

How to Talk With God

Dr. M.W. Lewis

San Diego, 1-8-56

Thank you.

There are one or two things I'd like to say just before we have our talk, and that is first there is a little lady who is ill; Mrs. Arnold, one of our members. I'm sure many of you know her. And I went to see her at the hospital a day or so ago, and she was quite lonely, and she said, "Will you please ask the congregation to pray for me?" And I said, "I certainly would." And I was thinking perhaps, the Ladies Auxiliary could arrange that someone go to see her, if it is possible, every day or two. She's quite helpless. I hope that God will bring her back to us in health. But, at least, let us do our part. And, if you can arrange that, I'm sure she will appreciate it. It shows where her faith is. And so let us do our part.

Another thing is the fact that we're building, or we are converting, Dr. Kennell's garage into a place for the Sunday school, due to his generosity. And we have the figure that I gave to the Headquarters, has been exceeded quite a little bit. And we need the help of the congregation to make that up. Now, you have this nice church here, which didn't cost you a thing. And let us see if we can't form a committee to take care of this matter.

Dr. Kennell and the Ladies Auxiliary have given freely. They've made the Minister's room, and many other things, and it isn't fair that they do it all. And I just was talking to Doctor [Kennell] last week, and he said that he was going to leave his car out all the time rather than go into that place. But that isn't necessary. I told him that we didn't want that. That it was, the arrangement was that he was to keep his car there, and then on Sundays, we could use it. So, if any of you see him, just tell him that's what he should do – not leave his car. It's not necessary. He's very good-hearted. But that was not the arrangement.

And so, this committee I have suggested – Mr. Gross, Mr. Bob Eckhart, and representing the Ladies Auxiliary, ladies of the church, Mrs. Kennell. And so, I wish you would get together. If you cannot do it all at once, perhaps you can pledge, so that Mount Washington will not have the burden of the whole thing. Because you all know that certain sums have been given to the work, but we cannot spend those sums. We spend the income from those sums, and the

income is not as much as you think; even from the sum of a million dollars; to run this huge organization, which is not only here in America but throughout the world, and in India. So bear that in mind, and if you can take care of the matter, at least help some, I know that the Board will appreciate it.

One other thing; I see that Dr. Evans-Wentz is with us this morning – the great friend of the Master who wrote in the Master's Autobiography [of a Yogi], and a great helper of India, the relations between India and America – and is, as he is a friend of the Master, he's our friend. Doctor, won't you stand up, please?

Audio tape: (Applause)

You can say a word if you'd like.

Dr. Evans-Wentz speaking:

I was just sitting here this morning. I haven't been here until, I think a few Sundays' ago, but ordinarily I haven't been here very much. But I was thinking of our pilgrimage of life, and how it was, just like an army marching to some great goal, and then death comes along, and takes each one of us away – unexpectedly very often. And so, I think of how your teacher has gone. But he's still with us. And I think that we don't take life seriously enough. I've often been criticized for taking life too seriously. But I don't think you can. And I'm glad to see that this work is going on. It's a remarkable thing, when we think of how your teacher came here from India, singlehandedly, without any assistance, and did this great work, which now is spread all over the world. I knew him in India, and I've always recognized the great work he's done, and I'm very glad that you're carrying it on. And I hope you every success.

Doctor Lewis speaks:

Thank you kindly, Dr. Evans-Wentz. And I know how the Master felt toward you, and, of course, I know how you feel toward him. We're very happy to have you with us.

Now the subject this morning is, "How to Talk With God."

When I saw that subject I began to wonder whether I would take a vacation that Sunday, and go to the desert, and recuperate a little bit. Then I got thinking it over that perhaps, well perhaps, we could handle that a little bit, if we looked at

it in the right way. And so, that, I won't keep you long, let us look at it in, in at least the way I think is the right way to look at and discuss the subject, talking, how to talk with God.

