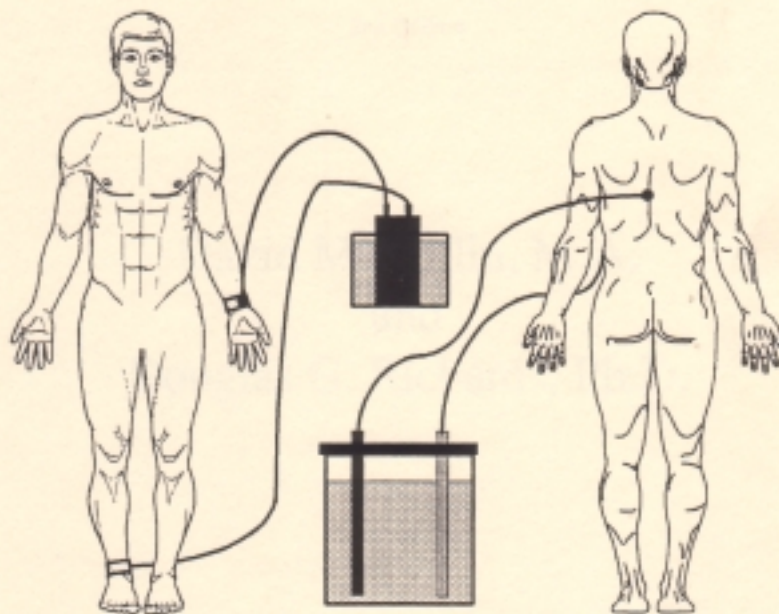


---

# The Radial Appliance and Wet Cell Battery

Two Electrotherapeutic Devices Recommended by  
Edgar Cayce

---



---

David McMillin, M.A.  
and  
Douglas G. Richards, Ph.D.

---

# **The Radial Appliance and Wet Cell Battery**

**Two Electrotherapeutic Devices Recommended by  
Edgar Cayce**

**2nd Edition**

**David McMillin, M.A.**  
and  
**Douglas G. Richards, Ph.D**

**Lifeline Press**  
Virginia Beach  
Virginia

DISCLAIMER: The reader should view the material contained herein as a report on research done by the authors into the psychic readings of Edgar Cayce. The authors are not reporting clinical research, and make no claims regarding the efficacy of the devices described in this material. This information should not be regarded as a guide for self-diagnosis or self-treatment. The cooperation of a qualified health care professional is essential if one wishes to apply the principles discussed in this book.

Copyright © 1994 by David McNfillin and Douglas G. Richards

Edgar Cayce readings copyright © 1971 by the Edgar Cayce Foundation.  
All rights reserved. Excerpts reprinted by permission.

Published by LIFELINE PRESS  
2204 Spring Run Court  
Virginia Beach, Virginia 23454

Second Printing - January, 1995

Printed in the United States of America

# CONTENTS

	Page
PART 1: HOW TO USE THE APPLIANCES	1
1.1 Basic Description of the Radial Appliance and Wet Cell Battery	
1.2 General Use of the Radial Appliance	
1.3 General Instructions for the Wet Cell Battery	
1.4 Adapting the Wet Cell Battery to Individual Cases	
1.5 Special Applications of the Appliances	
1.6 Unique Applications of the Appliances	
1.7 Side Effects of Using the Appliances	
1.8 Adjunct Therapies for Curative Applications	
PART 2: CONSTRUCTION PARAMETERS FOR THE RADIAL APPLIANCE	45
2.1 Specifications and Assembly Instructions for the Radial Appliance	
2.2 Evolution of the Radial Appliance	
2.3 Design and Specification Variations During Edgar Cayce's Lifetime	
2.4 The Evolution Continues	
PART 3: CONSTRUCTION PARAMETERS FOR THE WET CELL BATTERY	63
3.1 Specifications and Assembly Instructions for the Wet Cell Battery	
3.2 Evolution of the Wet Cell Battery	
3.3 Wet Cell Variations	
PART 4: REVIEW OF ELECTROMEDICINE RESEARCH RELEVANT TO THE APPLIANCES	81
4.1 Historical Perspective	
4.2 Studies Relevant to Solutions and the Solution Jar	
PART 5: RESEARCH ON THE APPLIANCES	91
5.1 Research on the Radial Appliance	
5.2 Research on the Wet Cell Battery	
5.3 Charging Iodine in the Wet Cell Battery	

(Contents continued on next page)

(Contents, continued)

APPENDICES	107
Appendix A: References	107
Appendix B: Theory and Applications of the Appliances as Described by Hugh Lynn Cayce	113
Appendix C: Some Excerpts on the Radial Appliance	125
Appendix D: Material Specifications for the Radial Appliance	145

