

What is the Trinity?

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Dr. M.W. Lewis

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“What is the Trinity?” is the subject this morning. “What is the Trinity?”

Now, this is not a negative conception of One God, but a metaphysical truth – how the One became Three. There is only One Eternal Substance in the Universe – One Great Consciousness. And the Power of that Consciousness is Cosmic Energy; the Consciousness Itself is the One Eternal Spirit. But through the manipulation of God’s Spirit, as it says in Genesis¹, “The Spirit of God moved...” Then that One, One Great God, became Three: as God the Father – Author of Creation; God the Son – same Consciousness of God; and, finally, the Great Ball of Light, which He created, the Ball of Vibration, the Holy Ghost, in which is the same One Spirit as the Christ Consciousness, the Son.

And so, we have the One Eternal Spirit becoming Three: God the Father, beyond, beyond His Creation; the Holy Vibration, as His Creation – as it says in Genesis, “God said, let there be Light, and there was Light.”² That’s the Holy Vibration, that’s the Holy Ghost. And what’s in it? God Himself, His Consciousness as the Son. So there you have the Three: God the Father, God the Son – the One Begotten, Sole Reflection of God the Father – plus His Vibratory Creation, the Great Ball of Light; as the Master used to call it, “the Light beyond the atoms.”

So there you have how One Spirit became the Trinity. But the most wonderful part is, that they are One, even though they seem three. They are still One. And God’s Omniscient Consciousness is in every aspect of the Trinity: God the Father, beyond creation, and approachable, as we read in the Bible; His Creation, the very Light, which He created, of which our bodies are made, and all things; and, finally, in that creation, the same Omnipotent, Omniscient Consciousness of God the Father, as the Christ Consciousness, for His Own Self, in His Creation of Light. And so, the Trinity is not so complex, or so mystifying, especially, because within each and every one of us is the Holy Vibration, which can be contacted. Then you know the Trinity, not in theory but in reality.

¹ Genesis 1:2

² Genesis 1:3

And so, let us discuss, just shortly, these three different aspects of the same One Spirit beginning, beginning with the Holy Ghost, the Holy Vibration first. We read that in the beginning, the One Spirit, when He created the Ball of Light, which we read in Genesis "God made Light," and He said, "The Light is good,"³ because all things will come from that Light, and are in that Light. Everything that you can imagine, all things of creation, are in that Light, created already. And so, God said, "the Light is good." And so, that Holy Vibration is the creation of the one appro...inapproachable, unapproachable, God the Father, that Holy Vibration – that Light.

Now, Holy, Holy Vibration, the "Holy Ghost" means – "ghost" is something invisible, vibration, that's all, vibration; beyond these flowers, beyond me, beyond you, beyond this pulpit, this church, is that "invisible ghost," so to speak – vibration. "Holy" means, because God's Intelligence is in it. And that's why Jesus said, when I am gone, I will send you the Comforter,⁴ which will tell you all things, lead you rightly in all ways, because God's Intelligence is in His Vibration. So much for the Holy Ghost.

Now as to the Son – the Son, as I have said, God's Intelligence in His Ball of Light, is the only, the only intelligence, the only...that's why it's called "the only begotten Son," the Sole Reflection of the Uncreated Infinite, God the Father. It is through that, that we can contact God. As Jesus said, No one has seen the Father.⁵ But yet he did say that the Witness of God the Father is His Son, the Christ Consciousness in all creation. And those who know that, have the same Eternal Consciousness of God the Father. Isn't it strange, and isn't it a miracle how the one Spirit, even though inaccessible, can be known, and is right within each and every one of us? That's the miracle of God. That's why God is God. But for us, we must never forget, that He is in us, and knowable, as I will come to shortly.

And so, this Son, this Son, this Sole Reflection of the Uncreated Infinite, God the Father, is the Christ Consciousness within us. Christ Consciousness, Brahma, also known as Kutastha Chaitanya, which is the Light at this point [Doctor points to the Spiritual Eye between the eyebrows], the Light you see here. You meditate more and more, you'll see it more and more. That's the Christ Consciousness within you, the Power of it, is Light. The Power of it is the Holy Ghost. So, God

³ Genesis 1:3

⁴ St. John 15:26

⁵ St. John 1:18

the Father, as the Christ Consciousness, is knowable, right at this point. "If thine eye be single, thy [whole] body will be filled with Light."⁶ Why? Because God's Intelligence is in that Light, that Holy Vibration; it is knowable; it is in each and every one of us.

