

The Way to Immortality

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And so our subject this morning is: "The Way to Immortality," "The Way to Immortality."

We are Immortal; there is no question about it. Consciousness is Immortal. Consciousness is Immortal. There's only One Consciousness and that's God's, and as you are conscious, He is in you. That's the Immortal, the Immortality which we must once more rediscover. We simply have to know that we are Immortal. We have to prove it by causing within us a consciousness which is dynamic under every condition, which does not pass away, in which there is no break in the continuity. In waking consciousness we are fully aware. You can be aware in your subconsciousness of sleep. That's what the Lord is doing as He dreams this universe. He's aware He is dreaming.

And then you also can be aware through that subconscious state into the superconscious state which is God's Presence within us. You can be just as aware, as you are now, looking at me and I looking at you. You can be more aware, because then these restrictions of waking consciousness, subconsciousness are gone and you are fully awake as God is.

Remember, consciousness is Immortal. And "The Way to Immortality" is to be able to hold this awareness, which you feel right now through every condition, even into being one with God Himself which you and I are. The duality gives us the delusion. When we rise above that duality of waking consciousness in this world, subconsciousness in dreams, and awake from those dreams, in that consciousness, in that One Consciousness, there is only one - that's God Himself.

So, our only safety, and safety for those whom we love, and friends, and all other of God's children, is to awake in that One Consciousness. That's Immortality. And you can do it, by following the path which our Master has left, because he was awake in God. He had broken the Cosmic Dream. He knew the One Eternal Consciousness. If we follow him, as he attained so can we attain. But remember, behind it all, this seemingly duality, is one Immortal Awareness, God Himself, and He is in each one of us. He's in the flower. That's the One Consciousness. And that's what we all melt into that. How can anybody be lost? How can any of your relatives be lost? How can any of the greatest sinners be lost? They

cannot be lost. Eventually, they awake in the Infinite Awareness of God. That's the lesson.

"The Way to Immortality" is to follow the path that has been left for you, and for me, by one who had that Realization of Immortality. He had made his consciousness dynamic to the One Eternal Immortal Consciousness of God. We have to do it, that's all. We have to realize that we are that. Realizing it, we have to merge in it. Then there'll be no separation between the seemingly distant Father and ourselves; we are one.

There's only One Consciousness. Although sitting here it seems that you're there and I'm here. In your dream can't you be there and I be here? When you wake up in the morning from the dream, where is it? You realize it was your own consciousness that was dreaming. That's the way we wake up to the Immortality of our true being. The Soul is none other than God Himself expressing in this vehicle which we all have.

So, let us realize, truth is simple. But if you try to reason it by your mind's qualities, you'll be in a terrible dilemma. You cannot reason it. You can feel it through the heart, and you can feel it through the Soul. So "The Way to Immortality" is to get away from reasoning too much. Of course, we have to reason in this world of existence, otherwise, we're left behind. But, this is not our home, our Master said. This is not your home. Your home is with God and Christ and the Masters. They're in the Immortal Consciousness of God, and Consciousness is Immortal. Therefore, they are right with us, but we cannot see them, we cannot be aware of them. Why? Because we're attached to this duality of consciousness; this outward consciousness; this worldly consciousness; we're wrapped up in it, instead of being wrapped up in God first and then view this outward consciousness as a dream. That's what we have to learn to do.

And so, we must prove our Immortality. We must make our consciousness dynamic without a break in its continuity. Do you understand? At sleep you, there's a break in your continuity. When you dream, your consciousness takes on another aspect. You're aware there, but there's no continuity in the awareness; when you wake up, and you come into that consciousness, which is Immortal.

Now, you have to wake up from this Consciousness of God which has produced this dream, just like you produce your own dream with all the trees and people. Somebody says, "I hate people." I don't, some...what is that about Peanuts?

Well, anyway, it's all right. You know what I mean. Now going on, before we get wrapped up in this Peanuts business; somebody gave someone in the family a lot of these dolls, you know – Peanut Dolls – and, what are their names? There's a... who... Linus, with his blanket. And then there's that grouchy girl. What's her name? Lucy. Then there's the dog. And it's so wonderful to realize that as that thing is a dream, so this whole creation of God is a Dream. But you have to wake up in it. If you got attached too much to those characters, you know, you'd be a mess. You'd be in trouble all the time. So we wake up from this dream and we're not in a mess. We're in, where we belong; one with God.

