

What Is the Comforter?

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Our subject this morning: "What is the Comforter?" "What is the Comforter?"

In a few words, I'll try and tell you something about the Comforter. Coming down this morning, someone said, "Haven't you spoken about that subject before?" I said, "No, not that I remember of recently." But you'll find in one of the magazines, I have forgotten the issue, I know of, perhaps, the book table they can tell you, the subject, "What is the Holy Ghost?," and that is it, takes in this matter of the Holy Ghost, which is the Comforter, and explains it in more detail. And so, if you are interested, read that magazine, and, of course, it will stimulate you to buy the back number, and, of course, that's what I am here for, is to help Self-Realization, and I'm sure that's helping it in a good way. But I do take it up in detail, which I cannot do this morning due to the lack of time.

"What is the Comforter?" The Comforter is nothing but the Holy Ghost; Divine Mother. And what is Divine Mother? It is God in us as the Word, the Holy Vibration, the Amen, the Amin, the Om of the Hindus. That's what the Comforter is. And it's just as near as the Holy Vibration is to you. "The nearest of the near, to those that want it; the farthest of the far to those who want it not."¹ And so, if you want outward consciousness and this Dream Consciousness, have it. If you want the Holy Ghost, have it. It is right there, for each and every one of us. The Great Comforter, which will guide us, and direct us to do right, and not be sidetracked, and disillusioned by this outward worldly mundane consciousness.

Now, we have one reference, which I always like to use in discussing this subject of the Comforter, or the Holy Ghost. It is in St. John, the 14th Chapter, the 26th Verse, which is most familiar to us all, because it is Jesus' words, after he left his disciples, saying that: "But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you."

¹ "During every little period of leisure, plunge your mind into the infinite thought of Him. Talk to Him intimately; He is the nearest of the near, the dearest of the dear. Love Him as a miser loves money, as an ardent man loves his sweetheart, as a drowning person loves breath. When you yearn for God with intensity, He will come to you." by Paramhansa Yogananda, The Master Said

Now, that simply means that everything has come from the Holy Vibration, the Holy Ghost. The Holy Ghost is God's Great Cosmic Consciousness plus Cosmic Energy vibrating as Light. And in that Spiritual Light, the Holy Ghost is God's Intelligence. That's why everything can be given to us. The right guidance will be ours, because God's Intelligence is in the Cosmic Vibration manifesting as Sound, as Light, and above all as the Great Love you feel in your feeling in every cell. That's the Holy Ghost; that's the Comforter; that's God in us, just as it says in this scripture passage, "he shall teach you all things." Why are we sidetracked and bothered with outward things so much? Because we do not realize the importance of contacting the Holy Ghost and being one with it: "He shall teach you all things and bring all things to your remembrance, whatsoever I have said unto you."

When Jesus spoke, he didn't speak as Jesus, the man. He spoke as God, speaking through him, as the Son of God, the Christ Consciousness. And that Christ Consciousness is in each and every one of us. Let us realize that, and not be sidetracked, thinking we are just human beings, with this little bodily vehicle. We are not that. We are children of God, children of the most High.²

Now, the Comforter is the Holy Vibration, spoken of in the Bible in many ways. The Word; "In the beginning was the Word, the Word was with God, the Word was God."³ And that is the Cosmic Sound which you hear. And, realize, it is not just a vibration. It is vibrant with God's Power, and Strength, and Love. It is the Intelligence of God in it that enables it to guide us and direct us; in fact, to give us the Wisdom of God Himself, if we but claim it. And so, this Comforter is spoken of as the Word, as the Name of God, the sound of the trumpet, the Amen, the Amin, the Om, the Hum, the great trumpet sound, the sound of many waters spoken of in the various scriptures. All refer to the same, one and only Holy Ghost, Holy Vibration, the Great Eternal Cosmic Light.

And so, let us realize that, if we can but contact any aspect of that vibration, any aspect of it – just like as if you touch the Atlantic Ocean off Massachusetts, you are contacting the whole Atlantic Ocean, are you not? You're just touching a little bit. But, if you merge your vibration, and become one with the whole Atlantic Ocean, then you have the power and strength of that whole ocean. So it is with God within us. We can contact the Cosmic Sound, just vibrating in our body, or the Cosmic Light at this point,⁴ or the Cosmic Love. We are contacting

² Psalm 82:6, "I have said, Ye are gods; and all of your are children of the most High."