# PART 1: HOW TO USE THE APPLIANCES

## SECTION 1.1

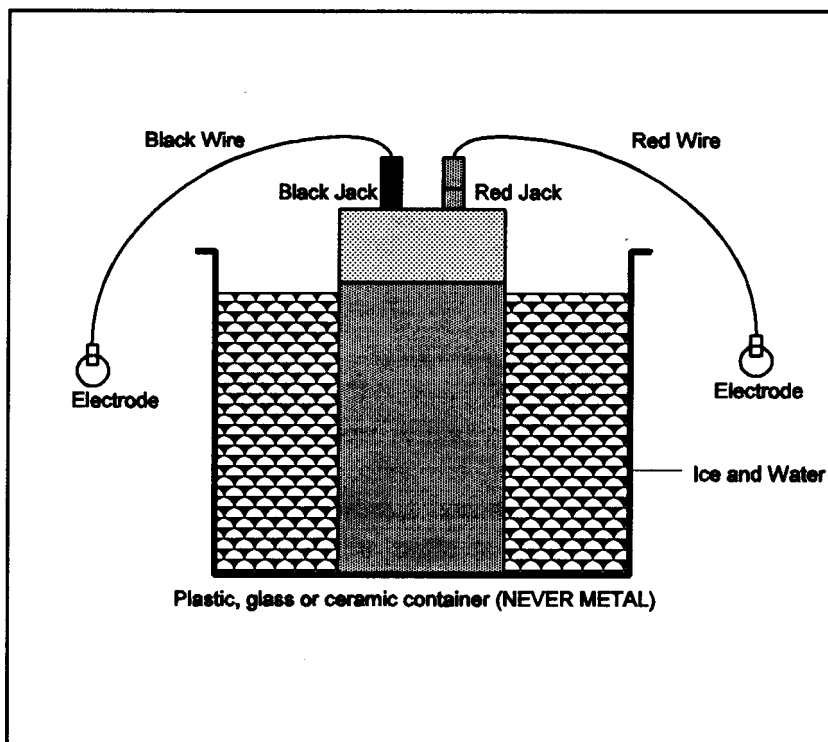
### BASIC DESCRIPTION OF THE RADIAL APPLIANCE AND WET CELL BATTERY

Electrotherapy is a fundamental therapeutic modality in the readings of Edgar Cayce. Cayce's explanation of the importance of electricity in healing is that the body itself is an intricate electrical system. Illness is often associated with imbalances or incoordination in the energy patterns of the body. Treatment is aimed at correcting imbalance in the body so that the body's own natural healing processes can bring coordination and regeneration to the system.

Since many forms of electrotherapy were available during Edgar Cayce's career as a psychic diagnostician, he made use of a wide variety of commercial appliances and devices. Yet by far, he most often recommended two appliances which were not part of mainstream medical practice. In fact, the commercial manufacture and distribution of the Radial Appliance and Wet Cell Battery were initiated and sustained through the information provided in the Cayce material itself. Modern versions of these appliances are still evolving in their design and application. The purpose of this book is to provide basic information about using and building these appliances. This book discusses specific applications, but does not contain sufficient information for a treatment plan for any specific condition.

Figure 1.11 shows a basic Radial Appliance with the wire and disk components essential for its attachment to the body. Although it looks like a battery, and was

occasionally referred to as such in the readings, Edgar Cayce insisted that it produces no electrical energy of its own. He said that it acts more like a magnet that draws energy from one



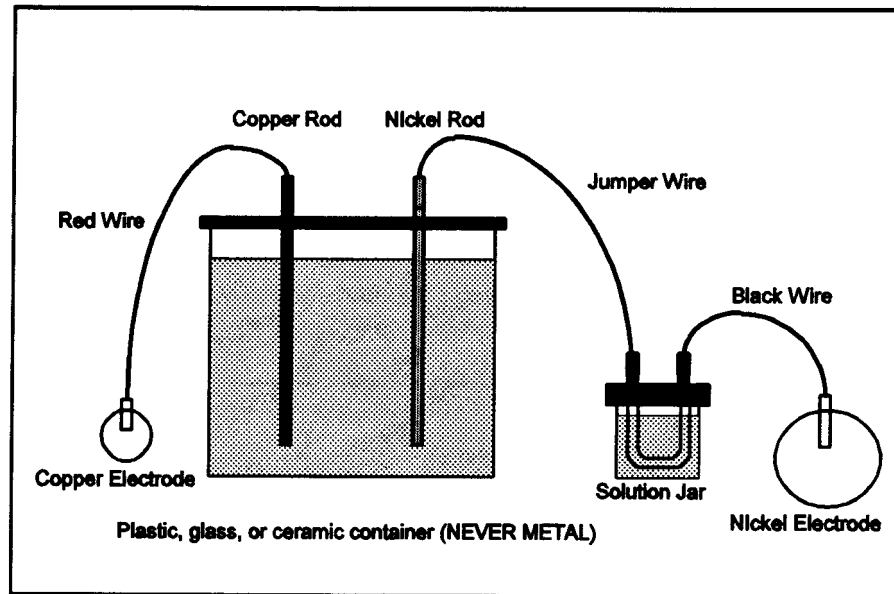
**Figure 1.11:** Basic Radial Appliance, activated in ice water, with two small German Silver electrodes.

## 2 Part 1: How To Use The Appliances

part of the body and redistributes it to other parts.

According to the readings, placing the appliance in a nonmetallic container full of ice water for about 20 minutes prior to attachment to the body chills the carbon steel core of the appliance. The steel core then becomes "electronized by ice or cold or water" (1800-4). Acting as a "radio magnet" (1800-28), the appliance can then affect the body's energy system when attached at definite anatomical centers on the surface of the body

On the other hand, the Wet Cell (Figure 1.12) is definitely an electrochemical battery which produces a measurable direct current (DC) output. However, the strength of the battery is quite low. Typically, the battery produces a DC voltage of about 1/50 the output of a common 1.5 volt flashlight battery.



**Figure 1.12:** Basic Wet Cell Battery, with solution jar and small copper and large nickel electrodes.

As with the Radial Appliance, Cayce said that the Wet Cell Battery works with the "low" form of electrical energy or life force of the body. The primary difference between the appliances is that the Wet Cell has a stronger effect on the body. Thus the Wet Cell is used almost exclusively as a "curative" treatment for chronic and degenerative diseases whereas the Radial Appliance is most often utilized as a "preventative" measure with "curative" applications at times.

In the "preventative" mode, the Radial appliance can be used as a tool for stress management and as an aid to meditation. Edgar Cayce said that it "would be good for EVERYBODY! ... This assists in keeping an EQUILIBRIUM. Not that it is a curative, but it is CERTAINLY a PREVENTATIVE!" (202-7). Used on a regular basis, the Radial Appliance can play an important role in a general health maintenance program.

