

Waking From the Cosmic Sleep

Dr. M.W. Lewis

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"Waking From the Cosmic Sleep."

In other words, getting out of the darkness into Light – “Waking From the Cosmic Sleep.” Lord Krishna said, “Get out my delusion.” He couldn’t have said a wiser thing. Get out of my Maya. Get out of waking consciousness, wherein this Cosmic Sleep, this Dream operates. Get out of my delusion. Even Krishna, who had everything, said get out of the Dream. Wake up from it. Be what you should be: A realized Soul, one with God.

Jesus said the same thing. Krishna emphasized the negative aspect – the dream as a waking consciousness. Jesus said, “Seek [ye] first” the kingdom of heaven “the kingdom of God...and all [these] other things shall be added unto you¹.” Jesus emphasized the underlying reality, the One Great Light of Spirit, the Light of God, His Great Love. Know that. Seek that first. That will wake you from the Cosmic Dream; from the Cosmic Sleep.

So remember, the Cosmic Sleep is the effect of God’s suggestion on human consciousness of delusion, that it is a reality. It is in waking consciousness, remember, just like you see me now, and you hear my voice, and you say, “There he is, telling us things.” But how about the underlying cause of things, the reality, which is the Great Light of God, which has made my body, which speaks through my voice, and which hears through your ears? You will break the Cosmic Dream; you will wake from the Cosmic Sleep, when you know that.

And so, remember the way to be above this Cosmic Dream, to get out of this waking consciousness. Understand it, not be attached to it. Don’t be subject to the laws of waking consciousness, which are transient and changeable. The way to get out of it is to know the underlying noumena, the reality, the One Cause, God’s Great Light and Consciousness, His Great Cosmic Energy and Love.

Now God, as the Master says, “Is dreaming this dream of cosmic motion pictures on the screen of delusive human consciousness.” Now in this Cosmic Dream, in this sleep, of which we are speaking, matter appears as solids, liquids, and gasses

¹ Matthew 6:33

– heat, and light, electricity, and energy. It appears as that. But, in reality, it is not that. It is the Play of the One Great Light of God. In the beginning God said, “Let there be light²,” and in that light He produced all things. Now that Light, is frozen, frozen Consciousness of God, the One Reality, is producing this Dream, is producing this Cosmic Sleep, and matter is not as it appears to be. It is not as it seems to be. It is not that at all.

As I have said, you have seen me standing before you, because of the power of sight. You hear my voice, because of the power of hearing. And you say, “There he stands, Dr. M.W. Lewis.” But that’s not the reality at all. That’s the delusion. That’s the Dream. That’s what I have been attached to, and have thought myself to be all along – this body with its limitations, and so forth. But underneath is something; the reality of things; the Light of the Infinite; God’s Great Eternal Light, which has divided, as I’ve told you when I interpreted the scriptures, and has produced this body. But, His Consciousness, in that Light, became attached to the body. And so, I think myself – at least I did, I hope, I don’t now – I think of myself as this body with its little powers of persuasion, and of sight, hearing, and inference, and understanding, according to intellect. That’s not the reality at all. That’s the delusion. That’s the sleep. The reality is God’s Light, which is sitting in me, has produced me, and which is talking to you, and which is the real Cause of all things.

So, there you have an illustration of what the Dream is – what Cosmic Sleep is – when really it is not that at all. We are not as we think we are. Master told me one time, he said, “Soon,” he says, “you will realize your life is finished.” That was shortly after he met me back in Boston, a long time ago. He said “You will realize that your life is finished.” “Well,” I said, “what’s gonna happen to me?” But soon, I realized that that life, that life wherein I thought I was this body, with its limitations, and my wife, and my children, and my father, and my mother, and my practice, and the whole business, left me. Then that other came in. That there was something underneath, which I really was, and it was God Himself, having a wonderful time through this Cosmic Sleep, this Cosmic Drama.

So the Master’s words came true. First I said, “What’s gonna happen to me?” Later, I saw what he meant, by his grace, and I understood the Cosmic Sleep was not the reality. It was waking consciousness. The reality is the higher Spiritual Consciousness, whereby we contact the Superconscious Presence of God within us as His Great Light, and His Consciousness, and His Love. That’s the reality.

