

## Bringing God into Daily Life

Dr. M.W. Lewis

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Our subject this morning: "Bringing God into Daily Life."

Why shouldn't we bring God into daily living? There is not a thing that we can do, any thought that we can think, except He is in us. We have, we live, move, and have our being. Why, because of God's Presence within us. But we do not realize it, that's all. We do not realize the importance of taking God with us in every action. Why? Because we have not put our consciousness, our minds to understand – we have not compared to see the difference, that's all.

I think every intelligent person knows that everything we have, or exists, exists because of God. We have each other, we have our friendship. We have those near and dear to us – why? Because God's Eternal Substance has been manifesting as Creation and each one of us are a part of that Creation. He is the Sole Doer, but we do not realize it. We do not realize how much better off we would be if we could take God consciously into our every action.

Now, we know, on one hand, that God is Infinite – from the Master's teachings. We know of His Nature and the Aspects of His Greatness – we know these things. But, we also know that to explain just what God is through reason is impossible. It simply shows to us the limitations of the human intelligence and that we cannot, we cannot know God through the outward means of our limited human intelligence. But in spite of this, in spite of realizing our limitations, still you know, I know that within each and every one of us is an insatiable urge to know God.

Now, why, why is that urge within us? Well, in the first place, we look about us in this world with its paradoxes and injustices, and we realize that the answer to our contentment and our feeling is not in this outward existence. We see too much of these injustices. And what does that do? That drives us into the real reason why that insatiable urge to know God is there. It is this; it is because of this one thing; that we all have come from that One Unity of God's Consciousness. We are rays of that One Unity of God's Consciousness, and we have been thrust, because of His Cosmic Dream, into this duality of outward consciousness, with all of its injustices. And the urge to go back to the One Source, from which we have come – our one common Father – remains. And it will remain – it will urge us on, unrelentlessly – until we know that Unity of God's Presence within us. That is the reason why, the scientific reason why

we should take God into our daily life. We came from Him; we will not be satisfied until we once more realize it is He who is within us. It is He who is behind our thoughts and emotions. It is He who is behind every function of the body. He is the Sole Doer. Until we realize that God, and you, and I are one, we will not be satisfied.

You can think many things – “Oh, if I had this, if I had that, if I had this, if I had that, I’d be satisfied.” You will not be satisfied, because the satisfaction does not lie in these outward things; in the objects of senses; in relationships with one another; in what you own, or possess. The satisfaction is not there; it is within the Soul itself.

And so, when you are enjoying anything, one little point I like to bring out is this: no matter what it is – a new hat, or an automobile, or even a new wife – if you will realize that the satisfaction and the joy is not in the object, but within the Soul itself – within you – and, if you put your attention, when you are enjoying outward things, within, in the Presence of God within, your own Soul, there will be no attachment to that outward thing, and you will not suffer, and you will be many, many times happier. For the simple, scientific reason – the happiness is not in those flowers, as you look at them, but within yourself. God within you gives you the ability to appreciate, and love those flowers, and to feel for one another. So that’s the scientific reason, the real reason, why we should bring God into daily living.

Now, going on; some people seem to think, except on certain occasions, when, as the Master says, “that they get stuck,” that they get along pretty well in work-a-day conditions without God. Well, I like to explain that this way. You have an automobile, it’s a good automobile, and you ride around in it, and you enjoy it, and you think, “This is fine.” Then along comes one of your friends with a, a better automobile – like a nice Cadillac. And you ride in it, and you see the difference. Then you realize what you have been missing. Isn’t that so?

And so it is with God. We realize that God is, we realize that He is our necessity, we’re not dead to Him, but we don’t understand; we haven’t put our minds to understand, and by so doing, realize what we are missing. And so, when you ride in that better automobile, you can compare and see what you’re missing. See the difference.

And so it is with God. We get along, or many people seem to think they get along, in work-a-day world without God, but they do not appreciate, realize, what they’re missing, if they could but take God with them in every action. And so, realize that we do not understand God, because we do not apply ourselves.

Understanding God means we must apply – apply our attention to Him. We cannot know God through intuition through intellect. We cannot know religion through intellect. And so, God and religion are necessary. It is necessary to know them; know what God is; know what true religion is. Then, then we will see the importance of taking God and religion, right religion, into our daily living.

Now, let us take up, first, understanding God. We do not understand God. That's why we do not take Him with us in every day action. What is God? Well, "In the beginning was the Word, the Word was with God, (sic) the Word was God.<sup>1</sup>" Now, we must understand God. Understanding Him, then we will see the necessity of taking Him with us in every action. "In the beginning was the Word, the Word was with God, (sic) the Word was God."

Now, if we can know that "Word," understand that Word within us, the Presence of God, in a dynamic way, then we will know God. Then we will realize our oneness with Him. Realizing that, we cannot but help but take Him with us in every action. Do you see the point? Because, we do not realize our oneness with God, that we fail to take Him with us in every action. Self- Realization gives the ways and the means to know the Word of God – the actual Presence of God within you, within me in a dynamic, understandable way, so there is no doubt of the Presence of God within you. Having that, you can take God, you will take God, with you in every action in daily living.