The Wet Cell Battery is strictly a "curative" treatment. In other words, if the body is already seriously ill and in need of regeneration, the Wet Cell may be included as part of a

## Part 1: How To Use The Appliances 3

comprehensive treatment plan. Cayce seldom prescribed it as the sole therapeutic modality. Physiotherapies including bodywork (such as massage and spinal adjustment), hydrotherapy, and diet were regarded as essential components in the integrated treatment plans recommended by Edgar Cayce. Cayce would also typically bring in the mental and spiritual aspects of healing when making referrals for the Wet Cell Battery. In certain cases, he said that treatment with the Wet Cell Battery should not begin until some progress in the spiritual area had been achieved (e.g., 3684-1, 4014-1, 4036-1, 5064-1).

The therapeutic possibilities of Cayce's comprehensive and integrated approach were enormous. The readings stated that remarkable physical healing could be expected, even with extreme illness. For example, in severe neurological disorders such as dementia, Cayce consistently maintained that the nervous system could be regenerated and that in some cases, the brain itself could be "rebuilt." A later section will discuss some of the therapeutic principles and techniques involved in nervous system regeneration.

With this brief introduction to the appliances, it is easy to see why the Radial Appliance and Wet Cell Battery were so much preferred by Edgar Cayce. They were regarded as relatively mild and safe and yet possessing tremendous therapeutic and preventative potential.



## 4 Part 1: How To Use The Appliances

### SECTION 1.2 GENERAL USE OF THE RADIAL APPLIANCE

This section will describe the general use of the Radial Appliance in a "preventative" or health maintenance application. Following are instructions that were sent out with each appliance by Marsden Godfrey. Godfrey was the last major appliance manufacturer during Edgar Cayce's lifetime. Hence, these instructions can be regarded as being implicitly accepted by Edgar Cayce as the standard application.

#### ***DIRECTIONS FOR USING THE RADIO\_ACTIVE [RADIAL] APPLIANCE***

*The Appliance should be placed in the crock and surrounded with cracked ice. Add water until it reaches a level of about 2" from the [top of the] Appliance. Do not allow the water to come over the top of the Appliance. Let it stand in this manner for 15 to 20 minutes before attaching to the body; leaving it in the ice water during the time it is attached to the body.*

*When the Appliance is ready for use, insert the tips of the wires in the holes. DO NOT LET THE METAL DISCS OR PLATES TOUCH EACH OTHER AFTER THE WIRES HAVE BEEN FASTENED TO THE APPLIANCE!*

*The attachments would be made in this manner:*

***1st day:*** *The plate coming from the red pole would be attached FIRST, to the RIGHT WRIST; while the other plate coming from the black pole would be attached LAST, to the LEFT ANKLE.*

***2nd day:*** *FIRST attachment (from the red pole) would be to the LEFT WRIST; LAST attachment (from the black pole) to the RIGHT ANKLE.*

***3rd day:*** *Attach FIRST to the LEFT ANKLE; LAST to the RIGHT WRIST.*

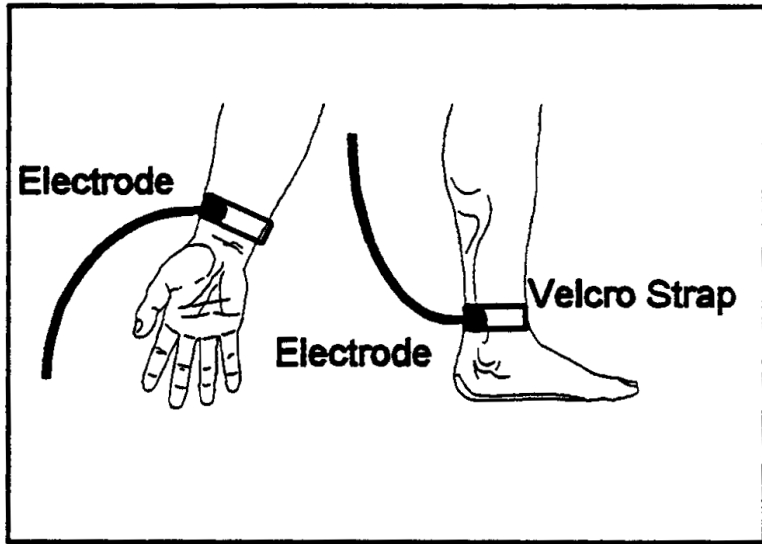
***4th day:*** *FIRST to the RIGHT ANKLE, LAST to the LEFT WRIST.*

*Thus a circle of the body will have been made in the attachments. The first attachments becomes the positive, the last the negative. Thus always be sure to attach FIRST the plate coming from the RED pole, LAST the one coming from the black pole.*

*Alternate the attachments each day in the manner indicated, for one hour (1 hr.); unless otherwise specified for your particular case. Use for 3 to 4 rounds of the 4-day periods, then leave off a few days, then begin again.*

*It is preferable to remain quiet, in a prayerful, meditative and constructive attitude during the hour the Appliance is attached; while resting, or just before retiring at night.*

*Note: The plates are attached to the inside of the wrist, as near the pulse as possible, and to the inside of the ankle in the hollow just between the ankle joint and the tendon which runs down the back of the leg to the heel. Adjust the bands so that the discs are held securely in place against the skin.*

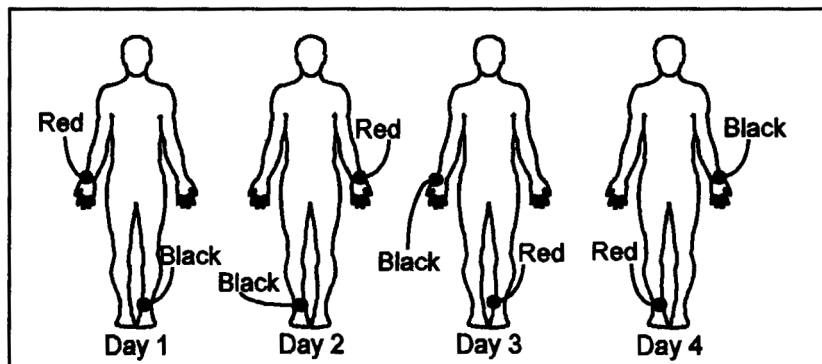


**Figure 1.21:** Electrode placement for Radial Appliance.

*No sensation will be experienced by the body while using this Appliance, other than possibly a slight tingling in the extremities of the body (hands and feet) or a feeling of drowsiness slowly creeping over the body. Upon awakening the next morning the body will feel thoroughly relaxed and very much refreshed from the night's sleep.*

