

ANCIENT AMERICA AND GENETIC DNA RESEARCH



Modern Genetic Research Confirming Cayce's Story

This section adapted from *Mound Builders: Edgar Cayce's Forgotten Record of Ancient America* by Gregory L. Little, PhD.

Edgar Cayce mentioned ancient America in 68 different readings. These readings covered migrations to America, mound builders, the Norse, and other events. In *Mound Builders: Edgar Cayce's Forgotten History of Ancient America* (2001), his 68 readings on ancient America were extensively analyzed. From these readings, 30 specific statements were found which could be verified by scientific evidence. Of the 30 statements by Cayce, 23 (or 77%) of them have enough support to be considered accurate. Another six statements are, as yet, not supportable by evidence, but could be verified in the future. Only one statement appears to be wrong. Thus, of all of Cayce's seemingly impossible statements about ancient America, only 3% are definitely wrong. Of the remainder, 77% have been supported by scientific research, and the 20% that remain could be verified in the future.

Several teams of genetics researchers at prominent American universities have been conducting studies on the DNA of Native Americans. Although results from early studies showed the expected Siberian-Asian ancestry of the majority of modern Native American tribes, things took an unexpected turn in 1997 when it was found that a small percentage of modern Native Americans have an unusual type of DNA then known to exist only in a few locations in Europe and the Middle East. Subsequent research indicated that the European DNA was not the result of genetic mixing after Columbus, as the same DNA was found in the bone of an ancient American burial, confirming that people carrying this unique DNA had entered America in ancient times. This unique gene was also found in a small tribe living in the northern Gobi Desert area. The DNA research initially seemed to promise solid proof of not only where the ancient Americans came from, but also when they came.

As might be expected, ancient DNA research has become a highly contentious issue with several competing sides. Most of the DNA research on Native American Indians has been done utilizing mitochondria. Every cell in our body contains hundreds to thousands of these tiny, football-shaped organelles. The mitochondria process glucose (sugar) into a usable form of energy for all of our body's functions and are believed to be an evolutionary form of bacteria that adapted into a symbiotic relationship with multi-celled life forms. The mitochondria have their own unique DNA, which is simpler and easier to analyze than the human DNA found in the nucleus.

Mitochondrial DNA (usually abbreviated as mtDNA) is passed to offspring only through the woman's egg. Thus, it is not a combination of male and female genes but a haploid gene, meaning that it has only one dose of chromosomes.

Mitochondrial DNA



The haploid mitochondrial DNA shows only the female lineage of a person. Diploid genes are two sets of combined chromosomes, the female set coming from the egg, the male chromosomes from the sperm. Mitochondrial DNA (mtDNA) is categorized into several types and groups termed haplotypes and haplogroups. That is, there are variations in the genetic cycle of mitochondria that fit into clusters. These clusters can trace lineage far back into time. There are 39 different, distinct mtDNA groups into which all humans fit and there are variations on these types. While mtDNA analysis is not only easier than other forms of genetic testing, it has a further advantage. While all DNA mutates over time, mtDNA has a fairly steady rate of mutation that permits a reasonably accurate estimate of exactly when a particular group of people migrated from their primary group.

Two important factors can be determined through analysis of mtDNA. First, a living person or the mtDNA from the remains of a deceased person can be tested to determine the specific racial group from which the individual came. Second, the approximate time when that individual's ancestors migrated from their primary racial group can be determined.

One way to view mtDNA testing is that it may be able to provide a racial family tree extending back to the beginning of humanity. The current idea in mtDNA analysis on the female side can eventually be traced back to a genetic "Eve." The 39 types of mtDNA were presumably derived from this Eve. Whether this idea will be completely confirmed by research remains to be seen. Testing to date has confirmed several oral traditions passed down through many generations in several tribes. For example, the indigenous people of Hawaii and Polynesia have long asserted that their ancestors frequently traveled back and forth. Genetic testing showed that these two groups were related and confirmed the migratory legends of these peoples.

Confirming the Siberian Migration



The first research on living Native American tribes showed they were composed of four distinct mtDNA haplogroups called A, B, C, and D which means that the Native Americans are derived from four different lineages. These haplogroups were also found in native populations in Central and South America. Other mtDNA research utilizing ancient remains recovered in the Americas validated these four haplogroups. Three of these haplogroups, A, C, and D are found primarily in Siberian Asia. The B haplogroup, however, is found only in aboriginal groups in Southeast Asia, China, Japan, Melanesia, and Polynesia.

Based on the mutations found in the mtDNA, most researchers think that groups A, C and D, entered America from Siberia across Beringia some time around 35,000 B.C. Group B, they assert, probably came to America from the South Pacific or Japan via boats. It is believed the B groups began this migration not long after the A, C, and D groups arrived. However, the majority of the B group arrived about 11,000 B.C. This leaves open the possibility of several migrations by the B group from different locations.

It should be noted that a few geneticists have proposed that each of these haplogroups came in four separate migrations while many Clovis supporters argue that all the groups migrated together.

An Unknown and Unexpected Migration Group Confirmed

In 1997, a fifth mtDNA haplogroup was identified in Native Americans. This group, called X is present in three percent of living Native Americans. Haplogroup X was not found in Asia, but was found only in Europe and the Middle East where two to four percent of the population carry it. In those areas, the X haplogroup has primarily been found in parts of Spain, Bulgaria, Finland, Italy, and Israel. A few people with the X type have been identified in the Altasians tribe located in extreme southern Siberia in the Gobi Desert area. In addition, the 'X' type has now been found in the ancient remains of the Basque people.



Archaeologists and geneticists are certain that the presence of X in America is of ancient origin and not the result of historic intermarriages. Among Native American tribes, the X haplogroup has been found in small numbers in the Yakima, Sioux, and Navaho tribes. It has been found to a larger degree in the Ojibway, Oneonta, and Nuu-Chah-Nulth tribes. The X haplogroup has also been discovered in ancient remains in Illinois near Ohio and a few areas near the Great Lakes. It has not yet been found in South or Central American tribes including the Maya. The X haplogroup appears to have entered America in limited numbers perhaps as long ago as 34,000 B.C. appearing in much greater numbers from 12,000 B.C. to 10,000 B.C.

It is important to note that not all Native American tribes have been categorized by mtDNA analysis and that relatively few ancient remains have been tested.

The Origin of the Other Haplogroups

The B haplogroup, found only in aboriginal groups in Southeast Asia, China, Japan, Melanesia, and Polynesia, may represent Cayce's people of Mu. Both Chinese and Japanese archaeologists take the idea of Mu seriously, and the B haplogroup findings closely match the story Cayce told about the continent. Most of the people of Mu who escaped the destruction in 50,000 B.C. escaped to China, India, and Japan. Some time later, descendants of these peoples could have traveled to America. While Cayce said that some people from Mu entered the Americas about 50,000 B.C., he did not indicate that date as the time period when the majority of them came. We only know that it was after 50,000 B.C. and prior to 28,000 B.C.

The Cayce readings do indicate that people entered the Americas from both the east and west in 28,000 B.C. from Atlantis, China, and from "across the Pacific." The 28,000 B.C. date matches well with the haplogroups A, B, C, and D proposed dates of entry into America. The Cayce readings do have references to the Bering Straits, but Cayce did not relate that there were migrations across it. In fact, no one ever thought to ask him about this, so it remains an open question in the Cayce story. But the A, C, and D haplogroups clearly originated in Siberia just as the archaeologists have speculated. Cayce stated that the "yellow" or Mongol race of humanity originated in the Gobi and gradually spread throughout Asia. Thus, according to Cayce,

haplogroups A, C, and D probably originated in the Gobi and would be the migrations Cayce cited as coming from across the Pacific.

The Significance of mtDNA Research



The mtDNA research confirms most of the other new findings in archaeology. The Americas were settled early and by many different racial groups. Several different waves of migration probably occurred. The initial wave seems to have occurred around 35,000 B.C. However, it may have been far earlier since some radiocarbon dates that have emerged from areas like California and the southwest point to 50,000 B.C. The picture mtDNA research findings paint of ancient America is astonishing. The widespread presence of the X type from Canada and Washington State, to Arizona, to the Plains, to the Great Lakes area, could indicate a wide initial dispersal. The X type in ancient America appears to be linked to the Iroquois.

This tribe, of course, was, according to Cayce, partly the remnant of Atlantean survivors from its final destruction about 10,000 B.C. The finding of the X group in the north Gobi-dwelling Altasians is hailed as proof that all American migrations came from Siberia via the Bering Straits, yet it seems unlikely. With the X type being present in the Middle East, Europe, the ancient Basques, and America, a migration from the Gobi to all of these areas is doubtful.

The Cayce readings cite a series of large and small migrations of Atlanteans to very specific parts of the world. These migrations occurred at several times, but especially during the years approaching 10,000 B.C. One of these places was to the Gobi in extreme southern Siberian Asia. If we assume that haplotype X originated from Cayce's Atlantis, some of the X haplotype should be found in the Gobi region— but very little of this group should be found elsewhere in Siberia. This is what has been found.

Cayce indicated that the largest migration from Atlantis occurred just before 10,000 B.C. The majority of these Atlantean survivors went to the Northeastern coastal areas of America and Canada becoming the Iroquois. It should be recalled that Cayce also stated that not all of the

Iroquois were Atlantean. The Atlanteans migrating to the Americas merged with the people already present in America by that time. The Atlanteans became leaders of the tribes and Cayce's story makes it clear that the Atlanteans had serious disputes among themselves that were reflected in ongoing violent conflict. This was the struggle between the Belial and Law of One groups. This is confirmed by the Iroquois' ancient history that tells of constant battles resulting in distant displacements of entire tribes to ensure their survival. Perhaps the most astonishing confirmation of Cayce's story of ancient America is the presence of haplogroup X. What is known is that the X haplogroup first showed up in America perhaps 34,000 years ago, but its main entry occurred in 10,000 B.C. matching Mr. Cayce's time frame for Atlantean migrations. The X group also appears to have shown up in ancient Iberia and in the Basques about the same time as well as in the Gobi. These dates match Cayce's story of the final two destructions of Atlantis and the resulting migrations to these areas.

Page header photo: *Cherokee Retracement at Pea Ridge National Military Park, Garfield, Arkansas, courtesy National Park Service.*

THE READINGS' APPROACH TO ESP AND PSYCHIC PHENOMENA



The story of Edgar Cayce's life is filled with examples of what this extra sense of communication is like. His ability to give readings in the sleep state could be labeled ESP because he somehow knew information that he had never studied, and he could see people and places and events without using his physical sight. While asleep, he could answer questions on any topic or he could give descriptions of the individual and his or her surroundings, even though Cayce was in Virginia

Beach and the person receiving the reading might be in New York City. Because there are so many different types of extrasensory communication, researchers have broken down the term ESP into further categories to help explain what is taking place.

Telepathy is the ability to obtain information psychically by reading the mind of another person. For example, while Cayce was in Kentucky, he gave a reading for a man in New York (740-1). He saw the man smoking a cigar, heard him whistling a particular song, saw him meet with another man about a piece of property, and saw him look over three letters. Finally, the sleeping Cayce heard the man telephone another gentleman and knew the gentleman's name. All of these events were later verified. Cayce was able to see with this extra sense everything the man in New York had experienced firsthand with his normal senses. In our own lives, one example of telepathy is when we suddenly start thinking about someone we haven't heard from in a long time and a short while later the phone rings and that person is on the line.

Another category of ESP is **clairvoyance**, the ability to "see" information that no one else has. For example, suppose you shuffled a deck of cards and placed them face down, then went through the deck and tried to name each card (or at least to tell its color). If your percentage of correct guesses was far beyond what would be expected by random chance, it would be an example of clairvoyance. You would not need to be 100 percent accurate to demonstrate clairvoyance, just statistically (and consistently) greater than random chance. On the other hand, if you tried the same experiment but had a friend look at each card and concentrate on it before you guessed, this would be an example of telepathy.

Looking at one instance from the Cayce readings (2826-1), we find the case of a person who was in Ohio while Cayce was in Virginia Beach. During the reading, Cayce correctly gave the person's body temperature. Now, if the attending doctor in Ohio had known the patient's temperature before Cayce's reading was given, then this would be an example of telepathy, since Cayce could have read the doctor's mind. But if the doctor hadn't known the temperature until after Cayce's psychic reading, it would be an example of clairvoyance.

A third category of ESP is **precognition**, the ability to view events before they happen. Many of us have had the experience called *déjà vu*; for example: you might be having a conversation with a friend and, all at once, be absolutely positive that you've had the exact conversation before. You may even know what your friend is going to say next. The Cayce readings suggest that one explanation for this phenomenon is that our dreams often foreshadow future events. Such precognitive dreams may be forgotten and only dimly felt at those times as *déjà vu* experiences. There are countless examples of precognition in the files of the Cayce material. In many readings for children, Cayce foresaw what they would be like as adults, even going so far as to describe hidden talents and occupational decisions. There are also other examples of this precognitive ability. When completing a reading for one woman in New York, Cayce suddenly started giving a reading for a woman in Missouri, although no one had solicited it. Her request for help, dated the day after he had volunteered the information (5700-6), did not arrive until after his response had already been mailed. Cayce also predicted the stock market crash (900-425) more than six months before it occurred and foresaw the outbreak of World War II. He knew that he would die before his two sons returned home from overseas.

Although some have called Cayce a "prophet," he himself made no such claims. In fact, in one reading, he described himself as a "lowly, weak, unworthy channel" (254-76). He rarely made any predictions about worldwide events, mostly because these kinds of predictions are subject to countless outside influences. For example, when psychics try to predict the future, all they can actually do is foretell a possible future based on current happenings. If events continue to occur the same course-if people's attitudes, lifestyles, and world conditions remain the same-then psychics can "see" what the result will be. However, the readings make it quite clear that each of us has the gift of free will. If enough people use their free will and change what they are currently doing, this in turn will have dramatic effects on the future.

In the Bible, Jonah went to the evil city of Nineveh to tell the people about the destruction that was about to come upon them. However, the people of the city repented of their evil ways. With their free will, they changed their lives and, as a result, their city was saved. The ability of precognition, then, is subject to many more influences than either telepathy or clairvoyance.

The fourth major category of ESP shown in the Cayce readings is **retroognition**, the ability to see past events. For example, in the life readings (those readings which dealt with the soul) Cayce would often repeat aloud significant happenings in a person's life while going back over the years until the date of the person's birth. In one reading, he said, "1935-'32-disturbing periods-'31-'36-'26-not any too peaceful!" etc. (1650-1). In another life reading (1462-1), Cayce was given the incorrect date and location of birth for a young girl. In going back over the years he responded with, "We don't find it here". (He had been incorrectly told that the child was born on January 24, 1919 in Cleveland, Ohio). Then, after a short pause, he finally said, "Yes, we have the record here (looks like it's the wrong place and date)." It was later discovered that the girl had been born on January 23 (a day earlier) in New York City and not in Cleveland.

More than eleven years before the Dead Sea Scrolls were found in 1947, Cayce's readings described a sect of Judaism about which scholars knew little. This group was the Essenes. Cayce gave a great deal of information about their work and their life in the community. For example, he claimed that in the Essene society men and women worked and lived together. At the time of the reading, scholars believed that the Essenes were a monastic society composed exclusively of men. However, in 1951, more than six years after Cayce's death, archaeologists made further excavations at Qumran near the site where the Dead Sea Scrolls were found. They discovered evidence that both men and women lived together in the Essene society.

These are just a few of the many examples of ESP in the Cayce readings. Because "psychic is of the soul," the Cayce information suggests that it is relatively easy to induce personal psychic experiences. However, the phenomenon that manifests itself through psychic channels can oftentimes get us off the track. The readings suggest that instead of seeking psychic experiences for the sake of having them, we should seek only those within the context of spiritual growth, of learning about ourselves, or of being of service to others.

