

The Light That Guides

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"The Light That Guides."

Within us is the Spiritual Light of God, the Light of the Holy Ghost, the Great Light of Christ Consciousness. And those who make up their minds to know that Light, and do attain it, are freed forever from uncertainty and worries, and even death.

It is so important to know this Light. But the Light is not easily discernible, I'm sorry to say. And those of you who have meditated trying to find it, will also vouch for that. But it is obtainable, it is knowable, and it is worth whatever effort you can give to know that Light within, because that Light never goes out. That Light is never extinguished. And, if you can once lay hold of it, it will forever brim within you, and you will see it, know it, be in it, merge in it, and be free forever from delusion.

But, as it says in the [Bhagavad] Gita, in the 7th Discourse, 27th Line, "All men walk the earth wholly deluded." "All men walk the earth wholly deluded." So do not feel discouraged, if you are having trouble. That's the law of this creation. If it were not so, this creation would not exist. But it goes on to say, "O Arjuna, get out of my delusion." Get out of it. We can get out of it. "All men walk the earth wholly deluded."

Master told me one time even a saint as he was, and is, takes on a little delusion when he takes on the body, because it is a very subtle, very strong law of God. But we can get out of it. We can rise above this delusion, because many, I know many in this room can testify that it can be done. So the sages of India say that it is the darkening power, the darkening power of this delusion, this Maya, which God has created. It makes it so that we cannot receive the Light of the Holy Vibration, the Holy Ghost.

We reflect it. It strikes us, it strikes all of us. It is there. But until we feel the Great Love of the One Father, and know it, merge in it, we reflect that Light instead of receiving it. But if you follow long and hard [our] beloved Master – the channel which God has sent in response to the cries of our souls – follow him, do the techniques and with love in your hearts; you will not reflect the great Spiritual Light of the Holy Ghost. You will receive it. Receiving it, you'll have everything you need. There's nothing in this worldly existence, there's nothing that will satisfy you. But when you know the Light of the Infinite Father and see it burning, unending, then you will know that God is, and that you are a part of Him.

We have a Bible reference which says just this thing which I have pointed out. First St. John, the 1st Chapter, the 4th, 5th, and 11th Verses, and also the 12th. We read, "In Him..." in this Holy Vibration, in this Word of God within us, "In Him was life; and the life was the light of men. And the light shineth in the darkness; and the darkness comprehendeth it not. He came unto His own." We are God's children. We are His own. "He came

unto His own and His own received Him not.” And then also in the 12th Verse, which I haven’t here, but which I will give you the gist, it says, he who overcometh, he who overcometh this delusion and knoweth that Light, he is a son of God. And so we have right within us that Light which shineth in the darkness. And those who really want God will know, having it, they will have all things.

Now, all things are made from the Light of the Holy Vibration. All things are made from this One Eternal Light. When we, with the advent of the electron microscope, it was clearly pointed out; definite proof, of the light essence of atoms. And science has made great strides, through the various masters of science, such as Sir Arthur Eddington, Sir James Jeans. They have showed, shown that matter is not stable, that this earthly existence is just an appearance. It is not a reality. The solidarity of matter is just an appearance. This is just an appearance. Your body is an appearance to something which is eternal underneath. And that something is the Light of the Infinite; so all things come from that Light.

At a meeting held in New York, 1937, the meeting of the American Association for the Advancement of Science, by this electron microscope they showed that tungsten, a metal, was made up of vibrating light atoms. And so are all metals, and all hard substances, and all soft substances, nothing but vibrating light atoms. And so are we. Matter is continually changing, as you heard said so often – first into energy, finally into light. And one professor from Harvard has taken it from light, rebuilt it first into electromagnet force, and finally once more into matter.

And so these things are true. And this body, which seems so real, is just an appearance. The reality is the Light of the Infinite behind it. And in your meditation you can see that Light, and you can realize that Light, you can fully merge in that Light in the Presence of God within, if you realize that you are not the body, but the Infinite Light of God.

Now don’t take my word for it. Don’t take anybody’s word for it. Do it. Until you do it, and know it yourself, it will not satisfy you. But once knowing yourself as the Great Light of the Infinite Father, which is above sickness, death, pain, all things. Then, then you will be secure, then you will be satisfied. Until that you will not be satisfied. Know that “Light That Guides.” Know “The Light That Guides” when you turn, as it says in Isaiah, to the left and to the right. Such is the Presence of God within us.