*When not using the Appliance disconnect the wires and if convenient place the unit in the sun for 20 to 30 minutes. This is all the recharging that will be necessary. Before and after each attachment, be sure the plates are cleaned or polished with the emery cloth which is provided. Special care should be taken not to let them become corroded by the acids and oils from the body.*

*The vibratory current of the body passes through the Appliance, the temperature of the Appliance being lower than that of the body, building up a low charge which is given off into the body through the other attachment completing the circuit. The effect of the Appliance is to equalize the circulation and relieve strain in any congested or taut areas of the nervous system. The action is that of equalizing the natural vibration or current of the body itself (Godfrey, 1943).*



**Figure 1.22:** Daily rotation of electrodes with Radial Appliance.

Figures 1.21 and 1.22 provide visual aid to the above instructions. Figure 1.21 shows where to attach the electrodes to

## **6 Part 1: How To Use The Appliances**

the wrists and ankles; note that the ankle attachment is on the inside of the ankle. Figure 1.22 gives the pattern of daily rotation.

Here are some additional practical pointers on how to adapt Godfrey's instructions to modern conditions.

### **The Appliance Container**

The nonmetallic container in which the appliance is chilled need not necessarily be a ceramic crock. Keep in mind that small plastic containers were not readily available when Godfrey wrote his instructions. Small plastic paint pails with handles can be purchased at most hardware stores, K-mart, etc. They are typically about 7 inches tall with slightly over 1 gallon capacity.

If you are a stickler for tradition and want to use a ceramic crock, you can insert a small crock inside a plastic pail with a handle. This helps eliminate spilling and makes it easier to carry the container around (e.g., from the kitchen to the bedroom or wherever you are going to use it).

The Edgar Cayce Foundation has a very old appliance and ceramic crock container in its archives. The appliance and container are both about 6 inches tall. Cayce noted that if the container were no taller than the appliance, there would be less chance of water coming up over the top of the appliance.

### **Chilling the Appliance**

Most appliances have a red line or some such indication near the top. This indicates the uppermost level for the ice and water. When preparing the appliance for use, place it in the container, fill with ice (cube or crushed) up to the line, and add tap water to the level of the ice. The readings specified that there should be more ice than water in the container.

### **The Setting**

Choose a relaxing setting such as a bedroom or meditation area. A recliner chair that adjusts to a horizontal position can be very relaxing. Place the container and appliance on the floor next to the bed or recliner.

A plastic tray or larger plastic container is helpful. Rubbermaid products makes an attractive plastic box and lid It is called "Rough Tote" and is about the size of an ice chest. Place the pail and appliance inside it. Then you don't have to worry about the pail tipping

over and getting the floor wet. Between sessions, the "Rough Tote" can be used to store the appliance attachments and accessories.

Many people prefer to play some relaxing music during the session. A 45 - 60 minute cassette tape or CD also helps to define the length of the session. When the music stops, the session is over. Many music stores now contain one or more sections featuring music for meditation, relaxation (stress reduction), "night music" and so forth.

After the session, remove the appliance from the container and dispose of the ice water appropriately. Some people allow it to come to room temperature and then use it for watering plants. As a reminder, be sure to polish the metal disks before and after each session. Store them separately when not in use.

### **"Charging" the Appliance**

When asked what to do to keep the appliance in good condition, Edgar Cayce responded, "When not in use keep them out of water, and dried, see, in sun, and not ever placed on metal, where the forces of the magnetic iron may not lose but may GAIN, see?" Some individuals have interpreted this statement to mean that the appliance must be "charged" by sunlight between each use. Of course, this can be quite a problem for persons living in areas where there is a high frequency of cloudy days.

It is worth noting that out of the hundreds of readings given where the Radial Appliance was recommended, Edgar Cayce did not seem to pay much attention to this aspect of appliance use. However, he consistently cautioned people about other basic principles of application such as keeping the disks well cleaned, preventing water from coming over the top of the appliance, making proper contact between the disks and the body, etc. And yet, he did not say things like, "be sure to keep the appliance out in the sun between uses." When making recommendations for other appliances (such as the Radium Pad, which had to be "charged" in sunlight before use), Cayce did explicitly remind people to be sure to place them in sunlight between applications.

A sensible approach is to place the Radial Appliance in sunlight between applications as an ideal. However, if weather conditions or other factors prevent its being "charged" this way, go ahead and use the appliance as normally indicated. Put it out in the sun at the next convenient opportunity.

### **Cycles of Application**

The four day cycle described in Godfrey's instructions provides a good format for getting used to the appliance. It is a nice "breaking in" period which will allow you to learn

## 8 Part 1: How To Use The Appliances

how to chill the appliance and become comfortable with the sequence for making attachments, and so forth.

After this initial period, use the Radial Appliance as needed for stress management or as an aid to meditation. Edgar Cayce told one individual: "And then whenever there are periods of overtiredness, over\_anxiety, the desire on the part of the body to make for real rest, use same - the [Radial] Appliance" (1022-1). In another instance he remarked that "if they [the appliance sessions] are taken the rest of [the life] experience it wouldn't be too long; for they are good for that tired feeling which comes at times from worriment. This is as much a preventative as a cure. If these are desired to be left off at any time, it may be done; but their helpfulness when once begun will be easily realized by the body" (1151-2).

To keep track of the sequence of attachments, it may be helpful to keep a pencil and paper pad with the appliance. Just note the date when the appliance was used and where the plates were attached. For example, if the appliance was used on January 4, 1994 with the red plated attached to the right wrist (1st day), it could be notated as: 1/4/94-1. The next time the appliance is used, write the date and 2. This way you can always know where you are in the sequence of attachments. If you skip taking the appliance, just pick up the sequence where you left off and continue the cycle.