² Genesis 1:3

And to break the Cosmic Sleep, the Cosmic Dream, what do you have to do? You have to realize it, that's all. And you have been given the ways and the means. The Master came that all of us could understand, and wake from this Cosmic Sleep by following one who had done it, that's all. He had wakened from it incarnations ago. And, if you follow him, according to the Spiritual Law of God, you yourself will be lifted up from waking consciousness into the Spiritual Consciousness, the Superconscious Presence of God within you, as the Holy Vibration, the Light, the Sound, and the Great Love of God in your heart.

You see the Light at this point [Doctor points to his forehead between the eyebrows]. You hear the Sound inside, by the Astral powers of your Spiritual body. And in your heart you feel the Presence of God, because He has planted in your heart His Unconditional Love. So there you have it, folks. If you want to wake from the Cosmic Dream, follow the path God has sent you with regular meditation, and deep devotion, and you will see, as the Master told me, "Your life is finished." This little life you have. this life, which has as its subject the ego, with this little body. That is finished. And that vaster body comes to you – that vaster body – the Great Omniscience of God, which you really are. But how strong has been its suggestion in this Cosmic Sleep to make us think, and feel, that we are this little body.

He has done it. Just like when you dream. You all can dream. You have dreamt. And in that dream you can feel the same things that the Cosmic Dreamer composed of. In your own dream you can have mountains, and hills, and bodies, and matter, and all sorts of things. When you're in that dream, it is real, isn't it? But, when you wake in the morning, where is it? It has gone. If you can dream consciously, you can know it as a dream. A product of what? Your own imagination, your own frozen imagination, because in the morning, when you wake up, what do you have? Your own consciousness, that's all. There it is. That has produced the whole dream.

So remember, the same thing with the Cosmic Sleep, the Cosmic Dream. All these mountains, and matter, as I have described, as solids, liquids, and gasses, light, and heat, energy, all those things; all those things are what? They are a product of God's Imagination, His Own One Consciousness. Just like your own dream is a product of your own imagination and consciousness. You prove it when you wake up. You break your own dream when you wake up from it. Now you break the Cosmic Dream, the Cosmic Sleep the same way. You wake up from it. You wake up in God.

Now remember, that's all there is to it. You wake up in Him. You break the idea of separation from God. You wake up in that One Light, and Love of God. You won't lose this Cosmic...you won't lose this Dream. But, it will not have any hold on you. You will not be attached to it. You will understand it perfectly, like you understand a moving picture. But, if you go to a moving picture, or a play, and you become one with it – an actor becomes one with his part, he doesn't keep realizing it's a play, it's a business, it's a play, then becomes one with it – then, he loses that higher view of Oneness with the Consciousness of God, which has produced it.

So we must not, in this Drama of Life, in this Dream, in this waking consciousness, we cannot afford to be attached to the part which God has given us to play. Remember the illustration of your own dream. In your own dream, what is it? It's a product of your own imagination, your own consciousness. So the same Cosmic Dream of God is a product of His Imagination, His Consciousness. How to win? How do you win from your own dream? You wake up, and say, "What? I was dreaming? My consciousness was diffused on the dream." Wake up in God, and you will see the Cosmic Dream flowing through your own being. You will wake up in God, and realize that you are simply a dream in God's Dream.

Now, it is quite easy for us to prove that – to break our own little Cosmic Dream – which I will point out in a moment. It's quite easy for us to do that, to break our own dream. But to break the Cosmic Dream is quite different, as I will point out. Now, up to this point, we have been discussing the Dream of God, the Cosmic Sleep, plus our own dream. Now there are one or two things which are necessary for you to understand, and it is this. I have spoken about it: phenomena and noumena.

Phenomena; phenomena is associated with the senses. As I have pointed out, I described my body, and how with its limitations – that's the phenomena. But underneath is the noumena, or the Cause of my body, and what it is doing. So those things must be understood. Remember, phenomena is associated with sensation, and outward consciousness, waking consciousness, which we have now. Now, the noumena, which underlies the phenomena...you see my hand moving, that's the phenomena. Now, through the power of intuition within you, by following right meditation, you see, behind that the light of the Spiritual body, in which is the Intelligence of God, that's the noumena. So you see the difference?

