

Circulating File

PSYCHIC ABILITIES IN CHILDREN

**A compilation of Extracts
from the Edgar Cayce Readings**

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PSYCHIC ABILITIES IN CHILDREN CIRCULATING FILE

Psychic Abilities in Children

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Related Circulating Files and Research Bulletins*:

Advice to Parents	
Child Guidance Training (Research Bulletin)	
Intuition, Visions, and Dreams	
Principles of Psychic Science	
Psychic Development: Benefits and Cautions	
Types of Psychic Experiences	

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Commentary on Psychic Abilities in Children

This file is designed to be useful especially to:

- the parents of a child who has had one or more psychic experiences;
- a teacher or counselor who has heard about or worked with a psychic child;
- someone interested in learning more about how psychic ability works;
- someone who loves children and is personally interested in how normal psychic experiences can manifest in the life of a child

Psychic Is of the Soul

It's natural to wonder: "Just what is psychic ability, anyway?" This circulating file will help you begin to address that question. Many of the readings were given specifically for children. The file contains various examples of the types of psychic ability found in Edgar Cayce readings. The first reading -- #5752-1 -- is one that Cayce gave for himself as an adult, to help him understand the nature of psychic ability. In this reading, psychic ability is defined as a manifestation of the soul forces, working through the senses of the physical body. This ability is inherent in every individual, but often lies dormant.

An individual's growth in the awareness of their own intuition depends to a great extent on whether or not these natural experiences are ignored, scolded, or allowed to be awakened. Psychic or soul energy is helped or hindered by both the individual and the environment in which they find themselves. Oftentimes, psychic energy manifests through whatever physical senses have been nurtured, encouraged, even "honored." The ongoing development of intuition is dependent upon how the awareness is used, as well as how individuals "feed" their bodies, their minds, and their souls.

As you study this file, you'll quickly become aware how frequently the readings emphasized the need for everyone in the child's environment (not simply the parents and the child) to focus on creative and spiritual purposes. Cayce encouraged parents to live in a balanced, natural way, and to create a home environment conducive to any child's normal development.

Understanding Various Types of Psychic Ability

In Part I, various types of psychic ability are addressed individually, including references to the physical senses, plus emotions and intuition. The categories in this section are for convenient reference only, for the areas often overlap. Frequently a child (or an individual) will show several different ways of receiving intuitive information. For example, a child who is visually oriented may see images of past lives and also observe disincarnate beings (ghosts) who were known earlier in the present life. More often, however, a child may begin by experiencing one type of psychic ability which later expands into other ways of perceiving. One possible scenario would be for a child's first psychic experiences to come in dreams and later manifest as waking intuition.

In studying the various types of psychic ability from the readings, you may first wish to look for those instances which are similar to something that a child you know has experienced. You might wish to compare various experiences had by children in this file and then correlate these same abilities (and their similarities and differences) as experienced by the young person you know. Oftentimes one particular sense is emphasized over the others. You may notice hearing is emphasized, or seeing, or touch, or feeling, or intuition. Sometimes children even have “normal” experiences that we fail to recognize as being “psychic.”

At some point you may wish to look at your child's experiences from another angle. Do they seem to come from sensitivity to the surrounding environment, or more often do they come from the child looking within? Are the experiences pleasant, or do they frighten the child? Cayce urged the parents of a very fearful 4-year-old girl (reading #3162-1) to be especially patient and loving. They were advised to tell her daily of Jesus' love of children, as well as to use stories about peace and harmony. The parents needed to give their daughter many gentler, happier images with which to “feed” her dreams and visions. The parent's were encouraged to help the child develop and to see her intuition as a helpful influence rather than a disturbing one.

Often Cayce's counsel to young people with psychic abilities was to strive for the highest purpose, and to not get caught up in the fascination of the phenomena itself. For example, in reading #1581-2, Cayce urged a 12-year-old boy not to concentrate his energy on seeing less-developed spirits in the “interbetween,” but to concentrate instead on a similar relationship with God, since this latter friendship would offer him limitless growth.

Cayce often told parents to make certain that they showed their child how to focus upon the positive, helpful aspects of the environment. Some of the children who received readings were hypersensitive to their surroundings and therefore needed to be guided into choosing helpful friends and positive settings. Cayce told many parents that they needed to teach their children how to make comparisons -- to help their children learn to study and understand within themselves why some activities or experiences were better than others.

Using the Readings' Suggestions for Parental Guidance

The foundation for all Cayce's suggestions about psychic development is set out in reading #5752-2. You'll find this reading (which is a continuation of #5752-1) at the beginning of Part II of this file. Remember, from the readings approach, psychic experiences are spiritual forces manifesting through an individual mind and physical body. For the experiences to be positive, the physical and mental channels through which the experiences come must be attuned and open to the highest, best sources. Sometimes parents asked Edgar Cayce for very specific information about the development of their child's psychic abilities. Cayce gave both uplifting encouragement and careful warnings about psychic training.

If you are interested in helping your child develop his or her intuition, there are a number of things you can do. Encourage conversations with your child discussing the experiences. Set aside time at breakfast for dream discussions. Frequently emphasize the normalcy of intuition rather than the excitement (or the unusualness) of the phenomena. It is also a good idea to work on your own spiritual disciplines, thereby setting a good example for your child: clarifying your spiritual ideal; have a regularly scheduled meditation and prayer time; read uplifting and spiritual literature. As you begin to grow yourself, you'll find that you are better able to guide your child.

The last section in the circulating file contains particular suggestions for parents. There are at least two ways to study this section. One is to approach it by age group. Using this method, you'll start with an age group that includes children about the same age. Once you find your child's general age grouping, you can look over all the suggestions in that age category.

A second way to study the "Suggestions for Parents" is to look through all the age groups until you find personality characteristics that seem to fit your child. With this method, you can consider using with your child suggestions that were made for a child who had a similar personality or temperament. (Of course, with this second method you'll also want to be alert to age-relevant ideas in the advice Cayce gave.)

Conclusion

One theme stands out in Cayce's advice for psychic children. An enormous influence comes from both the parents and the environment. Cayce suggested surrounding the child often with people who were open to psychic experiences and yet wouldn't overemphasize them. In addition, the readings advocated a family lifestyle that included a spiritual focus, a balanced approach to life, kind deeds done for other people, and opportunities for using creative energies through the arts.

As children reach age 11 or 12 and beyond, positive experiences with like-minded friends and accepting adults can help them set their own ideals, attune to their spiritual source, and understand themselves better. Although psychic ability often seems to fade during the teen years, sensitive adults can help their teenagers to understand themselves and to use their energies creatively. At some later date these young individuals may choose to let their creative energies flow again into the psychic senses. Then, they can choose of themselves how to best use their natural abilities which Edgar Cayce said are "of the soul."

Youth Activities Department
Association for Research and Enlightenment, Inc.

Note: One additional readings research suggestion may prove useful to those who have access to the A.RE. Library or to the Cayce readings on CD-ROM. If a special characteristic or type of ability in any section interests you more than others, you may also want to study the entire reading (or several readings) for that particular child. Such an in-depth, case study approach will often give important insights about that particular child and the specific kind of abilities that he or she had.

SECTION I: TYPES OF ABILITY

What Psychic Ability Is

TEXT OF READING 5752-1

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 8th day of June, 1932, in accordance with request made by those present.

P R E S E N T: Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno; Mildred Davis and Hugh Lynn Cayce. Time of Reading: 11:10 A. M., Virginia Beach, Va. .

1. GC: You will please outline fully the information which Edgar Cayce, present in this room, should give in lecture form on the subject "How to Develop Your Psychic Powers", to be given during the Congress of the Ass'n for Research & Enlightenment during the week of June 27th.
2. EC: As in the approach to such a subject, well that we first define psychic phenomena and that through which same operates in the physical man, that we may know how or why such forces, or phenomena, might be developed in an individual.
3. When one develops their muscle and brawn for the ring, or for any activity of such nature, there are certain rules of living that must, or that have been found to be necessary for such an one to adhere to.
4. When a faculty of the body, as a pianist, or cornetist, or an artist, is to be developed, there are certain courses of development, certain training through which the body-physical, the body-mental, shall pass as TRAINING self for such an undertaking.
5. When one, then, is to develop a faculty, or a force, that is present - as any of these referred to, lying latent in one form or another in EVERY individual; so, then, do the psychic forces, the psychic faculties, lie dormant or active in every individual, and await only that awakening or arousing, or the developing under those environs that makes for the accentuation of same in the individual.
6. As the psychic forces are manifesting, or do manifest through the senses, or those portions of the physical being that are trained for acuteness, as is one that would be trained for art in the applying or the mixing rather of color, as one that gets the color, or the tone from the violin, or the like, these are percepts of faculties of the sensory organism, and are akin to the soul.
7. The psychic, then, is of the soul, and it operates through faculties of perception, whether hearing, seeing, feeling, or any portions of the sensory system; and those portions of the physical organism, as we know, that find their basis in the honored or

dishonored portion of the physical organism - as those of the brain, those of the percepts that deal with glands that function with concept, conceptive thought, constructive thought - or destructive thought, dependent upon that it is fed upon. Much in the manner that a trained physical body may be raised to such power as to meet any antagonist, yet allowed to become unstable - through associations or derangements of the physical body, by the abusing of those laws that govern those portions of the system - is easily defeated, and loses that for which it has trained itself This we see would follow throughout the whole length and breadth of a developing organism.

8. In psychic forces we find the subconscious mental forces as a means, or manner of expression. Subconscious, we know, also partakes both of that which is a physical dormant consciousness and of the spiritual, or that upon which the body has fed through its activity in a material plane, and is a portion then of the soul of the entity. Hence we find this development depends not only upon one of the experiences, though one experience may make for such an alteration that the activities of the soul, of the mental, of the physical, may be altered so as to be going in the opposite direction from that it had been going in the first premise.

9. So, the warnings are that these forces, these activities, are to have their criterion from which a premise may be made, and the judgment that is brought to a material condition may be seen as to HOW it may operate.

10. We are through for the present.

Psychic Sight

Dreams

3089-1, F 1, 7/9/43

3. In giving an interpretation of the records as we find them here with this entity, it is rather hard to find words to indicate the unusualness of the entity's abilities, and to choose which of those in the experience will have the greater bearing on the entity itself.
4. Much, to be sure, in the material plane, depends upon the opportunities, or the stress that is made in the early years of the entity's experience - through these periods of the childhood, or the formative years.
5. As the entity talks of dreams, of experiences, of visions, encourage rather than discourage these. For, as will be seen, if the spiritualness of life is given expression, the entity may become a real force or power in this experience in the earth.

