

Personal Peace in a Troubled World

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Subject this morning is, "Personal Peace in a Troubled World;" "Personal Peace in a Troubled World."

Can we have peace, peace within our Souls, in this troubled world? This subject was suggested by a Bible reference, St. John, the 16th Chapter, the 33rd Verse. If you listen carefully, you will see, you will realize that you can have personal peace in spite of the tribulations of this world. "These things have I spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world." In other words, in spite of tribulation, "in me," which means in Christ Consciousness, which Jesus manifested, there ye can have peace in spite of all tribulation.

Now the title this morning, "Personal Peace in a Troubled World," presupposes that this is a troubled world, and it is. There's no question about that. It is a place of trouble, and tribulation. We see it all about us. We see the paradoxes in life. We see, for instance, I always remember over to the greenhouse on Paxton when we used to plant the nice little seeds. Up would come a beautiful little plant, and it wasn't long before all the pests in creation, it seems, began to descend on that little plant, and cause it trouble.

And so it is with other things – children. Some children are healthy. They can stand anything. Others, from the day they are born, they are sickly. Some live a long life. Some live a short time. And, also, with grownups; some of the most intelligent people, finest people, find it difficult to make even a living. These are the paradoxes, which causes all the trouble. And then, on top of that, as if we haven't enough trouble amongst ourselves, we have war. We have a world war, and then, in a few years, we have another world war. And after the Second World War there is no peace among nations. In all the countries we find unrest – especially, in Europe.

And so, this world is a place of tribulation, of trouble. I remember one instance that always stands out in my mind. It is this, that when I graduated from college I thought, "This is it! Everything is fine." Then came the State Boards, and I said, "If I get by this, why I know everything. That's all I care, long as I get, somehow,

get by that State Board." I got by it. Then I found out the troubles had just started. I had to set up myself, practice, and, of course, I had to get married. All those things came about. Not that I say that tribulation came with marriage, but it, it helped a little bit, as I remember. In fact, this world is that way, because it's made up of duality of consciousness. It isn't the consciousness of the Unity of God's Presence.

Now, the point is this. All these troubles, especially wars, and so forth, come because of mass karma. That is, there are many boys that go to war, and they don't wanna go to war at all, but they have to go because of mass karma. Remember. And we suffer because of mass karma. And there's not much we can do about it, because it is there. Nothing will, much will be done about it until you change the hearts of men, and that'll take quite a while. But as far as individual karma is concerned, we can do something about it. We absolutely can do something about our individual karma. As it says in the scriptures: "These things I have [I] spoken unto you, that in me ye might have peace." And so, we absolutely can surmount our individual karma.

And so, we should be rich, rather, in Spiritual Treasure than in material things. Now, in ordinary life, money grows by investment. You invest money properly, and it grows. And so, the Peace of God grows the same way, if you invest it in regular and proper meditation. We should have long, nightly meditations so that we can increase that Peace of God, which is the only Reality. God gives us everything, and He wonders why we love Him so little. He gives us everything.

And so it is with nations. What do they want? They don't want Spiritual things, except perhaps America. They want material things. They want money. And that's why they suffer war. And so, just these few words about mass karma; do not think too much about it, because you cannot do much about it. But, as far as your own individual peace and personal peace goes, you can absolutely do something about that.

Now, we hear about war. The fear of war is with us all the time. The threat of an atomic war, that is with us. We cannot escape it. It keeps us disturbed no matter how much we try to forget it. But we should remember that God, in an instant, can blow this whole creation back into Himself. Now, about atomic bombs; by boring into the uranium atom – just think of it – by boring into the uranium atom, such a tremendous power is released, power of the atomic bomb. We have illustrations of that at Hiroshima, in the explosion of the many atomic bombs, and the new atomic weapons. But, one thing we forget is this, that by boring into

the Spiritual Eye, by boring into the Spiritual Eye, we can control the Energy of the whole Universe. Remember that. And when you do that, and unite yourself with God's Consciousness, you will never worry about an atomic bomb.