People often have the tendency to make psychic experiences seem unusual, out of the ordinary, special, somehow set apart, or perhaps even frightening. However in the Cayce approach, psychic information is as natural as an "intuition" or a "hunch." In addition, just because something is "psychic" does not mean it's 100 percent accurate. We may wish to work with psychic information

to the same degree that we would listen to the advice of a trusted friend: it can be utilized as an additional tool for gathering insights and for making decisions - it shouldn't necessarily be given any more credence than information from any of our other friends (or senses); however, it shouldn't be given any less either. In time, individuals may work with their own intuition in such a way that it becomes as natural as using any of their other senses: taste, smell, touch, hearing, or sight.

EDGAR CAYCE ON CHRIST CONSCIOUSNESS



Oftentimes, when individuals hear the terms "Christ" or "Jesus," right away they may fall into preconceived notions based upon their upbringing or particular religious background. Throughout history, the perspectives people have had on the life and teachings of Jesus have been varied, oftentimes even at odds. Sometimes individuals involved in so called "new age" philosophies or

comparative religious studies have decided that Jesus was "just a teacher." *Was he only a prophet?* Others have decided to disregard him altogether. Members of non-Christian faiths may have ignored his life and ministry. *Was he a man who committed blasphemy by thinking himself a God?* Others may have said, "Well, Christians have been cruel to me and therefore I'm not interested in Jesus." Even among those who call themselves Christian there is not complete agreement about the meaning of Jesus' life and work. These disagreements have resulted in dozens of denominational factions, charges of heresy or breaking away from the faith, and countless wars. The Edgar Cayce material, however, offers an approach that suggests there is a way of looking at Jesus' life in a manner that unifies all of humankind rather than dividing it.

Our Spiritual Birthright

Because of our focus on the material things in life, much of humankind has forgotten its true birthright as a child of a loving God. From Cayce's perspective, we are not simply physical bodies, instead we are spiritual beings who are having a physical experience entailing personal growth and development. Many individuals have incorrectly assumed that the goal of being in the earth is to simply reach heaven, find enlightenment, or somehow "get out of the earth." And yet, this is a perspective quite different from that contained in the Cayce material. Instead, Cayce believed that as children of God, our mission was to somehow bring *spirit* into the earth.

The dynamics of our deep and literal connection to God can be found throughout scripture, beginning with Genesis when we are told that God made humankind in the Creator's image. But our relationship with God as our Parent is perhaps no more clearly illustrated than in the Parable of the Prodigal Son (Luke 15:11-24). This parable describes the journey of the soul: we were with God in the beginning, through the power of our free will we were able to make choices that were not necessarily in perfect accord with the Creator. And, at some point, we will "arise" and decide to return to God, regaining our inheritance and experiencing our true relationship with Him. One of the readings beautifully describes the spiritual nature of humankind in this way:

"For ye are a corpuscle in the body of God; thus a co-creator with Him, in what ye think, in what ye do."

-- Edgar Cayce reading 2794-3

Jesus as "Pattern" of Wholeness

The readings state that God desires to be expressed in the world through us. The example set by Jesus is apparently a "pattern" of wholeness for each and every soul.

Regardless of an individual's religious or personal beliefs, this Christ pattern exists in potential upon the very fiber of their being. It is that part of each of us that is in perfect accord with the Creator and is simply waiting to find expression in our lives. This Christ pattern was further described as "the awareness within each soul, imprinted in pattern on the mind and waiting to be awakened by the will, of the soul's oneness with God" (5749-14), and its manifestation is the eventual destiny of each and every soul. With this in mind, the readings present Jesus as our "Elder brother," a soul who came to show each one of us the way back to our spiritual Source by perfectly manifesting the laws of the Creator in the earth.

Just as an older sibling can sometimes provide insight and counsel into some of life's difficulties (*because he or she went through them first*) Jesus as Elder brother can assist us in facing life's challenges. What may surprise individuals is that this fact has nothing to do with religion, it has to do with spirituality and discovering our true relationship with God- a relationship we share with Jesus. The readings not only affirm that Jesus was the Son of God, but they also state the same thing about each and everyone of us. In other words: Jesus was like each one of us and, ultimately, each one of us is destined to be like Him.

I and my Father are one. Then they took up stones again to stone him. Jesus answered them, Many good works have I shewed you from my Father; for which of these do you stone me? They answered him, saying, For a good work we stone thee not; but for blasphemy; and because that thou, being a man, makest thyself God. Jesus answered them, Is it not written in your law, "I said, Ye are gods." John 10:30-34

Although many of us may be repelled at first by such a suggestion, evidence for this premise is found in both the Bible and the Edgar Cayce material. When speaking of humankind, Jesus, himself, states, *"They are not of the world, even as I am not of the world,"* (John 17:16). Surprisingly, perhaps, a Jewish businessman came to this very conclusion in questions that he posed in a Cayce reading:

Q. Jesus was made perfect, God came into His Own. We are men not yet perfect, god not yet equal to God. He represents our so-called future, the path to the Throne?

A. Correct. He is the path to the throne, in that we, man, must become as the One as directs the way.

Q. ...Like us, Jesus was both God and Man until He became God alone?

A. Correct.

-- Edgar Cayce Reading 900-100

Before becoming offended by this incredible possibility, shouting out charges of heresy, or believing the idea to be the work of the devil, we need to look closely at the life of Jesus. Not only will we find that He was charged with blasphemy for this very claim, but we will find that He stated this truth for each and every one of us:

For indeed in Him, the Father-God, ye move and have thy being. Act like it! Don't act like ye think ye are a god! Ye may become such, but when ye do ye think not of thyself. For what is the pattern? He thought it not robbery to make Himself equal with God, but He acted like it in the earth. He made Himself of no estate that you, through His grace, through His mercy, through His sacrifice might have an advocate with that First Cause, God; that first principle, spirit...

-- Edgar Cayce reading 4083-1

The law Jesus is referring to is the Old Testament, specifically the 82nd Psalm which asserts that not only are we God's children, but we are also "gods" (to be sure in-the-making), as well.

Although some individuals may be offended with the statement that everyone is a part of God, in recent years more and more people working with esoteric spiritual traditions have come to that very conclusion. Unfortunately, oftentimes those individuals who accept this premise have

forgotten the appropriate attitudinal stance that should accompany it. In reality, this claim is not so much true as a verbal statement made about oneself. Instead, it is only true as we become god-like toward one another:

For the Master, Jesus, even the Christ, is the pattern for every man in the earth, whether he be Gentile or Jew, Parthenian or Greek. For all have the pattern, whether they call on that name or not; but there is no other name given under heaven whereby men may be saved from themselves.

-- Edgar Cayce reading 3528-1

When Jesus said, "I am the way, the truth, and the life," (John 14:6) it was not a call to religious conversion; but rather an opportunity for us to realize that His life could serve as an example for each one of us. Regardless of our religious background, in Jesus' life we can find a pattern of how to live, enabling each of us to overcome our personal weaknesses, our shortcomings, even our problems. In the language of the Cayce readings:

Q. What is the main purpose of this incarnation?

A. To glorify the Christ Consciousness in the earth — in the lives of those with whom ye come in contact, and to live the same thyself.

-- Edgar Cayce Reading 2441-4

On one occasion, a thirty-eight-year-old male who primarily desired additional information on how he might better manifest his life's purpose, asked Edgar Cayce for clarification on these words "Jesus" and "Christ":

Q. What is the meaning and significance of the words Jesus and Christ...?

A. Just as indicated. Jesus is the man — the activity, the mind, the relationships that He bore to others. Yea, He was mindful of friends, He was sociable, He was loving, He was kind, He was gentle. He grew faint, He grew weak — and yet gained that strength that He has promised, in becoming the Christ, by fulfilling and overcoming the world! Ye are made strong — in body, in mind, in soul and purpose — by that power in Christ. The power, then, is in the Christ. The pattern is in Jesus.

-- Edgar Cayce reading 2533-7

The Transformative Power of the Christ Consciousness

This transformative power of the Christ Consciousness is awakened as individuals act in accord with the pattern set by the example of Jesus' life. In fact, this awakening is the essential purpose for which each soul enters into life: In terms of how this Christ Consciousness could unfold in an individual's life, one person was told:

What [then] will ye do with this man thy elder brother, thy Christ, who — that thy Destiny might be sure in Him — has shown thee the more excellent way. Not in mighty deeds of valor, not in the exaltation of thy knowledge or thy power; but in the gentleness of the things of the spirit: Love, kindness, longsuffering, patience; these thy brother hath shown thee that thou, applying them in thy associations with thy fellow man day by day, here a little, there a little, may become one with Him as He has destined that thou shouldst be! Wilt thou separate thyself? For there be nothing...that may separate thee from the love of thy God, of thy brother, save thine own self!

-- Edgar Cayce reading 849-11

From Cayce's perspective, Jesus is the Elder brother for all of humankind, deeply committed to assisting all souls in reawakening to the awareness of their oneness with God. This Jesus is not interested in religious conversion, denominationalism, or even mighty personal accomplishments. Instead, He is simply interested in how we treat one another. With this in mind, even in the midst of our diversity as a human family, we share a common spiritual heritage. We are all Children of the same God. We are all part of the one spiritual Source. And, we are all destined to return to our Creator, our Mother/Father, our God.

Adapted from: *Twelve Lessons in Personal Spirituality* by Kevin Todeschi.

THE EDGAR CAYCE READINGS AND ONENESS



One of the great ironies of human nature is the fact that the very structure intended to enrich our relationship with God is the one thing which divides us most as a human family. For countless eons, more wars have been fought on religious principles than for any other reason. Even to this day, wars, bloodshed, political battles, and countless examples of our inhumanity to one another are commonplace

as one group tries to instill (or enforce) its belief systems, its politics, or the supremacy of its God onto the lives of others.

The first lesson for six months should be One-One-One- One; Oneness of God, oneness of man's relation, oneness of force, oneness of time, oneness of purpose, Oneness in every effort-Oneness- Oneness!

-- Edgar Cayce Reading 900-429

These conflicts are not simply between various religions but are also within each denomination. There are sects within Christianity, Buddhism, Judaism, Hinduism, Islam-within every religion!-many convinced that they are just a little more right than anyone else. Even various churches, temples, and synagogues have found differences with other members of their own sect who have somehow fallen away from the "original" or the "true" faith.

In addition to separating people from one another, these conflicts have also caused individuals to become disillusioned with religion-some even becoming convinced that religion is a waste of time. Too often, the result has been that people have given up their faith in God because of their disappointment in humankind.

Interestingly enough, the Edgar Cayce material states that part of the problem is due to our ignorance of our oneness with one another.

WHERE IS thine OWN will? One with HIS, or to the glorifying of thine own desires -- thine own selfish interests?

-- Edgar Cayce Reading 900-429

Cayce's information presents a hopeful and inspiring approach to spirituality and religion that inextricably weaves all of humanity together. Rather than focusing upon the form of specific religions or dogmas, the readings instead focus upon the importance of every single soul attempting to manifest an awareness of the living Spirit in the earth.

From Cayce's perspective, our goal is not to simply wait for heaven or to escape the earth; instead, we are challenged to bring an awareness of the Creator into our lives and into our surroundings wherever we may be, right now.

What is the difference? ...Truth...is of the One source. Are there not trees of oak, of ash, of pine? There are the needs of these for meeting this or that experience...Then, all will fill their place. Find not fault with any, but rather show forth as to just how good a pine, or ash, or oak, or vine thou art!

-- Edgar Cayce Reading 254-87

The good news is that, in spite of how things may appear in the world today, the readings assert that all of Creation will eventually be brought into an awareness of this oneness and of the Law of Love which it implies. One of our challenges as individuals is to make the world a better place because we have lived in it. Perhaps the best approach to this consciousness is reflected in the Bible when it states that we must love God with all our heart, mind, and soul, and our neighbor as ourselves.

As a means of discovering the oneness of Spirit, the readings encourage comparative religious study. Through such a discipline, each of us might see beyond surface differences and, instead, find the commonalties we share with one another:

...coordinate the teachings, the philosophies of the east, and the west, the oriental and the occidental, the new truths and the old... Correlate not the differences, but where all religions meet- there is one God! "Know, O Israel, the Lord God is one!"

-- Edgar Cayce Reading 991-1

...consider a field of corn. In the grain of corn there is life. Man plants it in the soil, works it, and then he reaps the harvest. Not every man selects the same kind of corn. Not every man plows it alike. Not every man sows it alike. Not every man reaps it alike. Yet, in each case it brings forth the very best that there is. It is the

God or the life within each grain that the man is seeking. It sustains his body, and also produces enough seed to raise more. That's religion. That's the denominations.

-- Edgar Cayce Reading 991-1

When the concept of reincarnation is studied, what becomes apparent is not what religion people may be in the present but rather, more important, how individuals apply the knowledge they possess. Within the cycle of reincarnation, we have all been Jewish, we have all been students of Eastern or Middle Eastern religions; we have all been agnostic or even atheistic; we have all been Christian. It's important to remember that first we are all children of the same God, and only secondly are we separated by doctrines or specific religious beliefs. We are spiritual beings manifesting in the physical world. Our religious dogmas and beliefs have changed as readily as we have. To be bigoted toward any situation, type of individual, or experience-especially with the knowledge that we will draw those same circumstances to us in the future-is not in keeping with the concept of oneness.

Religion as a Form

The work of Edgar Cayce has attracted individuals from all walks of life and religious backgrounds. In fact, Cayce's view was that if the information in the readings was helpful and hopeful, making you a better person in the process, then you should be able to bring that renewed sense of "spirit" into your own faith. If, on the other hand, working with a particular concept wasn't helpful to you (the philosophy of reincarnation being one example), then individuals were simply told to leave it alone. Individuals were never advised to change their religious beliefs because of the Cayce readings. What Cayce was most concerned with was the application of spiritual principles, not an individual's specific religion. There is a difference between spirituality and religion, although both are important.

Religion is primarily concerned with matters of religious faith, ritual, structure, and tradition. Unfortunately, too often, a specific religion has been seen as the vehicle

for personal salvation rather than simply being one of the various forms in which humankind is trying to understand the manifestation of Spirit in their lives. Many individuals have somehow elevated one religion above all others, perhaps deciding that there is but one form with which to demonstrate true faith. On the other hand, at times it has been the very religious structure with which individuals have become frustrated or disappointed, perhaps even deciding that they no longer need to have religion in their lives. Neither of these responses is in keeping with the concept of oneness. It is important to remember that religion serves a purpose. Without some form, spirituality can too easily become simply a philosophical mind-game rather than having practical ramifications for daily life. A loose spirituality may be fragmented, selfishly independent, lacking community, etc. Without religious form, children can be raised without a sense of the applicability of Spirit in their lives.

One of our confusions associated with religion is that we often mistake the form for the Spirit. For example, individuals may have a particular moving religious experience while attending a certain church or a service in a specific religious denomination. These experiences may include being overwhelmed by the spirit, having a very moving (or even a "kundalini") experience, awakening to the awareness of God's presence, even speaking in tongues. Rather than seeing these experiences within the context of form, however, individuals often assume that because their experience was valid, everything else associated with that religious form contains the same degree of value-they are only forgetting that throughout the history of humankind, individuals have had similar transformational experiences in every religion.

There may be different channels of approach, yes. For not all peoples walked in the field when the wheat was ripe. Neither did all stand at the tomb when Lazarus was called forth. Neither were they all present when He walked on the water, nor when He fed the five thousand, nor when He hung on the Cross. Yet each experience

answered, and does answer to something within each individual soul-entity. For each soul is a corpuscle in the body of God.

-- Edgar Cayce Reading 3395-2

Remember, the essential premise of the Cayce philosophy is that we are all attempting to manifest the Christ Consciousness in the earth. Although we might currently find ourselves in the physical dimension, we are not physical creatures with souls; rather, we are souls who happen to be expressing ourselves in materiality. The distinction is important because, too often, we may associate ourselves with external, temporal things such as race, sexuality, color, and religion that are not a part of our true spiritual nature. It is not so much that we go to heaven; rather, we grow in awareness of our true spiritual nature and of our relationship with God and with one another. In fact, this process of growth and unfoldment is clearly described in the New Testament (Matthew 13:31-33 KJV) when Jesus discussed, in parables, the nature of Heaven.