324-5, F 3, 9/5/34

31. Train, then, those activities in that direction that the spirit of truth may pervade, may direct, may be the choice of the entity in its dealings with its fellow man. For as the periods of development in the years of activity come in a material sense, greater will be the urges from the unseen forces in the experiences of the entity; not only in the imaginative and the impulses from the emotions, but visions and dreams will be the channels through which much may come to the entity's activities.

665-1, F 8, 9/20/34

21. In the name Cleopatia, the entity gained throughout the sojourn in the earth, and made for those things, those experiences, that paved the way by the return of those of its own household to Rome for the carrying of the gospel of the Nazarene into that land. For while the entity remained among those that were persecuted by those that came into power, the family of same returning with the soldiery remembered what THIS entity had received through the blessings given by Him on the wayside. Those experiences of the entity as are the betterments, and the periods when consternation or distress of any nature arise, whether mental or physical in the present, the visions and dreams of those lessons given by Him as He spoke to the children in the childish UNDERSTANDING manner, and the lessons of the lamb and the lessons of the household pets that were given to those children there, have remained with the entity. And these may find expression when the entity even today visions these things, as they pertain to the activities of others. And the joy of such will bring much in the experience if they are applied in the artistic field of activity.

3162-1, F 4, 8/17/43

4. For, here we have a quick return - from fear, to fear through fear....
5. The entity then was only a year to two years older than in the present experience, that finds the world such a turmoil for the entity in its dreams, its visions, its experiences in those periods when the body mind is active again to those fears about it....
7. Be patient. Do not scold. Do not speak harshly. Do not fret nor condemn the body-mind. But do tell it daily of the love that Jesus had for little children, of peace and harmony; never those stories such of the witch, never those as of fearfulness of any great punishment; but love, patience.
8. This do, and we will find a great, a wonderful soul, that has come again to bless many.

1947-6, Mother, 6/10/40

24. (Q) How can I recognize my daughter [2005]'s psychic ability when it makes itself evident?

(A) Not by overtaxing the body itself nor the body [2005],but these are NATURAL developments. Question the body as to its visions, experiences, feelings, - and especially as to its dreams. These as we find are the channels through which such manifestations make their first impressions; and these should be cultivated, - not by attempting to get the individual entity to expand so much as to draw upon its imagination, but let it know that there is an INTEREST in such, which will give the abilities of the entity to bring about greater activities, -just as the cultivating of any characteristic, or the spiritual, mental or material developments.

Visions

299-1, F 5 days, 9/5/31

7. In Uranus will make, as will be seen, those periods in the entity's development when there will be moods, temper will be expressed and manifest in its activities. Well that those visions, also those tendencies for visions of seeming exaggeration by the entity in such periods, be NOT curbed; rather made note Of, studied WITH the entity as its UNFOLDMENT in MENTAL developments shows in its activities.

314-1, F 2 days, 4/20/33

11. From Venus also will be seen abilities not only in the field of music but in the field of imaginative influences as well, and visions may often be to the entity - in its early experiences in this sojourn - as realities to the developing mental influences of the entity. These should not be made sport of, nor contended against; rather used or heard in prayer, in the power of DIRECTING the developing mind into those channels that will make for rather the basis of the hopes, the fears, the beliefs and the activities of the body in such directions.

1923-1, F 1 month, 3/24/31

5. One where there should be definite periods when those upon whom the entity is dependent for the physical and the MENTAL development, the BODY conditions should have periods when each upon whom the body is dependent should reason with, counsel with, even as respecting those visions that come from the Uranian and the Venus and Mercurian forces, as WELL as the BROADNESS in those visions from an influence in Jupiter. These, then - as seen - make for those that will later be termed occult, or those forces in the body as INTUITIVE forces; for the body physical being covered in conception with that influence of occult forces, has had the caul or veil that has indicated its setting apart by those forces as develop in NATURAL means as one that will be blessed with those abilities for intuitive mental developments. Then, never break by crossing or by making fun of the IMAGINATIONS of THIS body. Rather make for that as will give a perfect physical and mental body FOR the forces to MANIFEST through; for through the experiences in the earth's plane of the entity these are INNATE, and will be manifest to a high degree in this present experience. Beware of the mystic forces, or those of signs, for the entity. Rather let these developments be of the mental and soul forces OF the entity, than by those movements either in numbers or in symbols, or signs .

2458-1, M 11, 3/5/41

5. For the entity, from its experience in the earth, is one who has great abilities; that may be turned into good or bad, dependent upon purposes for which the direction is chosen - and which the entity may apply as a gratifying of self or for becoming wholly an instrument for good.

6. From its own visions and experiences, the inclinations and tendencies in the present are for the entity to accept as fact that which is mentally experienced....

14. Keep the entity from that of self confusion, self-domination; and build the desire to serve others - for that is the duty of each soul.

Psychic Imagination

3069-1, M 2 days, 7/1/43

5. One that nominally will be waiting - and just waiting - for something to happen; and yet with an inner vision, as will be manifested in a great imagination - as it may be termed at times by others. While this should be tempered and trained, do not prevent the entity from giving expression to its experiences of a psychic nature.

6. For, the entity is indeed an Atlantean. And, as just indicated, there may be those suppressions or those unfoldments that may make or cause the use of those tenets and truths that were a part of the experience of many through those periods, that may bring the unusual usage of spiritual and mental laws in the experiences of those with whom the entity may come in contact.

758-23, M 8, 11/04/30

9. In the influences of ennoblement, with those of Uranian with its prerogative of extremes, make for those conditions as must be met physically, as to ward against an overtaxing of the entity in its even NATURAL mental influences in those of Mercurian forces. In the present experience these come much as the test of the entity's standing in a form of development through the things which the entity, mentally and physically, may undergo for a knowledge of the spirit of truth as makes manifest within self; for losing that hold of love's influence in Venus' experience, and with those of the particular development in the mental forces as of Mercurian - these, combined aright, may be made for an opening up of the entity's abilities in STABILIZING influences of the nature as partakes of mysticism, occult forces, or of the arts as require the expansion of the imaginative forces of the entity; not only in its preparation for, but in the application of conditions as make for an ennobling of man's influence, whether as to self, individuals, groups, classes, or masses.

1179-10, M 13, 11/23/41

14. (Q) What can be done to increase facility in reading?

(A) As indicated, the body imaginations at times react to that it attempts to read. Hence producing in mental reactions the spiritual import as indicated for this body should facilitate activities, bring better responses and reactions to the body.

324-5, F 3, 9/5/34

38. (Q) What training should she have as a child to lay a better foundation for her life work?

(A) As given, let all be done in meekness, in sincerity and in truth. NEVER present that as an untruth to force an issue with the developing mind. Rather that in parable or in those things pertaining to the mysteries of the unseen forces, as tales to create for the entity the ability for vision and for magnifying of the inner urges for the unseen influence.

Vivid Beautiful Memories

1431-1, F 15, 8/27/37

62. (A). . . ye will find not only more and more that the worthwhileness of life is in being able to see the little things are remembered but that creative forces GROW, while destructive forces deteriorate.

Then, to be able to remember the sunset, to be able to remember a beautiful conversation, a beautiful deed done where hope and faith were created, to remember the smile of a babe, the blush of a rose, the harmony of a song - a bird's call; THESE are creative. For if they are a part of thyself, they bring you closer and closer to God.

Seeing Auras and Colors

361-4, M 15, 8/10/34

40. (Q) Do I read auras correctly?

(A) Not always. Study first not that which is of the physical; for, as we have indicated, auras are both physical and spiritual influences. With the subjugation of the physical the spiritual shines forth. With the exercising of the forces of the physical only these supersede; but study as in self. Know by the feelings that PROMPT thee, as to what emanations and vibrations are created by the meditative forces, the prayer and supplication that He guide, as He has given; and His light will guide thee in understanding that auras are not as judgments, but that ye may know, even as He has given, "I will put into thy mouth and into thine heart those things thou shouldst say when it has needs be that YE are MY representatives in the earth."

1406-1, F 14, 7/13/37

4. Colors - these become as means in which the entity may, for itself, determine much. But know as to what colors mean. For the entity is not only able and capable to receive the vibrations of individuals about the entity as to their colors but as to their vibrations. And these then make for a sensitiveness that is often disturbing to the entity.
5. This may be developed or it may be passed over. But those that are as symbols or signs or conditions that may be used constructively, use same; do not abuse same. For that which is good, to be sure, may be used to one's own undoing.
6. Know that when there is felt, seen or experienced those vibrations of low, leaden or dark reds, these are as dangers; not only for self but sells associations with individuals. This is not always to the entity, neither will it be found to be, compatible. For there will be oft, as has been in the experience, those individuals that mentally or materially the entity likes and likes the associations, yet there are resentments.
7. Then study those influences. And know when such arise in the experience that warnings are ahead, and govern the associations and the activities accordingly.
8. When there is felt that glow of orange, and the violet hues with the orange, know that these bespeak of sentimentality in the experience and are not always good; yet these in their proper relationships should be a portion of the experiences that make for a joy and an understanding; and it is indeed in such experiences - in which one may know what such vibrations and such colors mean - that the individuals may be trusted.
9. When these reach those stages as to where there is felt the lighter red, and those that turn to shades of green with the influences that make for shadings into white, then these trust, these hold to; for such individuals, such associations, may bring in the experience of the entity that which will make for spiritual enlightenment, a mental understanding, and the influences that would bring helpful influences in every experience.

Seeing Fairies and Gnomes

1775-1, F 18 days, 12/31/38

29. Things then that have to do with the outdoors, with forest, with streams, with those things having to do especially with horticultural nature, will be of special interest to the entity.
30. And the little folk that inhabit many a dell will be a guiding force for the entity, if there is care taken WHEN it is in active influence during its early periods of development out of doors.
31. Plenty of sunshine, then, should ever be the experience for the entity. Not as one wild, no - but as one well-regulated, with a great deal of close communion with nature.

2547-1, M 4, 7/29/41

16. Before this the entity was in the Scotch land. The entity began its activity as a prodigy, as one already versed in its associations with the unseen - or the elemental forces; the fairies and those of every form that do not give expression in a material way and are only seen by those who are attuned to the infinite.

21. When there are questions as to the source from which the entity obtains its information, agree that it comes from the infinite. For, these are the developments.