You have to understand phenomena and noumena. That the phenomena is the product of the underlying Cause, or noumena. That's the first thing we must understand. Now, this noumena, this noumena is the One Absolute Substance from which all things are made, or God Himself. "In the beginning God created light..." and God's Intelligence is in the Light. That's the noumena, now the frozen Light is this matter, which you see, and this world, in which we live.

Now, don't you see, if you're attached to the phenomena, then the trouble begins. But, if you are not attached – like the actor in the play – you do not become attached, but see, the Cause behind it is the One Eternal Substance of God's Great Consciousness, if you see that, then there's no problem. No attachment. No pain. Nothing, but whatever God is: Bliss, and Joy, and Power, and Strength, and Peace. So that's what we must understand is phenomena and noumena.

Now, to realize this underlying Substance, or God Himself: His Great Light in the Holy Ghost, the Holy Vibration, the Comforter, to understand that – it takes a lot, as the Master says, "We have to recover the one true sense of meditation-born intuition." Now intuition doesn't just come floating in on the breeze. You have to meditate. And when you meditate, you do away with outward consciousness, waking consciousness, and there you have intuition. So that's why the Master says, most beautifully, it is "the one true sense," the only true sense we have. We cannot depend on sight, and hearing, and taste, and smell. They delude us, because those things pass away, and they are not dependable. I haven't time to go into it. But you all know that sometimes your senses deceive you, and surely, your inference does, and your reason. But this one true underlying sense, "meditation-born intuition," never deludes us. That's the only thing we can rely on. That's the Fourth Spirit of the Heavens.

And so, in thinking about that, I've come to the conclusion that it takes lots of intuition to wake up from this Cosmic Sleep. It takes lots of intuition to wake up from this Cosmic Sleep. And you know what intuition is. You know how it comes. It comes, as I have said, when the mind ceases to function; when you do not think, but in meditation, when you sit, and still the waves of the mind, and the mind, becomes quiescent, really does not exist, then, comes intuition. Then the waking consciousness is done away with. Then the real Superconscious Presence of God comes.

Now, speaking about intuition, one little point comes to my mind here. Now, Rupert Hughes³ said, Rupert Hughes says this, and remember now, intuition is the product of not thinking. That is, while you're thinking, you cannot have intuition. The mind has to stop, "When the thoughts have gone to rest, that's the time I see Him best." As the Master says, "make the mind a clear lake." No thoughts. No nothing.

So Rupert Hughes says this. He says, "Woman's intuition..." ya know women are supposed to have more intuition than men. We admit that. But he says, "Woman's intuition is the result of millions of years of not thinking." There you have it. That's why, that's why you have more intuition. But I'll, I'll swap with you. I want intuition, even though you don't have to think. Well, I know, we all know, what he meant. Then it's all right. The main thing is, as I told you before, when I've been here, a man told me, when I first started in practicing, "Young man," he says, "make money. Make money, honestly, if you can, but make the money." So, get the intuition, no matter how it comes, because by that intuition we can realize the Great Light of God – the underlying noumena. Remember that. When you see phenomena, don't, don't be satisfied. Say, "What's behind it?" When you see this product of God's Dream, His Great Cosmic Sleep, don't stop there. You have the power, because of this Fourth Spirit of the Heavens, which is nothing but intuition within you – this Neutralizing Force.

Can't you see these Three Gunas⁴? These three qualities produced all this sleep, and delusion. But that Fourth neutralizing quality, neutralizing Spirit – the Fourth Spirit of the Heavens – gives you the power to dissolve the Cosmic Sleep – the product of the other Three Spirits of the Heavens. Now isn't that wonderful? Right in our Bible, in Zachariah, and corroborated by the Hindu scriptures. I was surprised when I read that we were admonished to worship Divine Mother as the red, and the white, and the black Creative Aspect. Same thing, exactly – couldn't be any different.

Now, going on just a little bit about science and matter; just to show you that these things I am telling you about, the one underlying noumena – the Great Light of God – science has shown that, and proved that, and has shown scientifically, that matter is nothing but electromagnetic waves of frozen light. That's all. Matter is constantly changing into energy, and energy is changing into light. For instance, if you take the hydrogen atom, with its proton, and its

³ Rupert Hughes, born 1893, was a historian, novelist, film director and composer based in Hollywood.