Another parable put he forth unto them, saying, The kingdom of heaven is like to a grain of mustard seed, which a man took, and sowed in his field: which indeed is the least of all seeds: but when it is grown, it is the greatest among herbs, and becometh a tree, so that the birds of the air come and lodge in the branches thereof. Another parable spake he unto them; The kingdom of heaven is like unto leaven, which a woman took, and hid in three measures of meal, till the whole was leavened.

And, from the readings, "For you grow to heaven, you don't go to heaven. It is within thine own conscience that ye grow there," (reading 3409-1).

Spirituality as a Living Awareness

Although religion often deals with form, spirituality generally deals with an individual's application of his or her individual knowledge or awareness. Since our

natural state is spirit, reawakening to full spiritual awareness is one of the purposes we all have in common. In fact, in one reading (3357-2), Cayce stated that "Soul development should take precedence over all things." From the readings' perspective, this development is not achieved through some great deed or act; instead, it is a gradual accomplishment which is attained "line upon line, precept upon precept." What appears to be most important in terms of soul development is an individual's application of the things of the Spirit in their interactions with others: love, kindness, gentleness, patience, persistence, and consistency.

Since the purpose of life is to bring the spirituality of the Creator into the earth, attunement and application are at the heart of spiritual growth. Attunement is the process of reawakening to an awareness of our spiritual nature and our true relationship with God. As mentioned previously, the most frequently recommended tools for achieving this attunement are the regular practice of prayer and meditation. Both prayer and meditation are invaluable at reestablishing a conscious awareness of our spiritual source while inviting God's will to work through us as a "channel of His blessings" in service to others.

Repeatedly, a core concept from the Edgar Cayce material has been stated: Spirit is the life, mind is the builder, and the physical is the result. In terms of oneness, essentially what this means is that the one force, Spirit, constantly flows through us. However, it is acted upon by the properties of the mind and then channeled into our lives in accordance with our free will. Regardless of whether or not an individual even believes in God, everything about that person is given life through the properties of the one activating Spirit. What he or she does with that Spirit is a matter of choice, and "crimes or miracles" may be the result.

This ability of personal creation, whether through thought, experience or activity, caused the readings to identify the human soul as a cocreator with God. Because of this gift of cocreation, Cayce continually advised individuals that one of the most important things they could do was to establish an appropriate spiritual motivation

(or ideal) for their lives, thereby directing personal choice into positive directions. From Cayce's perspective, too often, we are out of touch with the intentionality (the why) behind our everyday actions. By consciously establishing a spiritual motivation, such as service, compassion, love, or Jesus, as our pattern and then trying to make that motivation a greater part of our lives, real personal transformation and soul development can result.

The soul, then, must return-will return-to its Maker. It is a portion of the Creative Force, which is energized into activity even in materiality, in the flesh...Then, just being kind, just being patient, just showing love for thy fellow man; that is the manner in which an individual works at becoming aware of the consciousness or the Christ Spirit. Edgar Cayce Reading 272-9

Just like in the story of the prodigal son (Luke 15:11-32), we were with God in the beginning and, through choice and experience, found ourselves cut off from a complete awareness of Him. In one respect, the fall of humankind was really our descent in consciousness from the realms of infinity to those of time and space. However, this was not necessarily a "bad" thing or an erroneous choice. Just as a child learns through experience, choice, and making mistakes along the way, our own experiences through choice and will embody a maturation process that will enable us to come into our full heritage and an awareness of our true spiritual nature. In time, as we bring the spirituality of God into the earth, we will awaken to our own spiritual Source, eventually finding our way back to the Creator.

Not only is spiritual transformation our goal, but it is our birthright as well. With the proper spiritual motivation, we will be brought into alignment with this perfect pattern by working with attunement, appropriate mental attitudes, and a desire to bring our spiritual ideal into physical application.

What Shall We Do with Jesus?

Throughout history, the perspectives people have had on the life and teachings of Jesus have been varied, oftentimes even at odds. For some, Jesus has been seen as the only Son of God, bringing salvation only to those who call themselves Christian. Members of non-Christian religions may have ignored His life and ministry or they may have thought, "Well, Christians have been cruel to me, and therefore I'm not interested in Jesus." Individuals involved in New Thought or comparative religions may have decided that Jesus was "just a teacher," or they may have disregarded Him altogether. According to the Edgar Cayce readings, each of these perspectives is short-sighted.

Although Edgar Cayce was a Sunday school teacher all of his life, as well as an elder in the Presbyterian church, for him the meaning of Jesus' life went beyond that described by Christians and non-Christians alike. For that reason, regardless of our upbringing or our religious affiliation, the Cayce material offers some insightful and challenging information about the life and work of this man Jesus, who became the Christ.

Essentially, the readings present Jesus as our "Elder Brother," a soul who came to show each one of us the way back to our spiritual Source by perfectly manifesting the laws of the Creator. Part of His mission was to fully demonstrate the living awareness of the Spirit in the earth-something each one of us will eventually have to do. Therefore, Jesus' life of service to others serves as an example for all of humankind. In fact, the readings state:

For the Master, Jesus, even the Christ, is the pattern for every man in the earth, whether he be Gentile or Jew, Parthenian or Greek. For all have the pattern, whether they call on that name or not.

-- Edgar Cayce Reading 3528-1

Jesus Himself said "I am in my Father, and ye in me, and I in you," (John 14:20 KJV). We are all part of that same spiritual Source. Jesus was a child of God-just as

we are all children of God. What Jesus did, we are all being called to do and, as our Elder Brother and the Pattern, He will show us the way. In fact, Jesus is the Good Shepherd who is very much involved with us right now in teaching us about our relationship with the Creator. In discussing with God our joint spiritual nature and eventual destiny, Jesus said:

They are not of the world, even as I am not of the world...That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou hast sent me. And the glory which thou gavest me I have given them; that they may be one, even as we are one. I in them, and thou in me, that they may be made perfect in one; and that the world may know that thou hast sent me, and hast loved them, as thou hast loved me.

John 17:16, 21-23 KJV

This importance of this information, the fact that every individual is an integral part of God's creation and that we all share the same relationship with the Creator as even Jesus, will eventually transform (even revolutionize!) the ways in which we think about ourselves and treat one another.

Conclusion

Why do we have so many religious sects if the principle of oneness is an undergirding force in the universe? In part, the answer lies in our own diversity and in the fact that we are all drawn to what we need at a given time for our own personal growth and development. In addition, we also possess the very human trait of wanting to "pin down" our truth, putting parameters around our understanding so that we can deal with it. But truth is a growing thing, and the Cayce readings affirm that no one has all the answers to the marvelous question of who we really are as God's spiritual children. But even in the midst of our diversity, we share a common spiritual heritage. We are all children of the same God. We are all part of the one spiritual Source, our Creator, our Mother/Father, our God.

Each soul in entering the material experience does so for those purposes of advancement towards that awareness of being fully conscious of the oneness with the Creative Forces.

-- Edgar Cayce reading 2632-1

Oneness as a force suggests that each of us is connected in ways that we might never before have imagined. Our challenge is to bring that wholeness to consciousness, an "awareness within each soul, imprinted in pattern on the mind and waiting to be awakened by the will, of the soul's oneness with God." (reading 5749-14) Regardless of an individual's religion or personal beliefs, this Christ pattern exists in potential upon the very fiber of his or her being. It is that part which is in perfect accord with the Creator and is simply waiting to find manifestation in one's life.

Adapted from: *Twelve Lessons in Personal Spirituality* by Kevin J. Todeschi

THE READING'S APPROACH TO PHILOSOPHY AND REINCARNATION



In 1901, at the age of 24, Edgar Cayce gave one of his first readings on himself, diagnosing a health condition. But it wouldn't be until 1923 that the subject of reincarnation would be explored in a reading given to a printer from Ohio. It was during a set of *philosophical* questions that Cayce first began to talk about

reincarnation. Eventually, this led to an entirely new way of using Cayce's abilities that came to be known as *Life Readings*. The subject was examined in extensive detail and would become the second major topic examined by the sleeping Cayce. Interestingly enough, while the concept was mentioned in a prior reading given as early as 1911, but no one among Cayce's associates was familiar with the idea and the reference wasn't recognized as such for decades.

The concept of reincarnation shocked and challenged Edgar Cayce and his family. They were deeply religious people, doing this work to help others because that's what their Christian faith taught. Reincarnation was not part of their reality. Yet, the healings and help continued to come. So, the Cayce family continued with the physical material, but cautiously reflected on the strange philosophical material. Ultimately, the Cayces began to accept the ideas, though not as "reincarnation." Edgar Cayce preferred to call it, "The Continuity of Life." As a child, he began to read the Bible from front to back, and did so for every year of his life. He felt that it did contain much evidence that life, the true life in the Spirit, is continual.

Reincarnation is the belief that each of us goes through a series of lifetimes for the purpose of spiritual growth and soul development. The past merely provided a framework of potentials and probabilities and an individual's choices, actions, and free will in the present determines the actual experience lived this time around. Rather than being a fatalistic approach to life, it is much more one of nearly limitless opportunities. Within this framework of lessons that need to be learned as the soul strives to meet itself is the central idea that the soul is constantly experiencing the consequences of its previous choices. This concept is expressed in Biblical terminology as, "What you sow, you must reap" and is generally labeled "like attracts like" by students of reincarnation.

Another key idea from the readings is the idea of Karma. The word *karma* is a Sanskrit term that means "work, deed, or act"; it has also been interpreted to mean "cause and effect." Although the readings definitely agree with this concept,

perhaps one of their most intriguing and unique philosophical contributions is the idea that *karma can simply be defined as memory*. It is a pool of information that the subconscious mind draws upon and can utilize in the present. It has elements that are positive as well as those which seem negative. For example, an immediate affinity toward an individual is as likely to be “karmic” as is an immediate animosity toward someone else. To be sure, this subconscious memory has an effect and influence on how we think, how we react, what we choose, and even how we look! But the component of free will is ever within our grasp.

Reincarnation is a concept that encompasses not only Eastern thought but also all of the major religions of the world. It’s a concept that can allow us to have more compassion, one for another. It’s a way we can begin to look at all facets of life purposefully. However, it doesn’t really matter if another individual believes or doubts the theory of rebirth. For some it can be a helpful concept; for others, confusing. The reason for believing in reincarnation is not so that we can dwell upon the past or brag about the possibility of having been someone famous in the past. The wisest student of reincarnation knows that we have all had incarnations in lowly *and* lofty circumstances. Instead, the purpose is summed up in one of the Cayce readings:

“In the studies, then, know *where* ye are going ... to find that ye only lived, died and were buried under the cherry tree in Grandmother’s garden does not make thee one whit better neighbor, citizen, mother or father! But to know that ye spoke unkindly and suffered for it and in the present may correct it by being righteous – that is worthwhile!”

Edgar Cayce reading 5753-2

ATLANTIS AND THE EDGAR CAYCE READINGS



For some years A.R.E. members and the organization itself have conducted expeditions in search of ruins or any remains of the lost continent of Atlantis. According to Cayce, Atlantis—located from the Gulf of Mexico to Gibraltar—was destroyed in a final catastrophic event *circa* 10,000 B.C. The focus of A.R.E. efforts has been in the Bimini area, however, other related locations have also been

investigated. Research on the so-called Bimini Road has been hampered as researchers are split on the origin of the structure: some believe it is a manmade road or foundation while others assert it is natural beach rock, which fractured in place. However, a seldom-discussed fact is that a portion of the Bimini Road was removed after a hurricane in 1926.

Before the end of the last Ice Age (12,000-years ago) the ocean levels were at least 300 feet below their current levels. A vast "island" was in the area in those remote times rather than chains of islands. Edgar Cayce referred to Bimini as one of the mountaintops of ancient Atlantis. While few would consider the island a mountain, 12,000-years ago it was one of the highest points on the vast land formation in the region. Bimini and Andros Island, lying about 100 miles to the east of Bimini, were a part of the same island in 10,000 B.C.—called "Poseidia" temple which sunk in 10,000 B.C. and is, according to Cayce, covered by "the slime of ages." This record hall is identical to the one in Egypt under the Sphinx.

Archaeologists have countered that the remains of civilization in the region only go back 7,000 years—or perhaps even less. They have asserted that if a major civilization existed in the area, some of its remains would be found on current land. That assertion has a fundamental flaw. Ancient maritime civilizations typically built their cities and ports on the ocean shores. As related in prior issues of *Ancient Mysteries*, archaeologists working in South America, the Pacific coast of North America, India, and elsewhere in the world have been discovering the remains of underwater ruins. These ancient maritime civilizations built their cities and ports on coastlines—all of which have been covered by the rising oceans. Given the recent changes in North and South American archaeology—taking the history of habitation in the Americas to 50,000-years ago—it seems likely that ruins would lie in the shallow waters around Bimini.

Andrew Collins—Gateway to Atlantis

In August 2002, British researcher Andrew Collins renewed interest in the search for Atlantis with a stirring lecture at the Annual Egypt & Ancient Civilizations Conference at Virginia Beach. Collins' book, *Gateway to Atlantis*, proposes that the major remaining portions of Atlantis are in and around Cuba—especially in the area where possible underwater ruins were discovered in 2000. Collins published this rather startling idea prior to the discovery of the possible ruins. Collins also discussed the possibility that Andros Island (between Bimini and Cuba) could hold ruins of Atlantis and he showed a variety of photos of underwater structures taken in the waters around Andros. Many of the photos were shot by J. Manson Valentine and several pilots in the 1960s, prior to the existence of GPS. Thus, several of the locations of the ruins have been lost.

As reported in the A.R.E. membership newsletter *Ancient Mysteries*, Collins found several of the original photos and Cuban articles in the Egerton Sykes' collection of the A.R.E. library during the conference week. Sykes was a world recognized authority on Atlantis who carefully evaluated all of the evidence on Atlantis as well as conducting his own expeditions until his death in 1983. All of his books, manuscripts, and research materials are housed in a secured area of the library. The articles, written in Spanish, were subsequently translated by A.R.E. Trustee, Humberto Martinez, M.D., who read them to the audience. The articles detailed 1950s efforts to locate remains of Atlantis by Cuban archaeologists—all of which were subsequently suspended due to political changes. Nevertheless, the information pointed to the areas around Cuba—including Andros and Bimini—as probable sites of ruins. Our research of satellite images has uncovered a site in Cuba which fits all of Plato's statements about the center city.

Cuban Underwater "Ruins" May Be Concrete

While we hope that the "ruins" reported off the extreme western tip of Cuba are remnants of Atlantis, our research indicates that the formations lying on the 2100-foot bottom *may* be something else. This area lies near the locations of the Soviet-

era guided missile bunkers and concrete platforms that were the critical issue in the 1962 Cuban missile crisis. We believe that the materials on the bottom *may* be the remains of these bunkers and the storage silos which were quickly dismantled by the Soviets and dumped. Virtually no new information (2004) has been released about the Cuban site, but we remain hopeful that ruins may be identified at the location.

Genetic & Archaeological Confirmations

An additional piece of thoroughly scientific evidence pointing to the probably existence of Atlantis has recently been published in two books: *Mound Builders* (2001) and *Ancient South America* (2002). Both books have been authored by Dr. Greg Little, John Van Auken, and Dr. Lora Little. In *Mound Builders*, the authors suggest that the technology many people associate with Atlantis may not be as advanced as thought. In addition, Van Auken and Lora Little's book, *The Lost Hall of Records* (2000), details finds associated with the migration of Atlanteans to Central America. Updated information on recent archaeological discoveries and genetic evidence have been presented at the annual Ancient Mysteries conference.