These instructions are for the general use of the Radial Appliance (as a preventative, health maintenance measure). When using the appliance as part of a "curative" treatment regimen, the cycles of application are more closely structured as part of the total treatment plan. Curative applications will be discussed in a later section.

Because each person is an individual, find the patterns of application which work best for you. The readings stated that most people would not be able to feel anything while using the Radial Appliance. However, people could observe the beneficial effects by paying close attention to the daily activities of their lives. So, pay attention to sleep patterns, energy levels, stress levels, emotional patterns, etc. to determine how to use the appliance optimally for your situation.

### Session Time

For general use, 45 - 60 minute sessions are appropriate. Cayce told some people that if they fell asleep with the appliance attached, not to worry. They were to remove the attachments when they woke up. If they slept through the night while on the appliance, they were to simply remove the connections in the normal way in the morning.

## Attitude

Edgar Cayce insisted that anything that can be helpful or healing can also be detrimental if misused. This is particularly true of the electrotherapeutic appliances which presumably work to coordinate the mental, spiritual and physical forces of the body. Here is an example of Cayce's caution about having the proper mental and spiritual attitude while using the appliances:

*This [Radial Appliance] is beneficial for ANYONE, PROPERLY used! It is harmful, improperly used. You can't use the [Radial] appliance and be a good "cusser" or "swearer," - neither can you use it and be a good hater. For it will work as a boomerang to the whole of the nervous system if used in conjunction with such an attitude. (361-8)*

Remember that the Radial Appliance merely utilizes the body's own energy \_ physically, mentally and spiritually. If there is negativity in the system, the appliance will only redistribute the negative effects throughout the whole body. Keep a positive, constructive attitude while using the appliance.

Edgar Cayce frequently recommended that the person using the appliance meditate during the session. Using positive affirmations and visualization is helpful. If you are in a negative frame of mind and can't consciously transition to a more positive consciousness, look for reading material or other resources that you find inspiring and uplifting. Cayce often suggested certain inspirational passages from the Bible, particularly the 30th chapter of Deuteronomy and the 14th, 15th, 16th and 17th chapters of John.

Obviously, inspiration is very individual. Look for reading material, music, or other resources that have a positive effect on you. If your life is so negative and out of control that none of the above suggestions work for you, you should probably consider seeking help such as counseling, therapy, a support group, etc. You may need more of a "curative" intervention rather than the general preventative, health maintenance application which has been presented in this section.

## Alcohol and Appliance Use

The readings cautioned against using any form of electrotherapy while alcohol is in the system. So if you drink, don't drive; and don't use the appliance either.

## One Appliance Per Person

Because the Radial Appliance uses the body's own energies, it is a personal device. Individuals should each have their own appliance. However, the readings stated that an

## **10 Part 1: How To Use The Appliances**

appliance could be "rebuilt" and/or "demagnetized" and then used by another person.

Presumably, taking an appliance completely apart and then re-assembling it breaks up the personal vibratory patterns which may have accumulated in the core. This is a fairly messy and time consuming procedure. Often the canister is damaged in the process. Therefore, it may not be an economically feasible option. You will probably end up with a fairly expensive appliance made of used parts. Purchasing a new appliance often makes more sense.

Some appliance builders have used various methods to "demagnetize" appliances. The readings themselves do not define what "demagnetizing" is or how it can be done. Therefore, demagnetizing does not appear to be a reasonable option at this time. Unless a manufacturer can scientifically demonstrate that an appliance can be successfully demagnetized, this process should be viewed with caution.

**SECTION 1.3**  
**GENERAL INSTRUCTIONS FOR THE WET CELL BATTERY**

There are two primary chemical processes involved in the Wet Cell Battery system. The first is the battery itself. The battery chemicals are mixed in a two gallon container. Copper and nickel rods are suspended into the battery mixture to produce a very small direct current.

The other primary chemical process takes place in the 4 - 6 ounce solution jar. The solution jar contains medicinal solutions such as gold, silver, camphor and iodine. A hollow lead wire passes through the solutions and interacts chemically, eventually being dissolved by the solutions.

The chemical battery and solution jar are joined in an electrical circuit via wires. The wires are connected to nickel and copper disks which are attached to the body during treatment sessions.

**Instructions For Mixing the Battery**

Here are general instructions for mixing and using the Wet Cell Battery:

1. *Unpack the Wet Cell container and wash it thoroughly; then dry with a clean cloth.*
2. *If the copper and nickel rods are not attached to the lid, fasten them securely as per the assembly instructions included with the battery (or if you are building you own battery, follow the assembly instructions in Section 3).*
3. *Be sure that the rods are sanded clean and bright.*
4. *Pour 1 1/2 gallons of DISTILLED WATER into the battery container. The container may have a mark to indicate this level.*
3. *Add the chemicals IN THE FOLLOWING ORDER:*
  1. *Copper Sulfate.....1 1/2 pounds,*
  2. *Sulphuric Acid (Chemically Pure).....4 ounces (25% dilution),*
  3. *Zinc.....30 grains,*
  4. *Willow Charcoal.....1/2 pound.*
4. *Stir this solution thoroughly with a wooden stick until a good part of the charcoal is dissolved.*
5. *Place the lid on the container, with the rods projecting down into the solution.*