⁴ From The Mahabharata, Aswamedha Parva, Sections XXXVI to XXXIX, "Brahma (the Grandsire Prajapati) said: Darkness, Passion and Goodness—these are called the three qualities."

electron, and, if you annihilate it, there you're annihilating matter, the photon gets the sum of the mass of the proton, and the electron; meaning that matter resolves into light. That light is "the Light beyond the atoms of the yogis," and it is free electrons of science – same thing.

So that's what we have to know. We have to know that this matter is not as it appears to be, but that it is the One Light of God, underneath it. But in that Light, it's not a cold thing. It's a warm thing, because the Intelligence of God is inculcated in that Light beyond the atoms. And when you see that Light, and merge in it, then you will know, you are not this body, but you are that One Eternal Light.

Now, going on just a bit; our dreams, that is, we cannot wake from the Cosmic Sleep by our own power. That's sure. Now we can wake from our dream. Yes. That's right. You can do that in meditation. In meditation you can absolutely realize that you are not this body, but you are a Light, and Intelligence, and Consciousness, which has been frozen and produced your body. You can do that. You can break your own dream easily, in meditation. And those of you who meditate regularly, know that. You know that the body sensations go 'way, and somehow you sit there, and, if you keep on, you'll realize the one underlying Substance – God's Light at this point [between the eyebrows]. So you can break your own dream.

But it is not so easy to break the Cosmic Dream. Because when you wake up, when you come back from meditation, you'll find the body is still here, and you find the mountains are there, and the automobiles and everything is there. Why? Because that's not your dream, that's God's dream – you understand? That bothered me very much, and I said to the Master, I said, "Well, how about it? Yes, in meditation I know the body doesn't exist. I know the Light of God is there, and that's the cause of it. But when I wake up, there it is – just the same. And there are the mountains, and everything. What's the idea?" And he says, "That's God's Dream. That's God's Dream."

Now, how are we gonna break that? That's the important thing. We're gonna break that only one way: by proper meditation. Proper meditation, and unity with He who has produced, and is producing the Dream. Do you understand? You cannot break His Dream unless you become one with Him. Just like, you break your own dream by becoming one with the Light, which has produced your consciousness of this and that. I am Dr. Lewis, and you are that, and all that. That's a matter of consciousness. You break that when you rise above the

body, and see the Cause, the One Eternal Light. But to break this Cosmic Sleep, this Dream which God has created, is another thing. The only way is by Union with Him, oneness with Him; oneness with Him through this meditation-born intuition. That will do it. That will lift you into His Presence, and you will realize that all things: matter, mountains, all things, solids, liquids, and gasses, electricity, energy, all things, come from the one underlying noumena, the Absolute Substance, the Consciousness of God. Everything comes from that.

As you dream your dream, so, He Dreams this Cosmic Dream. And so, remember. It can be broken only that, only by that way, by waking up from the Cosmic Sleep through His Grace, and becoming one with Him. Then, as Lord Shankara said – he didn't say "I am not the body" – he says, "I am He, I am He, blessed Spirit, I am He." So we can do likewise. As Lord Shankara realized that he was not the body, but that he was the Great Spirit, so we can do that. And by right meditation, proper meditation, we can wake up, and realize that we are not the body. We can dissolve all the senses, which constitute our being. And the most powerful is what? It is touch. It is that touch, which makes it seem so real. And I feel this book, and how can I think that's a matter of being light? It is that touch which is the most powerful sense. But that can be dissolved in the One Great Light of God.

And so, by proper meditation, proper meditation, proper meditation in which the intuition flows, then we can realize that we are not the body, but that we are one with the Great Light of God. And we can realize that all matter, all matter is not as it seems, but that it is God's Great Light differentiated into multitudinous waves by His Will and by His Power.

Now, by proper meditation we can also realize this one thing. And this is, I think, is the greatest thing, and after this I am through. We can realize the Vision of the One Eternal Light from which all things have come. By right meditation – and the right meditation is that given by the Master – we can realize, and have the Vision, of the Eternal Flame of God, from which all have come. And we can realize that that Eternal Flame is the Cosmic Source. The Cosmic Source of the living family of God's children. Isn't that wonderful? I'll use the Master's own words, "That eternal flame which you can realize by proper meditation, you can realize that as the cosmic source of the living family of God's children."

Now having that, can't you see that the delusion, the delusion of thinking that nationality, race, color, or creed is the reality, must pass away? True freedom, true peace, will come on earth when we realize that One Eternal Flame of God.

