

CHAPTER I

THE SANATANA DHARMA

(*The Milanee Pandal, Jamshedpur, the 10th January, 1922*)

MEMBERS OF THE RECEPTION COMMITTEE, FRIENDS AND RESIDENTS
OF TATA TOWN,

My work had been in America for the last 25 years. This work was started, as you know, by my illustrious brother and predecessor Swami Vivekananda. He was the first Swami to cross over the ocean and land at the New World and to represent *Sanatana Dharma* (the Vedic religion and the Vedanta philosophy) before the Parliament of Religions which was held in Chicago in 1893. In that vast assembly were the representatives of all religions from all parts of the world. There were also professors, doctors of divinity, and illustrious men of talent who took the opportunity of expressing their ideas and giving to the world the principles of their religions. Among those great men Swami Vivekananda appeared as a young lecturer. Never before had he lectured in public, but he stood up at the request of the president before that audience and expressed his ideas in a simple language. But those few words which dropped from his lips, created a stir in the audience. There aroused in the minds of the people a feeling of enthusiasm and a feeling of love and sympathy which in turn touched the heart of this great representative of the Vedic religion.

Swami Vivekananda gave an outline of *Sanatana Dharma*. The word *Sanatana Dharma*, as you all know, means eternal religion. The eternal religion has no founder. Why is it called the eternal religion? By 'religion' we do not mean a particular set of doctrines and dogmas which you have to accept and believe in, but by religion we mean a science of the soul which explains our true nature and answers such questions: Why we have come to this world? What is the object of life? Where shall we go after death? All these questions which disturb our minds must be solved by religion. By religion it

is not meant that we should accept some of the words written in a book (which may or may not be revealed) as infallible truth, whether the questions of minds are answered or not, but by religion is meant a solution of all the problems of life and death. Such a solution we do not find anywhere except in the Vedas. Such a solution has been given to the world for the first time by the great *Rishis* or seers of truth from whom we trace our descent. Those seers of truth lived centuries before the Christian era, when other nations of the world were living in the darkness of ignorance, when the forefathers of the masters of modern civilization were tattooing their bodies and living in caves and jungles. In that remote antiquity, our forefathers, the great *Rishis* of Vedic India, realized the eternal Truth and discovered for the first time the solution of those problems which trouble the minds of all people in all ages. It came like an inspiration from the divine centre, producing universal love in their hearts, and showing those laws which govern our soul life. The religion which I have described as the science of the soul was not founded by any personality. All sectarian religions have their founders. Christianity is based upon the life and teachings of its founder, Jesus the Christ. Buddhism is based upon the life, character, and teachings of Prince Siddhartha or Gautama Buddha, the founder of that religion, which has now the largest number of followers in the civilized world. The other religions outside of Christianity and Buddhism also had their founders. Mohammedanism was founded by Mohammed, Zoroastrianism was founded by Zoroaster. All sectarian religions, you will notice, have their founders, but *Sanatana Dharma* has no founder. It is based upon the eternal spiritual laws which govern the souls of all humanity. These spiritual laws are not man-made. All other laws that govern our physical conditions, might have been made by human beings, but the spiritual laws which govern our soul-life, are eternal. These laws are the fundamental principles of *Sanatana Dharma*. Therefore we call our religion eternal (*sanatana*), and it was explained in the light of modern science by my predecessor Swami Vivekananda at the World's Fair in Chicago, America.

Swami Vivekananda, after delivering his message in Chicago, travelled in different parts of that country, and met some of the great talents of that time in America. Afterwards he came

to London in 1896, and invited me to come over and help him by taking charge of his work there. I responded to his call and went over to London in that year. He gave me the charge of his work, and left England for his motherland.

It was 25 years ago, when I first landed at the great city of London. Twentyfive years is not a short period. It is a quarter of a century. Very few people realize the length of this period. I have given the best part of my life to continue the work that was started by my predecessor and to help humanity by broadening their views in their life. I stayed in London over a year, giving addresses in different places and becoming the Head of the Vedanta Society in London. In 1897, I went over to New York, America, at the request of some of the students of Swami Vivekananda, who were eager to continue the study of this great philosophy. And from that time I lived in New York, and travelled in different parts of the United States, teaching Vedanta and delivering lectures in the Universities of Columbia, Harvard, Cornell, Toronto and California, and before various organizations.