First, what is God? Well, "God is a Spirit."¹ We read that in the scriptures, and, therefore, must be worshiped in Spirit. Now, if you're gonna talk to God, you've got to know Him as Spirit, have you not? And then perhaps, you can talk to Him, and He will answer you. And so, "God is a Spirit," and must be worshiped in Spirit. And therefore, we must first have an idea of the Nature of God in us. Now God is in us. We are one of the One Eternal Supreme Consciousness. We are part of that. God is in us as what? Now that's the point. If we can know that, then perhaps we can talk to God, and know when He answers us, and hear Him.

And so, the Nature of God in us is the Word, the Holy Vibration. "In the beginning was the Word, the Word was with God, the Word was God."² Now, if we can know that Word, then we can be in the Presence of God; we can be as His Nature. We have to do that. Otherwise, we can not ever hope to talk to God. But, if we can be as His Nature is in us – the Holy Vibration, the Word – and merge in it, then perhaps we can do business with God, and talk to Him, and hear His answer.

It says in the scriptures, "Ask and ye shall receive."³ "Ask and ye shall receive." But, you have to get into the Presence of God first before you can ask and know that He answers you. And so, the important thing to remember in this discussion is that God is in us in a certain way, and that way is the Holy Vibration, the Word, and in that Word is God's Great Intelligence and Love. Now that Holy Vibration is in us, we'll take that for granted, but how shall we know it?

The Holy Vibration has certain characteristics of every vibration. And the first perhaps, and the most comprehensible one, is light. Every vibration has light. Also it has sound, the Cosmic Sound is the Sound of the Holy Vibration in us. But in that Holy Vibration, with the characteristics of Light and Sound, is the greatest thing, and that is the Omniscience of God, His Great Presence, His Great Love. So, if you become that, then you can talk to God, but if you do not become that, you cannot talk to God, because "God is a Spirit", has to be worshiped in

¹ St. John 4:24 "God is a Spirit: and they that worship him must worship him in spirit and in truth."

² St. John 1:1

³ Matthew 21:22 "And all things, whatsoever ye shall ask in prayer, believing, ye shall receive."

Spirit. You have to be as His Nature is in us, then perhaps, you can talk to God. And so, remember, when Jesus left he said, "When I'm gone, you will have the Comforter who will tell you all things and direct you in the right way."⁴ When the Master went he said, "When I'm gone..." someone asked him, "What are we gonna do?" He says, "Love alone will take my place." And Love, in the Holy Vibration within us, is God's Great Love. So, there, if you can be that, if you can lift your consciousness, elevate it to a ray of vibration where it becomes that Holy Ghost, then you can talk to God, and He can answer you in the way that God talks.

Now, God does not talk always, or very seldom, as you hear me talking. But He talks through the Intuition of the Holy Vibration, the Intuition in the Word. As the Master wrote about the resurrection of Sri Yukteswarji in the Autobiography [of a Yogi], he said he didn't talk, but he told me in a much better way than words could express, the various things about the Astral spheres and other things. And so, God talks to us when we merge in His Presence, through the Power of His Great Consciousness, the Intuition of our Soul. The Intuition in Christ Consciousness is what will direct and guide us. And if we can merge, and know, and be one with that Holy Vibration, then we can talk to God in His own language, so to speak, and He will answer us. As it says in the scriptures, He will answer you in Spirit, in secret. And so, He will answer us through the Christ Consciousness within us. And remember, that Presence of God in each and every one of us, in the Holy Vibration within us, is Christ Consciousness, the Lord, spoken of in the Bible, and that's God Himself. Jesus said, "I and my Father are one."⁵ And so, God is in each and every one as the Christ Consciousness, God's Presence Himself.

And so, if we're gonna talk to God, we have to lift our consciousness, lift the vibration from worldly consciousness of the body, and outward things, into the Spirit within as the Holy Vibration. If we can do that, if we can elevate our consciousness; supersede it by the higher Spiritual Consciousness, and merge in it; then we know God hears us, and He will answer us. We will know, through His own language, the language of the Intuition of Christ Consciousness.