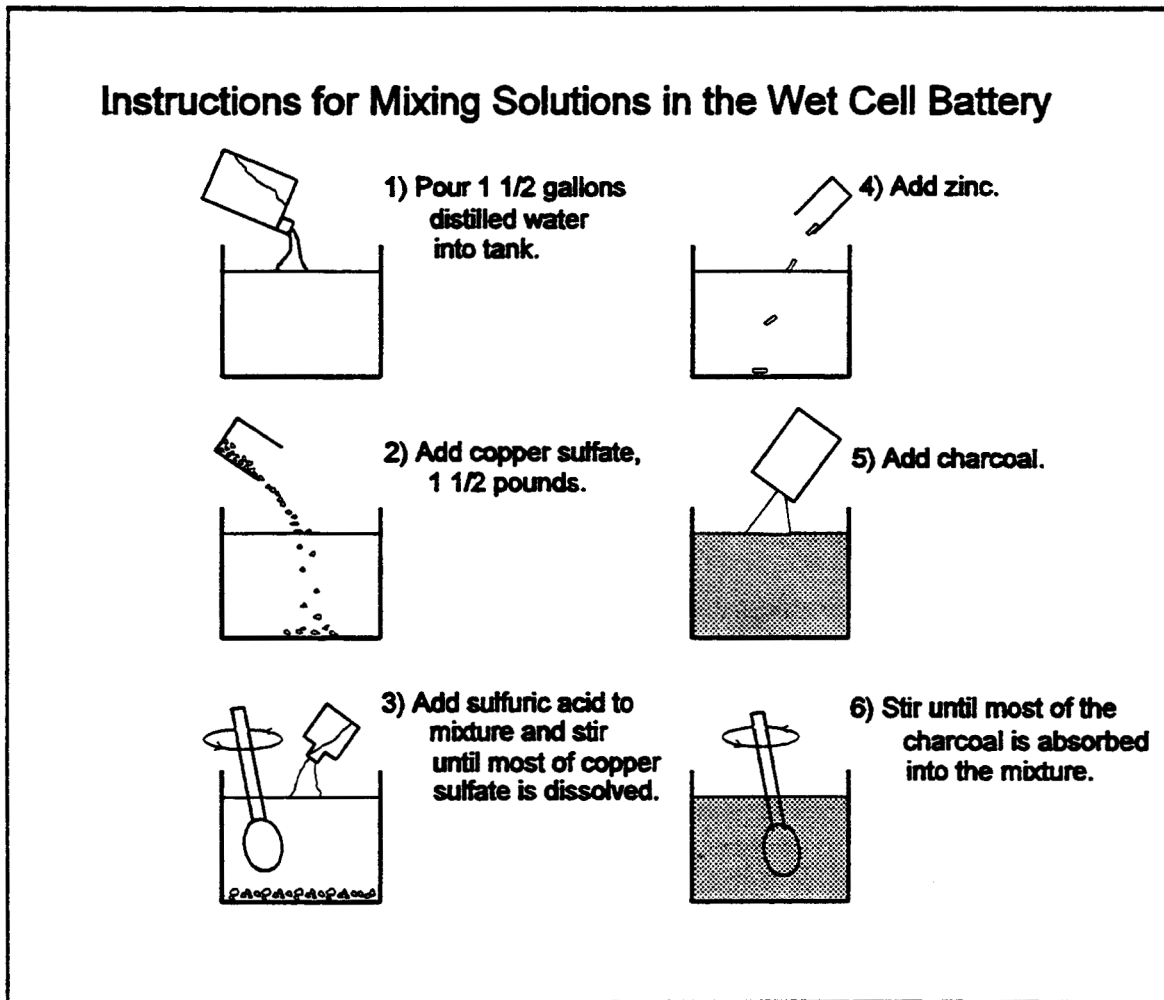


## 12 Part 1: How To Use The Appliances

6. Allow the battery to set for at least 24 hours before the first session.
7. Avoid moving the battery during the 30 day cycle of application.
8. After 30 days empty the container and wash clean, then dry. Clean all corrosion from the poles by use of sandpaper or wire brush.

*Then repeat the above steps for the next cycle.*

Figure 1.31 provides a visual description of the mixing process. Mixing the chemicals is a simple process. Be sure to follow the exact order of mixing the chemicals. It is a good idea to wear rubber gloves and safety glasses to prevent bodily injury from spilled chemicals.



**Figure 1.31:** Mixing the solutions in the Wet Cell Battery.

It is also a good idea to use a large plastic tray or chest such as a Rubbermaid storage container (18 gallons; 24 inches x 16 inches x 16.5 inches). It is the same type mentioned previously ("Rough Tote") and can be purchased at K-Mart or other stores featuring Rubbermaid products. This type of container virtually eliminates serious spills that can occur when using the Wet Cell Battery.

Just place the empty Wet Cell into the storage container before mixing the chemicals. Leave the battery in this container until it is time to dump the chemicals (usually after 30 days). The Rough Tote even has handle grips to make it easy to carry the battery safely to the disposal area. There is usually enough extra room in the container for accessories such as wires, solution jars, etc. A matching lid covers everything, keeping the Wet Cell and accessories out of sight when not in use.

**Instructions For Using The Solution Jar**

In a few special cases, the Wet Cell as described above would be used in the same manner as the Radial Appliance. Wires and plates attached to the battery would be circulated around the extremities of the body. We will consider this special application in a later section.

Most often, the Wet Cell was used with a "solution jar" incorporated into the circuit. The jar typically has a four ounce capacity and contains three ounces of a medicinal solution.

The four primary solutions recommended by Edgar Cayce were gold chloride, silver nitrate, spirits of camphor, and atomidine (iodine). Other solutions were seldom used with the