I was received with great enthusiasm by the people who were broad-minded and who were eager to know something about the great truths of the Hindu religion and specially of the Vedanta philosophy.

My friends, America is a great country. I love America, because the people of that country are open-minded. They are not conservatives. They are open to receive any truth from any source, no matter where it came from, and are able to appreciate the truth when presented before them. Not only do they appreciate, but they also know how to respect and honour a great man, whether he is a scientist or a philosopher, a psychologist or a spiritual giant. The Americans now lead the world in various lines of culture and new thought. My friends, you see good many Americans in this town who are willing to teach others and mix with others freely, no matter whether they are of a dark race, or of a white race. They are not so self-centred. They are the pioneers of education. They love education. If you go to their country, you will see how they are advanced in material lines and how they develop the resources of their country. Their great men and women in different lines of thought have devoted their time and energy for the good of

their people as well as for the good of the world. In America, there is no such thing as our caste system. Today a man may be a sweeper in America but he has the possibility of becoming a great man, or he might fill the chair of the President of the State.

So my friends, there is a great possibility in America, where all men are equal. And for that very reason Vedanta should be taught in that country, because the people are quite ready to receive such truths. You may have some idea that some of the Americans ill-treat the Negroes, but the Americans are the ones who gave them the franchise and made them equal to the white people as far as their political status is concerned. If you find some special reports like the lynching of the Negroes by white men, you must know that they are exceptional cases which are not to be seen everywhere. I, for instance, lived in America for twentyfive years, but never saw one such lynching. There are a few places in America, where the white mobs do such atrocious acts upon the Negroes, and there are occasions, when they lynch a white man too. So my friends, by reading these special reports you must not judge the character of the American nation.

They have given freedom, not only to men, but also to women. I have seen the greatest activities among the women of America. You may be surprised to hear that the Deputy Commissioner of Police in New York city is a woman. There are women judges, there are women lawyers, there are women philosophers, and, in all schools, women are the teachers of boys and girls. I have known one such lady who is the principal of a High School, and who has filled that position for the last 25 years. The Board of Education regards her opinion as final. My friends, she is a student of Vedanta, and she has become a Brahma-charini, and I have given her the name of Satyapriya. I have met quite a few American young men who have been proud to be called as Hindus. They have taken initiation from us, and we have given them such names as Ramadas, Haridas, Gurudas, Sivadas. They are glad to be called by such names, because they regard the Hindu spiritual teachers as the greatest spiritual teachers of the world. Our teachings in America have made a tremendous change in the religious field of that country. Twentyfive years ago, when I went to America, all the missio-

naries were against us. The Churches were talking against us, and calling us names. I was the only Hindu then in the United States, and I had to fight tooth and nail against all false reports which were in that country. Those false reports against the Hindus were mostly made by the missionaries.

One instance I will mention here which will give you some idea of the false reports that were current in that country 25 years ago. In the Sunday school books, there was a picture of a Hindu mother throwing her babe into the Ganges, and there in the water was a crocodile with its mouth wide open and it was described that the Hindu mother was feeding the crocodile with her own babe, and this was her religion. It was taught in the Sunday schools, where the young boys and girls used to see that picture and committed to memory the contents of that story. Some of my students showed me that picture, and asked whether there was any truth in it. I said that I had never seen such a case in my life. I have travelled from the source to the mouth of the Ganges and never saw a crocodile in the Ganges. There may be some alligators but no crocodiles. If the Hindu mother threw their babes into the Ganges and fed the crocodiles with their babes then how could I come to America? I was one of the babes. Such misrepresentations were made by the missionaries.

When I delivered a lecture on *Woman's Place in Hindu Religion* and showed the real position of a woman according to the vedic religion, the Missionaries were up against me and strongly attacked me. But there was a Bishop of New York, the late Bishop Potter, who was one of the greatest and most respected men in the United States. He took my side and supported me, because he had some knowledge of the truth. The missionaries challenged him, but Bishop Potter who took my side said: "Swami Abhedananda is a scholar and a gentleman, and what he has said, is correct, and he will not listen to their talk". You know that in the Vedas there are names of women who were the revelators and who wrote hymns, like Gargi, Maitreyi and Visvavara. They were the greatest of the women of the vedic age.