³ St. John 1:1

⁴ Between the eyebrows on the forehead

the Holy Vibration, which is throughout all creation. And even we contact beyond all creation, because God the Father's Consciousness is the same in His Creation as the Great Light of Spirit, the Holy Ghost, as it is beyond Creation.

Now, when you go beyond, in your meditations, you feel God the Father – Peace and Bliss without any movement of vibration – that's God the Father. As Jesus said, "I and my Father are one."⁵ And so, realize, the same consciousness in the Holy Vibration within us, is God the Father. Only when it's in this creation, it is known as the Christ Consciousness, "the only begotten Son."⁶ And so, in these meetings, such as we feel now, if you concentrate deeply, get out above outward consciousness, you will feel, you will feel the Holy Ghost permeating you. You will feel the Reality, because you have superseded this duality of consciousness.

Now, we should not forget the meetings of this church, especially Wednesday evening. If you come Wednesday evening, by your united effort, you will supersede outward consciousness, and you will be one with the Holy Vibration, whether you are conscious of it or not. It is that which changes us. It is that which guides our lives. It is that which directs us to do the right thing to return home to God from whence we have come. Therefore, these meetings, Wednesday, here at the church, we have a meeting tonight at the Retreat in Encinitas, where we, with united effort, merge in that same Holy Ghost. That Power of God is there. His Great Light is there. And those who concentrate deeply will see His Light, permeating all space. That's the Holy Ghost. That's what we want. That's what will change us. That is what will guide us.

So realize, realize, it is something you can do. But you cannot sit home, reading the paper, or looking at television. You will not contact the Holy Ghost. Come to these meetings. You need it more than once on Sunday. Come Wednesday night. If possible, come to the Sunday night meetings in Encinitas, and come to all those meetings, because, by united effort, it is easier to contact the Holy Ghost within you.

And now, this contact, the Holy Ghost, the Comforter, is a great thing. The Comforter is not just a vibration. Realize that. I used to think, perhaps, it's just a Cosmic Sound of the Great Universe rolling, and all the Power of God. It is not only that. The Intelligence of God is in it. His Great Power is in it. His Great

⁵ St. John 10:30

⁶ St. John 3:16, "For God so loved the world, that he gave his only begotten Son, that whosoever, believeth in him should not perish, but have everlasting life."

Wisdom is in it. Greatest of all, His Great Love is in it. And that's why, that's why it says, "whenever you turn to the right and to the left,"⁷ it will guide you, because of God's Great Intelligence is in it, and your code of action will be right, if you contact the Holy Ghost. Realize, that this Cosmic Vibration is not a cool, not a cold thing; it is a warm, vibrant thing, because God's Intelligence is in it. That's what we must realize.

Now, it says just that in St. John, the 15th Chapter the 26th Verse: "But when the Comforter is come, whom I will send unto you from the Father..." Realize it is God's Consciousness in that Holy Vibration. That's what makes it what we want, and what we need, and what we must have. "But when the Comforter is come, whom I will send unto you from the Father, even the Spirit of truth, which proceedeth from the Father, he shall testify of me." In that Holy Vibration it means, in that Comforter, which God will send to each and every one of us, is the same consciousness with which Jesus spoke; the Christ Consciousness, his Father in Creation.

So, that's, I bring that up, to point out to you the necessity of realizing how important it is to know, and to be one with this Great Comforter. God Himself in us. As the Master used to say: "Seek God alone, do not be satisfied with this Cosmic Dream, because, if you are you have nothing in the end." It's made of duality of consciousness; the Reality is not this Cosmic Dream; the Reality is the Great Light of Spirit behind it; the One Great Holy Ghost, the Holy Vibration, the Om, the Amen, the Great Comforter. And in that Comforter is God's Great Intelligence and Wisdom.

If you feel that, if you have that in your being, you care not what people say about you, or what they don't say about you, or what they should say about you, do not say about you. You don't care about that, because you have God with you. And when you get through with this place, you're not gonna have anything of this place, this Drama of Live, this consciousness. You're gonna have just God alone. And that's why the Comforter is so important and we must know about it.