And so, just having diversified a little bit, let us get back to this Realization of Immortality. How can we do it? Why can we do it? Well, we read in one of the Psalms, 82nd Psalm the 6th Verse: "I have said, ye are gods; [and] all of you are children of the most High." Every one of us is none other than God Himself. Until you realize it, you can't say that. But you can say, "God is in me." The very fact you are conscious, breathing, feeling, and all those things, entitles you to say that. And you can say, "I am Immortal." But you shouldn't say it until you proved it by following the techniques whereby you can live, for instance, in the breathless state. If you follow one of the techniques of Self-Realization Fellowship, you will find that you are living without being subject to this breath. Therefore, you are, have proved that you have overcome one of the conditions that keeps you tied to matter. You think, "If I don't breathe, I'll die." All right; meditate a little bit; follow the techniques of the Master; and you will have the breathless state; and you'll know that's all untrue, as far as Immortality goes.

Master used to express it this way. Think of three bottles all within themselves. In the innermost bottle is saltwater; then comes the second bottle; then the third bottle. The outside covering corres, constitutes or corresponds to this worldly vehicle. It's thrown in the ocean. You break the outer body; you have two bottles left. You break the outer bottle, you have two bottles left - the Spiritual Body, or the Astral as it's called. And you break that, and the innermost bottle with the saltwater is in it. Saltwater represents the Soul. You break that Causal Body, what happens to the water in the innermost vehicle, or in the innermost bottle? It mixes with the Great Ocean of God. Therefore, instead of being attached to these outward vehicles, corresponding to those three bottles of which I have spoken, you become attached, or you become anchored in the ocean. The wave of the ocean changes. The wave changes, but the ocean does not. And so, as the waves resolve into the ocean, although the wave action of materiality is lost, the essence of what you are, of what I am, merges in the One Ocean of Spirit.

Remember our Master said the wave must return to the ocean. The wave must return to the ocean. Doesn't every wave in this ocean we see return to the Bosom of the Ocean? So, every one of us must return to God. Why not start now? That's the secret of Immortality, is to realize that you are not the wave on God's Bosom of Consciousness; you are the Ocean Itself; but you have become attached to the wave. And as the wave goes along, you become attached to the rising and falling of the wave. But when you break that attachment, and realize yourself as the Ocean. Can the Ocean die? Can God's Ocean of Consciousness pass away? No. It's the wave consciousness that passes away. The separation from the Bosom of the Ocean as a wave, that passes away when we break the attachment; that's what we have to learn about Immortality.

And so, this identification with this body as the outer vehicle, and then when you get mixed up in spiritualism, and such things, and you really want Astral visions and all that; you're attached to that. You have to break that bottle, too. And when you're attached to the Causal Universe, which produces all this phenomena, you have to break that, too. When you do that, then you realize what you truly are – a Divine Being, a part of the Infinite Presence of God's Immortality.

We must remember the illustration – the wave must return to the Bosom of the Ocean. You can't get away from it. So, why not do it now? Why not put it, why put it off? Why be in delusion? Why allow this material consciousness to dictate to you? You've got to return. The wave has to return to the Bosom of the Ocean; so do we. But the most wonderful thing is, when you return to the Bosom of the Ocean, nothing is lost. These bodies which we have, these shadows, and the things which make up the universe, they melt. But you, as the Consciousness of God, are never lost. You cannot be lost. None of us can be lost. That's why Ramakrishna said, "All will be saved." "All will be saved." Is the wave lost? Yes, the outward form is lost. But where is it? Where is its content? It is one with the Ocean of God; one with the Ocean of Spirit. So, when you break, when you break this Cosmic Dream, then you see all this business melting off. Just like your own dream fades away. What's left? God Himself!

Don't worry anymore about those who've gone. If you can somehow attain that by a deep longing for God, and to know, then you will never fear, and never think that you're gonna lose those whom you realize as the children of God. They cannot be lost. Remember Master's words, "The wave must return to the ocean." The form is lost, but not the re, contents of the wave, which is God Himself, when we liken it to His Ocean of Consciousness. Consciousness is

Immortal. You have to break that idea that there's a break in the continuity of your consciousness, and realize there is no break.

