

Alone With God

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Our subject this morning: "Alone With God."

"Alone With God." We sometimes feel, well, that sounds as if we're going to be quite lonesome. But, no, it's the other way. But we are used to in this duality of consciousness. So Alone With God seems something perhaps, we're not sure of. But, if God is the Sole Doer, and has created all things, and is our very life, and existence, and consciousness, being alone with Truth, the Reality, will give us not a limited vision, or a limited existence, but a full one of, existence equal to God's Presence itself. That's what Alone With God really means.

Solitude, as you have heard, is the price of greatness. But that solitude means solitude in which you are Alone With God; that will make you the greatest of the great. That will give you oneness with His Great Omniscient Consciousness. Alone With God in a dynamic way, not in an uncertain way, but in a way in which you realize that your own consciousness is Immortal; and that it is God's Presence within you that is the Reality.

God the Father, the great Cosmic Consciousness is our own human consciousness. It is the Life Force within us. It is condensed into this body, which seems so real. But what is it in the ultimate? It's Cosmic Consciousness, God the Father. Our consciousness is Immortal, realize that.

Now if we are Alone With God, we will know this is true. We'll realize this. Having this, we will have all things. We must never forget the Master's words, which he so often said, "We came Alone With God." Realize now. Realize these things by your intelligence, your understanding. Realize these truths, and then from this day on, take the steps necessary to realize it as an actuality. That you did come Alone With God, as the Master said. We came Alone With God. We are sustained by Him, and we will go Alone With God when we are finished with this earthly existence. Realize that.

If you can but make yourselves realize it, then I know that we will take the necessary steps to know God, and be alone with Him sufficient time, to realize our oneness with Him. That's what solitude means, be in solitude – Alone With God. Not alone with your thoughts, and your frustrations, and all the troubles,

and problems which you have. We have to be alone with them to solve them. But true solitude means being Alone With God – being one with His Presence within you as the Holy Vibration. Being alone with that is quite different than being alone with your thoughts, and sensations, and frustrations, and whatnot. Alone With God is what we all need – to be alone with Him in a dynamic way. And that way means to be one with His Presence, which is the Holy Vibration, the Great Cosmic Sound within us, our very life, and existence. We must know that. We must be one with that.

Now we, in this model...in this modern world, with its hustle and bustle, of which you know all about, must have some place of quiet and solitude where we can be Alone With God. Because in this mad rush, we exhaust our energy of body, mind, and Soul, and, if we do not replenish them by being one with the source of supply – God’s Presence within us, God alone – illness overtakes us. That’s all there is to it. We must be Alone With God to replenish our bodies, our minds, and, especially, our Souls.

And because of this, we must realize the absolute necessity of solitude to give us Spiritual food – perhaps, more so than food for the body. Our Souls must be replenished, and must be taken care of – must be nurtured – because that’s our very existence. The body passes away. We know that. But our Souls are Immortal. Why not know those things? Why not know, and be Alone With God? Then we will realize our Immortality. We will realize the Immortal nature of our consciousness as one with the One Father.

Alone With God is an absolute necessity, because of our very makeup. We are not only human beings, we are Spiritual Beings. And because of that, it is a biological and Spiritual necessity that we be Alone With God, and sustain, our dual nature as human beings – but more so, as Spiritual Beings.

I said that we are Spiritual Beings. The scriptures attest to that. We read in Psalms, the 82nd, the 6th Verse: “Ye are gods. Ye are gods, all of you, children of the most High.” We are gods. And realize that all inspiration comes from the Infinite Father, in which, or by which we do good material works, as well as Spiritual works.

And so, whatever your line is, whatever your business is, whatever your occupation is, realize, that, if you can be Alone With God, you will receive inspiration to make you a better whatever you are, in whatever field of endeavor you find yourselves. And greatest of all, if you want to help others – get the Inspiration of God. Be alone with Him. Then you can truly help them – Spiritually. For as one great yogi, Indian yogi, said, the great guru Nanak, “Even if you are known throughout all the universes,” and then some even, “and the glance of His Grace does not fall upon you,” you are unknown. And so, if you want to help people, if you want to do some real good in the world, know God alone; be alone with Him. Receive the Inspiration of His Great Love, and Joy, and Bliss. Then you can help others in a real way.

So, Alone With God is necessary that we realize the Truth of existence. This idea of what goes on in this world, which we see about us, I think, we all have reached the point when we understand, where we understand that it is not truth. It can't be. There's too much of a great big mess in the world, isn't there? It is not Truth. But the Truth is underlying that. And, if you are Alone With God, you will realize the underlying Truth, which is – and let us remember this one thing this morning – the Immortal nature of our own consciousness.

Do you realize that? You close your eyes – just forget the body just for a minute. There you are – conscious. And I am sure, right at this time, there's not too much bothering you as far as thoughts, and so forth. You are conscious. That Consciousness is God the Father in you. It's Immortal! But how difficult it is to break it away from its many attachments to the body, and to the mind, and even to the soul – that Consciousness is Immortal; and, if you can reach the state in your meditation where that Consciousness is not infused with any other movement – that's Absolute Consciousness. That's God the Father's Presence within you.