Now, the Comforter has two aspects. One is its specific aspect, Microcosmic Aspect, which is in each and every one of us. And the other is the Diffused Aspect, or the Macrocosmic Aspect. Don't get excited about the words, they

⁷ Isaiah 30:21, "And thine ears shall hear a word behind thee, saying, This is the way, walk ye in it, when ye turn to the right hand, and when ye turn to the left."

don't, they simply mean is the Holy Ghost in you, or the Holy Ghost all around you, surrounding you. They're one and the same thing, but they manifest a little differently.

Now the Holy Ghost in us, the specific Holy Ghost, has a certain form. It is the Mouth of God. Because the Great Spiritual Light of the Holy Ghost comes into us, has made us, sustains us, and it comes in through the Medulla Center; and it is known as the Mouth of God, because God's Energy comes in through that. It has a definite form. It has an outer ring of vibrating energy. It has a dark center, which is the Christ Consciousness, or God in His Great Creation. You see it is condensed, like a beam through a telescope, or through a magnifying glass. It comes in through the Medulla Center. You can see it. And when you see it, you have the Holy Ghost in your consciousness. It is dynamic to you.

And so, it has the outer ring of vibrating energy; big ring. It has the dark Center of Christ Consciousness. There is no color. Why? Because it's above color; it's Consciousness. It is God as the Christ Consciousness in Creation. And then right in the little center, or the center of the inside ring of no color, "local ring" the Master calls it; is the little White Star, which is the epitome, the Power and Strength of God the Father. That's the Holy Ghost in you. And don't you see, if you contact that you have all you need to guide you, to sustain you, and to give you His Love.

Realize that the Holy Ghost in you, specifically, is the Mouth of God, the Medulla Center, perceived and seen through intuition at this point,⁸ and also meditate and keep at it. When you have superseded this outward consciousness, that Mouth of God, the vision of it, the impulse of it, the image of it will be visible under all conditions; with eyes open, eyes closed, anywhere you go you will see that Light. That's the Holy Ghost. That's the Holy Vibration within us, specifically. It is that Light which led the children of Israel.⁹ And all the prophets have spoken of the Single Eye¹⁰, "the Star of Bethlehem," the Star of the East Gate. All refer to the same Holy Vibration, the Great Comforter in each and every one of us. Now that's the specific aspect of this Comforter, the Holy Ghost.

⁸ At the back of the head the bottom of the skull.

⁹ Exodus 13:21, "And the LORD went before them by day in a pillar of a cloud, to lead them the way; and by night in a pillar of fire, to give them light; to go by day and night:"

¹⁰ Luke 11:34, "The light of the body is the eye: therefore when thine eye is single, thy whole body also is full of light; but when thine eye is evil, thy body also is full of darkness."

Now, we have the Diffused Aspect. The Diffused Aspect of the Holy Ghost, or the Macrocosmic Aspect of Divine Mother as the overall Great Cosmic Light. It is the same Light which is condensed and comes in through your Medulla Center, and which you can see in meditation, if you follow the right meditation, especially SRF meditations, because they give you the technique whereby you can see and contact that specific Divine Mother in you as the Single Eye at this point.

Now comes the second state which is as I have said, the Diffused Holy Ghost which is all about. The Great Cosmic Light of which this, of which we see here is a condensed part. Now if you merge in this Holy Ghost at this time, at this place, in Divine Mother, and become one with it, then you will see the Great Cosmic Light, the Great Diffused Holy Ghost. And that is Divine Mother.

And in meditations, especially in group meditations, and I tell you these things to encourage you. There, by our united effort you can see the Great Light of Divine Mother spread all around. That's the Holy Ghost. That's Divine Mother. That's the Cosmic Aspect of the One Comforter. Think how you feel when you realize you are not this little body with its limitations, but you are that Great Light of Spirit diffused all over and from which all this creation has come. Don't you think you feel the Power of God in you? Certainly you do. We need that Holy Ghost. We must have that Comforter. That's the reality, that's Divine Mother.