Now, as I have said, there is a Light which is difficult to see within us. And that Light at the Christ Center is the microscopic aspect of the Great Light of God. That is the microscopic aspect of the Great Macrocosmic Light of God. Never mind the big words, just understand, that the Light of God is in you at this point [Doctor points to the Spiritual Eye] in miniature. It is knowable and perceivable. But the wonderful part, if you know it and merge in it, then you expand into the Great Light of the Infinite, which is All-over and All-pervading. These are truths, and they can be demonstrated, if you’ll give the time and the energy.

And so it is that Spiritual Eye at this point of which Jesus spoke, "If thine eye be single thy body will be filled with light." But that Light which you see here is not the True Light which Jesus said, "Lighteth every man that cometh into the world." That is not the True Light. It is a part of it. It is a witness of it. It shows that beyond that, if we can point that out, is the True Light "that lighteth of every man that cometh into the world." Now that Light, which you see at this point [Doctor points to the Spiritual Eye], is called in the Bible, "John," and in the Hindu scriptures, "Radha."

And we read as follows from St. John that is that light, is the Light of the Luminous Spiritual Body, which we truly are. But it is not the True Light. It is the witness of the True Light. But if you follow, if you follow one who knew the True Light, as our beloved Guru and Master, follow him, do what he has, tells you to do – meditate deeply – you, too, will know that True Light "that lighteth every man that cometh into the world."

Now understand, when you see the Spiritual Eye don't stop there. Do not be satisfied. That's just the beginning. That is the witness of the True Light – what is known as "Radha," or "John," spoken of in the Bible.

Now there are direct references which point this out. I'll read them to you. In St. John, 1st Chapter, 6th, 7th, and 8th Verses, "There was a man sent from God, whose name was John." That's where the confusion comes. People say he must have been a man – a saint. No, it doesn't mean that. Then it goes on to say, "The same came for a witness, to bear witness of the True Light," the Light, "that all men through him might believe."

Made in the Image of God, we have the witness at this point [the Spiritual Eye]. When we see that, we believe. Then, if we follow through, merge in that, we know that True Light "that lighteth every man that cometh into the world." And finally it says, "He was not that light." "He was not that Light, but he was sent to bear witness of the Light." And in the 9th Verse, by merging in our Luminous Spiritual Body, which we contact at the Spiritual Eye, it says, we will know that the True Light which lighteth every man that cometh into the world is that Light, which is beyond this witness, or beyond "John," but which is knowable by merging in "John" at this point, or the Spiritual Eye, Light of the Spiritual Eye.

That's the way, that's the road, and merging in the True Light "which lighteth every man that cometh into the world." And when we do this, when we merge in the Spiritual Light at this point, being made in the Image of God, we can know the True Light. When we do that? What happens? We are born again, that's all. We're born again into Reality. We're born again into Truth. We're born again into, not the little circumscribed light within us – our Luminous Little Spiritual Body – but the Great Body of God. The Great Body of the Infinite, which Light is All-pervading. That's what it means to be born again.

And in St. John, 3rd Chapter, the 3rd Verse, "Verily, I say unto thee, except a man be born again, he cannot see the kingdom of heaven." You can see the Spiritual Eye at this point. You can see the Luminous Body, with its different aspects – the Centers of the spine, and

the different currents within the body – but to see the Kingdom of God, you must be born into the True Light “that lighteth every man that cometh into the world.” It can be done, by the Grace of God. But we have to merge in His Presence at this point, the door, the Spiritual Eye, the Eye...where Eye of Light, the Eye of Intuition – called many things, the Door to the Infinite. We have to merge in that. Then the Grace of God expands us into His Great Infinite Self.

There are two things: our effort, and also the efforts of the channel of the Guru. But finally, the greatest thing is the Grace of God, because He gives you that as a gift – that Great Light of the Infinite.

And so, conscious contact with this Light, at this point, helps us, helps us to see our weaknesses, and correct them, and accentuates our virtues. It helps us to do these things. And in this Light at this point, little visions come to some people, and also intuitional experiences come, whereby you will be guided, as I have said, when you turn to the left and to the right. And, if you do not know which way to go, if you will contact God at this point, His Great Light – meditate deeply – you will know which way to go, through the Presence of God within you as the Intuition of your Soul.

I remember one time I was coming out to see the Master from Boston. And it used to be quite a chore to get the patients all comforted, and satisfied, and then get out. It was a hard job. But, and when I got out I was about out myself. I remember I got to the train in Boston, I was sitting in the room there, and I just, I said, "I don't know if I can make it or not." I was done up. And I closed my eyes and looked into the...where Master said, he said, "Always remember, when you're in the Om vibration," which is at this point, "nothing can touch you, no force in the universe can touch you." So I looked there, and a little saint came. Looked down at me, and smiled. Well, I knew. I didn't worry. I knew I'd get there. But that's the way God is. You have to seemingly be down and out. Then He comes when it's necessary.