It has long been recognized that migration legends from natives in North, Central, and South America support the migration of advanced groups to various locations in the Americas corresponding to Cayce's accounts of Atlantis. In recent years, archaeological work has shown that Cayce's accounts of the Atlantean migrations to the Americas is consistent with the archaeological evidence. Now, however, research on a form of DNA recovered from ancient remains almost perfectly matches Cayce's account. This was an unexpected scientific surprise that appears to support the contention that Atlantis was in the Caribbean area. In particular, what is called "Haplogroup X" by geneticists, has been found in ancient remains in every location in the world where the Cayce readings state Atlanteans fled at three different times (10,000 B.C., 28,000 B.C., and 50,000 B.C.). Amazingly, Haplogroup X—one of 42 major ancient mtDNA groups identified—has not been

found in other locations of the world. In addition, another DNA type, called Haplogroup B, appears to be from what Cayce and others have termed the ancient continent of Mu—or Lemuria. We were the first to make this assertion, which has since been embraced by many others. For additional information, see [Ancient America and Genetic DNA Research](#).

A.R.E.'s Satellite Imagery Research of Bimini

In 2001 and 2002, the Edgar Cayce Foundation funded a 640-square km satellite imaging project in the area around Bimini. This research project was completed by Jonathan Eagle. This process allows for the identification of probable underwater structures. The project revealed two types of seemingly "anomalous" formations. Both of these have now been extensively investigated. The results are below:

1. "Two" straight lines were seen off NE Bimini and the report to the A.R.E. by J. Eagle suggested that the lines could be walls with sand dunes over them. In mid-2003, Greg and Lora Little visited the site of the lines and discovered that they were simply seaweed growing on the tops of sand channels. Locals were well aware of the sand channels. J. Eagle and Bill Donato visited the lines in July of 2003 and also made the same finding. However, J. Eagle reported that he "felt" a "reverse thermocline" in the area—with cooler water on the surface. Eagle and Donato have suggested that the thermocline and sand channels may be due to some sort of volcanic activity which they say may be somehow connected to a vein of gold Cayce stated was on Bimini. *The National Geographic* has sponsored an extensive study of the water flows around Bimini and found numerous areas where different temperatures mixed. The thermoclines around Bimini are due to warm water flows swirling with colder water flows. In October 2003, we viewed the large image of the 630 sq km satellite image of Bimini (now posted in the A.R.E. library) and noted at least another dozen "straight lines" to the NE of the two which were investigated. We believe all of these are completely natural and not worthy of further attention, but a few other investigators have plans to visit the underwater lines at NE Bimini to investigate their possible relationship to the gold vein.
2. About a dozen circles off South Bimini were spotted by the satellite. We visited several of the smaller ones which we believe were formed by dredging and collecting of sand for the Bimini beach areas. Some of the smaller circles are apparently similar to the ones we found around Andros—

all of which turned out to be natural. The largest circle at Bimini was 200-feet in diameter and was raised off the bottom like a mound. It had an intriguing appearance from the air. The large circle was investigated by us several times. It was probably manmade, but it was caused by a load of modern building materials dumped at the location. A few of the smaller circles were "scooped out" —these were apparently made by specialized dredgers using large sand-sucking tubes to collect sand for construction and new beach areas on Bimini. Locals were aware of this.

Andros

Five 2003 expeditions were conducted to Andros. The first expedition examined the underwater circles found off western Andros. The second examined Rebikoff's "e," a strange e-shaped formation in shallow water in extreme northwestern Andros. During this expedition, an underwater "anomaly" was found in North Andros. The third expedition examined this structure as well as visiting the circles at South Bimini. As stated above, the newest expeditions have been to Andros. The most recent information on Andros and Bimini, where the idea that both the Bimini Road and Andros Platform were ancient breakwaters enclosing harbors. One other intriguing possibility about the Bimini Road and Andros Platform exists, and it was suggested to us by archaeologists. Both formations could have been large foundations for buildings. Near the Andros Platform, in water about 12-feet deep, is a large flat area. Lying on the bottom in that area are flat paving stones carefully fitted together. The paving stones are all square and rectangular with the typical size about 2 by 3 feet.

2004 Andros Expeditions

The 2003 expeditions found two important underwater structures at Andros and also found evidence of an ancient temple on the island. In 2004 the first expedition to Andros was made in June. It confirmed the presence of ancient building structures in central Andros and looked at more areas of the underwater platform. Additional expeditions are planned to several areas at and near Andros as well as to an underwater harbor off the Yucatan. These all took place. In brief, an ancient

Maya harbor, with a still-existing 1000-foot long breakwater was investigated at Isla Cerritos off Yucatan. The harbor and breakwater were made from slabs of cut beach rock.

Piedras Negras—2004

Piedras Negras, Guatemala is the site of Edgar Cayce's third Hall of Records. (The other two being at Giza— under the Sphinx—and in the Bahamas. In April 2004, we made an A.R.E.-sponsored expedition to Piedras Negras carefully examining most of the ruins. An 83-minute video documentary was made of this expedition.

Andros-Bimini December 2004

In December 2004, we went again to Bimini and Andros, this time with a crew from The History Channel. At Bimini we obtained what may be the best footage ever taken of the Road. We also investigated and filmed what is known as "Proctor's Road," just north of the Bimini Road.

Proctor's Road is a straight line of stones extending from the shore toward the Bimini Road site. At the Andros Platform we discovered that the hurricanes had passed directly over the site. Much of the 1000-foot-long, three-tiered platform was under sand. But the hurricanes moved huge amounts of sand from the inner harbor revealing a depth of at least 65 feet. Before the hurricane the harbor was only 25- 35-feet deep. The storms also revealed a deep channel leading into the harbor next to the end of the platform. The channel is cut through the reefs and the bedrock.

Research revealed that the harbor has never been dredged and the channel was not cut in modern times.

2005 Bimini Andros Expedition

In May 2005 a joint expedition was taken between the ARE Search for Atlantis team and archaeologist Bill Donato of The Atlantis Organization. A series of amazing discoveries were made during and after the expedition. Results of lab testing of materials gathered on that expedition will be released at the 2005 Ancient

Mysteries Conference in Virginia Beach. We also still plan on going to Cay Sal and Anguilla. Another possible trip is being planned to coastal Belize.

2007 Bimini Update

In May and June of 2007, three separate expeditions were carried out in the Bahamas as part of the A.R.E.'s Search For Atlantis Project. The initial report from these expeditions, issued in July, detailed the discovery of several crashed planes, at least one of which was reported missing in the Bermuda Triangle. The second report, issued in August, summarized several unexpected discoveries at Bimini, which included what appear to be rectangular building foundations in 100-feet of water and the remains of a temple consisting of white marble materials. This report summarizes the finds made on and around Andros.

Andros is the largest and most unexplored island in all of the Bahamas. North Andros lies about 150 miles East of Miami. The island is about 105-miles long and 35 miles wide at it widest point. As reported earlier, several land explorations were made on Andros along with numerous water explorations. Week long trips were made to Andros by Drs. Greg & Lora Little in both May and June 2007, both of which began with aerial surveys on portions of the Great Bahama Bank (GBB). The GBB is a massive expanse of a largely flat and shallow bottom extending for nearly 300 miles beginning north of Bimini to some distance south of Andros—just north of Cuba. In general, the water depth of this area averages about 25 feet. During the last Ice Age, the entire GBB was well above sea level. The aerial surveys identified over 30 unusual, dark formations in shallow water on the GBB and the gps locations were taken on each from the air. All but one of these formations was then visited on water with North Andros serving as our base of operations. In addition, side-scan sonar was employed to explore wide areas around Andros and in other areas a remote underwater video camera was used to examine the bottom.

Findings at Underwater Dark Features on the Great Bahama Bank

Thirty dark features (underwater formations) were visited on the Great Bahama Bank, some of which were nearly 50 miles offshore onto the GBB. Ship and plane remains found at some of these sites were detailed earlier. In general, about 75% of all the dark formations are associated with a variety of dumped materials as well as more curious artifacts. For example, one perfectly round white spot in the middle of a dark formation showed what appeared to be a portion of a huge metal anchor sticking up from the bottom. This piece could not be moved by hand. Is the actual ship also buried there? We don't know, but the formation around the anchor is over 500-feet long.

At other dark features we discovered dumped bombs, propane gas cylinders, appliances, and other debris. Bahamas fishermen often enhance a good fishing site by dumping materials to the bottom, thus increasing fish cover. But these formations were of marginal interest to us because our prime interest is in archaeological remains. It has been suggested that these "good fishing spots" may have formed initially because of "something buried under the sand" that allowed the grass to form, however, without extensive excavations, this cannot be determined.

Discovery of the Underwater “Joulter’s Wall”



The most important archaeological find of the 2007 Andros expeditions was a stonewall found in shallow water off an island north of Andros. Numerous interviews with local residents of Andros were made during our trips. One resident told us about a huge, underwater wall that was located in shallow water on the small chain of islands known as Joulter's Cays, about 7-miles North of Andros. Joulter's is completely uninhabited, and data obtained during the past 20 years has shown that numerous hurricane driven tsunamis, 30-feet and higher walls of water, have swept across the islands. In the 1950s, an attempt was made to form a small

community on the southern Joulters island, but it was soon abandoned when a hurricane destroyed the few small, wood-framed homes that had been built. All of Joulters is extremely shallow and boats with a draft of more than two feet simply cannot reach it. However, the approach to the area where the wall is located is even shallower.

From directions given by the local, we found the underwater wall with Eslie and Krista Brown. During the two trips to Andros, we spent four full days at this site, not only filming and photographing the entire "wall," but also exploring the islands from one end to the other. We had to enter the area during high tide as we sped over a mile of water only one-foot deep. We found the wall exactly as described by the Andros resident. She related that she had seen it twice. The first time, in the early 1990's, a large portion of the wall was intact and partially above water. She saw it the second time after a severe 1990's hurricane and said that the eye of the hurricane hit that area and destroyed most of the wall and shoreline.

The wall itself is actually located in a small, narrow bay between what appears to be two islands. The bay is 3-7-feet deep, depending on the tide, and has sharks coming in at high tide. From the bay, the wall extends diagonally away from the two islands into water that is one-to-four feet deep ending where sandbars are located and the bottom is barely covered by water. About two miles further, through this shallow water, is the deep Tongue of the Ocean.

The wall is primarily made from square and rectangular limestone blocks that range in length from 3-6-feet, a width of 2-3-feet, and a thickness of 6-inches to 3-feet—with some blocks far larger. The blocks are obviously cut and roughly dressed and rough tool marks are clearly visible on many. There are some smaller, cube-like stones, about a foot square, occasionally found in portions of the intact wall and in places on the bottom. One area of the wall remains fairly intact and is found in water about 6-feet deep. Brushing the sandy bottom underneath the lowest tier of

stones revealed more limestone blocks under the visible portion. How far down it extends is unknown. This section of the wall runs approximately 30-feet long and is formed by the massive blocks stacked on top of each other with 2-3 vertical layers of blocks visible. We found about 50 large stone blocks widely scattered in water around this intact portion as if they had been tossed around by huge waves.

EDGAR CAYCE'S SEVEN PROPHECIES THAT CAME TRUE



1) The Stock Market Crash of 1929

In February 1925, during a Life reading for a twenty-six-year-old physician, Cayce stated that the young doctor would soon find himself in possession of a great deal

of money. The reading advised the individual to exercise caution and discretion in caring for his wealth especially in the face of "adverse forces that will come then in 1929." (2723-1)

On another occasion, in March 1929, six months before the stock market crashed, a New York stockbroker was given a severe warning of the impending "great disturbance in financial circles" that was about to take place (900-425). Cayce stated: "...we may expect a considerable break and bear market, see? This issue being between those of the reserves of nations and of INDIVIDUALS, and will cause—unless another of the more STABLE banking conditions come to the relief—a great disturbance in financial circles. This warning has been given, see?"

2) World War II

In 1935, in an amazing display of precognitive perception, Edgar Cayce warned a 29-year-old freight agent of catastrophic events that were building within the international community. In response to a question regarding global affairs, the readings described an entire world at war. Although not seeing the picture as necessarily an unchangeable destiny, Cayce warned that "tendencies in the hearts and souls of men are such" that these conditions could be brought about:

"As to the affairs of an international nature, these we find are in a condition of great anxiety on the part of many; not only as individuals but as to nations.

"And the activities that have already begun have assumed such proportions that there is to be the attempt upon the part of groups to penalize, or to make for the associations of groups to carry on same.

"This will make for the taking of sides, as it were, by various groups or countries or governments. This will be indicated by the Austrians, Germans, and later the Japanese joining in their influence; unseen, and gradually growing to those affairs where there must become, as it were, almost a direct opposition to that which has

been the THEME of the Nazis (the Aryan). For these will gradually make for a growing of animosities.

"And unless there is interference from what may be called by many the supernatural forces and influences, that are active in the affairs of nations and peoples, the whole world—as it were—will be set on fire by the militaristic groups and those that are "for" power and expansion in such associations..." (416-7)

3) Pole Shift

"Question: What great change or the beginning of what change, if any, is to take place in the earth in the year 2,000 to 2,001 A.D.?"

Answer: When there is a shifting of the poles; or a new cycle begins."(826-8) given August 11, 1936

NOVA, the PBS television program, reported startling discoveries about our planet's electromagnetic poles and fields. The program was titled "Magnetic Storm" and was written and produced by David Sington. The reason this is of interest to us is that Edgar Cayce predicted that the beginning of the New Age would coincide with the beginning of a pole shift.

In this NOVA show, scientists explained: "2,000 miles beneath our feet is the Earth's molten core. Here a vast ocean of liquid iron generates an invisible force, the Earth's magnetic field. It's what makes our compasses point north. But it does a lot more: it helps to keep the Earth a living planet. Our neighbors, Venus and Mars, have only weak magnetic fields, which means they're unprotected from the deadly radiation sweeping through the solar system. The Earth, on the other hand, exists within a vast magnetic cocoon, a force-field that for billions of years has sheltered us on our journey through space."

Now scientists have made a startling discovery: it seems there's a storm brewing deep within the Earth, a storm that is weakening our vital magnetic shield. Peter

Olson at Johns Hopkins University explained that "the Earth's magnetic field has been our protector for millennia, and now, it appears, it's about to go away."

In reading 826-1, Cayce indicated that the pole shift would become apparent in 2000 to 2001. The NOVA show revealed that the shift has indeed begun in the South Atlantic Ocean region, between Africa and South America. Here the north-south polarity is fluctuating back and forth, weakening the shield against solar radiation. During the pole shift process, the planet's electromagnetic shield will no longer channel the solar winds to our current poles, where few people live. The Northern and Southern lights are a result of radiation moving to the poles. Since radiation causes many problems, the weakening of the shield is a concern. A weak magnetic shield also means that the Northern and Southern lights will be seen all around the planet, even along the equator. It may be a beautiful, wondrous, visionary time for Earth but not a healthy time for many of its inhabitants.

4) Convergence of Communications Companies

The following reading, given in 1929, is an interesting one on the convergence of large communications companies. These mergers did indeed occur. Also, Cayce's description of how varied channels of communications working in a more cooperative and structured manner has come to pass.

"(Q) Will the consolidations take place of the Communications company as given in 1928, American Tel & Tel - Int. Tel & Tel? - [See 257-30, Par. 17-A, 18-A on 8/24/28.]