And the wonderful part is, if you follow the techniques of Self-Realization, which the Master has left, the simple techniques, with honesty and sincerity, and above all you want God, you will see, without question of a doubt, gradually, day-by-day, your consciousness expand into that Light of God, the Light of Spirit, Divine Mother, the Holy Ghost, all about you surrounding you, sustaining you. I think we all realize we must know that Comforter. Knowing that Comforter, we will have sufficient guidance and wisdom for every condition, because that Light is the source of this Cosmic Dream, it is the Power behind the Throne; it is the Reality of existence. We must know that Comforter. We must really be one with it.

And so, realize this, that what we must do, seeing the Comforter in, us at this point, as the Mouth of God, the Spiritual Eye, seeing it there, then we must go further. That isn't enough. We will not have the full oneness with God until we merge in that Great Light beyond; Divine Mother, the Comforter. So, by the techniques of Self-Realization we not only see Divine Mother coming in to us and

made us, but as She has made us through that Mouth of God, we return to Her through the Mouth of God by being one with the outer ring of vibrating energy, and the dark center in the middle, the Christ Consciousness, and then by the Grace of God and His Grace, we go through the little star into the epitome of Cosmic Consciousness, God the Father beyond all this Light, beyond this Creation, beyond all things. That's what we can do if we follow the techniques which the Master has left us, we can not only know Divine Mother in us specifically, as the Light, it gives you Great Courage, but see Her beyond that Light and realize you are not this limited body. That gives you the Greatest Confidence, the Greatest Strength to fear no one, because God is with you, and the Comforter is with you "On whom you see the Spirit descending and remaining (sic)¹¹." That, that's what I mean by specifically merging in Divine Mother beyond this bodily vehicle. "On whom you see the Spirit descending and remaining," it is He who baptizes with the Holy Ghost. Why? Because He has the Holy Ghost; he does not now reflect that Holy Ghost, that Great Light, but he receives it. Receiving it, he is one with the Comforter; he has sufficient strength and guidance for all his needs.

Each and every one of us, being a child of God, can do that. And so we should realize that the ultimate is not to be satisfied by seeing Divine Mother at this point. It's wonderful, it makes you feel wonderful, but when you go beyond it, and see Her throughout all creation, it cannot be expressed. "Lighting flash¹²" flows through me. That means, "seeing Thee, I am thrilled through and through." Lightning flash throws, flows through me, seeing Thee I am thrilled through and through.

The Face of Divine Mother's the Great Diffused Light of the Comforter. And after all by meditation, long meditation, deep meditation; then, you will see in Her Face, which is the Cosmic Light, you will see Her respond with Lightning Flashes. That's the reality, these things can be seen. When you see that, then you know that Divine Mother is responding to you in a conscious way. That's the greatest thing, and that you can, and each and every one of us can attain, if you meditate and follow the channel God has sent to you. Not the inside track by outward things. As the Master said to me, "Most people, most people want the glamour of the organization. Very few want God. Don't be sidetracked. Get

¹¹ St. John 1:33, "And I knew him not: but he that sent me to baptize with water, the same said unto me, Upon whom thou shalt see the Spirit descending, and remaining on him, the same is he which baptizeth with the Holy Ghost."

¹² Chant written by Paramhansa Yogananda, "What Lightening Flash"

God, get God. The organization in him, in his sight, is his tool, that's all. Get God, get the Comforter, get the Holy Vibration."

And so, in closing, we have Bible corroboration of this wonderful Comforter, of which I have tried in a few minutes to give you both aspects. We have in Isaiah, 30th Chapter, 19th, 20th, 21st Verses as follows: "For the people shall dwell in Zion ~~and in~~ [at] Jerusalem:" That means as you get above this worldly consciousness you dwell in the Christ Consciousness at this point, in the Thousand-rayed Lotus. That's what Zion means, that's what Je, Jerusalem means, to dwell in this point. And so, it says: "For the people shall dwell in Zion at Jerusalem: thou shalt weep no more:" If you have God where, where are the, where can there be any tears or any discomfort? You know, feel Him at that point, your sorrow will disappear.