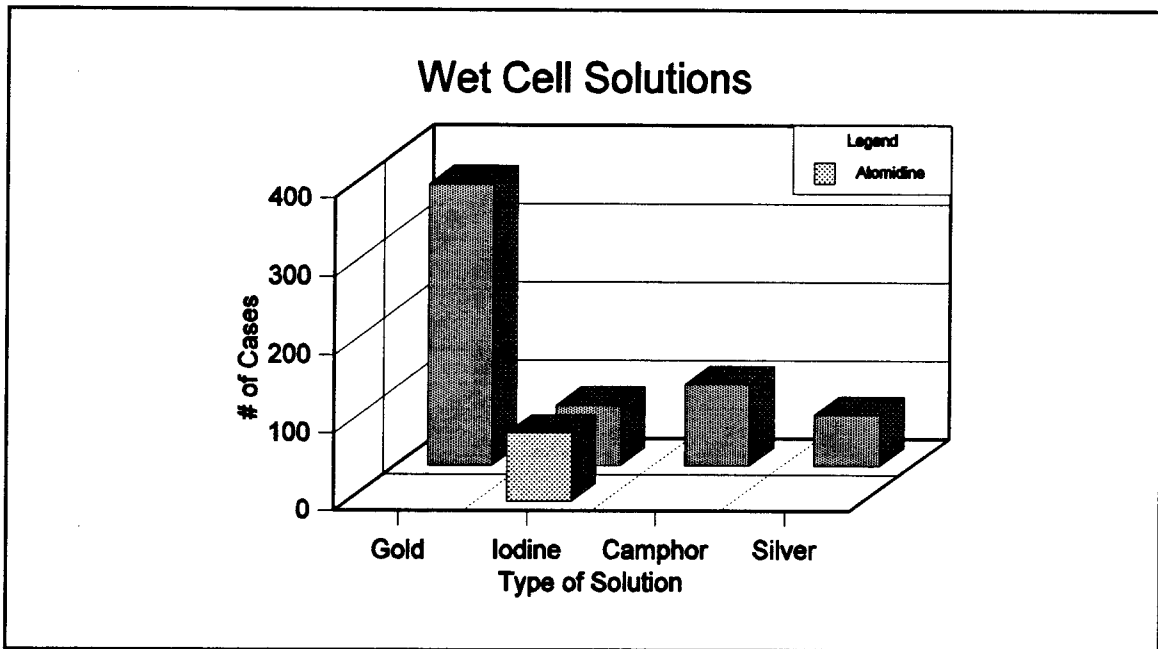


Figure 1.32: Relative frequency of the four main solutions used with the Wet Cell.

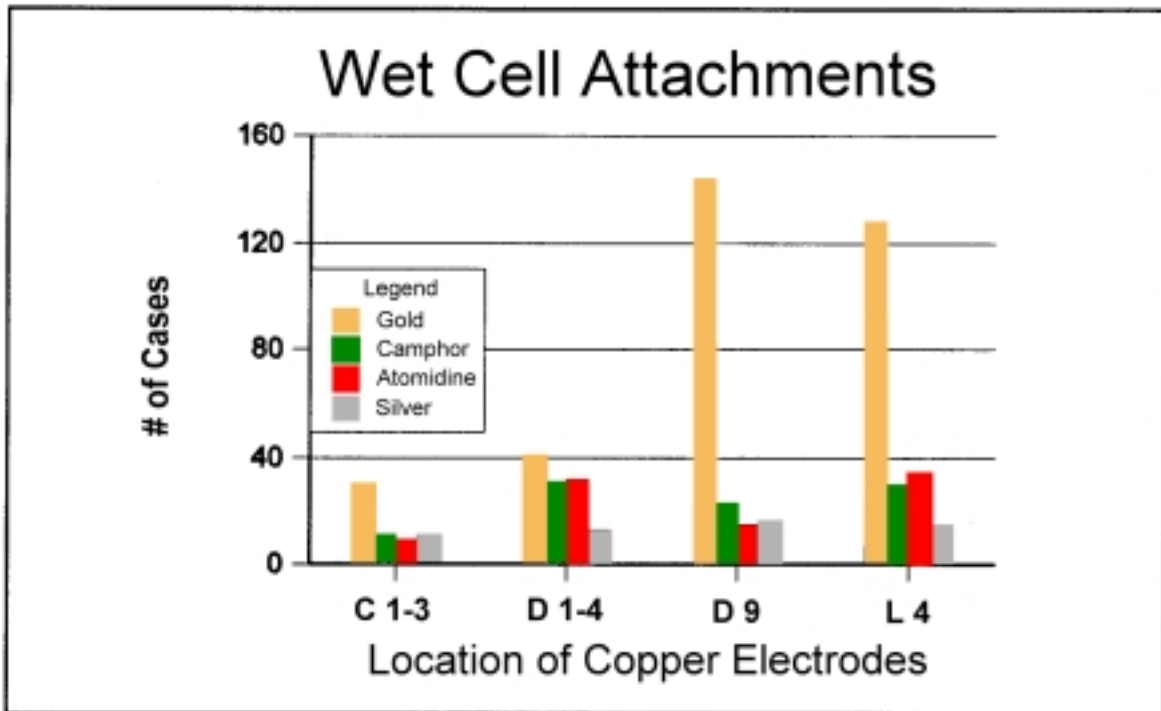
## 14 Part 1: How To Use The Appliances

Wet Cell. Figure 1.32 illustrates the relative frequency of the four main solutions used with the Wet Cell Battery.

Obviously gold chloride was the most commonly recommended solution. Notice that iodine was used in two ways. The most common application was with the solution jar using Atomidine. This is the application described in this section. The other technique utilizing iodine will be discussed later as a special application.

The first step is to determine which solution(s) is to be used and where the plates are to be attached to the body. Edgar Cayce generally provided this information as part of the reading for each individual. Figure 1.33 summarizes the number of readings recommending each of the major attachment sites on the spine for the copper electrode. (The nickel electrode connected to the solution jar was normally attached to the abdomen near the umbilicus.) This chart is only a summary, intended to show the diversity of Cayce recommendations. It does not show the appropriate attachment for a specific condition. Currently, four methods are commonly used to determine the type of solution and attachment patterns.

The most common method is the "case study" approach. This consists of searching through the readings and finding a reading which most closely resembles your condition. For a number of years, circulating files on the various illnesses have been the prime source of case studies. These files are available to members of the A.R.E. and can be obtained through the A.R.E. Library in Virginia Beach. Also, with the accessibility offered through the CD ROM version of the readings, more case studies are available with greater specificity as to each



**Figure 1.33:** Summary of attachment locations of copper electrode for different solutions.

condition.