And so, welfare, or rather, warfare, goes on all the time. Warfare goes on all the time; warfare continually, with pests and bugs coming upon us, all, all sorts of things. And in the body, it's a terrific battle going on – the battle of bacteria. And we see evidence of this in the current epidemic, so to speak, of virus infection of colds, and so forth. This goes on all the time. And as I have said, to make matters worse, we have wars, periodically.

And so this thing will go on. Tribulation will be there, so, let us forget it, because as long as we have outward consciousness, as long as there is a duality of consciousness and lack of Unity of God's Consciousness, these tribulations will go on. And that's why in the [Bhagavad] Gita it says, Lord Krishna says, "Get out of my delusion." "Get out of my delusion." Get out of my Maya. Then you will escape the laws of birth and death, because, the delusion is in outward consciousness, not in the Unity of God's Consciousness. But in that Unity of God's Consciousness we will find Peace. As it says in the Bible, "In me," in me, "ye shall have peace."

So, the only escape from tribulation is in the Superconsciousness of God. We must realize God. Then you know. When you realize God, then you know these things are true. You know that the outward consciousness is changing and passes away. And when you enter into the Cosmic Sphere, then there is no danger there. And so, as the Master said once, he said, "You must realize God by throwing your body into the beam of light." In meditation you see the Light, throw your body – forget the body – into that Beam of Light. "All bodies melt into His Consciousness, because God has created all things from His One Consciousness."

So we suffer. We suffer why? Because we love the body more than the Soul; we suffer for that reason. And in the daytime, in the daytime what do we have? We have the memory of the body. We cannot escape it. It is a nuisance. Why? Because it keeps suggesting to us these things which cause tribulation – that the body may be hurt, that it may be diseased, that the war may come, and the bombs effect it, and that we may lose our house, and can't have a place to put the body. All those suggestions are there. They come all the time to remind us that the body is transient. And so, the memory of this body is a nuisance. But when you concentrate upon the Soul, when you concentrate upon the Soul –

remember, know the Soul – there is no death, because the Soul does not pass away. The Soul is Eternal.

And so, everything comes from the One Light of Spirit. Everything comes from that. And when you have that realization, that everything comes from His Infinite Light and Consciousness, then as the Master used to say, “A Great, such a Great Peace will come over you as you understand this ‘cowboy fight,’” as he called it. How, “cowboy fight,” it goes on all the time. But knowing that there is One Light of God, and from that all things come; then Great Peace will be with you.

And so, we should develop will power, that we may establish our stability in God. We must develop that will power; if we establish our stability that we do not lose our peace. Master used to often say to me, “Never lose your calmness.” I’d come home frustrated, he’d say, “Never lose your calmness. The yogis always watch that. No matter what happens they never lose their calmness.” So, we must do that, we must practice these things. And especially, self-control gives peace. Self-control gives peace. Why? This is important. In self-control, the mind is withdrawn from the creative impulse, and the Love of God takes its place. That’s a very important point. In self-control, it is that creative impulse which keeps us attached to outward consciousness. That’s the strongest thing. But, self-control, the mind is withdrawn from that, and in its place we find the Love of God.

So, you see how wonderful the teachings of Self-Realization are. They give you the methods whereby you can withdraw the mind from the things that keep us attached to outward consciousness, and prevent us from enjoying “Personal Peace in a Troubled World,” by withdrawing the mind, and allowing the Love of God to take its place.

And so, the work of Self-Realization is very natural. You follow the techniques, the Hong Sau technique, which separates the consciousness from attachment to the body; and then the Om technique, which helps you to place that consciousness on the Presence of God within you; and the Kriya technique, which is the highest, which helps you completely withdraw from outward consciousness that you may have the personal peace of the Presence of God within. And that’s why I liked, and do still like, Self-Realization so much, because it takes you away from the binding things, as the creative impulse, in a natural way, and it gives you something far greater, the Love of God, in its place.

You don't have to worry about anything. Don't get worried. If you have habits and lack self-control. Just love God. Do your exercises. You will find that He will come and replace all those things that tied you to the body. Self-Realization techniques are surely a special dispensation for all of us, that we may rise above those limiting aspects of consciousness, which keep us tied to outward things, and prevent us from realizing "Personal Peace in a Troubled World."