At night when you sleep, you lose the continuity. But aren't you fully alive somewhere in underneath there? You have to make that dynamic to your consciousness, so that when you sleep, you never lose your awareness of God's Presence. And you can even prove conscious death while here living in this body. You can consciously die: heart'll stop – slow down and stop; breath'll slow down; internal functions will stop. You will prove that you can be conscious through death. But you've got to do it here in this existence to be able to do it and know it afterward. You have to prove it, that's all. Prove it how? By following one who had that Realization, our Master himself; follow the things he has left, that's all. Follow the techniques and knowing it, you'll fear death no more. It doesn't exist. It's as simple as that. It's as difficult as that. But we can do it, because we're made in the Image of God.

That's why we pray, "I am not this body," over and over again. You say, "I wonder if you shouldn't change this prayer." No. I'll change it, we'll all change it when we all realize it. We are not this being. We are an Infinite Presence of God's Consciousness within, which is Immortal and does not change. We have been taken up with things that change. We've been attached to things that change. Now let us break that attachment and be one with the Infinite Changeless Cause of things, which is God's Consciousness Itself.

And so, remember the Dream Consciousness. The Dream Consciousness is your best illustration. Just as you dream, don't you have all characters of light and shadow in your dream? And when you awake, where are you? Your consciousness is intact. That's the Immortal part of yourself. You have to be able to realize that. So, God is dreaming just like you dream – like I dream. And this thing which seems so solid, this universe upon universe with all its aspects; there's the light and shadow of God's Light. As in our own dream we focus those lights and shadows, as forms and conditions, and tastes and smell. It's all your dream isn't it? Don't you smell and taste in your dream, and fear, and know all sorts of things? Nothing but light and shadow of what? Your own consciousness, which is Immortal.

And so, God's Consciousness, which is yours, has projected this dream. And when we break that dream, when we wake up from it, "From this dream, Lord,

will you wake me,¹ when you wake up from it; just as your dream passes away, so does this business, which seems so real, pass away. Psychologically we can prove that. Keep on with your meditations, read the Master's poem, "Samadhi," every day. That helped me very much: "Gone forever the fitful flickerings of im, of mortal memory (sic).²" Think of it. Doesn't your dream break the same way? All those memories slip away. "Gone forever the fitful flickerings of mortal memory. Spotless is my mental sky (sic).³" No light and shadows of this business. "Beneath and front and high above, eternity and I, one united ray (sic).⁴" The little bubble of ego which seems so far remote from God has become the Sea of Bliss itself. Meditate regularly, do your techniques, read that poem every day. It'll help you, very much.

And so, in God there is neither life nor death. The life and death is on this side, in this worldly consciousness. In God there's no life or death. Is there any life or death in the Ocean? The life and death is in the wave action. When it melts into the Ocean, it is. So it is with us. We must; Master told me, he says, "Never forget the illustration of the wave and the ocean and your dream." Your dream consciousness, if you do not forget it, you can understand, little by little, because we're made in the Image of God. Remember those illustrations.

And so, when the veils of duality are lifted, you there, I'm here, and all sorts of duality; Los Angeles, New York, Europe, space business, and all that. Duality! When the veils of duality are lifted, then the realization of the Unity of God's Consciousness comes in – One Consciousness – an Energy of God from which all things have become. Don't you have your consciousness now? Don't you feel conscious? Sure, you're aware. That's God. Where did awareness come from – nothing? That's the Presence of God.

Realize these simple truths, as I read one, a reference from Master's writing: "He that knows himself as the omnipresent Spirit is subject no longer to the rigidities of a body in time and space." How wonderful that'll be. It is possible. "Their imprisoning 'rings-pass-not...' that means limitation of the three bottles, remember, "...have yielded to the solvent: I am He"⁵ "I am He, blessed Spirit I am He," as Lord Shankara said. And when there is duality because of ignorance,

¹ "From This Sleep, Lord, Will You Wake Me," A Chant by Paramhansa Yogananda

² Whispers From Eternity, 1949 Release [See last page of this document for entire poem]

³ Ibid.

⁴ Ibid.

⁵ Chapter 30, Page 278, 1951 Revision

one sees all things as distinct from the Self. There comes a time when you won't see the flowers alone, you'll see God as the flowers.

Lord Shankara, the Great Monist has written: "When everything is known as the Self, or God, not even an atom is seen as another than the Self." When you break the dream that is possible. Isn't it possible in your own dream when you wake up from it? Where are all those machinations that went on; this and that and that and this and a million things? When you wake the dream, where are they? Let us wake up from this Dream of God. That's what our Master says to do: "Gone forever the fitful flickerings of mortal memory."⁶ That's just what happens. You have trouble with your mind getting rid of all your troubles. Break the dream. There'll be no mind there to worry you. It is difficult, but it can be done.