So our teachings have driven out some of the wrong impressions which were created by these angels who go from one part of the world to another to preach the gospel of truth, as

they understand it. Another thing I will try to explain this evening and that is the effect of our teachings in the Christendom. Our teachings have broadened the views of the clergy whose sermons, as far as their fundamental principles are concerned, have taken a new shape. Orthodox Christianity, doctrines and dogmas have lost their hold upon the minds of the thoughtful people. You will find in America such movements as the Christian Science Movement, the New Thought Movement, the Spiritualist Movement, etc. All these movements are either direct or indirect effects of the teachings of Vedanta during the last 25 years. The founder of the Christian Science Movement, Mrs. Mary Baker G. Eddy, after studying the *Bhagavad Gita*, took some of its principles, and incorporated them in her text-book called *Science and Health*. Again the New Thought teachers were at one time the students of Swami Vivekananda, and they also used to come to my lectures and classes. Their idea is that God is all-pervading, and that God is all in all, and that there is only one God without a second. They do not believe in a personal Christ, but they believe in the Christ principle. And this Christ principle is all-pervading. It dwells within us. In fact, they say that each individual soul is a potential Christ. This great truth has given a death-blow to orthodox Christianity which believes in a personal Christ as the Saviour who saved the sinners by his blood. Such ideas are becoming obsolete. Advanced thinkers in America do not believe in the salvation by the blood of Jesus. People in general who are educated and are students of science and philosophy, do not believe in the doctrine of Eternal Hell. They do not believe that the world was created six thousand years ago. They do not believe that the blood of Christ saves mankind from eternal perdition, but they believe in the spiritual Christ, 'Christoo' which means the same as Krishna. The spirit of Christ will be born in each soul as Christ himself has said.

So my friends, Christianity, as it was 25 years ago, is not the Christianity of the day. Today it is based upon the fundamental principles of the one eternal Truth which is taught in the vedic philosophy. As you find in the Vedas: *ekamevadvi-tiam*—"There is one God without a second", *'ekam sad vipra vahudha vadanti'*—"That which exists is one, men call it by various names", etc. So these ideals have been taken up by the

Christian Scientists, by the New Thoughtists, and by the Spiritualists of the United States. Their minds are greatly influenced by the new ideals of Vedanta which we have introduced among them, and the European is getting the same ideals gradually. Today you will find in England great many Christian Science churches, and great many New Thought temples. The Spiritualists like Sir Arthur Conan Doyle, Sir Oliver Lodge and others have taken up the principles taught by our Vedanta.

Modern spiritualism teaches that the soul is eternal and after death we do not go to eternal perdition. Take the case of Sir Oliver Lodge. He is a scientific man. If you read his book, entitled *Raymond*, there you will find that he openly declares that we can communicate with our departed friends who have gone into the next world, and he is proud of such statements. I had the pleasure of hearing his address which he gave last year in San Francisco, California. And this grand old man who was escorted by a Bishop, openly said that after death we do not go to hell but we continue to enjoy pleasures, and we have the power to communicate with our departed friends and relatives. My friends, that is a step beyond orthodox Christianity. The orthodox Christians will never allow you to think that you can communicate with your departed friends, but they say that they are all sleeping now, and will wake up on the Last Day of Judgement, when an angel will blow a trumpet and with their physical bodies they will resurrect and go up to heaven. Such ideas have been taught for centuries, but a change has taken place, and a great deal of credit may be given to the scientific education received in the universities of the West. But those universities are giving scientific education based upon materialistic theory and this materialistic theory does not admit the existence of a human soul. It cannot trace the origin of matter and denies anything beyond matter.

But the Christian Scientists, on the contrary, deny the existence of matter and call it a delusion. Just as the Vedanta says that matter or the material world is *maya* or delusion, so the Christian scientists call it a delusion. According to them, your physical body is a delusion, and your disease of the body does not exist in reality, for you are eternally free from disease, sickness, sorrow and misery. This idea, here let me tell you, is the vedic truth, taught in the Vedas and emphasized in the

Vedanta philosophy, which says: "The *Atman* is free from sorrow, from misery, from disease and from death".