We have this illustrated about the Presence of God in us, as the Word, in the scripture when we read about the children of Israel were led "by a cloud by day

⁴ St. John 14:26 "But the Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, whatsoever I have said unto you."

⁵ St. John 10:30

and a pillar of fire by night.”⁶ Those are aspects of the Presence of God in people, in us, in the children of Israel. The Holy Vibration, with its Vibration of Light, a cloud by day, at night, a pillar of fire. But in that vibration, or the Cosmic Sound, the Sound of the thunder, as it says, "the voice of thunder," the Amen, that's the Cosmic Sound of the Holy Ghost throughout all creation, an in, and in us. Now, if we can merge in that, hear the Cosmic Sound, see the Light at this point [the Spiritual Eye], then we can talk to God knowing He hears us. We talk through the language of the heart; through the Intuition.

You don't have to use words. "God is a Spirit". You have to talk to Him through His own medium of what He is, and He'll answer you in the same way. Once in awhile, once in awhile He, the Voice will come out, so that others can hear it. Not very often. It is usually through the Presence of Christ Consciousness in you, or in one like our own Master. In our Whispers [From Eternity] we have a Whisper which says "O my Guru, thou, the voice of silent God." So God talks to us, and we talk to Him, through the Voice of the Guru, as the Intuition of Christ Consciousness in him. That's one way. There are several ways, which I will come to in a moment.

Now, in the Bible we have various references to the fact that "the Lord said," and "the Lord spoke." And let us just take one or two that it may help us understand how to talk to God; or how to get into His Presence, so to speak; then to talk to Him and receive His answer. I'll give you a few, and this is the key. If you'll listen carefully, you'll find the key of how to talk to God, if you want to talk to God. I'm sure you all do. If you wanna hear Him answer, listen, remember what the scripture says.

A little quip comes to me at this time. In Church, the children were whispering, and the Mother says, "If you gotta whisper, whisper to God." That is quite cute. And so, you wanna talk to God, get into His Presence, and then you will hear His answer, knowing that He hears you.

Now our first reference is Exodus, Exodus, the 19th Chapter, the 9th Verse, where we read: "And the Lord said unto Moses, Lo, I come unto thee in a thick cloud." There is the key. The Lord came to Moses and talked to him through the Holy Vibration, the Light of the Holy Vibration, as the cloud. So there is one form of God speaking through the Intuition, and the Holy Vibration, which is in the Light of that Holy Vibration, the Light of Christ. The Light of Christ, the Light of

⁶ Exodus 13:21

the Lord. The angel of the Lord means "in the Light of Christ Consciousness is God's Intelligence and Power and He speaks through the Intuition in that Light." And so, "the Lord said unto Moses, Lo, I come to thee in a thick cloud." And so, remember, there we have one way in which the Lord speaks through the Intuition in the Light of Christ, which is real, not in imagination. That's the Light that led the children of Israel. That's the Light which will lead every true child of God who has lifted his consciousness from outward things into the Spiritual vibration within.

Now, we have another interesting reference. Psalms, the 99th Psalm, 7th [Verse]: "He spake unto them in the cloudy pillar." Once more we have reference to the Light of the Holy Ghost, which you can see at this point [between the eyebrows] when you elevate your consciousness to vibrate with it; to be in the same vibration, and are one with it. Then you are one with the Presence of God within, and you can talk to Him, and He will answer you through that Light – through the Intelligence, through the Intuition of the Light of Christ within you.

One more reference I have here, in Exodus, the 19th Chapter, the 19th Verse, where we read: "When the voice of the trumpet sounded long, and waxed louder and louder, Moses spake and God answered him by a voice." Now that is very interesting. "The voice of the trumpet" is the Cosmic Sound, the Sound of the Holy Vibration within you, spoken of as "the voice of the trumpet," "the voice of many waters," many ways it's spoken of. Well, here it is spoken of as "the voice of the trumpet sounded long, and waxed louder and louder." That's the key. What happened? Moses merged, more and more, in that Sound until he became one with it. Then the...God spoke to him.