Now, to help you understand a little better how this Sole Reflection is in creation, and how, although it seems different, it is still God the Father. The Master used to describe it this way. He says we have a blue ball here – a blue crystal ball. Now the Light, of the One Eternal Spirit beyond creation, is God the Father, shining down on His Created Ball, blue ball, even though the Light inside the ball is blue, still isn't it the same as the Light above? And so, in the crystal ball, which God has created, the Ball of Light, although it seems colored, and seems differentiated by the different manifestations of the Light, it is still the same Consciousness of God the Father. That's why it is called the "Only Begotten Son," the Sole Reflection of the Uncreated Infinite, the Great, God the Father.

Christ Consciousness is not something particular, and peculiar, to one individual, or prophet. Christ Consciousness is God the Father's Consciousness in all His Creation, whether it be in an atom, or whether it be in a saint, or whether it be in a Master. Jesus the Christ – Jesus what? Who manifested the Son, the Christ Consciousness that was in him. And so, in Krishna's time, Jadava was a king, and he manifested Christ Consciousness. So he was called Jadava, The Krishna. Krishna means Christ Consciousness. So we can apply this to all. As Jesus said, "The things I do, ye shall do and greater things."⁷ We can apply this to all who manifest Christ Consciousness. And remember, a sinner, "a saint is simply a sinner who didn't give up" till he manifests Christ Consciousness.

One other illustration. Jesus said, to prove this, "I and my Father are one." And yet, he said, no one can see God. But we see Him as he manifests in the Holy Vibration, as Christ Consciousness, and we see His Light, His Vibratory Creation. That's why when you see at the Christ Center, the Light of the Infinite, or you hear the Cosmic Sound, or you feel in your love, the Great Love of the Father, you can say, "Thou art with me, O Father. Thy Light is with me. Thy Cosmic Sound is with me. Thou and I, never apart." That's right. That's right. The Trinity is right within us, as I will come to shortly. But we have to break the delusion that makes us think that we're separated from God. That's why Self-

⁶ Matthew 6:22

⁷ St. John 14:12

Realization is so wonderful, because it gives us the ways and the means to break the delusion that keeps us from our birthright, Oneness with God.

Remember Jesus' word in St. John, 1st Chapter, 30th Verse: "I and my Father are one." So likewise, each and every one of us, who lifts our consciousness from outward consciousness of delusion into the consciousness of the Sole Reflection of God the Father in us as the Christ Consciousness, can say, "I and my Father are one." We're all made from the One Eternal Consciousness – including the greatest saint, and the greatest sinner.

Now, as to the third aspect of the Trinity, God the Father; God the Father, the Author of Creation, is Absolute, Unmanifested, Beyond Creation. He took a little portion of Himself and made this Ball of Light – with all its trouble, I must add. So, that part of Him, who remains beyond the Creation, beyond the Ball of Light, is God the Father – Unmanifested – yet we can be one with Him. We can be one with Him, because He is right in us. The Trinity is right within us. I will come to that in a few minutes.

Now we have a Bible reference pertaining to God the Father, the Author of Creation, Beyond Vibratory Creation, and we read of it in St. John, the 1st Chapter, the 18th Verse: "No man hath seen God at any time." We can see His manifestation all right, but no God, "No man has seen God at any time; the only begotten Son, which is in the bosom of the Father, He hath declared him." We can know His Consciousness, even as God the Father in Creation, because His Son is the Sole Reflection of the One Uncreated Infinite, God the Father.

So there we have, in a few words, a description of the Trinity, the three aspects: God the Father, His Son, and the Holy Ghost. And remember, they are One, even though, in outward, and consciousness of delusion, they seem three. They are One, as Jesus has spoken of in this last reference.

Now let us go on just a little bit to this outward manifestation, or the Witness of God the Father. His Witness is within us. As it says in the Bible, there was a man came from, there was a man named John, and he is the Spiritual body within us, the Body of Light.⁸ But, it says, that isn't the True Light, which lighteth every man that cometh into the world. That's the Witness of the True Light. The True Light is the Great Cosmic Light surrounding all Creation, and in which we float as Spiritual bodies of God's One Great Consciousness. Now

⁸ St. John 1:6-14

that's the Witness, and the Witness is the Holy Ghost, the Holy Vibration. That is God, remember. People think God is inaccessible. No. That Holy Vibration is God, because in St. John it says, "In the beginning..." was the Holy Vibration, "was the Word..." the Christ Consciousness in it, "...and the Word was with God, the Word was God."⁹

And so, this Holy Vibration is the Witness of the One Eternal Spirit in us, even though it divides into three – God the Father, the Son, and the Holy Ghost – it is still within us. It is the Witness. If we contact the Witness, we know, we know the Source, we know the One, Eternal Consciousness of God.