The *Atman* is our true self. It is a part and parcel of the eternal Truth, which is called the Brahman by some and by others the Paramatma. It is Sakti or the Divine Mother of the Saktas. It is Siva for the Saivas and Vishnu for the Vaishnavas. The Christians call the same truth, the Heavenly Father, the followers of Nanaka call it the Sanatana Satya, the Buddhists call it Buddha and the Mohammedans regard the same Truth as Allah, the governor of the universe. So, my friends, there is no difference in the fundamental truth, as Truth is one. Whether you are a Christian, or a Mohammedan or a Hindu, you are worshipping the same one Truth which is without a second. But when you forget that the truth is one, then you begin to quarrel and fight, and then you call the Heathen God, the Christian God, the Mohammedan God and Vaishnava God and the Saiva God. All these are Gods, but who are they? Does your religion teach that there are so many Gods? An orthodox Christian might say why should you worship a Heathen God, when you should worship a Christian God! And a Christian God is white and a Heathen God is black. But, my friends, there is no such thing as the Christian God, the Hindu God, or the Mohammedan God, for God is one, who is worshipped by all nations. He is nameless, and he who is worshipped by the Mohammedans as Allah, is the same Being who is worshipped by the Parsees as Ahura Mazda. He is the same Truth that is worshipped as Vishnu by the Vaishnavas, as Siva by the Saivas and Sakti by the Saktas, or as the Father in Heaven by the Christians. Upon this fundamental principle of the unity of God, depends the way to harmonize all difference of opinions. Upon this fundamental principle, our *Sanatana Dharma* is based and that *Sanatana Dharma* should be preached all over the world.

Materialism will never satisfy the soul. Commercialism will bring sorrow, suffering and misery to the world, as we have seen during the late European War¹, which was the result of commercialism and materialism. A new era has begun after this war, and commercialism is going to die out. We have

¹ World War I.

shown to the world that we do not live for material prosperity, but we live for another thing. The aim of our life is the realization of that eternal Truth which is one and all-pervading. It may be asked as to how can we realize the eternal Truth. In the first place, we should learn that there is one life. You see that there are so many human beings, so many living creatures, and so many plants and vegetables, but do you think that life is distinct in each individual manifestation? No, there is one current of life-force which is all-pervading, just as you see there are so many electric lamps. Can you say that this is one kind of electric lamp, and that lamp is of another kind, and the third lamp is of still another kind? The same electricity is burning as light in so many lamps, and the same electricity not only produces light, but also produces heat and motion. Again you see the street car is running by electricity, and there is the electric heater by which you can cook your meals, and can read books in the light given by electricity. The same electric current produces all these various manifestations. So, my friends, there is one life-current that is appearing through all human bodies, as also through the animal and vegetable bodies. Again that life-force which is one, is neither yours, nor mine. It is the eternal *Prana*. There is no such thing as dead matter. Everything is alive, and the *Prana* or life-force is all-pervading. It is the cause of the molecular activity; it is the cause of the movement of electrons. It produces electrons, ions, atoms and molecules, and the same life-force has its manifestations through the so-called material world, as also in the living world which are known as mind and sense powers as thought, the power of thinking, and the power of understanding. The idea of unity in variety we find in Vedanta: "Everything has come from that one infinite source. The life-force has come into existence from that source, and from the same source comes what we call mind, intellect, power of speaking, power of tasting and of touching, etc. and that which is etherial, gaseous, liquid and solid"

Matter and mind have come from that one common source which is known as God, or the Brahman. So, my friends, how can there be many Gods: a Hindu God, as distinct from a Mohammedan, Christian, or a Parsee God? Why do you quarrel, and why do you hate each other? Followers of different reli-

gions should love one another realizing the oneness of God under a variety of names and forms. Whether you are a Hindu or a Mohammedan or a Christian, you are a child of God and the eternal Truth, and you must embrace each other, and consider a Christian or a Mohammedan or a Parsee as your real brother. This is the preaching which has been handed down to us through generations even centuries before the advent of Jesus the Christ. This idea was given out for the first time in India, and it is going to rule in future the European nations who are eagerly waiting to receive this truth today. And today, the Christianity, I mean the orthodox Christianity, is bound to take its place in the background. Wherever there is a triumph of science, there is the triumph of Vedanta and the triumph of *Sanatana Dharma*.