And so those little intuitional experiences come there and guidances, and that the greatest thing, whenever you look there and see that ring of gold – that door of heaven by which you pass into the Great Realm of the Infinite Light of God – it's a great comfort. And, if you keep at it, it will be transformed into the greatest thing that you can ask for, the Conscious Presence of the Great Light of God. These things can be known, it is not just myth. It is not imagination.

And finally perhaps, the greatest thing is that as you contact the Great Divine Light of God, it bestows upon you its Great Healing Power - Healing Power to heal you in body, mind, and soul – and to make you what you should be, a conscious child of God. Having that, knowing that God is with you, then you can give it to others. Otherwise you're just giving them little words, ideas. Give them the Presence of God. But first you have to get it yourself. You have to be one with the Great Light of the Infinite. Having that, you can help others.

And finally, how can we learn to see this Guiding Light? How can we learn to see it? Many of you know. To those of you who do not know: meditation, right meditation, meditation as given by one who knew that Guiding Light in the Infinite. Meditate regularly. You cannot expect to know something unless you give the effort. It does not happen in worldly activities – business and such things. Why do you expect it to happen in your search for God?

Master used to say, "Knowing God is the science of all sciences. Therefore, we cannot fool God. We have to mean business with Him." But if you mean just a little business with God, "He's so human," Master used to say, "He responds in the least little thing. The slightest wish you have, if your heart is overflowing with the love of the Infinite Father, the slightest wish that you have, He responds." That's what He is. But those who are egotistical and know it all, He won't respond. The humble shall know God. The pure in heart shall know God.

And so the way to contact the Light of the Infinite is to meditate, meditate, and soon, or sooner or later, you will see the Spiritual Eye at this point. You'll hear the Cosmic Sound vibrating through you, or greatest of all, you will feel in your heart the Great Love of the Infinite. It will come sooner, or later. Some people see it even before they start taking the lessons. It's there. It's not something you have to establish. It's right there. Children see it easily. They'll sometimes look up there and they'll see the Light right off.

But we, older people, so to speak, are engrossed in worldly things. We're so messed up in this Cosmic Dream that there are so many inhibitions, we cannot see it. But, if you get busy and do away with those inhibitions, do away with the rubbish that's in your mind and mental makeup, then you will see the Light of the Infinite. Everybody does – irrespective of color, or race, or creed. If they'll follow what the Master has left – the techniques – if they really sincerely want God, and they love Him in their heart. They will see the Light of the Infinite at this point. I have never seen any, of any race, color, or creed that did not see it when they really got down and meant business with God. And so it is knowable. Through first meditation – right meditation – meditation where in you follow one as our beloved Master who knew that.

And secondly, it is known through Kriya Yoga. That is, through Kriya Yoga there are more advanced techniques – especially through the yogi mudra of Kriya Yoga, wherein you can see the Presence of the Holy Ghost within you. You can see the ring of gold at this point – the Light of the Infinite. And by following that through the practice of Kriya Yoga, those different techniques, you can see the True Light, which is beyond, beyond this light at this point, "which lighteth every man that cometh into the world." That's how you know the Light. You must follow one who had that.

And so, following either way – either meditation, or in through Kriya Yoga – you will finally realize yourself as one with the Great Infinite Light of God. Having that, having that you'll realize what it says in the Bible, "Eye hath not seen, nor ear heard, the things which God hath prepared for those who love Him." You will see the great expansion of the Light of God. You will know what it means when it says, "In my Father's house are

many mansions.” These are not just words. These are eternal truths. And those who know the One Light of the Infinite will know those eternal truths.

I’ll close by a reference from the Master’s wonderful book, the Autobiography of a Yogi, in which he says, "What has life or death to do with light?" When you see the Light of the Infinite, you know you cannot be sick, or sinful. Nothing can touch you, because Light cannot be sick, or sinful. Light cannot be harmed. But you have to know the Light first. Just saying and suggesting it, is not enough. You have to realize these things. So he says, "What has life or death to do with light? In the image of My light I have made you.” We must know that. We must prove that to ourselves. These are eternal words. “In the image of My light I have made you. The relativities of life and death belong to the Cosmic Dream. Behold your dreamless being. Awake my child, awake."

And so the “Light That Guides” is the Infinite Presence of God within. The vibrating Presence of God – All-saving, with His Great Divine Love.