"(A) These combinations in communicative forces, as has been give WILL take place. As to when, and how, consider the conditions as prevent such a coalition at this time. Not only are there some of the laws as concerning same to be changed, but many of the larger holdings are to be won over by death even. In these changes, then, these are to be a GRADUAL change, and will come about much in the same way and manner as the various Express companies came under the direct

correlation physically in one form. Not that wars alone are to produce same, but the RUMORS of many of same, making the necessity OF communications in the varied fields to come under one supervision, will make physical coalition. As to when, in time - it may be years, but all of the varied channels of communication will work one with another, and thus the varied commodities in their various divisions - as has been given - will offer an opportunity of investments as for holdings; and as for speculative interest - both those of the air and of physical contact, meaning those of Telegraph, Telephone, as well as Radio or Radial Operative Forces - including International American, Western Union, Westinghouse, and Radio." [GD's note: This prophecy was fulfilled. See 416-7 Reports.] (257-36, given April 7, 1929)

5) The Life of the Essenes

Edgar Cayce described the Essenes in detail many years before the discovery of the Dead Sea Scrolls—texts attributed to a then little-known sect called the Essenes. The first of the Dead Sea Scrolls were discovered in 1947, two years after Edgar Cayce's death. Cayce mentioned the Essenes in 171 different readings. Here are just a few excerpts:

"Before this we find the entity was during those periods when there was much turmoil in the land of Judea, when there was the announcing of the prophet, of the new teacher, and all Judea had gone out to John. The entity then was among those that had been of the students of the Essenes, and in direct connection with many that had been prophesying, had been searching the records of or for the coming of the new light to those that had been hemmed in by tradition and by the acts of peoples in a political and religious purpose in the land." Edgar Cayce Reading (489-1, given January 17, 1934)

"In that experience we find the entity was a soul seeking through those associations and activities that brought the entity into the environ of the Grecian-Syrophenician

surroundings; and in the activity in Palestine grew into womanhood there as one - that would be termed in the present - in the household of the counselor of those that traded with the peoples in that land. With the advent of the Roman rule, the activities of such people became much more important; for there was the necessity of keeping a balance with both the Jew, the Greek and the Roman. When the ministry of the forerunner began, that of itself brought into the association of the entity many of those that were in that particular sect of peoples to whom the entity then was joined - the Essenes . . . It then became a refuge or hospital for those that might become the teachers, the ministers, for the activities of the Essenes or teachers of which the Master was a member during the sojourn in Palestine." (489-3, given May 24, 1934)

This was a part of that group of Essenes who, headed by Judy, made those interpretations of those activities from the Egyptian experience, - as the Temple Beautiful, and the service in the Temple of Sacrifice. Hence it was in this consecrated place where this selection took place. (1010-17, given June 21, 1942)

6) Blood Used as a Diagnostic Tool

During the course of a physical reading given for one individual, the reading foresaw future medical advancements that might make diagnosis from a drop of blood a possibility. The reading was given in 1927, at the time when the prediction would have been considered the makings of science fiction:

"For, as is seen, there is no condition existent in a body that the reflection of same may not be traced in the blood supply, for not only does the blood stream carry the rebuilding forces to the body, it also takes the used forces and eliminates same through their proper channels in the various portions of the system. Hence we find red blood, white blood and lymph all carried in the veins. These are only separated by the very small portions that act as builders, strainers, destroyers, or resuscitating portions of the system – see? Hence there is ever seen in the blood stream the

reflections or evidences of that condition being carried on in the physical body. The day may yet arrive when one may take a drop of blood and diagnose the condition of any physical body..." (283-2)

7) La Niña and El Niño Effect

Amazingly, on May 28, 1926, Edgar Cayce made a connection between temperature changes in deep ocean currents and weather changes in reading 195-29:

"As the heat or cold in the various parts of the earth is radiated off, and correlated with reflection in the earth's atmosphere, this in its action changes the currents or streams in the ocean ..."

This reading was concerning the future of wheat crops and weather patterns, and Cayce's comments may be his version of what is known today as La Niña and El Niño. These are weather patterns that are a result of temperature changes in the deep currents of Earth's oceans. These changes in the temperature of ocean currents have had dramatic effects on our weather, as Cayce foresaw.

Note: Prophecy and the Edgar Cayce Readings Seven Prophecies That Came True was featured on the History Channel.

EDGAR CAYCE'S SEVEN PROPHECIES YET TO COME



Will our lifespan, as human beings, be extended?

We know that humans are now living longer than at the time of Edgar Cayce, but his readings seem to indicate that a healthy human lifespan would extend years beyond that which we are currently living.

“Now, we find there are many changes in the body since we have had this – many for good. Many of the organs and the conditions show the changes as come about by the natural, or so called natural conditions in changes as the body succumbs to the effects of age or usage in the system. Much of this may be overcome. (Man should live much longer than has been ordinarily given – and will!)”

-- Edgar Cayce reading 244-2

Will we discover the design for a self-fueling perpetual-motion machine?

Perhaps with the current focus on renewable resources and energy conservation, we will see this next prophecy come to pass in our lifetimes.

“You will have before you the gasless motor invented by [4666].

“Edgar Cayce: Yes, we have the body and enquiring mind of [4666], also the associations and those conditions surrounding the perfection of motor which will develop power in its own action. As has been given, the idea and the plans as have been worked out in part along those lines that pull more of the power as produced in compression in drum, with the leads made in these forms that gather vibrations from the air as is forced through drum, are, as we find, the better application of the created energy. In the cams [as] have been used too much slack or play is allowed in their rotation. This is in the drum’s head action that these must be shortened in play.

“The connection of [195] and [900] with same – best that these have [4666]’s operations closer under their observations when the completed product is near attained.

“(Q) How may we bring him under our observation? (A) Bring him to ... Ohio or N.Y.

“(Q) Is this machine the same as brought to Washington now by Lindbergh? [Charles A. Lindbergh] (A) No. As is here, the [4666] machine would operate on stationary conditions impelling forces; even for now that in gas motors – for, as tested by others, has more to do with that thrown in air and gaining its impelling force from that source. (Q) Would it operate perpetually if perfected? (A) Not perpetually, but once started could be kept in motion by created energy of its own source. Other has to have some source of impellation.”

-- Edgar Cayce reading 4665-1

Conflict in the Persian Gulf

“...As is understood by many, in the earth manifestation and the cycle of time much repeats itself ...

There are still influences indicated in the lives of groups banded as nations, banded as peoples, still influenced by those happenings.

What then, ye ask, is the influence that makes for this great change that may be expected?

The powers of light and darkness, as then, as sixteen hundred (1600) years before. As in those periods, so today – we find nation against nation; the powers of death, destruction, the wrecking of that which has been and is held near and dear to the hearts of those who have through one form or another set ideals.

These are not to be questioned, in that as may be a helpful force; but what is coming to pass? And how may ye as individuals help? ...

Strifes will arise through the period. Watch for them near Davis Strait in the attempts there for the keeping of the life line to a land open. Watch for them in Libya and in Egypt, in Ankara and in Syria, through the straits about those areas above Australia, in the Indian Ocean and the Persian Gulf.”

-- Edgar Cayce reading 3976-26

Is a New “Root Race” Evolving?

The Edgar Cayce information suggests that humanity’s consciousness has evolved and expanded over time. Cayce stated that this expansion of consciousness could be viewed throughout the Bible, from Genesis to Revelation. From the readings perspective the next great evolution would be tied to the development of what Cayce termed “the fifth root race.” An evolutionary occurrence that would mark a New Age and a new understanding of humanity’s relationship to God:

When a 52-year-old construction engineer asked about this expanding consciousness in 1942, Cayce commented that each individual had to essentially work with personal soul development in order to resonate to that new consciousness: “You expect a new root race. What are you doing to prepare for it? You must prepare food for their bodies as well as their minds and their spiritual development!”

-- Edgar Cayce reading 470-35

Ten years earlier, during a reading on the Great Pyramid in Egypt, Cayce suggested that an ancient “Hall of Records” would be discovered at a time signifying the manifestation of this new level of consciousness.

-- Edgar Cayce reading 5748-6

Will the Three Halls of Records Be Discovered?

According to the readings, the people of Atlantis became aware of the fact that their civilization was about to be destroyed. As a result, they hid identical records of the Atlantean civilization in Bimini, in Egypt and in the Yucatan. Numerous readings contend that this Hall of Records will be discovered, including:

(Q) Give in detail what the sealed room contains

(A) A record of Atlantis from the beginnings of those periods when the Spirit took form or began the encasements in that land, and the developments of the peoples throughout their sojourn, with the record of the first destruction and the changes that took place in the land...

This in position lies, as the sun rises from the waters, the line of the shadow (or light) falls between the paws of the Sphinx, that was later set as the sentinel or guard, and which may not be entered from the

connecting chambers from the Sphinx's paw (right paw) until the TIME has been fulfilled when the changes must be active in this sphere of man's experience.

Between, then, the Sphinx and the river.” -- Edgar Cayce reading 378-16

(Q) In which pyramid or temple are the records mentioned in the readings given through this channel on Atlantis, in April, 1932?

(A) As given, that temple was destroyed at the time there was the last destruction in Atlantis.

Yet, as time draws nigh when changes are to come about, there may be the opening of those three places where the records are one, to those that are the initiates in the knowledge of the One God:

The temple by Iltar will then rise again. Also there will be the opening of the temple or hall of records in Egypt, and those records that were put into the heart of the Atlantean land may also be found there - that have been kept, for those that are of that group.

The RECORDS are ONE. -- Edgar Cayce reading 5750-1

What is the shape of the world to come?

Decades before the rest of the world was thinking about the enormous impact that China would have upon the global stage, Edgar Cayce predicted great things for China and its people. On one occasion, Cayce told a group of people that eventually China would become “the cradle of Christianity, as applied in the lives of men.”

-- Edgar Cayce reading 3976-29

This suggests the personal application of spiritual principles would become paramount to the Chinese people. Cayce then went on to caution that it would take a long time to manifest but that it was the country’s destiny: “Yea, it is far off as man counts time, but only a day in the heart of God – for tomorrow China will awake.”

On another occasion, when a thirty-six-year-old book publisher asked about the destiny of China in 1943, just prior to his own trip to the country to serve in the capacity of a missionary, Cayce promised amazing changes in the country that would lead to more democracy and greater religious freedom. He also suggested that eventually the height of civilization would move from the West to the Chinese people: “And these will progress. For, civilization moves west.”

-- Edgar Cayce reading 2834-3

Will There Be a Second Coming?

The Cayce readings had much to say about the life of Jesus—covering the “lost” years that were never addressed in the Bible. But Cayce also spoke of Jesus’ return and here is an excerpt on that subject:

“What is meant by “the day of the Lord is near at hand”? (A) That as has been promised through the prophets and the sages of old, the time – and half time – has been and is being fulfilled in this day and generation, and that soon there will again appear in the earth that one through whom many will be called to meet those that are preparing the way for His day in the earth. The Lord, then, will come, ‘even as ye have seen him go.’”

-- Edgar Cayce reading 262-49

EDGAR CAYCE ON ASTROLOGY



If you search the Edgar Cayce readings database for the term “astrological,” you’ll receive nearly 1,500 results. That’s because Cayce started every Life Reading with a look at the person’s “astrological conditions and aspects.”

A Life Reading is a reading in which Cayce is asked to consider the person (for whom the reading is being requested), and his or her purpose in this current life. His opening for this kind of reading always started something like: “Yes, we have the entity here, and those relations with the universe and universal forces, as are latent and exhibited in the present entity.” Followed closely by, “As to astrological conditions and aspects...”

And then Edgar Cayce used astrological concepts to explain the soul patterns (incarnations), whether these past lives were on the earth (three-dimensional) or on other planets or star systems in this solar system (not three-dimensional).

The biggest difference between Cayce’s perspective on astrology and what might be thought of as traditional astrology is that Cayce said that the placement of the stars and the planets at our birth were an indication of our *past* sojourns amongst the planets and the stars. The readings stated that these were indicators, or signs, of where we had been and what we had studied in “consciousness” in these other realms. In other words, the positions of the stars and planets at our birth aren’t predicting our future so much as they are telling us a story about our past, and how our past may be influencing our present. Here’s a Cayce reading that sums it up nicely:

“Those periods of sojourn during the interims between the manifestations in materiality are indicated from the astrological symbols or signs. Not that the body (as known as a body, physical) sojourned in Mercury, Mars, Jupiter or any of the other planets of this particular solar system. But the use of the mental in the opportunities in relationships to the spiritual and physical is indicated by a sojourn of the entity in the environs accredited with such an influence.

“Thus, as we find here, these are the characteristics, as might be said, which arise as a composite of the mental or the spiritual and material aspects.” -- Edgar Cayce reading 1664-2

Like anything from your past, your planetary sojourns can have a predictive effect on your present and your future. But Cayce was always quick to point out that the stars don't influence us as much as we influence the stars! And there is no influence greater than our own free will.

"Then, as to the influences from the astrological aspects or sojourns during the interim, know that these are merely urges. As to what one does with or about an urge is oft dependent upon what an entity holds as its ideal—and then the application of will as respecting same." (1842-1)

Here's what Cayce said about the planets as astrological aspects in Life Readings. Looking up the placement of these planets in your chart can offer a better understanding of these influences in your current life:

Jupiter

"In that relation in Jupiter, makes for the bigness, the noblenesses, as are seen in the entity's experience..." (6-2)

"In those in Jupiter, of those of the broadness of vision... Nature has made of the entity a *leader*..." (5-2)

"...in Jupiter we find the high ennobling influences in the experience of the entity; in materiality making for associations ever with those in high places, in power, in authority, that deal with problems in the affairs of great numbers of individuals or peoples, or the masses." (1285-1)

Venus

"In Venus we find the love of home, of companions, of friends and *close* relations..." (24-4)

"As we find in the Venus influences, one that makes friendships; one that has a following in whatever endeavor the entity may make in the experience." (1437-1)

“In Venus we find the love, patience, kindness, gentleness, as well as the appreciation of beauty, the appreciation of the try...” (3647-1)

Mercury

“...for Mercury means mental, as does Venus love, understanding, beauty and the like, as does Jupiter strength, stamen, broadness of vision, temperamental; and these all are from those experiences of the entity in its sojourn through these environs.” (264-31)

“From Mercury also there are those abilities for the judgment and DISCERNMENT of the entity, as it were, in the present.” (283-4)

Saturn

“Saturn's influences have made for rather those test periods, and those experiences where the mental attitude necessary had to be expressed or manifested in order for the entity to remain steady.” (322-2)

“Saturn has made for a great many changes that have been eminent, though not often made in the entity's experience. The desire to do this and the desire to do that, and the attempt to make this association and that association, in all its various activities, arise from those innate urges from the sojourn of the entity in same.” (914-1)

Mars

“In Venus and Mars we find the artistic temperament, and hence those activities as would have to do with pattern making, or designing of anything made of metal or wood...” (2915-1)

“In the astrological aspects we find these have been as the ruling forces: Mars, as related to material things. Hence there have been in the experience some very disturbing forces in the activities of those associated with the entity in their

relationships to madness, anger, satisfying of personal appetites, aggrandizement of interests; and these have been problems for the entity.” (1438-1)

Uranus

“In the influences in Mercury, with those in Uranus, makes for those conditions that are easily besetting in the entity's experience, of individuals groups - having that influence as to ‘What will people say? What will individuals think?’ ...

“In this also we find; those influences that bring about CHANGES in the entity's individual surroundings, as related to groups. The entity influences GROUPS, rather than individuals.” (413-1)

“In Uranus and Saturn we find the extremes in temperament, as well as the extremes in the changes which have been and are a part of the entity's experience.”

1751-1

Neptune

“Neptune and Uranus both coming within the entity's experience through the sojourns there, those things that pertain to the mysterious, the MYSTIC forces or occult sciences, are ever of interest.” (997-1)

“Neptune making for those of the MYSTIC, especially influencing this entity in the respect that those forces as come from that as may be termed odors, INCENSEs, or such, will influence the entity in an unusual way and manner.” (1714-1)

Edgar Cayce reminds us of the influence of the planets as to our consciousness but again tells us that our free will is the decider—the choice-maker—of our lives. In summary:

“So, all of those realms - as in Mercury, Venus, Jupiter, Saturn, Uranus - have their realms of consciousness also. As to how great the influence is depends upon the individual, for none surpass the will of the individual entity - the birthright of each

soul. For, the *soul* is that child of the *universal consciousness* ye call God, and is made aware of same by the application of laws pertaining to same in the own self.

“Thus the knowledge, the understanding, the interpretation of life, lies within thine own self, as ye apply same in thy activity.” (2823-1)

AKASHIC RECORDS—THE BOOK OF LIFE



The Akashic Records, or "The Book of Life," can be equated to the universe's super-computer system. It is this system that acts as the central storehouse of all information for every individual who has ever lived upon the earth. More than just a reservoir of events, the Akashic Records contain every deed, word, feeling,

thought, and intent that has ever occurred at any time in the history of the world. Much more than simply a memory storehouse, however, these Akashic Records are interactive in that they have a tremendous influence upon our everyday lives, our relationships, our feelings and belief systems, and the potential realities we draw toward us.