5359-1, F 14, 7/22/44

5. For the entity of its inner self is very psychic. Do not submerge, but rather encourage all such....

9. Thus those warnings should be: make the self, then, embrace opportunities with groups and others. Do apply self in the direction especially of art and music. For these will offer the channels, especially as has been indicated, through which not only the material success may be gained but the interpretation of the physical, the spiritual, the psychic. Don't be afraid to acknowledge that ye see fairies as ye study, for you will nurture these experiences. Don't be afraid to say that you see the gnomes which would hinder peoples at times. These may be a part of the background for many of the cards, for many of the various sketches which you would make.

Seeing Spirit Forms

1581-2 M 12 03126139

25. (Q) Stewart Hoover who is in the spirit world, - is he the one who guides me and should I cultivate the relationship?

(A) This is not amiss, but best not for cultivation; else ye limit thyself and hinder Stewart Hoover in his real development. For, remember the Father, God, hath promised to meet thee in thy temple. Thy body is the temple of the living God. Thy body is as the shadow of the tabernacle, and He will meet thee in the holy of holies. Remember, as thy Master, thy Lord, thy Christ has given, "I stand at the door and knock, and if ye will open I will enter and abide with thee - I and the Father." This as ye conceive, this as ye understand, is the highest source of understanding, of knowledge. And it is the self that seeks this understanding, this comprehension, - not at the expense of another, but in that manner in which ye may aid even those who are in the inter-between, who having not here gained the full concept are still in that position even as He gave in the parable, "If they hear not Moses and the prophets, they would not listen though one appeared from the dead."

(continued on the next page)

Hence these are as the greater openings for thyself. Think it not robbery to make thyself equal with God, for He is thy Father. Then approach Him in thy inner self as ye would thy earthly father, with that same conviction that He heareth and will answer thee, - and that THOU usest that understanding in thy relationships with thy fellow man!

361-4, M 15, 8/10/34

38. (Q) Were the experiences I have had in which I have seen spirit forms, real or imaginary?

(A) Real.

Retrocognition: Glimpses of Past Lives

3069-1, M 2 days, 7/1/43

25. Thus we will find in the present experiences and those unfoldments in the early development of the entity, descriptions that will be quite fanciful - but will be a harkening of the entity to those tenets and truths which were a part of the experience there. [In Atlantis]

1179-2, F 7, 7/28/36

23. Also the entity heard the words of the teacher, the Master; and these especially then as indicated come to mean a great deal to the entity. Also if the entity is questioned, if there is given to the entity the experiences of the childhood of those nigh unto Him, it will be able to depict in its own, not imagination but in its own experience by turning into the mirror of life and seeing those forces, those experiences that were had by them. As an experience, ask "What do you suppose was served at that supper?" and find HOW many things that are not known in the men of today will be recalled by the entity!

24. In those things then keep the balance for the entity, that they do not become as mysteries, as strange tales, but rather as the LIVING Christ, as the living example for men and women. As a neighbor, as a brother, as a savior, show Him to THIS entity - in that light.

1581-2, M 12, 3/26/39

24. (Q) I have had flashes of past lives - a Norseman, a Spaniard about the time of Ponce de Leon - one of being on Columbus' ship - a Roman soldier - an American Indian. Are these impressions from past incarnations? Please explain.

(A) As just indicated, the body is Body, Mind, Soul. HEED these impressions. These are flashes at times of material experiences that have been an influence, - just as has been indicated as to how ye may develop to apply thy mind in thy studies, or in any endeavor that ye undertake, - these become a part of the real self. These are, in instances, material experiences as sojourns. For as has been indicated, not all of the dwellings in the earth have been given. For, as the illustration: Ye experienced much of the Indian experience through the Salem sojourn, - that is, by associations. The Ponce de Leon and the Spanish, - these ye will find, as ye interpret deeper, are one. And the flashes as from the Norseman, - a real experience.

406-1, M 14, 9/11/33

21. Hence, those influences through the mystical and occult forces weighed with the activity of the Christian principles in the mind and experience of the entity, will make for a PECULIAR activity of the entity in these relations in the present. Yet, if the entity will make a close study of the doings and activities of the early churches, there will arise within the experience the abilities to draw upon the imaginations (as termed by many) and come closer to the actual happenings to many during the experience, than much recorded without the text of the Scripture itself - and much that is written there.

22. If the entity will use such abilities in the experience as the balance-wheel, in the thought, purposes, desires and applications of self, they may be made the strongest bulwark of the entity during this sojourn.

Precognition: Prophetic Awareness for Others

2156-2, F 4, 4/16/40

5. Rather know, as indicated, those who approach this entity without the consideration of who she is and what she may mean to the world at this time bring on their OWN selves destructive influences; even as those who had the opportunity of having God in their presence and yet believed not.

6. For, as the entity here comes as a directing influence in the affairs of individuals, in the affairs of groups, - yea, of the nations of the world, - SOW the seeds of righteousness that fall from the lips of the entity, and leave the results with God.

4087-1, M 6, 4/15/44

4. For as we find this entity has more than once been among those who were gifted with what is sometimes called second sight, or the super-activity of the third eye. Whenever there is the opening, then, of the lyden (Leydig) center and the kundaline forces from along the pineal, we find that there are visions of things to come, of things that are happening....
(continued on the next page)

7. Do not use such for gratifying, satisfying, or even encouraging the entity to use such. But do train the entity in the use of divine purpose, divine desire. For if the purpose and the desire is right, we may find that the entity may - as in the experience before this - use the activities for the benefit of his fellow man.
8. For in the use of the power that has been a portion of the entity's consciousness there may come help to many.

Precognition: Awareness of Own intentions & Future Actions

2547-1, M 4, 7/29/41

7. Hence we will find unusual, characteristics in the care the entity takes of certain things about it, and in others as an extremist in his expression, in his words, in the contemplation of his activities.
8. But these need spiritual guidance, - not that the entity is to be PROMPTED. For the entity will do most of the prompting, if it is guided in those activities that are to be the formulated ideals of the developing mind.
9. Thus it should be trained in spiritual truths. Most of these the entity will give expression to, in the attempt to direct. And little may be told the entity of the stories of the Scripture that it cannot tell you more than you will tell the entity! But there should not be a forcing of the issue; rather let there be a NORMAL development.

2005-1, F 6, 9/18/39

13. . . . And there are the needs for the direction as to the intents, as to those conditions that may be as pronouncements of the entity from one period to another. As seen, it is inclined to be a part of the entity's experience that it announces that it will do so and so, and when it is at such and such a place, then such and such other things may be accomplished. These are imaginative. These are intuitive. And these should be directed in such a way and manner that these do not become other than as stepping-stones for the development of the abilities of the entity, - and not stumbling-stones to the entity's best interest....
18. For not only patience but perseverance were a part of the entity's experience. But also loneliness and determination were a part of the entity's experience, that may be tempered.
19. And if these are tempered in those experiences in which the psychic or soul forces of the entity may develop, we will find great abilities, great activities of the entity throughout this sojourn.

628-1, F 4, 8/02/32

4. . . . for, as is seen, these influences make for abilities that - with the activities in Uranus for the tendency of intuitive influences, and the visions and dreams of the body as it plays - may be used as the studies of that in which the environs of the body should be directed, for the better mental, spiritual and physical development; for with the adverse influences that are seen in Jupiter, it will be well in the body's development that it be given that upon which it may rely in all stages and developments of the body, mind and spirit, for those periods will arise in the experience in the present when the body will choose rather to depend upon self and self's abilities than upon others.

Psychic Hearing

Reacting Strongly to Words or Music

1179-1, F 7, 5/31/36

3. These conditions are rather of the unusual nature; or the body physically and mentally is supersensitive and the psychic forces are developing much faster than the bodily functionings. Or the body functionings are of such a nature that the sensitiveness of some precludes some activities through the nominal physical developments....

21. Let those of the readings or its developments in the assimilations be of the 23rd and 24th Psalm, the 14th, 15th, 16th and 17th chapters of John, the 2nd epistle of John, the 12th of Romans, the 13th of Corinthians. These become as part of the BODY-MIND, and its development physically, its development mentally will take on new life.

5679-2, F Child, 3/22/28

6. Now, with the physical and mental, with this particular body, there must be considered the development of the body. Now DO NOT infer that because the body is strange or different from others that it is an abnormal condition for this body! For other bodies it might be an abnormal condition. THIS body's development is NOT an abnormal condition - for the body is PSYCHIC in a GREAT sense. Hence suggestions to the body - warnings to the body - haven't the same effect upon this body as they would upon others. Corrections for misdemeanor or mental conditions within its body, or within its actions physically, do not impress - or DO impress (however the case may be) the body....

8. To meet the needs, then, would be to put the developing body under the care and influence of one knowing the proper way and manner to direct one so that each suggestion made to the physical developing body would be in full accord with that administered to the body for the physical correction, and for the physical and MENTAL DEVELOPMENT of the body! These would understand that NECESSARY for the proper DEVELOPMENTS for the physical conditions, as well as that psychic and psychological force as produced through the action of the mental, or the developing mind of this body (which is far beyond the normal).

2156-1, F 4, 3/30/40

27. Thus we will find hours in the present oft when music, - that is of the nature that brings into association those forces of the celestial as well as the mental and spiritual, - will be the greater channel in which the entity may enable, or be enabled, to give the expressions of those messages, those lessons that will be so much a help, and bring hope, in the minds of others.

Hearing Voices, Music, Rhythm, etc.

3089-1, F 1, 7/09/43

21. From those experiences as the daughter of Andrew, we may find the entity harking to that which to the entity will be as the singing of the angels....

963-1, M 15, 7/26/35

43. (Q) Is this entity a sensitive, and if so of what type?

(A) As indicated; one who may hear, who may see - or that of clairaudience and clairvoyance.

361-4, M 15, 8/10/34

39. (Q) Please advise me in regard to my psychic development.

(A) As just given, study first to know self and that which motivates the purposes of self, for in this will there be found in self not only the abilities to make for those associations but to be guided by those influences from the higher realms of activity through which the entity has passed in its developments in the earth plane. And then be guided by that which will be shown thee, even as the pattern in the mount. Understand self and the motivating forces in the body-mind, in the physical body; for these are the shadow of the spiritual things that may be shown thee - and as thou seest by the study of those things that have been left as the compilation of the experiences of the sage, the prophet, the peoples of old, and most of all that as HE gave thee. For the promise to thee was, "I will come and abide with thee." And in thine experiences of the psychic or soul forces throughout thine sojourn, be satisfied with nothing save that He would give thee; and may ye hear first of all, "Peace - I am with thee. Be not afraid, it is L" And He will GUIDE thee; for His promises are to those that keep His ways.