Now going on; this Love of God must be paramount. Love of God must be paramount, because when that comes it transmutes, it transmutes the creative impulse into a great power of body, mind, and will. There is no question about it, because there's no power on earth equal to the Love of God, and that's what takes place within you. When you feel that; no one can take away your peace.

And so, personal peace can come, even in a troubled mind, to all of those, as it says in the Bible, who are stayed in thee¹. To all of those who love God, and are fixed in that, personal peace can absolutely come. We have one or two scriptural references I'd like to read. They're most wonderful. Isaiah, the 9th Chapter, the 6th and 7th Verse, Verses: "...his name shall be called Wonderful...The mighty God, The everlasting Father, The Prince of Peace." God is Peace. God is not something far off – intangible. He's the Absolute, the Greatest Peace you can have. Then it goes on to say: "Of the increase of his government and peace there shall be no end...," because God is Eternal. There's no end to His Consciousness. If He is Peace, if He is Love, and you merge in that, there's no end to what you can have.

Then in Isaiah, the 26th Chapter, the 3rd Verse we read: "Thou wilt keep him in perfect peace, whose mind is stayed on thee..." That's the point. Not just a little flourish touching of God, but you've got to be one with Him – all the time – be one with His Consciousness. This is so, "...because he trusteth in thee." We trust in all other things – people, outward things, money, and so forth – and we forget God, who is the Cause and End of all things. So, those who trust in Him, and are stayed in Him, He gives perfect peace.

And in Isaiah, the 32nd Chapter, the 17th Verse: "The work of righteousness shall be peace; and the effect of righteousness quietness and assurance for ever." That's the important thing – personal peace; not for the day, not next week, not this year – but eternally. When you feel the Presence of God, and you know He

¹ Isaiah 26:3 "Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee."

is with you – not just for now but always – you will feel Greatest Peace, Greatest Calmness.

And so, we have to rise above worldly consciousness into the Unity of Consciousness of God, because why? In worldly consciousness there will never be any peace. A little satisfaction from the satisfying of desires, that's all. But there's no peace, lasting, except in the Unity of God's Consciousness.

And one other reference in [1st] Corinthians, 14th Chapter, 33rd Verse, and this is important. "For God is not the author of confusion..." That's the point. People blame God for everything that happens. He's not the author. The author of confusion is that we are attached to His duality of consciousness in this worldly creation. That's the problem. So, "God is not the author of confusion, but of peace," peace, "as in all churches of the saints." That is, you find the Peace of God in the churches where they contact God. So you find the peace of saints, the communion of saints, that you find in this church.

Finally, St. John, 14th Chapter, 27th Verse, and this was most-loved verse of the Master. "Peace I leave with you, my peace, I give unto you: not as the world giveth, ~~it~~ give I unto you. Let not your heart be troubled, neither let it be afraid."

And so, how to attain this peace? How to attain the Peace of God's Presence? Master always said to me, he said, "When you are in the Om Vibration, at this point [Doctor points to the Spiritual Eye], when you are in this Consciousness, nothing can touch you; nothing can hurt you, because you are surrounded and protected by the high voltage of God's Superconsciousness and Presence, right within the body. And when you have that, when you are in His Presence, no harm can come to you; nothing can disturb your peace."

And in closing, I'd like to give you one or two of the Master's words, when he says this. He says, "When one loves God," and, remember, this is very important, "When one truly loves God, and is really serious, then not only personal peace, but glory to everyone; glory to your father, to your mother, to your wife, to your husband, to your brother, to your sister, to your friends – not only personal peace – but glory to everyone, who is related to you." That's the Power of God.

So you can see, "Personal Peace in a Troubled World" is possible, and can be, but not only that, personal peace can come, but you, can stand unshaken midst all

disease; midst all atomic bombs; and as the Master used to say, "Midst the crash of breaking worlds."

Closing meditation and prayer

Let us sit upright for a moment. Do not lose this Presence of God which you feel now.

Heavenly Father, I thank Thee for the realization that I can have peace in this troubled world, and I realize that to know Thee, to be one with Thee, to be stayed in Thee is my salvation. And I thank Thee, O Father, that the Beloved Master has brought the way, and is the channel of Thy Peace.