Now, this Holy Vibration wasn't just created with Self-Realization, although we can contact it through the methods of Self-Realization. It always was, since God, the Spirit of God, moved. It always was, and always will be. It is the Holy Vibration of the Hindus, the Om; the Holy Vibration, spoken of with the Christians, as the Amen; "the faithful and true witness;" the beginning of creation. From that Holy Vibration, the Holy Ghost, has come all this creation, and, also, because it is the Amin of the Muhammadans, the Hum of the Tibetans – all One – Holy Ghost, Holy Vibration, spoken of by different terms in different ages. But always was, always will be. That is the Christ Consciousness in it. That's why it doesn't change. That's why it's Changeless. That's why it says in the Bible, "He who has the son has eternal life."¹⁰ If that Consciousness of Christ within us changed, it wouldn't be eternal would it? And so, when you contact the Son within you, God in you, realize that is eternal life. Always was, always will be, because God is. God alone exists.

Now, it is, because God's Intelligence is in this Holy Vibration that it is the Witness of God Himself, and those who know it, and merge in it, will have, not the guidance of nature, they will have the Guidance of God – God Himself – because in that Holy Vibration is God's Great Omniscient Intelligence. "In the beginning was the Word..." the Holy Vibration, the Holy Ghost, the Comforter, "...and the Word was with God, the Word was God." And that's why Jesus said the following, which we read in St. John, 14th Chapter, 26th Verse. Listen carefully.

"But the Comforter..." the Holy Ghost, the Holy Vibration, the Cosmic Sound, which you hear, easily, if you'll try a little bit. The Cosmic Light, which you

⁹ St. John 1:1

¹⁰ St. John 3:36, "He who believes in the Son, has eternal life;"

perceive here [at the Spiritual Eye], if you keep at it; throw out the delusion; throw out the movement of your mind, the restlessness. There you will see, you will contact the Holy Ghost. So Jesus said this Holy Ghost, this "...Comforter, which is the Holy Ghost, whom the Father will send in my name, he shall teach you all things, and bring all things to your remembrance, ~~that~~ whatsoever I have said to you." What more do we want? There we have, right within us, and knowable through Self-Realization, the Comforter, God Himself as His Holy Vibration. And, because God's Intelligence is in it, we need not ever lose heart. We need not ever be discouraged, no matter whether we are flat. Why should we give up? God is with us, and He's knowable. That's the great part of it. He's knowable as the Comforter, the Holy Ghost, the Holy Vibration.

Now, we have a reference to the Trinity in the Bhagavad Gita, which I must give you at this time. It is in the 17th Discourse, the 23rd Line. Here we read: "Om, Tat, Sat." In reverse, "Holy Ghost, Son, and Father." We say it, "Father, Son, and Holy Spirit." I used to wonder what that was in the church – "in the name of the Father, Son, and Holy Spirit" – and I wondered what that was. I knew there was God, naturally, but until I met the Master, I didn't know anything about it. And he showed me what the Father, what the Son, and what the Holy Ghost was in me. That's what interested me. No one else was able to tell me.

So we read here: "Om, Tat, Sat, this has been considered to be the threefold designation of the Eternal," our "Trinity" of which we speak. "By that were ordained all the old Brahmana...Brahmins, Ramanas, Vedas, and sacrifices. Therefore, with the pronunciation of Om, the acts of sacrifice, gifts, and austerity are laid down in the ordinances, and are always commenced by the knowers of the Eternal." That is, the Eternal is the Trinity: Father, Son, and Holy Ghost.

There is so much misunderstanding among the churches and religions about these eternal truths – about the Trinity, and such things. In Self-Realization, why we like it so much is that it takes us to the Fountainhead. It gives us the techniques, whereby we can know the eternal truths of God the Father, His Son, and the Holy Vibration in us. That's what we want. Other churches do not do that. In Self-Realization we do not have socials, and such things.

While I think of it, we don't have rummage sales. Rummage sales, you know, as I understand it, sometimes they're good things, sometimes they're not. It's good there are some good things. I was talking to the boys up in Mt. Washington one time, and I was explaining that in Self-Realization we don't go in for Wednesday night suppers, and such things, and rummage sales. And I said, "You know we

have rummage sale at the church where I used to go, and all the wives took their husbands." One fellow says, "I don't get it." All of most the boys laughed. "The wives took their husbands." He says, "I don't get it at all. I don't get that," he says. I said, "All right. You ask some of the boys, they'll tell you." I never heard whether he found out what it really was or not. But that's the beauty of Self-Realization that we do not go in for rummage sales, although they come in handy once in awhile. I hear about rummage sales quite often. They're not held in our church. I don't know where they're held, but we in Self-Realization, we let the others hold the rummage sales. We give the Real Article, Realization, and the way to contact God.