Upon time and space is written the thoughts, the deeds, the activities of an entity – as in relationships to its environs, its hereditary influence; as directed – or judgment drawn by or according to what the entity's ideal is. Hence, as it has been oft called, the record is God's book of remembrance; and each entity, each soul – as the activities of a single day of an entity in the material world – either makes same good or bad or indifferent, depending upon the entity's application of self towards that which is the ideal manner for the use of time, opportunity and the expression of that for which each soul enters a material manifestation. The interpretation then as drawn here is with the desire and hope that, in opening this for the entity, the experience may be one of helpfulness and hopefulness.

-- Edgar Cayce Reading 1650-1

It is no exaggeration to state that the computer has transformed (and is still in the process of transforming) the entire planet. Whether it's technology, transportation, communication, education, or entertainment, the computer age has revolutionized the globe and the ways in which we understand and interact with one another. No segment of modern society has gone unaffected. The amount of information now stored in computer memory and crossing the Internet highway daily is literally unfathomable. And yet, this vast complex of computer systems and collective databases cannot begin to come close to the power, the memory, or the omniscient recording capacity of the Akashic Records.

The Akashic Records contain the entire history of every soul since the dawn of Creation. These records connect each one of us to one another. They contain the stimulus for every archetypal symbol or mythic story which has ever deeply touched patterns of human behavior and experience. They have been the inspiration for dreams and invention. They draw us toward or repel us from one another. They mold and shape levels of human consciousness. They are a portion of Divine Mind. They are the unbiased judge and jury that attempt to guide, educate, and transform every individual to become the very best that she or he can be. They embody an ever-changing fluid array of possible futures that are called into potential as we humans interact and learn from the data that has already been accumulated.

Biblical References: Book of Life

Information about these Akashic Records – this Book of Life – can be found in folklore, in myth, and throughout the Old and New Testaments. It is traceable at least as far back as the Semitic peoples and includes the Arabs, the Assyrians, the Phoenicians, the Babylonians, and the Hebrews. Among each of these peoples was the belief that there was in existence some kind of celestial tablets which contained the history of humankind as well as all manner of spiritual information.

The first reference in Scripture to some unearthly volume is found in Exodus 32:32. After the Israelites had committed a most grievous sin by worshiping the golden calf, it was Moses who pleaded on their behalf, even offering to take full responsibility and have his own name stricken "out of thy book which thou hast written" in recompense for their deed. Later, in the Old Testament, we learn that there is nothing about an individual that is not known in this same book. In Psalm 139, David makes reference to the fact God has written down everything about him and all the details of his life – even that which is imperfect and those deeds which have yet to be performed.

Akashic Records or "The Book of Life" For many individuals this Book of Life is simply an imagery symbol of those destined for heaven and has its roots in the custom of recording genealogical records of names or perhaps early census taking. Traditional religion suggests that this book – either in literal or symbolic form – contains the names of all those who are worthy of salvation. The Book is to be opened in connection with divine judgment (Dan. 7:10, Rev. 20:12). In the New Testament, those redeemed by Christ are contained within the Book (Philippians 4), those not found in the Book of Life will not enter the kingdom of Heaven.

As an interesting corollary, in the ancient world, a person's name was symbolic of his or her existence. According to Sir James George Frazer, author of *The Golden Bough* – one of the most extensive volumes on world mythology – there was such a bond between one's name and one's existence "that magic may be wrought on a man just as easily as through his name as through his hair, his nails, or any other material part of his person." In ancient Egypt, to blot a name out of a record was equivalent to destroying the fact that the person had ever even existed.

H.P. Blavatsky and Rudolf Steiner on the Akashic Records

Closer to our current era, a great deal of contemporary information on the Akashic Records has been made available by both reputable psychics and modern-day mystics – individuals who have somehow perceived beyond the limits of three dimensions. According to H.P. [Helena Petrovna] Blavatsky (1831-1891), Russian immigrant, mystic, and founder of the Theosophical Society, the Akashic Records are much more than simply an account of static data which may be gleaned by a sensitive; instead, the records have an ongoing creative stimulus upon the present:

Akasha is one of the cosmic principles and is a plastic matter, creative in its physical nature, immutable in its higher principles. It is the quintessence of all possible forms of energy, material, psychic, or spiritual; and contains within itself the germs of universal creation, which sprout forth under the impulse of the Divine Spirit.

Rudolf Steiner (1861-1925), the Austrian-born philosopher, educator, and founder of the Anthroposophical Society possessed the ability to perceive information beyond the material world: a "spiritual world" which was just as real to him as the physical world was to others. Steiner claimed that the ability to perceive this other world could be developed, enabling an individual to see events and information every bit as concrete as the present:

...man can penetrate to the eternal origins of the things which vanish with time. A man broadens his power of cognition in this way if he is no longer limited to external evidence where knowledge of the past is concerned. Then he can see in events what is not perceptible to the senses, that part which time cannot destroy. He penetrates from transitory to non-transitory history. It is a fact that this history is written in other characters than is ordinary history. In gnosis and in theosophy it is called the "Akasha Chronicle"...To the uninitiated, who cannot yet convince himself of the reality of a separate spiritual world through his own experience, the initiate easily appears to be a visionary, if not something worse. The one who has acquired the ability to perceive in the spiritual world comes to know past events in their eternal character. They do not stand before him like the dead testimony of history, but appear in full life. In a certain sense, what has happened takes place before him.

Edgar Cayce and the Akashic Records

In terms of contemporary insights, perhaps the most extensive source of information regarding the Akashic Records comes from the clairvoyant work of Edgar Cayce (1877-1945), Christian mystic and founder of A.R.E. For forty-three years of his adult life, Edgar Cayce possessed the uncanny ability to lie down on a couch, close his eyes, fold his hands over his stomach, and put himself into some kind of an altered state in which virtually any type of information was available. The accuracy of Cayce's psychic work is evidenced by approximately one dozen biographies and literally hundreds of titles which explore various aspects of his information and the thousands of topics he discussed.

When asked about the source of his information, Cayce replied that there were essentially two. The first was the subconscious mind of the individual for whom he was giving the reading and the second was the Akashic Records.

Cayce's Sojourn to Access the Records

Most often, when giving a reading which discussed a person's soul history and his or her individual sojourn through space and time, Cayce would begin with a statement such as, "Yes, we have before us the records of the entity now known or called _____." In discussing the process for accessing these records, Edgar Cayce described his experience as follows:

I see myself as a tiny dot out of my physical body, which lies inert before me. I find myself oppressed by darkness and there is a feeling of terrific loneliness. Suddenly, I am conscious of a white beam of light. As this tiny dot, I move upward following the light, knowing that I must follow it or be lost.

As I move along this path of light I gradually become conscious of various levels upon which there is movement. Upon the first levels there are vague, horrible shapes, grotesque forms such as one sees in nightmares. Passing on, there begin to appear on either side misshapen forms of human beings with some part of the body magnified. Again there is change and I become conscious of gray-hooded forms moving downward. Gradually, these become lighter in color. Then the direction changes and these forms move upward and the color of the robes grows rapidly lighter. Next, there begin to appear on either side vague outlines of houses, walls, trees, etc., but everything is motionless. As I pass on, there is more light and movement in what appear to be normal cities and towns. With the growth of movement I become conscious of sounds, at first indistinct rumblings, then music, laughter, and singing of birds. There is more and more light, the colors become very beautiful, and there is the sound of wonderful music. The houses are left behind, ahead there is only a blending of sound and color. Quite suddenly I come upon a hall of records. It is a hall without walls, without ceiling, but I am conscious of seeing an old man who

hands me a large book, a record of the individual for whom I seek information. (Reading 294-19, Report File)

Once given the record, Cayce had the ability to select the information which would be most capable of assisting the individual at that time in his or her life. Frequently, a reading might suggest that only a selection of the available material was being provided, but that the individual was being given that which would be "most helpful and hopeful." Additional insights were frequently provided in subsequent readings once an individual had attempted to work with and apply the information which had been given previously.

As a means of perhaps alluding to the fact that the Akashic Records were not simply a transcription of the past but included the present, the future, and certain probabilities as well, in reading 304-5, Cayce began the reading with a curious statement.

Yes, we have the body here, and the record as has been made and as may be made with the will as exercised, and the condition irrespective of the will's influence or effect as has been created. We have conditions that might have been, that are, and that may be. Do not get the three mixed up or crossed purposes of either. (304-5)

When discussing the Book of Life, he stated it that it was, "The record of God, of thee, thy soul within and the knowledge of same." (281-33)

On another occasion (2533-8) Cayce was asked to explain the difference between the Book of Life and the Akashic Records:

Q. [What is meant by] The Book of Life?

A. The record that the individual entity itself writes upon the skein of time and space, through patience – and is opened when self has attuned to the infinite, and may be read by those attuning to that consciousness...

Q. The Book of God's Remembrances?

A. This is the Book of Life.

Q. The Akashic Records?

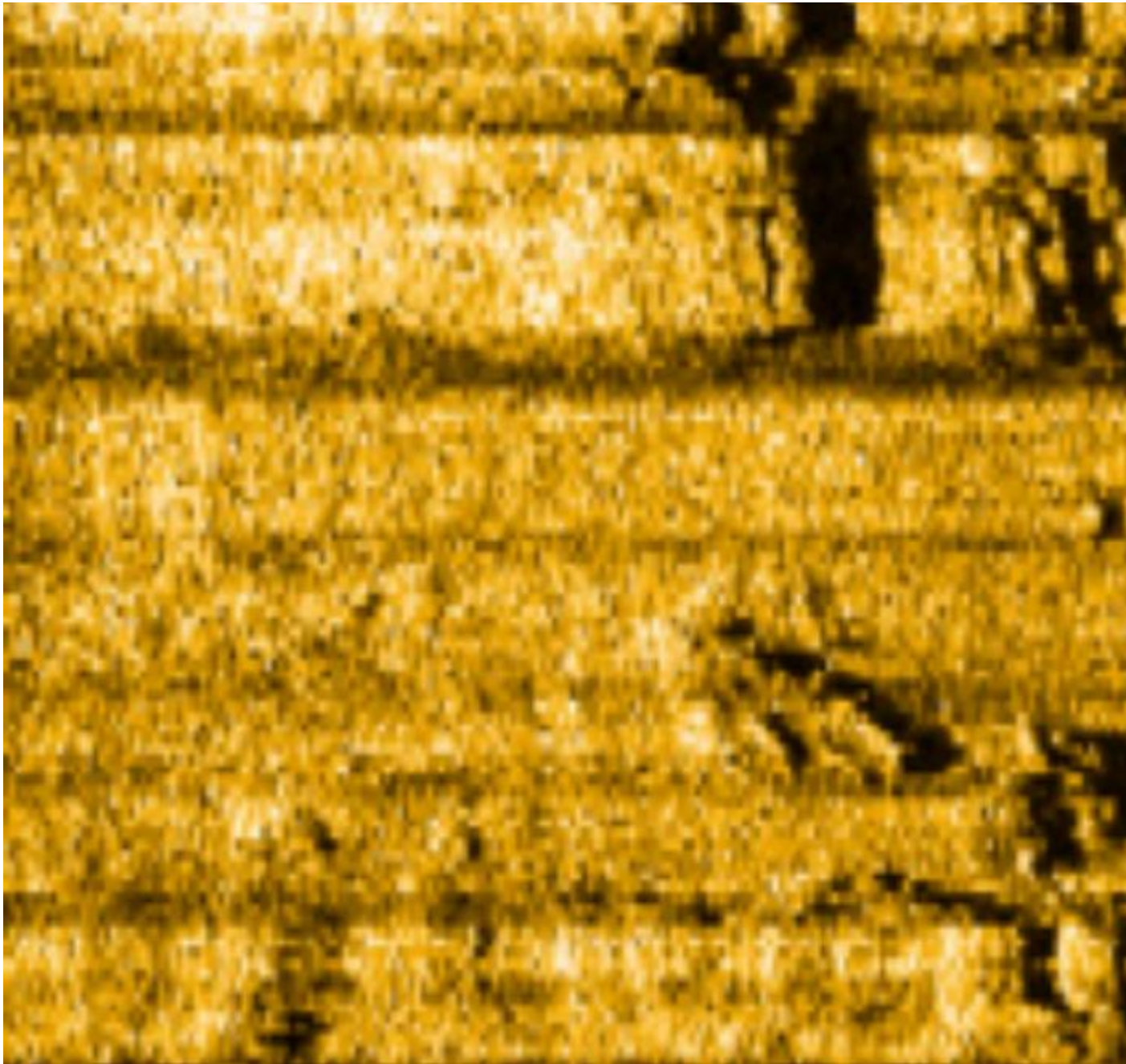
A. Those made by the individual, as just indicated.

The Edgar Cayce readings suggest that each of us writes the story of our lives through our thoughts, our deeds, and our interactions with the rest of creation. This information has an effect upon us in the here and now. In fact, the Akashic Records have such an impact upon our lives and the potentials and probabilities we draw toward us that any exploration of them cannot help but provide us with insights into the nature of ourselves and our relationship to the universe.

There is much more to our lives, our histories, and our individual influence upon our tomorrows than we have perhaps dared to imagine. By accessing information from the Akashic Records, the universe's computer database, much might be revealed to us. The world as we have collectively perceived it is but a faint shadow of reality.

Adapted from [*Edgar Cayce on the Akashic Records*](#) by Kevin J. Todeschi

ANCIENT MYSTERIES AND CIVILIZATIONS IN THE CAYCE READINGS



While in a trance state, Edgar Cayce's ability to peer into the past with uncanny psychic accuracy was demonstrated repeatedly. This type of information is called "retrocognition" and the Cayce readings attest to the variety of material available in

this manner: previous happenings in an individual's life, including accidents or forgotten traumas; as well as ancient history, including the geological evolution of the planet and details of tribes and civilizations that predate recorded history.

For example, more than eleven years before the [Dead Sea Scrolls](#) were found in 1947, Edgar Cayce provided a great deal of information on a Jewish sect called the Essenes. Cayce claimed that in the Essene society men and women lived and worked together. Scholars, however, believed that the Essenes were a monastic society composed exclusively of men. It was not until archaeological excavations occurred after Cayce's death that his psychic information was verified.

Through the use of retrocognition, the Cayce readings provide a wealth of insights into the ancient world. More than simply discussing hidden archeological sites and uncovered records of forgotten civilizations, Edgar Cayce claimed that the history of humankind went back some ten million years! Although much of this material may be impossible to verify, sometimes contemporary research has uncovered evidence to confirm information given in Cayce's trance state. As one example, a number of readings discussed the fact that the Nile had changed its course over eons and had once emptied into the Atlantic Ocean:

Reading #364-13:

Edgar Cayce: ...The Nile entered into the Atlantic Ocean. What is now the Sahara was an inhabited land and very fertile. What is now the central portion of this country, or the Mississippi basin, was then all in the ocean; only the plateau was existent, or the regions that are now portions of Nevada, Utah and Arizona formed the greater part of what we know as the United States...

Reading #276-2:

Edgar Cayce: ...In the one before this we find again in this same land now called Egypt (this before the mountains rose in the south, and when the waters called the Nile then emptied into what is NOW the Atlantic Ocean)...

Reading #5748-6:

Edgar Cayce: ...In those periods when the first change had come in the position of the land, when the Nile (or Nole, then) emptied into what is now the Atlantic Ocean, on the Congo end of the country. What is now as the Sahara was a fertile land...

As if to confirm some of the above, an article published in *Science* (August 1986), reported that the Shuttle Imaging Radar from the Space Shuttle had discovered previously unknown river valleys beneath the driest part of the Sahara. Through satellite imaging and on-site archeological investigations, it appeared as though the present day Nile had changed its course, once flowing across the Sahara, through Africa, and into the Atlantic Ocean! Only time will tell how many more of the readings historical claims regarding such places as Atlantis, ancient Egypt, and ancient Persia, will eventually be verified.