Hearing Activities, Music Voices in Nature

1581-2, M 12, 3/26/39

9. And, as has been indicated, - the voice as may be interpreted in music, especially as to those that take hold of the imaginative forces in pastoral scenes, - as the bleating of sheep, the mooing of cows, the lowing of oxen, - all of these become such an influence as to bring, as in the eventide in its stillness, the closer at-onement of the mental self to the dependence in the Creative Force. (continued on the next page)

10. Then, as these are made manifest in the activities of the entity in the present, greater and greater may be the abilities for those creative forces or influences that may arise in the experience to give expression to these very influences that will ever be a part of man's experience in his search for God.

Awareness of Thoughts of Others

2156-1, F 4, 3/30/40

18. For, as the entity is sensitive to influences from without itself, it is also sensitive to the thoughts, even, of those with whom it comes in contact.

Ability to Affect Others Through Tonal Vibrations

299-1, F 5 days, 9/5/31

11. becoming a healer in the latter experience through the laying on of hands, in song and in the chants as were made by the entity and its associates. In the present, with those directing influences, may the entity - in those of stringed instruments - bring AGAIN those of the shepherd song, again those of the mountain song, in rain, in sunshine, in the various activities in nature. Hence those directing influences will bring that awakening that will bring joy, harmony, peace, loving understanding, to self and many.

1206-3, F 11, 12/16/36

25. Hence may the entity in the present in its experience as a reader, as a teacher, as an elocutionist, as a dramatist, find means of expression to bring to others THEIR relationships to Creative Forces.

26. For these be the purposes of the experiences of souls and entities in an earthly sojourn.

Psychic Feeling

Feeling Vibrations in the Environment

2542-1, M 2, 7/24/41

5. Very interesting will be many of the experiences one might encounter with this entity in its sensitiveness to places.

2905-3, F 12, 9/17/43

11. Then the greater problem should ever be, for an entity that is susceptible to environ, as to what is the choice of the ideal....

665-1, F 8, 9/20/34

31. . . . First that the self is "sensitive" to influences from without. The necessity of the training in putting its trust where it did in those fields of activity in that land about Bethsaida; for in Him is the light....

1581-1, M 11, 4/26/38

4. The visions and the dreams, the abilities to hear, see, feel environmental influences or forces - by the least of the elemental influences that record or sound upon the consciousness of the entity - are to be taken seriously....

16. We find from the Uranian activities the abilities as related to the occult; and these must be tempered in those directions that they come not from the outside influences. The influences from the outside are helpful, but are to be kept in their relationships with the Creative Forces....

19. For they come as influences through the urges that manifest physically in the emotions of the entity.

1700-1, M 11, 10/4/38

14. And as this entity is supersensitive as it were to vibrations, to environs, to conditions or surroundings, and to those who impel activity of the mental self, we find that the material sojourns will be inclined to have a greater PULLING power as it were towards activities in the entity's experience.

2005-1, F 6, 9/18/39

4. Here we find unusual conditions, especially owing to the long periods of interims between material sojourns. And thus we will find one that oft appears to be lost in confusions of itself; being highly sensitive to those influences from without.

Sensitivity to Others' Emotions

628-1, F 4, 8/2/32

11. . . . yet there is often felt with the presence of some a RESTLESSNESS of the body itself. When those reactions come, well that the balance in the social and mental relations be kept on the even keel.

1406-1, F 14, 7/13/37

15. Let thy ideals be rather in the spiritual impulses, and most of all the courage to live the life and the experiences that to SELF answer for the spiritual concept of morality, of peace, of harmony.

16. For being a "sensitive" and capable of the interpretations of the emotions of others is not easy, yet it must not be abused; else there may come those experiences in which there may arise many misunderstandings - and gossip is never kind!

Feeling What Will Bring Harmony to Others

2156-2, F 4, 4/16/40

14. From that experience we find in the present the manner of expression as indicated in the realm of music, bodily motion, bodily exercise; for the entity may give expression to that "feel," that sense, that color, that tone, that vibration which brings harmony into the lives of those privileged to become aware of such, in the manner capable of being expressed or manifested by this entity.

Psychic Touch

Ability to Strongly Affect Others by One's Own Vibrations

628-1, F 4, 8/2/32

11. . . . Hence the tendency of the QULETING effect the body has upon many an individual...

2542-1, M 2, 7/24/41

50. (Q) What talents, if any, does this entity possess?

(A) The MOST is its ability to wield or yield an influence upon all with whom it comes in contact? THIS is a talent that may be used for weal or woe, to be sure.

1406-1, F 14, 7/13/37

30. It would be impossible for the entity to go even among a group of a thousand and not all be conscious that the entity had entered. Why?

31. As the colors, as the vibrations are a portion of the entity, they also radiate from the entity. Hence many, many, MANY are influenced by the entity even as during that experience when she called to those that had heard, had known, and made for the strengthening influences in even the older of the apostles, even in the younger, and even those that were aged.

32. For the entity brings into the experience of others a helpful, hopeful influence.

2547-1, M 4, 7/29/41

24. So in the present, in the experiences of this entity, there may be expected just as unusual expression; as those coming to the entity to receive the blessings from the handkerchief, the photograph even, or those things that the entity may touch or bless. .

25. But let these be as NATURAL sources, NOT as something unusual....

Healing Through Touch

2156-1, F 4, 3/30/40

29. For there will gradually come the growth of the abilities within the entity's experience to not only bring messages of hope and of fight to others, but to bring aid - through the very laying on of hands - to those who are not only mentally but physically sick, - to those who are ill at ease, rather than the diseased, throughout the entity's experience. In such a manner, with that tempering, with that training which has been indicated, may the entity be of the greater service.

Levitation

3069-1, M 2 days, 7/1/43

13. In the unfoldments we will find psychic forces of unusual natures manifesting in the experience. Not only may the body learn, or teach, much pertaining to levitation, but also there are the abilities to translate much that has not been interpreted in the experiences of but few thus far in the material plane.

Intuition

Association of Ideas

1179-2, F 7, 7/28/36

5. For the astrological aspects are such that there lies innate in the activities of the entity the URGES, yet these are so manifested that the emotions - or those senses - or that which may be called intuitive (which is rather the combination, or the reasoning FROM something that is developed within the individual entity from its associations of activities with ideals in varied consciousnesses - Get that!) - become to the entity as experiences. And if they are guided aright, in such measures, in such manners that they may become as a directing influence, we may have those forces manifesting wherein many peoples of many lands, of many tongues, of many associations, may be benefited by those lessons and truths that the entity may bring to others.

1521-2, F 18 months, 7/7/39

12. (Q) What special mental and spiritual training should be given during this period?

(A) This is the beginning of the awakening to the comparative emotions for the body, and these are well to be kept in that way to aid in giving full expression of the imaginative influences as well as the emotions of the body - that are aroused by the awareness of relationships as the body finds same, or entity finds same, in its development for COMPARISONS of this or that. For, as will be seen, there will be gradually - through these particular periods - the activities of the mind in such a manner as to show how the body-mind begins to expand by comparison, see?

1188-3, M 6, 12/19/36

6. For as we find, the material sojourns and the activities in these - especially in the one - if there are those associations in the mental forces and in the abilities of the entity through these very experiences for that relying upon its psychic intuitive forces - indicate that great changes may be wrought in not only associations but in the abilities of the entity to become more and more the leader; as is innate, but must be trained (materially) for its application in the experience.

361-4, M 15, 8/10/34

39. . . . study first to know self and that which motivates the purposes of self, for in this will there be found in self not only the abilities to make for those associations but to be guided by those influences from the higher realms of activity (continued on next page)

through which the entity has passed in its developments in the earth plane. And then be guided by that which will be shown thee, even as the pattern in the mount. Understand self and the motivating forces in the body-mind, in the physical body; for these are the shadow of the spiritual things that may be shown thee - and as thou seest by the study of those things that have been left as the compilation of the experiences of the sage, the prophet, the peoples of old, and most of all that as HE gave thee....

1735-2, M 14, 10/16/30

8. . . . from each the entity may gain, in its moulding of itself s experience in the present, a lesson - which is as experience to the ENTITY as a whole. Not by the influence of the whole of an experience, but as that correlated or paralleled with the experience of the inner man.

“Knowing” Without Knowing How

406-1, M 14, 09/11/33

6. Hence we will find an individual that will oft be called an extremist; either very active or very dull or lazy; inclining to be in the position of over-enthusiasm about any association or activity, or not caring or paying much attention to same. Yet the abilities in the mental plane will tend to make for the mental understanding. As to whether this is expressed or not will depend upon the entity, as to whether the influences become active or subjugated by the entity. This will also make for those influences in which the entity will be naturally intuitive; knowing many conditions, many things, that may be asked or that the entity may seek, without knowing HOW it - the entity - obtains the information....

665-1, F 8, 9/20/34

5. . . . Haniel [Halaliel? Or I Chr. 7:39 Haniel? Or some other?] is rather the guide for the entity, for he is the overlord lord - making for experiences in the entity as of one delicate in its choices, making for a disposition tending towards that of finesse, making the most of all the associations; making friendships easily and drawing upon the force and power from those associations in a manner and way that even the entity itself will not - until it has passed through the experiences of making itself at-one with the greater developing force - understand as to how this is done.

2443-1, F 13, 2/1/41

11. Also we find indicated the interest in things having to do with the beauties of nature; and the INTUITIVE feelings - as the entity oft gives expressions to self, and occasionally to others - as to KNOWING things WITHOUT being able to give a material or physical reason for same.

Drawing on Inner Experience

2148-7, M 2, 11/19/42

29. The name then was Eliajah. In the experience the entity gained throughout. And the interest will be found, in the unfolding years, in those things that are of the mysterious nature, the entity's interest in telling stories, fairy tales, those experiences where the unusual happened.

30. And the intuitive forces that will be manifested in the present experience of this entity arise from those innate forces there.

665-1, F 8, 9/20/34

3. A "sensitive", and one able to apply self in such measures and manners as to draw from the very realm of INNER experience....