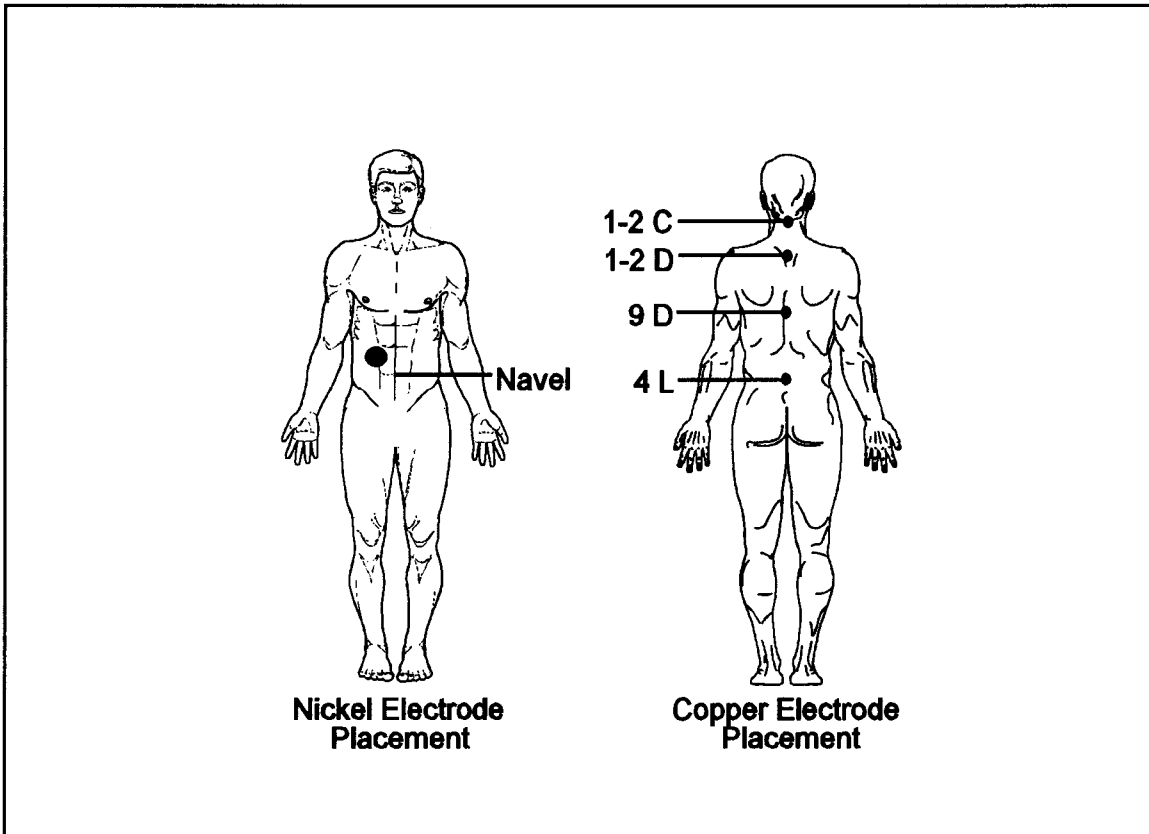
A second method is to seek out a psychic diagnostician to provide information on solutions and applications. Obviously, the trick is to find a psychic in whom you can have faith and who can provide useful information on the use of the appliances.

Another method for determining the appropriate solution and attachment pattern is to use applied kineseology. This approach is based upon the premise that the body knows what it needs and can communicate through involuntary muscle control ("muscle testing"). There are various techniques for utilizing kineseology. The common factor is that the patient is asked direct questions about the therapeutic options (such as which solution to use and where to place the metal plates), and the clinician's interpretation of the body's involuntary muscle response dictates the treatment regimen.

The fourth method for determining the correct solution and attachment pattern is to study the readings as a whole and seek to understand the reasoning and/or logic behind Cayce's system of electro-medicine. This "systems approach" takes into consideration the role of each solution and the anatomical and physiological effects of the battery on the nerve plexus and glands of the body.

Once the solution(s) and patterns of attachment have been determined and the battery mixture has been prepared (see previous section), you are ready for your first session. Here are some basic instructions for using the solution jar:

- 1. Twenty minutes prior to the session, screw the jar lid with the lead wire attachment onto the jar containing the solution.*
- 2. Sand or polish the copper and nickel plates.*
- 3. Hook up the wires as follows. The long red wire with the small copper plate is plugged into the red terminal (copper pole) of the battery. The short black wire is plugged into the black terminal of the battery (nickel pole) and into one of the terminals of the solution jar. The long black wire with the large nickel plate is plugged into the other terminal of the solution jar.*
- 4. To begin the session, attach the small copper plate (red wire) to the spinal center designated for your condition. You can use tape to hold the plate in place. Some Wet Cell Kits include an elastic strap which goes around the body and holds the plate in position. Use the method that works best for you.*
- 5. Then, attach the large nickel plate to the abdomen about three fingers to the right and two fingers above the navel. See Figure 1.34 for a visual representation of where to attach the plates. The large nickel plates is usually held in place with an elastic strap, but tape is*



**Figure 1.34:** Attachment sites for the copper and nickel electrodes for the wet cell. The copper electrode is typically attached in one of the four locations on the back. The nickel electrode is typically attached about three fingers to the right and three fingers above the navel.

*sometimes used. Again, use what works best for you.*

6. *Lie on your back during the session.*

7. *Keep a constructive, positive attitude during the session. Use meditation, affirmations, visualization, or inspirational reading to facilitate the healing process.*

8. *A typical session lasts 30 minutes. Longer and shorter sessions will be addressed under special applications in a later section.*

9. *After the session, remove the plates and sand or polish them before storing them in separate containers (such as plastic sandwich bags). Do not allow the plates to touch each other, particularly during a session.*

10. *Remove the solution jar lid and cap the solution with a plain lid. Store in a safe place*