That brings us to the next point, which is religion. We must have a religion that gives us the contact with God. We must have a religion that unites us with God. We must have a religion that is necessary to the right feeling in everything we do. That religion must be, as the Master has said, "a burning, universal, ness... necessity in our lives. And that religion must be a Universal necessity in everyone's life – True Religion. If it is not that, it's not worth anything."

So realize, that underlying the teachings of Christianity, Mohammedism, Hinduism, is a Universality of Religion. And what is that Universality of Religion? The Word of God, that's all. Whether you be a Mohammedan, a Christian, Protestant, Jew, Catholic – whatever you are – above the outward form of religion is the Universality of Religion: the Word of God – realizable – right within each and every one of us. That's what those who follow the various religions do not attain. Because why? They do not know and understand the Universality of Religion.

As I have said, no matter what your religion is at this point, as Jesus said, "...If thine eye be single, thy body will be filled with light.<sup>2</sup>" (Sic) No matter what religion you follow, unless that religion gives you the contact of God as the Spiritual Eye, or the Great Holy Vibration within you, or the Great Omniscient Love of God – unless that religion gives you that, it is not the religion for you, because it does not give

you God-contact. If you follow the right religion that gives you God-contact – not in imagination, but in reality – and you know that you and your Father are one, you will take Him with you in every action.

Unless man knows that he is a Spirit, unless he knows he is one with God, separated from this weak body with its limitations, his life is useless. And we can know the Presence of God right within ourselves. We can realize it by following one who had that realization, as Paramahansa Yogananda did, and left his teachings of Self-Realization Fellowship.

Now, finally, in conclusion, let us remember a few of the Master's teachings which apply to this subject this morning – "Bringing God into Daily Living." And this is, I think, one of the greatest sentences he has left for us, as follows: "Unless our conception of God...unless our conception of God is such as to be a burning, universal necessity within us...unless our conception of God is such that we have to take Him with us in every action, then that conception of God is useless."

What good is God unless we can take Him with us in the most minute action of daily living? Isn't that religion useless? Isn't the conception of God you have through that religion useless, if you cannot feel Him in everything you do? He, who gives you life, is with you in everything, every heartbeat, every function of your body goes on, and you don't have to think a thing about it. Isn't He the burning necessity of your life? Now, unless that religion, with its conception of God gives you that, it is useless. Why should you follow it? You will never be satisfied. As I have said, that insatiable urge will be there, until you follow that religion which unites you with God.

And that's why Self-Realization Fellowship is so wonderful, because it gives us the ways and the means to know our oneness with God. Knowing our oneness with Him – knowing it – we will see the necessity of feeling Him in a dynamic way in everything we do. And what does that mean? The proof that God is with us is the Bliss we feel – the Peace and the Bliss we feel. As our Master has said, "There is no difference – There's no question of a doubt but the Bliss consciousness which you feel is God Consciousness."

And so, follow that religion that gives you contact with God as Bliss; that gives you the contact of the Universality of Religion – the Word of God – the Word of God – realizable. That's why Self-Realization appealed to me, and that's why it appeals to you, because you realize that you must know the truth, and the truth shall make you free.<sup>3</sup> And the truth is that you and God are one. And Self-Realization, followed sincerely, will give you that realization that there is no difference between the Bliss which you feel and the Presence of God.

If we can feel that – if we can feel His Great Nearness, His Great Protection, His Great Awareness to everything we do, if we could but just take that into daily living, how wonderful it would be. That's what we have to do, and we will not be satisfied until we can do it. And you will not be satisfied, you will not be able to do it, until you know that the Word of God is your own consciousness, right within you. Those were the Master's teachings. Those are his teachings. If we can do that, we can take God into every action.

Having this realization, we will know that there's just One Doer, and that's God Alone. If we could but realize that, that He is within us, He is within everybody, all nations, working out His Great Plan, if we could but realize that He is the Sole Doer, how easy it would be to submit to His Will. But we don't realize it. That's why it's difficult. That's why we feel separated from Him.

Feeling separated from Him, we want to do our will. That's natural. And so, the wise person is he who finds God within by following the right religion that gives God-contact. And having that – having that – realizing that God Alone is the Doer, realizing He is each and every one of us, that He has created universe upon universe, and that without Him we cannot do one thing. Realizing that God Alone is; then, you can see, I can see, easily, the necessity of taking God with us in every action in daily living.

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1 St. John 1:1, "In the beginning was the Word, and the Word was with God, and the Word was God."

2 Matthew 6:22, "The light of the body is the eye: if therefore your eye be single, your whole body shall be full of light."

3 St. John 8:31-32, "Then said Jesus to those Jews which believed on him, If ye continue in my word, then are ye my disciples indeed;" "And ye shall know the truth, and the truth shall make you free."