Our Master has said that when he said, "There is no question of a doubt but bliss consciousness is God consciousness." Bliss Consciousness, which you feel right at this moment, if you look within, because by our united hearts and minds we are imploring the Presence of God to manifest through us. You will feel Bliss. That's God. But you have to make it dynamic to your being. You have to make it a Reality, that's all.

And how to do it? Be Alone With God; and by being alone with Him you imbibe His Omnipresent Nature. Whatever He is, you will be, because it is He, Cosmic Consciousness, which has come down, and is our own human consciousness, is the life energy within us, is this very bodily vehicle. God the Father, Cosmic Consciousness, is our own existence. We must make it dynamic to our being.

Now, all great men found it necessary to be Alone With God. I'm not going to take the time to give you any specific instances, because we have a few announcements at the end of this talk. But just to say, that Washington, you know the Father of our Country – you are familiar with history – he was a man of prayer, and was Alone With God. Otherwise, he couldn't have done what he did do. Lincoln was the same way. Lincoln, with his great problems of state, was Alone With God – spent a lot time in prayer. Moses – Moses was Alone With God when he went up into the mountain, and saw the burning bush of Spirit. The Presence of God manifested externally to him – he came back changed. Those of you who have seen the picture, "The Ten Commandments," you saw in Moses' face, a change. Why? Because he had been Alone With God. And Jesus, Jesus was Alone With God. Many times you read in the scripture

he went in the garden to pray. To be Alone With God that he could carry out his particular part in the play, the Drama of Life. As he said, "It is so written, it is God's Will."

Now I'm sure each and every one of us want to do God's Will – whatever it is. Whatever our position in life is, and whatever we have to do, whether it be great or small. If we do it as God's Will, we are just as successful as the most successful person in this world of ours – more so. Because success, even though failure in this world, means that you know God, and that you have been alone with Him until you realize your oneness with Him – Alone With God. Realize all great men, all great men, did that.

And our Master, our Master, also was Alone With God. I have just a portion of a letter I'd like to read to show you that he, too, realized the importance of being Alone With God. He said, "It will please...And it shall please me most..." I'm reading this for two reasons, to show you his great love for you, and for me, and also the necessity of being Alone With God.

"And it shall please me most to see you all here, and in India, all fixed, when I go." Isn't that beautiful? That each and every one of us would be fixed, in our various and necessary ways, when he left these shores. "I came with nothing and will take nothing from India, or America, when I go. I only came with God and with Him I will go, and wait for you all, to welcome there, where there will be no condition to our happiness or existence. God is most wonderful. He loves us so silently and wonderfully, and through His devotees."

And so, you see the Master realized the importance of being Alone With God, and the Truth that we came Alone With God, and when we leave we will go alone with Him.

Now, as these great men, and our beloved Master, and the prophets of old realized that, don't you think we should? Why should we not realize the truth of our existence, and know our oneness with God, our oneness with His great Cosmic Consciousness, by giving some time to be Alone With God.

Now, the practical aspect of Self-Realization Fellowship – just a word or two at this time. It was the purpose of the Master when he founded this great work here, to establish in the homes of each and every one of his followers a little place where they could be quiet – a little temple, a little room, where they could be Alone With God; and being Alone With God, they would prepare within themselves a temple for the Most High. A temple where God could come and worship with them, or rather, they could find God and worship with Him on the altar of their hearts. That is the greatest and the noblest

precept of Self-Realization Fellowship – in every home that there be established a little place where every devotee could worship and be Alone With God.

And the second, was to establish meditation groups, whereby united efforts of the hearts and minds of the devotees, they could prepare themselves to receive the Presence of God. And receiving that, they could spend more time being Alone With God. And so, you see the practical application of Self-Realization Fellowship for the individual, and for us all as groups – because you know, I know, that ten men have more power than one man, and when they are united in their hearts and minds with the determination to be Alone With God, there is no question of the wonderful benefits of group meditation. Alone With God is our first and greatest need.

So, should we not at least give one hour a day to be alone with the Giver of all things? Isn't it worth – isn't it worth one hour at least a day to have the Peace, and the Joy, and the Support, and the Protection of the Omniscience of God – to have His Great Love and His Peace?

In Isaiah, the 26th Chapter, the 3rd Verse, with which I'm sure you are familiar, "Thou wilt keep him in perfect peace, whose mind is stayed on Thee, because he trusteth in Thee." Isn't it necessary, isn't it worth one hour a day to give to God, to be Alone With God, to have perfect peace no matter what conditions come? I think it is. I know we all think it is. Delusion is strong, but let us rise above delusion, and be Alone With God a little while each day.