The A.R.E./Edgar Cayce Foundation's recent satellite project was the first comprehensive analysis of all subsurface features around Bimini. The project covered 630 square miles and imaging was done via the IKONOS satellite. Via special processing, imaging was able to look at the seabed contours at a depth of approximately 75 feet. The precise location of all features that were identified is easily determined via special program.

INTERPRETING DREAMS AND DREAM SYMBOLS



It was Jung, a Swiss psychiatrist and contemporary of Edgar Cayce's, who found convincing evidence for a deep level to the unconscious mind. This profound depth, Jung felt, came from a genuine spiritual reality that hadn't been acknowledged by Freud. Jung called this level the "collective unconscious." Here all minds could communicate through the use of universal symbols—images which seem to have a common meaning among people all over the world. For

example, a symbol such as a lion or a great cat has a universal or archetypal meaning of power and vitality. Birds frequently symbolize various kinds of love or concern; water is often suggestive of the Spirit itself. An old woman or an old man or a grandfatherly figure can symbolize our own "Higher Self" or our own internal wisdom. Myths or fairy tales often have similarities among cultures, and these similarities are shown through their universal symbols and themes. Sometimes our own dreams may contain these kinds of symbols.

Of course, not all the symbols and images in our dreams represent the universal or archetypal. Many, if not most, are best interpreted by discovering the personal associations one has with that person or object. The dream symbol of a rifle, for example, would likely mean one thing to a gunsmith and something quite different to a victim of war.

There is really no such thing as a "bad" dream, because all dreams have the potential of helping the dreamer. Dreams of disastrous events may simply be advice to us to change our diets or our attitudes, or they may be emotional releases from various situations in our lives. They can become invaluable tools for instruction and guidance if we would only begin to work with them.

For example, one person who dreamed of a headless man in uniform was told in his Cayce reading that instead of losing his head over his duties by following the letter of the law and getting too caught up in his job, there was a greater lesson to be learned by following the Spirit. A person who dreamed of a wild man running through the streets, shouting, and causing a great deal of trouble was told that the dream was advice for him to control his temper. One woman dreamed that a friend of hers was speaking to her. She noticed that the woman had beautiful false teeth of different shapes but every other tooth had the appearance of pure gold. She was told that the gold teeth represented the spiritual truths of which she herself was often speaking, but they were false because she hadn't applied in her own life what she had been preaching. Another woman dreamed that her mother, who had died, was alive and happy. Cayce assured her that she was not trying to fool herself, that her mother was indeed alive and happy:

"... for there is no death, only the transition from the physical to the spiritual plane."

In trying to arrive at a dream's meaning, one possibility to consider is that the dream is largely literal. For example, seeing ourselves eat a salad in a dream may indicate the need for change in our diets to incorporate more salads. We may dream of someone we have not seen or heard from in a very long while, and then meet that person a short time later. In other cases, the action may be more symbolic of what is happening in waking life.

Dreaming about different rooms which we haven't yet explored could be pointing to the unopened doors of our own personality. A car often symbolizes our physical body and the need to make a change or correct a physical condition.

On the other hand, dreams of birth and death are often more symbolic, as they point to new beginnings and perhaps the end of doing something the old way.

In other words a dream "death" is often the death of a part of our personality. For example, a woman who dreams of attending the funeral of her minister's wife may be allowing the spiritual aspects of her own life to be overlooked or "laid to rest." Dreams of being pregnant or taking care of a small child who doesn't exist in the waking state isn't necessarily a prediction. The dream could merely be pointing out a new condition which will be coming our way or a new idea to which we will soon give birth.

When dreams give guidance or seem to pass judgments, it is usually in response to values and ideals we have previously set for ourselves. Most dreams can be seen as a kind of comparison (Cayce used the word "correlation"). While we sleep, a comparison is made between recent actions and the inner values we hold. For example, one woman was advised for health reasons to avoid eating chocolate, and yet she continued to eat it anyway. She had a dream in which she was crossing the border into Mexico illegally for the purpose of buying chocolate. Obviously, she would be the best one to determine that her dream was simply pointing out she was doing something she had been told not to do; at one level, she knew it was "illegal."

EDGAR CAYCE'S MEDITATION FOR EVERYONE



Although meditation has long been an accepted practice in the East, it wasn't until the 1960s that it gained acceptance in the West. Today, clinical research has proven that meditation has positive effects on an individual's overall health, and many physicians now recommend it as a way of helping

their patients learn to lower their blood pressure. Interestingly enough, Edgar Cayce was recommending meditation in the late 1920s and 1930s.

These, as we find, are slow, yet sure, if there will be kept, not only the corrections made occasionally, once a month or such, might be the more often but the meditation; and in the meditation, don't meditate upon, but listen to the voice within. For prayer is supplication for direction, for understanding. Meditation is listening to the Divine within. -- Edgar Cayce reading 1861-19

In simplest terms, meditation is the practice of quieting our physical bodies and our minds, and focusing our attention inward instead of upon the world around us. As you begin to practice meditation daily, it will become easier. You might also notice that the sense of peace inside you during meditation will begin to carry over into the different parts of your day. Although some schools of thought suggest that the mind should be blank when you are meditating, Cayce's material suggests that the mind is a constructive force and allows for the closest attunement possible if used in the right way.

Meditation promotes coordination at three levels: physically, we begin to relax; mentally, our busied thoughts become quiet and focused; and spiritually, we get reenergized and are able to deal more lovingly and effectively with the people and events around us. By following a few simple steps, anyone can learn to meditate; even beginners may experience the calming effects of a few moments of purposeful silence.

It is not musing, not daydreaming; but as ye find you bodies made up of the physical, mental, and spiritual, it is the attuning of the mental body and the physical body to its spiritual source. -- Edgar Cayce reading 281-41

THE EDGAR CAYCE READINGS AND ONENESS



One of the great ironies of human nature is the fact that the very structure intended to enrich our relationship with God is the one thing which divides us most as a human family. For countless eons, more wars have been fought on religious principles than for any other reason. Even to this day, wars, bloodshed, political battles, and countless examples of our inhumanity to one another are commonplace

as one group tries to instill (or enforce) its belief systems, its politics, or the supremacy of its God onto the lives of others.

The first lesson for six months should be One-One-One- One; Oneness of God, oneness of man's relation, oneness of force, oneness of time, oneness of purpose, Oneness in every effort-Oneness- Oneness!

-- Edgar Cayce Reading 900-429

These conflicts are not simply between various religions but are also within each denomination. There are sects within Christianity, Buddhism, Judaism, Hinduism, Islam-within every religion!-many convinced that they are just a little more right than anyone else. Even various churches, temples, and synagogues have found differences with other members of their own sect who have somehow fallen away from the "original" or the "true" faith.

In addition to separating people from one another, these conflicts have also caused individuals to become disillusioned with religion-some even becoming convinced that religion is a waste of time. Too often, the result has been that people have given up their faith in God because of their disappointment in humankind.

Interestingly enough, the Edgar Cayce material states that part of the problem is due to our ignorance of our oneness with one another.

WHERE IS thine OWN will? One with HIS, or to the glorifying of thine own desires -- thine own selfish interests?

-- Edgar Cayce Reading 900-429

Cayce's information presents a hopeful and inspiring approach to spirituality and religion that inextricably weaves all of humanity together. Rather than focusing upon the form of specific religions or dogmas, the readings instead focus upon the importance of every single soul attempting to manifest an awareness of the living Spirit in the earth.

From Cayce's perspective, our goal is not to simply wait for heaven or to escape the earth; instead, we are challenged to bring an awareness of the Creator into our lives and into our surroundings wherever we may be, right now.

What is the difference? ...Truth...is of the One source. Are there not trees of oak, of ash, of pine? There are the needs of these for meeting this or that experience...Then, all will fill their place. Find not fault with any, but rather show forth as to just how good a pine, or ash, or oak, or vine thou art!

-- Edgar Cayce Reading 254-87

The good news is that, in spite of how things may appear in the world today, the readings assert that all of Creation will eventually be brought into an awareness of this oneness and of the Law of Love which it implies. One of our challenges as individuals is to make the world a better place because we have lived in it. Perhaps the best approach to this consciousness is reflected in the Bible when it states that we must love God with all our heart, mind, and soul, and our neighbor as ourselves.

As a means of discovering the oneness of Spirit, the readings encourage comparative religious study. Through such a discipline, each of us might see beyond surface differences and, instead, find the commonalties we share with one another:

...coordinate the teachings, the philosophies of the east, and the west, the oriental and the occidental, the new truths and the old... Correlate not the differences, but where all religions meet- there is one God! "Know, O Israel, the Lord God is one!"

-- Edgar Cayce Reading 991-1

...consider a field of corn. In the grain of corn there is life. Man plants it in the soil, works it, and then he reaps the harvest. Not every man selects the same kind of corn. Not every man plows it alike. Not every man sows it alike. Not every man reaps it alike. Yet, in each case it brings forth the very best that there is. It is the

God or the life within each grain that the man is seeking. It sustains his body, and also produces enough seed to raise more. That's religion. That's the denominations.

-- Edgar Cayce Reading 991-1

When the concept of reincarnation is studied, what becomes apparent is not what religion people may be in the present but rather, more important, how individuals apply the knowledge they possess. Within the cycle of reincarnation, we have all been Jewish, we have all been students of Eastern or Middle Eastern religions; we have all been agnostic or even atheistic; we have all been Christian. It's important to remember that first we are all children of the same God, and only secondly are we separated by doctrines or specific religious beliefs. We are spiritual beings manifesting in the physical world. Our religious dogmas and beliefs have changed as readily as we have. To be bigoted toward any situation, type of individual, or experience-especially with the knowledge that we will draw those same circumstances to us in the future-is not in keeping with the concept of oneness.

Religion as a Form

The work of Edgar Cayce has attracted individuals from all walks of life and religious backgrounds. In fact, Cayce's view was that if the information in the readings was helpful and hopeful, making you a better person in the process, then you should be able to bring that renewed sense of "spirit" into your own faith. If, on the other hand, working with a particular concept wasn't helpful to you (the philosophy of reincarnation being one example), then individuals were simply told to leave it alone. Individuals were never advised to change their religious beliefs because of the Cayce readings. What Cayce was most concerned with was the application of spiritual principles, not an individual's specific religion. There is a difference between spirituality and religion, although both are important.

Religion is primarily concerned with matters of religious faith, ritual, structure, and tradition. Unfortunately, too often, a specific religion has been seen as the vehicle

for personal salvation rather than simply being one of the various forms in which humankind is trying to understand the manifestation of Spirit in their lives. Many individuals have somehow elevated one religion above all others, perhaps deciding that there is but one form with which to demonstrate true faith. On the other hand, at times it has been the very religious structure with which individuals have become frustrated or disappointed, perhaps even deciding that they no longer need to have religion in their lives. Neither of these responses is in keeping with the concept of oneness. It is important to remember that religion serves a purpose. Without some form, spirituality can too easily become simply a philosophical mind-game rather than having practical ramifications for daily life. A loose spirituality may be fragmented, selfishly independent, lacking community, etc. Without religious form, children can be raised without a sense of the applicability of Spirit in their lives.

One of our confusions associated with religion is that we often mistake the form for the Spirit. For example, individuals may have a particular moving religious experience while attending a certain church or a service in a specific religious denomination. These experiences may include being overwhelmed by the spirit, having a very moving (or even a "kundalini") experience, awakening to the awareness of God's presence, even speaking in tongues. Rather than seeing these experiences within the context of form, however, individuals often assume that because their experience was valid, everything else associated with that religious form contains the same degree of value-they are only forgetting that throughout the history of humankind, individuals have had similar transformational experiences in every religion.

There may be different channels of approach, yes. For not all peoples walked in the field when the wheat was ripe. Neither did all stand at the tomb when Lazarus was called forth. Neither were they all present when He walked on the water, nor when He fed the five thousand, nor when He hung on the Cross. Yet each experience

answered, and does answer to something within each individual soul-entity. For each soul is a corpuscle in the body of God.

-- Edgar Cayce Reading 3395-2

Remember, the essential premise of the Cayce philosophy is that we are all attempting to manifest the Christ Consciousness in the earth. Although we might currently find ourselves in the physical dimension, we are not physical creatures with souls; rather, we are souls who happen to be expressing ourselves in materiality. The distinction is important because, too often, we may associate ourselves with external, temporal things such as race, sexuality, color, and religion that are not a part of our true spiritual nature. It is not so much that we go to heaven; rather, we grow in awareness of our true spiritual nature and of our relationship with God and with one another. In fact, this process of growth and unfoldment is clearly described in the New Testament (Matthew 13:31-33 KJV) when Jesus discussed, in parables, the nature of Heaven.

Another parable put he forth unto them, saying, The kingdom of heaven is like to a grain of mustard seed, which a man took, and sowed in his field: which indeed is the least of all seeds: but when it is grown, it is the greatest among herbs, and becometh a tree, so that the birds of the air come and lodge in the branches thereof. Another parable spake he unto them; The kingdom of heaven is like unto leaven, which a woman took, and hid in three measures of meal, till the whole was leavened.

And, from the readings, "For you grow to heaven, you don't go to heaven. It is within thine own conscience that ye grow there," (reading 3409-1).

Spirituality as a Living Awareness

Although religion often deals with form, spirituality generally deals with an individual's application of his or her individual knowledge or awareness. Since our

natural state is spirit, reawakening to full spiritual awareness is one of the purposes we all have in common. In fact, in one reading (3357-2), Cayce stated that "Soul development should take precedence over all things." From the readings' perspective, this development is not achieved through some great deed or act; instead, it is a gradual accomplishment which is attained "line upon line, precept upon precept." What appears to be most important in terms of soul development is an individual's application of the things of the Spirit in their interactions with others: love, kindness, gentleness, patience, persistence, and consistency.

Since the purpose of life is to bring the spirituality of the Creator into the earth, attunement and application are at the heart of spiritual growth. Attunement is the process of reawakening to an awareness of our spiritual nature and our true relationship with God. As mentioned previously, the most frequently recommended tools for achieving this attunement are the regular practice of prayer and meditation. Both prayer and meditation are invaluable at reestablishing a conscious awareness of our spiritual source while inviting God's will to work through us as a "channel of His blessings" in service to others.

Repeatedly, a core concept from the Edgar Cayce material has been stated: Spirit is the life, mind is the builder, and the physical is the result. In terms of oneness, essentially what this means is that the one force, Spirit, constantly flows through us. However, it is acted upon by the properties of the mind and then channeled into our lives in accordance with our free will. Regardless of whether or not an individual even believes in God, everything about that person is given life through the properties of the one activating Spirit. What he or she does with that Spirit is a matter of choice, and "crimes or miracles" may be the result.

This ability of personal creation, whether through thought, experience or activity, caused the readings to identify the human soul as a cocreator with God. Because of this gift of cocreation, Cayce continually advised individuals that one of the most important things they could do was to establish an appropriate spiritual motivation

(or ideal) for their lives, thereby directing personal choice into positive directions. From Cayce's perspective, too often, we are out of touch with the intentionality (the why) behind our everyday actions. By consciously establishing a spiritual motivation, such as service, compassion, love, or Jesus, as our pattern and then trying to make that motivation a greater part of our lives, real personal transformation and soul development can result.

The soul, then, must return-will return-to its Maker. It is a portion of the Creative Force, which is energized into activity even in materiality, in the flesh...Then, just being kind, just being patient, just showing love for thy fellow man; that is the manner in which an individual works at becoming aware of the consciousness or the Christ Spirit. Edgar Cayce Reading 272-9

Just like in the story of the prodigal son (Luke 15:11-32), we were with God in the beginning and, through choice and experience, found ourselves cut off from a complete awareness of Him. In one respect, the fall of humankind was really our descent in consciousness from the realms of infinity to those of time and space. However, this was not necessarily a "bad" thing or an erroneous choice. Just as a child learns through experience, choice, and making mistakes along the way, our own experiences through choice and will embody a maturation process that will enable us to come into our full heritage and an awareness of our true spiritual nature. In time, as we bring the spirituality of God into the earth, we will awaken to our own spiritual Source, eventually finding our way back to the Creator.

