far greater than that. And that is to realize that, if you can change God's Dream, then no matter what is laid up for you, as regards karma, the things which are going to fall upon you – never mind – you're God's children. We have a Spiritual side. We can contact Him, and He can change that Dream, just like Jesus changed the Dream of Lazarus, and lifted Him up.

And so, don't worry. We do not know what's in store for us. But don't worry about it. Remember, we have God, and He can change the conditions, if we appeal to Him strongly – if we really merge in Him. And so, as regards the future of this very life, let us bear those things in mind.

But now we have also, what's coming in the next life, and I think that is what the subject refers to this morning – preparing for your future life. Preparing for that which is coming after this life is finished.

Now the Master has put it down nicely. I want to read his words to you. He says, "You must now, now, acquire through discipline and meditation, everything that you have, everything that you expect to have hereafter." Now is that clear? Can it be any clearer? Once more, "You must now acquire, through discipline and meditation, everything that you expect to have hereafter." So, I think that we can start right from there.

Now, the gross expression of God's Consciousness, this vehicle, with the senses, and the faculties that go with the senses, they must be left behind; and they will be left behind. But that portion, that portion of God's Great Consciousness, beyond the human aspect – whatever you have of that – that is what you will have in your future life. Everything that lies beyond this waking consciousness,

this physical aspect, which we know so well, everything you know of that, you will have in your future life – nothing else. And so, the man of Realization, what does he do? He prepares himself for the future life by being one with the different phases of Transcendental Consciousness, because those are the things he's going to have in a future life – nothing else. And so, how true and wonderful are the Master's words when he says that we must acquire now those things which we are going to have in a future life.

Now, the Soul has several coverings. The Soul, you know, is what exists through it all – this life and the future life – and, if you believe in reincarnation, through the next one. The Soul is the thing that exists, but it has covered over. It is covered with three coverings. The first is the physical, of which we are familiar. Then it also has a covering known as the Electronic Body, the Subtle Body, the Spiritual Body. And it also has another, another covering, known as the Ideational, or Causal Body. Now those things we must realize – that the Soul is covered up with those.

Now, we're not going to take with us, are we, the physical body? We know that. What are we gonna have? We're gonna have those two others, in subtle form: the Causal Body, and the Spiritual, or Electronic Body. We're gonna have those. Therefore, we can say, that whatever we know about those two vehicles which cover the Soul, whatever we know about those, now, in this life, when this body is set aside, that is what we're going to be conscious of – nothing else. And so, we must realize that one thing.

So, we can come to the question what, what consciousness will you have? What consciousness will you have in a future life? You will have whatever consciousness you make dynamic to your being right now. That's what you will have. Didn't Jesus say in St. John, the 18<sup>th</sup> Chapter, the 36<sup>th</sup> Verse: "My kingdom is not of this world," not of outward consciousness; not of bodily consciousness? "My kingdom is not of this world." The Kingdom of Heaven is not of outward, or bodily consciousness, but is made up of the Consciousness of those other things that are left after the body is left behind. So that's the Consciousness that we will have – whatever we make dynamic to ourselves right here, and now.

Therefore, what should we do? We should plan to make those things dynamic to our being. Make the Consciousness of the Subtle Body, the Spiritual Body. I read this morning, "If thine eye be single, thy whole body will be filled with

light<sup>1</sup>." Make that dynamic to your consciousness. Go beyond that, even, into the Great Stillness of God, into His Great, the Cause of All Things. Make that dynamic to your consciousness through the teachings of Self-Realization, given by one who had made that dynamic to his whole being, to the fullest extent. Do that. That's the consciousness which we are going to have.

Now we come to the question, who? Who? Who will have Heavenly Consciousness? Who will have this Consciousness of Heaven? Once more the Master has said some wonderful words. He says, "Those who try by devotional yogic methods, to understand and perceive the phenomena of consciously living unattached to the body, it is they who can, and will, retain their consciousness in a future life." Now, isn't that wonderful? I'll read it once more. These are immortal words. "Those who try, by devotional yogic methods..." nothing but Self-Realization, that's all, "yogic devotional methods." Yoga is good, but you've got to have devotion with it. You've got to feel God in yourself.