Realizing that each and every one of us is a ray of that Eternal Flame, how can there be any delusion? How can there be any Cosmic Sleep, which suggests nationality, color, race, or creed? It must pass away.

So you see that's the way to wake up from the Cosmic Dream, permanently. Wake up for good, is to be one with that Eternal Flame of God, the Absolute Substance, which is in you and me, has produced all things, even this dream within a dream, our own realizing, or thinking, that we are this body. That's the dream within God's Great Dream. But when you feel, and know His Presence in you as the Holy Ghost, that the Light, and the Sound, and the Great Love of it in your heart, then that Cosmic Sleep will pass away, and you will wake from the Cosmic Sleep.

Tribute to Abraham Lincoln

And so in conclusion, I want to just say a word about Lincoln, his birthday, was yesterday. He realized, Lincoln realized, the underlying noumena, the one eternal cause of God – His Great Light. He realized that when he said that, “all men are created equal.” He realized that when he freed the slaves. He knew that this worldly existence was not the reality, and that there was no idea of separateness in nationality, race, or creed. He realized that, and that's why he was so great. He had the Vision of the One Eternal Light of God, from which all things have come.

And I'd like to read, at this time, a poem by Edwin Markham, about, Markham, about Lincoln. I had the good fortune to be with the Master in Boston, I think, two, three years after he arrived, when this poet, Edwin Markham, met the Master. We met at a student's house, and he gave us, recited, some of his poems. And so, I think it's appropriate, at this time, just to read his poem about Lincoln, a Great Commoner. And you will see, you will see, that he points out the underlying cause of all things as being recognized by the Great Lincoln.

When the Norn bound Mother saw the Whirlwind Hour
 Greatening and darkening as it hurried on,
She spent the strenuous heavens and came down
 To make a man to meet the mortal need.
She took the tried clay of the common road—
Clay warm, yet with the genial heat of earth,
 Dashed through it all a strain of prophecy
 Then mixt a laughter with the serious stuff.

It was a stuff to wear for centuries,
A man that matched the mountains and compelled the stars to look our way and
honor us.

The color of the ground was in him, the red earth;
The tang and odor of the primal things
The rectitude and patience of the rocks;
The gladness of the wind that shakes the corn;
The courage of the bird that dares the sea;
The justice of the rain that loves all leaves,
The pity of the snow that hides all scars;
The loving kindness of the wayside well,
The tolerance and equity of light that gives as freely to the shrinking leaf
As to the Great oak flaring in the wind—

To the grave's low hill as to the Matterhorn
That shoulders out the sky.
And so he came from prairie cabin up to Capitol.
One fair ideal led our chieftain on
Forevermore he burned to do his deed
With the fine stroke and gesture of a king;
He built the rail-pile as he built the State,
Pouring his splendid strength through every blow;
The conscience of him testing every stroke,
To make his deed the measure of a man.

So came the Captain and with the mighty heart;
And when the step of earthquakes shook the house,
Wrenching the rafters from their ancient holes,
He held the ridgepole up, and spiked again
The rafters of the Home. He held his place—
Held long purpose like a growing tree—
Held on through blame and faltered not at praise.
And when he fell in whirlwind, he went down
As when a kingly cedar, green with boughs,
Goes down with a great shout upon the hills,
And leaves a lonesome place against the sky.

And so, Lincoln was a man of realization. He saw the one underlying God.
That's why he did what he did. That's why his life was as it was.

And so, in closing, it would not be proper unless we had a word or two of the Master, from his poem, "When I Am Only a Dream." This is the key to the realization of breaking the Cosmic Dream. And he shows, plainly – I will not read it all, just the last part – he shows plainly that this dream, and our idea of him, is a dream. And when both dreams are broken, we wake up in the one primal cause: God Himself. "...And as soon as you know my Beloved..." the one, by the one true sense of meditation-born intuition, "...as soon as you know my Beloved, and hear His voice in silence, you will know me again more tangibly than you knew me on this earth plane."

Remember those words. When you break the Dream you will know the Master better, clearer, nearer than when you knew him on this earth plane. "When I am only a dream to you, I will come to remind you that you, too, are naught but a dream of my Heavenly Beloved. And when you know you are a dream..." and when you know you are a dream, "...as I know now, we will be ever awake in Him."