Therefore, my friends, carry the banner of *Sanatana Dharma* to the whole world, and go and teach its truth, because no other nation has received it as its birth-right except the Hindus, and they are the pioneers of all the spiritual teachers in the whole world. Swami Vivekananda opened the way, and I followed his path, and you are here to follow our path. Come along, and show to the people that you have inherited this truth from ancient times through the inspiration of the *Rishis* and sages, and you can live that life even in this age. In the Western countries, people have very little idea about God. They have no time to worship. They go to the church once a week and attend religious meetings for different purposes. But, my friends, we are the only people who eat religion, drink religion, and sleep religion, and who love religion. This ideal is going to conquer the whole world. The European nations might be your lord on the material plane, but you are their lord on the spiritual plane. You are going to prove before humanity that the power of the spirit is greater than the power of the sword. Today you may ignore it fully, but tomorrow if you can bring out the spiritual powers, if you can realize that you are the children of eternal Truth and that God's love is manifesting in you, then you will be the rulers of the world. Here is our strength, and nobody can take it away from us. The power of the spirit is greater than the power of sword. You may conquer other nations, you may take possession of their country, you may draw a sword to kill your neighbours and

rob them of all they possess, but, my friends, that will not give you peace and happiness. But if you can conquer your own mind and your ambition, then you will be greater than the greatest emperor of this world.

Alexander the Great was a conqueror. He met a poor *Sannyasin* who was sitting under a tree without any clothes, and he wanted to make his acquaintance. He sent his attendants to ask him to come to him, but the Sannyasi Yogi did not move. The attendants came and told Alexander that he did not want to come, and Alexander gave them the order, "If he does not come, kill him." And so the message was carried to the Yogi, and the Yogi said, "He is a liar, he is a slave; he is not the conqueror of the world, but is a slave of ambition and greed and as he is a liar, he cannot kill me. He might kill this body which is not myself, but not my soul which is deathless and immortal. Swords cannot pierce me, fire cannot burn me, air cannot dry me, water cannot moisten me. I am immortal, eternal, birthless and deathless. So whoever says that he can kill me is a liar". Alexander the Great after hearing these words of wisdom, bowed to this great man and exclaimed: "This sage is the real master and the Lord of the universe."

Each one of you can become like the sage, the real master, if you realize that God is dwelling within you and you are the living image of the Almighty. At present you think that God is dwelling above, the clouds somewhere in the distant heaven and not in you? What sort of religion is that? God the universal spirit exists everywhere. He dwells in your hearts, and you must realize Him as the soul and manifest divinity through every action of your daily life. He is the eternal Truth which exists everywhere in the world, in the solar system and in the stars, and at the same time He is dwelling within the heart of all living creatures. Whosoever realizes that eternal Truth in the heart, he attains to infinite peace and everlasting happiness. Such is the teaching of Vedanta. We must give it to the world. Furthermore, we shall realize that all human beings are like so many manifestations of the divine Being. Humanity is the Divinity, and if you ill-treat any of your brothers whether he is a sweeper or a scavenger or a Pariah, you are ill-treating God.

You have no right to consider yourself greater than any of

these. God is dwelling among all and our *Shastras*, Vedas, and philosophies and Vedanta teach that he is the wisest of men who sees the same Divinity in all. The *Bhagavad Gita* says: "He is wise who sees the same Brahman in a well-cultured Brahmin, in an elephant, in a cow, in a dog and in a Pariah". So, my friends, follow the teachings of your religion, and remember that all these Pariahs and low-caste people are as great as the Brahmins, because God is dwelling in them. If we do not recognize God in all who is to be blamed ?

A Brahmin who does not understand this eternal Truth, is not a Brahmin, on the other hand, a man who realizes this truth, may be of low caste by birth, but is greater than a Brahmin, who does not follow the ideals of *Sanatana Dharma*. Therefore, my friends, our religion is broad and noble, and has no room for all these caste distinctions and differentiations of creed and colour. The fundamental principle is oneness. All nations will receive this truth and admire the practice of this noble doctrine. There are people in the United States today who will receive any teacher of Truth and will welcome him as one of the noblest spiritual leaders of the world. The Vedanta philosophy has done its work. But it is not finished and we have just begun. We have other Swamis in America now who are carrying on the works of the Ramakrishna Mission which was established after the name of Bhagavan Sri Ramakrishna. Bhagavan Sri Ramakrishna, whose name you have mentioned in the address of welcome, was my Master. I had the honour and good fortune of meeting him, receiving his instructions and serving him for two years. I sat at his feet along with my brothers and co-disciples like Swami Vivekananda, Swami Brahmananda and other Swamis of our Order. Bhagavan Sri Ramakrishna was the personification of the harmony of religions. In him, we found the same ideals which I have been describing to you. When the Christians came to him and found him in that state of Godconsciousness, they began to bow down to him, as they would before their own Master Jesus the Christ, and prayed to him as they would pray to their Lord. The Mohammedans came and regarded him as their greatest saint and the inspired teacher of Islam. The Buddhists found in him their ideal of Buddha, and the Vaishnavas and Saktas also found in him their highest ideals. Ramakrishna

saw the Divinity in all, and his teachings were so broad that they could be followed by anyone whether he was a Christian or a Mohammedan or a Hindu or a Buddhist.