1735-2, M 14, 10/16/30

3. One, then, without respects the will's application, that love and mystery will play a most important part in the experiences, in the manner in which the imaginative forces of the body may be awakened, in which those of constructive forces or destructive forces may be awakened to the possibilities as lie in the exercising of a mental force within self, respecting influences as come from without or from within. Oft will be the experience of the entity during its early period of experience in the earth's plane of knowing, feeling, experiencing, that which to many will be considered rather vague, uncanny, unseemly. These will be as intuitive forces, when awakened by bonds of sympathy or of that awakening as comes with maternal, material, sexual, or changing loves' influence. These GUIDED, these studied, these applied aright in the entity's experience, may be made for developments - and while the body mental may be termed the EXCEPTIONAL in mental abilities, these should be guided in the proper channels and kept as of a UNIT of whole expression ...

Inspirations in Meditation

1179-9, F 12, 1/15/41

34. (Q) Can she help her own present physical condition by her way of thinking?

(A) By deep meditation, as she saw in that experience, as given by Him to all at the period; that to each there should be the turning within and the trusting wholly in the power of God.

1431-1, F 15, 8/27/37

42. . . . Yet much may be gained from the lessons innately and manifestedly as urges from the experience; particularly the innate urges for meditations that bring spiritual, inspirational activities in the experience of the entity.

2905-3, F 12, 9/17/43

10. The influences from the sojourns during the interims between the earthly sojourns are manifested in the deeper visions of the entity, only by and through deep meditation and through practice of the tenets of the ideals of the entity.

Insight into Miracles

1406-1, F 14, 7/13/37

27. Hence miracles, as ye would term them, to the entity are the things of the day. And true, the entity has the insight into those influences, that the so-called miraculous is a natural law; if there is the living, the thinking, the praying one and the same.

Ability to-Interpret Unseen Forces in Others' Experiences

1923-1, F 1 month, 3/24/31

20. In the abilities of the entity - these may become great, dependent upon the guiding of same, especially as to the abilities to gain from UNSEEN sources those lessons, those visions, those pictures for others that may bring an understanding to many. As a MANIFESTER of such will the entity gain most, will they be guided aright - for the service of, the UPLIFTING of, those the entity contacts, rather than for the GRATIFICATION of physical forces in the body.

3069-1, M 2 days, 7/1/43

6. For, the entity is indeed an Atlantean. And, as just indicated, there may be those suppressions or those unfoldments that may make or cause the use of those tenets and truths that were a part of the experience of many through those periods, that may bring the unusual usage of spiritual and mental laws in the experiences of those with whom the entity may come in contact.

2005-1, F 6, 9/18/39

33. In those activities as we have indicated, if there are the developments, the entity may become a real seer; one interpreting many of the mysteries of old, as well as the mysteries of the activity or influences of the unseen forces within the experience of individuals.

2824-1, M 4 hours, 10/7/42

20. An unusual career may be had as a doctor. Educate, put then in the way of the entity those things that may have to do with every form of those activities spiritual, mental and material, that may be of a helpful force in bringing to those in the material plane the consciousness of health-giving force in the experience of those that suffer; knowing that He, the Son, healeth thy diseases, He enlighteneth thy mind, He encourageth those who seek after Him, - spiritually, mentally, materially.

Awareness of "At-one-ment" with Creative Force or Christ Consciousness

2613-1, F 9, 11/01/41

10. As there are the understandings of those about the entity, who are responsible for its entrance into this present plane, - the awakening of the consciousness of the spirit of truth, of the Christ within, is that necessary in each soul.

1581-2, M 12, 03/26/39

9. . . . all of these become such an influence as to bring, as in the eventide in its stillness, the closer at-one ment of the mental self to the dependence in the Creative Force.

SECTION II: SUGGESTIONS FOR GUIDANCE

General Guidance and Suggestions

TEXT OF READING 5752-2

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 9th day of June, 1932, in accordance with request made by those present.

P R E S E N T Edgar Cayce; Gertrude Cayce, Conductor, Gladys Davis, Steno. Mildred Davis and Hugh Lynn Cayce. Time of Reading: 11:00 A. M., Virginia Beach, Va.

1. GC: You will please continue with the information which Edgar Cayce, present in this room, should give in lecture form on the subject "How to Develop Your Psychic Powers", to be given during the Congress of the Ass'n for Research & Enlightenment during the week of June 27th.
2. EC: In the warnings, there are seen many may be gotten from that which might be given in the development of ANY faculty or attribute of the physical or mental body; for the developments of the psychic forces are the development of the SPIRITUAL body, which manifests in and through the physical or mental body.
3. Then, as [to] the question [of] how to develop the psychic forces in an individual body:
4. How may one train their children - SHOULD one train their children - in such directions? SHOULD one have their children become acquainted with their Maker, or their selves? Would one have themselves be on speaking terms with the cosmic forces, with those influences that magnify the spiritual life? When one answers such, SOME would terra this something of blasphemy, were this considered from much of the old or the period of orthodox thinking, as it has been termed. Rather may it be said that [is the] thinking of those that would have others -think as they think, others feel as they feel. God speaks rather to EVERYONE! Whosoever will may learn of Him.
5. As has been said, there should ever be the criterion, the measuring stick by which all such phenomena may be measured. Would many see the visions that were experienced by the men of old who walked close with God, they would be called extremists (as a mild term), devils, and those that walk with unseen forces; yet there should ever be held the will of the FATHER concerning the influences. Study as to how Hannah consecrated the life of her son to the service of Jehovah, how that [he was] under the influence of the law in every respect and tutored by one who was unable to (or did not, at least) tutor his own. What [was] the difference? The consecration of the body yet unborn! When would one begin, then, to teach or train their children? Many months even before there is the conception, that the influence is WHOLLY of the Giver of good and perfect gifts.

6. How develop the psychic forces? So live in body, in mind, that self may be a channel through which the Creative Forces MAY run. How is the current of life or of modern science used in the commercial world? By preparing a channel through which same may run into, or through, that necessary for the use in the material things. So with the body mentally, physically, spiritually, so make the body, the mind, the spiritual influences, a channel - and the NATURAL consequence will be the manifestations.

7. How best, then, to develop those latent forces in one NOW, those who have reached the years of maturity or responsibility in self? Let that mind be in you as was in Him who thought it not robbery to make Himself equal with God, yet took on Himself the burden of all that through His physical suffering, His privation in body, in mind, there might come the blessings to others. Not self, but others. He, or she, that may lose self, then, for others, may DEVELOP those faculties that will give the greater expression of psychic forces in their experience.

8. What shall I read? Wherewithal shall I be clothed? Where shall I dwell? What shall I eat? and the like, become the questions of many. He that taketh thought of such has ALREADY limited the powers that influence through those forces in life. The NATURAL things, as know and given, are the things that make for the better physical body in normal activity. NORMALCY, not extreme in any manner! and there will be shown thee day by day that which will be the necessary for thine OWN development. To some certain amount of exercise, certain amounts of rest, certain amounts of various characters of breathing, of purification, of prayer, of reading - as is found necessary; but of ALL be true to that thou promiseth that source from which all health, all aid, must come! Don't fool yourself, for you CANNOT fool your Maker, and if there is fooling it is yourself- for your brother will soon find you out!

9. We are through for the present.

Birth - Age 2

Parent's Guiding Influence in the Early Years

299-1, F 5 days, 9/5/31

9. . . . an OLD soul. Hence that tenderness WOULD those responsible for, those whose care the soul is with, SHOULD make in their activities WITH the budding of the soul's awakening in this, a material and CHANGED world.

5398-1, M 10 wks, 8/24/44

3. . . . For the name in the experience before this was Neuendorff- but study what that means, and what he did. You will have concepts of those problems to be met in the needs for direction, needs for the warnings against self-indulgence; the needs of instilling the thought that it is not by might and power, but by the word of truth, the word of hope, the word of kindness, of gentleness, that the formative years of this entity's unfoldment may be made not only as a pleasure, but as an every contributing factor to that character of music which indicates the hope, the desire, the purpose for which this America came into existence; and its place; its purpose, its position in the affairs of nations as a directing influence to the hopes of man, in its greater unfoldment of bringing peace on earth, goodwill to man. Thus, as is indicated, may the individuality that is the entity be brought in its activities so that its personality may contribute to the factors necessary to keep this entity in the direction needed.

1923-1, F 1 month, 3/24/31

4. In Venus, then, we will find that the entity will be able to be reasoned with almost from the beginning, and as the mind begins to develop there will be tendencies for great imaginative forces of unseen activities. These harbored - that is, guided in a proper channel - may be made to become BLESSINGS to all who have control of, or who associate WITH the individual or entity.

143-1, F 2, 10/31/24

6. One that may love too well but not wisely.
7. One that may be too indiscreet in person, yet with all good intentions from the entity's viewpoint.
8. One with the correct training, in these two elements especially, will give much to the world, of forces through the ennobling influences of the life led and known among many peoples.
9. One that would give much of the understanding through the love and ennobling forces in those mental attributes of soul's manifestations, called psychic or spiritual forces in earth's plane....
11. One that should be trained in those lines, especially, of musical forces in the understanding of same in the lives of individuals who receive the vibrations from same to ennoble their lives, rather than an operator or musician itself....
13. One who may be given, through the correct training, much of the influences to be shed over many peoples.

2148-7, M 2, 11/19/42

6. Here you have a very sensitive entity; one who will be worldly-wise. In the periods of unfoldment instill that of right and justice in the entity. And in the precepts given, live them in thine oven experience ...

299-1, F 5 days, 9/5/31

6. . . . These will naturally, with the incoming influence, make for one that will be inquisitive, and seeking to know the REASON, which - while not unusual ORDINARILY in a child or a DEVELOPING one - will be unusual to a marked degree in THIS entity as for CAUSES, as well as reason; making, then, those precautions that those who give answers to the seeking and developing mind give those that are an answer IN Truth as NEAR as IS possible to be done, under any and all circumstance! This, as will be seen, will make for a development that will make apparent one ever OLD for its year, and years, yet the BEAUTY in the ABILITIES of the entity will repay all that are associated with same in the beauty of the life, in the development of the mental forces, in the ABILITIES of the entity in many - or all - directions....

314-1, F 2 days, 4/20/33

4. One, then, that will be found to be innately tended (and developing) toward headstrongness.... (continued on the next page)

9. Yet the influencing of the entity should be through love, through that of loving reasoning for Right's sake; and through holding out the betterment that may be the result. 10. Not as bribe (for this may be easily trained also into the entity's personality), but rather as right for Right's sake; that love, virtue, mercy, patience, hope - these bring their own reward, that is EVIDENCED and IMMINENT in the experience of all who adhere to those influences as principles and not as bribes.