And so he says, "Those who try..." by using these methods, "to understand and perceive," what? To perceive what they're going to have after they're through with this body; namely, to consciously live unattached to this vehicle. That's what you do in meditation, nothing else. You live unattached to the body; and in meditation the body does not exist. If you know that state of consciousness, if you know that Transcendental Consciousness, here, now, when the body is left aside, you'll have it. You'll have that in future life – it's very plain, very clear. So that's what we must do. If we do that, then we can what? Retain that in future life. How can you expect to retain it if you do not know it here, and now? You cannot. You cannot do it. We have to make it dynamic to our consciousness right here, and now.

And so, it is a matter of experience. Once you experience – remember this now – once you experience that in meditation; once you experience Full Consciousness, and the body is practically inert; the breath slows down; the heartbeat slows down; all functions slow down; and you're Fully Conscious – once you experience that – it is yours. You never lose it. That's why Jesus said, once overcome death and it can never trouble you again. He didn't mean anything but that. Just once, sit and meditate deeply, being unconscious of the body, but fully aware of the Divine part of yourself within. Once do that. No one can ever take it away from you. Having that, you will have that Consciousness in your future life.

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<sup>1</sup> Matthew 6:22

And so, we go on with the question, who? Who are they who will have consciousness in the future life? They are yogis, saints, and devotees – no matter what church, or religion. Yogis, saints, and devotees – they are the ones who'll be conscious after death – who'll be conscious in the future life. Why? Because they have made it dynamic to their consciousness.

Now, there will be varying degrees of consciousness. There will be varying degrees of consciousness in these different categories of yogis, saints, and devotees. Some will have consciousness clear through into the next life, clear through every stage. Some will have consciousness, perhaps, up to when they are entering into the mother once more. But some, or rather all, all, remember all of that class, those classes, all of the yogis, saints, and devotees of God, who are really devotees in the Heart of God, will be conscious that they are existing in Heaven – will know that they are existing in Heaven – all will have the Consciousness of the Holy Ghost.

And in that Holy Ghost is what? The Great Love of God; that's what every devotee will have in a future life, if you attain it right now. You will have the Consciousness of the Holy Ghost. But in that Holy Ghost, that Holy Vibration is the Great Love of God. Isn't that wonderful? What are we worrying about the future life for? We should worry right now, that we attain that Union with God, His Holy Vibration. Let the future take care of itself. That's the trouble. We're looking beyond for something. Why not grab it right now, and attain it – right now? We must, we must, we must get that contact with God.

So remember, all the saints, and yogis, and devotees will realize they are existing in God – they're existing in Heaven – and they will all have the Consciousness of the Holy Vibration, the Holy Ghost, Jesus spoke of, and in that, is the Great Love of God. But all will, if they desire, attain rebirth immediately. Because, remember, that's the only way we can progress, unless, unless we have a great degree of Transcendental Consciousness by coming back once more, getting rid of the desires, and then going on.

So remember, all, all, yogis, saints, and devotees will have a varying degree of consciousness. But the greatest thing is that all will be conscious of the Holy Ghost, in which is the Love of God. You'll feel that in your meditation. Why are we worried about the future life? The thing we should be worried about is to attain that contact right now.

Now those who are left, ordinary human beings, who are left outside of these classes, naturally, will not be conscious of a future life. There are a few exceptions. In other words, moralists, worldly people, and then, those wicked people. They take those three classes. There are one or two exceptions. The moralists, moralists, once in a while, will be conscious of a future life. Why is that? A person who is a hundred percent moralist, does good in the world, but will not be conscious of the future life. Why? Because they did not contact God here; they did not know God. They may be one hundred percent moralist, but unless you know God, that's the thing, you will not be conscious of Him after you pass away from this realm. That's why the first and greatest commandment is to know God, isn't it? To attain Him; to be one with Him.

Now as far as worldly people go, one in a thousand, perhaps. One in a thousand will be conscious in their future life. You say, "Why?" Because they were taken up with worldly things, that's all. They do not know the transcendental things. They do not know the things of God. How can they know it when they get through here? They cannot. And as far as the wicked people, naturally, they are so engrossed in sensation, in passion and sensation, how can they know the finer things of God's consciousness in a future life? They cannot.