Therefore, my friends, Bhagavan Sri Ramakrishna Paramahansa was the *Yugavatara*. He came to this world, when we needed such a teacher who would establish the harmony of religions and knowledge by his life. He lived that life and, in fact, he was the personification of the harmony of religions. When we first came to him, we did not believe in any of the teachers like Christ or Buddha. We were agnostics and students of science, but when we saw him and watched his life by day and by night, we found in him the manifestations of Krishna, Rama, Buddha, Christ and other *Avataras*. He lived in Godconsciousness (*samadhi*) almost all the time. He had no other ideal in life than the realization of God as the foundation of the universe. He did not follow the materialistic or commercial ideals of a man of the world, but he followed the ideal that God is the only reality. Whether you are the owner of a large property, or of enormous wealth, or the father of a large family, my friends, if you have not realized God, if you have not realized your own relation to the universal Spirit, then your life is wasted and this ideal Sri Ramakrishna established by his own personal experience. At the same time, he was most practical, not a dreamer. The followers of such a master must necessarily be practical and not dreamers. They are great workers. They work for their ideal. Their ideal is Karma Yoga. Karma Yoga means the path of unselfish work. They devote their lives for the good of the world, and show the way to salvation through unselfish works.

Karma Yoga teaches the method by which can be acquired the purification of the heart which is called in Sanskrit *chitta-shuddhi*, and *chitta-shuddhi* is the first stage before Godconsciousness can come. Did not Jesus the Christ emphasise it by saying: "Blessed are the pure in heart for they shall see God". Purity of heart is the condition for Godconsciousness as well as for God-vision. Therefore, my friends, you can purify your heart by doing unselfish works for the good of all, and realize that all the works which you do during your life-time, are the acts of worship of the Supreme.

The *Bhagavad Gita* says: "Whatever work thou performest,

whatever sacrifice thou makest, make them as a free offering to the Lord". You will find that by this method your heart will be purified and when the purification of heart comes, then you will attain to Godconsciousness and God-vision. Then the ideal of *Sanatana Dharma* will be reached. Therefore all works, whether manual labour or mental, are for the good of humanity, and if performed without seeking result for ourselves, will purify our hearts. Another thing you will notice that our *Sanatana Dharma* teaches that all human beings are the bodies through which God is working.

The Rig Veda says: "God has infinite eyes, infinite ears, infinite mouths, infinite heads". When you meet a friend, you must revere the Lord within him, and send your salutation not to the mortal being, but to the immortal one who is the real man. Our custom is to bow to our friends, when we meet them. It means that we salute God that is dwelling in our friends. Furthermore, you must realize that any work that you do for your brother, for your neighbour, and for your country, is an act of worship, and holding this ideal in your minds, you should go on with your works, and live in this world. If you work through love for God and humanity, you are entitled to attain Godconsciousness in this life, and also after death, you will enjoy that perfection which is described in all the scriptures of the world. Then the highest object of your life will be gained. And then you will realize that you are one with the infinite Spirit, that your birth-right is freedom, that so long you have abused your powers by enslaving your mind to the conditions of the world and considering yourselves as slaves to other mortals. We are all born for freedom. Freedom is the goal for all, and *moksha* is the highest ideal of our religion. *Moksha* means freedom, and that freedom does not mean freedom in material action alone, but it means freedom from all bondages and all imperfections of the body and mind and also the attainment of perfection. This ideal was given by the great *Rishis* in ancient times, and the same ideal has also been emphasised by Bhagavan Sri Ramakrishna and his disciples, who are working under the organisation of the Ramakrishna Mission. Therefore, my friends, if you establish a centre of the Ramakrishna Mission here, you will do enormous good to the masses, you will do a great justice to your-

selves, and justice to your own country, to your friends, and to your brothers, and will educate them how to gain freedom or *moksha* which is the ultimate goal of all religions.