And also, isn't it worth spending a little time to receive the Protection, and the Guidance, and the Peace, and Love of the Almighty – He who has made universe upon universe, world upon world, millions of suns, many, many, many universes – isn't it worthwhile to give a little time each day to have friendship with the Almighty? It says so in the scripture, in the 91st Psalm [1st Verse]: "He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty." Where is the secret place of the most High? Alone With God you can find it at the Christ Center. This is the secret place where God dwells. If you are alone with Him there, you will have His friendship – friendship with the Almighty. "He who dwelleth in the secret place of the most High abideth [shall abide] under the shadow of the Almighty." Isn't it necessary to be Alone With God a little bit?

In the Bhagavad Gita we read these following words, which are so appropriate at this time. You know, Master's Mission was to bring here, bring here and show the underlying universality of all religion, especially, between the Bhagavad Gita and our own Bible. And in the Bhagavad Gita, which is the

essence of the Vedas, we read this about God – and let us hope it will inspire us, inspire our thought, to start us on the way to being more with God, Alone With God more of our time.

It says these beautiful words [11th Discourse]: “First of the gods, most ancient man thou art...” everything comes from Cosmic Consciousness, “supreme receptacle of all that lives, knower and known, the dwelling place on high in Thy vast form the universe is spread.” Imagine! God is all! We must be alone with Him. “Father of worlds and all that moves and stands, worthier of reverence than the guru’s self; there is none like Thee. Who passeth Thee? Preeminent Thy power in all the worlds.”

Realizing what God is, realizing our opportunity, he goes on to say, “Prostrate in front of Thee...” that means full surrender, “Prostrate in front of Thee, prostrate behind, prostrate on every side to Thee, O All, in power boundless, measureless in strength, Thou holdest all; then Thou Thyself art all. Therefore, O Father, I fall before Thee. With my body I worship as is fitting. Bless Thou me, as Father with son, as Friend with friend, with the Beloved as lover, bear with me.” These are most beautiful words to inspire us to be more Alone With God.

And so, dear friends, I’m sure we all realize, as our hearts are united in Him, the necessity of being Alone With God; and as our Master used to say, “Never forget your most important engagement is...” with whom? With God. Be Alone With God more; and you can be alone with Him by being one with His Presence, as the Holy Vibration within you. By being one with that, you will realize the Truth of existence, that you came from His One Great Consciousness, Cosmic Consciousness, and His Power as Cosmic Energy, and that His Presence in you, as the Holy Vibration, the Great Cosmic Sound, with its Light, and above all with the Love of the Infinite Father, is the Presence of God within you. If we can realize this by being more and more, Alone With God; then we can consummate the Master’s wonderful words, which he left with us, by being Alone With God. By being more, and more alone with Him, until you are one with Him – “You can stand unshaken” through every situation, even through “the crash of breaking worlds.”

Closing Remarks on Mother’s Day

Just let us meditate.

But this, as you know, is Mother’s Day – Mother’s Day. So, I have been asked to say a few words, as have all other SRF ministers, about Mother’s Day. I think that all who are mothers, “can be” mothers, should

realize that they are created as they are, because they can manifest a definite aspect of the Great One Father. The Great Cosmic Consciousness, whose manifestations are Unlimited. And so, those of you who are mothers, realize what a privilege it is that you can manifest the aspect of Divine Mother.

As Master says in his prayer, the most all inclusive prayer, "Father, Mother, Friend, Beloved God." And so, you ladies, realize, how fortunate you are that you can manifest that aspect of Divine Mother. And, if you will be with God Alone more – Alone With God more – then that Divine Mother aspect will flow through you, and you can help bring God's Kingdom here on earth by doing His Will.

And there is no aspect of God that can take the place of the Divine Mother aspect. And so, be grateful that you have that part to play, which is unique, and which can be played only by the saints who have risen above male or female, and are one with the Omniscience of God. So you have that particular part – wonderful part – of expressing the Consciousness of Divine Mother.

And so in honor of all mothers, at this time, I'd like to read excerpts from Master's poem about his mother, whom he lost, as you know, and who meant so much to him. And he found his solution in Divine Mother's Presence.

#### The Lost Two Black Eyes

Whence came

The black-eyed light

Flickering in my life a moment?

Whither did it flit away?

The twilight of many incarnations

Has burned in those eyes;

Many lights of love dreams

Have met in the bower of yonder eyes.

Losing the harbor of those eyes,  
In search I sailed my boat In the sea of the sky.  
Threefold-sorrow, storm-driven  
Life boat of mine Has become motherless.  
That is why in the unknown region,  
In the sea of the sky,  
My mind's boat sails on  
Directionless  
Seeking those two lost eyes.  
In the star-eyed lights  
All starry eyes  
Twinkled black eyes,  
But they were not  
Those which I lost.

Seeking those two eyes In birth and death,  
In life and dreams  
And in all the lands of the unknown,  
At last I found the all-pervading  
Divine Mother's  
Countless black eyes  
In space and heart,  
In earth-cores, in stars,  
Within and without,  
Hungrily staring at me

From everywhere.

Seeking and seeking my dead mother,

I found the Deathless Mother.

The lost love of the earthly mother

I found in my Cosmic Mother.

Seeking and searching,

In Her countless black eyes

I found those lost two black eyes.