So what is everybody seeking? Everybody is seeking, we all know, God. Or put in terms which we can understand a little better, they are seeking Infinite Awareness. You feel separated from that Infinite Awareness of God. We want to do away with that break in continuity. Everybody wants God. And what is God? Ever-conscious, Ever-blissful, Eternal Existence. Can anything be lost in the Presence of God? No. Instead of a blankness, so to speak, as sometimes we have felt – we feel this thing going away from us; where am I going? What's gonna happen to me? Nothin's gonna happen to you, except you'll be Infinite, in the Infinite Awareness of God – Unending. And you cannot exhaust it.

If we had a Utopia here, right on earth, we'd get sick of it. Sometimes, you know, if you take too long a vacation you wanna be in the work again, don't you? You get sick of it. But in God's Infinite Awareness, there's no getting sick of it. You cannot exhaust it. It is the fullness of fulfillment to the degree of Eternity. Such is God. That's what we want. That's what everybody is looking for, and that's what we must have.

And, if you can realize in your meditations, that you feel that Joy of God, and remember the Master's words, "God Consciousness and Bliss Consciousness are the same;" if you can realize that, feel the Bliss of God's Presence; and then, if you can merge in it; then you are Divine. Then you have solved the problem. Even if you have to live in this life and return again – never mind. If you once get it, it can never be taken away from you. Even though through your karma you have to pay a little bit; if you know your karma as the Dream of God, who

⁶ Whispers From Eternity, 1949 Release

cares? Long as you know you are one with the Infinite, and there's no difference between you.

These are wonderful things to remember. These are the things that we all want: is freedom from pain and trouble. In other words, we want to know we are the Bliss and Joy of God. As that increases within, you know you are nearing His Presence; know you are merging, I should say. The very fact that you feel the Bliss shows that you are in God. But when you merge in it, then you realize there's no difference. There's only one thing – God and God Alone.

I used to wonder why the saints all spoke of God Alone. That's why, 'cause they found out there's only One Eternal Substance in the Universe; one Consciousness and Energy; and that's God Alone. And in that, instead of their being nothingness, so to speak – nirvana used to be thought to be nothingness – there's fullness, Fullness Eternal. Everybody wants that. And what is the way to do it? Meditation is the way. Meditation is the way to break this Cosmic Dream. There's no other way.

Meditation means “concentration on God.” Not concentration on God's phenomena. Not concentration on the products of the Astral – visions and all that business. That won't satisfy you. There's only one thing that'll satisfy you and satisfy me – that's God Himself – and to be, and to realize that you are that Awareness and Consciousness. That's what we are. That's the truth. You cannot alter it. You cannot find it in spiritualism and such things. Those are phenomena of God. What you want is God Himself. Nothing else will we satiate, be satisfied with. And don't settle for anything else.

When things come to you, and your mind says, “Oh, isn't this wonderful? You saw a vision of light the other day.” Say, “Listen, I will not settle for that. I want God and God Alone.” That's the way to win. If you want those things, you'll get them. Doesn't it say in the Bhagavad Gita, “those who want the lesser lights, go to the lesser lights?” Let's not settle for that. We'll never be satisfied. Remember the Master's words, “The wave must return to the Bosom of the Ocean.” Each one of us must return. You may go way around, and follow a path that takes us into the Astral Realm, with all its phenomena; but the wave must return to the Ocean. Let us realize that, and right from this moment on, be, begin

⁷ 9th Discourse, 25th Line, “They who worship the Shining Ones go to the Shining Ones; to the Ancestors' go the Ancestor-worshippers; to the Elementals go those who sacrifice to the Elementals; but My worshippers come unto me.” Translated by Dr. Annie Besant, 1939

to return, that returning back to God. These are wonderful things, and they give us great solace.

And so, the more we meditate, the more we can begin to transcend the changing thoughts and the – what do you call those things – psychoses and frustrations. We've had enough of those. We want God now. Where there, where there is freedom from all that business of this outward creation. We've had enough of the Dream. And remember Master's words, "God is crying for us more than we are crying for Him." Think of it. And so, we are justified in searching Him out and making Him the first and greatest engagement in our lives. Let us not forget it.