1775-1, F 18 days, 12/31/38

54. Direct the entity, then, - do not break its will, but - by precept, by love, by example, by judgment, by mercy, by grace - make the directing influence towards a PURPOSEFUL In, a PURPOSEFUL activity! It plays for a purpose, it is bathed for a purpose, it sleeps for a purpose, it acts in this or that manner BECAUSE such and such is desired as an EXPERIENCE for the entity!

55. Thus we will find that what it may attain, as a writer or author of children's books, is only limited to its OWN desires.

2148-7, M 2, 11/19/42

10. One that can get as mad as the most, and becomes very determined in self. These are necessary, yet if these are not controlled by the entity they may become hard to deal with, And the ability to control [self] must be instilled in the unfolding mind of the entity. These are indicated in mind and in Mars, and will also bring strength and virility, and a strong body after those periods of the unfoldment have come.

3089-1, F 1, 7/9/43

4. Much, to be sure, in the material plane, depends upon the opportunities, or the stress that is made in the early years of the entity's experience - through these periods of the childhood, or the formative years.

The Child's Environment

2607-1, M 18 days, 10/20/41

12. Let the entity, then, be nursed to music. Let it be as part of its environ almost daily.

299-1, F 5 days, 9/5/31

6. . . Hence nature, nature's activities, should be that as will ENABLE the body, physically, mentally, to ask its questions. Developing in a MODERATE manner the athletic body will aid in its better development in the physical and mental body, and unfoldment also.

7. . . . Colors, to be sure, will affect the body often. Hence those of modes and violet would be well to have more OFTEN ABOUT the body, as WELL as those shades of BLUE that will make for a more EVEN development in the entity's activities.

1775-1, F 8 days, 12/31/38

18. Too easily may the entity be influenced by those who merely speak or are particularly kind in a manner that is appealing to the entity.

19. Hence precautions - and yet not such as to not cause self- reliance - should be taken in the developing years for the entity.

Accept and Record Psychic Experiences

314-1, F 2 days, 4/20/33

11. . . . also will be seen abilities not only in the field of music but in the field of imaginative influences as well, and visions may often be to the entity - in its early experiences in this sojourn - as realities to the developing mental influences of the entity. These should not be made sport of, nor contended against; rather used or heard in prayer, in the power of DIRECTING the developing mind into those channels that will make for rather the basis of the hopes, the fears, the beliefs and the activities of the body in such directions.

1521-2, F 18 months, 7/7/39

13. . . . Hence the warning is that the entity should be allowed to give EXPRESSION of those emotions, or experiences that it will gradually begin to describe, - as to the hearing, seeing, feeling in its activity, - and that there be the explanation that these arise within the self from the SPIRITUAL and not from the bodily emotions alone. This, then, is that which will enable a greater influence of the spirituality of the urge to become so much a part of the entity; enabling same to be as real in its experience as its daily life.

3089-1, F 1, 7/9/43

33. . . . Not that these are to be exaggerated, or built on, but do not submerge the imaginations of the entity in its vision. Rather encourage, and DO train the entity in those directions indicated; DO retain in writing those experiences, for they will mean much when the abilities of the entity begin to unfold in its teen age, when more information concerning these may be given the entity.

5398-1, M 10 weeks, 8/24/44

4. . . . Thus, the entity will be found to be one quite sensitive, or a psychic of no mean ability, but let these influences be directed rather into the self's unfoldment, or self's interpretation of the relationship of the individual to the Creative Forces, rather than to personal magnetism or personal desires.

Ages 3 -7

Guide by Example

2156-1, F 4, 3/30/40

9. Not in longfacedness, not as ones that would shut themselves away from man or his disorders and discouragements, but rather in those realms in which the fruit of the spirit of truth is made manifest, - in patience, in love, in kindness, in gentleness, in those things that bring constructive, hopeful, helpful forces into the experiences of others, - these, and all such, should be that upon which those about the entity would, should, meditate - daily....

17. And now, here, it is not sacrifice that is required, but love, - LOVE made manifest; not materially, not in those things that corrupt or that make men afraid, but in the light of GOD'S love, - in conversation, in activities, in the dealing of one with another in the presence and in the consciousness of the entity.

1179-1, F 7, 5/31/36

6. Keep the atmosphere, the attitudes of a spiritual life; not as an enforcement but as a choice. Keep those activities of the mental forces about the body aware of its personal relationships with the Creative Forces in its experiences.

Accept and Record Psychic Experiences

2547-1, M 4, 7/29/41

7. Hence we will find unusual, characteristics in the care the entity takes of certain things about it, and in others as an extremist in his expression, in his words, in the contemplation of his activities.

8. But these need spiritual guidance, - not that the entity is to be PROMPTED. For the entity will do most of the prompting, if it is guided in those activities that are to be the formulated ideals of the developing mind.

9. Thus it should be trained in spiritual truths. Most of these the entity will give expression to, in the attempt to direct....

10. DO NOT QUESTION the entity as to the sources of his information. DO NOT CORRECT the entity as to that given, but keep a detailed record of what is given.

11. Do not impress or give the impression that the entity is different from other individuals.

12. DO have the development physically AND spiritually as one.

5043-1, F 6, 5/4/44

6. Hence there is the intent of visions. The entity loves to tell of that which it has seen. Don't question it, but do keep records of same.

1947-6, Mother of 2005: F 6, 6/10/40

24. (Q) How can I recognize my daughter [2005]'s psychic ability when it makes itself evident?

(A) Not by overtaxing the body itself nor the body [2005], but these are NATURAL developments. Question the body as to its visions, experiences, feelings, - and especially as to its dreams. These as we find are the channels through which such manifestations . make their first impressions; and these should be cultivated, - not by attempting to get the individual entity to expand so much as to draw upon its imagination, but let it know that there is an INTEREST in such, which will give the abilities of the entity to bring about greater activities, - just as the cultivating of any characteristic, or the spiritual, mental or material developments.

Help Child Focus on Purposeful, Harmonious, Spiritual, and Constructive Intentions

1179-1, F 7, 5/31/36

12. DO NOT subjugate the imaginative forces but rather direct them into those forces where there is, as has been given, a closer concept to the developing mind of its relationships with Creative Forces, IN the material relationships as well as mental and spiritual.

4087-1, M 6, 4/15/44

7. Do not use such [prophetic ability] for gratifying, satisfying, or even encouraging the entity to use such. But do train the entity in the use of divine purpose, divine desire. For if the purpose and the desire is right, we may find that the entity may - as in the experience before this - use the activities for the benefit of his fellow man.

8. For in the use of the power that has been a portion of the entity's consciousness there may come help to many.

3162-1, F 4, 8/17/43

4. . . . And these bring, with those experiences of the entity, that which will require special influences to be put into the experiences of this mind; that it may be kept away from fear....

7. Be patient. Do not scold. Do not speak harshly. Do not fret nor condemn the body-mind. But do tell it daily of the love that Jesus had for little children, of peace and harmony; never those stories such of the witch, never those as of fearfulness of any great punishment; but love, patience.

2156-1, F 4, 3/30/40

3. These should be very sacred to many, and especially this entity, - as it has been and is a chosen channel of manifestations in the material plane of love which the Father hath bestowed upon the children of men....

6. For the entity's world, in its relationships to others, must be kept more in the constructive experiences, - rather than the encouraging of, or the seeking for, that which is of a dire nature, or as to be a sensation as to happenings in the affairs or the experiences of others.

1911-1, F 7, 1/27/31

13. . . . Do not attempt to belittle or dissuade the entity from those impressions that are coming through from that called imaginative or subconscious force in self. Rather reason with, counsel with, as to the proper application of the SOURCE of that felt, heard, seen, experienced, and its USEFULNESS as to conditions that arise in the experience of a body. Not as for MATERIAL gains; rather as for the mental and soul development of the entity using such experiences when these are given by the entity as a comparison in the life of that one who said, "Suffer little children to come unto me, for of such is the kingdom of heaven." . . . then magnify that by those comparisons, and these will grow within the entity's experience as applicable and appreciative of an influence that may be far reaching in the entity's associations....

1179-2, F 7, 7/28/36

16. Hence we find the entity will be aware of such influences; yet as intuitive forces guide or direct in the emotions or individuals about the entity, the entity notes same.

17. The entity is fearful of experiences, but if there is that understanding of how to meet same as He gave, and in that tenderness of care, in that lovingness of expression as He gave, these may become beautiful experiences.

2005-1, F 6, 9/18/39

4. Here we find unusual conditions, especially owing to the long periods of interims between material sojourns. And thus we will find one that oft appears to be lost in confusions of itself; being highly sensitive to those influences from without.

(continued on the next page)

5. Thus, as called by some, this is an entity whose psychic abilities - if they are developed - may surpass much of that which has been the experience of many in these sojourns.

6. Hence the needs for the study, the directing, the instructing of the entity in the sources of spiritual (not spiritualistic, but spiritual) influences. For these are, and will be, very strong as the entity advances or develops through this particular period.

Allow Self-Expression through the Arts, the-Out-of-doors, the Imagination

324-5, F 3, 9/5/34

7. In musical relationships ... if there will be given the opportunity in these directions it will make for an activity that will make for better associations, better relations in the experience of the entity in this sojourn; making a variation in the harmonious relationships with the mathematical precision in the activities of the body.

2005-1, F 6, 9/18/39

25. Hence a great deal of the activity for the entity, both for its physical well being and for its better physical and spiritual development, should be in the out of doors.

324-5, F 3, 9/5/34

38. (Q) What training should she have as a child to lay a better foundation for her life work?

(A) As given, let all be done in meekness, in sincerity and in truth. NEVER present that as an untruth to force an issue with the developing mind. Rather that in parable or in those things pertaining to the mysteries of the unseen forces, as tales to create for the entity the ability for vision and for magnifying of the inner urges for the unseen influence.

1179-2, F 7, 7/28/36

28. Hence we may find in the present experience that music, dancing, should be a portion of the entity's development; a physical exercise that makes for the developing of the body as in athletics of the nature for the period of developing in the present. And these as in what may be called aesthetic dancing in the present, elocution, expression, should be a portion of the entity's development. Not for its activities other than to give the expression of that which is innate and that must arise from the entity's developing of its own soul force in its dealings with, its teachings for, its fellow man; not only its own experience but its readings, its writings, its activities as the entity then gained through those experiences there that made for developments. So may it in association and in conjunction with the teacher in the present become more and more aware OF that as is the helpful force in the experience of itself in aiding others to understand THEMSELVES and their relations to others.