And so, remember, remember the Master's words, those who try to attain the Transcendental Consciousness by following yogic methods, through devotion and such things, they are the ones, they are the ones, who will be conscious – absolutely – after they are through here.

And one thing I forgot to mention is there are varying degrees of consciousness of these different yogis, saints, and devotees. But – this thing is very important – as you progress in your meditation, so you can progress in the future life. When you meditate you will notice – I have noticed it myself – a change. At first I could go so far; then I went further, and it begins to open up. The Vistas of Heavenly Consciousness begin to open up. Why? Because I am progressing. Now, that's the same Consciousness that each and every one of us will have in a future life. So, in the future life, we can progress. If we do not have that, we will not progress. So, remember your meditation is your greatest illustration. As you progress in that meditation, and each and every one of you who does meditate does progress, so you will in Heaven. So you will in the future life.

Now, going on just a bit, and then we'll be through. We come to the question, where? Where are you going to spend, where are you going to spend your future life? Where are you going to spend your vacation? Well, you're going to

spend it just where you desire to spend it. If you have any desires within you, you know where you're coming – right back here. That's the law. It is the desire that brings us back to this worldly consciousness. I can hear several saying, "I don't wanna come back." All right, what are you going to do? Get rid of desires – right now. Get rid of the desires, now. Otherwise, just as sure as you're setting here, sitting here, you will come back. That's the law.

And those of you who are interested, read the [Bhagavad] Gita. I cannot take the time now. In the 3<sup>rd</sup> Discourse, the 37<sup>th</sup> Verse, read there about desire – desire is the key. Desire leads to what? Attachment; attachment brings you back here to work out those desires. So, if you have any desires, make up your mind, you're going to spend your vacation back here. But, nevertheless, if, if you do pass away with unfulfilled desires, you'll have to come back, but, if you overcome desire now, right now, and just live to purify yourself and your Soul, and go back to God, you will not have to come back. If you read in the Gita, the 5<sup>th</sup> Discourse, the 10<sup>th</sup> and the 17<sup>th</sup> Line, there you will read where it says, he who overcomes this desire, this very subtle desire, does not return, "but cometh to me." Most beautiful; read these chapters in the Gita.

Then we come to the point, but, if you must come back, why not come back with some commendable desires? And once more we refer again to the Master's words when he said – his advice is right, his advice is right – "Those who by practicing devotional yogic methods, they are the ones..." No matter where your future life is to be spent. No matter whether it is to be spent with God and you do not have to return once more – even though you do have to return – even though you fall from yoga. What happens? Nothing, remember. This is the most beautiful passage in the Gita in the 6<sup>th</sup> Discourse, the 37<sup>th</sup> Line and the 40<sup>th</sup> Line. There it says, if he fails to attain the goal of yoga, which is Union with God wherein we do not have to come back – Arjuna is asking Krishna – what happens to that fellow, if he falls from yoga? Is he lost? Krishna says, "Nothing, nothing is ever lost." No matter if you fall, you are born in an environment conducive to Spiritual advancement. You will be born in a family of good people. It'll be easy for you to go on where you left off. Or you may be born in a family of yogis.

And so this, the Gita is most wonderful. Read it. Remember one thing, nothing is ever lost to those who what? Who become yogis. It says in the Gita, a yogi is greater than an ascetic, a man of devotion, the greatest philanthropist, the yogi is greater. Why? Because yogi means Union with God; the practice of yoga takes you to God. And even if you do not attain that goal of oneness with God and freedom from birth, and death, you are born; God takes care of you, that's all.

You are born in the right family, where you'll go right on. So there's nothing to worry about a future life. The thing to worry about is to be right now.

As the Gita says, "Oh Arjuna, be thou a yogi." If we do that, we become real yogis. As the Master said – and I'm gonna read it once more, then I'm through – "Those who try. . ." – these are the yogis – "Those who try by devotional yogic methods, to understand and perceive the phenomena of consciously," consciously, "living unattached to the body, they are the ones who will be conscious in a future life." And so, let us remember the Master's words. "Be thou a yogi."