And so, our own consciousness is God Himself. But you must learn to preserve the continuity of that, and not lose it in these different states of consciousness. By different meditations, you can prove, you can prove you can live, as I spoke, without breath. You can prove that you can be conscious in the state of sleep. And you can prove that you can be conscious in the state of death, right here and living, by the techniques which our Master has left for us. It is nothing mysterious. It's the greatest scientific thing there is – the practice of the science of yoga. We can learn to know these states of sleep and death. That's what we have to do. How? By meditation.

I remember one time I was meditating deeply – I just tell, tell you this just to show you that it can be done, nothing to my credit that it was done. I was meditating, deeply, when, years ago when Master first came, and I was sitting there, and I felt the perfect freedom, and the feeling of God's Presence as Bliss. And I felt my body and it was ice cold; covered with a cold perspiration. I was perfectly aware. I felt here; it was hot, right on the top of my head.

What had happened? By the practice of the techniques of yoga, Kriya Yoga especially, the energy in my body and consciousness had retired to the spine, and it had started upward toward union with the Infinite Presence of God. And where the two forces came together, it was hot right there. But I was perfectly aware. I surely wasn't dead. The body was dead all right, but I was fully aware and awake.

Then the mind, somehow, came down a little and says "Don't you think you better stop?" I says, "No." So I kept on. And looking through the Spiritual Eye, I saw these great clouds of white – ocean of white clouds. And I asked the

Master, I said, "What was that?" the next day. He says, "You saw the shores of Cosmic Consciousness."

Now, how did I do it? By following his techniques; by following yoga I have proved these things, otherwise, I couldn't stand here and tell you. I wouldn't do it. I don't like to be fooled, and I don't like to fool anyone. These are facts. You can do it. If I did it, you can do it. We're all made in the same common mold. But that mold is God's Consciousness plus His Energy.

And so, just a little more, one more reference, and then we'll be through. From the Autobiography [of a Yogi], this is what we read: "He only is wise," said Lahiri Mahasaya, "that devotes himself to realizing, not reading only, the ancient revelations."⁸ "In the beginning was the Word, the Word was with God, the Word was God."⁹ Realize that. That's the Holy Vibration, which is in each and every one of us. Don't just read it – realize it, feel it, merge in it, know it. Then he goes on: "Solve your problems through meditation."

Instead of running to Mrs. So-and-so and Mrs. So-and-so with all your troubles, get inside where the Presence of God is, and He so easily solves things. "Exchange unprofitable religious speculations for actual God contact. Clear your mind of dogmatic theological debris. Let in the fresh healing waters of direct perception," that is, of God. "Attune yourself to the active inner guidance; the Divine Voice has the answer to every dilemma of life."¹⁰ Think of it. Everything, every mess that you can get into, I can get into – and I can get into lots of them, used to get into more – every one can be solved by meditation; attaining the Presence of God. And finally, Lahiri Mahasaya says: "Divine union is possible through self effort and is not dependent on theological beliefs or on the arbitrary will of a cosmic dictator."¹¹ "God is Love,¹²" we must remember. "Through use of the Kriya Yoga key, persons who cannot bring themselves to believe in the

⁸ Chapter 35, 1946 Version, "The great guru taught his disciples to avoid theoretical discussion of the scriptures. 'He only is wise who devotes himself to realizing, not reading only, the ancient revelations,' he said. 'Solve all your problems through meditation. Exchange unprofitable religious speculations for actual God-contact. Clear your mind of dogmatic theological debris; let in the fresh, healing waters of direct perception. Attune yourself to the active inner Guidance; the Divine Voice has the answer to every dilemma of life. Though man's ingenuity for getting himself into trouble appears to be endless, the Infinite Succor is no less resourceful.'"

⁹ St. John 1:1

¹⁰ Chapter 35, 1946 Release

¹¹ Chapter 35, 1946 Release, "New hope for new men! 'Divine union,' the Yogavatar proclaimed, 'is possible through self-effort, and is not dependent on theological beliefs or on the arbitrary will of a Cosmic Dictator.'"

¹² 1st John 4:8, "Whoever is without love does not know God, for God is love."

divinity of any man," and I don't blame them sometimes, but "...will behold at last the full divinity of their own selves (sic).¹³" God Alone exists.

And so, in closing, to know Life Immortal, or to know life hereafter, or to solve the problems of Immortality, you have to prove it while living – you have to prove it while living. How can you expect to know it hereafter, if you don't know it now? That's foolish, foolishness. Master has said this, and I want to quote his words that you not forget. He says: "Those who try by devotional yogic methods to understand and perceive the phenomena of sleep and death... " and you can do it by following the techniques that he has left; those who do that, "...during their conscious physical existence, it is they who can retain their consciousness after death." Don't think that you're gonna slide along, do nothing, and then know the whole thing after you're through with this vehicle. No. You have to do it now. Solve this problem of Immortality by knowing your Immortal nature right now, while living.