628-1, F 4, 8/2/32

14. In music and the home, then, lie the greater forces or FORTES of the entity in the present, with the abilities of INTERPRETING either in activity or music those things which may mean the opening up of active forces in the mental vistas of the imaginative forces of others.

15. Keep, then, those activities for the development of the body- mind in those intuitive forces, so that the Creative Forces are ever present in the activities of the body...

1179-2, F 7, 7/28/36

33. In the present experience we will find the entity seeking the association, desiring the association of those much its elder. Not that the periods of its own childhood, not that the periods of the recreation and all developments are not a portion of it, but periods when the tales, the counsels, the imaginations of those of elderly years are sought by the entity.

34. DO NOT FORBID, but DO direct.

2156-1, F 4, 3/30/40

30. Then, give particular attention to the music in the experience of the entity; not only as the channel, but as an outlet for itself in its desires for expressions in the mental and the spiritual. For, hath it not been said that only music may span that space between the finite and the infinite? The entity's music may be the means of arousing and awakening the best of hope, the best of desire, the best in the heart and soul of those who will and do listen. Is not music the universal language, both for those who would give praise and those who are sorry in their hearts and souls? Is it not a means, a manner of universal expression! Thus may the greater hope come.

1179-1, F 7, 5/31/36

19. In the physical activities, have the body in its exercise to be in the open the most; so that in every activity there is FREEDOM from any restraint in bodily functioning....

Keep Child's Life Balanced and in a General Rhythm

628-1, F 4, 8/2/32

3. . . . one given to mental abilities that will show experiences which will make for far advancement in any of the fields. There will be precautions necessary, that there is not an excessive use in these directions, and that there is an even balance of the physical as well as the mental developments of the body; for in all things (continued on the next page)

the tendencies in the MENTAL will be for the extravagant use of self in WHATEVER direction is chosen by the entity for its activities. Whether in study, in play, in use of bodily strength, in use of mental forces and in associations, as the developments come for the body, it will be necessary - through the formative period, especially - that these are kept at an even balance. It will never be said of this body that it is lazy in ANY sense!

1179-1, F 7, 5/31/36

14. Hence we find there is the greater necessity of keeping the body in a normal BALANCED manner, in its diet, in its activities physically, in its MENTAL and SPIRITUAL associations of ideas through the body....

16. The body should have regular periods of rest, regular periods of activity, regular periods of recreation, regular periods of entertainment; and not as ROTE, but as the body needs those activities that make it become more and more with a COORDINANT reaction through its physical and mental forces let same become a part of its program. But let the processes be that these are for EFFECTUAL results and not something just to be done because this or that force said so! Let there be an awareness within the body itself that these become necessary....

19. . . . for as a portion of instructions through the physical activity there should become the rhythm of the body, rhythm of the rising sun, rhythm of the noonday's expression upon the body; the reactions of the moon's activity upon the body, the mind, the physical reactions.

Use Physical, Mental, and Spiritual Suggestion

2005-1, F 6, 9/18/39

7. Hence there should be a great deal of those instructions in suggestion, as well as in the spiritual guidance, spiritual instruction IN the imagination as well as in the tenets of the BOOK itself.

5679-2, F Child, 3/22/28

8. To meet the needs, then, would be to put the developing body under the care and influence of one knowing the proper way and manner to direct one so that each suggestion made to the physical developing body would be in full accord with that administered to the body for the physical correction, and for the physical and MENTAL DEVELOPMENT of the body! see? These would understand that NECESSARY for the proper DEVELOPMENTS for the physical conditions, as well as that psychic and psychological force as produced through the action of the mental, or the developing mind of this body (which is far beyond the normal).

3840-1, F Child, 1921

4. The artistic temperament should be especially developed and with the development developed through the same suggestive forces and channels all of the physical and mental attributes to the spiritual developments through the artistic channels. . . .

5. To develop or relieve physical strains in this body by suggestion to this body at the right and proper time, specified certain length of time morning and evening that the suggestions to the body are given along the course of study of self. This is the way to overcome the condition that we have in this body. By suggestion we do not mean by one mind taking control of the other through hypnotic or mystic influences but we mean by the power of suggestion of mind through the psychological study of it - not psycho-analysis as termed by some but by study of mind or self with control of self. The nervous taxation in the body is the over-development without a means of expression through the sensory system which shall be overcome by the suggestion through the hearing, through the sight, through the taste, through all of the organs of the sensory system.

Ages 8 – 12

Find a Mentor for Your Child

2458-1, M 11, 3/5/41

9. Hence - for the next three and one-half years - the entity should be alone with a spiritual guide or director, one who would not only interpret nature but make this practical and applicable in the entity's experience.

10. For this will not only have the most to do with producing a healthy body for that the entity may accomplish, but in molding that dependence within the entity itself - from its great intuitive forces - to be directed in those channels in which the abilities may be made accessible for, and comprehensible to, mankind as a whole.

1700-1, M 11, 10/4/38

22. Hence the entity needs that tutoring, that directing, that brought into being as to how to meet EVERY phase of its developing body and mind; that the soul may indeed manifest itself and give greater expression to the glory of Him for whose purpose and in Whom ye live and move and have thy being!

758-23, M 8, 11/4/30

16. In the keeping of those upon whom the developments of the abilities may rest, in the keeping of those who guide - either in those of an occult force or those of the more rational, or in maternal or paternal manners - rests, then, many obligations owed to, for the things as accomplished by the entity in the experience of those the entity gave self for; keeping, then, an at-onement in body, mind and intent, knowing that the manifested forces are of that generation of developments that bring the understanding of the force in the relationships of man with the divine, and KEEP in attune.

Encourage Service and Kindness to Others

1179-8, F 12, 11/24/40

(Q) What may be said to be the outstanding tendencies and urges in the present from that sojourn?

(A) The being patient, the desiring to help those who are termed today as the unfortunate, or the underdog, or the more diplomatic way of handling situations with others in various ways and manners.

758-23, M 8, 11/4/30

12. . . . the entity . . . in its present developing form, may find little manners of expressing the appreciation of individual's efforts, that to many an older one might be used in a manner as of a criterion or rule to go by. In this development in the present experience, and expansions of the love's influence as innate and seeking manifestation, these developed - these guided and guarded, but allowed to DIRECT self's OWN activities - may be made for an influence as will bring that in which many may seek to know the entity in its fuller sense, for many will call the entity blessed, will those tenets and those truths as held during the experience be made manifestedly a portion OF the entity in its present development and experience.

665-1, F 8, 9/20/34

31. . . . First that the self is "sensitive" to influences from without. The necessity of the training in putting its trust where it did in those fields of activity in that land about Bethsaida; for in Him is the light, and through those close associations of self in the services as He rendered during those periods of activity; and as the entity gained in those experiences so may it - in the application of self in these directions - bring for self the greater material happiness, the greater soul development.

1700-1, M 11, 10/4/38

47. As to the abilities and the application in the present from such, we find that if those abilities in those directions are tempered with mercy - as the entity would have mercy shown, or with those things that are of a spiritual concept - they may become channels through which great deeds may be accomplished by the entity, and the entity be called blessed by the many.

48. Otherwise, the reverse may be the experience.

665-1, F 8, 09/20/34

17. . . . But keep the promptings ever as in the Sicilian experience; for as the sister there the entity gave much counsel and health, doing those niceties, those kindnesses, those general activities that brought so much in the experiences of others: ...

1581-1, M 11, 04/26/38

6. . . . For there may be created a material environment in the present in which those activities, those choices that are made for service may be for constructive experiences of the entity. Also these may become the more helpful influence to bring hope, and patience, and a knowledge of the relationships of man to Creative Forces in the experiences in a material world.

Begin to Encourage Setting Personal Ideals

665-1, F 8, 9/20/34

34. . . . And so in the preparation for a service in the material world, first set the ideal that was set in Him, attaining to that through the application of self in relationships to others.

1581-2, M 12, 3/26/39

20. . . . That there may be easier ways, by taking that which is the easier way, is evident, - as ye grow in experience of application of self. But rather live thine own life, and use each associate, each opportunity as the means for giving expression to that which IS thy ideal. And then the fruits of thy activity will - even as with He - cement those friendships that may bring the greater blessing in thine OWN experience, as well as in the experiences of all whom ye contact....

1206-3, F 11, 12/16/36

21. . . . the entity came to be a power among those groups that even gave their bodies for sacrifices for a Cause, a Purpose, an Ideal.

22. Hence these will become as the entity's experience in that sojourn; it may become welded with that inducement of good for an Ideal's activity, Good in the experience not for that of "just because" but for a purpose wherein the self may be the channel of expressions of ideals to others.

1700-1, M 11, 10/4/38

28. For as those temperaments, as those extremes manifest, so will those inclinations for pessimism.

29. Hence the great need of being grounded in an ideal that is beyond reproach, that is not made with hands nor with moneys nor with fame, but rather that city whose foundation and Maker is GOD!

2905-3, F 12, 9/17/43

4. Much, to be sure, will depend upon the choice of the entity. For, there is ever, continuously, as given in the admonition of the law giver, set before thee - today - good and evil, life and death - choose thou....

35. Keep a well balanced ideal that there may be the greater unfoldment through these varied periods of anxieties for the entity.

Encourage Creative Self-Expression

665-1, F 8, 9/20/34

17. . . . those things that pertain to music or art in ANY of its activities will be the field in which the entity may call more upon the influences that come from being a “sensitive” to the outer influences.

758-23, M 8, 11/4/30

13. . . . the entity applied much of self in setting those expressions of individuals - in their various moods - to music, in the stringed instruments, and those as were later called the one and two stringed instruments of the land, did the entity set attune that which made for many changes in the experiences of peoples during that period. In this field, and in the field of awakening that innate, that latent, that as is manifestedly expressed in the present THROUGH such instruments, may the entity be reached in a way and manner as will resound for the good of OTHERS, and for the development and EXPRESSIVENESS of the entity itself . . .

1179-8, F 12, 11/24/40

25. (Q) Should she resume piano lessons?

(A) If this appeals, she should resume. If this grows burdensome, not necessarily. Rather make the instruments not as a hardship - of other natures then, you see - but rather as a manner, a means of expressing the emotions of the body, see?

1581-1, M 11, 4/26/38

24. Hence rote and routine will be natural with the entity, if these are trained, directed, environed for them to be natural - whether in the writing or in the music.

25. For in each for this entity, as well as in the experiences of most, it is the practice in those directions that brings rather the expressions of the abilities, and allows the drawing upon the unseen influences and forces.