So with us. You wanna talk to God? Hear the Cosmic Sound. Merge in it, as it says, until it becomes louder and louder. Until you merge in it, become one with it, then ask God what you want, and talk to Him in any way, talk through the language of the heart. And as He answered Moses, He will answer you, because each one of us is a child of God – a potential Christ.

I have another reference, along the same line. Revelation, 1st Chapter, the 12th Verse: "And I turned to see the voice that spake with me..." I spoke to you about the seven candlesticks a moment ago. "And I turned to see the voice that spake with me, and being turned, I saw seven golden candlesticks." You cannot see a voice, can you? But what did the prophet see? He saw the Light of the Presence of God in us as the Holy Ghost concentrated as the seven golden

candlesticks. Then, being one with that, he knew, he was in the Presence of God, and in that condition, he could talk to God, and God would answer.

I have another reference. Deuteronomy, the 4th Chapter, the 12th Verse – very interesting: "And the Lord spake unto you out of the midst of the fire: ye ~~have~~ heard the voice of ~~his~~ [the] words, but saw no similitude; only ye heard a voice." He heard the Holy Vibration coming out of the fire of the Holy Ghost, in you at this point [the Spiritual Eye], in which you can merge. That's how God talks to us. And, if you wanna talk to Him, you have to get into that state that He is in; in us, as the Holy Vibration. You have to be His Nature in us as the Holy Vibration.

Going on; Acts. There are plenty of them in the Bible. Just one or two more, then I'm through. Acts, the 8th Chapter, 26th Verse: "And the angel of the Lord spake until Philip, saying, Arise..." and so forth. The angel of the Lord; that's the key, is what? The Light of Christ Consciousness – Lord is Christ Consciousness. I remember the Master told me many times, whenever you see "Lord" written in the scriptures, that's Christ Consciousness. So the angel, I have told you, is the Light, the Light of the golden candlesticks, the Star. And so, the angel of the Lord is the Light of Christ Consciousness; the Intuition in the Christ Consciousness; God's Great Intelligence and Power in Christ Consciousness. That is what we must be one with. Then we can talk to God and know that He answers us.

And, finally, one more; in St. John, 3rd Chapter, 34th, 34th Verse – now, this is a case where God speaks to us through the Christ Consciousness of the Master, or Jesus, or anyone. God may take a child and talk to you. God may take a child, and if you're in His Spirit, in the Spirit of the Holy Ghost within, you will feel Him speaking to you through the words of that child; and especially, of course, through our Master, and Guru.

And this is what we read in St. John: "For he whom God hath sent speaketh the words of God..." And those of you who are loyal to Self-Realization, and practice the techniques, and contact the Holy Ghost within, then you can speak to God through, be one with that Holy Ghost, the Intuition in Christ Consciousness.

The Master has gone, as Dr. Wentz has said, from this earth. But he is with us, as the Light of Christ within. Just as Jesus said, "I say unto you, these things shall happen." Jesus was speaking. God was talking, so to speak, through the Christ Consciousness of Jesus. He didn't mean "I, the body of Jesus, say unto you." No.

The Christ Consciousness in me, which is God the Father, says unto you, follow the Comforter, and in that, you will find everything that you need to know to guide you home to Cosmic Consciousness.

And so, there you have a few references about how, how to talk to God, and how God answers. And they're all the same. They all require that you lift your vibration of consciousness from the lower gross consciousness of the body and outward things, to the Consciousness of God within you as the Holy Ghost. You can do that, and then God answers. Sometimes, as I have said, the Voice will come out into worldly consciousness. I say, because I remember I had one experience. When I was a little boy, and into trouble, as usual, doing things I shouldn't. And my mother was a very religious woman, and I asked her later, and she said, "Yes, I prayed to God when I couldn't handle you."