Then it goes on to say: "...he will be very gracious unto thee..." If you just get that contact with the Holy Ghost; if you just know that, "...he will be very gracious unto thee at the voice of thy cry;" When you are one with God in the Holy vibration, and then you ask Him for something, don't you think He's gonna respond? Certainly! That's what it means, and "...he shall be very gracious unto thee at the voice of thy cry, when he shall hear it, he will answer thee."

What kind of a God is it, if when in trouble you merge in His Presence as the Holy Ghost, He will not answer you? Surely believe God will answer you according to His Will. And who wants anything done unless it's God's Will? You want anything in this universe, if it isn't for your highest interest? I do not, you do not. Therefore, we must know this Comforter. Knowing the Comforter, we will receive His Guidance and His Benediction. That's what we want, everyone must have that.

Then it goes on in the 20th Verse: "And though the Lord give you the bread of adversity..." He will give it to you good, and hard, as long as you're in this outward consciousness, but don't be fooled. Just say, "All right, go ahead, Lord, if you wanna give it to me go ahead, but I'm not leaving you." That's what wins. So, it says: "And though the Lord give you the bread of adversity, and the water of affliction, yet shall not thy teachers be removed into a corner any more, but thine eyes shall see thy teachers:" And "thy teachers" are in the Holy Ghost, the Holy Vibration. "And though you have bread of adversity," look at this point. Go beyond, merge in the Great Light of God, there you have all the teachers you need. There adversity cannot touch you, because there is no adversity, no sorrow, no karma in God's Great Comforter, His Holy Ghost.

And finally, “And thine eyes (sic) shall hear a word behind thee, saying, This is the way, walk ye in it, when ye turn to the right hand, and when ye turn to the left.¹³” And so, when you contact the Holy Ghost, Divine Mother, that Great Intelligence of God who knows all our needs before we even know them, when you contact Her how will you know it? “Thine ears shall hear a word behind thee saying.¹⁴” It is the Word, the Vibration, the Holy Vibration which you will hear vibrating and permeating your being and sometimes you’ll see the Light at this point all around you. Greatest of all, you will feel the Comforter’s Love in you.

Now, that’s the testimony that you have the Comforter, that you have the Guidance of God, and greatest of all, that you have His Protection. If you contact His Holy Vibration, do the techniques which God has sent to us through the channel of Self-Realization, what happens? What happens? The vibration of Divine Mother is so high; the vibration of the Holy Ghost is so high; the vibration of the Comforter is so high, that the cells of your body begin to vibrate. It changes the vibration of the cells of your body, until you don’t vibrate with this outward consciousness, this limited consciousness, you vibrate, and supersede it, and vibrate with the All-pervading Great Light of Divine Mother, the Holy Ghost, the Great Comforter. Having that, having that, you have oneness with God. You have all you need; no power in the universe can destroy you, because you and your Father are one.

Closing Meditation and Prayer

Let us just meditate just a moment together.

Heavenly Father, we thank Thee for this communion in Thy Holy Consciousness. We feel Thy Presence. We feel a great upliftment. We know it is from Thee, from Thee alone. Help us, O Father, to carry this upliftment, to carry this great Spiritual Power and Strength, and above all Thy Love with us in every action, so that nothing disturb us, knowing Thou art with us. Bless each one of us. Keep us ever humble, because only in humbleness, can we realize the Great Comforter. Om, Peace, Amen.

Closing Hymn and Prayer

¹³ Isaiah 30:21, “And thine ears shall hear a word behind thee saying, This is the way walk ye in it, when ye turn to the right hand, and when ye turn to the left.”

¹⁴ Ibid.

Now let us rise and sing together the closing song.

Pray together.

Heavenly Father, Mother, Friend, Beloved God. May Thy Love shine forever on the sanctuary of my devotion, and may I be able to awaken Thy Love in all hearts. Make my soul Thy temple, make my heart Thy altar. Divine Mother, make my love Thy home. Be Thou the only King reigning on the throne of all my desires. I bow to Thee, O Father, I bow to Jesus, Babaji, Lahiri Mahasaya, Sri Yukteswarji, and with my love and devotion, on the altar of my heart, for all his sacrifices for me, for so many, I bow to the beloved Master. Om, Peace, Bliss, Amen. God bless you.