Now going on with our subject, we have to have a little diversion you know. Even a rummage sale will do it. Now going on with our subject, the Trinity, the one beautiful thing about it is, that that Trinity is right within us. That's the thing, now, I want to close with, is the fact that that great Trinity – God the Father, His Son, and Holy Vibration – is within us, because we're made in the Image of God, we are His children, and, if we try a little bit, we can know that Trinity, because it is in us.

So we have a reference which corroborates this; a reference in the Bible, which I wanna give you at this time; 1st John, 5th Chapter, 7th and 8th Verses. Now listen carefully, and this is in our own, own scripture. It is also in the Hindu scriptures, but I'm taking it from the Bible. This is what we read: ~~For~~ "[And] there are three that bear record in heaven, the Father, the Word..." or the Son, "...and the Holy Ghost: and these three are one."

Now we also read in the 8th Verse as follows: "And there are three that bear Witness in earth..." the spirit in earth is the body "...the spirit, and the water, and the blood: and these three agree in one."

God the Father as Cosmic Consciousness is in us. His Intelligence in His Holy Vibration, of which our bodies are made, is in us, and that Holy Vibration is in us. That is the Witness. That is the Single Eye, which you can see at this point. The reflection of the Medulla Center, where the Great Beam of God comes in as a Witness to the Trinity in Heaven, that is right within us. And it's knowable, and you can contact it. Seeing that, you become one with the Great Trinity of God Himself.

Now these are facts. The reflection, which you see in the Spiritual Eye, at this point, is the Great Beam of the Holy Trinity of Heaven coming into you; coming

in through the Medulla Center, giving you a definite pattern of the Spiritual Eye, with its outer ring of gold. Inside the ring of gold, the dark opal Center of Christ Consciousness, God Himself in His Vibration. The outer golden ring is vibrating creation, and your body is a part of it. That's why it's there. In the Center of the dark interior, inside the Holy vibra...vibrating ring of gold, in the Center of Christ Consciousness, is the little potential, very powerful little Star of God Himself, God the Father, Cosmic Consciousness.

You know the center of a magnifying glass, where the power is. The power is right in the center. And so, in the Spiritual Eye, which you see at this point, with its outer vibrating ring, which is the Ball of Creation vibrating in you, and in the dark center, which is God's Consciousness in His Creation as the Christ Consciousness above color, because the vibration is so high. Yet, in the Center of that is the little Star, very powerful Star, the Epitome of Cosmic Consciousness. And so, right within us, is the Witness of the Trinity Itself: God the Father, God the Son, God the Holy Ghost – God the Father, the Spirit; God the Son, the water; and the Vibrating Creation of God the Father, the blood. So, these three are one.

So right within us, we have the Trinity, the Witness of the Great Trinity: God the Father, Son, and Holy Ghost. And is it knowable. It is knowable through the techniques of Self-Realization Fellowship. It is absolutely God the Father in us, God the Son, and His Holy Vibration. It can be demonstrated. It is always there for those who pray to God hard, and then work for it. And to those who receive the blessings and grace of the channels of God, as the Beloved Master, it is there, it is knowable. The Trinity is within us.

On Christmas Eve, I met the Master, and by his grace, he calmed my mind. That's all. He calmed my mind, and there I saw the Witness of the Holy Trinity as the "ring of gold within of nameless hue," and in the Center of that, "O door of heaven, by which we all pass through, into that realm, God's kingdom bright, eternal bliss – eternal bliss – God's kingdom bright." So right within us, right within us is God Himself as the Trinity even.

Another time, out in a storm – to show you that God is knowable, and His Omniscience is in us – out in a storm, there was no other way to turn, so I turned to God through the Master. And there, once more, came the Trinity, as the "ring of gold within of nameless hue," the Christ Consciousness, and the Star of Cosmic Consciousness in the center.

So, all of you who will try will know that same Trinity, for God is not partial. God Loves each one of us just as much as the other. How can He do otherwise, because each one of us is God Himself, a portion of it. So, we should never give up hope. We should once more start over, with great zeal and determination, to for once and for all to get out of this delusion – this uncertainty – into the One Light of the Holy Trinity, which is within us. God the Father, God the Son, the Holy Ghost, and be forever free from pain and suffering, and as becomes children of God.