26. Know ever that the unseen are the greater influences and forces of this individual, as well as of most all others!

665-1, F 8, 9/20/34

26. Those things then in the art, that pertain to clay activity or window decorations, are - as were in those experiences - the greater field of activity of the entity; and through the song, through the music, and through these fields in which the entity engaged then, may there come much in the experience in the present.

2905-3, F 12, 9/17/43

17. The activities of the entity should be in those fields pertaining to literary activities; pertaining, those things having to do with rhythm of the body or the mind, in verse in song. In these the entity may give expression to its greater feelings.

18. Then these should be as hobbies as parts of the entity's life. For the home may, to the entity become the great part....

Begin Preparation for Life's Work

665-1, F 8, 9/20/34

3. A "sensitive", and one able to apply self in such measures and manners as to draw from the very realm of INNER experience. Whether this is in the artistic field or in music will depend upon the manner of environments in this particular developing experience. Yet these influences in whatever chosen field of activity we find influencing the entity....

34. (Q) Please give directions for my training.

(A) Choose that which is to be the greater activity; and let this be given little by little; for ever is it line upon line, precept upon precept, here a little, there a little; for knowledge and understanding is as a growth. And so in the preparation for a service in the material world, first set the ideal that was set in Him, attaining to that through the application of self in relationships to others.

1206-3, F 11, 12/16/36

9. . . . And nothing should be given the entity merely as rote or routine, but as purposefulness in every phase of its experience. These make for also the intuitive influences and the abilities for the development in the very psychic forces of the entity. Hence in the expression of same in reading, or as a reader or elocutionist, or as an actress even, will bring the experience that not for the praise in self, not for merely the applause of others, but that what the entity may give may be as lessons in the lives and the experiences of others....

36. (Q) Should she pursue her violin study?

(A) This has become part of the activity for the mental training, and for those activities that gain the rhythm and the meanings; but in speechmaking or in reading or in elocution the greater advancement may be made. ...

37. (A) . . . For each experience becomes more and more manifested as individuals prepare themselves in THAT direction. Much as might be said, if one learns a language of a certain group or country and does not exercise same IN that environ or surrounding; it is a part, but a very lax part.

1581-1, M 11, 4/26/38

5. And if they are applied in the directions for constructive forces, as the abilities lie for the entity, either in the writing or in the music, these may become so unusual as to make for that in which the entity may be called the genius, the prot6g6, because of the activities that are as a portion of the abilities from unseen influences....

54. In those fields as a writer, or a musician, or a combination of these, may there be offered the greater opportunities for development in the present sojourn. In the music - not stringed instruments, but rather the horn or those natures of same, or the reed....

61. (Q) What suggestions will you give toward their cultivation?

(A) As indicated. These are not to be as bonds, but as reasoning with, as working with the abilities; knowing they are in those directions. And soon it would become, as indicated, rote for the entity. It requires some patience, it requires some understanding - but these will, directed aright, bring fruits worthy of the service that it may require.

2613-1, F 9, 11/1/41

9. There are those abilities as the musician. Hence the trainings in the present should be directed to the preparations either as a gospel singer or as a definite work in missionary fields of activity_ These should NOT be by force, but knowing the abilities there should be the aid, the counsel, the direction in ALL forms of service and activity that would bring into the entity's experience those influences which would enable the entity to fill such service, such activities in this material plane....

11. This aroused, then let there be counsel, guidance, tenets, daily application of those tenets in the dealings with those with whom the entity comes in contact.

Ages13 –17

Understand Periods of Great Emotional Sensitive

963-1, M 15, 7/26/35

16. In Venus we find a sensitiveness to emotions, that arise by contact with certain characters or natures. Hence not only should there be, for the greater development of the entity, the companionship well-chosen but WHY the companionship should be well-chosen; and these should be balanced in a coordinant manner between those individuals of the entity's own age as well as those advanced in years, as WELL as those that through the training of the entity may be dependent upon the ENTITY as its activities, ITS conversations, its manner of treatments to those of younger years.

1179-10, F 13, 11/23/41

9. . . . There are periods when there are unusual activities in the psychic forces of the body. The imaginative reactions to the sensory and the external forces in the experience of the body at times find physical expression in moods. Thus the body responds easily to expression in sensory forces, especially eyes, ears and the sense of odor....

14. . . . the body imaginations at times react to that it attempts to read. Hence producing in mental reactions the spiritual import as indicated for this body should facilitate activities, bring better responses and reactions to the body.

1406-1, F 14, 7/13/37

4. Colors - these become as means in which the entity may, for itself, determine much. But know as to what colors mean. For the entity is not only able and capable to receive the vibrations of individuals about the entity as to their colors but as to their vibrations. And these then make for a sensitiveness that is often disturbing to the entity....

16. For being a “sensitive” and capable of the interpretations of the emotions of others is not easy, yet it must not be abused; else there may come those experiences in which there may arise many misunderstandings - and gossip is never kind!

2443-1, F 13, 2/1/41

16. We find in Uranus the extremes, because of an INNER feeling; and not merely because of the age or of changes wrought in the material environs of the entity. For, we find periods when apparently without reason outwardly there is the overenjoyment of the entity, and then others when it becomes rather the recluse, or morose, or - from unseen

reasons - inclined to "sulk," as called by some. And when called on to give reasons, the entity oft imagines them in the experiences of others....

31. . . . the entity was in the Atlantean land, when there were those disturbances arising in which there were the warnings....

32. The entity chose rather to remain.

33. Hence we find latent within the present experience a dread of something, the entity knows not what; a fear of being in that position of not taking the warnings given, and yet rebelling - deep within - self against that of rule without the reasons for same.

1406-1, F 14, 7/13/37

47. Hence, as the attuning of music in the present makes or arouses emotions in the body to an unusual degree, well that there be choices made as to what the emotions are that are aroused by the character of music for the entity.

Encourage Setting and Following Ideals

2443-1, F 13, 2/1/41

45. (Q) How may the entity so conduct self as to live in the happiest and friendliest manner with members of her present family?

(A) As indicated, the family - not merely by precept but by example - shall point out and direct the entity in those ways in which IDEALS are constantly - not by others so much, but by the entity - chosen and kept before self as something to be approached.

361-4, M 15, 8110134

13. These, as we see, are the innate influences. As to what the- entity in the present will do concerning these things in the experience depends upon self's own application of will; for, as has oft been given, "There is set before thee that which may be good or evil. Choose thou." . . . For in a SPIRITUAL ideal one may conquer the earth, the mental world, the masses even; but one that sets its ideal in an individual, or that which is of the earth earthy, may be finding self stumbling over that it has set as its idea or ideal....

1431-1, F 15, 8/27/37

26. Hence there is the disposition for the entity to oft find disappointments with its experiences or its associations with those of the opposite sex.....

27. Remember that these arise from the emotional. If these are judged rather from that which is the IDEAL of those associations, then there will come a much better understanding with those of the opposite sex.

1406-1, F 14, 7/13/37

13. Yet intuition from the influences of the emotions arises.... Not an easy path, unless those standards are chosen that become not only standards to self but to others.... so live, so act in thy relationships with individuals that thine oven conscience NEVER rebukes thee....

15. Let thy ideals be rather in the spiritual impulses, and most of all the courage to live the life and the experiences that to SELF answer for the spiritual concept of morality, of peace, of harmony.

Encourage Meditation for Understanding and Developing the Self

963-1, M 15, 7/26/35

43. (Q) Is this entity a sensitive, and if so of what type?

(A) As indicated; one who may hear, who may see - or that of clairaudience and clairvoyance.

44. (Q) How should he attempt to develop same?

(A) This has been specifically outlined. Read the Scripture! MEDITATE to KNOW the whereof, the wherefore, and NOT from self-aggrandizement! or from curiosity, or to satisfy this in someone else!

361-4, M 15, 8/10/34

40. . . . With the subjugation of the physical the spiritual shines forth. With the exercising of the forces of the physical only these supersede; but study as in self. Know by the feelings that PROMPT thee, as to what emanations and vibrations are created by the meditative forces, the prayer and supplication that He guide, as He has given; and His light will guide thee in understanding....

1431-1, F 15, 8/27/37

42. . . . Yet much may be gained from the lessons innately and manifestedly as urges from the experience; particularly the innate urges for meditations that bring spiritual, inspirational activities in the experience of the entity.

Allow Some Self-Direction in Developing Psychic Abilities

276-6, F 16, 1/14/34

13. (A) In expressing ... that as may come to the entity as it turns within for the innate expressions of the inner self, in what will come as intuitive forces from self's OWN INNER self. Not guided by the influence of those in the entity's environ in ANY of its experiences, but rather its own soul development.... And one seeking into the inner self, through the abilities that have been given each soul through the power of the Creative Forces, brings to the consciousness of the soul those expressions.

2443-1, F 13, 2/1/41

11. Also we find indicated ... the INTUITIVE feelings - as the entity oft gives expressions to self, and occasionally to others - as to KNOWING things WITHOUT being able to give a material or physical reason for same.

12. Hence the entity is one having a great deal of imagination or vision; and too oft this has been subjugated by those about the entity. It is well that each entity give expression to the hopes and fears latent within the developing mind. Also it is well that this imagination or vision be guided, or that there be given those ideals by which to measure such....

46. . . . Allow a great deal more of the visions to be expressed by the entity. And seek counsel from the entity as to the little things about the home, - entertaining, friends and the like. For, there ARE IDEAS!

1406-1, F 14, 7/13/37

55. And as ye know, act in those things that may come in thine experience as ye develop those abilities for those activities of ministering to others through thine abilities as a seeress, a prophetess, a director in any activity as pertains to the mental forces. Know that He, thy Lord, is at hand EVER - even as ye saw among thy brethren, and in the household of thy fathers....

62. Be the leader, be the guide to the many; that ye are innately, and that ye have by thy service gained as thy rightful place. But know that thy leader must be the Christ?

Encourage Participation in Artistic or Outdoor Activities

2443-1, F 13, 2/1/41

37. Some music should be a part of the study; preferably a little of voice, MUCH of piano; a great deal of athletics, outdoors, but especially associated with the beautifying of gardens, surroundings, yards, lawns and the like.

38. In athletics, - especially tennis and such as handball, swimming, skating and the like. Not too much with animals, for these are not well for the entity, owing to those dreads in the Atlantean last days.

5359-1, F 14, 7/22/44

9. . . . make the self, then, embrace opportunities with groups and others. Do apply self in the direction especially of art and music. For these will offer the channels, especially as has been indicated, through which not only the material success may be gained but the interpretation of the physical, the spiritual, the psychic....