Not only is spiritual transformation our goal, but it is our birthright as well. With the proper spiritual motivation, we will be brought into alignment with this perfect pattern by working with attunement, appropriate mental attitudes, and a desire to bring our spiritual ideal into physical application.

What Shall We Do with Jesus?

Throughout history, the perspectives people have had on the life and teachings of Jesus have been varied, oftentimes even at odds. For some, Jesus has been seen as the only Son of God, bringing salvation only to those who call themselves Christian. Members of non-Christian religions may have ignored His life and ministry or they may have thought, "Well, Christians have been cruel to me, and therefore I'm not interested in Jesus." Individuals involved in New Thought or comparative religions may have decided that Jesus was "just a teacher," or they may have disregarded Him altogether. According to the Edgar Cayce readings, each of these perspectives is short-sighted.

Although Edgar Cayce was a Sunday school teacher all of his life, as well as an elder in the Presbyterian church, for him the meaning of Jesus' life went beyond that described by Christians and non-Christians alike. For that reason, regardless of our upbringing or our religious affiliation, the Cayce material offers some insightful and challenging information about the life and work of this man Jesus, who became the Christ.

Essentially, the readings present Jesus as our "Elder Brother," a soul who came to show each one of us the way back to our spiritual Source by perfectly manifesting the laws of the Creator. Part of His mission was to fully demonstrate the living awareness of the Spirit in the earth-something each one of us will eventually have to do. Therefore, Jesus' life of service to others serves as an example for all of humankind. In fact, the readings state:

For the Master, Jesus, even the Christ, is the pattern for every man in the earth, whether he be Gentile or Jew, Parthenian or Greek. For all have the pattern, whether they call on that name or not.

-- Edgar Cayce Reading 3528-1

Jesus Himself said "I am in my Father, and ye in me, and I in you," (John 14:20 KJV). We are all part of that same spiritual Source. Jesus was a child of God-just as

we are all children of God. What Jesus did, we are all being called to do and, as our Elder Brother and the Pattern, He will show us the way. In fact, Jesus is the Good Shepherd who is very much involved with us right now in teaching us about our relationship with the Creator. In discussing with God our joint spiritual nature and eventual destiny, Jesus said:

They are not of the world, even as I am not of the world...That they all may be one; as thou, Father, art in me, and I in thee, that they also may be one in us: that the world may believe that thou hast sent me. And the glory which thou gavest me I have given them; that they may be one, even as we are one. I in them, and thou in me, that they may be made perfect in one; and that the world may know that thou hast sent me, and hast loved them, as thou hast loved me.

John 17:16, 21-23 KJV

This importance of this information, the fact that every individual is an integral part of God's creation and that we all share the same relationship with the Creator as even Jesus, will eventually transform (even revolutionize!) the ways in which we think about ourselves and treat one another.

Conclusion

Why do we have so many religious sects if the principle of oneness is an undergirding force in the universe? In part, the answer lies in our own diversity and in the fact that we are all drawn to what we need at a given time for our own personal growth and development. In addition, we also possess the very human trait of wanting to "pin down" our truth, putting parameters around our understanding so that we can deal with it. But truth is a growing thing, and the Cayce readings affirm that no one has all the answers to the marvelous question of who we really are as God's spiritual children. But even in the midst of our diversity, we share a common spiritual heritage. We are all children of the same God. We are all part of the one spiritual Source, our Creator, our Mother/Father, our God.

Each soul in entering the material experience does so for those purposes of advancement towards that awareness of being fully conscious of the oneness with the Creative Forces.

-- Edgar Cayce reading 2632-1

Oneness as a force suggests that each of us is connected in ways that we might never before have imagined. Our challenge is to bring that wholeness to consciousness, an "awareness within each soul, imprinted in pattern on the mind and waiting to be awakened by the will, of the soul's oneness with God." (reading 5749-14) Regardless of an individual's religion or personal beliefs, this Christ pattern exists in potential upon the very fiber of his or her being. It is that part which is in perfect accord with the Creator and is simply waiting to find manifestation in one's life.

Adapted from: *Twelve Lessons in Personal Spirituality* by Kevin J. Todeschi

THE READING'S APPROACH TO PHILOSOPHY AND REINCARNATION



In 1901, at the age of 24, Edgar Cayce gave one of his first readings on himself, diagnosing a health condition. But it wouldn't be until 1923 that the subject of reincarnation would be explored in a reading given to a printer from Ohio. It was during a set of *philosophical* questions that Cayce first began to talk about reincarnation. Eventually, this led to an entirely new way of using Cayce's abilities

that came to be known as *Life Readings*. The subject was examined in extensive detail and would become the second major topic examined by the sleeping Cayce. Interestingly enough, while the concept was mentioned in a prior reading given as early as 1911, but no one among Cayce's associates was familiar with the idea and the reference wasn't recognized as such for decades.

The concept of reincarnation shocked and challenged Edgar Cayce and his family. They were deeply religious people, doing this work to help others because that's what their Christian faith taught. Reincarnation was not part of their reality. Yet, the healings and help continued to come. So, the Cayce family continued with the physical material, but cautiously reflected on the strange philosophical material. Ultimately, the Cayce's began to accept the ideas, though not as "reincarnation." Edgar Cayce preferred to call it, "The Continuity of Life." As a child, he began to read the Bible from front to back, and did so for every year of his life. He felt that it did contain much evidence that life, the true life in the Spirit, is continual.

Reincarnation is the belief that each of us goes through a series of lifetimes for the purpose of spiritual growth and soul development. The past merely provided a framework of potentials and probabilities and an individual's choices, actions, and free will in the present determines the actual experience lived this time around. Rather than being a fatalistic approach to life, it is much more one of nearly limitless opportunities. Within this framework of lessons that need to be learned as the soul strives to meet itself is the central idea that the soul is constantly experiencing the consequences of its previous choices. This concept is expressed in Biblical terminology as, "What you sow, you must reap" and is generally labeled "like attracts like" by students of reincarnation.

Another key idea from the readings is the idea of Karma. The word *karma* is a Sanskrit term that means "work, deed, or act"; it has also been interpreted to mean "cause and effect." Although the readings definitely agree with this concept, perhaps one of their most intriguing and unique philosophical contributions is the

idea that *karma can simply be defined as memory*. It is a pool of information that the subconscious mind draws upon and can utilize in the present. It has elements that are positive as well as those which seem negative. For example, an immediate affinity toward an individual is as likely to be “karmic” as is an immediate animosity toward someone else. To be sure, this subconscious memory has an effect and influence on how we think, how we react, what we choose, and even how we look! But the component of free will is ever within our grasp.

Reincarnation is a concept that encompasses not only Eastern thought but also all of the major religions of the world. It’s a concept that can allow us to have more compassion, one for another. It’s a way we can begin to look at all facets of life purposefully. However, it doesn’t really matter if another individual believes or doubts the theory of rebirth. For some it can be a helpful concept; for others, confusing. The reason for believing in reincarnation is not so that we can dwell upon the past or brag about the possibility of having been someone famous in the past. The wisest student of reincarnation knows that we have all had incarnations in lowly *and* lofty circumstances. Instead, the purpose is summed up in one of the Cayce readings:

“In the studies, then, know *where* ye are going ... to find that ye only lived, died and were buried under the cherry tree in Grandmother’s garden does not make thee one whit better neighbor, citizen, mother or father! But to know that ye spoke unkindly and suffered for it and in the present may correct it by being righteous – that is worthwhile!”

Edgar Cayce reading 5753-2

EDGAR CAYCE ON CHRIST CONSCIOUSNESS



Oftentimes, when individuals hear the terms "Christ" or "Jesus," right away they may fall into preconceived notions based upon their upbringing or particular religious background. Throughout history, the perspectives people have had on the life and teachings of Jesus have been varied, oftentimes even at odds. Sometimes individuals involved in so called "new age" philosophies or comparative religious studies have decided that Jesus was "just a teacher." *Was he only a*

prophet? Others have decided to disregard him altogether. Members of non-Christian faiths may have ignored his life and ministry. *Was he a man who committed blasphemy by thinking himself a God?* Others may have said, "Well, Christians have been cruel to me and therefore I'm not interested in Jesus." Even among those who call themselves Christian there is not complete agreement about the meaning of Jesus' life and work. These disagreements have resulted in dozens of denominational factions, charges of heresy or breaking away from the faith, and countless wars. The Edgar Cayce material, however, offers an approach that suggests there is a way of looking at Jesus' life in a manner that unifies all of humankind rather than dividing it.

Our Spiritual Birthright

Because of our focus on the material things in life, much of humankind has forgotten its true birthright as a child of a loving God. From Cayce's perspective, we are not simply physical bodies, instead we are spiritual beings who are having a physical experience entailing personal growth and development. Many individuals have incorrectly assumed that the goal of being in the earth is to simply reach heaven, find enlightenment, or somehow "get out of the earth." And yet, this is a perspective quite different from that contained in the Cayce material. Instead, Cayce believed that as children of God, our mission was to somehow bring *spirit* into the earth.

The dynamics of our deep and literal connection to God can be found throughout scripture, beginning with Genesis when we are told that God made humankind in the Creator's image. But our relationship with God as our Parent is perhaps no more clearly illustrated than in the Parable of the Prodigal Son (Luke 15:11-24). This parable describes the journey of the soul: we were with God in the beginning, through the power of our free will we were able to make choices that were not necessarily in perfect accord with the Creator. And, at some point, we will "arise" and decide to return to God, regaining our inheritance and experiencing our true relationship with Him. One of the readings beautifully describes the spiritual nature of humankind in this way:

"For ye are a corpuscle in the body of God; thus a co-creator with Him, in what ye think, in what ye do."

-- Edgar Cayce reading 2794-3

Jesus as "Pattern" of Wholeness

The readings state that God desires to be expressed in the world through us. The example set by Jesus is apparently a "pattern" of wholeness for each and every soul.

Regardless of an individual's religious or personal beliefs, this Christ pattern exists in potential upon the very fiber of their being. It is that part of each of us that is in perfect accord with the Creator and is simply waiting to find expression in our lives. This Christ pattern was further described as "the awareness within each soul, imprinted in pattern on the mind and waiting to be awakened by the will, of the soul's oneness with God" (5749-14), and its manifestation is the eventual destiny of each and every soul. With this in mind, the readings present Jesus as our "Elder brother," a soul who came to show each one of us the way back to our spiritual Source by perfectly manifesting the laws of the Creator in the earth.

Just as an older sibling can sometimes provide insight and counsel into some of life's difficulties (*because he or she went through them first*) Jesus as Elder brother can assist us in facing life's challenges. What may surprise individuals is that this fact has nothing to do with religion, it has to do with spirituality and discovering our true relationship with God- a relationship we share with Jesus. The readings not only affirm that Jesus was the Son of God, but they also state the same thing about each and everyone of us. In other words: Jesus was like each one of us and, ultimately, each one of us is destined to be like Him.

I and my Father are one. Then they took up stones again to stone him. Jesus answered them, Many good works have I shewed you from my Father; for which of these do you stone me? They answered him, saying, For a good work we stone thee not; but for blasphemy; and because that thou, being a man, makest thyself God. Jesus answered them, Is it not written in your law, "I said, Ye are gods." John 10:30-34

Although many of us may be repelled at first by such a suggestion, evidence for this premise is found in both the Bible and the Edgar Cayce material. When speaking of humankind, Jesus, himself, states, "*They are not of the world, even as I am not of the world,*" (John 17:16).

Surprisingly, perhaps, a Jewish businessman came to this very conclusion in questions that he posed in a Cayce reading:

Q. Jesus was made perfect, God came into His Own. We are men not yet perfect, god not yet equal to God. He represents our so-called future, the path to the Throne?

A. Correct. He is the path to the throne, in that we, man, must become as the One as directs the way.

Q. ...Like us, Jesus was both God and Man until He became God alone?

A. Correct.

-- Edgar Cayce Reading 900-100

Before becoming offended by this incredible possibility, shouting out charges of heresy, or believing the idea to be the work of the devil, we need to look closely at the life of Jesus. Not only will we find that He was charged with blasphemy for this very claim, but we will find that He stated this truth for each and every one of us:

For indeed in Him, the Father-God, ye move and have thy being. Act like it! Don't act like ye think ye are a god! Ye may become such, but when ye do ye think not of thyself. For what is the pattern? He thought it not robbery to make Himself equal with God, but He acted like it in the earth. He made Himself of no estate that you, through His grace, through His mercy, through His sacrifice might have an advocate with that First Cause, God; that first principle, spirit...

-- Edgar Cayce reading 4083-1

The law Jesus is referring to is the Old Testament, specifically the 82nd Psalm which asserts that not only are we God's children, but we are also "gods" (to be sure in-the-making), as well.

Although some individuals may be offended with the statement that everyone is a part of God, in recent years more and more people working with esoteric spiritual traditions have come to that very conclusion. Unfortunately, oftentimes those individuals who accept this premise have forgotten the appropriate attitudinal stance that should accompany it. In reality, this claim is not so much true as a verbal statement made about oneself. Instead, it is only true as we become god-like toward one another:

For the Master, Jesus, even the Christ, is the pattern for every man in the earth, whether he be Gentile or Jew, Parthenian or Greek. For all have the pattern, whether they call on that name or not; but there is no other name given under heaven whereby men may be saved from themselves.

-- Edgar Cayce reading 3528-1

When Jesus said, "I am the way, the truth, and the life," (John 14:6) it was not a call to religious conversion; but rather an opportunity for us to realize that His life could serve as an example for each one of us. Regardless of our religious background, in Jesus' life we can find a pattern of how to live, enabling each of us to overcome our personal weaknesses, our shortcomings, even our problems. In the language of the Cayce readings:

Q. What is the main purpose of this incarnation?

A. To glorify the Christ Consciousness in the earth — in the lives of those with whom ye come in contact, and to live the same thyself.

-- Edgar Cayce Reading 2441-4

On one occasion, a thirty-eight-year-old male who primarily desired additional information on how he might better manifest his life's purpose, asked Edgar Cayce for clarification on these words "Jesus" and "Christ":

Q. What is the meaning and significance of the words Jesus and Christ...?

A. Just as indicated. Jesus is the man — the activity, the mind, the relationships that He bore to others. Yea, He was mindful of friends, He was sociable, He was loving, He was kind, He was gentle. He grew faint, He grew weak — and yet gained that strength that He has promised, in becoming the Christ, by fulfilling and overcoming the world! Ye are made strong — in body, in mind, in soul and purpose — by that power in Christ. The power, then, is in the Christ. The pattern is in Jesus.

-- Edgar Cayce reading 2533-7

The Transformative Power of the Christ Consciousness

This transformative power of the Christ Consciousness is awakened as individuals act in accord with the pattern set by the example of Jesus' life. In fact, this awakening is the essential purpose for which each soul enters into life: In terms of how this Christ Consciousness could unfold in an individual's life, one person was told:

What [then] will ye do with this man thy elder brother, thy Christ, who — that thy Destiny might be sure in Him — has shown thee the more excellent way. Not in mighty deeds of valor, not in the exaltation of thy knowledge or thy power; but in the gentleness of the things of the spirit: Love, kindness, longsuffering, patience; these thy brother hath shown thee that thou, applying them in thy associations with thy fellow man day by day, here a little, there a little, may become one with Him as He has destined that thou shouldst be! Wilt thou separate thyself? For there be nothing...that may separate thee from the love of thy God, of thy brother, save thine own self!

-- Edgar Cayce reading 849-11

From Cayce's perspective, Jesus is the Elder brother for all of humankind, deeply committed to assisting all souls in reawakening to the awareness of their oneness with God. This Jesus is not interested in religious conversion, denominationalism, or even mighty personal accomplishments. Instead, He is simply interested in how we treat one another. With this in mind, even in the midst of our diversity as a human family, we share a common spiritual heritage. We are all Children of the same God. We are all part of the one spiritual Source. And, we are all destined to return to our Creator, our Mother/Father, our God.

Adapted from: *Twelve Lessons in Personal Spirituality* by Kevin Todeschi.