And from our scriptures we have the same admonition; Revelation, the 2nd Chapter the 10th Verse: "Be thou faithful unto death and I will give thee a crown of life.¹⁴" That means, "be thou faithful..." by being able to be conscious through the phenomena of death, you will receive a Crown of Life, right now, not later. These are wonderful things.

And I'll close by reading the last part of Master's poem, "Samadhi," in which he says: "From Joy I came, for Joy I live, in sacred Joy I melt. Ocean of mind, I drink all creation's waves. Four veils of solid, liquid, vapor, light, Lift aright. Myself in everything enters the Great Myself. Gone forever fitful, flickering shadows of mortal memory. Spotless is my mental sky - below, ahead and high above. Eternity and I, one united ray. Tiny bubble of laughter, I am become the Sea of Mirth Itself."

[Complete Poem on the following page]

¹³ Chapter 35, 1946 Release, "Through use of the Kriya key, persons who cannot bring themselves to believe in the divinity of any man will behold at last the full divinity of their own selves."

¹⁴ Revelation 2:10, "Fear none of those things which thou shalt suffer: behold, the devil shall cast some of you into prison, that ye may be tried; and ye shall have tribulation ten days: be thou faithful unto death, and I will give thee a crown of life."

Samadhi

By Paramhansa Yogananda (1949 Edition)

Vanished the veils of light and shade,
Lifted every vapor of sorrow,
Sailed away all dawns of fleeting joy,
Gone the dim sensory mirage.
Love, hate, health) disease, life, death,
Perished these false shadows on the screen of duality.
Waves of laughter, scyllas of sarcasm, melancholic whirlpools,
Melting in the vast sea of bliss.
The storm of *maya* stilled
By magic wand of intuition deep.
The universe, forgotten dream, subconsciously lurks,
Ready to invade my newly wakened memory divine.
I live without the cosmic shadow,
But it is not, bereft of me;
As the sea exists without the waves,
But they breathe not without the sea.
Dreams, wakings, states of deep *turiya* sleep,
Present, past, future, no more for me,
But ever-present, all-flowing I, I, everywhere.
Planets, stars, stardust, earth,
Volcanic bursts of doomsday cataclysms,
Creation's molding furnace,
Glaciers of silent x-rays, burning electron floods,
Thoughts of all men, past, present, to come,
Every blade of grass, myself, mankind,
Each particle of universal dust,
Anger, greed, good, bad, salvation, lust,
I swallowed, transmuted all
Into a vast ocean of blood of my own one Being!
Smoldering joy, oft-puffed by meditation
Blinding my tearful eyes,
Burst into immortal flames of bliss,
Consumed my tears, my frame, my all.
Thou art I, I am Thou,
Knowing, Knower, Known, as One!
Tranquilled, unbroken thrill, eternally living, ever new peace!

Enjoyable beyond imagination of expectancy, *samadhi* bliss!
Not a mental chloroform
Or unconscious state without willful return,
Samadhi but extends my conscious realm
Beyond the limits of the mortal frame
To farthest boundary of eternity
Where I, the Cosmic Sea,
Watch the little ego floating in me.
The sparrow, each grain of sand, fall not without my sight.
All space like an iceberg floats within my mental sea.
Colossal Container, I, of all things made.
By deeper, longer, thirsty, guru-given meditation
Comes this celestial *samadhi*
Mobile murmurs of atoms are heard,
The dark earth, mountains, vales, lo! molten liquid!
Flowing seas change into vapors of nebulae!
Aum blows upon the vapors, opening wondrously their veils,
Oceans stand revealed, shining electrons,
Till, at last sound of the cosmic drum,
Vanish the grosser lights into eternal rays
Of all-pervading bliss.
From joy I came, for joy I live, in sacred joy I melt.
Ocean of mind, I drink all creation's waves.
Four veils of solid, liquid, vapor, light,
Lift aright.
Myself, in everything, enters the Great Myself.
Gone forever, fitful, flickering shadows of mortal memory.
Spotless is my mental sky, below, ahead, and high above.
Eternity and I, one united ray.
A tiny bubble of laughter, I
Am become the Sea of Mirth Itself.