I was down the end of the hall, carrying on, and making it miserable for my sisters, and the Voice came out and said – calling me by name – "Be a good boy, stop teasing your sisters and go downstairs." I stopped teasing the sisters. But you say, "Well, perhaps that was only the intuition speaking to you." Others heard it. The maid heard it down in the kitchen, and my mother heard it.

And so, God, surely, can take the human voice right out of the Ether. The pranic energy can do anything. In your own dream don't you hear people talk to you? Certainly! You can taste, and smell, and all sorts of things in your dream. And just before you wake up in the morning, if you are just calm, sometimes the Voice will speak to you. That's the Voice in your own Intuition speaking.

And so, that was a, a wonderful experience, and I tell you, because it's not just my words, the Master said, that was wonderful. And 35 years later, when he came to visit my father in the house where I used to live, and I took him down the hall; when he walked over that place, he said a Great Light flashed in his Spiritual Eye. So it was a Spiritual experience. They all leave their, their mark. And so God may talk to you, but you'll never forget it, if he does. The Voice comes out, as I never will forget that.

So God speaks sometimes, as I have said, from the Voice, even in the physical, but usually, usually, through the Intuition within you, or within the Guru, or even in anyone. If you're vibrating on the level of the Holy Ghost within you, and keep in that; even God will speak to you through the Intuition of a child; and the words will come from that child's mouth, and you will know God is answering you. That's how God answers you. But, if you are to talk with God,

remember, you must get into His Presence as the Holy Vibration within you. And then, whatever is in your heart, you don't have to say, have a thought even, the feeling of the heart God knows, because He is the Holy Vibration in you, as the Christ Consciousness.

And the third way God answers is, as I have said, through the Guru, through the Christ Consciousness of the Guru: "O thou, my Guru, the Voice of silent God."

There you have the three ways, which usually, God responds. The thing to remember is you want to talk to God – get into His Presence. That's the first thing. How can you talk to Him? God is a Spirit! He is the Holy Vibration within you. How can you talk to Him with outward consciousness? You may pray, you may pray with words, but if your consciousness is elevated when you pray, you're in God's Presence as the Holy Ghost within you. Then you can talk to Him.

And so, in conclusion, in talking to God, remember, that Self-Realization, Self-Realization gives you the technique, the meditations and technique, where you can lift your consciousness, elevate it, so that you are one with the Holy Ghost within you – which is the Presence of God. There's different techniques, this Hong Sau technique, the highest technique of concentration, is necessary first, before you can concentrate on God within you as the Holy Vibration. The Om technique, which is the next one, the highest technique of meditation, gives you the ways and the means whereby you contact the Holy Ghost within you. Not in imagination, in reality. Do those techniques, contact the Holy Ghost. Then you can talk to God, and He will answer you, as is best for you.

And so, remember, the first, main requisite is, follow God. The advice He has given you through the channel He has sent you, the channel of the Master. And what does He say: follow Self-Realization, be loyal, a hundred-percent loyal. Do the technique. Do the Kriya technique, and "I will reach down from heaven and lift you, that you, too, know the Father's Love, as I know it." Isn't that God answering you? Every liberated Soul is the Great Christ and the Master are one with the Holy Ghost, and one with the Christ Consciousness in that Holy Ghost.

Now, if you follow the channel God has sent, and merge in that Holy Ghost through the techniques of the channel, then you can talk to God, and God will answer you, as is best for you. Talk to God. Jesus said, "When I am gone, the Comforter will be with you." Master said the same thing, "Only love alone will take my place." What is the Comforter? The Holy Vibration within you, Divine

Mother, the Word, the Holy Ghost. Contact that through the techniques of Self-Realization, and then you can talk to God, and God will answer you.

Closing Meditation

Sit quiet just for a moment. As we have given effort in concentration to elevate our consciousness, you have calmness with you, the Presence of God.